

Caribbean Life

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Great Days In Harlem

An international fashion fusion showcase is among this year's events marking the 38th annual Harlem Week Festival which kicks off Sunday, July 29. See Page 22.

Photo credit: Images of U

STATE OF HIGH TENSION

Cops gun down protesters

By Bert Wilkinson

Guyana remained in a state of high tension this week following the callous riot police gunning down of three opposition protestors at the southwestern bauxite-mining town of Linden a week ago, as signs emerged that the issue could escalate in the coming days and protests could spread to other parts of the country.

Authorities simply switched off the lights to the town of 30,000, 65 miles from the city, and then ordered police under the command of Senior Superintendent of Police Clifton Hicken, to open fire on a river bridge filled with unarmed mostly

Black opposition supporters in a development which many observers say is a new trend by the Hindu-led administration of President Donald Ramotar to use live rounds against Afro opposition protestors whenever they hit the streets for any reason.

Such high-powered and deadly weapons are never used against the mostly East Indian band of sugar workers who take strike and other industrial actions practically every week for various reasons, putting race at the front and center of the issue.

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The latest Caribbean news and information at www.caribbeanlifeneews.com

Bahamas

Military officials in the Bahamas say one woman drowned when a boat carrying more than 100 Haitian migrants ran aground in the country.

The Royal Bahamas Defense Force says immigration authorities have detained 110 people but the exact number of migrants who were on board has not been established. At least six of them were children.

The vessel ran aground along the southern tip of New Providence, the island that includes the capital Nassau.

Many Haitians have migrated to the Bahamas in recent years to work low-wage jobs or try to get to the United States.

Barbados

Barbados is looking to cultural heritage tourism as it seeks to diversify its visitor attractions.

Minister of Tourism Richard Sealy said recently the island had joined several other destinations across the globe that are now targeting this niche market which is already providing business for the island.

He disclosed that last year 10,942 visitors came to Barbados to explore the island's cultural heritage and he anticipated those numbers would grow.

This sector has shown particular interest in the island's newest attraction; the Barbados Slave Route Heritage Trail called Freedom Footprints; the Barbados Story Trail and Tour, which Sealy said had

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U.S. pledge to rebuild Haiti not being met

By Martha Mendoza & Trenton Daniel

PORT-AU-PRINCE, Haiti (AP) — The deadly earthquake that leveled Haiti's capital more than two years ago brought a thread of hope: a promise of renewal. With the United States taking the lead, international donors pledged billions of dollars to help the country "build back better," breaking its cycle of dependency.

But after the rubble was cleared and the dead buried, what the quake laid bare was the depth of Haiti's dysfunction. Today, the fruits of an ambitious, \$1.8 billion U.S. reconstruction promise are hard to find. Immediate, basic needs for bottled water, temporary shelter and medicine were the obvious priorities. But projects fundamental to Haiti's transformation out of poverty, such as permanent housing and electric plants in the heavily hit capital of Port-au-Prince have not taken off.

Critics say the U.S. effort to reconstruct Haiti was flawed from the start. While "build back better" was a comforting notion, there wasn't much of a foundation to build upon. Haiti's chronic political instability and lack of coordinated leadership between Haiti and the U.S. meant crucial decisions about construction projects were slow to be approved. Red tape stalled those that were.



A child bathes before going to a makeshift school at a camp for people displaced by the 2010 earthquake. Yet 2 1/2 years later, the fruits of an ambitious \$1.8 billion U.S. reconstruction promise are hard to find.

AP Photo/Dieu Nalio Chery

The international community's \$10 billion effort was also hindered by its pledge to get approval for projects from the Haitian government. For more than a year then-President Rene Preval was, as he later described it, "paralyzed," while his government was mostly obliterated, with 16,000 civil servants killed and most ministries in ruins. It wasn't until earlier this year that a fully operational government was in place to sign paperwork, adopt codes and write regulations. Other delays included challenges to contracts, underestimates of what needed to be done, and land disputes.

Until now, comprehensive details about who is receiving U.S. funds and how they are spending them have not been released. Contracts, budgets and a 300-item spreadsheet obtained by The Associated Press under a Freedom of Information Act request show:

— Of the \$988 million spent so far, a quarter went toward debt relief to unburden the hemisphere's poorest nation of repayments. But after Haiti's loans were paid off, the government began borrowing again: \$657 million so far, largely for oil imports rather than development projects.



The Air Jamaica brand will have to be removed from the Caribbean Airlines fleet to comply with FAA regulations.

AP PHOTO/Collin Reid

FAA orders Trinidad to drop AJ logo

By Vnette K. Pryce

More turbulence with Air Jamaica (AJ) and its future hit Trinidad & Tobago when the Civil Aviation Authority instructed Caribbean Airlines' Vasant Bharath, -- its national carrier -- to drop the Jamaica brand from its aircraft.

The *Sunday Express* in the twin islands reported recently that use of the AJ brand does not comply with Caribbean Airlines' operator certificate.

How the airline was not aware of this technicality before acquiring and operating AJ routes seems a baffling issue to nationals on all three islands.

The government of Air Jamaica retains 16 per cent ownership of CAL.

That arrangement was agreed to following the consummation of a share-holders agreement which was signed on May 26, 2011.

CAL without a license to operate two brands has been doing so for more than a year.

In order to legally operate according to FAA standards CAL should have registered AJ as a new airline.

"CAL was reportedly alerted about the disparity by CAA a few months ago, as it sought to improve its systems ahead of a planned audit by the international Federal Aviation Authority (FAA)," The Express reported: "CAA is being audited by the FAA."

To remedy the situation, CAL must repaint Air Jamaica's six planes at a cost of \$60,000 per aircraft.

Reportedly, Trinidad's Minister of Trade, Industry and Development and former transport minister Davant Maharaj are expected to meet in Jamaica to discuss the matter.

Caribbean talent for London Olympics

By Azad Ali

The Caribbean Export Development Agency (Caribbean Export) says it will showcase regional talent during the upcoming London Olympics 2012.

It said the Caribbean Soul Fusion on Aug. 9, will feature six emerging artistes and two headline acts and forms a part of the agency's London Engage initiative highlighting a wide range of Caribbean genres, namely reggae, soca, creole music, jazz and folk music.

The artistes are Dominican Michele Henderson, Haitian

BeLo, Jamaica Hezron Clarke, St. Lucian Claudia Edward, Barbadian Mr. Dale and Xioman Fortuna from the Dominican Republic.

"One of the best identifiers of the Caribbean brand and its uniqueness is our music. Its ability to have global appeal is unquestionable. What we are seeking to do with Caribbean culture and widen the market appeal for our regional music," said Caribbean Export Executive Director Pamela Coke Hamilton.

"As such artistes that will be performing will represent the



Pamela Coke Hamilton.

diverse nature of musical genres across the Caribbean.

"Not only will the entertainment industry benefit from the increased demand for the products on offer, but also performers will have the opportunity to display the export potential of their craft and its appeal to an international audience," she added.

Envoy presents credentials

By Nelson A. King

The new Permanent Representative of Jamaica to the Organization of American States (OAS), Stephen Vasciannie, on July 18 presented his credentials to the OAS Secretary General José Miguel Insulza.

During the ceremony, Vasciannie presented greetings from Prime Minister Portia Simpson Miller, as well as from Minister of Foreign Affairs and Foreign Trade A.J. Nicholson.

"We have been very much appreciative of the leadership and guidance you have given to the Organization of American States over the years," the new Jamaican diplomat said. "And I look forward to working with you and the members of your secretariat."

In welcoming Vasciannie, Insulza noted that Jamaica will soon celebrate 50 years of independence.

"It was the first nation of the English-speaking Caribbean to join the OAS," he said. "And we see our relations with your country as very important to the work of the organization."

Caribbean drone operations

By Nelson A. King

The United States Customs and Border Protection (CBP) agency says it has asked the federal government for US\$5.8 million to implement the controversial unmanned drone program in the Caribbean.

The CBP, which is housed under the Department of Homeland Security (DHS), said it hopes that the drones will be able to spot semi-submersible submarines and nighttime fast boat trips used by drug traffickers to transport cocaine and other drugs from Central America to Puerto Rico, the Dominican Republic and other Caribbean islands.

The CBP's request comes as DHS Secretary Janet Napolitano, along with other high ranking U.S. officials, travelled to Puerto Rico and the Dominican Republic to discuss combating drug trafficking with local officials.

"DHS is partnering with Caribbean nations to enhance border security in the region through the Caribbean Basin Security Initiative (CBSI)," said the DHS in a statement.

Loiza fiesta returns to Harlem

By Chudi Chukwudi

Bring this summer festival to its colorful beauty at the 30th annual Fiesta Of Santiago Apostol of Loiza Puerto Rico in El Barrio, USA., the centuries-old, African-derived festival transplanted into East Harlem.

Join in the celebration Thursday, July 27-29 (Friday, Saturday and Sunday) at 104th Street and Lexington Avenue, 11:00 a.m. to 9:00 p.m.

Multi-colored slurpies scraped from a block of ice, fried patties of platanos (banana) stuffed with stewed chicken and veggies, while an ice cold virgin piña colada or coconut drink cool off the many visitors that each year attend the annual New York event.

A project of Hermanos Fraternos de Loiza Aldea in partnership with The Caribbean Cultural Center & El-Barrio Taino Towers, this year's celebration brings a diverse community together in a three-day celebration of a centuries-old

tradition steeped in African roots mixed with Spanish culture and Caribbean flavor.

Syncopated rhythms from various groups make these streets come alive with dancing, drumming and singing. Elders share stories among storytellers as tourists curiously ponder over the many kiosks that feature folkloric arts & crafts showcasing African handiwork hard to find in this city.

Children learn the history of this festival as they decorate and make their own vegigante masks and costumes. They also have their own procession and showcase, as the three-day festival focuses on children, women and men, highlighting each gender's achievements and accomplishments throughout the year.

At a time when East Harlem is quickly being gentrified, the annual Loiza Festival keeps Puerto Rican traditions firmly grounded in a community that shares its centuries-old customs with those coming up behind them.



Workers rally for better wages

By Tequila Minsky

"The workers want a decent wage; one they can live on!"

"The minimum wage, \$7.25, just isn't enough!"

Those were the themes on June 24, on the National Day of Action for workers rights and fair wages, as workers from many service sectors joined together to demand a living wage, benefits, safe working conditions and respect.

Under a searing sun at 32nd and Broadway, workers and worker groups gathered, backed by City Council Speaker Quinn and other City Council members, Manhattan Borough President Scott Stringer, Public Advocate de Blasio, other political and religious leaders, and Union officials to plead their cause.

Agustin Perez washes cars. Modesto Gonzalez works in a supermarket. Ann works in retail. Another was the wife of a locked-out Con-Ed worker. Each spoke of their situation. Gonzalez worked for six years at an Associated Market and was fired when he began to organize workers.



Letitia James adds her support to the march to Union Square.

"Low wage workers make up a quarter of all households in this wealthy city," said Rev. Chole Breyer, Executive Director of the Interfaith Center of New York. "I stand with health aides, domestic workers, car washers and other low wage workers—with faces that are too often female—and call for the raising of the minimum wage."

A report from United NY and ALIGN cites that car washes, airline contractors and supermarkets were among the worst employers of low-wage workers in the city.

The minimum wage of \$7.25 an hour is \$15,000 a year -- far below the poverty line for a family of four.

CEO's of many of the corporate employers of these workers have received huge bonuses or compensation packages while employees struggle on their minimum wages.

Reiterated by many speakers was the idea that putting money into hands of work-

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Significant success in Carib AIDS battle

By Bert Wilkinson

The United Nation's HIV-AIDS program Wednesday said that doctors recorded about 10,000 deaths from the infection in the Caribbean region last year, about half of the number who perished a decade ago representing significant success in the battle against the deadly disease.

Releasing figures ahead of a major international conference on the subject in Washington D. C next week, the UN's Trinidad-based office attributed the reduction of deaths to the availability of anti retroviral drugs in various countries and better access to medical treatment for the reduction in deaths.

"This new data reflects both regional successes and challenges," the world body said, noting that about 67 percent of the regional target area has access to drugs but noted that a total of 230,000 people are living with the HIV infection."

The body said in a statement that new infections for last year stood at 13,000 including about 1,100 children who got it from their mothers but said that the majority of the new infections generally occurred " in the Dominican Republic

and Haiti which together comprise 68 percent of the region's HIV epidemic."

But it said that the small island states in the Eastern Caribbean "are close to achieving elimination targets for the prevention of mother to child transmission" representing the good news in the battle against the disease in the region.

The UN said that while the overall adult prevalence rate for HIV infection is one percent, infections from heterosexual activity remains the main route to get the disease. It noted, however, that the prevalence rates among gay men from an estimated five percent in parts of the Dominican Republic to 20 percent in Trinidad and Tobago, 19 percent in Guyana to 32 percent in Jamaica.

For sex workers, the rate ranges among women is 4.8 percent in the DR to 24 percent in Suriname, five in Haiti and Jamaica and 17 percent in Guyana.

Pointing to funding for drugs and other forms of treatment, the report said that the region attracted about \$1.6B from the U.S. and the World Bank between 2001 and 2009, representing about 64 percent of needs from donors.

Tensions escalate in Guyana

Continued from cover

Ironically, Indian workers are currently on pay-and working-conditions strikes at various estates. Heavily armed police have not showed up nor have been ordered to open fire on them and are not expected to do so.

Trying to distance himself from the deaths of three people, critical injuries to about four and general wounds to more than 20, Home Affairs Minister Clement Rohee did admit that the Lindeners, demonstrating against steep hikes in electricity rates, were "peaceful", unarmed and were harming no one when Hicken and his men opened fire on them as night fell. He said he gave no "direct order" even though officers way up the chain of command in the police system beg to disagree and plan to furnish evidence to the contrary.

Hicken is known to be a very ambitious police officer and is extremely cosy with Rohee. His wife has a top job relating to the work

of the governing People's Progressive Party (PPP). He has since been reassigned to desk duties even as A Partnership For National Unity (APNU) and the Alliance For Change (AFC), the two main opposition groupings, have called for his dismissal and the firing of Rohee because it appears that both he and Hicken have become psychotic. Hicken had alleged that bottles and other missiles were hurled at police. Rohee stayed clear from such baseless allegations during a live TV broadcast late Sunday.

The gunning down of the protestors came seven months after officers in the city division had used rubber bullets in a buck-shot to again shoot at opposition demonstrators; that time putting several bullet holes into the back of immediate past army chief Brig. Gen. Edward Collins, legislator James Bond and dozens of others.

No one was punished for that incident that had simply involved a peaceful march by about 200 people

in the city to protest cheating at the November general elections. In fact Collins and others were charged with creating public mischief even as their wounds were slow to heal.

As government appears unsure as to what to do, Linden remains locked down by angry protestors. Even people who live in the township are unable to access homes from the city or airport if they were overseas.

But more important, the only way to the central and southern timber- and mineral-rich interior is through Linden, and trucks must cross the lone river bridge now fully occupied by Lindeners. People in the city are also sending food and other supplies to keep the protests going, pressure on government and to ensure justice in some form is achieved.

The APNU has, meanwhile, organized a major march and rally for the city and is likely to respond to mounting pressure from its supporters to retaliate in some form.



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Caribbean Roundup

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Continued from page 2

“already piloted successfully in the tourism market place.”

With Historic Bridgetown and its Garrison now declared a Unesco World Heritage site, it is anticipated there will be even more interest in the island's historic landmarks.

Full exposure will be given to all Barbados has to offer in cultural heritage tourism when an anticipated 300 participants from Africa and its Diaspora visit the island in September visit the island in September for the Eighth Annual International African Diaspora Heritage Trail Conference.

Cayman Islands

The world's leading institutional investors, chief executives, economists and academics, including Sir Richard Branson, the founder of Virgin Group, will gather in the Cayman Islands between Nov. 1-2

to discuss and debate the crucial ingredients for sustaining a vibrant global alternative investment industry.

The key theme of the summit is: Innovation in Alternative Investments: Seeing what's Next.

This event will bring together industry professionals, and will feature a panel of speaker who will address the economic challenges that affect the alternative investment industry. Organized by Alternative Investment Research Ltd, the Cayman Alternative Investment Summit (Cay AI Summit) will unite some of the greatest minds in the alternative investment industry.

Guyana

The Guyana Telephone and Telegraph Company Ltd (GT&T) has reported that the company suffers at least one act of vandalism on its infrastructure each day and this is having a

toll on operations, impacting the rolling out of new services and upgrades. Moreover, those criminal acts have been causing the company millions of dollars in losses.

At a recent press conference recently, company CEO Yog Mahadeo disclosed that the company has recorded losses of just over US\$2 million in respect to acts of vandalism committed last year; and that figure does not include revenues lost through customers' inability to access services.

Mahadeo said the figure represents the amount the company uses to remedy acts of vandalism and the cost of materials and resources damaged or carted off by bandits.

The CEO described the vandalism as “blatant theft of company's resources” including cables and copper and other infrastructure.

Guyana

The Guyana government had criticized the latest U.S. State Department report on human trafficking, which contended that Georgetown has made no human trafficking offenders in Guyana accountable.

It added that limited progress was made in preventing human trafficking during the reporting period.

Echoing previous editions of its annual report, the U.S. State Department said, “Guyana is a source and destination country for men, women and children subjected to sex trafficking and forced labor.

“Guyanese nationals have been subjected to human trafficking in other countries in the Caribbean region.

“Cases of human trafficking reported in the media generally involved women and girls in forced prostitution,” it said.

As in 2011, Guyana remains on Tier 2 in the latest report, which says

that the government does not fully comply with the minimum standard for the elimination of trafficking but is making significant efforts to do so.

The Government Ministerial Task Force in a strongly worded statement stated that the architects of the report “have not made significant progress in veracity, coherence and validity of their annual assessments,” adding that the Task Force “considers the report an affront to its members.” It condemned one aspect of the report as “a total falsehood.”

Jamaica

Jamaica's Minister of Industry, Investment and Commerce, Anthony Hylton, said the government is moving to implement a system called “mobile money,” which allows customers to carry out monetary transactions using their mobile phones.

Speaking during the

recent 2012/2013 Sectoral Debate in the House of Representatives, Hylton said the system is being developed in collaboration with the Development Bank of Jamaica and will be initially rolled out through a pilot project, following analysis by the Bank of Jamaica.

“Mobile Money is expected to allow customers to check bank account balances and make payments via mobile phones, as well as transfer funds from person to person. This has the potential to reduce transaction costs for micro-finance institutions....which will lead to a reduction in interest rates to micro-borrowers and greater stimulation of economic activities,” he stated.

Hylton said that similar systems are popular in places such as Kenya, where they serve to increase access to financial services by persons who do not normally have a bank account.

Compiled by Azad Ali

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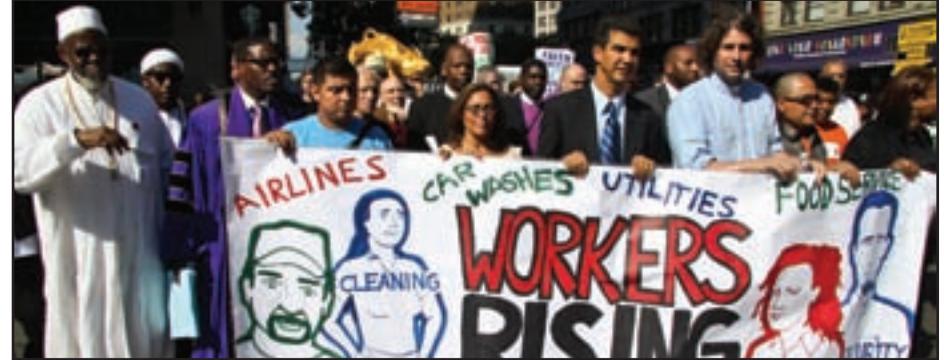
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Walking down 6th Ave., clergy, community activists and City Council members were among those demonstrating on the National Day of Action.

Photo by Tequila Minsky

Rally for better wages

Continued on page 8
 ers will stimulate the moribund economy because these workers will spend the money on things they need. "The 99% needs a raise to help create jobs and grow our economy from the bottom up," said Hector Figueroa, Secretary-Treasurer of 32BJ.

State Senator Jose Peralta said, "During the 60s and 70s, a single minimum-wage job could keep a three-person family above the federal poverty level. Today, it's impos-

sible to make ends meet in New York earning only the minimum wage."

Following the midtown press conference, the assembled began their walk to Union Square, stopping at selected "bad employers" along the way. JCPenney was the first. (The demand was that commissioned sales positions be restored and that JCPenney should comply with fair scheduling and minimum hours.)

The demonstrators raucously marched on the sidewalk down 6th Ave. and

then Broadway, accompanied by a ragtag brass band. They also stopped along the way at Bain Capital-owned Dunkin' Donuts and Burlington Coat Factory.

At Union Square, the marchers joined a rally with hundreds more from unions including Utility Workers Union of America Local 1-2, whose members are in a labor dispute with Consolidated Edison and who, while negotiating their contract, have been locked out of their job since July 1.



JAMAICA



BAHAMAS



ANTIGUA



DOMINICAN REPUBLIC



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Media slight Blacks' mental health issues

By *Joshunda Sanders*

From Metta World Peace to Rudy Eugene, African-Americans confronting mental health challenges are often portrayed as isolated examples of crazy or deranged people rather than members of a marginalized community suffering an illness.

July is National Minority Mental Health Awareness Month, established in 2008 in honor of Bebe Moore Campbell, an acclaimed author and mental health advocate. But beyond the Black blogosphere and social networking events, the dismal state of Black mental health treatment and awareness hasn't been covered by mainstream print, online and broadcast media.

Before she died at age 56 in 2006, Campbell was an advocate for mental health awareness through organizing and her writing. Her children's novel, "Sometimes My Mommy Gets Angry," was given the 2003 Outstanding Media Award for Literature by the National Alliance on Mental Illness. It is about a girl who learns how to cope with her mother's bipolar disorder.

In 2005, Campbell wrote "72 Hour Hold," a novel focusing on an adult daughter, the onset of mental illness and challenges faced by mentally ill African-Americans in America's health care system. The book is believed to have been inspired by the experience of her daughter, actress Maia Campbell, with mental illness.



Joshunda Sanders.

Journalists, writers and experts cite many reasons why the mainstream media don't cover African-American mental health responsibly or consistently. Among them are racism, lack of context about how African-Americans interact with the health care system and stigmas that remain entrenched in the black community and discourage those who struggle with depression, schizophrenia or other mental health problems from discussing them.

"Mental health in general has been a sub-beat in the mainstream media," says journalist Amy Alexander, co-author with Dr. Alvin F. Poussaint of the 2001 book, "Lay My Burden Down: Suicide and the Mental Health Crisis among African-Americans." Rarely do mainstream media outlets have the luxury of assigning a reporter to cover only mental health since most are now responsible for several beats simultaneously.

A prominent exception was Clifford J. Levy, now a New York Times editor. He won the 2003 Pulitzer Prize for investigative reporting, and a George Polk Award, for a three-part series exposing sometimes fatal neglect of the mentally ill in privately run adult homes regulated by New York State.

Alexander says, "It used to be that no one would write about mental health, and the way it would be covered would be piecemeal in the context of a report coming out from the Centers for Disease Control [and Prevention]"

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Letters to the Editor are welcome from all readers. They should be addressed care of this newspaper to Kenton Kirby, Editor, Caribbean-Life Publications, 1 MetroTech Center North, Brooklyn, New York 11201, or sent via e-mail to caribbeanlife@englocal.com All letters, including those submitted via e-mail, MUST be signed and the individual's verifiable address and telephone number included. Note that the address and telephone number will NOT be published and the name will be published or withheld on request. No unsigned letters can be accepted for publication. The editor reserves the right to edit all submissions.

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Tackle the money behind the cartels

By *Rafael Espada and Raymond Baker*

Several Latin American leaders have proposed legalizing aspects of the drug trade in recent months, clearly acknowledging that the current strategy in the war on drugs is not working. They are correct in highlighting the flaws in the traditional approach to battling illicit narcotics, but do we really need to wave the white flag? Or do alternative approaches still exist to curtail the illicit drug trade?

The United Nations Office on Drugs and Crime in Vienna estimates that globally more than 40 percent of cocaine is seized somewhere between production and consumption. It also estimates, however, that less than one half of one percent of laundered criminal money is interdicted worldwide. For too long, the focus of the Drug Enforcement Administration and other law enforcement bodies has been on drug busts, while remarkably little has been done to curtail the money financing these illicit operations. We've been battling the symptoms without truly addressing the underlying cause. Curtail the money behind drug smuggling and we will curtail the crime itself.

The United States has already proven its ability to quickly and decisively tackle illicit financing when it puts its mind to it. After Sept. 11, 2001, the USA Patriot Act included considerably strengthened anti-money laundering legislation, for example, banning shell banks—and any banks doing business with shell banks—from operating within the U.S. financial system. This and other measures made it more difficult for terrorist financing to circulate in the legitimate financial system, and consequentially executing large-scale terrorist attacks has become much more difficult.

We can do the same with drug money; it's simply a matter of political will.

Much of the profit realized by drug cartels in the United States makes its way back into Mexico as cash dollars where it is then smuggled through to Guatemala, El Salvador, and Panama. It subsequently gets deposited in local banks which then ship the physical U.S. dollars back to the United States. Knowing which local branches of these Central American banks accept large cash deposits of U.S. currency would be a critical tool for Central American—and U.S.—law enforcement as they battle the war on drugs. It helps track the drug cartels and crack down on their financing. However, the private,

commercial banks currently load the bulk U.S. dollar currency onto airplanes and fly the cash directly back to the United States usually without informing their own Central Bank or law enforcement where they got the money. Global Financial Integrity and others have proposed requiring commercial banks in Central American nations to route these cash transfers through their nation's Central Bank, which would then relay the money to the destination bank in the United States, thereby allowing the nation's Central Bank to track the magnitude of the problem and from which banks and branches the money originates.

It's a proposal which has been met with honest consideration in Central America but which has not been implemented due to opposition from the U.S. government. Why is the U.S. government opposing this proposal? Surely the U.S. would benefit significantly from the trove of drug cartel financial data that would result from such an arrangement.

Moreover, there are few places in the world where it is easier to open an anonymous shell corporation than inside the United States. These entities, which can be registered by company formation agents possessing sole information as to the real owners, often make it impossible for U.S. and foreign law enforcement agencies to track the finances of the world's largest drug cartels. They grant the cartels and other financial criminals impunity through anonymity. The bi-partisan Incorporation Transparency and Law Enforcement Assistance Act, which was introduced into the U.S. Senate and House of Representatives last fall, would give federal authorities access to this ownership information and contribute to ostracizing drug cartels from the legitimate financial system.

Still, even when anti-money laundering rules are in place, it's extremely important that financial regulators be fully funded and provided the resources they need to ensure banks comply with the law. Citibank, HSBC, and Wachovia have all been in the news recently for allegedly failing to comply with U.S. anti-money laundering regulations. Further, a recent study conducted by the U.K. government found that three quarters of British banks were not adequately complying with anti-money laundering rules. There is no reason to believe the

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When clerics join the political fray

By Les Slater

Word reached us of a Catholic priest in a parish in Florida who exhorted the congregation at Sunday mass recently to register to vote, but that they should absolutely not vote for President Obama. This was after he reportedly railed against the Obama administration being supportive of abortion and being indifferent to the teachings of the Catholic Church.

One courageous parishioner, it was reported, voiced his displeasure over such barefaced anti-Obama campaigning from the pulpit, in defiance of the separation of church and state doctrine, and promptly walked out with his family.

A diocesan spokesperson confirmed that this had indeed taken place, but explained that the priest, who happened to be substituting for the pastor who was away, had embarked on that heavy-duty politicking totally on his own. His remarks, the spokesperson explained, were contrary to church policy guidelines, and this was reaffirmed to the errant priest by the pastor upon his return. The pastor also indicated that he would be meeting with the parishioner and his family who had taken offense to the remarks made.

All things considered, this was maybe as good an outcome as could be expected after the inability of one man of the cloth to refrain from stepping over the propriety line. That priest, though, is certainly not

Viewpoint

alone, as we well know, in such public demonstrations of rigid opposition to anything declared to be running afoul of church dogma. Earlier this year the Obama administration's mandate that women employed in Catholic schools, hospitals and other institutions were entitled to the same coverage for contraceptive services in their health insurance as were other women, drew a firestorm from the Catholic establishment -- an unyielding resistance that even nixed an Obama compromise where that coverage would not be provided by the institution but by the insurer. It was an accommodation seen as reasonable by some, who apparently were told by the high command to get with the program and remain included with a solid frontal assault.

They may not have campaigned from the pulpit for or against specific candidates, as did the (we dare hope) chagrined fellow in Florida, but there certainly has been a profound message sent when certain bishops have refused communion to elected officials known to be of a pro-choice persuasion. The demonizing of pro-choice by the likes of the clergy has to be paradox writ large. In that, a woman's right to choose is the law of the land, has been since 1973. Back then, the nation's highest court ruled that

a woman seeking to terminate a pregnancy was entitled to the privacy rights guaranteed by the Fourteenth Amendment's due process clause. There may be lots of folks, perhaps even including conservatives on the current high court, very anxious to erase Roe v Wade from the books. But until their efforts succeed, if ever, what does this make of those who attempt to demonize upholders of the law? And, pray tell, how is this different from school districts not too thrilled about another historic decision when it came down, trying to maneuver around Brown v Board of Education?

But on the matter of maneuvering, let's not pretend that the reported incidence here of bashing of Obama, served up sermon style, doesn't have special significance, happening as it did in the good old state of Florida. Major battleground that it is, one could just hear the sound of high fives and clicking of heels in the Republican camp when news hits of a cleric, whether or not sanctioned by higher-ups, turns some no-holds-barred fury in the president's direction. Echoes here, perhaps, of the role played by the vaunted faith-based initiatives when George W. Bush ran for reelection in 2004. And with a common denominator to boot. You really can't be surprised if it turns out that the fingerprints of the infamous Karl Rove and his truckloads of superPAC money are in the mix here someplace. We're hearing

incessantly about the extremely tight presidential race that Florida is shaping up to be -- a race Obama won by two percentage points four years ago. From a Democratic perspective things could get even more dicey should Mitt Romney reach out to Marco Rubio as a running mate.

Social conservatives are a given, as far as the political sway held in that sector by men of the cloth. What influence the clergy may have with independent voters -- even clergy that doesn't behave as eye-popping bonkers as was done in this instance -- could be a pivotal factor come November.

And the president has given campaign fodder to that element which condemns irredeemably anyone making even the most modest embrace of behavior unacceptable to their faith. The aforementioned coverage for contraceptive services was one of two raw meat packages tossed the way of the social conservative set this election year, the other being Obama's announced support of same-sex marriage. With that much to work with, pastoral types may not need to go overboard to get the flocks revved up, although the scoop on the incident at that church in Florida is that the priest was greeted with lusty applause from the majority of the congregation when he dissed Obama in his spiel. Other colored guys may be thinking they're already equipped with what it takes to get the faithful up and marching in lock step.

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Op-Eds

Media slight Blacks' mental health issues

Continued from Page 10

or the National Institutes of Health. Or you would see a story pop up around a horrific event."

Since Alexander's and Poussaint's book was published, little has changed. The bizarre case of Rudy Eugene, 31, an African-American in Miami who chewed off a homeless man's face in May before being shot to death, made "bath salts" a buzz phrase nationwide.

Eugene took his clothes off along the MacArthur Causeway from Miami Beach before attacking Ronald Poppo, 65, in what The Miami Herald called a "ghoulish, drawn-out assault in plain view on a city sidewalk captured by a Miami Herald security camera. Eugene was shot by a police officer who found him chewing chunks off Poppo's face."

The head of the Miami police union publicly speculated that "bath salts," synthetic stimulants believed to be the cause of psychotic episodes elsewhere around the country, prompted Eugene's actions. But, according to the

Miami-Dade Medical Examiner's office, only marijuana was found in his system.

More likely, Kristen Gwynne wrote for the online magazine AlterNet, is that Eugene had a history of mental illness. "But pinning a tragedy to a drug scare is easier (and perhaps more lucrative) than explaining a non-existent safety net for the mentally ill," she wrote. "Bath salts, the mainstream media naively believes, can be banned and eradicated. Treating mental illness is a far more complicated story."

Other than sensationalized portraits of individuals, the only consistent coverage of mental illness in the black community focuses on the psychological fallout of depression and other mental health issues facing black celebrities.

These portrayals are opportunities for mainstream media to explore larger questions about the escalating suicide rate among black men, the entrenched stigma of appearing

weak and vulnerable in the black community by seeking help and the dearth of African-American mental health professionals. Instead, stories focus on the unique narrative surrounding individual celebrities and not mental health problems of a broader community.

When "Soul Train" creator Don Cornelius died from a self-inflicted gunshot wound in February at age 75, far more media attention was given to his legacy than his mental state. Instead, his stoicism was noted in a New York Times obituary. During divorce proceedings in 2009, James C. McKinley Jr. wrote, Cornelius "mentioned having 'significant health problems' but did not elaborate." Another friend of Cornelius's simply described him as being "very private."

When World Peace, a Los Angeles Lakers player formerly known as Ron Artest, has spoken honestly and publicly about his therapy for mental health issues, reporters have mocked him. In September 2010, a year

before Artest changed his name, Los Angeles Times columnist Bill Plaschke referred to him as "the looniest Laker" even as Artest was addressing middle schoolers, urging them to communicate to health care professionals what ails them psychologically.

Journalist and author Ellis Cose says these examples explore "celebrities much more so than the black community." In 1994, Cose wrote "The Rage of a Privileged Class: Why Are Middle-Class Blacks Angry? Why Should America Care?" and last year, "The End of Anger: A New Generation's Take on Race and Rage."

Neither the Cornelius obituary nor Plaschke's column, for the most part, was linked explicitly to race. Poussaint, a professor of psychiatry at Harvard Medical School, did suggest that Cornelius's death might launch a conversation about suicide prevention among blacks. "But his take was the exception rather than the rule," Cose wrote in an e-mail.

Cartels

Continued from Page 10

situation is any different at American banks. Ever-shrinking budgets for the nation's under-staffed financial watchdogs have real consequences: a money laundering Wild West being one of them. Congress must ensure that U.S. regulators are appropriately budgeted with the necessary resources to perform their duties, and the bankers found to be complicit in the laundering of money should receive jail time – merely fining financial institutions is not enough.

As we did with terrorists a decade ago, the United States has the ability to deliver a striking blow to drug smugglers—curtailing the money that fuels the entire industry. Before we consider giving up and legalizing drugs, and instead of perpetuating the costly whack-a-mole model of drug busts and seizures, let's pull the rug out from under the narcotics industry. We can do it if there is political will.

Dr. Rafael Espada recently completed a four-year term as vice president of Guatemala. Raymond Baker, the author of "Capitalism's Achilles Heel: Dirty Money and How to Renew the Free-Market System," is the Director of Global Financial Integrity, a research and advocacy organization in Washington, DC.

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The Post is partnering with Fox 5 and getting an

exuberant assist from quintessential New Yorker Regis Philbin, who has emceed the award ceremony for nine consecutive years.

"I'll be there for this year's great stories from the people in this city who have done something to make you feel good about New York," said Philbin. "There are so many things like that going on in this town. If you know somebody who does good things, let us know; we want to say thanks and tell them how important they are to all of us."

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and submit nominations in the eight categories outlined below: Leadership, Courage, Lifetime Achievement, Young Heart, Freedom — an award "for an immigrant New Yorker who best

embodies the values of honesty, industriousness and hard-earned success," or "a New Yorker who reflects the finest qualities of New York to the world" — and one each for the city's teachers, cops and firefighters. Just tell us in 100 words or less why your nominee deserves to be the toast of the town. You may nominate only living people. And, please, nominate as many heroes as you like.

A panel of notable New Yorkers, including NYPD Commissioner Ray Kelly, FDNY Commissioner Salvatore Cassano and Lew Leone, vice president and general manager of WNYW-Fox5 and WWOR-My 9, will choose from among the nominees in each category to determine the winners, who will be honored by The Post on Oct. 17.

Each winner will receive a symbol of our heartfelt appreciation — a medal engraved with Lady Liberty's torch and specially designed for The Post by celebrated New York graphic artist Milton Glaser, who created the iconic "I ♥ New York" logo.



PUT 'ER THERE! Regis Philbin, emcee of the Liberty Medal ceremony, congratulates last year's winner in the Bravest category, hero firefighter Peter Demontreux.

NY Post: Tamara Beckwith

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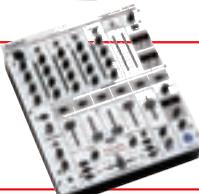
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Guyanese beauty wins Miss UN title

By Tangerine Clarke

Congratulations to Soyini Fraser, Miss United Nations 2012, who is still on cloud nine after her massive win at the recent Miami, Florida pageant, where she beat out 51 other contestants to captured the distinguished crown, on Saturday, July 7.

The svelte Guyanese beauty was on a tour of the Big Apple to celebrate at the institution that bears the name of the pageant, when I caught up to her on Manhattan's East side, wearing a stunning color blocking mini dress of fuchsia, pink, and blue.

The 22-year-old theology student, who gushed about her lovely name "Soyini" as being Ghanaian, and chosen by her dad, was judged in categories of swimwear, cultural costume and evening gown.

The Miss Guyana World 2012, runner-up, and Miss Princess of the World 2011, queen, is on track to graduate with a double major. She holds an associate degree and will complete her Bachelor's degree in Child Psychology from



Miss United Nations 2012 Soyini Fraser in New York City.
Photo by Tangerine Clarke

the Guyana based Florida University, next year.

The brainy young lady, who is employed at the Georgetown High Court, will follow this path to also become a lawyer she said,

to represent children in cases of abuse.

Soyini aced the rigorous Q&A process as part of the pageant rules before being chosen by owners Mr. and Mrs. Holland. She will use her title to keep anti-domestic violence visible at home.

"I am concerned that domestic violence does not only affect women, but men also, said Soyini who is passionate about speaking out against this scourge that has become prevalent in her homeland.

"I am happy that I won the title of Miss United Nations, but the crown belongs to Guyana. I want the world to know that Guyana has lots to offer. My country is beautiful, and we have talented beautiful ladies who will be seen on the international stage for years to come."

Soyini's next goal is to compete in the Miss Guyana Universe Pageant next year. In the meantime, she will enjoy her cash prize and trips to Miami and Jamaica.

Good Luck Soyini!

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Even though we live in the age of technology, there's one fundamental factor that still remains at the core of every successful business—people. Not just people, but people working together towards a common goal. They say, "Teamwork makes the dream work", and that's ever more true for today's entrepreneur.

Deciding to start your own business is exciting, but who will you build it with? Like Tupac Derenoncourt, most people start out with friends and family. However, make no mistake, this should not be your only criteria for selecting a team for your business.

Tupac is a long time entrepreneur in the field of concert promotion, however he became an independently wealthy, stand out, success story through his direct-selling enterprise, 5Linx. Direct selling is one the most lucrative sales businesses in the world—a documented multi-billion dollar, international industry. It's built by consistently growing a network of direct salespeople who share a common vision, brick by brick. The bricks are people—a team.

As Tupac puts it, "Your own efforts cannot exceed the leverage of a team of thousands. With a team you can experience breakthrough success that typically takes people 40 years, sometimes generations, to accomplish." Therefore, the ability to build a strong team is probably THE most important aspect of building longevity, and increasing transactional capacity in any given business.

Today, Tupac has over 25,000 people nationwide on his team...and counting. When asked how he accomplished this in just four years, he gave a rundown of his team-building strategy:

1 ~Pick the BEST teammates. Tupac's philosophy on team building is: no family, and no friends, unless they qualify. He used the simple school-yard approach. When you're looking for teammates for a school-yard game of basketball, you always select the tallest, most skillful, and strongest players possible for your team. He aimed for the

high-hanging fruit from the very beginning, in personally selecting his team; because he knew it would become a reality with the right people in place—not everyone qualified. He selected people with strong ambition, solid work ethic, and only those who embraced his vision. Fate would have it that some of those people were actually his friends, and family members. Tupac also went on to add that if you start with low-hanging fruit it's like building a house on sinking sand.

2 ~ Gel the team. Tupac "casts a big vision" that everyone can grab a hold of, and envision themselves achieving it together as one. This creates an environment of unity, in which everyone is a part of one whole.

3 ~ Set the pace. Tupac believes a team moves at pace of their leader so, you must always lead from the front, not the back. Leading by example includes going above and beyond to achieve the kind of success that will increase your team's faith in themselves, and their ability to succeed along with their leader. You must set the pace by doing things that your team may not even think they can do, and showing them it's possible.

4~ he regular team "huddle up". Tupac and his team "huddle up" 2-3 times a week to communicate team successes, failures, set/review goals, see what worked, and what didn't, discuss new strategies, and announce new incentives.

5 ~ Be a "Servant Leader". Building a strong team begins with a servant/leader attitude and leadership style. You must be willing to literally help everyone achieve the goal.

6 ~Humble lions always eat. Tupac believes just because you're successful, doesn't mean you have to distastefully mash it in your teams face. As a team leader, evidence of your success should only be used to inspire. This makes you likeable, someone to admire and easy to follow.

Tupac's earliest influence to become a business owner was his grandmother, Alice Blancharde, who sold home-

made pastries locally. As a young boy he accompanied her on deliveries, while she simultaneously babysat local children, among other things, to make ends meet. Although she tried to do it all on her own, he witnessed the beauty of multiple streams of income at an early age, and it left a profound mark on his life. However, never did he imagine he'd build, and empower, such a large team of motivated people, with the opportunity to create multiple streams of income for themselves.

Just this past week, Tupac, a first-generation Haitian-American from Flatbush, Brooklyn, received the keys to his brand new mansion, which he personally designed and had built from the ground up, in the Washington, DC metropolitan area. A Bentley and BMW cars are a couple of the "toys" in his driveway. At just 40 years young, his positive and successful influence has helped many of his team members achieve similar success, such as home ownership, luxury cars, the ability to afford better schooling for their children, and more, which only continues to inspire his entire team across the board.

Tupac has built, and is still building a massively productive direct-selling team. As a result, he's definitely well on his way to achieving his dreams.

Christine M. Coley is a Brooklyn-based, multi-market business owner in the fields of Real Estate, Public Relations, and Direct Sales. Contact her at christine.coley@gmail.com, twitter @chrisintheapple



Tupac Derenoncourt.

South Florida Shop, Ship and Save program

By Kingsley Dougan

Laparkan Shipping this week announced it has teamed up with a number of shopping malls and hotels in south Florida to offer significant discounts on accommodation, shopping and freight costs to Caribbean residents visiting south Florida during the summer.

The Shop, Ship & Save Program was officially launched on June 25, just ahead of the West Indies vs New Zealand T20 International matches played in Ft. Lauderdale, which drew a significant number of visiting spectators from the Caribbean region.

James Devers, Laparkan's senior vice president for the Caribbean

says the program offers discounts ranging from 5% to 50% on a range of items at retail stores in Westfield, Westland and Dolphin Malls, and attractive rates at several conveniently located hotels, including Howard Johnson, Holiday Inn, Comfort Inn and Suites and Hampton Inn.

Laparkan is also offering prepaid freight discounts to those travelers to south Florida from Barbados, Trinidad and Tobago and Antigua and Barbuda.

This special program is available to all persons travelling from the Caribbean to south Florida who either purchase prepaid discount freight coupons or prepay for their intended shipments at Laparkan offices in the Caribbean, the

company said, adding that "travelers from the OECS countries should contact the Laparkan office in either Antigua or Barbados to participate in the program.

Devers explained that the discount shopping and hotel accommodation components of the program will run until the end of 2012 while the freight discounts will expire Aug. 31, 2012.

Other benefits of the program, the company says, include free shuttle between the airports and hotels and between the hotels and the malls, free breakfast at select hotels and a giveaway gift bag, while supplies last for shoppers at Westland Mall.

A number of other malls, hotels, a rental car service and restaurants are expected to join the program shortly, then company said.

Andrew Martineau, director of marketing at Westfield Mall in Broward County, Florida says his mall is pleased to be part of the Shop, Ship & Save Program since it offers visitors to Florida significant discounts that are not available to the people who live here.

"We know a lot of people from overseas come to shop during the summer vacation and our mall offers a range of the popular retail stores with quality items at great prices," he explained. "This is our way of offering those peo-

ple who have to pay airfares a break on prices so that they can purchase all the items they need,"

Ana Metola, director of Marketing at Westland Mall in Hialeah, Florida expressed similar sentiments, pointing to the benefits of the program especially for those shopping for their children who return to school in late August and early September in the Caribbean. She says the Mall will also make available, while supplies, a gift bag with sample products as well as discounts for area restaurants.

All the participating hotels are also excited about the program which is intended to provide some measure of assistance to visiting shoppers from

the Caribbean while at the same time generating increased business for the participating businesses.

For further information on this program contact:

Miami: (305)836-4393; derek.fung@laparkan.com
Antigua & Barbuda: (268) 562-5314; Email: AG@laparkan.com
Barbados: (246) 436-5322; Email: BB@laparkan.com

Guyana: (592) 226-1095; Email: guyanaafd@laparkan.com
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■ **I was skeptical.** I bought a box and it worked as advertised. Within a week I had relief. Howard Toy, 69, Henderson, NV ■ **It's heaven to sleep through the night.** For many years I had 6-7 sleep interruptions every night. Had urgent trips to the bathroom day and night with discomforts. I enjoy my new life. Angus Pike, Oshawa, ON ■ **I am truly amazed and relieved.** After 2 weeks I no longer have to get up during the night. I'm enjoying a normal sex life again. I hope a lot of men with a pride issue give this tea a shot. It's difficult to express how delighted I am. Clarence A. Rehrig, 58, Allentown, PA ■ **Know the truth.** This is my third year of drinking the Ezee Flow Tea. I highly recommend it. A real life saver. Thomas M. Thurston, Forsyth, GA. ■ **Women** suffering with incontinence, UTIs ask for Bladder Control Tea for Women #4b. Guaranteed relief within days. **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**



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■ **Bell Blood Pressure Formulation helped me feel great.** Thank you for this wonderful product. William Oliver, Portsmouth, VA ■ **I have been taking Bell #26 now for one year.** My mom and brother started taking it as well. Even my pastor is on it now. Thanks! Mary Earl, Longview, TX ■ **I started to take Bell Blood Pressure Formulation #26.** After about 30 days my blood pressure was normal. My doctor was very happy with me. Irene Surrige, 67, Owen Sound, ON ■ **A friend recommended Bell BP Formulation!** When a friend had good results I decided to try it. After taking Bell Blood Pressure Formulation #26. It made a difference in my life. Milton Perdomo, 68, Rego Park, NY. **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Last couple of years I tried everything. Results with Bell Skin Disorders #60 were unbelievable. I have beautiful skin again. Thanks for giving back my selfesteem. Nelisa Royer, 28, Doral, FL ■ **My mom bought Bell #60.** I was skeptical. It did work quickly and better than anything else. Christopher Seraphin, 14, Brooklyn, NY. ■ **It worked.** I no longer have to hide at home, because I was ashamed to be seen. Agnes Casillas, 60, New York, NY ■ **Can wear again dresses** that are backless. My skin looks fantastic. Thank you from the bottom of my heart. Yvette Maclean, 40, Lodi, CA ■ **I was trying everything for years** and nothing worked. I felt physical and emotional pain having to hide. Finally I found your Bell #60. I'm so grateful and impressed about how fast it worked with amazing results. Eulalia Isabel Sanchez Martin, 30, Brampton, ON **Skeptics can call everybody. All are real people like you or your friends.**

#60

SNORING?

As recommended by Dr. Gifford-Jones M.D.



#23

Here is proof that snoring can be corrupting your health and your marriage. Three out of 10 couples are considering divorce because of snoring says a major magazine article. You are not alone! An official survey says 48% of all people snore. 75% are affected, if you add non-snoring husbands that have snoring wives or vice versa. Snoring is caused by slack muscles in the throat. A common complaint is that people feel that they are not well rested in the morning. Many people wrote they are now sleeping like a babies. Their partners are delighted. This natural health product Sound Sleep #23 usually helps the first night. No side effects.

■ **College professor had lack of good sleeps with many interruptions** for last 8 years that made her tired during the day. Within 3 days taking Bell Sound Sleep #23 the terrible snoring stopped. I wake up feeling refreshed and energized. I can concentrate in a focused, happy manner. I feel delighted with this natural product. Dr. Anele E. Heiges, 77, New York, NY ■ **A life changing product.** The very first night I took the capsules and every night after I had a restful and wonderful sleep. It has been a God send and blessing. I am by nature a skeptic. The money-back guarantee convinced me to try it. Jimmy Pay, 53, Gardendale, AC ■ **3 Years on Bell Sound Sleep #23.** My wife and I are entirely satisfied. Snoring episodes have completely disappeared. This has improved our lives enormously. Leo Fortin, 60, St-Georges, QC ■ **Basically you saved my husband's life.** For the last 5 years my husband had very bad nights. Bell #23 was nothing short of a miracle. I have my husband back. No more snoring. No more napping during the day. I am telling all our friends. Bonnie Johnson, 64, Wichita, KS ■ **My life changed. Sleep now 7-8 hours.** I am a retired college professor and author of books. I have no more need to nap during the day. Nothing I tried helped until I started Bell Sound Sleep. I am so delighted with this product I would like to make motivational speeches to help others. Carmen V. Caruso, 66, Ann Arbor, MI **On the Bell Website we list phone numbers or email addresses of actual users of this product and all other Bell products. Most are delighted to talk about their relief.**



In other towns try your local health food stores first. If they don't have it and don't want to order it for you, order on our website or call us with Visa or Mastercard. S & H \$9.95.

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Get vaccinated for school

The beginning of the school year is a great time to make sure your children's vaccinations are up-to-date.

Informed parents know that immunizations save lives. But even those who vaccinated their babies and toddlers dutifully may not be aware that the recommended vaccination schedule continues through the later teen years.

Research published by the American Medical Association found that teenagers age 14 and older were much less likely to see a pediatrician than their younger-adolescent counterparts. But threats to health don't go away just because children are older.

"We live in a busy world and it's easy to forget to make appointments for an annual check-up," says Dr. Robert W. Block, MD, of the American Academy of Pediatrics (AAP). "Let the new school season be your annual reminder to protect the health of your kids."

Here are some crucial vacci-



nation tips and facts for parents of older children and teens:

- Check your calendar. When was the last time your child saw a pediatrician? If it's been over a year, make an appointment as soon as possible. In advance of the appointment, talk with your child and draw up a list of any concerns or questions to discuss with the doctor.

- Store immunization and other medical records in an easily accessible place and be sure to keep the records current. Bring this information to the appointment. When you see your pediatrician, ask directly, "What vaccines does my child need at this point?"

- Be sure to ask about the HPV vaccine, which is recommended for both boys and girls. While protection is most effective for adolescents ages 11 to 13, older teens who haven't yet received the vaccine can benefit from it as well. This cancer-preventing vaccine will safeguard your teen's health in the future.

Health

Vaccinations keep your child safe

Most parents know that one of the most important steps they can take to protect their children is to vaccinate them against dangerous diseases. But knowing what to vaccinate against and when to do so can be a complicated process.

Don't put off getting in touch with your pediatrician to have these questions answered, and to ensure you are up-to-date with your child's vaccinations.

"When children are not immunized, the results can be devastating," says Dr. Robert W. Block of the American Academy of Pediatrics (AAP). "Making sure your children are properly immunized will give them up to a 98 percent chance of avoiding many diseases."

The AAP is offering these vital tips for parents to help sort out all



the details:

- Ask questions. Remember, your pediatrician is ready and willing to partner with you on getting your children immunized. Use your child's doctor as a resource to help you sort out the endless supply of information -- some good and some questionable -- on this topic. So prepare questions in advance, and take a note pad with you to your visit so you can jot down important advice and critical dates.

- Be on time. Your

children's immunization schedule is not an area of parenting where you should feel free to get creative. There are scientific reasons, based on knowledge of children's immune systems for why shots are recommended at certain ages. Updating your records and keeping a calendar can help you keep it all straight. More information on recommended schedules and on how immunizations work can be found at www.healthychildren.org.

- Cocoon. One of the best ways to protect very young children -- who have not yet received the full range of vaccines for deadly diseases -- is to ensure that all family members and caregivers who come in close contact with the child are up-to-date on their own immunizations. This protective measure is called "cocooning."

- Smile. Most children won't enjoy getting vaccinated. You can make the process smoother by staying calm yourself, as young children can pick up on your feelings. Remember to cuddle with your child before, during and after the vaccination. Bringing along a favorite stuffed animal or blanket is a great way to provide some much-needed comfort. If your child is experiencing pain, ask your doctor if a non-aspirin pain reliever is safe to administer.

NEW YORK POST PRESENTS

The 11th Annual

Liberty Medal Awards

Our secret Samaritans

THE Olympics will decide the world's finest athletes, but when it comes to hometown heroes, there's no competition: New York has the best on the planet.

It's again time to salute our superstar neighbors with the 11th annual New York Post Liberty Medal awards, and we're inviting you, our readers, to tell us about those among us whose compassion and courage make this the most wonderful city on earth.

The Post is partnering with Fox 5 and getting an exuberant assist from quintessential New Yorker Regis Philbin, who has emceed the award ceremony for nine

consecutive years.

"I'll be there for this year's great stories from the people in this city who have done something to make you feel good about New York," said Philbin. "There are so many things like that going on in this town. If you know somebody who does good things, let us know; we want to say thanks and tell them how important they are to all of us."

You'll find it easy to nominate someone. Just log on to nypost.com/libertymedals and submit nominations in the eight categories outlined below: Leadership, Courage, Lifetime Achievement, Young Heart, Freedom and one each for the city's teach-

ers, cops and firefighters.

Just tell us in 100 words or less why your nominee deserves to be the toast of the town. You may nominate only living people. And please nominate as many heroes as you like.

A panel of notable New Yorkers, including NYPD Commissioner Ray Kelly, FDNY Commissioner Salvatore Cassano and Lew Leone, vice president and general manager of WNYW-Fox5 and WWOR-My 9, will choose from among the nominees in each category to determine the winners, who will be honored by The Post on Oct. 17.

Each winner will receive a medal engraved with Lady Liberty's torch and specially designed for The Post by New York graphic artist Milton Glaser, who created the iconic "I ♥ New York" logo.



2012 LIBERTY MEDAL CATEGORIES

■ **Leadership Medal**
For a compassionate, disciplined person whose activities during the past year most improved the quality of life in a borough or neighborhood.

■ **Freedom Medal**
For an immigrant New Yorker who best embodies the values of honesty, industriousness and hard-earned success, or a New Yorker who reflects the finest qualities of New York

to the world.

■ **New York's Bravest Medal**
For the firefighter or EMS technician whose performance in the line of duty best exemplifies the department's unflinching heroism; to be selected in consultation with the FDNY.

■ **New York's Finest Medal**
For the police officer whose on-the-job performance reflects the

department's honor and selflessness; to be selected in consultation with the NYPD and the Port Authority Police Department.

■ **Courage Medal**
For a notable act of bravery by a civilian that contributed to saving human life.

■ **Educator Medal**
For an administrator or teacher who excels at preparing the next generation of New Yorkers for their future challenges.

■ **Young Heart Medal**
For the youth under 17 who most impressively displayed adult resolve -- not for a physical feat but for behavior that demonstrates moral character or mature judgment -- in the past year.

■ **Lifetime Achievement Medal**
For the individual whose accomplishments reflect the very best of our city.

How to Nominate Your Hero for a New York Post Liberty Medal®

Go to nypost.com/libertymedals

1 **Fill out** a nomination form and tell us in 100 words or less about an outstanding New Yorker who you feel deserves to be recognized. Before submitting your nomination, please identify the category for which your candidate is nominated.

2 **Or mail** your essay with the fully completed printed nomination form located at nypost.com/libertymedals:

New York Post 2012 Liberty Medals Nomination Category
1211 Sixth Avenue, Promotions Department,
New York, NY 10036-8790

For nomination rules, go to www.nypost.com/promotions.

3 **Or fax** your completed nomination form to: (212) 997-9272

Faxed and online entries must be received by 5 p.m. E.D.T. on 9/14/12. Mailed entries must be postmarked by 9/14/12 and received by 9/18/12. Incomplete forms/entries will be disqualified.

How to stay happy as you age

Life has its inevitable ups and downs, and the challenges we experience might not always seem fair. But there's no need let your happiness depend upon life's uncontrollable circumstances.

"What you want and what you get are not always one and the same," says Amy Shea, author of the new book "Defending Happiness and Other Acts of Bravery," a collection of short stories about her life's journey with adversity. "The key is to find what makes you happy and defend it."

In her book, Shea details how tough circumstances have not deterred her from living life on her own terms.

For example, she ultimately came to view her battle with breast cancer as a gift of opportunity. "What is possible to do in one's life changes remarkably when one fears death more than embarrassment," she says.

Shea has experienced

Health



How to stay happy as you age.

Photo Source: (c) Monkey Business - Fotolia.com

poverty, divorce, cancer and the daily woes of aging, parenting and being parented, but believes that come what may, she is prepared to defend her right to be happy.

She offers these insights for those seeking happiness as they age:

- Your emotions do not need to be an automatic

reaction to what happens to you. By believing that, you abdicate choice. It is not life that is happy or not. It's you.

- Don't forget to simply sit from time to time and do some inner wandering. Original thought happens a lot more easily this way than while texting on the treadmill.

- Life is neither fair nor kind -- but it is full of beauty and humor, and open to direction.

- When it comes to picking your battles, energy is like eye cream: expensive. So use just what you need and put it right where you want it.

- Aging won't be smooth and firm and flawless, but it is not the enemy. In fact, there are certain things about youth you won't miss at all.

- All of us have individual wiring that can get buried from time to time under habits we've formed. Be deeply committed toward the wiring that makes you happy.

- View life as a dynamic creative disturbance and don't forget to show up -- it's worth whatever trouble it takes.

More insights can be found in Shea's new book and online at www.DefendingHappiness.com.

Courtesy of State Point Media

What to do when you can't sleep

One in four U.S. adults today suffers from occasional sleeplessness that occurs over a relatively short period of time, according to the Centers for Disease Control and Prevention.

Sleep issues aren't just a modern problem tied to the hustle and bustle of today's hectic world. Throughout recorded history, philosophers, poets and scientists around the world have mused over the importance of sleep to physical and mental health.

Across time and geographies, people have been searching for sleep remedies as far back as 2800 B.C. Instead of concocting special elixirs with exotic plants and animals, today you can simply head to your pharmacy. However, navigating the sleep-aid aisle can be overwhelming because there are so many products.

The following questions may help you find the right product for you:

Do you have trouble falling asleep?

If you are having trouble falling asleep due to occasional sleeplessness but aren't experiencing pain, try a single-active ingredient sleep-aid product containing either diphenhydramine or doxylamine succinate.

For example, Vicks ZzzQuil, containing diphenhydramine, is non-habit forming and can help you fall asleep, so you can wake rested and refreshed. More information can be found at www.zzzquil.com.

Do you have occasional sleeplessness accompanied by aches or pains?

If so, consider a sleep-aid that contains a pain reliever, such as acetaminophen or a non-steroidal anti-inflammatory, such as Ibuprofen. Look for pain reliever plus sleep-aid combination products within the pain section of the sleep-aid aisle.

Courtesy of State Point Media





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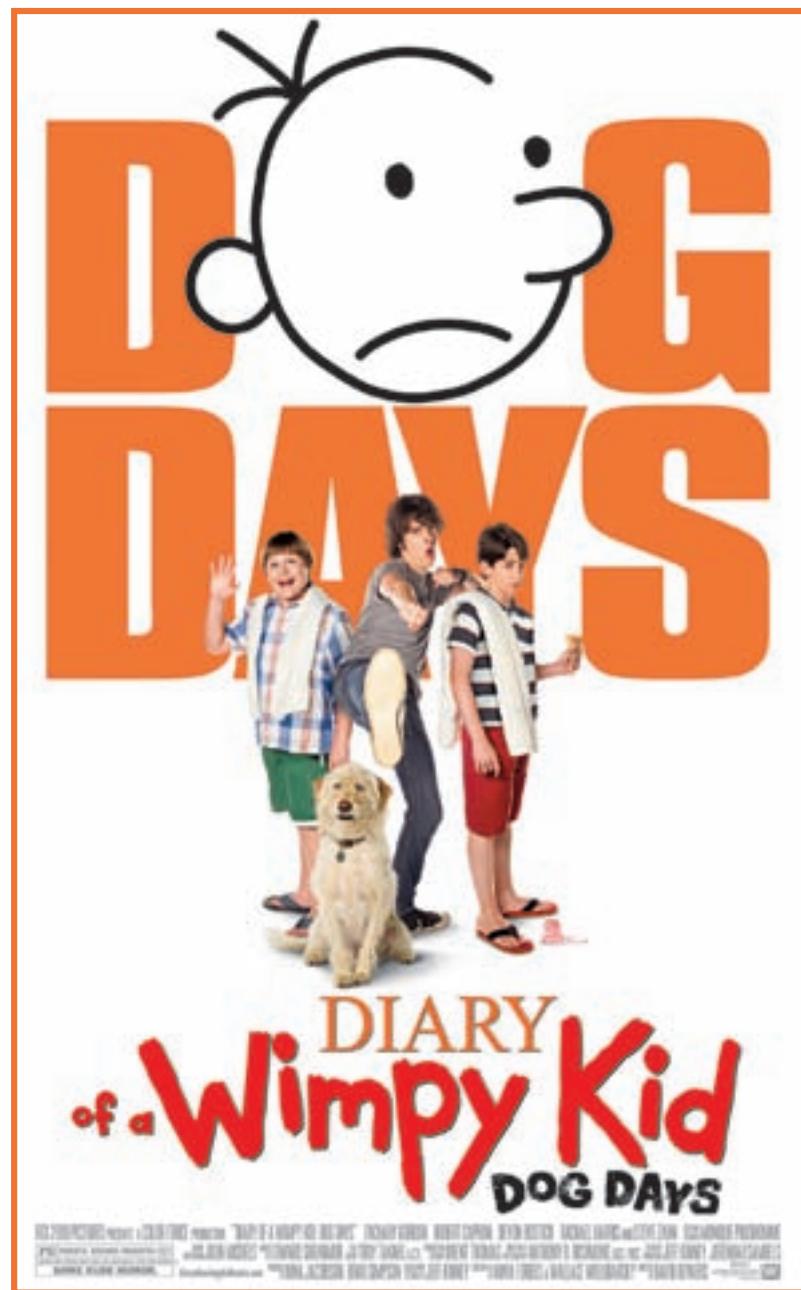
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TUESDAY, JULY 31 - 6:30PM AT A MANHATTAN THEATRE

For your chance to snag a family four pack of screening passes, e-mail WimpyKidCNG@gmail.com and include your full name and D.O.B.

NO PURCHASE NECESSARY. The first 50 readers to submit an eligible entry will receive a complimentary family four-pack of passes via e-mail valid for admission to an advance screening of DIARY OF A WIMPY KID: DOG DAYS at 6:30pm on Tuesday, July 31, 2012 at a Manhattan Theatre. Retail value of family four-pack is \$52. Subject to complete screening pass terms and conditions available at www.nypost.com/promotions. One entry per person. Screening pass does not guarantee a seat at the screening. Seating is first-come, first-served. Please note all parties at the screening including children must be accompanied by an adult and all parties including adults must be accompanied by children. This film is rated PG.

IN THEATRES AUGUST 3
www.diaryofawimpykidmovie.com

Great Day In Harlem

– Where the World Meets the World

; *By Keith Forrest*

Sunday, July 29, the 38th Annual Harlem Week festival kicks off with its first public event “A Great Day In Harlem” saluting the late radio legend Hal Jackson.

Themed “Sunday Classics” the four-part, day-long celebration includes the annual International Cultural Showcase featuring

award-winning dance companies and choral ensembles; the inspirational New York Gospel Caravan, showcasing a variety of accomplished and emerging worship and praise performers; the international “Fashion Fusion Showcase”; and ends with the enchanting “Concert Under The Stars” – featuring a musical tribute to Hal Jackson featuring

Ray Chew (American Idol Music Director) & The Harlem Jazz & Music Festival All Stars including Will Downing, Cuba Gooding Sr., Rev. Hezekiah Walker, Melba Moore, Freddie Jackson, Alyson Williams and more.

This year’s “A Great Day In Harlem” kicks off with the “International Cultural Showcase” at 1:00 p.m..

This event, which features global dance companies and choral ensembles, is an enjoyable cultural experience for the entire family. This portion of the day will conclude with the “New York Gospel Caravan.” This spirit filled segment, which takes place at 4:30 p.m., includes a special performance by a variety of choirs and spirit-field gospel acts.

For fashion enthusiasts, Ulysses S. Grant National Park once again transforms to one big runway as Harlem Week celebrates the best in urban style during its “Fashion Fusion” showcase.

The Harlem Fashion Initiative once again presents its vibrant



Bishop Hezekiah Walker and The Love Fellowship Choir.

Photo credit: Images of Us

outdoor extravaganza which will include some of New York’s freshest faces displaying some of the hottest fashion and accessories by a variety of cutting-edge designers.

The 2012 designers include: Deborah Williams, Fabric Twins, Gadol Wilson, Yvetta Petty, Duane Fish, Douglas Says, Edwina Greg, Sofistafunk, Roger Gary, Clarence Black and Roger Rodney.

The festive day will end with the “Concert Under The Stars” with musical tribute to the legendary Hal Jackson. Directed by American Idol’s musical director Ray Chew, who recently was named executive producer and music director for the Harlem Jazz & Music Festival, this segment will include a variety of

musical tributes and special guest performances.

The four-part “Great Day In Harlem” is just the first of over 100 events comprising Harlem Week’s 38th Anniversary. Themed: “Harlem: Where the World Meets the World”, other activities during the month-long celebration include the Economic Development Award Luncheon, a college fair, an auto show, and a children’s festival.

Discover Harlem. Come discover the treasures of a proud community.

For further information about the excitement and culture that is Harlem Week, log on to www.harlemweek.com or call (212) 862-8477.

Courtesy Keith L. Forest <keithlforest@gmail.com>



Cultural Performance.

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■ **I was skeptical.** I bought a box and it worked as advertised. Within a week I had relief. Howard Toy, 69, Henderson, NV ■ **It's heaven to sleep through the night.** For many years I had 6-7 sleep interruptions every night. Had urgent trips to the bathroom day and night with discomforts. I enjoy my new life. Angus Pike, Oshawa, ON ■ **I am truly amazed and relieved.** After 2 weeks I no longer have to get up during the night. I'm enjoying a normal sex life again. I hope a lot of men with a pride issue give this tea a shot. It's difficult to express how delighted I am. Clarence A. Rehrig, 58, Allentown, PA ■ **Know the truth.** This is my third year of drinking the Ezee Flow Tea. I highly recommend it. A real life saver. Thomas M. Thurston, Forsyth, GA. ■ **Women** suffering with incontinence, UTIs ask for Bladder Control Tea for Women #4b. Guaranteed relief within days. **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**



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■ **College professor had lack of good sleeps with many interruptions** for last 8 years that made her tired during the day. Within 3 days taking Bell Sound Sleep #23 the terrible snoring stopped. I wake up feeling refreshed and energized. I can concentrate in a focused, happy manner. I feel delighted with this natural product. Dr. Anele E. Heiges, 77, New York, NY ■ **A life changing product.** The very first night I took the capsules and every night after I had a restful and wonderful sleep. It has been a God send and blessing. I am by nature a skeptic. The money-back guarantee convinced me to try it. Jimmy Pay, 53, Gardendale, AC ■ **3 Years on Bell Sound Sleep #23.** My wife and I are entirely satisfied. Snoring episodes have completely disappeared. This has improved our lives enormously. Leo Fortin, 60, St-Georges, QC ■ **Basically you saved my husband's life.** For the last 5 years my husband had very bad nights. Bell #23 was nothing short of a miracle. I have my husband back. No more snoring. No more napping during the day. I am telling all our friends. Bonnie Johnson, 64, Wichita, KS ■ **My life changed. Sleep now 7-8 hours.** I am a retired college professor and author of books. I have no more need to nap during the day. Nothing I tried helped until I started Bell Sound Sleep. I am so delighted with this product I would like to make motivational speeches to help others. Carmen V. Caruso, 66, Ann Arbor, MI **On the Bell Website we list phone numbers or email addresses of actual users of this product and all other Bell products. Most are delighted to talk about their relief.**



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COMMUNITY EVENTS

SATURDAY, JULY 28

Flea Market St. Gregory the Great RC Church, corner of St. Johns Place and Brooklyn Ave., Crown Heights, Brooklyn, is hosting a Flea Market and Food Sale, 12 noon - 6:00 p.m. For general information and information on tables, call (718) 493-0361.

Community Fair New Life Tabernacle Church, 4905 Ave. D, Brooklyn, presents its annual Community Fair, 8:00 a.m. - 7:00 p.m. featuring free amusement rides and refreshments, games, prizes along with health screenings, educational materials and giveaways from business vendors representing various industries. For information, call (718) 804-0040 or Mr. Gardner, director, at (347) 962-0481.

J'Ouvert Roy Pierre and Associates presents J'Ouvert Band Launch party, "Harlequins and Pierrots," 10:00 p.m. - 4:00 a.m. at the mas camp, Charl-Ena Chateau, 3820 Church Ave., corner East 39 St., Brooklyn. For information, call (718) 282-1229.

Stay Fit, Have Fun Eastern Queens Alliance Inc. presents free fitness classes featuring Capoeira with Eric Fungo focusing on basic martial arts movements including escapes and attacks, helping to develop core strength, tone muscles, improve reflexes, flexibility and agility, 9:15 a.m. - 10:30 a.m. on Saturday 7/28 and 8/4 at the Idelwild Cricket Field in Idlewild Park Preserve, 223 St. & 148 Ave. Springfield Gardens. No prior experience necessary. For information and directions, call (347) 824-2301 or info@easternqueensalliance.org.

Spay/Neuter Clinics Petland Discounts and the ASPCA Mobile Unit are offering dog and cat spay and neuter clinics in Queens on 7/28 at 3720 Main St., between 38 and 39 avenues, Flushing; on 7/29 at 171-33 Hillside Ave., between 171 and 172 streets, Jamaica and on 7/30 at 71-08 Kissena Blvd, between Aguilar and 71, Kew Garden Hills. All clinics start at 7:00 a.m. For information, call Amy Eisenberg at (631) 273-6363.

Beer Tasting The Ithaca Beer Company will be featuring their Nut Brown Ale, CascaZilla and Apricot Wheat Ale at the beer tasting hosted by The New York Historical Society, Robert H. Smith Gallery South, 170 Central Park West, N.Y., 2:00 p.m. and 4:00 p.m. You must be 21+ to enjoy our tasting program. For admission and general information, call the Museum's office at (212) 873-3400 or visit www.nyhistory.org.

SUNDAY, JULY 29

Jamaica's Independence The Consul General of Jamaica-NY invites you to celebrate Jamaica's 50th Anniversary of Independence at the Annual Service of Thanksgiving at The River-



Financial Coaching The NHS of East Flatbush is offering The Financial Capabilities and Coaching Program focusing on helping you reach your goals such as paying off bills, saving for a home, improving credit scores and more. For more information, call (718) 469-4679.



Food Stamp Outreach

Find out if you are eligible to receive Food Stamp benefits! A representative from the NYC Human Resources Administration will be available to assist you with eligibility pre-screening & to answer any questions every Tues. & Wed., 10:00 a.m. - 3:00 p.m. at Community Board 12, 4101 White Plains Road at 229 St., Bronx. For more information, call (718) 881-4455.

side Church, 490 Riverside Dr., N.Y. at 4:00 p.m. (seating at 3:30 p.m.) For information, call (212) 935-9000 ext. 121 and 123.

TUESDAY, JULY 31

Summerstage in SI Summerstage Concert Series presents Keith Murray, rapper, entertainer, actor and member of the rap trio Def Squad along with Redman and Erick Sermon in concert at Tappen Park, Staten Island, 7:00 p.m. - 9:00 p.m. For information, visit www.summerstage.org.

THURSDAY, AUGUST 2

Free Music at BAM BAM presents its continuing R&B Festival featuring Blitz the Ambassador offering a combination of African idioms with rapping, 12 noon at Metrotech concert stage located on the lawn at MetroTech Commons in Downtown Brooklyn between Jay St. and Flatbush Ave. where Myrtle Ave. ends. For information, visit BAM.org.Metrotech or call (718) 636-4100.

FRIDAY, AUGUST 3

Puppet Mobile Summerstage Concert Series presents CityParks Puppet Mobile featuring Bes-

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sie's Big Shot where Bessie the cow dreams of being in the circus, 10:30 a.m. to 11:30 a.m. at Tappen Park, Staten Island. For ages 2-8 years. For information, visit www.summerstage.org.

ONGOING

LC Out of Doors Lincoln Center Out of Doors begins its 42nd season with free performances and events on the plazas of Lincoln Center, 7/25 - 8/12. All events are free; no tickets required. Visit LCOutofDoors.org for complete schedule or call (212) 875-5766 to request a brochure.

Passport Fridays Leave your baggage at home and bring a picnic blanket out to Flushing Meadows Corona Park for Target Passport Fridays at the Queens Museum of Art for free weekly outdoor festivities featuring a different live dance performance, concert, and/or film screening from Cuba, Egypt, West Indies, Taiwan, Dominican Republic and Puerto Rico, every Friday evening thru 8/24, dance/music begins at 6:30 p.m., films at 8:00 p.m. at the Queens Museum of Art, New York City Bldg., Flushing Meadows Corona Park. For information, email info@queensmuseum.org, call (718) 592-9700 or visit www.queensmuseum.org/event/target-passport-

fridays.

Wyckoff Farmhouse Visit The Wyckoff Farmhouse Museum, 5816 Clarendon Rd., at Ralph Ave., Brooklyn, featuring yoga, hands-on art, story workshops, summer farm and garden camp, guided tours and more. For individual events, summer hours, museum admission and general information call, (718) 629-5400 or visit www.wyckoffassociation.org.

Peer-to-Peer Course NAMI East Flatbush is offering a Peer-to-Peer, 10-week program for people living with any serious mental illness who wish to establish and maintain their wellness and recovery, taught by trained mentors and including topics on understanding psychiatric disorders and medication; addressing stigma, discrimination, relationship issues, relapse prevention plan, survival skills and more, 6:00 p.m. - 8:00 p.m. starting Wed., Sept. 26, 2012 at Kings County Hospital, 451 Clarkson Ave., R Bldg., Room 3022, Brooklyn. Space is limited (class capacity 15). Register now with NAMI East Flatbush at (718) 512-5269 or email namieastflatbush@aol.com.

Fairway Market Shuttle Fairway Market is now offering a free group shuttle bus to its Red Hook, Brooklyn store at 480-500 Van Brunt St., Mondays thru Wednesdays from 10:00 a.m. - 7:00 p.m. For pick-up reservations for groups of 10 or more, within a five-mile radius of the store, call Viola Williams or Marcy Rosenblum at (347) 750-1251. There will also be pickups on Wednesdays at 10:00 a.m. and 1:00 p.m. at 589 Prospect Ave., between 11 and 10 avenues. All seniors get a five percent discount in the store. Each group will have an hour and a half to shop and/or enjoy a bite to eat in the picturesque cafe by the waterfront.

Farmers Market Seeds in the Middle is sponsoring The Crown Heights Farmers Market, offering fresh fruits and vegetables, including calaloo and Caribbean favorites and accepting EBT, WIC, Snap, FMNP, Health Bucks and Fresh Connect. The market will be operating every Thursday from 12 noon to 7:00 p.m. at Hamilton Metz Park at Albany and Leffers avenues, Brooklyn. For more information, visit www.seedsinthemidle.org.

Computer Training Mount Carmel Worship and Outreach Center is holding adult and children computer training programs, 10:30 a.m. - 12:30 p.m. or 1:00 p.m. - 3:00 p.m. on Saturdays. Call (917) 609-0909 for registration details.

Summer Repairs Warmer weather is home repair weather. Do you need major repairs done but lack the finances? NHS of East Flatbush can assist you. For more information on our Home Improvement Programs, call (718) 469-4679.

Foreclosure Services Are you behind in your mortgage or seeking a modification? The Flatbush Development VCorp., NHS of East Flatbush and the Center for N.Y.C. Neighborhoods are offering free services and assistance. Referrals for free legal assistance are also available. To schedule an appointment call (718) 469-4679.

Compiled by Ida Eisenstein

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'08 BMW 328i

Black/Brown, One Owner, Moonroof, Heated Leather Seats, Stk#UB00722F, 47K Mi.

\$25,886*



'09 BMW 328i

Alpine White/Black, One Owner, Nav, Heated Leather Seats, Stk#UB00736F, 50K Mi.

\$34,774*



'09 BMW 328i xDrive

Gray/Black, One Owner, Heated Seats, Sunroof, Stk#UB00533F, 34K Mi.

\$26,774*



'09 BMW 528i xDrive

Blue/Tan, One Owner, Moonroof, Nav, Leather, Stk#UB00614F, 43K Mi.

\$34,988*



'09 BMW 328i xDrive

Space Gray/Black, Heated Leather Seats, Sunroof, Nav, Stk#UB00747F, 50K Mi.

\$30,688*



'10 BMW 528i xDrive

Gray/Gray, One Owner, Leather Seats, Sunroof, Stk#UB00636F, ONLY 24K Mi.

\$36,787*



'09 BMW 335i Coupe

White/Black, Leather, Sunroof, Alloys, Stk#UB00646F, 35K Mi.

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2012 LINCOLN
MKT LEASE
\$487* per month

VIN: 2LMHJ5AT4CBL53804, SKT: 8804, AWD, AUTO, ECOBOOST ELITE PKG, NAVIGATION SYSTEM, THX AUDIO, BLIND SPOT MONITORING, PANORAMIC MOON ROOF, ACTIVE PARK ASST.
36 month Term, MSRP: \$51,840, \$1,999 down pymt, \$3,103 due at signing, \$17,532 total pymts. Security deposit waived Plus tax, title, license & \$645 bank fee.



LEASE
\$271* per month
for 24 Mos
2012 LINCOLN MKZ

VIN: 3LNHL2JC1CR832090, AWD, AUTO, SEDAN
MSRP: \$39,585, \$1,999 down pymt, \$2,873 due at signing, \$6,504 total pymts.
Security deposit waived Plus tax, title, license & \$645 bank fee.



LEASE
\$441* per month
for 24 Mos
2012 LINCOLN MKX

VIN: 2LMDJ8JK7CBL17869, AWD, AUTO
MSRP: \$48,005, \$1,999 down pymt, \$3,043 due at signing, \$10,584 total pymts.
Security deposit waived Plus tax, title, license & \$645 bank fee.



LEASE
\$481* per month
for 24 Mos
2012 LINCOLN MKS

VIN: 1LNHL9FTXCG803602, AWD, AUTO, SEDAN
MSRP: \$55,230, \$1,999 down pymt, \$3,083 due at signing, \$11,544 total pymts.
Security deposit waived Plus tax, title, license & \$645 bank fee.

*PLUS TAX, TITLE AND DEALER FEES. LEASE MILEAGE IS 10,500 MI/YR (ADDITIONAL MILEAGE 20¢/MI.) IMAGES FOR ILLUSTRATIVE PURPOSES ONLY. NOT RESPONSIBLE FOR TYPOS. SEE DEALER FOR DETAILS. OFFER ENDS 7/31/12.

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LEASE
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per month for 24 Mos

FWD, CD PLAYER W/6 SPEAKERS,
SYNC, ALL WHEATER MATS, 2.5L 4CYL

STK: 9209, MSRP: \$23,665, \$2,495 down pymt,
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Security deposit waived. Plus tax, title, license & \$595 bank fee.

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2012 FORD FUSION SE

STK: 7158, FWD, AUTO, MSRP: \$24,695,
\$1,999 down pymt, \$3,043 due at signing, \$12,220 total pymts.
Security deposit waived. Plus tax, title, license & \$595 bank fee.



LEASE
\$299*
per month
for 24 Mos

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2012 FORD EXPLORER XLT

STK: 8205, FWD, AUTO/FWD, MSRP: \$36,510,
\$2,495 down pymt, \$3,389 due at signing, \$10,266 total pymts.
Security deposit waived. Plus tax, title, license & \$595 bank fee.



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5 AVAILABLE AT THIS PRICE. MODEL: 11152, VIN: 920133

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UP TO 36 MONTHS

Auto, ABS, Keyless, 4-Way Adj. Front Seats, 140 HP 2L, Side Crtn Airbags, Tire Pressure Monitoring System



\$119 PER MO. LEASE FOR 39 MOS. OR BUY FOR **\$13,995**

INCLUDES \$500 CAPTIVE CASH & \$1,500 FACTORY REBATE. PROGRAM REQUIRES \$995 DOWN, \$1,114 DUE@SIGNING. MSRP: \$18,870, TT PYMTS/RES: \$4,641/\$11,888. 10 AVAILABLE AT THIS PRICE. MODEL: 12112, VIN: 735203.

2012 Nissan Altima 2.5 S

AS LOW AS
0.9% FINANCING*
UP TO 60 MONTHS

Auto, PM, PL, PB, Tilt Steering, A/S Radials, Halogen Headlights, CC, A/C, CD 2.5L 175HP



\$159 PER MO. LEASE FOR 39 MOS. OR BUY FOR **\$17,595**

INCLUDES \$500 CAPTIVE CASH & \$1,500 FACTORY REBATE. PROGRAM REQUIRES \$995 DOWN, \$1,154 DUE AT SIGNING. MSRP: \$21,350, TT PYMTS/RES: \$6,201/\$13,499. 2 AVAILABLE AT THIS PRICE. MODEL: 13112, VIN: 172710.

2012 Nissan Rogue S AWD

AS LOW AS
0.9% FINANCING*
UP TO 60 MONTHS

Auto, ABS, 4 CYL, A/C, AM/FM/CD, CC, PW, PL, PM, Tilt Steering, Traction Control & Side Curtain Airbags



\$179 PER MO. LEASE FOR 39 MOS. OR BUY FOR **\$18,995**

INCLUDES \$500 CAPTIVE CASH & \$1,000 FACTORY REBATE. PROGRAM REQUIRES \$995 DOWN, \$1,174 DUE@SIGNING. TOTAL PAYMENTS/RES: \$6,981/\$14,957, MSRP: \$22,530. 22 AVAILABLE AT THIS PRICE. MODEL: 22212, VIN: 399818

2012 Nissan Murano S

AS LOW AS
0.9% FINANCING*
UP TO 60 MONTHS

Auto, 6 CYL, Dual Air Bags, A/C, Alloys, PW, PL, ABS, CD



\$259 PER MO. LEASE FOR 39 MOS. OR BUY FOR **\$23,995**

INCLUDES \$500 CAPTIVE CASH & \$1,500 FACTORY REBATE. PROGRAM REQUIRES \$995 DOWN, \$1,254 DUE@SIGNING, TT PYMTS/RES: \$10,101/\$16,400, MSRP: \$29,610. 2 AVAILABLE AT THIS PRICE. MODEL: 23112, VIN: 103147

2012 Nissan Pathfinder S 4x4

AS LOW AS
0.9% FINANCING*
UP TO 60 MONTHS

Auto, A/C, AM/FM/CD, 3rd Row Seat, PW, PL, PM, Alloys



\$269 PER MO. LEASE FOR 39 MOS. OR BUY FOR **\$25,595**

INCLUDES \$250 CAPTIVE CASH & \$2,000 FACTORY REBATE. PROGRAM REQUIRES \$995 DOWN, \$1,264 DUE@SIGNING. MSRP: \$31,810, TT PYMTS/RES: \$10,491/\$15,587. 10 AVAILABLE AT THIS PRICE. MODEL: 25012, VIN: 601979.

2012 Nissan Maxima SV

AS LOW AS
0.9% FINANCING*
UP TO 60 MONTHS

Auto, 290 HP 3.5L V6, 18" Alloys, ABS, Sunroof, Bose Stereo, Leather, Intelligent Key, Dual Zone A/C, Push Button Ignition



\$279 PER MO. LEASE FOR 39 MOS. OR BUY FOR **\$28,995**

INCLUDES \$500 CAPTIVE CASH AND \$2,000 FACTORY REBATE. PROGRAM REQUIRES \$995 DOWN, \$1,274 DUE@SIGNING, TT PYMTS/RES: \$10,881/\$18,409, MSRP: \$33,025. 10 AVAILABLE AT THIS PRICE. MODEL: 16212, VIN: 851343.

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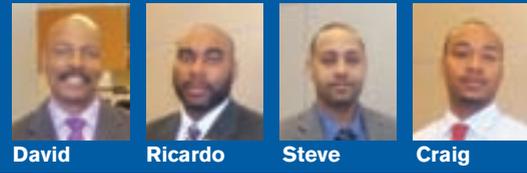


†With scheduled maintenance. *0% financing available in lieu of rebates. All offers subject to dealer primary lender approval. Must present ad to receive special financing. No prior deals applicable. Closed end lease. Lease includes 10k miles/year. Lessee responsible for excess wear/tear/maintenance and mileage (\$0.15/addtl mile). All offers: Prices include all costs except tax, tags & DMV fees. All rebates/incentives to dealer and subject to tax. Must present this ad to receive special offer. Advertised offers cannot be combined with any other discount/special. Offers expire 7/30/12. Consumer Affairs Lic.: 884799 FID: 7054638.



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 Model#13012, VIN#255769, Auto, 4 cyl, p/str/ b/l/w, a/c, MSRP \$21,350, **Only \$895 due at signing.**
\$109 Security Deposit
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ROGUE S
 Model#22212, VIN#714436, Auto, 4 cyl, p/str/ b/l/w, a/c, AWD, MSRP \$22,775, **Only \$895 due at signing.**
\$169 Security Deposit
 \$0 Down Payment
 \$0 First Month
 Per Mo. 39 mos*
 12k miles per year included
One or More at This Price



0% APR
\$20,499
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Plus Receive an Additional \$1000 Instant Dealer Rebate **LIMITED TIME**

NEW 2012 NISSAN LEASE FOR
MAXIMA S
 Model#16112, VIN#808065, Auto, 6 cyl, p/str/ b/l/w, a/c, MSRP \$30,430, **Only \$895 due at signing.**
\$239 Security Deposit
 \$0 Down Payment
 \$0 First Month
 Per Mo. 39 mos*
 12k miles per year included
One or More at This Price



0% APR
\$27,995
 Buy For

Plus Receive an Additional \$1000 Instant Dealer Rebate **LIMITED TIME**

NEW 2012 NISSAN LEASE FOR
MURANO
 Model#23112, VIN#108467, Auto, 6 cyl, p/str/ b/l/w, a/c, FWD, MSRP \$30,430, **Only \$895 due at signing.**
\$249 Security Deposit
 \$0 Down Payment
 \$0 First Month
 Per Mo. 39 mos*
 12k miles per year included
One or More at This Price



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\$25,699
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1.8 liters, VVT-i, 134 hp, pwr steer/wdws/lks/seat/moonroof, a/c, leather, Prem Sound, CD player, Bluetooth, MSRP \$32,908.

LEASE FOR
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PerMo. 27 Mos. \$2950 Down



Brand New 2012 **ES350**

3.5 liter V6, 6 speed auto, pwr str/ wdws/lks/seat, a/c, moonroof, 17" alloys, leather, Prem Sound, CD changer, Bluetooth, MSRP \$39,047.

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\$359

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NEW 2012 TOYOTA PRIUS PLUG IN

Auto, Air, Power Windows, Power Locks, AM/FM, Keyless Lease Per Mo

\$379

36 mo. lease, \$2399 due at inception, plus tax, title, registration and \$650 bank fee. No security deposit required. With excellent credit (720 score). 12k mi. per year, 15c each additional mi.



It's Here... The All New 2012 TOYOTA PRIUS C

53/46
City/Hwy MPG!

\$500
Toyota
Customer Cash



New 2012 Toyota COROLLA
Auto, Air, Dual Airbags, AM/FM/CD

Buy For **\$15,888**

\$149*
Lease an LE

36 mo. lease, \$1999 due at inception, plus tax, title, registration and \$650 bank fee. No security deposit required. With excellent credit (720 score). 12k mi. per year, 15c each additional mi.

\$750
Toyota
Customer Cash



New 2012 Toyota RAV4
FWD, Auto, 4 Cyl., Air, PW/L, AM/FM, Keyless

Buy a new 2011 for **\$20,488**

\$189*
Lease a 4WD for

36 mo. lease, \$2399 due at inception, plus tax, title, registration and \$650 bank fee. No security deposit required. With excellent credit (720 score). 12k mi. per year, 15c each additional mi.

1.9% APR
FINANCING

Up to 60 months with 60 monthly payments of \$16.69 per \$1000 borrowed. \$0 down w/excellent credit (tier 1). May affect final selling price.



New 2012 Toyota CAMRY LE
Auto Air, Dual Airbags, AM/FM, Split Fold Rear Seats

Buy an L for **\$19,688**

\$199*
Lease for

\$750 Toyota Lease Loyalty Rebate

36 mo. lease, \$1999 due at inception, plus tax, title, registration and \$650 bank fee. No security deposit required. With excellent credit (720 score). 12k mi. per year, 15c each additional mi.

0% APR FINANCING ON 8 MODELS!

Up to 36 mos. on new 2012 Corolla, Prius Plug-in, Avalon & Sienna 60 mos. on new 2012 Venza, Rav4, Highlander & Tundra. *0 down w/excellent credit (tier 1).

\$750
Toyota
Customer Cash



New 2012 Toyota HIGHLANDER
FWD, 4 Cyl., Auto, Air, P/W/L, AM/FM, Keyless

Buy For **\$26,998**

\$259*
Lease for

4x4, 6 Cylinder

36 mo. lease, \$2999 due at inception, plus tax, title, registration and \$650 bank fee. No security deposit required. With excellent credit (720 score). 12k mi. per year, 15c each additional mi.

Auto, 4 Cyl., Air Conditioning, P/W/L, AM/FM, Bluetooth, Keyless Entry



New 2012 Toyota SIENNA

Buy For **\$25,998**

\$279*
Lease an LE for

36 mo. lease, \$2999 due at inception, plus tax, title, registration and \$650 bank fee. No security deposit required. With excellent credit (720 score). 12k mi. per year, 15c each additional mi.

Automatic, Air Conditioning, Power W/L, AM/FM, Keyless Entry



Brand New 2012 Toyota PRIUS 2 HYBRID

Buy For **\$22,498**

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On New 2012 Corolla & RAV4 leases only. \$1000 rebate with new Toyota Corolla purchase or lease from now til 1/2/13. Plus additional \$1000 lease bonus cash provided by New York region between now and 7/31/12. Must have graduated within the past 2 years or will within next 6 mos. Cannot combine with Toyota lease cash. Exp. 7/31/12



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Auto, Air, 57k mi, #UT38693T



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ALTIMA
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Auto, Air, 84k mi, #UT38512T



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CIVIC CPE
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FOCUS
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Auto, Air, PW/PL, Alloys, 21k mi, #UT38442T



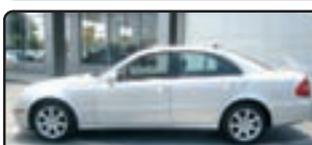
2009 SCION
XD
Buy For **\$12,988**

Auto, Air, 24k mi, #UT38699T



2009 HONDA
CIVIC EX CPE
Buy For **\$13,988**

5Spd, Air, S/R, Alloys, 12k mi, #UT38521T



2008 MERCEDES-BENZ
E350
Buy For **\$26,988**

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0% APR FINANCING

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35 MPG HWY



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Auto, Air, 29k mi, #UT384040

31 MPG HWY



2007 TOYOTA
PRIUS
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Auto, Air, PW/PL, 66k mi, #UT38635I



2008 TOYOTA
HIGHLANDER
Buy For **\$16,988**

V6, Auto, Air, PW/PL, 69k mi, #UT38540T



2006 TOYOTA
AVALON LTD.
Buy For **\$17,988**

Auto, Air, Lthr, S/R, NAV, 23k mi, #UT38583T

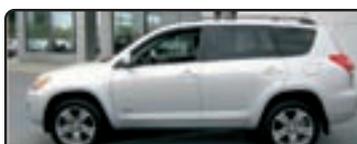


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\$18,988

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V6, Auto, Air, Alloys, S/R, 31k mi, #UT38236I



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Auto, Air, All Pwr, Alloys, 36k mi, #UT385680



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Improve vision for a safe ride

As the motor vehicle industry continues to evolve, the emphasis drivers and manufacturers place on safety continues to increase. But even though technological advancements have vastly improved driver safety, accidents still happen.

One of the more concerning trends with regards to traffic accidents is when they occur. In spite of the fact that there are five times as many motorists during the day, statistics indicate that one-third of all accidents and roughly half of all traffic fatalities occur at night. Though that might seem counterintuitive, this peculiarity can largely be traced to a driver's visual acuity, which is reduced by 70 percent at night. Simply put, the human eye is not adapted for nocturnal vision, so drivers must take steps to improve their vision and visibility within their vehicle. The following are just a few of the ways drivers can do just that.



Replace headlight bulbs every two years

Addressing automobile lighting is one of the most underperformed vehicle maintenance tasks. In fact, many drivers do not even consider replacing their headlight bulb until it fails. But as a bulb ages, its light output is drastically reduced by a host of factors, including humidity, electrical resistance, and filament fatigue. Industry experts recommend replacing headlight bulbs every two years, and motorists should add bulb inspection or replacement to their list of routine maintenance tasks.

Inspect and replace wiper blades when necessary

Similar to headlight bulbs, wiper blades are often overlooked when it comes to vehicle maintenance. But many motorists would be shocked to discover that industry experts recommend wiper blades be replaced at the

Experts recommend replacing headlight bulbs every two years, and motorists should add bulb inspection or replacement to their list of routine maintenance tasks.

change of each season or on three month intervals. That's because the longer a wiper blade is on the vehicle, the more brittle and ineffective it becomes, putting drivers and passengers at risk. Drivers can also purchase inexpensive treatments designed to make the rubber more pliable and extend the life of the wipers. In addition, when inspecting or replacing wiper blades, top off the windshield washer fluid as a precautionary measure.

Install daytime running lights

While many drivers will admit to having trouble driving at night, just as many, if not more, might also concede they struggle with visibility at dusk or even during the day. But daytime driving lights operate whenever the vehicle is moving, helping to increase visibility during the day and at dusk.

Clean interior glass and mirrors

Another way to improve visibility is to clean interior glass to remove any film buildup that can reduce vision and create a hazy reflection from the sun. This is especially important for motorists who smoke in the car, as this film is typically thicker. When addressing interior glass, take the time to adjust all side and rearview mirrors properly to cover all of the views around the car, especially the blind spots.

The human eye is not adapted for nocturnal vision, so drivers must take steps to improve their vision and visibility within their vehicle.

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A long, monotonous trip could induce a condition called highway hypnosis.

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Highway hypnosis can be dangerous

Road trips are a popular getaway once the weather warms up. People take to the roads in droves, whether for vacations or simply to enjoy the scenery along the way. With more people on the highways, there could be a heightened risk of accidents for a number of reasons.

Though road rage, driving while intoxicated, and other road dangers are well documented, many people do not know about something called highway hypnosis — which could be responsible for erratic driving on roadways.

Think about a time when you were behind the wheel of a car on a long stretch of road, such as an interstate. Perhaps you lost track of the exits you passed or wondered how you ended up in a particular location when you don't remember getting there. Maybe you actually fell asleep or drifted off of the road.

According to the U.S. Department of Transportation's Federal Highway Administration, the main cause of roadway departure crashes is driver drowsiness and inattention. Driver fatigue is often caused by highway hypnosis.

Highway hypnosis, also known as "white line fever," occurs when someone has been driving a vehicle along a long stretch of roadway for an extended period of time. The monotony of a long drive can induce sleepiness or forgetfulness. It can lull the brain into a sort of trance, and the body is essentially operating on auto pilot while the mind is off somewhere else. Highway hypnosis is most common during the late-night hours when the time of day also plays a role in drowsiness.

The concept of highway hypnosis is nothing new. In fact, engineers who created the Indiana Toll Road in 1957 designed

curves every two miles on average to allow for a variation in the road conditions. Many other roadways are built with rumble strips or other variations in the scenery to reduce the monotony of the road.

Highway hypnosis occurs more than people would like to believe. However,

If you are still unable to fend off feelings of drowsiness or some of the other symptoms of hypnosis, pull over and take a long rest.

- there are ways to help prevent it.
- Take frequent rests on a long trip to stretch your legs and get some fresh air.
 - Try not to drive during the hours that you are normally sleeping.
 - Bring a road trip partner along and make conversation.
 - Don't eat a big meal before beginning a long car ride.
 - Open the windows and get circulation going.
 - Keep your eyes moving between your mirrors and the road to improve conscious thought.
 - If you are still unable to fend off feelings of drowsiness or some of the other symptoms of hypnosis, pull over and take a long rest until you feel more capable to drive.

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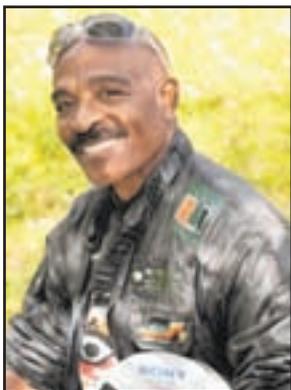
ENTERTAINMENT

Ice Age: Continental Drift is a frenetic, attention-deficit adventure apt to enthrall tykes at the expense of appealing to other demographics'
 Kam Williams – Page 43

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Film features Minshall's genius

It is the only film about a man from a tiny Caribbean island who reached 80 percent of the planet in a single night. And it premieres at 7:00 p.m., Tuesday, Aug. 7, at Art of Brooklyn Film Festival (Aug. 4-12), St. Francis College, downtown Brooklyn.



Independent filmmaker Dalton Narine.

Photo courtesy of Callaloo Co.

“Mas Man - The Complete Work,” produced and directed by Dalton James Narine, explores Peter Minshall’s leap from designer in the Trinidad Carnival to an artistic director of the opening ceremonies for three Olympics games, based on his knack for “making what is small seem big in the open space of an Olympic stadium,” according to Hollywood producer Don Mischer, who worked with Minshall in the Atlanta and Salt Lake City Games in 1996 and 2002, respectively.

pioneered nighttime opening ceremonies, and was the first director to develop a story around the host country’s culture.

Olympic producers found Minshall’s genius for staging grand spectacles in the Trinidad Carnival, where his themes usually play on good and evil. The inclination for

Continued on next page

Free Friday Family Jam Series at BCM

Summer fun continues with the 2012 Free Friday Family Jam Series schedule (each Friday through Aug. 26) at the Brooklyn Children’s Museum.

p.m.

There will be five more action packed Fridays (through Aug. 26) this summer, when admission to the Museum will be free from 5:00 p.m. to 7:30 p.m. with exciting performances on the Museum’s rooftop each week.

The museum is located at 145 Brooklyn Ave. (at St. Marks Avenue), Brooklyn.

Boasting more than 25 years of free-admission evenings featuring music, dance, programs, exhibits, and family fun for kids, parents, grandparents, and friends, this year’s Free Friday Family Jam Series promises to be unforgettable! Admission is free for all visitors after 5:00

This year’s Free Friday Family Jam Series is made possible, in part, with public funds from the New York Department of Cultural Affairs in partnership with the New City Council in addition to the New York State

Continued on next page

SUMMER SATURDAZE



Afro-Latino entertainers kick off East N.Y. festival

Partner dancing with Danza Fiesta ratcheted up the energy level to a fevered pitch.

By Tequila Minsky

Thanks to the continuing programs of Arts East New York, the neighborhood at the far end of the #3 train now enjoys all sorts of arts opportunities, year round.

Again this summer, from 12:00

noon-2:00 p.m. every Saturday throughout July and August, Arts East New York is hosting the free eight-week Summer Saturdaze series of cultural events for East New York residents, friends, family and other culture vultures.

A stage is set up on Schenck Ave. between Livonia and New Lots avenues at the East New York Farms farmers market with many folding seats for the audience comfort. Schenck is near the #3, New Lots

Continued on next page

TOP OF THE CHARTS

TOP 10 SINGLES



- 1 Payphone**
Maroon 5 Feat. Wiz Khalifa
- 2 Call Me Maybe**
Carly Rae Jepsen
- 3 Where Have You Been**
Rihanna
- 4 Somebody That I Used to Know**
Gotye Feat. Kimbra
- 5 Wide Awake**
Katy Perry
- 6 Lights**
Ellie Goulding
- 7 Scream**
Usher
- 8 Starships**
Nicki Minaj
- 9 We Are Young**
Fun. Feat. Janelle Monae
- 10 What Makes You Beautiful**
One Direction

TOP 10 ALBUMS



- 1 Uncaged**
Zac Brown Band
- 2 channel ORANGE**
Frank Ocean
- 3 Teenage Dream**
Katy Perry
- 4 Overexposed**
Maroon 5
- 5 Fortune**
Chris Brown
- 6 Up All Night**
One Direction
- 7 Living Things**
Linkin Park
- 8 Tailgates & Tanlines**
Luke Bryan
- 9 Some Nights**
fun.
- 10 You Get What You Give**
Zac Brown Band

Presented by
verizon wireless

East New York arts festival

Continued from previous page stop.

This summer's themed programs are: July 21 – multi-cultural artists from across the globe with the International Celebration, July 28 – dancers from East New York with the Extreme Dance as well as a teen poetry slam with the Spoken Word Competition. On Aug. 4, neighbors are encouraged to wear costumes – prizes awarded for the best – as Caribbean talent celebrates carnival.

Aug. 11's Urban Gumbo will incorporate what you have when you mix a little tap dancing, sprinkle some spoken word, and add a dash of contemporary dance and a drop of theater on the side. On Aug. 18, a model competition with prizes will be part of East NY's Next Top Model and a Michael Jackson Celebration on Aug. 25 finishes up the season.

On the hottest day of the year, the series kicked off with an Afro Latino celebration-paying tribute to the strong cultural heritage shared by the two communities. Held at the New Lots Triangle Plaza at the foot of the #3 line, five groups drew an audience who sat in a tented refuge from the sun to enjoy an amazing array of dance and musical talent.



One of the masked dancers of Danza Fiesta performing during the Summer Saturdaze kickoff. Photo by Tequila Minsky

Danza Fiesta created a huge party on stage and stole the show with energetic partner dancing to their troupe's singing and talented percussionists. Always interacting with the audience, performers asked for participants – and there were many not shy – to join, on stage, for a mini dance lesson to the drum. Finishing up their act, four dancers in costumes with huge masks twirled onto the scene to complete the Fiesta theme.

Youth and children danc-

ing from the Brooklyn-based Purelements dance program started off the afternoon. A brief adaptation. All the dancers who regularly dance barefooted were forced to don their shoes; the stage was too hot.

Jazz and tap performances from Dance Atlantic followed. The music group Sheps Hotep played jazz with ballaphones, percussion, and sax and the showcased Queens of Fela, women dancers from the Broadway play, performed.

Film about Peter Minshall

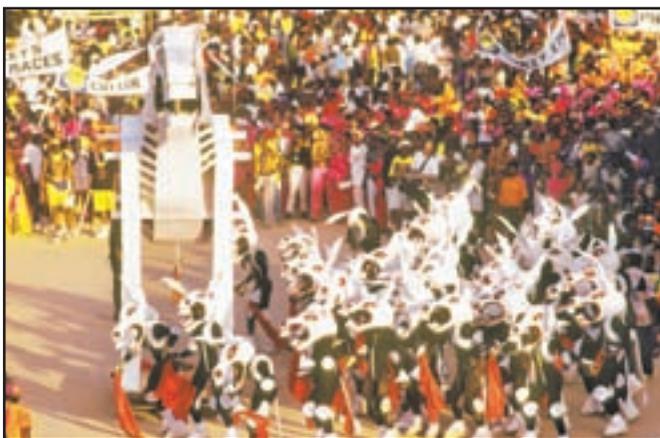
Continued from previous page

his largely abstract portrayals is to remind audiences about man's incompleteness. Who we were, what we've become and why we haven't changed. His overarching theme is The Seven Deadly Sins, and his stage is "the Mas," which he brings to the streets as theatre way beyond the horizon of masquerade.

"A designer chooses the two dominant characters on earth," Narine says, "and dresses them up in costumes year after year so people can watch themselves from an ant's-eye, polychromatic view to see who's winning, even though they know how it always turns out - and there's the rub."

A visual example of Minshall's message as well as a synopsis and photo gallery are available at www.masmanthemovie.com

The reconceived and recon-



Peter Minshall employs the traditional Carnival art of wire-bending to craft headpieces for his 1993 presentation, "Donkey Derby." Photo courtesy of Callaloo Co./Mark Lyndersay

figured "Mas Man - The Complete Work" (89 min.) is the final cut of "Mas Man" (58 min.), the short documentary that won eight awards. As a work in progress, it received honors at festivals in New York, Los Angeles, Las Vegas, Chagrin

Falls and Columbus, Ohio; South Africa, Indonesia and Trinidad and Tobago. A rough cut (58 min.) had screenings in 2010 at Medgar Evers College in Brooklyn, and Gramercy Park Historic District.

Courtesy Dalton Narine:



Heritage OP.

Photo courtesy of Brooklyn Children's Museum

Jam series

Continued from previous page

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AUG. 3

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AUG. 10

BURDETSKY FAMILY CIRCUS
6:30 - 7:15 p.m. All Ages

AUG. 17

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All Ages

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Bus: B43 or B44 to St. Mark's Avenue; or B25, B45, or B65 to Brooklyn Avenue.

Contact: Call (718) 735-4400 or visit www.brooklynkids.org for more information
Admission: \$7.50 per person. Museum members and children under 1 free.

All programs during normal Museum hours are free with Museum admission. All programs subject to possible delay, substitution, or cancellation.

A frenetic animated adventure for tykes

"Ice Age: Continental Drift"
Fair (1 star)
Rated PG for rude humor,
action and scenes of peril
Running time: 94 minutes
Distributor:
20th Century Fox

Besides an unfocused, scatterbrained storyline, Ice Age 4 features a plethora of preposterous anachronisms, which suggest that pirates, togas and telephones existed in an age of prehistoric creatures. Plus, the picture makes several distracting allusions to everything from the movie "Meet the Parents" ("Why do males have nipples?") to Trix cereal TV commercials ("Silly Rabbit!") to Homer's "Odyssey" (seductive Sirens as characters) to the "Bible" (Book of Jonah).

The upshot is a frenetic, attention-deficit adventure apt to enthrall tykes at the expense of appealing to other demographics. In addition to the principals reprising their roles, noteworthy newcomers to the voice cast include Jennifer Lopez, Drake,



Scene from "Ice Age: Continental Drift."

Wanda Sykes, Joy Behar, Peter Dinklage, Nicki Minaj and Keke Palmer.

The fun starts when half-squirrel/half-rat Scrat (Chris Wedge) accidentally triggers the continental divide of the planet while

trying to bury an acorn in the frozen tundra. Elsewhere, Woolly mammoths Manny (Ray Romano) and his wife, Ellie (Queen Latifah), exhibit concern about their daughter Peaches' (Palmer) having developed a crush on bad

boy Ethan (Drake). Meanwhile, the smitten teen rides roughshod over the feelings of a secret admirer (Josh Gad) she barely recognizes since he's just a nerdy molehog.

Additional subplots involve sloth Sid's (John Leguizamo) having to care for his sassy grandmother (Sykes) and, later, Saber-toothed tiger Diego's (Denis Leary) pursuit of a love interest (Lopez). However, the film's primary concern is reuniting families left separated from each other on different land masses in the wake of Scrat's cataclysmic hijinks.

Too bad the resolution of every piece of this cinematic jigsaw puzzle proves predictable. Sad to see a once-beloved franchise jump the prehistoric shark.

Independent & Foreign Films

Ai Weiwei: Never Sorry (R for profanity) Bamboo Curtain biopic about Beijing contemporary artist/political activist Ai Weiwei, a controversial democracy and human rights advocate who has been censored for publicly criticizing the Chinese government. Includes appearances by Dangling Chen, Ying Gao and Changwei Gu. (In English and Mandarin with subtitles)

Big Boys Gone Bananas (Unrated) Free speech documentary about the legal battle mounted by the Dole Corporation to prevent a pair of filmmakers from airing an expose' they made about the company's poisoning of Nicaraguan farm workers. With Alex Rivera, Alfonso Allende, Arvid Jurjaks and Bernt Hermele. (In English and Swedish with subtitles)

Falling Overnight (Unrated) Bittersweet love story about a 22-year-old cancer patient (Parker Croft) who shares a one-night stand with a pretty photographer (Emilia Zoryan) the day before he's scheduled for brain surgery. Cast includes Jake Olson, Elizabeth Levin and Bubba Ganter.

Killer Joe (NC-17 for nudity, brutality, graphic sexuality and disturbing violence) Oscar-winner



Kam's Kapsules

By Kam Williams

William Friedkin (for *The French Connection*) directs this screen adaptation of Tracy Letts' play of the same name about a cash-strapped gambler (Emile Hirsch) indebted to the mob who hires a cop (Matthew McConaughey) to murder his mother for her life insurance. With Gina Gershon, Juno Temple and Thomas Haden Church.

Klown (R for profanity, drug use, frontal nudity and graphic sexuality) Unlikely buddy comedy about a daddy-to-be (Frank Hvam) who takes his pregnant fiancée's (Mia Lyhne) 12 year-old nephew (Marcuz Jess Petersen) on a wild canoe trip to prove himself ready for fatherhood. Featuring Casper Christensen, Mads Lisby and Tina Bilsbo. (In Danish with subtitles)

The Lion of Judah (PG for mature themes) Faith-based animated adventure about the attempt of a brave lamb (Georgina Cordova) along with his stable mates to avoid the sacrificial altar at Easter time. Voice cast includes Michael Madsen (Virginia's brother), Scott Eastwood (Clint's son),

Omar Benson Miller and the late Ernest Borgnine.

Planet of Snail (Unrated) Endearing documentary chronicling the day-to-day struggle to survive of deaf and blind Young-Chan and his wife, Soon-ho, who suffers from a debilitating spinal disease. (In Korean with subtitles)

Rites of Spring (Unrated) Payback horror flick about a gang of kidnapers whose plan to kidnap the daughter of a wealthy businessman goes horribly wrong when they have the tables turned on them by a relentless killing machine. Principal cast includes AJ Bowen, Anessa Ramsey, Marco St. John and Hannah Bryan.

Ruby Sparks (R for profanity, sexual references and drug use) Mind-over-matter romantic comedy about a lonely novelist with writer's block (Paul Dano) who magically materializes the perfect mate for himself by willing one of his character (Zoe Kazan) to life. With Antonio Banderas, Annette Bening, Elliott Gould and Steve Coogan. (In English and French with subtitles)

Sacrifice (Unrated) Screen

adaptation of the play "The Orphan of Zhao," a historical drama, set in ancient China, about the sole survivor (Zhao Wenhau) of a massacre who is raised like a son by an embittered doctor (Ge You) and trained

to avenge the murder of their entire clan. With Xueqi Wang, Bingbing Fan and Xiaoming Huang. (In Mandarin with subtitles)

Searching for Sugar Man (Unrated) Flash in the pan documentary about a cou-

ple of diehard fans from South Africa who embark on a search for the whereabouts of Sixto Rodriguez, a one-hit wonder from Detroit remembered for the 1967 single, "I'll Slip Away."

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Across

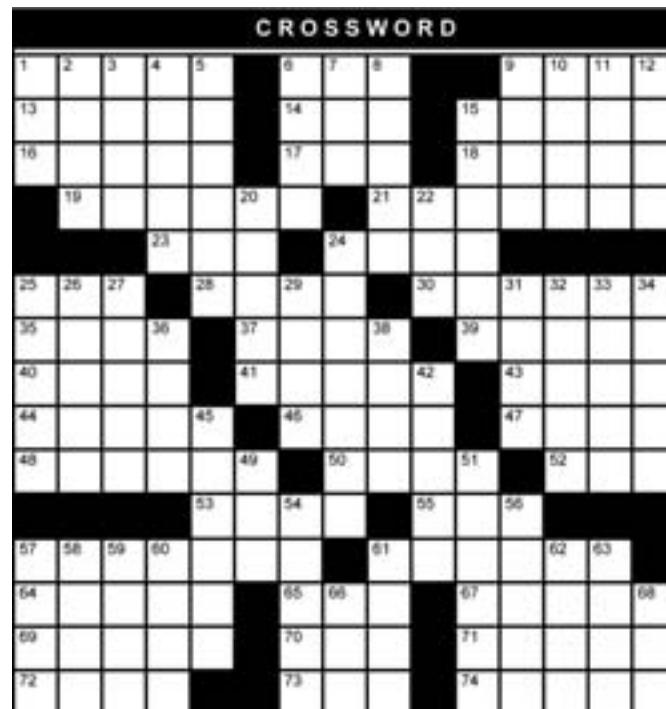
1. Rushed
6. Church seat
9. *Paddington Bear's homeland
13. Convex molding
14. Popular activity at Heavenly in CA
15. "Harold & _____ Go to White Castle"
16. Army aid
17. Precedes senator
18. Circular gasket
19. Drum sound
21. *Willy Wonka's heir
23. Longest division of geological time
24. *Pinocchio dreamed of becoming this type of boy
25. He floated like a butterfly?
28. Network of intersecting nerves
30. Middle Eastern confection
35. *Like boys that lived in Neverland
37. Lacking sensation
39. "_____ the day"
40. International Civil Aviation Organization
41. Attempts
43. Small ladies' handbag
44. Deep opening
46. To strike a piece of stone sharply
47. Deep-red variety of chalcedony
48. Stay clear of
50. Clobber

52. Big Island flower necklace
53. Of the highest quality
55. 2000 lbs.
57. *Flying nanny
61. *Aunt Polly's wayward nephew
64. Fully informed
65. Type of brew
67. County across Golden Gate Bridge
69. A pariah avoided by others
70. "To Kill a Mockingbird" author
71. "_____ and well"
72. A cold _____ of weather
73. "_____s the word"
74. Having no cover

Down

1. Read-only storage
2. Affirm
3. Musical finale
4. Like last eight in college basketball
5. *Dolittle's title
6. Attention grabber
7. Increase
8. Make face in pain
9. Make like a cat
10. *Astrid Lindgren's "_____ of Lonneberga"
11. Raja's wife
12. Strong desire
15. Eucalyptus-loving marsupials

20. Beside, archaic
22. Exclamation of suspicion
24. What prompter does
25. *She followed the white rabbit
26. Lakes in Scotland
27. Asimov or Mizrahi, e.g.
29. Syrian neighbor
31. Plural of #70 Across
32. _____ signs
33. Light shade of blue
34. *Girl from the Swiss Alps
36. Comedy Central's "_____O"
38. *Corduroy, e.g.
42. Phlegms
45. Strong point
49. Who _____ the prize?
51. *Robin Hood or Eragon, e.g.
54. Bible song
56. African antelope
57. *Toot and Puddle or Frog and Toad, e.g.
58. **_____ & Mzee: The True Story of a Remarkable Friendship"
59. *Bear with the biggest chair
60. Pre-college school
61. Appear
62. Viking name
63. Tear violently
66. Romanian money
68. Flanders of "The Simpsons"



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'Windies players must not be complacent and the focus must be to win and win big.'

- George H. Whyte Page 47

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Summer League

By Robert Elkin

ElmCor Youth and Adult Center, an indoor facility, is a very popular venue located on Northern Boulevard between 107th and 108th Streets, a short distance from Citi Field, home of the New York Mets.

However, ElmCor every year used the PS 127 site for its outdoor summer basketball league. However, for this year the outdoor facility has been moved to the ElmCor Center indoors during the week and to St. Michael's Park in Jackson Heights on weekends. All this moving around has been caused by construction during the summer of the PS 127 Parks Department facility.

During the hottest months of the year, action in its hoop circuit in various age classifications is coming to a close with playoffs and championship games in August.

William Mayers who has been at ElmCor since 2003 is its recreation coordinator. He also coaches teams.

Mayers played his basketball at Flushing High School. His father was a soccer player on the island of Dominica, in the Caribbean, and also in Puerto Rico during his time of indulging in sports.

His father did not understand basketball but tried to talk to William about soccer;

Continued on next page

Bolt ready for comeback

By Azad Ali

Sprint double world- record holder Usain Bolt is unfazed after his two defeats in three days recently at the Jamaica Olympic trials, after being beaten by his training partner Yohan Blake.

Before this, the 25-year-old had not been beaten twice in four years but left the Jamaica Olympic trials twice faltering at the hands of Blake.

As is customary, Bolt remained positive ahead of the London Olympics starting later this month and was adamant he could turn around his form in time.

"I'm the Olympic champion. I have to

Continued on next page



EU-U.S. SOCCER MEET

Chelsea, PSG tie in exciting match

Paris Saint-Germain's Maxwell, right, and Chelsea FC's Romelu Lukaku go for the ball during the second half of their soccer match at Yankee Stadium in New York, Sunday, July 22, 2012. The game ended in a 1-1 draw.

By Patrick Horne

Several of the world's top soccer clubs from across the Atlantic are on U.S. soil preparing for their upcoming seasons. England's Chelsea and Liverpool soccer clubs, France's Paris Saint Germain (PSG), Celtic from Scotland, Santos Laguna of

Mexico, Real Madrid from Spain and Italy's Roma and AC Milan are all part of the 2012 Herbalife World Football (Soccer) Challenge.

The invasion includes more than 10 games among the teams and versus MLS clubs and an MLS All-Star line-up, staged

mostly in baseball stadiums across the country.

One of the games on the schedule pitted Chelsea - which won the prestigious 2012 European Champions League and English FA Cup trophies - versus PSG last Sunday

Continued on next page

USAIN BOLT READY FOR COMEBACK

Continued from previous page

show the world I'm the best. I can come back," he said.

"It's not like I was blown away or anything. So now, I know what I need to do to get it right," Bolt said.

Blake stunned Bolt for the first time earlier this month, clocking a world-best 19.75 seconds to win the 100 meters.

Bolt recovered from a poor start to finish second in 9.86 seconds.

Blake, the 100 meters World Champion returned two days after to shock Bolt for the second time, clocking another world-leading time of 19.80 seconds to win the 200 meters.]

Bolt was relegated to second in 1983. He remains the favorite going into the London games but sports commentators are already eyeing Blake as the man who could make headlines at the July 27 to Aug. 12 showpiece. Bolt said he would not be changing his preparation.



World record holder
Usain Bolt.

AP Photo/Collin Reid

Summer League attracts crowds

Continued from previous page

however, the latter sport just did not work for him.

Getting back to the present summer league, the games have been going very well, according to the Corona resident.

"Indoors we have a Pro League on Mondays and a High School division on Wednesday evenings," said Will. "So far they have been very competitive with some exciting games."

In one case, last week, there were two scheduled games for one night, but a terrible rain and thunder storm coupled with lightning forced the postponement of action.

"Since we had a water leak in the gym, we had to postpone the games," he added. "We (the players) waited around and were looking forward to play them. We were disappointed that we couldn't play."

In this competitive league, some of the teams are sponsored. Some of the sponsors include Rennissance, Positive Direction, Riverside Hawks and ElmCor, with many players looking very good-the upcoming and stars of the future.

"Usually we get a decent crowd depending on the weather," Mayers

recently said."The summer time gives a good chance for the high school players to continue to play and get experience competing on a high level. We work hard and practice with drills."

"During the summer we have the best coach in AAU history in Will," said Mohammed Shuaid. "We have great competition out here."

Gregory Paros, who also attends Bryant High School, feels that the boys play with good competition and the team has a good coach.

"We come here every day," Paros added. "We practice with the weights as they help us better play together as a team."

Summer ball prepares these players for the high school season. It's the toughness that counts in this 18 and under league. When these players return to school, they seem to get tougher than they were over the previous year.

Players come from all over the metropolitan area, and for the most part they come in teams. They had played together on the same team as before.

The ElmCor League teams have regular coaches, who are not affiliated with any high school varsity squads.

Take Lindsey Brooks, who coaches a team in the high school or 18 and under division in the circuit, for example. He is helping out by giving 'something back to the community,' which he has been doing for the past 30 years.

Brooks, who attended Boys High School in Brooklyn, had one of the greatest experiences that he has ever had in coaching; for he did not even play varsity basketball while at Boys High.

"I like to give something to these young men that they can take with them," he said. When I coach kids I have to be some kind of guardian, mentor and professor..."

Meanwhile, the Pro Division comprises an unlimited group of young men who are former professionals and men who aspire to be pros. James Ryan is a coach in the league.

He has many good connections with good players who played for the Wizzards and Harlem Globetrotters. The Pro Division uses a 24-second clock. It's a pro atmosphere. There are six teams in this division and eight in the high school league for 18 and under. Seating capacity is about 900.

EU-U.S. meet

Continued from previous page

night at Yankee Stadium in the Bronx. A crowd of 38,202 soccer fans turned out for what was a very exciting 1-1 draw as Yankee Stadium's surface was transformed from its usual baseball dimensions to those that featured the rectangular lines that inspire soccer enthusiasts.

PSG struck first in the game through Nene in the 30th minute with Chelsea answering in the 82nd through Lucas Piazon, a new signee from Brazil. The Chelsea goal came on a splendid combination play between Ramires and Piazon, who picked up the ball at midfield, found Ramires streaming down the right wing; Piazon continued his run and got Ramires' return pass in the 18-yard box and side-footed the ball first-time into the net.

Piazon won the man-of-the-match award for creating the equalizer, which was a fitting end to the highly technical and well-played soccer game.

Chelsea, which was scheduled to play the MLS All-stars at PPL Park near Philadelphia last Wednesday night, was involved another very exciting match with its 4-2 win over the Seattle Sounders in a sell-out crowd of over 40,000 fans; Liverpool FC and Toronto FC also played to a sell-out crowd in Toronto last Saturday in an exciting 1-1 draw.

The idea of these world class clubs coming to the U. S. for pre-season training is recognition by the worldwide soccer establishment that the sport has arrived here; it's recognition that American fans know and appreciate the game and the world's best clubs; it is recognition of the first class facilities here and an acceptance of the U. S. as an emerging world soccer power and the potential of MLS (Major League Soccer) to be a top-class league in the very near future.

Yankee Stadium is no stranger to hosting international soccer matches. I frequented the old Yankee Stadium in the 1960s to watch the home team New York Generals play in the American Soccer League, a league that predated the now defunct NASL (North American Soccer League). In those days, the afternoon event would feature a doubleheader involving the ASL teams then a feature clash between foreign clubs.

One such classic event I witnessed in 1968 pitted Pele and Santos FC of Brazil against Portugal's Benfica FC, featuring the dominant Eusebio; the first game of the doubleheader was the New York Generals versus the Washington Darts in an ASL matchup. In 1968, Pele and Eusebio were considered the two best players in the world - No. 1 and No. 2 respectively - and the crowd came out. The old Yankee Stadium, a smaller version of its present namesake, the home of the New York Yankees of Major League Baseball, hosted regular sell-outs for soccer matches in the '60s.

Among other stadiums hosting World Challenge games in the next three weeks are Sun Life Stadium (Miami Florida), which will host Chelsea versus AC Milan on Saturday, July 28; Sam Boyd Stadium (Las Vegas, Nevada), which will entertain Real Madrid and Santo Laguna on Sunday, Aug. 5; and RFK Stadium (Washington, DC), where PSG will take on DC United on Saturday, July 28.

Coach Gibson must modify his approach

Too many complaints have been coming from players in the West Indies squad about the manner in which Head Coach Ottis Gibson communicates and directs the coaching sessions.



Eyes on Cricket

By George H. Whyte

Every player has a unique style in batting or bowling and when flaws are observed, the head coach should hold a meeting with the individual and advise the player of his findings. Such a meeting between coach and player should help the professional relationship remains smooth. The head coach must create a comfort zone for all players to have a civil conversation with him.

Bravo And Edwards Dropped From Windies

Darren Bravo and Kirk Edwards were not included in the West Indies squad of 13 that were named by the selectors for the first Test match against New Zealand at the Vivian Richards Cricket Ground in Antigua.

Both Bravo and Edwards did not bat well in England and it appears

that the West Indies selectors are looking elsewhere.

Kieron Powell has shown his talent and he has a stubborn stature. He seems to be learning from each game. More than likely, he will fill the number three batting spot since Chris Gayle and Adrian Barath have returned to the team.

Darren Bravo Will Be Back With Flying Colors

Bravo will be back in the West Indies squad after he accomplishes some changes to his batting techniques. He is a fine player but he has lapses in his batting. Young players always go through a bad patch and that is time for them to do their research and return stronger and better. Some areas that Bravo have to work on are shot selection and better movement of his feet.

As a left-hander coming up

against spin bowling, foot movement is essential. Brian Lara was very successful against spinners. One of the reasons why he did well was because of his agile approach. Lara was not only aggressive against bowlers but he settled in before starting his swashbuckling.

Huge Task For Kieron Powell

Batting at number three for the West Indies is a challenge for any batsman, particularly in Test cricket, which is the longer version of the game. The top order has experienced players so Powell will be guided well. Gayle is back, Chanderpaul is in the squad, Marlon Samuels is in good form and the West Indies team seems to have been making some good strides. In the event that Powell can blossom with runs, the West Indies would have a major problem solved with the number three spot.

Specialist Bowlers

The hard work will be on Ravi



West Indies Marlon Samuels plays a ball during a Test match against South Africa. AP Photo

Rampaul, Sunil Narine and Kemar Roach for they are the specialist bowlers in the squad. Narsingh Deonarine bowls some tidy left-arm stuff and he picks up wickets. Marlon Samuels and Darren Sammy can bowl as well but in a Test match Samuels and Deonarine must not be burdened with too much bowling. In the event Jino Best is not included in the team,

the West Indies will again be with one specialist bowler short. Captain Darren Sammy must remember that Gayle is a useful bowler but again he must not be overused.

Windies Test Chances

There should be no room for complacency when the Digicel Test Series begin. Windies players must not be complacent and the focus must be to win and win big. New Zealand is not a top-ranking Test team so the West Indies must be prepared to overtake the black caps in the ICC standings.

Windies Middle Order Must Show Progress

Shivnarine Chanderpaul, Denesh Ramdin and Narsingh Deonarine are respectively at five, six and seven supposedly in the batting order and it is very important that these players create partnerships. Wicket keeper batsman Denesh Ramdin must be on top of his game and Narsingh Deonarine's role is to anchor the middle order in Test matches. The West Indies must make increasing strides and aim to topple the top teams in the ICC.

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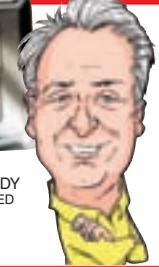
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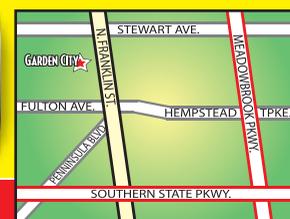
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NOTICE OF FORMATION of limited liability company (LLC). Name: Alpha Metro Tech Inc. Articles of Organization filed with Secretary of State of New York (SSNY) on September 9, 2010. Office location: Queens County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: 115-115-54 205 Street, St. Albans, NY 11412. Purpose: any lawful purpose.

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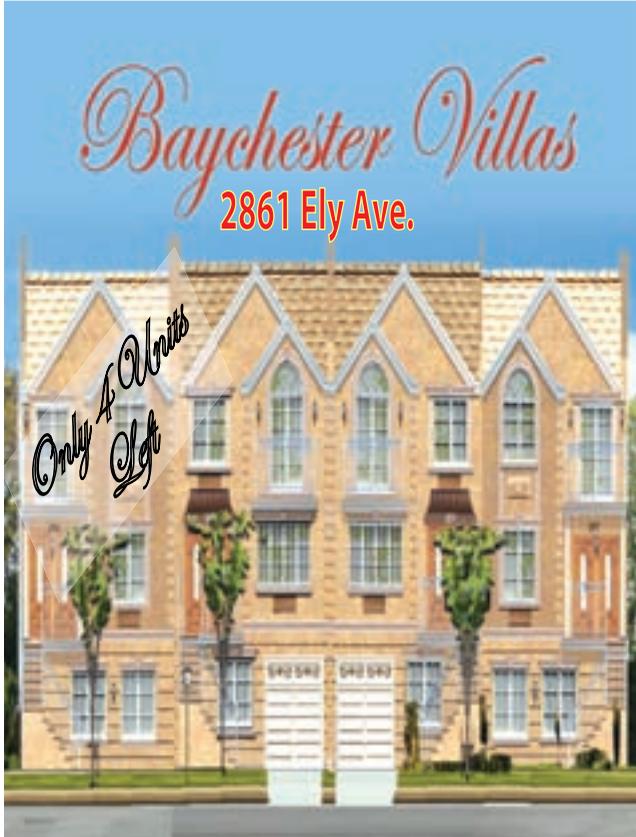
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