

Caribbean Life

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BROOKLYN/STATEN ISLAND EDITION

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**INSIDE: 8-PAGE
AUTO SECTION**

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SECTION**



Where the World Meets the World!

Harlem comes alive this weekend with five stages of live entertainment, including special events for kids, as the village's annual summer-fest reaches its peak. See Page 3.

Photo courtesy Images Of Us.

N.Y. to fund groups aiding immigrants

By Nelson A. King

As the United States on Aug. 15 began accepting applications from young illegal Caribbean and other immigrants for temporary reprieve from deportation, New York State officials say they are providing US\$450,000 in grants to groups that can help assist them.

In June, President Barack

Obama announced the initiative, which grants two-year deportation deferrals and work permits to illegal Caribbean and other immigrants brought to the U.S. as children.

"It is critical that we get information out to our immigrant communities so that people will know who is eligible for deferred action and so that they can avoid

being scammed," said New York State Assembly Speaker Sheldon Silver.

Silver said the grants will aid an estimated 80,000 immigrants, between the ages of 15 and 30, through clinics, workshops and legal services.

The Assembly Speaker disclosed that Legal Services NYC

Continued on Page 4

PEOPLE DEFY POLICE

Lindeners in a face-off with lawmen

By Bert Wilkinson

As the one-month anniversary of the fatal police killings of three people in the bauxite town of Linden was being marked this weekend, pressure is mounting on the combined opposition to widen the protests to include the city and main urban areas to force government to back away from using military force to solve the simmering dispute over increases in electricity rates and other ills affecting the opposition stronghold.

This is as police riot units, supported by heavily armed soldiers, mounted several assaults on the bauxite community 65 miles southwest of the city, from the weekend onwards injuring opposition supporters with shot-

gun pellets and firing dozens of tear gas canisters into homes of people in the town of Linden where the district remains on a residents-led lockdown since riot police killed three and injured 20 during protests on July 18.

Member of Parliament Vanessa Kissoon said a huge demonstration is being planned for this weekend to both mark the four-week anniversary of the three and to show "continued defiance" of authorities who plan to steeply hike electricity rates and for their failure to come up with a proper economic plan for the town that depends mainly on bauxite for its existence.

This weekend protest actions come about a week after fire

Continued on Page 4

CARIBBEAN ROUNDUP

Updated daily at www.caribbeanlifeneews.com

THE NEWS FROM BACK HOME

DOMINICA

Venezuela is providing assistance to Dominica to help the island with an outbreak of the deadly Black Sigatoka disease that affects banana plants.

A statement from the Office of the Prime Minister said Caracas is providing US\$64,000 worth of fungicide as well as three experts to help deal with the outbreak. The disease, which kills banana and plantain plants, has been confirmed in the island, with agriculture officials admitting that they are worried about the situation.

Minister of Agriculture Mathew Walter recently told a news conference vigorous steps were being taken to deal with the problem.



GRENADA

Grenada has provided 85 acres of land for the University of the West Indies (UWI) to build a campus.

The transfer of the land at Hope in St. Andrew makes Grenada a contributor of the third-largest parcel of land to the university.

Grenada's Prime Minister Tillman Thomas called the move for a UWI campus in Grenada a "significant investment in the future of the people of Grenada," particularly the island's northeastern section.



"This project will afford both a short-term and long-term progress to Hope and surrounding areas, similar to the changes and enhancements that came with campus locations in Trinidad and Tobago, Barbados and Jamaica," he noted.

Work on clearing of the land will begin soon, with construction to be done on a phased basis, according to UWI Vice Chancellor Nigel Harris.

GRENADA

A 23-year-old Grenadian primary school teacher was remanded in custody when he appeared in a St. George's court charged with the murder of a 19-year-old woman whose dismembered body was found by garbage collectors on a street overlooking the capital recently.



John Redhead has been charged with killing Akera Lalgie. An autopsy revealed that she was strangled



British agog over Bolt

Usain Bolt (second from left) with compatriots on the Jamaican gold medal team (l-r) Yohan Blake, Nesta Carter, and Michael Frater was a huge favorite of the British people during the 2012 Summer Olympics, with headlines in all the daily newspapers. See Page 16.

(AP Photo/Anja Niedringhaus)

to death.

Redhead will re-appear in the St. George's Magistrate Court on Aug. 20.

GUYANA

The International Monetary Fund (IMF) says despite a deteriorating external environment, including the deepening Euro-zone crisis, Guyana's economy continues to be resilient.

It said last year, the economy recorded another year of impressive growth of more than five percent driven in part by high commodity prices, foreign direct investment and domestic credit expansion to the private sector.



"Real Gross Domestic Product is projected to grow by about four percent this year supported by increased activity in bauxite, gold, rice and the services sectors, which should offset any expected fall off in sugar production," the IMF said.

It said while inflation remained low, an IFM team, which has just concluded the yearly review of the Guyana economy, noted a marginal

drop in gross foreign reserves to about four months of imports at end of June 2012, as capital imports rose.

The IMF said the Donald Ramoutar administration has been commended for its continued prudent macro-economic management.

GUYANA

The Guyana government has ordered the police and the military to forcibly reopen the sole bridge connecting a mining town to Brazil that protestors have blocked for more than two weeks.

President Donald Ramoutar issued the order shortly before he visited Linden, where police fatally shot three protestors and injured 20 others on July 18.



Residents in the impoverished area are still protesting a proposed electricity rate increase from Guy\$25 monthly to about \$100. They said they will not remove obstacles including huge logs and trucks from the bridge until National Security Minister Clement Rohee resigns and the police officers are charged with murder.

The bridge across the Demerara River is the main access to gold and diamond mines as well as timber grants owned by local and foreign companies.

Minister Rohee said he has no intention of resigning.

JAMAICA

Jamaica police are seeking the assistance of the International Police, Interpol, to assist in the investigations into three Americans who were found hiding on the island recently after fleeing the United States.

The family of three – Donald Henderson, 45, his wife, Maria Henderson, 43, and daughter Aja Henderson, 21, arrived on a Carnival cruise ship in St. Ann.

They were later reported missing by authorities. But following a search by the police, the Americans, who are from Virginia, were found hiding in a villa at Discovery Bay.

Police say they are trying to determine whether the Americans are fleeing law enforcement in the U.S.

They are being held in custody while police are interrogating them as to why they abandoned the ship and stayed in Jamaica.

The family was on a six-day cruise when they disembarked the vessel and failed to return.

JAMAICA

Four men were killed in a recent shootout with police in Jamaica.

Residents of Windsor Heights in Central Village, St. Catherine have challenged claims by the police that the men were involved in a gun battle with them.

They claim that Tyrone Reid, 17, a graduate of Jamaica College, Dwayne Johnson, 29, Mario "The Devil" Gabidon and Delano "Jermaine" Pin-nock were killed in cold blood.

Three of the men were coming from a dance in a vehicle and police waited until they reach a spot in the community and opened fire on the vehicle.



Police had reported that the four – whom they say are wanted for several crimes in and around the Corporate area – were killed during a shootout with members of the Area Four Special Operations Team. According to the police, the men opened fire on them after refusing to stop the vehicle in which they were traveling.

TRINIDAD

Newly-appointed National Security Minister Jack Warner said he planned to take a special initiative for Cabinet approval that will allow U.S. forces to patrol the country's maritime border.

Warner made the statement following a recent closed-door meeting with United States Ambassador Beatrice Wilkinson-Welters at the Ministry of National Security office in Port of Spain.



It was the first meeting since Warner assumed office on June 25.

Warner said he wanted to take the Customs Patrol Assistance Program in order to help crack the drug trade.

"Our borders are porous and all the drugs and arms come through our borders and we need help... and the Americans can help us," he said.

He said the Caribbean Basin Initiative (CBSI) was high on both his and the Ambassador's agenda.

Compiled by Azad Ali



Javelin thrower Keshorn Walcott proudly displays his country's national flag after his gold medal victory.

Photo courtesy: Trinidad and Tobago Ministry of National Security.

Olympic winner Keshorn Walcott returns home

By Azad Ali

Trinidad and Tobago Olympic Gold medalist, teenage sensation, Keshorn Walcott, returned home to a hero's welcome on Monday morning after his record-breaking performance during the men's javelin throw at the London 2012 Olympics last Saturday.

It was like a carnival-like atmosphere at Piarco International Airport as thousands of flag-waving supporters, dressed in red, danced to the music of tassa drumming, steelpan music and music trucks with DJs, as they waited the arrival of Walcott on board a Caribbean Airlines Ltd (CAL) aircraft from London with Walcott aboard. Moko Jumbies, soca music, formed part of the celebrations.

Prime Minister Kamla Persad-Bissessar had announced a national holiday to celebrate Walcott's gold medal achievement in the event- 36 years after Trinidad and Tobago's Hasley Crawford brought home the country's first Olympic gold at the Olympic Games in Montreal, Canada in 1976 after winning the men's 100 meters final.

Walcott, 19, won gold with a throw of 84.58 meters.

A large entourage of Government Ministers headed Prime Minister Persad-Bissessar and National Security Minister Jack Warner were on hand to greet Walcott at the VIP Lounge at the airport.

In declaring the holiday, Persad-Bissessar in a televised address to the nation on Sunday night said:

"Our Olympic athletes not only validated our belief and faith in their superior sporting talent, but once again proved to the world that Trinidad and Tobago is a force to be reckoned with, winning one gold and three bronze medals at the Olympics."

Flanked by Walcott on her right and T&T's first Olympic gold medalist Crawford, Persad-Bissessar said among the gifts the teenager from the rural fishing village of Toco, East Trinidad, would get is TT\$1 million, "to be invested as he so desires," a \$2.5 million home in the upscale community of Federation Park, Port of Spain, 20,000-square feet of land near to here he lives, a scholarship at the University of Trinidad and Tobago (UTT), a Caribbean Airlines aircraft to be named after him, Toco Lighthouse to be named the "Keshorn Walcott Toco Lighthouse" and a Housing Development Corporation (HDC) development in Walcott's name in Toco.

Walcott's victory stunned the world and placed him in the history books as the youngest ever Olympic javelin champion and the first in the Western Hemisphere to win medal in a javelin event in 40 years.

The only time the Olympic javelin title left Europe was 60 years ago when American Cyrus Young won gold.

Walcott won the World Junior Championships in Barcelona, Spain earlier this year. His throw also set a new national record.

Blow out weekend festival planned for Harlem Week 2012

Courtesy Keith L. Forest,

Themed Harlem: Where the World Meets the World, this year's Harlem Week events celebrates Harlem's global presence and international legacy while honoring the 50th anniversary of Jamaica's independence; the 100th anniversaries of South Africa's African National Congress and Japan's Sakura Festival plus much more. Harlem Week 2012, New York City's largest outdoor festival, celebrates the famed neighborhood with a spectacular line up of activities and events. This includes musical salutes to Harry Belafonte and the late Bob Marley; Soul Train and Don Cornelius; a Walk-A-Thon for peace; New York City Children's Festival; International Auto Show, and much more.

On Saturday, August 18th, it's "Summer In The City" featuring Part I of The NYC Children's Festival from 12 noon – 6:00 PM. This family-friendly event will include exhibits, games, arts & crafts, cultural performances, free health testing and special surprise guest appearances from the Sesame Street characters. The Historic Black College Fair & Expo, The Dancing in The Street & Uptown Saturday Nite outdoor concerts celebrating Jamaica's 50th Anniversary of independence with salutes to music icon Harry Belafonte and the late Bob Marley hosted by WBLS FM radio personality Dahved Levy and more. The evening will end with the Harlem Week Outdoor Film Festival produced in concert with Imagination screening of the hit documentary film "Marley."



African dance will be among the highlights of the NYC Children's Festival, noon to 6:00 p.m.

Photo courtesy Keith Forest

On Sunday, August 19th, Harlem Week 2012's theme Harlem: Where the World Meets the World, comes to life with five (5) stages of live entertainment; salutes to South Africa and Japan; special tributes to Nelson Mandela, Mariam Makeba, Hugh Masakela; and the music of Japan. Other

activities include the Upper Manhattan Auto Show; the New York City Health Village; the Small Business Expo and Fair; international vending and exhibits. The day will also include a tribute to "Soul Train" & Don Cornelius with a spectacular dance party along 135th Street.

Homecoming for B'klyn Olympic bronze medalist

By Chudi Chukwudi

Swimmer Lia Neal a 17-year-old Brooklyn native, won a bronze medal as part of the Women's 4x100m Freestyle Relay in the 2012 Olympic Games. She is the first of the Asphalt Green Unified Aquatics (AGUA) swim team to earn a spot on the U.S. Olympic Swimming Team, and the first to bring home an Olympic medal.

Lia, a Swim for the Future Scholarship recipient, has been developing her talents on the AGUA swim team for nine years. For thousands of children that participate in swimming and other sports at Asphalt Green, Neal is role-model for those just



Bronze medalist Lia Neal of Brooklyn's Asphalt Green Unified Aquatics swim team.

Photo by Lem Peterkin.

learning to swim, to those with dreams of becoming an Olympian.

Lia was raised in the Fort Greene section of Brooklyn by her parents Jerome and Sui Neal, who are of African-American and Chinese-American descent. She has three older brothers.

Lia, a rising senior at the Convent of the Sacred Heart School in Manhattan, is bilingual -- being fluent in English and Cantonese and is currently studying Mandarin.

Her career highlights include the most recent 2012 Olympic Games (Bronze in 4x100m Freestyle Relay with a time of 3:34.24) as well as the 2011 World Junior Championships (Gold in 100m Freestyle, Silver in

50m Freestyle); 2010 Junior Pan Pacific Championships (Gold in 4x100m Freestyle Relay, Gold in 800m Freestyle Relay, Gold in 400m Medley Relay, Silver in 100m Freestyle, and Bronze in 50m Freestyle) and 2008 Olympic Trials participant, having qualified by breaking the 11-12 age-group record in the 100m Freestyle.

She started swimming at six years old and joined AGUA (Asphalt Green Unified Aquatics) at eight. She is a Swim for the Future Scholarship recipient and the first AGUA team member to make the Olympic team and earn an Olympic medal.

Weekend confrontation in Guyana

Continued from cover

destroyed nearly a dozen buildings, including the agriculture ministry's office, the state's tax department and the main primary school that catered to more than 800 students among others.

But it is now becoming clear that government-encouraged agents have suc-

cessfully infiltrated the demonstrations and might have been responsible for the slew of fires that have blighted the town of 30,000 since the shootings.

On Sunday, residents held two men they suspected of burning the school at the weekend and handed them over to local police. One reportedly blurted out

plans to also torch the multilateral school later that night. Police have since released them for "want of proper evidence" and talks between the opposition and authorities have been called off indefinitely. Town leaders say they will rebuild the school through self-help efforts and donations from well wishers.

But what is also becoming quite clear is the reluctance of the opposition, the larger A Partnership For National Unity (APNU) in particular, to escalate the protests and bring it to the city which is the seat of government.

David Hinds, an APNU activists and associate professor at Arizona State University, said he is at a loss to understand why the APNU leadership has not faced down the administration of President Donald Ramotar as its supporters are being "shot down in the streets like dogs" without any pressure being brought to bear.

State funds to groups aiding immigrants

Continued from cover

and to a new state task force run by the New York Immigration Coalition and the New York State Immigrant Action Fund will also be grant beneficiaries.

Officials at the U.S. Citizenship and Immigration Services, the federal agency in charge of the initiative, said they anticipate a massive load of paperwork in the shortest amount of time for the new program.

In 1986, more than three million immigrants who were in the country illegally became legal residents under an amnesty program.

Officials said eligible young illegal immigrants can obtain valid Social Security numbers, and

apply for driver's licenses, professional certificates and financial aid for college.

The Washington-based Migration Institute, a non-partisan research group, said about 1.2 million immigrants are eligible to apply now for the program.

It said another 500,000 children will be able to apply when they reach the minimum eligibility age of 15 in coming years.

U.S. officials said to be eligible for the reprieve, illegal immigrants must have been in the country and under age 31 on Jun. 15.

They must also have come to the U.S. before they were 16 years of age and have resided in the country continuously for

at least five years.

In addition, officials said the illegal immigrants must be in school, or have graduated from high school or honorably discharged from the U.S. Armed Forces.

Officials said immigrants convicted of a felony, a serious misdemeanor (including a sexual abuse or drug violation), or three less serious misdemeanors will be rejected.

Anyone deemed to pose a threat to U.S. national security will also not be granted the reprieve, they said.

Officials said immigrants will not be allowed to appeal if their application is rejected, but they may re-apply and pay the US\$465 fee again.

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This project was funded in part by the New York City Department of Health and Mental Hygiene through a contract with Public Health Solutions.



Caribbean to write Obama about U.S. rum subsidies

By Bert Wilkinson

Arguing that heavy American subsidies paid to two of the world's largest rum-producing companies will soon devastate regional exports to the U.S., Caribbean governments this week announced plans to directly write President Barack Obama asking him to help negotiate a solution before it is too late.

Current Chairman of the 15-nation trade bloc and St. Lucia's Prime Minister Kenneth Anthony is to send a letter of appeal asking the White House to urgently review the situation where authorities in the U.S. Virgin Islands and Puerto Rico are giving significant subsidies to British producer Diageo and Illinois-based Cruzan Rums to operate plants there and sell rums much cheaper to American mainland markets than the Caribbean the bloc said Thursday.

The bloc also said that the Dominican Republic which

is also teaming up with its English-speaking neighbors to fight the issue has asked the legal advisory council at the World Trade Organization for an opinion on the matter as its entire exports to the US could be wiped out like those in the bloc. Officials say the DR is likely to fully pursue the issue at the Geneva-based WTO. They also speculate that it is leaning in this direction while Caricom, with which the DR sits in a grouping called CariForum, seems for now to prefer to negotiate with the Americans.

The rum industry that dates back to the European colonial era is worth \$60M in annual sales to the Caribbean. The region said that it is forced to take the issue to the White House even though it is aware that these are the final months in the run up to presidential elections in November and little might get done in congress in this regard.

Talks have already been held with U.S. Trade Representative Ron Kirk. The foreign ministers forum, (COFCOR) say they also plan to write Secretary of State Hilary Clinton as part "of a double-barreled approach" to get movement on the issue."

Diageo is the world's leading premium drinks producer responsible for brands like Johnny Walker Whiskey, Smirnoff Vodka, Baileys and Captain Morgan Rum which is now being produced from the USVI for export to the U.S. mainland, while Cruzan is known for its spiced and other rums.

Apart from the subsidies which allow the two to produce cheaper spirits than the Caribbean, the firms have received help to build new state of the art plants and are getting molasses much cheaper than producers in the region, advantages that officials argue are contrary to WTO rules.

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President Obama hails Jamaica

By Vinette K. Pryce

President Barack Obama led the voices of congratulatory message lauding Jamaica for its democratic principles and relentless pursuit of independent leadership when he accepted credentials for the island's newly appointed ambassador to the U.S., Professor Stephen Vasciannie.

The president made his comments at a ceremony in the Oval Office at the White House after accepting the documents.

"Over the years, we have come to know Jamaica as a leader in the Caribbean. As one of the largest countries in the Caribbean community, Jamaica is an indispensable partner in programs such as the Caribbean Basin Security Initiative (CBSI) and is a leading political voice in the region," the president said.

"We are nearing the beginning of the third year of the CBSI, with its strong focus on a collaborative approach to ensuring citizen safety. I am pleased that our Caribbean neighbors have worked



President Barack Obama.

AP Photo/Jacquelyn Martin

closely with us to make it a reality. Jamaica's contribution to our CBSI discussions have greatly strengthened the counter narcotics and counter terrorism components," he added.

Pres. Obama used the occasion to compliment the nation's government for its close collaboration in ensuring security of the region.

He praised the joint effort

saying: "we have undertaken to counter the growing threat posed by narcotics and weapons trafficking to the security of our citizens and our economies."

The nation's golden celebration was not lost on the leader.

"On August 6, Jamaica will celebrate 50 years of independence, and shortly thereafter, the 50th anniversary."

Continued on Page 39

MEDICAL, COSMETIC & SURGICAL DERMATOLOGY

Alan Kling, MD (Board-Certified Dermatologist) • Carly Wallis, PA



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Caribbeans honored at Citi Field

By Robert Elkin

"It's a great feeling to be recognized by the CACCI. We do a lot of community service for the neighborhood."

David 'Junior' Gayle, owner of Tropical Paradise Ballroom and Restaurant, said last week.

He and four other honorees were recognized before the New York Mets lost by a route to Miami when the Caribbean American Icons received Spirit Awards for their efforts to make the evening possible.

"We're really happy and proud to have them to be part of this day," said New York Mets representative Matt Gulotta before the Mets lost the game. "The Chamber of Commerce has been awesome to work with. It has been a real fun event. In addition, there was pre-game entertainment."

Pre-game festivities featured musical entertainment and a celebration of Caribbean Culture.

The Caribbean American



Dionne Poillite, Associate State Director AARP; Dr. Melony Samules, AARP New York; George Hulse, Vice President, Healthfirst - Honoree.

Chamber of Commerce and Industry, Inc. was founded in August of 1985 to provide small businesses with entrepreneurial services and promote opportunities that will yield more sustainable trade and investment between New York, the United States, and the Caribbeans.

"This (gathering behind home plate at Citi Field, home of the New York Mets) is a special occasion when members of the Caribbean

Diaspora come out in large numbers together with friends, family and other Met fans to have fun...."

However, how could the Mets have fun on a night they did when they were completely trounced by the Marlins. But the Mets did see the return of infielder Jose Reyes, who played for the Mets from 2003 up to this season.

"Being over here with the big stars is a lot like Health

First," said Vice President of External Affairs at Health First, George Hulse. "We're not the biggest health fans in the country. This Met team is hard working."

"We have a lot of confidence that they are going to have a good season. They had some tough breaks and some tough injuries and they had to make some adjustments. We have a lot of confidence that we are going to (still) come back."

They have a great tradition....Winners always make adjustments and come back.

"I think that they will do well. I'm absolutely flattered and honored to receive this award. The partnership they have with the Caribbean community in really outstanding."

Another honoree is baseball fan Syima Brown Bramble, director of Caribbean Tourism Organization

It's an honor to be on the field where the Mets play," she said. "I also had the same honor to be on the



Dr. Roy A. Hastick, Jr., president/CEO, CACCI; Hon. John Liu, NYC Comptroller, Dr. Eda Harris-Hastick, professor, Medgar Evers College. Photo by Ted Levin

field several months ago to come here and meet with management to talk about how the Caribbeans could corroborate with the Mets organization in an event like this."

Still another recipient was Edmund Sadio, President and Broker of Century 21 Achievers Realty.

"I thank the CACCI for the award that I received," Sadio added. "I've been in the realty business for 22

years....We love training for new business owners and for people who are about to set up their own businesses."

Sadio was a former cricket player in the Caribbeans.

For now all the honorees, along with Dr. Roy Hastick, Sr., CACCI president and founder wants is a successful season for the New York Mets is a drive toward a possible playoff position come October.

BUSINESS BROOKLYN STYLE - ADVERTISEMENT

Erectile Dysfunction? You may be at risk of a stroke or heart attack!

Did you know that the same diseases that affect the blood vessels which lead to the heart and brain also affect the delicate vessels that supply blood to the genital organs. Careful evaluation of erectile dysfunction can uncover these problems years before critical damage occurs.

According to the Male Aging Study on sexual dysfunction, Erectile Dysfunction (ED) can first emerge in a man at age 40. In addition, an estimated 30 million men in the United States are affected by ED. What causes this dreadful condition and what must one do to prevent it?

In this article, we seek advice from two award winning urologic surgeons, Dr. Vitaly Raykhman and Dr. Yuly Chalik. These two recipients of the prestigious Patient's Choice Award were also named America's Top Urologists of 2009 and 2010.

What Is Erectile Dysfunction?

Erectile dysfunction (ED) is the constant or periodic, recurring inability of a male to get or maintain an erection. An erection occurs when blood fills the chambers of the penis, causing it to expand and stiffen. This is controlled by impulses from the brain and genital nerves. Despite the fact that 95% of ED cases can be easily treated, only 10% of men seek medical attention when ED first begins.

What causes erectile dysfunction?

The root causes of ED are either physical, psychological, or hormonal. Most men experience erectile dysfunction as a result of another chronic disease, such as diabetes, or as a result of poor lifestyle choices, such as smoking, drinking, and drug abuse. 10-20% of men suffer from ED as a result of psychological factors such as stress, depression, low self-esteem, and performance anxiety. ED can also occur as a result of damaged nerves from a

previous surgery or as a side-effect of your current medication.

Diagnosis

The main premise in diagnosing erectile dysfunction is determining what it is caused by, whether it is physical, psychological, or hormonal. Men who cannot get or maintain an erection at least 75% of the time are considered to have erectile dysfunction. Our advanced diagnostic capabilities include:

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Treatment

In the last few years, there have been significant advances in medicinal therapies. At NYUI, we take advantage of a full range of cutting-edge technologies that allow our patients to live healthier and happier lives.

Therefore, we utilize medications such as Viagra, Cialis, and Levitra, which are guaranteed by the FDA to increase potency. In order to minimize the risk of undesired side effects, we urge patients who suffer from erectile dysfunction to see an experienced urologist, who will determine which medication is right for them.

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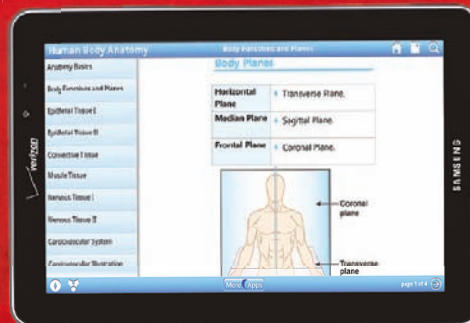
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Desperation leads to Lareche's demise

By Farah Louis

On Tuesday, Aug. 7, 2012, 42nd Assembly hopeful Zachary Lareche withdrew his candidacy from the State Assembly race due to alleged fraudulent signatures he submitted to the board of elections to get on the ballot. This has been Lareche's third failed attempt to win the State Assembly seat.

The 42nd Assembly Female District Leader Rodneyse Bichotte, currently candidate for the Assembly seat, and her running mate Josue Pierre, candidate for the Male District Leader seat, initiated legal proceedings against petitions submitted by opposing candidate Zachary Lareche. In order to be eligible for the ballot, each candidate must obtain and present a minimum of 500 valid signatures to the board of elections. Lareche submitted approximately 1,218 signatures to the board of elections of which 717 were initially deemed valid. After a thorough review of Lareche's questionable signatures by Bichotte's and Pierre's team, a handwriting expert was brought on-board to verify suspicions of forged signatures. The expert, a board certified forensic document examiner employed by the Suffolk County Crime Laboratory, produced a twenty page document outlining more than 100 fraudulent signatures included:

Different people signing witness statements for the same petitioner

Board of election cards did not match signatures obtain by Lareche's team

Many local observers believe that Lareche was planted in the

42nd Assembly District Race to take votes away from Bichotte who poses a real challenge to 34-year incumbent Rhoda Jacobs. If so, Lareche's plans have failed and may lead to his own political demise. Team Bichotte- Pierre up the ante and pursued a refereed review where the Board of Elections compared voter registration cards to Lareche's petitions. This resulted in a reduction of Lareche's valid signatures of which 619 signatures on voter's registration cards and petitions were invalid. Constituents whose names were forged were sought by Team Bichotte-Pierre's attorney and were subpoenaed to court yesterday.

Bichotte's attorney, Aaron Maslow stated, "Its reprehensible people would commit fraud to Board of Elections. The report submitted by the hand writing expert contained at least 100 forgeries. It's disgraceful that they didn't drop out earlier but dragged this out, causing Ms. Bichotte and Mr. Pierre to spend thousands of dollars in legal fees and a handwriting expert. I am disappointed Rhoda Jacobs didn't pursue this election fraud; it took Bichotte to do it and Rhoda stood on the sidelines and did nothing."

One of the reasons Rhoda Jacobs has retained her seat for 34 years is due to the crowded field of two or more blacks or Caribbean candidates seeking to unseat the incumbent in the same year. From Michele Adolphe to Zachary Lareche who crowded the ballots, allowing Ms. Jacobs to win past elections with a landslide.

Need for a Carib sports academy

Sir Ronald Sanders

On the basis of the size of populations and medals won, the tiny Caribbean island of Grenada would be ranked in first place in the 2012 Olympic Games in London with another Caribbean island, Jamaica, in second place – though with a larger number of medals.

Officially, Jamaica is ranked at 18 and Grenada at 42.

At the time of writing at the end of Day 13 of the 16-days Olympic Games, the United States is officially ranked number one with China in second place. But the medal haul of the US and China is drawn from populations of 312 million and 1.3 billion respectively, while Grenada's medal – a gold for Kirani James in the 400-metre race – comes from a population of a mere 110,000 and Jamaica's outstanding nine medals (three golds, three silvers and three bronze) from a population of 2.8 million.

Using medals per head of population as a measurement, the US would be number 36 and China number 60. When Gross Domestic Product (GDP) is added to this

analysis, Grenada and Jamaica performed even better. The United States and China are rated by the International Monetary Fund at first and second respectively as the two largest economies in the world, while Grenada and Jamaica are ranked at 172 and 113 of 182 nations.

As I write, there are 3 more days to go and more medals will be won by several countries, including the two leaders, the US and China, and also Jamaica.

In track and field, Caribbean athletes have shown that they are among the world's best. This is cause for much pride by the people of these two English-speaking Caribbean countries and their partner-countries in the Commonwealth Caribbean whose total population is just about five million people. The phenomenal Usain Bolt, who has spectacularly won two gold medals in the 100 and 200 metres events, and Yohan Blake, who took silver, behind him are as much heroes of their neighbouring English-speaking Caribbean countries as they are of their native Jamaica. So too

are Warren Weir who gave Jamaica a clean sweep in the 200 metres by taking the bronze, and Hansle Parchment who won bronze in the 110 metre hurdles. The Jamaican women Shelley-Ann Fraser-Pryce (gold and silver in the 100 metres and 200 metres respectively) and Veronica Campbell Brown (bronze in the 100 metres) are also special heroines upholding the prowess of Caribbean womanhood and taking on the best of the United States.

It should be noted that, of the English-speaking Caribbean countries, Trinidad and Tobago also won a bronze medal through Gordon Lalonde who was third in the Men's 400 metres event. Other Caribbean athletes, such as Antigua's Daniel Bailey and Barbados' Ryan Brathwaite, creditably made it to the finals and semi-finals.

But beyond the marvellous performances by these athletes is a reality that, apart from Jamaica, the development of sports persons in the English-speaking Caribbean countries is woefully poor. Neither governments nor the private sec-

Continued on Page 12

Time to end Offshore Tax loopholes

By Scott Klinger

While attention focuses on congressional action on the Bush tax cuts, another tax bill is quietly tiptoeing through the Senate. The Senate Finance Committee has reported out the corporate tax extenders bill, a collection of dozens of tax breaks, many targeting industries whose lobbyists have filled campaign larders with cash. These tax breaks all expired at the end of last year, and are on track to be renewed for another year with little debate or scrutiny.

In today's climate of tight budgets and growing public outrage over tax laws that create incentives to move jobs and investments offshore, it is time to permanently close two of the gaping loopholes in the extenders bill which reward that very behavior.

The General Electric offshore tax loophole – known on Capitol Hill as the "Active Financing Exception" – was repealed as part of the 1986 reform efforts to make the tax code fairer. But it

It's never right to give tax giveaways to prosperous corporations.

came back in 1997 after a fierce lobbying effort led by General Electric as a one-year temporary measure. It has been dutifully renewed six times since.

The U.S. tax code requires companies to count "passive income" from things like financing customer purchases as U.S. income regardless of where in the world these transactions take place. This is because these financial transactions are easy to manipulate and make it look like domestic income is being earned offshore.

The GE offshore tax loophole is, as the official name says, an exception to the rule. It blesses the very sort of manipulations that the tax code seeks to avoid. It is one of the principle reasons General Electric reported an effective tax rate of just 1.8 per-

cent over the last decade, according to Citizens for Tax Justice. When one of our nation's most powerful corporations pays an effective tax rate of less than 2 percent, you know our Treasury has a giant hole in it.

The "Active Financing Exception" is also widely used by banks and is one of the reasons the banking industry has one of the lowest effective tax rates among all industry groups. There is no excuse for extending a loophole that allows banks to pay lower effective tax rates than small businesses and working Americans who bailed out the banking industry.

The Apple offshore tax loophole also creates an exception to the normal tax rules. Known formally inside the Beltway as the "CFC Look-Through Rule", this loophole allows companies like Apple to indefinitely defer payment of taxes on things like patents, royalties and licenses, if earnings from these transactions are passed between offshore enti-

Continued on Page 12

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Veep choice further defines this race

Mitt Romney's stuttering advance toward his party's anointing in a few days and the election in November continues just as bland and predictable as his candidacy has been since he began quest No. 2 for the presidency. The latest attempt to inject some pizzazz into the routine — the addition of Congressman Paul Ryan to the ticket — was, in the final analysis, as formulaic as everything else about Romney's bid, even if the Ryan choice as running mate wasn't exactly a foregone conclusion among prognosticators.

Although Romney started off as the presumptive nominee in the crowded field of contenders for the nomination, the GOP's long, rough primary season saw him stretched every which way trying to sell the party faithful on his conservative bona fides. Given the support garnered by Rick Santorum and other right-wing darlings along the way, it's obvious that Romney hadn't altogether made that sale by the time he made it to the finish line. And it was only natural that, like the Sarah Palin package thrust upon John McCain four years ago, GOP puppet masters — mega donors and assorted other gurus — would be dictating the bedrock-right stock from which the

vice presidential nominee had to be plucked. Enter Paul Ryan.

Ryan, they've been saying, has brought some spirit to the Romney campaign. Well, in a Romney universe, so would famously poker-faced Patriots head coach Bill Belichick. But an infusion of (relatively) youthful vigor isn't all Ryan brings. As if he didn't already have more than enough on his plate in the way of contradictions and what he really stood for, Romney's balancing act just got even more challenging, given the extremist positions staked out in the much ballyhooed budget that has become Ryan's primary calling card. The Ryan budget's radical changes for Medicare, discontinuation of several other entitlements, cuts in taxes for the wealthy, among other hatchet swings, are all positions that Romney surely would rather not have to defend on the campaign trail. In a "60 Minutes" TV interview featuring both Romney and Ryan, when those hard-line Ryan budget proposals came up, Romney's not-very-assertive reminder that he had a budget plan of his own was a clear indication of how much this could complicate matters for him on the stump.

Criticism of the Ryan budget by the Obama camp or folks of pro-

gressive or middle-of-the-road orientation is one thing. The kind of blast of that document that came in a New York Times op-ed piece by David Stockman, former budget director in the Reagan administration, couldn't possibly resonate well among the conservative rank and file. The budget was "devoid of credible math or hard political choices," Stockman said. "Mr. Romney and Mr. Ryan have no plan to take on Wall Street, the Fed, the military-industrial-complex, social insurance or the nation's fiscal calamity and no plan to revive capitalist prosperity — just empty sermons." Yipes!

Indeed, Ryan as their pied piper, articulated much of the rhetoric that has since become well-worn Republican/Tea Party mantra. There's the familiar hash about treating so-called "job creators" as untouchables. They have in one breath criticized the money spent to bail out big banks when the financial collapse came (a process begun under

George Bush). And with a straight face have been bitterly opposed to regulations intended to forestall the kind of "runaway train" financial sector behavior that precipitated the meltdown.

But besides a laundry list of alleged economy-reforming measures that curiously impact punitively on the society's most vulnerable while asking no sacrifice of, indeed rewarding, the well-to-do, Ryan brazenly advocates an increase in military spending, signaling a desire to return to the type of neocon interventionist madness in foreign policy that got the nation ensnared in the Iraq booby trap. Small wonder that the Obama camp responded so gleefully when Romney announced the Ryan choice.

Republicans were already thumbing their noses big time at John Public, being totally indifferent, for instance, to polls which have indicated a majority of Americans favoring the wealthiest folk being asked to contribute a bit more to the tax coffers. Or, again going defiantly against the grain of popular sentiment, opposing the elimination of subsidies for businesses that are already hugely profitable, major oil companies perhaps the most controversial example. Republicans' deifica-

tion of their no-tax, pro-big business oracle, Grover Norquist, continues rock-solid.

And therein lies probably the most lucid defining of what this year's election is about. Although the GOP has traditionally been identified as wedded to business, as opposed to people, interests, the tilt in that direction has now become so pronounced, and the stand taken with such in-your-face arrogance, it actually has attained proportions of incredulity.

The ranks of GOP/Tea Party supporters obviously contain a huge overflow beyond that one or two percent who constitute the most well-to-do people in the country. This classic formation, in which the marching song of the Republican side is uncompromising alignment with the interests of the haves, even to the extent of indifference as to how fare the rest, figures to be quite revealing. We should learn how much some among the masses are prepared to risk personal well being, economic survival even, in blind loyalty to an unconscionable demagoguery.

Democracy isn't supposed to reward leaders for a "The heck with you!" hurled at the people. Election 2012 could well be that truism's ultimate acid test.

Viewpoint

By Les Slater

NEW YORK POST PRESENTS

The 11th Annual Our secret Samaritans

THE Olympics will decide the world's finest athletes, but when it comes to hometown heroes, there's no competition: New York has the best on the planet.

It's again time to salute our superstar neighbors with the 11th annual New York Post Liberty Medal awards, and we're inviting you, our readers, to tell us about those among us whose compassion and courage make this the most wonderful city on earth.

The Post is partnering with Fox 5 and getting an exuberant assist from quintessential New Yorker Regis Philbin, who has emceed the award ceremony for nine

consecutive years.

"I'll be there for this year's great stories from the people in this city who have done something to make you feel good about New York," said Philbin. "There are so many things like that going on in this town. If you know somebody who does good things, let us know; we want to say thanks and tell them how important they are to all of us."

You'll find it easy to nominate someone. Just log on to nypost.com/libertymedals and submit nominations in the eight categories outlined below: Leadership, Courage, Lifetime Achievement, Young Heart, Freedom and one each for the city's teach-

ers, cops and firefighters.

Just tell us in 100 words or less why your nominee deserves to be the toast of the town. You may nominate only living people. And please nominate as many heroes as you like.

A panel of notable New Yorkers, including NYPD Commissioner Ray Kelly, FDNY Commissioner Salvatore Cassano and Lew Leone, vice president and general manager of WNYW-Fox5 and WWOR-My 9, will choose from among the nominees in each category to determine the winners, who will be honored by The Post on Oct. 17.

Each winner will receive a medal engraved with Lady Liberty's torch and specially designed for The Post by New York graphic artist Milton Glaser, who created the iconic "I ♥ New York" logo.



Liberty Medal Awards

2012 LIBERTY MEDAL CATEGORIES

- **Leadership Medal**
For a compassionate, disciplined person whose activities during the past year most improved the quality of life in a borough or neighborhood.
- **Freedom Medal**
For an immigrant New Yorker who best embodies the values of honesty, industriousness and hard-earned success, or a New Yorker who reflects the finest qualities of New York to the world.
- **New York's Bravest Medal**
For the firefighter or EMS technician whose performance in the line of duty best exemplifies the department's unflinching heroism; to be selected in consultation with the FDNY.
- **New York's Finest Medal**
For the police officer whose on-the-job performance reflects the department's honor and selflessness; to be selected in consultation with the NYPD and the Port Authority Police Department.
- **Courage Medal**
For a notable act of bravery by a civilian that contributed to saving human life.
- **Educator Medal**
For an administrator or teacher who excels at preparing the next generation of New Yorkers for their future challenges.
- **Young Heart Medal**
For the youth under 17 who most impressively displayed adult resolve — not for a physical feat but for behavior that demonstrates moral character or mature judgment — in the past year.
- **Lifetime Achievement Medal**
For the individual whose accomplishments reflect the very best of our city.

How to Nominate Your Hero for a New York Post Liberty Medal®

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- 1 **Fill out** a nomination form and tell us in 100 words or less about an outstanding New Yorker who you feel deserves to be recognized. Before submitting your nomination, please identify the category for which your candidate is nominated.
- 2 **Or mail** your essay with the fully completed printed nomination form located at nypost.com/libertymedals to:
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New York, NY 10036-8790
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For nomination rules, go to www.nypost.com/promotions.

Faxed and online entries must be received by 5 p.m. E.D.T. on 9/14/12. Mailed entries must be postmarked by 9/14/12 and received by 9/18/12. Incomplete forms/entries will be disqualified.

Carib sports training facility

Continued from Page 10

tor in the region are contributing to the development of sports in the quantities that they should. Yet, everyone basks in the superb accomplishment of Caribbean athletes who triumph largely because of their natural talent and dedication.

Caribbean countries have been lucky to have unearthed persons with natural talent, but that talent alone will not sustain them in the future against competition from athletes from other countries whose governments and private sector are investing heavily in them precisely because they want glorious results at the Olympics and other international games. For any athlete, while a substantial part of his or her capacity resides in natural talent, they will fail if they are denied financial support, good coaching and tireless training.

This has been the basis for China's success. Once identified, its sports persons are taken out of their homes and away from their families to spend years in rigorous training and coaching camps. This

Caribbean athletes have shown that they are among the world's best.

is the extreme position. No country has to go as far as separating sports persons from their homes and family for the inordinate length of time that China does, but all countries that want their sports people to do well because of the pride it brings to their people and the joy of seeing them win, have to invest in the facilities they need to become world champions.

Jamaica in the English-speaking Caribbean has invested more than any other country in the development of its athletics and sprinting, and it is reaping the benefits.

In the case of Kirani James of Grenada, it should be recalled that he is a student at the University of Alabama in the US, where he has benefitted from the skills of a remarkable coach, Harvey Glance, and facilities that are far superior to anything in the region.

Even as the London 2012 Olympic events were in full swing, with the host country achieving a record collection of medals, leading sports persons warned the British government not to cut spending for sport. They cautioned that any cuts would have dire consequences for the performance of British sports persons in the 2016 Olympic Games in Brazil. The people of the English-speaking Caribbean have every reason to be proud of their athletes and of the impact they are making on the world, but this pride will not be sustained unless governments and the private sectors invest in the facilities these gifted athletes need. To ensure future champions, how about a single sports academy manned by outstanding coaches, located in Jamaica and funded by all the governments and private sectors of the Caribbean Community, for the region's elite athletes?

The writer is a Consultant and former Caribbean diplomat)

Responses and previous commentaries: www.sirronaldsanders.com

End offshore tax loopholes

Continued from Page 10

ties of the corporation.

When a consumer purchases a song recorded by an American artist in a Los Angeles studio from iTunes, that transaction most likely is booked in Ireland, before the funds make their way to another tax haven country like Luxembourg after a brief stop in The Netherlands. This loophole allows Apple to have amassed more than \$23 billion in offshore accounts, all of which is untaxed in the U.S.

Technology and pharmaceutical companies commonly use this loophole to strip earnings from their domestic operations and through accounting acrobatics shift them to offshore subsidiaries where the "foreign profits" are free from U.S. taxation.

These two loopholes alone cost the U.S. Treasury more than \$5 billion a year. To put that amount in perspective, it's more than the budget of the Small Business Administration.

These loopholes distort the playing field between multinational corporations and small businesses. When big corporations dodge their

taxes, it gives them a competitive advantage over small businesses and undermines our economy. Ninety-one percent of small business owners said that U.S. multinational corporations using accounting loopholes to shift U.S. profits offshore is a problem in a recent national survey. Moreover, 75 percent said their businesses are personally harmed when big corporations use loopholes to avoid taxes.

It's never right to give tax giveaways to prosperous corporations that reward them for using clever accounting gimmicks to ship jobs and investments offshore.

It's even more irresponsible at a time when millions of Americans need jobs and we are cutting government budgets for education, public safety, transportation infrastructure, research and other services and investments we need for a strong economy.

It's time to end the exceptions, close the loopholes and have big corporations pay their fair share.

Scott Klinger is the tax policy director of Business for Shared Prosperity.

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How To Avoid Risky Back Surgery With A Breakthrough Non Surgical Treatment And Get Out Of Pain Fast

Here's how the newest breakthrough non-surgical back pain and sciatica treatment may end your pain and solve your herniated, bulging or degenerated disc pain problems...

You may be thinking "What IS going to happen to me if I can't find a solution to my back pain or leg pain?" The answer to your question starts out hopeful. I'll just go to my doctor and he will take care of me. He will know what to do. But then something very odd happens to you. You discover your primary care physician is not really well equipped to handle that job. He or she is very busy treating infections, diabetes, heart conditions and the like, which they are very well equipped to handle. This is very apparent with your resulting drug prescription for Soma muscle relaxers and Norco, Neurontin or any other of the various prescribed pain medications. You then take the drugs soon to feel strangely like you're not altogether "there" or you immediately are sick, feel nausea and vomit the drugs as fast as you swallowed them. When you get sick of that (pardon the pun! I couldn't resist), you go back to your doctor looking for another more appealing treatment. This time it's physical therapy. The thing you already can't do!! You already can't bend over, twist, lift things, and now they want you to do more of it with a bunch of other back pain sufferers! Gimme a break. Now, you've really had it. You try the chiropractor and either you feel better for a little while only to have the pain return, or worse nothing happens at all. Or even worse than that, after your treatment you have **MORE** pain (not because chiropractic does not work...your condition is just too deteriorated or severe). Then you try acupuncture because you read in a magazine it could help pain. You then realize sticking a bunch of needles in you will not magically remove the bulging disc that is smashing your nerve and causing you pain. You try massage as you read on the internet massage may help alleviate back pain...only to be disappointed. You're now beginning to feel desperate. Back to your primary care doctor to tell him about your adventures hoping he will have a different answer this time. He does.



"We can inject pain drugs through a big needle into your spine." You cringe in fear and reluctantly agree at this point. "NOW I will be fixed." Or at least that's what you've been led to believe. You have either no pain relief, some pain relief, a whole lot of pain relief or it makes you have more pain. The second pain shot (oh, yes there will be a second and a third) is usually less effective or not at all and requires another one. You come to the realization that pain shots will not fix the disc bulge or herniation still smashing your delicate nerves causing you pain. Finally, your doctor recommends you see a "Specialist" (Back Surgeon) and he can do risky surgery. If you've read the latest article in the Journal Of American Medical Association*, you will see surgery patients and non surgery patients turned out the same! Why even do the surgery? Risk of paralysis, death, infections, more pain. No thanks. So, Back to the question. What are YOU going to do if you are stuck between serious back pain or leg pain or surgery? **Great News! A new extremely effective non surgical new back pain treatment is now available in Brooklyn.** If you are suffering from back pain or leg pain,

having pain at the belt line, fire down your legs, numb legs, feet or toes or feel like a knife is stuck in your back you owe to yourself to check out this new procedure.

Finally, Some Good News! If you've been suffering with back pain or arm/leg pain caused by a disc bulge, disc herniation or squashed or compressed discs.

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Yes! I am very confident, but I can't help EVERYBODY. You see, there's

a very small percentage of folks we can't help. Here's what a couple applicants said after I told them both I couldn't help them:

"I was treated very well by the staff. The doctors actually listened to me and I thought they would rush me out of the office but didn't, despite the fact I wasn't a candidate. The exam I had was very thorough, more so than any doctor I have seen yet. The doctor explained things to me that no one else ever has."
Non-Candidate
Brooklyn, NY

"Meeting with the doctor, we discussed and viewed if I was truly a candidate for the treatment. The doctor let me know I was not a candidate but did leave the door open for me to seek her services in the future if I thought I needed her services."

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Lincoln Leung
Brooklyn, NY

I felt like a truck ran over me. I was in such pain it was unbelievable. I gotta tell you, so far I've had 7 or 8 treatments, and I feel 100% better. I live away but worth every mile to come here."

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Revitalizing the 'hood

Mets, NYCHA, Citi, Habitat-NYC

By Tequila Minsky

Former center fielder and NY Mets coach Mookie Wilson shared his favorite foods and cooking tips with Mets great Ron Darling as they both painted swaths of color recently in the hall of the King Towers Community Center in Harlem. The Center is in the New York City Housing Authority complex at East 115th St. As part of Habitat-NYC's 'Brush With Kindness' program, the Mets alums, 25 Citi volunteers and family partners brought fresh colors to the Center's rooms and a vivid new mural to brighten the hallway. Kings Towers has 10 buildings.

At nearby Taft Houses, the Youth Chorus Office also benefitted from the "Teammates in the Community" volunteer efforts on a very soggy May 24.

This is the fourth year that the Mets, Citi and Habitat-NYC have teamed up together. This year, New York City Housing Authority joined them.

Fielding raindrops during the outdoor presentations, Victor Gonzalez, the first public housing resident Board Member, mentioned that 40 centers in the Housing Authority have been painted through the 'Brush With Kindness' program, "brightening up spaces we call home." He said, "This activity creates inspiration and changes lives of those it touches."

Pitching legend Ron Darling is a Habitat-NYC Board member and comes out for all the Mets-Citi-Habitat events. "It's a winning partnership with a long-standing commitment to the community. As a team we will work together to revitalize the rooms and areas where young people and residents of this neighborhood gather every day," he said, keeping his remarks brief to avoid the impending deluge.

Thanking the Mets alumni and Citi volunteers, Bill Borden of Citi spoke of how much the partnership between these four institutions collectively makes a tremendous impact. Borden painted a segment of the mural.

Family partner Aisha Torres, a 28-year-old hospital police officer and single mom with a six-year-old son, painted alongside the baseball legends. She has completed 50 of her 200 sweat equity hours. "This is an awesome program," she gushed. "I never thought I'd be able to afford to buy something. This is security for my son's future."

She appreciates learning the building and home ownership skills that are part of the Habitat homeowner experience and meeting people from all walks of life as she puts in her sweat equity hours. Living in Mill Basin now, Aisha hopes to move into a new two-bedroom home in Bed-Stuy, this fall.



Mr. Mets, the team's mascot and NYCHA Board Member Victor Gonzalez (center) were on hand with the high profile Mets' alumni and the energetic Citi volunteers.

Photo by Tequila Minsky

'Brush with Kindness' serves as a companion to Habitat-NYC's core building services, enabling them to serve more families and increase opportunities for volunteers and sponsors. The program is designed to revitalize the appearance of the neighborhood and encourage connections within the community while preserving affordable housing stock.

At work too was Habitat-NYC volunteer Anthony Collins, honored the next day in a pre-game ceremony on the field with a "Teammates in the Community" award for his 10 years of volunteering for Habitat-NYC. The award recognizes individuals who have demonstrated extraordinary ways to give back to the community.

Tourism conference

By Azad Ali

Trinidad and Tobago will host two tourism conferences scheduled for next year, which are intended to promote the country as a travel destination.

Minister of Tourism Stephen Cadiz told a press conference that the two meetings are the Caribbean Tourism Organization (CTO) conference on Sustainable Tourism Development as well as the 11th Travel Professionals of Color (TPOC) International Conference and Trade Show.

Gail Henry, CTO's sustainable tourism product specialist, said the organization's conference will address issues facing the economy, society and the environment and find solutions to them.

Charlotte Haymore, president of TPOC said the conference, which is to be hosted next August, will help Trinidad and Tobago and the United States to intertwine through workshops and seminars.

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With Crown Prince Harry in the lead and all the British tabloids following his every move, the Jamaican athlete Usain Bolt (seen here with a special fan, Great Britain's double-gold winner "Mo" Farrah, after his record-breaking 100-meters run), clearly was the favorite of the people of Great Britain, who cheered his every move during the 30th Olympiad in London.

Photo by Clive Brunskill

Britain loves Bolt

By Vinette K. Pryce

Great Britain loves sports and as evidenced in London at the 30th Olympiad, the British loves Usain Bolt.

From the day the athlete arrived at his training camp at Birmingham University, reporters, fans and curious Londoners stalked the man known as the fastest on earth.

On arriving at the Olympic Village, a security force had to ensure his daily arrivals and departure. While inside, he was hounded by volunteers, workers and fellow Olympians in search of autographs.

His entrance inside the Olympic Stadium was no casual walk.

Spectators cheered each day as if HRH Queen Elizabeth II had parachuted into the venue.

Bolt obliged each cheer, clowning, mimicking England's best 10,000 metres runner and even hi-fived a few workers and volunteers.

Prince Harry, one of the royal cheerleaders did not miss Bolt's record-breaking runs.

An NBC commentator said the crown prince arrived at the stadium in time to watch Bolt run the 220 meter race, the same one he blazed to victory in Beijing, China, four years ago. The prince had already watched him win the gold

in the 100 metres race and returned to see the athlete he visited at his training camp in Kingston, Jamaica earlier this year.

All eyes were on Bolt, he said.

With a capacity 85,000 crowd inside the Olympic venue, Bolt's mettle was tested and scrutinized by some of the world's best analysts, athletes, critics and fans.

According to the announcer, sitting in a vantage from a curve, he was able to see the prince as well as Bolt.

"As soon as the race ended, right after Bolt won, the prince ran out of his seat," he said.

Undoubtedly, Prince Harry headed straight to Bolt and Team Jamaica to offer his compliments on his world-record breaking and Olympic back-to-back

run.

The prince was not the only celebrity fan.

Great Britain's double gold winner Mohammed "Mo" Farah publicly displayed his admiration for the Jamaican, superstar.

After winning his second gold, Mo tried to out-do Bolt by doing sit-ups comparable to the push-ups Bolt demonstrated after his win running the 200 metres.

Like Bolt's "to the world" signature pose, the Somalia-born Mo draws cheers and jubilation with his Mobot.

The overhead, heart-shaped gesture seems to fire up Brits watching the sport. And although Mo knows how, Bolt also knows how to please British crowds.

Saturday, the final day of track and field events, the two traded mimicry by amusing them demonstrating each other's pose.



Photo by Mike Hewitt

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Partnership for A New American Economy

The Partnership for a New American Economy – a group of more than 450 Republican, Democratic, and Independent mayors and business leaders who support immigration reforms that will help create jobs for Americans – today released a new report, “Open for Business: How Immigrants Are Driving Business Creation in the United States,” that found that immigrants were responsible for 28 percent of new U.S. businesses in 2011 and are increasingly likely to start a business just as the rate of new business generation among native-born Americans declines. The report also found that immigrant businesses collectively generated more than \$775 billion in revenue, \$100 million in income and employ one of every ten people working for private companies. The Partnership released this report today at two forums on “The Economics and Politics of Immigration” in the presidential campaign headquarter cities of Chicago, IL and Boston, MA. Chicago’s forum, held at 8:00 AM CDT this morning and cohosted by the Chicago Economic Club, included Partnership Co-Chair New York City Mayor Michael Bloom-



erg and former White House Chief of Staff William M. Daley, and was moderated by Andrea Mitchell of MSNBC. At the Boston forum, which will be at 6:00 PM EDT and cohosted by the New England Council, Mayor Bloomberg will be joined by News Corp. Chief Executive Officer and Partnership Co-Chair Rupert Murdoch in a discussion moderated by Gerald Seib of The Wall Street Journal.

“Both parties’ presiden-

tial candidates agree that the main issue of the campaign is the economy, and yet neither candidate is talking about one of the most effective and cost-free ways to generate economic growth: immigration reform,” said Mayor Bloomberg. “It’s time for the two candidates to stop using immigration reform as a wedge issue and start listening to Democratic and Republican business leaders and mayors who agree on

common sense reforms that would create jobs across the country.”

“In an election season focused on the economy, this report’s findings that immigrants are playing a large and growing role in starting the companies that are putting Americans back to work should be an invitation to policy makers to stop using immigration as a partisan political tool and start using it as a way to jump start our economy,” said former White House chief of staff William M. Daley. “Just as their doors are open for business, America’s doors need to be open to the very people who are job creators and economic drivers.”

“America is a great nation built on the hard work and ingenuity of immigrants, and our economic prosperity will depend upon our ability to unleash innovation and compete in the global marketplace,” said Rupert Murdoch. “Unfortunately, Washington has failed to enact immigration policies that acknowledge the role of immigrants in our economic successes, or consistently support the employment needs of America’s businesses. We have to get beyond politics and antiquated notions about immigration if we are serious about attracting and retaining the

best talent in America.”

The report looks at the steadily growing importance of immigrant entrepreneurs to the American economy and examines the ways in which immigrant entrepreneurs play a vital role in new business creation:

- While the entrepreneurship rate of native-born Americans has slowly declined over the last 15 years, the entrepreneurship rate of immigrants has climbed by over 50 percent.

- Immigrants are now more than twice as likely as the native-born to start a business and, in 2011, were responsible for more than one in every four (28 percent) new U.S. businesses, significantly outpacing their share of the population (12.9 percent).

- While immigrant-started businesses tend to be smaller than those started by native-born Americans, they have a large collective impact on the economy. Immigrant-owned businesses now employ one out of every 10 workers in privately-owned companies and contribute more than \$775 billion in revenue, \$125 billion in payroll and \$100 million in income to the U.S. economy.

To better understand who the new immigrant entrepreneurs are and in what regions and industries they make the

most impact, the report also examines where immigrant business owners come from, what sectors of the economy they contribute to most, and which states are most affected by their contributions. The report’s in-depth analysis reveals additional evidence of the importance of immigrant entrepreneurs to America’s economic growth in the coming years:

- Over the past 10 years, immigrant business income grew by more than 60 percent, while income from native-owned businesses only grew by 14.4 percent, a rate not sufficient to keep up with inflation.

- Immigrant-owned businesses are more than 60 percent more likely to export than non-immigrant owned businesses, and in recent years, exports accounted for about half the growth in the U.S. economy.

- Immigrants start more than 25 percent of all businesses in seven of the eight-sectors of the economy that the U.S. government expects to grow fastest over the next decade (health care and social assistance companies, professional and business services, construction firms, retail trade, educational services, “other services”, and transportation and utilities.)

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NYC Small Business Resource Center | The New York Public Library

smallbiz.nypl.org

Small Business Services - Empire State Development New York

www.esd.ny.gov/smallbusiness.html

Small Business - Business First - New York State

www.nyfirst.ny.gov/ResourceCenter/SmallBizMenu.html

2012 New York, NY Small Business Resource

www.sba.gov/sites/default/files/files/resourceguide_3135.pdf

Business Resources: Internet Bibliographies: New York State Library

www.nysl.nysed.gov/reference/busref.htm
Selected business-related web sites compiled by staff at the New York State Library for use in response to reference questions.

Start a Business in New York — Resources for New York Small Businesses

manhattan.about.com/od/careersjobs/a/nysmallbusiness.htm
Find resources and advice on starting a

business in New York City. Get information on New York business licenses and incorporation, free NYC resources for starting a business.

Your Money New York - Help and Resources for Small Businesses

www.yourmoneyny.com/helpresource/smallbusiness/index.php
This section of Your Money New York is designed to help small business owners – and New Yorkers interested in starting a small business.

Small Business Resources - The Business Council of New York

www.bcnys.org/inside/smallbusiness.htm
Capital Business Blog - Read about the issues.
Visit www.nyfirst.ny.gov to learn what New York State can do for businesses.

Resources for Businesses in New York City - bfindapc.com

www.bfindapc.com/...business-resource.../resources-for-businesses-i
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Small Business Resource Guide - New York - HUD

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Barbados to host region's largest economic forum

By Nelson A. King

The Inter-American Development Bank (IDB) says Barbados will this year host the 15th Inter-American Microenterprise Forum (Foromic 2012), the biggest annual microfinance and microenterprise development event in Latin America and the Caribbean.

The Washington-based financial institution said on Aug. 10 that more than 1,000 participants are expected to attend Foromic, which for the first time ever will be held in an English-speaking Caribbean country.

The IDB said the Oct. 1-3 event will focus on "innovative ways to unlock entrepreneurship."

It is being organized by the Multilateral Investment Fund (MIF), a member of the IDB Group, in collaboration with the Government of Barbados.

The IDB said impact investors and delegates from financial and micro-finance institutions, associations of micro-entrepreneurs, government agencies, non-governmental organizations, international organizations, foundations and the academia working in the sector will participate in the forum.

The first day of the conference focuses on Barbados and the Caribbean, with panels discussing development opportunities for small businesses, microfinance, entrepreneurship among youth and women, and emerging business from renewable energies, the IDB said.

It said the second day will highlight innovative financing models for small and medium-sized businesses, as well as expanding business models to provide financial services for

the poor beyond microfinance to include savings.

"As in previous years, the latest developments in microfinance are at the center of the event, which will have panels presenting lessons learned about the effective use of new technologies in providing financial services, improvements in corporate governance, and promising innovations in rural and agricultural finance," the IDB said.

It said the final day will feature panels on impact investing as an opportunity for the Caribbean, and ways to unlock women entrepreneurship.

The IDB said the conference will close with a seminar on improving client protection and financing models to finance green businesses, particularly related to renewable energy and energy efficiency.

Caymanian expats win tax debate

By David McFadden

KINGSTON, Jamaica (AP) - The Cayman Islands is scrapping a plan to impose a direct income tax on thousands of expatriates working in the British Caribbean territory that is famed as a no-tax financial center.

Premier McKeeva Bush issued a terse statement late Monday saying that his proposed tax was "off the table and will not be implemented." He did not say what alternative revenues might replace it.

The islands' leader said only that his administration was "satisfied that many of the commitments from the private sector" will meet his demands for a new source of revenue for the government that won't hit the poorest citizens. He has been huddling with business leaders in recent days.

Zero direct taxation, friendly regulations and the global money they lured have transformed the tiny

British territory into the world's sixth largest financial center, with \$1.6 trillion officially booked international assets.

Bush announced in late July that he planned to impose a direct tax on expatriate workers' income Sept. 1 to bail the territorial government out of a financial hole and to meet Britain's demand that Cayman diversify its sources of revenue beyond the work permit fees, duties and other fees it now relies on.

He later said the annual income threshold would be \$36,000, which would have affected about 5,870 expatriates. He described it as a "community enhancement fee" rather than a tax.

The proposal outraged many people, who said the tax would be discriminatory and could destroy the islands' main economic anchor.

On Tuesday, many expatriates were still left guessing about what the new

revenue measures would include.

"The only reaction is confusion as the uncertainty continues. At least he has removed this one tax that would have been our death sentence," said Grand Cayman real estate broker Kim Lund, who added that several deals fell through after Bush announced the tax plan.

Some wealthy expatriates had said they planned to leave Grand Cayman, where accountants, lawyers and other skilled professionals work in coastal offices looking out on clear, blue seas.

Eden Hurlston, a local man who was a vocal member of a roughly 11,000-member Facebook group called "Caymanians & Expats Against Taxation," said he believes the controversy over the scrapped tax has helped people on the islands realize they can demand more accountability from their leaders.

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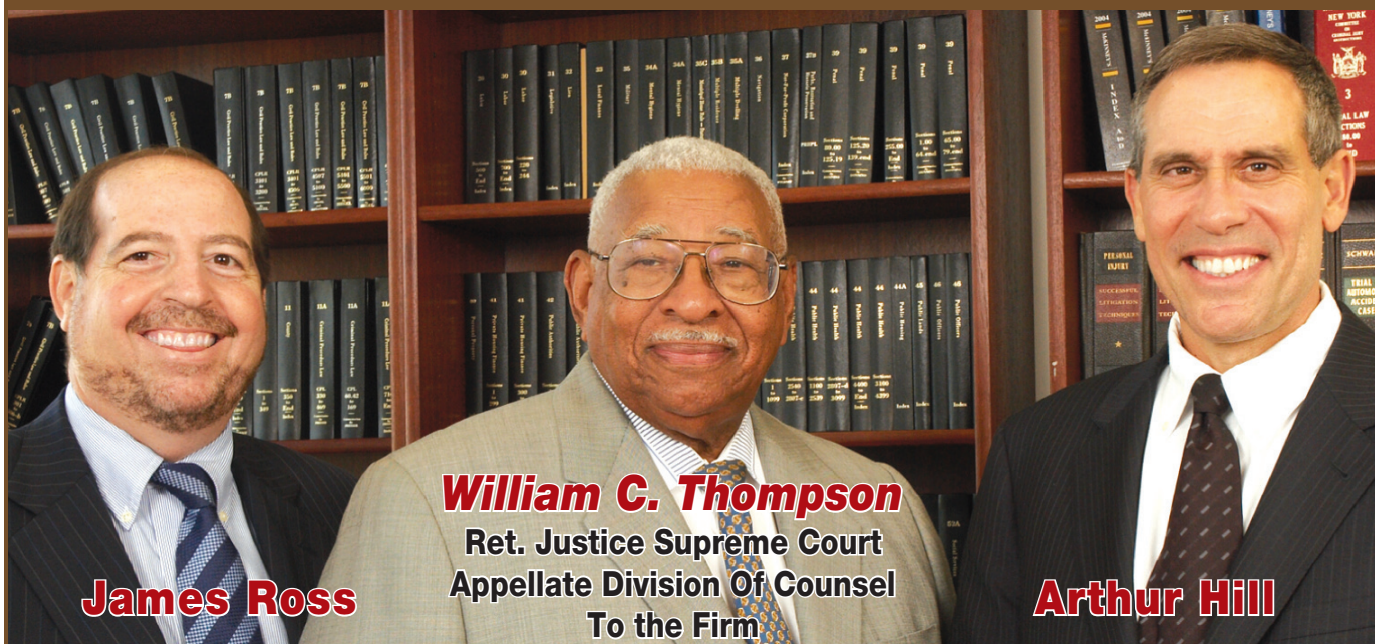


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Is my obesity related to my depression?

By Peter Jackson, CPT

Q: I am a 30-year-old man, 5'9" and I weigh 245 pounds. I am depressed because I am so overweight and so I eat even more. I read somewhere that the reason some people can't lose weight is because of low serotonin levels. Is that connected to my being overweight?

A: The fact that you have reached out to me indicates that you realize you need help – and that's an important first step. My first recommendation would be to see a physician who can give you a thorough physical examination and determine what, if any, underlying medical conditions are contributing to your obesity.

Secondly, you should seek the help of an experienced fitness professional you can help you with an exercise program and offer guidance on a healthy food plan.

There is no magic pill or diet to lose body fat. In the

end it comes down to learning how to eat the right foods in the correct portions and engaging in regular exercise comprising both cardio and strength training. That's the cold, hard truth.

Your personal trainer can calculate exactly how much fat you need to lose. For a 30-year-old man like yourself, 12-15 percent body fat would be considered good.

A pound of fat equates to approximately 3,500 calories, so burning 500 calories more than you eat each day (500 x 7 days = 3,500) will lead to a pound of fat loss in a week. Health professionals advise against losing more than 1.5-2 pounds of fat per week.

I am not in a position to make a connection between your obesity and possible low levels of serotonin, but I can address this topic in general terms. Serotonin (5-hydroxytryptamine) is a chemical produced naturally by the body which essentially helps brain cells communicate.

HEALTH

It can help to calm anxiety, relieve mild depression, improve sleep and create a general sense of well-being.

Changes in the level of this neurotransmitter caused by excessive use of alcohol and caffeine, a lack of exercise, smoking and diabetes, among other factors, have been attributed to a number of conditions including insomnia and, yes, obesity.

Low serotonin levels adversely change our mood, so much so that drugs prescribed to treat depression and anxiety are typically engineered to work by increasing serotonin production. Americans spend \$3 billion a year or more on drugs to treat depression and anxiety, according to published reports, but there are simple, inexpensive steps we can take to influence our mood naturally.

The simple fact is this: We are what we eat because what we eat affects how we feel.

Scientists have discovered that our diet influences the brain's neurotransmitters – including serotonin – and certain foods affect the natural production of this important chemical.

Serotonin is made following a chemical reaction with tryptophan, an essential amino acid which is present in varying amounts in all protein foods. Here are a few:

Turkey: Ever notice how relaxed you get after eating turkey at Thanksgiving dinner? That's because turkey contains high levels of tryptophan from which serotonin is made. Turkey and other lean meats including roast beef, tenderloin and skinless chicken breasts are good sources of tryptophan.



Salmon: Wild fatty fish like salmon, mackerel and sardines and packed with tryptophan and omega-3 fatty acids which positively affect mood. A 3.5 ounce serving of salmon contains 22 grams of protein and is an excellent source of omega-3 fats. Put wild fish on your dinner table at least once a week.

Eggs: Eggs are one of the best, natural sources of protein (6.3 grams per egg) and are rich in amino acids and nutrients the body needs. Forget egg substitutes and,

please, eat the yolk! Scientists have now dispelled the myth that eggs yolks have a direct link to heart attacks. Dietary cholesterol found in eggs yolks are no longer believed to impact serum cholesterol which can lead to coronary disease.

Bananas: Bananas have been called "the world's perfect food" – and with good cause. This amazing fruit is rich in vitamin C, fiber, minerals and potassium. A little known fact is that bananas contain tryptophan, and so also contributes to a positive mood.

Flax Oil Or Flaxseeds: Flaxseed oil is a great source of omega-3 fatty acids and is known for its anti-inflammatory properties. Other nuts and seeds such as peanuts, almonds, sesame seeds, walnuts and pecans similarly contain generous levels of tryptophan.

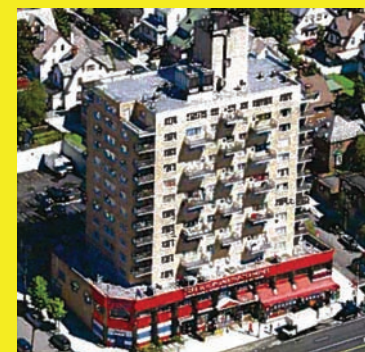
Peter Jackson is nationally-syndicated fitness columnist. Courtesy Healthy Living News



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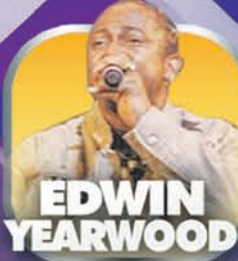
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Intense cardio that's not for everyone

By Peter Jackson, CPT

Q: I have a friend who has lost massive amounts of fat doing High Intensity Interval Training. What exactly is this and will it work for me? I'm 36, 6', 175, about 9% body fat.

A: High Intensity Interval Training (HIIT) is a form of cardiovascular exercise performed in a short period at an intense rate, followed by a less intense recovery period and repeated multiple times during the same session.

Yes, it has its benefits which include accelerated fat loss and cardio conditioning, but it can be a grueling workout and isn't for everybody. Given your stats (six feet tall and 175 lbs. with only 9% body fat), HIIT certainly isn't the program I would prescribe for you if your goals are to build muscle.

Example: For an individual wanting to try HIIT on

a treadmill, I would have him warm-up at a comfortable but brisk intensity for 5 minutes. Then I'd have him sprint at full intensity, no-holds-barred, for 45 seconds to a minute. For the next two minutes during the "recovery" phase, he would jog at a comfortable pace. We would then repeat this pattern of sprint and recovery about 6 to 10 times and finish it off with a cool-down. The total workout should take 15-20 minutes.

The benefits of this type of training are numerous. The major one is improved oxygen uptake or EPOC (Excess Post-Exercise Oxygen Consumption). In very basic terms, this means you will be consuming a lot more oxygen for the next 24 hours, raising your metabolism and, in turn, burning more fat.

The other big benefit to HIIT is that it works both the aerobic and the anaerobic system. Exer-

cise physiologist Elizabeth Quinn explains it this way:

"During the high intensity efforts, the anaerobic system uses the energy stored in the muscles (glycogen) for short bursts of activity. Anaerobic metabolism works without oxygen, but the by-product is lactic acid. As lactic acid builds, the athlete enters oxygen debt, and it is during the recovery phase that the heart and lungs work together to "pay back" this oxygen debt and break down the lactic acid. It is in this phase that the aerobic system is using oxygen to convert stored carbohydrates into energy. It's thought that by performing high intensity intervals that produce lactic acid during practice, the body adapts and burns lactic acid more efficiently during exercise.

HEALTH

This means athletes can exercise at a higher intensity for a longer period of time before fatigue or pain slows them down."

The next time you spend time on a treadmill, try a pre-programmed interval training set and see for yourself if this type of training is for you.

Tip Of The Week The Power Of Vitamin D

Vitamin D was considered so vital to building strong bones that in the 1930s the U.S. government mandated that milk be fortified with it. This amazing vitamin, which works to increase the absorption of calcium from foods and supplements, has been found in more recent studies to play a vital role in defending the body against a host of illnesses including colds, heart disease,



asthma, diabetes and cancer. People over 50 tend to be at greatest risk for vitamin D deficiencies often resulting in osteoporosis. More recently, a high percentage of HIV+ individuals have been found to have vitamin D deficiencies. Experts recommend beginning a vitamin D supplement regimen by taking 1,000 IU per 25 pounds of body weight. Consult with

your doctor or registered dietitian before any type of supplementation.

Peter Jackson is nationally-syndicated fitness columnist. Peter welcomes your questions at peter@PushFitnessFTL.com or visit him online at www.PushFitnessFTL.com and www.PozFitness.com.

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Brooklyn's 'bread boss' takes on newest venture

By Camille Sperrazza

If he had starting working in the shoe business as a teen, rather than the bakery business, he might have been Manolo Blahnik, he says.

Instead, Joseph Ayoub's first job was at a local bakery, and the rest is history. Brooklyn history, that is.



Baked in Brooklyn
opened in Greenwood Heights in April.

Maybe you don't recognize his name, but odds are you eat the bread he produces. Call him the "Bread Boss," because Ayoub is the brains behind Aladdin Middle Eastern-style bread and more than 100 other types of baked goods, all created right here in the borough, for the last 40 years. That's a lot of dough.

His latest venture, Baked in Brooklyn, opened in Greenwood Heights this April. It's a retail store, selling artisan bread, gourmet sandwiches, wraps, pita chips, and other goodies to the community.

Retail is a new field for Ayoub because the more than one million pounds of bread produced each week by Aladdin Bakers are sold to airlines, schools, institutions, and to companies whose names are very recognizable. But Baked in Brooklyn sells directly to the consumer. All the breads are handmade, and a huge floor-to-ceiling glass window allows customers to witness the entire process — the handling, kneading, molding, and the baking of crisp and delicious breads.

After all, artisan baking is a craft, and the rest of us can learn a thing or two by watching the action. It's fascinating to see simple material such as flour and water take on shape, molded into breads of different sizes and textures. Then, watch as seeds, nuts, raisins, and other intriguing ingredients become part of that creation.

But there's a lot more than that. Some tantalizing selections have included raspberry bread and chocolate-filled challah bread. Whoever said, "Man cannot live on bread alone," has not been here. Some of us can make a steady diet of it.

The store is just less than 1,000 square feet, and when it opened, the intention was to sell bread only.

"But one thing led to another," says Ayoub, and they started creating sandwiches to go. Then breakfast was added for those who wanted some eggs and bacon on their freshly made bagels. Now, if about eight to 10 people want a quick bite and don't mind standing, there's a ledge where they can lean to enjoy their Baked in Brooklyn treasures. Coffee, cheese, spreads, and other goodies are also offered.



Jaclyn Fenton serves up some fresh bagels at Baked in Brooklyn.

Another expansion is on the horizon — at the soon-to-open Barclays Center.

"Baked in Brooklyn will be one of the seven stores at this arena," says Ayoub. Sandwiches and breads will be sold.

Ayoub didn't start the Aladdin kingdom by making a wish. He did it the old-fashioned way — by working hard. He grew up in Bay Ridge, where he was taught the value of hard work and discipline, skills necessary for success. Today, there are 14 buildings in Sunset Park that are affiliated with his bread empire, and he employs about 300 people.

"I am extremely passionate about Brooklyn," he says. It's where he was born and raised, and while it's been a wonderful magic carpet ride so far, he thinks the best is yet to come. "I believe in this city, and I know that it will continue to grow and prosper, and I want to be part of its rise."

Baked in Brooklyn [755 Fifth Ave. between 25th and 26th streets in Greenwood Heights, (718) 788-3164]. Open Monday through Saturday, 7 am-7 pm.

Photos by Steve Solomonson

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Miss Guyana World wins the People's Choice Award

By Tangerine Clarke

The Guyanese community is abuzz with excitement at the latest news that Miss World Contestant Arti Cameron captured the People's Choice Award at Miss World pageant pre-congrats in Ordos China, with a stunning 7,058 "Likes" on Face Book to beat out 79 other contestants from around the world.

Cameron is now posed to be in the top 25 to vie for the crown during the pageant that will be broadcast on NBC TV on August 18.

The twenty-three year old beauty holds a pre-med degree in biology with a minor in chemistry and plans to pursue her childhood dream of becoming a medical doctor. She has lived in three countries so far—Guyana, Jamaica, and the United States. The Guyanese community voted in the thousands, to give Arti an astounding win.

"Thank you all for your PHENOMENAL support to help Guyana become the People's Choice for Miss World 2012. It means the world to me that you took the time to vote. I'm the luckiest girl in the world, love you lots, posted the beauty queen.

Arti, who received outstanding support from her Guyanese family in her bid for the crown has become one of the darlings in the country where she has been attending pre-pag-



Arti Cameron,

ant events, meeting local officials and sightseeing with other contestants.

New York-based fashion designer Michelle Cole, of Cole Facts, has outfitted the queen with a lavish wardrobe, and creations to

compete in the Cultural, Swim and Eveningwear categories.

To further support Arti for the crown, tune in on Saturday, August 18, to cast your vote.

Good Luck! Arti.

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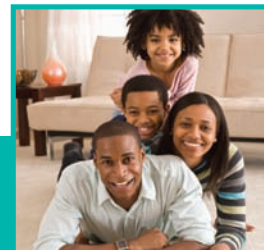
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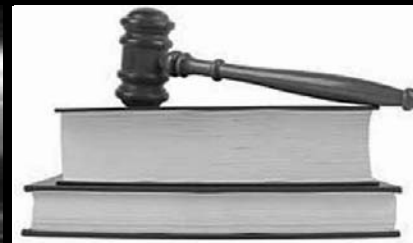
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Jamaicans 'Glean' notice in Canada & UK

Jamaicans living in the United Kingdom and Canada are no less jubilant about their contribution to enhancing cultural pride in the black, green and gold banner.

Some claim that nationals residing throughout the world have always known that their 'featherweight' island has the heart and punch of a super heavyweight."

According to a report in the island's Gleaner, "While larger neighbors in the Caribbean and Latin America have been torn apart by revolution and civil war, Jamaica is one of the world's longest-standing democracies."

The article cites Jamaica has produced world leaders in politics; world renowned intellectuals and artists, and supplied millions of immigrants to build "developed" countries all over the world.

It is the third largest island in the Caribbean, behind Cuba and Hispaniola



Inside Life

By Vinette K. Pryce

— Haiti and the Dominican Republic.

Jamaica was the first country to impose economic sanctions against the apartheid regime of South Africa; it was the founder of the International Bauxite Association and spearheaded the International Seabed Authority, which both now have their headquarters in Kingston. The authority organizes and controls all mineral-related activities in the international seabed area beyond the limits of national jurisdiction, an area underlying most of the world's oceans.

Jamaica is the first country to sign a grant agreement on a global fund to fight AIDS, tuberculosis and malaria.

The island nation has won the most world and

Olympic sporting medals over all others in the Caribbean.

In 1688, Jamaica was the first British colonial territory to establish a postal service. Black River in St. Elizabeth, then an extremely important port, got electricity in 1893, before New York.

Part of the island's impact comes from the large number of Jamaicans who have migrated to other parts of the world.

More or less twice as many Jamaicans live outside Jamaica than reside in their native land.

The official count is 2.7 million residents on the island.

It is estimated the Jamaican diaspora is estimated to be between three and five million.

These immigrants and descendants predominantly live in Canada, the United States and the United Kingdom. However, increasing numbers Jamaicans are becoming a growing population in other parts of Europe and in Africa.

The island's population is ethnically diverse. According to the University of the West Indies, Jamaica's ethnic make-up consists of 76.3 percent of people of African descent, 15.1 percent Afro-European, 3.4 percent East Indian and Afro-East-Indian, 3.2 percent Caucasian, 1.2 percent Chinese. There are 424,000 Jamaicans of Jewish ancestries.

Jews were among the first immigrants from Europe to Jamaica. They arrived there with Christopher Columbus from Portugal and Spain when they fled the Spanish Inquisition in the 1400s.

Jamaican workers helped to build the Panama Canal.

They worked in the sugar cane fields of Cuba; the apple orchards of the USA

and Canada and enhanced Britain's post World War II recovery in rebuilding the public transport system and the health sector.

A long list of Jamaicans impacted the Canadian economy.

If a child has surgery at Toronto's Hospital for Sick Children, it may well be performed, either by a Jamaican or a doctor trained by a Jamaican who is a professor of pediatrics at the University of Toronto.

Most recent estimates of the number of Jamaicans in Canada are as high as 300,000 people.

Jamaicans first immigrated to Canada in 1796, when 600 or so Jamaican Maroons were deported from Jamaica to Nova Scotia following their rebellion against the British.

In the last three decades, three ministers in the Ontario cabinet have been Jamaicans.

They include: Jamaican-born James Curling, Minister of Housing, Minister

of Skills Development and the first Black to be named Speaker of the House.

He was also the first Black Ambassador to the Dominican Republic.

Mary Anne Chambers, born in Jamaica, and a former senior vice-president of Scotia Bank, was the Liberal Minister of Training, Colleges and Universities and, later, Minister of Children and Youth Services.

Margarette Best is minister for Health Promotions.

Links between Jamaica and Canada go the other way, too.

The Bank of Nova Scotia was established in Jamaica in 1889, before it came to Toronto. It was the first foreign operation of a Canadian bank outside of the U.S. or the U.K.

The impact of Jamaicans on other countries has been described as profound.

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Drive pickup trucks safely

Around three million pickup trucks are purchased and used for various reasons across the country each year. With so many light trucks on the road, the wise driver can take heed of safety precautions when driving this type of vehicle.

Pickup trucks tend to be the safer of the two vehicles in a collision with another car. This is called "passive safety." The larger size and the higher stance means the vehicle will probably suffer less damage than the smaller car. Its height also puts it on par with the bumpers of other trucks and SUVs.

However, pickups do have some disadvantages that will need to be taken into consideration in order to drive safely. Pickups have a higher rollover potential than passenger cars. Therefore, turning should be done slowly and corners shouldn't be taken like one is driving on a racetrack. According to the Department of Transportation's Fatality Analysis Reporting System, in 2007, the most recent year from which statistics are available, rollovers accounted for 59 percent of SUV fatalities, 46 percent of pickup truck deaths, and 25 percent of car fatalities. Pickups have a lower center of gravity than SUVs, but they can still roll over if driven aggressively.

Another thing to consider is the heavier weight of a pickup, which causes it to have a



Truck owners can drive safely if they understand the differences between pickups and other vehicles.

longer stopping distance. This means drivers will need to add an even greater space cushion between the pickup and other vehicles to be able to avoid road hazards.

Something else to consider is that pickups are not designed to be nimble, overly responsive vehicles. They are primarily designed for hauling. That means swerving

around obstacles isn't achieved as easily as it may be in a passenger car. Again, this drives home the point of leaving more space to react to the road.

Pickup drivers should also note that many pickups, with the exception of a few, are rear-wheel drive vehicles. This means that the back wheels power the forward movement of the truck. When the cargo bed is full, this can work out fine. However, when the cargo bed is empty, the front half of the truck tends to be the heavier part of the vehicle, and essentially the lighter half of the truck — the empty back — is pushing the truck along. On slick roadways this can cause fishtailing or poor breaking. An easy fix is to keep some sort of cargo in the bed to weigh down the rear of the vehicle, but this isn't something all drivers remember.

The height of pickup trucks (and SUVs for that matter) create blind zones in the back of the vehicle and below the front grill. The organization Kids and Cars, which works to improve child safety, says that roughly 90 children die each year when drivers back over them while they are in blind zones. Pickup drivers should be aware of blind zones and make efforts to check these areas before backing up or pulling out. Backup cameras can also provide assistance.

Pickup trucks are much safer to drive when owners know the particulars of truck design and maneuverability.

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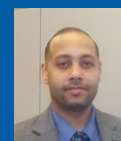
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Tips for using your navigation system

Today's drivers rely heavily on navigation system technology. It has revolutionized the way people drive and use maps and directions.

There are no hard statistics on the number of people who own these devices, but thousands of people have either a navigation system that comes pre-equipped in a car that they purchased, or a stand-alone device that was bought after the fact. These devices come pre-loaded with maps that work with satellites in space. The system receiver figures out the distance to each and uses this information to deduce the location of the device in a process called trilateration.

These devices have made paper maps obsolete for many people. While navigation systems can be very convenient, especially on road trips, there are some tips to keep in mind.

•Place the device where



it won't obstruct your vision or take your eyes off of the road for a good deal of time.

•Don't treat it as if it is infallible. Even with map updates and other accessories, a navigation system can still make mistakes. Use common sense, especially where it would seem the system is guiding you in the wrong way.

•Do not play with the controls while operating the car. If you need to adjust something on the device, do so only after pulling over to a safe area.

•Have a general idea where you are going so you'll know if the device is potentially guiding you in the wrong direction and you can maneuver in advance.

Texting while driving is not a smart idea

It's a common visual: a driver glances to the car that's pulled up alongside it at a stoplight to find that driver with cellphone in hand, typing a message. Many drivers do not even wait until coming to a stop before texting — they simply do so while keeping up with traffic, a danger that's causing accidents on roadways.

Texting is distracting drivers all across North America and beyond. Thirty states in the U.S. have made texting while driving illegal, but many people still continue to do it.

The U.S. Department of Transportation reports that nearly 6,000 people were killed on American roads in 2008 in accidents caused by distracted driv-

ers. Many of these drivers were teenagers, who may have been talking or texting on a phone.

When a person devotes attention to a cellphone — even for a few seconds — he can travel the distance of a football field without eyes on the road. What's more, talking or texting diverts a part of the brain that is needed to focus on driving. Individuals are able to multi-task, but they should limit the amount of distractions while driving because there is already an overload of stimuli commanding their attention.

Sixty percent of teens admit to texting while driving, according to a 2009 survey. Overall, 26 percent of respondents admitted to doing it, despite knowing it

was dangerous. More than 80 percent of people believe driving while texting should be banned.

Studies conducted in virtual driving simulators have shown driving while texting to be deadly. People doing it change speeds rapidly for no reason, and they weave in and out of lanes. Additional research has indicated that using a cellphone in any matter while driving is on par with driving drunk.

What these studies boil down to is that when behind the wheel of a car, drivers should simply stick to driving. Even searching for music files or eating a snack can reduce concentration on the road — something that may end in accidents.



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Model raises money for Haiti

By Tequila Minsky

She's five-feet ten inches, size four and a Ford model. Monica Watkins, who hails from Houston—"I was discovered shopping in a mall with my mother"—has traveled all over the world during her 20 years as model.

Things changed for her three years ago, when in a dream it came to her that she should paint, and the next morning she ran out and bought canvas and paints. Since then, not only does she paint, and continue her modeling career, but also she started Art in Motion, a platform to seek out and nurture young disadvantaged artists and to help children express themselves through the arts. Among her projects, she has run art workshops for the children of the Diakonos Orphanage in Carrefour, Haiti.

Last week, Monica along with model Dani Evans, who is even taller than she, organized a fundraiser at the chic Duane Park Lounge in Tribeca. The evening with all donated entertainment—soulful R&B—as part of LoveJonesNYC, an artistic high energy platform—"that celebrates the arts in a sexy fusion of music, spoken word, dance, fashion and live art" was MCed by founder/director Joey (J) Harris and backed by the Love Jones NYC band. Two



Flanked by Ford model Monica Watkins and model Dani Evans, Elise Saint Louis Accilien thanks supporters.

art works were also auctioned off.

Partnering with Haitian-Americans United for Progress (HAUP), the event raised money for art supplies for a project with children from three remote neighborhoods of Petionville, Haiti.

25 Haitian-American college age volunteers from the New York area were about to travel with the Queens-based HAUP-sponsored Love and Serve Haiti Mission 2012— to engage children from Petionville's Guibert, Sarazin and Masson neighborhoods in an informal day camp.

HAUP Director Elsie Saint

Louis Accilien said of the Haiti program, "We're also bringing 200 children from the hills and mountains, forgotten areas of Haiti, to bring them to do the (Art in Motion) art day."

The children will be picked up in their neighborhoods and brought to a large work space/concert hall where they'll have breakfast, and each given their own canvas to create a watercolor painting. After lunch and some song and games, they'll do another painting before returning to their homes. The (HAUP & Art in Motion) group is returning with the children's art to exhibit and sell.

can society. An estimated 1.5 million Americans of Jamaican descent live in the United States and are integral parts of our country's history and tradition, and many are among our distinguished leaders across numerous disciplines. Over 10,000 American citizens, many born on the island and dual nationals, live in Jamaica today. Visitors from the United States account for 64 percent of Jamaica's tourism market," he added.

The president pointed out that the U.S. and Jamaica continue to co-operate on many shared priorities in the areas of rule of law, anti-corruption, counternarcotics, law enforcement, and promoting economic growth.

"Last March, with the government of Jamaica's concurrence, the United States sent

delegates from our State, Justice, and Treasury departments, and USAID, to meet with top Jamaican diplomatic officials to explore ways to intensify our co-operation in education and poverty elimination," he noted.

While welcoming the new ambassador, Pres. Obama said he looked forward to working with the new ambassador in order to advance a common agenda and deepen the strong and abiding friendship of both countries.

In response the ambassador said that as a responsible partner in the hemisphere, Jamaica remains ready to work with the U.S. to counter challenges to the region emanating from terrorist activities or other threats to the preservation of peace, security and democracy.

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Obama

Continued from Page 6

sary of diplomatic relations with the United States. For the past 50 years, Jamaica and the United States have shared a long history of friendship, based on a mutual commitment to democracy, prosperity, and security in the Caribbean region. Our countries have enjoyed a fruitful and co-operative relationship across a broad range of issues, including trade, investment, citizen security, and energy security."

"Beyond the common interest of our governments, our people share an unbreakable bond and close family ties. Jamaica's dynamic culture has deeply enriched the fabric of Ameri-

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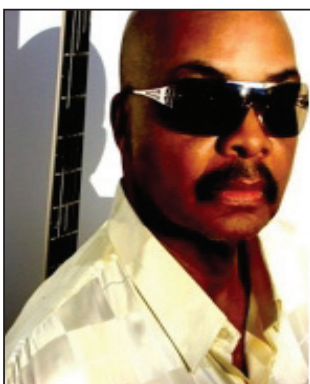
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Lonette McKee & Michael Henderson

A Night to Remember

Lonette McKee, acclaimed Tony Nominated film and stage actress and star of mega-hits Sparkle, The Cotton Club, Round Midnight, Jungle Fever and Broadway's Showboat and Lady Day, in concert with 4-Time Grammy Nominated music legend Singer, Songwriter, Jazz Fusion and R&B Soul performer, Michael Henderson come together for a one night only performance, A Night To Remember on Friday, August 24, 2012 at 7PM, Aaron Davis Hall, City College of New York (Convent Avenue and West 135th Street on City College campus) New York, NY 10031. Tickets are: \$35 (general admission). For more information and ticket sales visit: www.adhatccny.org or www.lonnettemckee.com or call Aaron Davis Hall Box office at 212.650.6900.

"This concert means the world to me. I feel I have found a home at The City College of New York where I already enjoy teaching my Actor's Workshop, states McKee. "And now, the school has given me the opportunity to produce a concert starring me and dear friend, Michael Henderson, who is a music industry icon and living legend. This is our first-ever appearance together and I'm so proud and excited that we're presenting it at beautiful Aaron Davis Hall on The City College campus in Harlem NY!"

A Night to Remember will be a dream for music lovers, as McKee will per-

form hits from Sparkle, Round Midnight, Lady Day and more. Henderson, long-time bass player of Miles Davis, will bring members of the original Miles Davis band to perform with him at A Night to Remember. Also McKee and Henderson will do a duet together for the one of a kind show. McKee, who starred in the hit 70's classic Sparkle, which was recently re-made and scheduled to be released in this August, has spent her life entrenched in the arts and music and is currently working on a new studio Jazz album.

A Night to Remember Information:

A Night to Remember featuring: Lonette McKee & Michael Henderson

Friday August 24, 2012

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Brandon Camphor celebrates new single

By Kingsley Dougan

New York City is known for its parties, music, fashion, and vibrancy - last night's single release party for Brandon Camphor & One Way had all that and more. The packed house at the Lower East Side's trendy Ella Lounge was full of music industry execs, radio djs, promoters, fashion designers, and fans. The party marked the group's debut Music World Gospel release, *You Are God*, and the new partnership between Brandon Camphor & One Way and NYC based PR and Events Company, Brydge Media Collective.

The group performed their new single along with some of their other hits to the delight of the crowd. Though initially based in Maryland, Brandon Camphor has relocated to NYC and commutes back and forth each weekend to



Brandon Camphor.

rehearse with the group. The decision to have the single launch party in NYC signifies that Brandon Camphor & One Way are here to stay.

The BE LIKE G.O.D. (Giving to Others Daily) Campaign is a four part, year-long campaign encouraging all to give back through their service, resources, giving, and time. The campaign calls on individuals

Continued on Page 44

Ovamarz pays tribute

By Chudi Chukwudi

Olympic fever has spread throughout Jamaica in light of the island's track stars painting London in black, green and gold with their blistering performances. One prominent dancer turned deejay has decided to pay tribute to Team Jamaica's cause in song.

In light of Olympic theme songs created by artistes such as Masicka (Jamaica Guh Haad and Done), Cherine Anderson (Jamaica Tun It Up) amongst several others, Ovamarz recently unveiled his own tribute to Jamaica's Olympians with his aptly titled track, *Best Pon 2 Foot*. According to Ovamarz, the

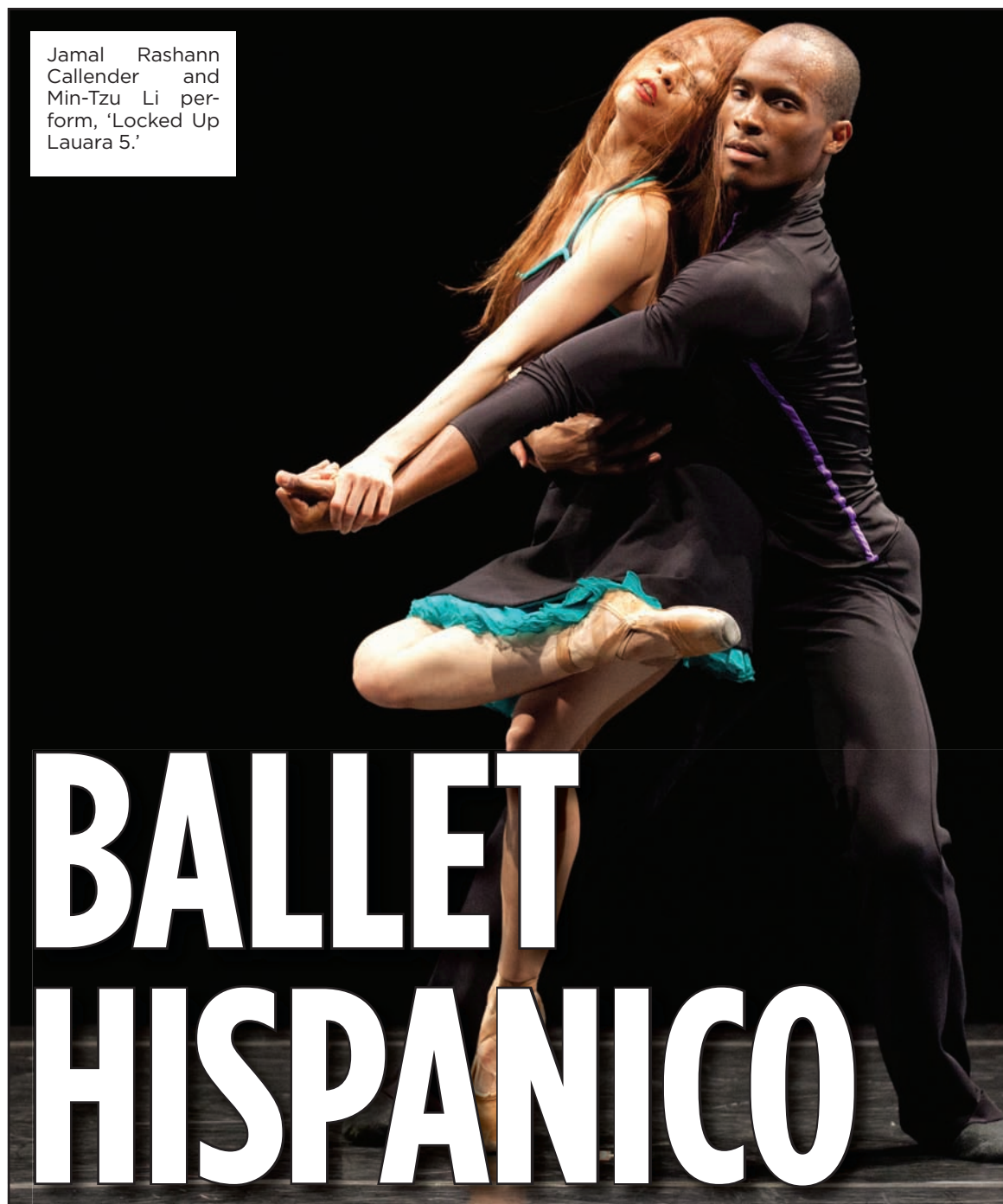
inspiration for *Best Pon 2 Foot* was sparked after a female fan declared him as the best dancer she knew.

From there, Ovamarz and his dance crew, Abovead-em Squad coined *Best Pon 2 Foot* as the new slang within dances and sessions across Jamaica and with the Olympics drawing closer, the highly acclaimed entertainer teamed with Cashflow Records to record a theme song for Jamaica's Olympic track team, which he insists will be an inspiration to people worldwide.

"I decided to do a dedication song for Jamaica and the entire World because I

Continued on Page 44

Jamal Rashann Callender and Min-Tzu Li perform, 'Locked Up Lauara 5.'



BALLET HISPANICO

Jamal Rashann Callender receives Princess Grace Award

Ballet Hispanico, recognized as the preeminent Latino dance institution in the United States, announces that company member Jamal Rashann Callender has received a Princess Grace Award for Dance.

Awards winners exemplify both classical and experimental artistic disciplines and, while still consid-

ered emerging talent, already show exceptional promise in their areas of expertise. Princess Grace Foundation (PGF)-USA assists their theater and dance studies, helps pay their artistic fees at non-profit companies and helps support their thesis film projects. The 2012 recipients hail from or are affiliated with organiza-

tions in 17 states.

The Awards for theater, dance and choreography, and film continue the legacy of Princess Grace (Kelly) of Monaco, who helped emerging artists pursue their artistic goals during Her lifetime. This year's 25 award winners will travel to New

Continued on Page 44

TOP OF THE CHARTS

TOP 10 SINGLES



- 1 Payphone**
Maroon 5 Feat. Wiz Khalifa
- 2 Wide Awake**
Katy Perry
- 3 Where Have You Been**
Rihanna
- 4 Lights**
Ellie Goulding
- 5 Call Me Maybe**
Carly Rae Jepsen
- 6 Somebody that I Used to Know**
Gotye Feat. Kimbra
- 7 Scream**
Usher
- 8 Titanium**
David Guetta Feat. Sia
- 9 Let's Go**
Calvin Harris Feat. Ne-Yo
- 10 Blow Me (One Last Kiss)**
P!nk

TOP 10 ALBUMS



- 1 God Forgives, I Don't**
Rick Ross
- 2 Number Ones**
Bee Gees
- 3 Greatest Hits**
James Taylor
- 4 Clockwork Angels**
Rush
- 5 Uncaged**
Zac Brown Band
- 6 The Soul Sessions: Vol. 2**
Joss Stone
- 7 Up All Night**
One Direction
- 8 Channel Orange**
Frank Ocean
- 9 Life Is Good**
Nas
- 10 The Lumineers**
The Lumineers

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New single

Continued from page 43

to pursue random acts of kindness for their fellow man; to donate clothing, identify shelter options, and give food to those in need; to raise funds to support missions work; and to mentor a young child throughout the summer.

Brydge Media Collective founder, Gabby Cudjoe Wilkes is passionate about the campaign sharing, "we can make such an impact with small, intentional acts of service. I am elated to take on the challenge of sparking a nationwide movement of service - mobilizing young adult Christians to be God's hands in the world." Brandon Camphor has an undying passion to serve others, sharing, "I have the desire to be like Christ and Christ cares about every person in this world - He cares about our deepest desires, our needs, and though He is sovereign and attending to the needs of all - He still cares about each person individually."

You Are God is available on iTunes now, purchase your copy today. Further details for the BE LIKE G.O.D.

Campaign are available at www.bcl1way.com/belikeGod



Packed crowd at Ella Lounge.

Ballet

Continued from page 43

York City, where they will receive their awards at the 30th Anniversary Princess Grace Awards Gala, held in the presence of TSH The Prince and Princess of Monaco, on October 22, 2012 at Cipriani 42nd Street.

"We are thrilled to have Jamal's work honored with a Princess Grace Award," said Eduardo Vilaro, Artistic Director of Ballet Hispanico. "His dancing is consistently excellent and inspired. This year, he has grown significantly and we are grateful that his accomplishments have been recognized by this terrific organization."

"The Foundation is delighted to honor Jamal's artistic excellence this year, as well as partner with Ballet Hispanico again," said Toby Boshak, executive director of the Princess Grace Foundation-USA. "Our Board of Trustees and Arts Advisory Board remain committed to our mission of furthering the future of the arts and are proud to have increased our support across the theater, dance and film disciplines this year."

Jamal Rashann Callender began dancing at Ballet Tech in New York City. He attended the Professional Performing Arts

School/The Ailey School under the late Denise Jefferson, while dancing at The Restoration Dance Theatre and the Harlem School of the Arts. Jamal also attended Perry-Mansfield and Springboard Danse Montreal. He graduated from The Juilliard School under Lawrence Rhodes, and has worked with The Atlanta Ballet, Peridance Ensemble, Buglisi Dance Theater, Formal Structure Inc., and Hubbard Street 2. He is entering his second season with Ballet Hispanico.

This is the second Princes Grace Award received in conjunction with Ballet Hispanico. In 2009, Andrea Miller received a Princess Grace Choreography Fellowship. She created the work Naci on Ballet Hispanico, which is now a part of the repertoire.

About Ballet Hispanico

Celebrating 42 years of dance and culture, Ballet Hispanico is recognized as the nation's preeminent Latino dance organization. Led by Artistic Director Eduardo Vilaro, Ballet Hispanico explores, preserves and celebrates today's Latino cultures through innovative artistic collaborations, world class dance training and national education and outreach programs. For more information, visit www.ballethispanico.org. Follow Ballet Hispanico on Facebook and Twitter.

Ovamarz

Continued from page 43

know that every human on this planet is best at one or more things in their life. I did the original song for Cash Flow Records and decided to include Usain Bolt & Shelly Ann Fraser who are my two favorite Jamaican athletes, also including selectors, promoters, and a few other dancehall people," he said.

"While watching the Olympics, I decided that our Jamaican Athletes deserved their own tribute. The hard work our team put out in training and going London to represent my island Jamaica, the least I could do to cheer and support them was their own tribute song."

Jamaican music and track cultures have more recently become intertwined; most notably, four years ago in Beijing when Usain Bolt celebrated his 100m and 200m world-record wins by doing dances such as the Nuh Linga that was created by Ovamarz and Gully Creepa that was created by Ice, moves which were hugely popular at the time.

For Ovamarz, it was a joy to watch Bolt and other athletes mimic dance moves that he and other prominent dancers coined.

"Four years ago, seeing Usain Bolt and others doing one of my dance and other popular dances, had me beaming with joy. I was the happiest person on two foot at that moment."

At London 2012, Jamaica managed to exceed their medal haul in Beijing (12) while also making more history in the process as Usain Bolt retained his 100m and 200m titles, Shelly-Ann Fraser-Pryce retained her 100m title, Jamaica swept the medal stand in the 200m and achieved a new World Record in the 4 by 100m relay.

These achievements have made Ovamarz more proud to be Jamaican.

"Our Jamaican athletes are doing a great job in London. I am very proud of them all...I respect them to the fullest for their very hard work and dedication. They are the best at what they do....best pon 2 foot!" he said.

So far in 2012, Ovamarz has strengthened his deejaying resume with several noteworthy singles such as Wake Up (Sex Jive Riddim - Stash Di Cash Records) and The Way We Roll featuring Fambo. This, in addition to he and fellow Abovead Squad member, Gabbidon creating dance moves such as the Formation and Hot Step respectively, to positive acclaim.

Funniest candidates money can buy

"The Campaign"
Excellent (3.5 stars)
Rated R for profanity,
sexuality, nudity and
crude humor.
Running time: 97
minutes
Distributor: Warner
Brothers

By Kam Williams

If you've been looking for a laugh-a-minute comedy as a refreshing alternative to all the kiddie flicks and bombastic summer blockbusters currently at the megaplexes, your wait is over. And what could be more timely than a picture about the dirty tricks being employed during a cutthroat political campaign?

"The Campaign" was directed by Jay Roach, a

proven master of the comedy genre, a brainiac best known for making "Meet the Parents" and the Austin Powers trilogy. The movie stars Will Ferrell as Cam Brady, a popular North Carolina Congressman who's running unopposed for his fifth term in office until an Anthony Weiner-level peccadillo becomes public knowledge.

That boneheaded blunder opens the door for a nerdy, unworthy opponent such as Marty Higgins (Zach Galifianakis) to enter the race because he's being bankrolled by a couple of very wealthy businessmen. Glen (John Lithgow) and Wade Motch (Dan Aykroyd) are sleazy, power-hungry siblings ostensibly patterned after the billionaire Koch brothers, notorious backers



Marty Higgins as Zach Galifianakis and Will Ferrell as Cam Brady in *The Campaign*.

of arch-conservative causes.

Bragging about being "candidate creators" more than "job creators," the Motches specifically seize on naïve Marty since he's so malleable. Unseen behind the scenes, they orchestrate a complete overhaul of Hig-

gins' image with the help of a no-nonsense campaign manager (Dylan McDermott).

Soon, Brady realizes he's in the fight of his life, as both sides resort to increasingly-devious tactics to prevail on Election Day. For instance, we find Marty wearing what

he calls a "Yamaha" on his head during services at a synagogue, while Cam sings in the gospel choir of a black Baptist Church and plays with rattlesnakes to curry favor with the congregation of a sect of serpent-handling evangelists.

But despite his best efforts, Brady continues to sabotage his own campaign at every turn, whether by accidentally punching a baby and a puppy, or by being caught having sex with a supporter in a port-o-john. And as the polls indicate that the tide is turning decisively in Marty's favor, the focus becomes whether he'll be a tool of the Motch brothers or choose to do what's best for his district.

Will Ferrell's over-the-top approach to Cam serves as the perfect counterpoint to

Zach Galifianakis' relatively-subdued interpretation of sweet-natured Marty. The film also features several inspired support performances, most notably, Dylan McDermott and Jason Sudeikis as devious campaign managers and Karen Maruyama as an ebonics-accented Asian housekeeper.

Throw in amusing cameos by a never-ending string of political pundits such as Bill Maher, Wolf Blitzer, Chris Matthews, Piers Morgan, Joe Scarborough, Lawrence O'Donnell, Willie Geist, Mika Brezinski, Ed Schultz and Dennis Miller, and you've got all the makings for a bona fide election year hit. Ferrell and Galifianakis hit their stride as the funniest candidates money can buy!

Independent & Foreign Films

The Awakening (R for violence, nudity and sexuality) Haunted house horror flick set in the wake of World War I at a British boarding school where a professional skeptic (Rebecca Hall) summoned to debunk recent ghost sightings as a hoax instead gets the surprise of her life when she encounters real supernatural phenomena for the first time. With Dominic West, Imelda Staunton and John Shrapnel.

Beloved (Unrated) Romance drama about a pretty Parisian hooker (Ludivine Sagnier) who falls head over six-inch stilettos for a dashing doctor (Radi-voje Bukvic) only to learn that he has a wife back in Czechoslovakia. With Milos Forman, Catherine Deneuve and Paul Schneider. (In French, English and Czech with subtitles)

Brother, Can You Spare a Dollar? (Unrated) Unsentimental retrospective celebrates the guts and glory of the Depression Generation while speculating about the prospects of America's post-industrial economy.

Chicken with Plums (PG-13 for drugs, smoking, sensuality and violent images)



Kam's Kapsules

By Kam Williams

Maudlin, character-driven drama, set in Teheran in the Fifties, about an inconsolable violinist (Mathieu Amalric) who loses the will to live after his wife (Golshifteh Farahani) destroys his beloved instrument during a heated argument. Cast includes Edouard Baer, Maria de Medeiros and Eric Caravaca. (In French and English with subtitles)

Codependent Lesbian Space Alien Seeks Same (Unrated) Sci-fi comedy about the cross-species romance between a shy, greeting card store clerk (Lisa Haas) and a woman she has no idea might be from another planet (Susan Ziegler). With Jackie Monahan, Cynthia Kaplan and Dennis Davis.

Compliance (R for profanity, sexuality and nudity) Fact-based drama about a prank caller (Pat Healy) pretending to be a police officer who tricks the manager (Ann Dowd) of a fast food

restaurant into conducting a strip search of a cashier (Dreama Walker) unfairly accused of stealing. With Bill Camp, Philip Ettinger and James McCaffrey.

Cosmopolis (R for violence, profanity, graphic sexuality and frontal nudity) David Cronenberg directed this adaptation of the Don Delillo novel of the same name chronicling a very eventful day in the life of a miserably-married, self-destructive billionaire (Robert Pattinson). With Paul Giamatti, Juliette Binoche, Samantha Morton and K'naan.

Robot & Frank (PG-13 for profanity) Unlikely-buddy comedy about a retired cat burglar (Frank Langella) who comes out of retirement to pull one last heist with the help of the cyborg (Peter Sarsgaard) purchased by his children (James Marsden and Liv Tyler) to look after him. Support cast includes Susan Sarandon, Jeremy Strong and Bonnie Bentley.

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SUN KULCHA

COMMUNITY EVENTS

FRIDAY, AUGUST 17

COMEDY/VARIETY: No Name Comedy/Variety & A Bag O' Chips presents the funky sounds of The Summer Replacements including Carl (Baby Freak) Fortunato, Pat (Bikini Atoll) O'Shea and Fernando (Enter Sandman) Morales Gonzalez, 7:00 p.m., Fri., 8/17 and 8/24 at Otto's Shrunken Head, 538 E 14 St., between avenues A and B, N.Y. No cover, no minimum. For information, call (212) 228-2240.

SATURDAY, AUGUST 18

STREET FESTIVAL: The City of Hope Economic Development Corp. and NYS Assemblyman Karim Camara presents the 3rd Annual Union-Nostrand Street Festival and Back to School Give Back featuring free backpacks with school supplies, free food, give-aways, live entertainment, games and more, 12 noon at Union St. between Rogers & Nostrand Ave., Brooklyn. For information, call The District Office of Assemblyman Camara at (718) 771-3105.

J50 CELEBRATION: New Dimension Seventh-Day Adventist Church, 1062 Winthrop St, between E 93 and E 94 streets, Brooklyn invites you to Jamaica's 50th Anniversary of Independence Celebration, "A Nation on God's Mission", featuring Sabbath School, 9:15 a.m.; Divine Service, 11:00 a.m.; Jamaican Luncheon, 1:00 p.m.; A.Y.S. Program/Concert, 5:30 p.m.; and Good Old Time Jamaican Social, 9:00 p.m. along with special guest appearances by city council members, radio and TV personalities and special guest speaker, Pastor Bartley. For information, call Sister Banton at (917) 693-4541.

DANCE: The Cumbe Dance Center, 558 Fulton St. at Flatbush Ave., Brooklyn, is hosting "My Brooklyn, My Arts," The Truth is in the Youth, featuring dance, spoken word, singing, drumming, 1:00 p.m. Donation \$5. For information, contact (646) 533-5013.

LINE DANCING: The Eastern Queens Alliance Inc. presents Line Dancing, featuring line dances to all kinds of music with instructor Barbara Fraser, 9:15 - 10:30 a.m. at the Idlewild Cricket Field in Idlewild Park Preserve, 223 St. and 148 Ave., Springfield Gardens. For information and directions, call (347) 824-2301.

JERK FESTIVAL: West Indian American Assn. of Greater Bridgeport presents the 6th Annual Caribbean Jerk Festival featuring Caribbean food on sale like jerk chicken, jerk pork, fish and more and Caribbean soca, steel drum, jazz, reggae, morrocan music, 1:00 p.m.- 9:00 p.m. on the McLevy Green, Downtown Bridgeport, corner of State and Main, Connecticut Proceeds to benefit the WIAAGB Scholarship fund and other programs. For information, call (203) 727-0200 or visit www.wiaagb.org.

COMMUNITY FAIR: Brown Memorial Baptist Church and Brown Community Development Corp. is hosting the 11th Annual "Taking It To



FINANCIAL COACHING: The NHS of East Flatbush is offering The Financial Capabilities and Coaching Program focusing on helping you reach your goals such as paying off bills, saving for a home, improving credit scores and more. For more information, call (718) 469-4679.



FOOD STAMP OUTREACH: Find out if you are eligible to receive Food Stamp benefits! A representative from the NYC Human Resources Administration will be available to assist you with eligibility pre-screening and to answer any questions every Tuesday and Wednesday, 10:00 a.m. - 3:00 p.m. at Community Board 12, 4101 White Plains Road at 229 St., Bronx. For more information, call (718) 881-4455.

The Street" Community Outreach Street Fair featuring representatives from various organizations providing information on healthcare, education, legal services and more, 12 noon to 5:00 p.m., on Washington Ave. between Fulton and Gates avenues. Food and beverages will be provided. For information, call the church office at (718) 638-6121.

SUNDAY, AUGUST 19

T&T CELEBRATION: The Candice Clarke Academy of Dance presents the Golden Jubilee, in commemoration of Trinidad & Tobago's 50th year of independence, 5:00 p.m. at the Bedford Central Presbyterian Church, 1200 Dean St., Brooklyn. For information call (718) 467-0740 or visit www.candiceclarkeacademy.org.

TUESDAY, AUGUST 21

CAMP REVIVAL: Rev. Dr. Calvin Rice and The New Jerusalem Baptist Church Evangelism Ministry are hosting a Summer Camp Revival at the church, 112-05 Smith St., Jamaica, Queens, Tues.-Sun., 8/21-8/26, featuring sermons, prayers, songs, dramas and workshops. For information on times of events and to register for the workshops, visit www.gonjbc.org.

TAI CHI: Stop. Breath. Relax. Join Tai Chi Easy, a wellness practice combining Tai-chi, Qigong, meditation and Chinese healing, taught by Daniel Weicher, certified teacher in Integral Qigong and Tai Chi, every Sunday, 9:30 a.m. - 11:00 a.m. at the Moore Street Market, 110 Moore St., entrance on Humbolt St., Brooklyn. Donations are appreciated. Call (914) 673-6016 for information.



org, by phone at (718) 978-5777 ext. 300 or in person at the church.

THURSDAY, AUGUST 23

SAFETY SEMINAR: NHS of East Flatbush, 2806 Church Ave., between Nostrand and Rogers avenues, Brooklyn, is holding a free seminar on fire and home safety and home insurance 6:00 p.m. For information, call (718) 469-4679.

FRIDAY, AUGUST 24

POTLUCK SOCIAL: Radical Women is hosting Women's Rights Day Potluck Social, celebrating the 92nd anniversary of women's suffrage, 7:00 p.m. - 10:00 p.m. at the office and garden of Black Women's Blueprint, 279 Empire Blvd., between Rogers and Nostrand avenues, Brooklyn. Bring a dish! Admission free. For information, call (212) 222-0633.

ONGOING

J'OUVERT: Roy Pierre and Associates presents "Harlequins and Pierrots," open nightly, 6:00 p.m. - 1:00 a.m. at mas camp

Charl-Ena Chateau, 3820 Church Ave., corner E. 39 St., Brooklyn. Pictures and costumes on display. Register and play mas with us for J'ouvert 2012. For information, call (718) 282-1229 or (718) 462-5164.

FARMERS MARKET: The Hattie Carthan "After Church" Farmers Market featuring locally grown fresh fruits, veggies, herbs and eggs and offering sessions on growing food and herbs and how to prepare healthy food is open every Sunday, 1:00 p.m. - 6:00 p.m. until November at 49 Van Buren St. off Tompkins Ave., Brooklyn. We accept WIC/Senior FMNP Checks, EBT, Health Bucks and cash. For information, call (718) 638-3566 or email hat-tiecarthangarden@yahoo.com.

QUEENS SICKLE CELL: The Queens Sickle Cell Advocacy Network, 207-08 Hollis Ave., Queens Village, N.Y., presents a Parent to Parent Support Group meeting every first Monday of every month, 7:00 p.m. For directions and registration, call (718) 712-0873 or email Qscanorg@verizon.net.

INTERNSHIP PROGRAM: Applications are now being accepted for the Norman Cole Community Internship Program for in-school youth 10 - 12 years with good grades and good manners and will offer development workshops, field trips, stipends, summer employment, scholarships, weekend retreats, volunteer experiences and more. Space is limited. For more details and/or to obtain a CIP application, contact Mr. Cole at (212) 714-4531.

PASSPORT FRIDAYS: Leave your baggage at home and bring a picnic blanket out to Flushing Meadows Corona Park for Target Passport Fridays at the Queens Museum of Art for free weekly outdoor festivities featuring a different live dance performance, concert, and/or film screening from Cuba, Egypt, West Indies, Taiwan, Dominican Republic and Puerto Rico, every Friday evenings thru 8/24, dance/music begins at 6:30 p.m., films at 8:00 p.m. at the Queens Museum of Art, New York City Bldg., Flushing Meadows Corona Park. For information, email info@queensmuseum.org, call (718) 592-9700 or visit www.queensmuseum.org/event/target-passport-fridays.

WYCKOFF FARMHOUSE: Visit The Wyckoff Farmhouse Museum, 5816 Clarendon Rd., at Ralph Ave., Brooklyn, featuring yoga, hands-on art, story workshops, summer farm and garden camp, guided tours and more. For individual events, summer hours, museum admission and general information call, (718) 629-5400 or visit www.wyckoffassociation.org.

FORECLOSURE SERVICES: Are you behind in your mortgage or seeking a modification? The Flatbush Development VCorp., NHS of East Flatbush and the Center for N.Y.C. Neighborhoods are offering free services and assistance. Referrals for free legal assistance are also available. To schedule an appointment, call (718) 469-4679.

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Caribbeans Highlight Olympics

By Vinette K. Pryce

Caribbean athletes are imprinting indelible memories at the 30th Olympiad in London. After the 12th day of track and field competitions the region claimed six medals.

Jamaica with the largest delegation (54) boasts two gold, one silver and a bronze; Trinidad & Tobago which registered the second largest consisting of 31 athletes claimed a bronze and the tiny 10-member delegation from Grenada are now celebrating the victory of their golden Spice Islander Kirani James.

James put his 110,000 population on the map and in the spotlight on Aug. 7 when he led a field of mostly-Caribbean athletes to finish the 400 metres race.

The 19-year-old from the Village of Gouyave took the lead from the start to establish history for Grenada, winning the island's first gold and leading a triple sweep for the region.

Immediately after his victory, the coun-

Continued on Page 48

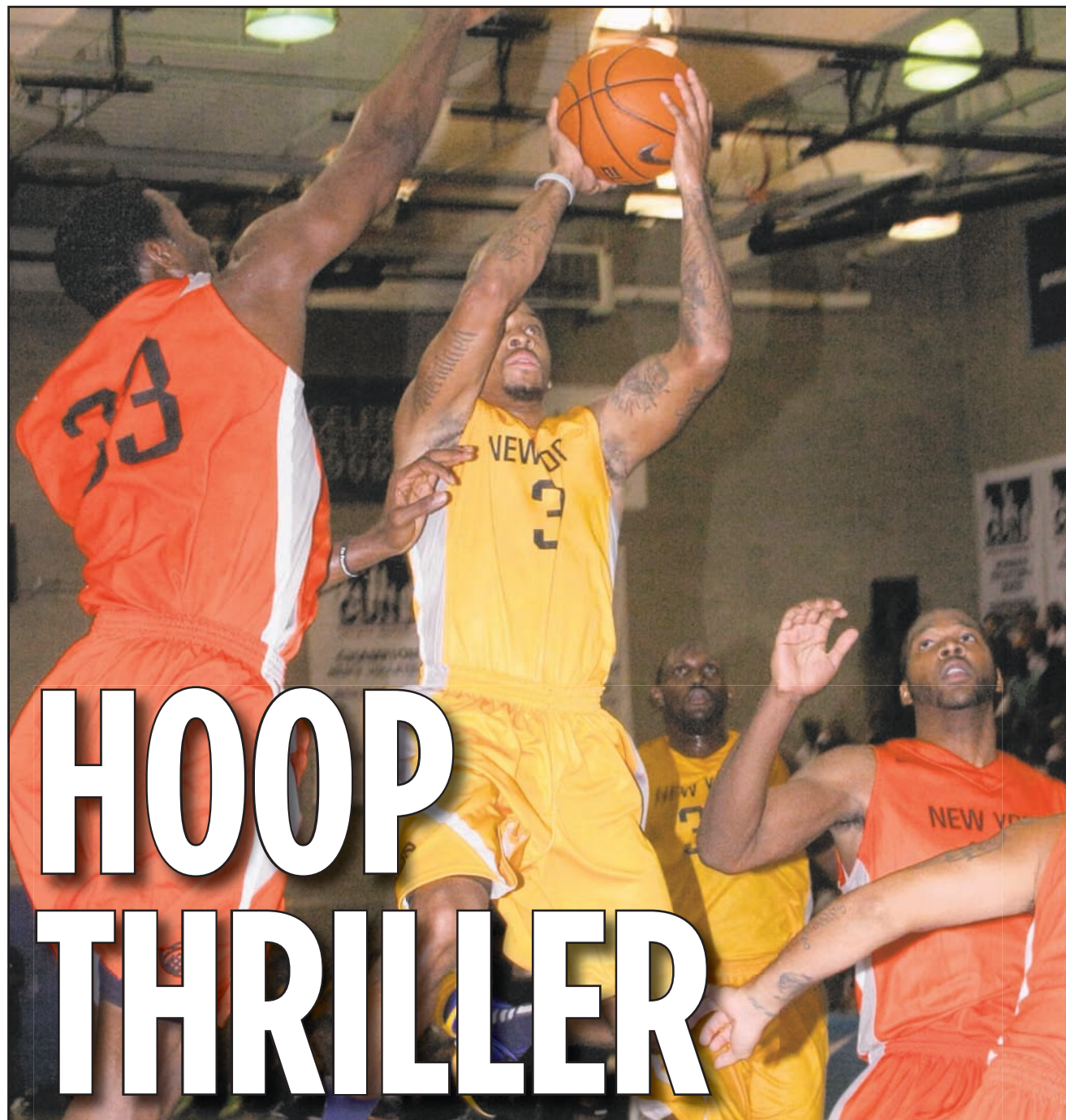
Galaxy Spoils Joseph's debut

By Patrick Horne

Chivas USA will need more than recently-acquired Shalrie Joseph to make an MLS post-season appearance this year. Joseph made his Chivas debut Sunday night at the Home Depot Center in Carson, California in a game versus rival Los Angeles Galaxy, the team with which it shares the Home Depot Center as its home field, and was clouted, 4-0, by the David Beckham-less Galaxy. The win allowed Los Angeles to hold on to the last play-off spot and fifth-place in the Western Conference, led by San Jose Earthquakes (14-5-5, 47 pts.). The loss dropped Chivas USA (7-5-9, 26 pts.) to seventh from sixth.

Joseph, a nine-time MLS all-star and

Continued on Page 48



#3 Gary Ervin takes a short jumper for two of his 15 points.

Photo by Lem Peterkin

Nike championship goes down to buzzer

By Robert Elkin

It was just a game, but the championship one in the Nike Pro Summer Basketball League was very similar to a title game played in the National Basketball Association. Just the crowd wasn't as large.

Exciting plays from all positions, dunks, incredible three point shooting, and passing, and, of course, defense by both teams highlighted action in an overtime thriller resulting in a victory by The Franchise over Dyckman/NYAC at the Baruch College gymnasium in mid-

town Manhattan. A capacity SRO crowd, including representatives from National Basketball Association teams, were also on hand taking some notes and enjoying the action.

One couldn't ask for a better and well

Continued on Page 48



Championship team, the Franchise.

Photo by Lem Peterkin

Hoop thriller goes down to buzzer

Continued from page 47

played game in the eight team circuit.

Dyckman battled back from a 14 point deficit about seven minutes left in the fourth quarter, led by the offense of Brian Dunston, Sean Marshall, and Boakal Lolugia to send the game into overtime.

However, the play of Gary Ervin and Gary Forbes of The Franchise overshadowed all of their rivals' fourth period scoring. The

Franchise put on a winning show and prevailed and thrill the fans. Ervin really showed what he could do on the court.

At the buzzer of overtime, Ervin's three point shot broke a 90-90 tie and gave the Franchise a 93-90 victory and a well deserved title, one that they certainly deserve.

Ervin carried the game in the second half and got that winning shot. "There was nothing like

it," Ervin said after the contest. "It's all about winning. That's what we wanted to do."

Ervin, who played at Paul Robeson High School of Brooklyn, and then the University of Arkansas and overseas, wants to continue his pro ball-possibly again in Europe. He did say that his college days were just great.

"By playing summer ball we get used to winning," said Forbes, who starred

on the basketball court at UMass. "I'm (just) happy that we won the championship."

Ervin scored 15 points and assisted nine times in 44 minutes while Forbes scored 19 points and grabbed seven rebounds in 40 minutes. Teammate Rashad Bell netted 15 points in 39 minutes.

Dunston and Nate Brown each netted 17 points with the former taking down 17 rebounds for Dyckman.

Caribbean athletes

Continued from page 47

try's Prime Minister Tillman Thomas visited Gouyave to declare a national holiday.

Government offices closed early on Aug. 7.

He also called James in London offering congratulations on behalf of the 110,000 population.

"I say it's an historic occasion because he is the first Grenadian to obtain gold at the Olympics. Not only for Grenada but the OECS, (Organization of Eastern Caribbean States)," Thomas said.

James, he added is a "real good role model for our young people."

"So it's an historic occasion and we are all are proud of him. We want to let him know we're going to support him and continue to do whatever we can to help him because he has made us proud."

Governor General Sir Carlyle Glean, from James' Gouyave village, also joined in the festivities.

James first attracted international attention when he won the semi-finals on Aug. 6. Immediately after winning the heat, he walked over to last-placed finisher Oscar Pistorius and exchanged his race name label.

The South African, double amputee, Pistorius was born without shin bones and races wearing carbon fiber blades.

James' win united the English and Spanish Caribbean with announcement that the Dominican Republic's Luguellin Santos took the silver and T&T's Lalonde Gordon, the bronze medal.

The Caribbean sweep also included Chris Brown from the Bahamas who barely missed medaling, taking fourth place.



Grenada and T&T Olympians celebrate.



Portland Timbers' Steven Smith (14) defends against Chivas USA's Cesar Romero (58) in the first half during an MLS soccer game Saturday, July 28, 2012, in Portland, Ore. (AP Photo/Rick Bowmer)

Galaxy Spoils Joseph's Chivas debut

Continued from page 47

four-time MLS Best Select at defensive midfield, was acquired from the New England Revolution to help complete the task of putting together a squad to advance to post-season play and have a legitimate chance of winning the MLS Cup final; also brought in this year to shore up the Chivas USA were forwards Juan Agudelo from New York Red Bulls, while forward Juan Pablo Angel was acquired from the Galaxy last season.

Despite these additions - and although Joseph, who played well for the entire

game versus Los Angeles, is only in his first game - Chivas USA has to change its tactics. Chivas allowed the Galaxy too much space at midfield, which led to two of the four goals; a high pressure approach could help to improve play because with defensive-minded Joseph at midfield, high pressure would be effective and would give Chivas the chance to win balls higher up field and in better scoring positions. Also, Chivas, which has not scored more than twice in a game this season, needs more effective running off

the ball on the forward line, particularly by main marksman Angel.

Defensively, marking and having midfielders track back on defense is a big problem for Coach Robin Fraser and Chivas. Too often Galaxy midfielders Juninho and Mike Magee had too much space to distribute the ball or take shots on goal; when Landon Donovan dropped back into midfield from his forward position, he was given much space to run at Chivas' defense. The fitness of the players needs improvement as well and

this would help Chivas to improve its work rate to be more compact around the pitch and throughout the game.

Donovan's runs led to assists on all four goals. The Galaxy came out with the intent on holding on to that opportunity for post-season play and was aggressive from the start as it imposed its play on a seemingly timid Chivas USA team. By the 27th minute, Irish international Robbie Kean gave the Galaxy a 1-0 lead off an easy tap-in from a Donovan cross for a 1-0 halftime lead.

West Indies can capture Twenty20 Trophy



Eyes on Cricket

By George H. Whyte

Next month the ICC Twenty20 competition bowls off in Sri Lanka and the West Indies chances of winning the trophy is very high. The West Indies Twenty squad is filled with confidence and the maturity of the players in this type of cricket gives the West Indies a huge advantage against most teams. Dwayne Bravo, Kieron Pollard, Sunil Narine, Chris Gayle, Marlon Samuels and Andre Russell along with the swash-buckling Dwayne Smith should be enough to topple any team in the competition. India and South Africa would be the major opposition for the West Indies but if the Windies players stick to their tasks and play intelligent cricket they would surely bring the trophy back

to the Carribean.

TEAM INDIA CARRIES THE STRONGEST OPPOSITION

Captain Mahendra Singh Dhoni and company would serve on any team that comes up against them. Suresh Raina, Virender Sehwag, Mahendra Singh Dhoni (captain), Gautham Gambhir and Virat Kohli are five top specialist players and any team that wants to defeat team India will have to match the talents with the opposition.

DOMINANCE WILL RULE

Either batting or bowling dominance will rule the competition. Batsmen must aim at scoring runs

as frequent as possible and bowlers must aim at getting wickets. There is no idle period during a Twenty20 game bowlers have to dominate or the batsmen will. Dominance rules any Twenty20 game and when coaches are preparing their agenda for winning the capital "D" must be on top of the planning. Any team that wants to win must dominate with bat, ball and ground fielding which includes catches. West Indies batsmen have the Twenty20 tactics to score huge totals that can be competitive for success.

DENESH RAMDIN'S ROLE IS VITAL

A wicket keeper's role in a Twenty20 match is as vital as any other player. Those catches coming to the wicket keeper must be taken and the stumpings must not be missed. Ramdin's batting ought to be improved as well. He has to be apart of the run scoring. The depth



West Indies' Chris Gayle, left, bats as New Zealand's wicket keeper Tom Latham, right, looks on during a Twenty20 cricket match, in Lauderhill, Fla.

(AP Photo/Lynne Sladky)

of the batting is expected to continue the process of run scoring. Senior players are expected to lead the way because of their experience but other players must be

meaningful participants as well. Head coach Ottis Gibson must notify the squad of how rigid and intense these Twenty20 games would be and they all have the be fully

prepared mentally, physically and psychologically. Windies bowlers objective should be to induce batsmen into mistakes. This strategy must be implemented.

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Scoreless baseball

Two Clones relievers haven't given up a run — all season!

By Will Bredderman

Two Cyclones relievers are hurling their way toward history after reaching the NY-Penn League all star break without giving up a single run.

Paul Sewald and Logan Taylor both boast 0.00 ERAs for the season as neither of them have allowed a batter to cross the plate — even on an unearned run.

Sewald has pitched 20.2 scoreless innings in twelve appearances, racking up four saves and 23 strike-outs while giving up 13 hits and two walks. To be in the running for the NY-Penn League's all-time record, he'll need pitch at least 24 frames while keeping his ERA below the 0.26 record established by Marc Pisciotto, who gave up just one earned run in 34 innings for the Welland Pirates in 1991.

Taylor has more work to do: he has goose-egged bat-

ters for 9.2 innings in eight appearances, racking up 10 strike-outs while giving up five hits and no walks — meaning he'll need to last another 14.8 innings of scoreless baseball to have a chance at the record.

To snag second or third place in the record books, the Clones relievers would need to best Jason Jimenez, who posted a 0.28 ERA in his 1997 rookie year with the Hudson Valley Renegades after allowing one earned run in 31.2 innings, or Joe Little, another Renegade who pulled a 0.29 ERA after tossing exactly 31 frames and yielding just a single run.

The Cyclones team record would be only a little easier to beat: it belongs to Eddie Camacho, who finished the 2004 season with a 0.69 ERA after pitching 39 innings and surrendering just three earned runs.

Both pitchers would be on track to shatter the major league modern-era ERA record, held by Boston's Dutch Leonard, who boasted a 0.96 ERA in 1914 on 224.2 innings pitched. They'd also pass "Smiling" Tim Keefe of the Troy Trojans, who gave up 10 earned runs in 105 innings of work for a 0.86 ERA in 1880 — back when pitchers threw underhand and batters requested where they wanted the ball to be tossed.

But Sewald says he doesn't have the record books — or Smiling Tim — on his mind. "The most important thing to me is just getting the hitter I'm facing out, making the pitch," Sewald said. "The rest I try to block out."

However, Sewald admits he gets a little anxious when there are runners in scoring position.

"With guys on base, I do

get a little more focused," said the Las Vegas-native out of the University of San Diego. "I wish it wasn't like that, because you should have that focus all the time."

Clones pitching coach Marc Valdes says there's really no secret to grooming pitchers with flawless ERAs.

"I treat all the guys the same. We work the fast-ball on both sides of the plate and focus on getting strikes," Valdes said, adding that he's not obsessed with pitching stats. "ERA's not everything. Plenty of guys have not-great ERAs and come through for us. And guys with low ERAs can blow the game."

A low ERA is no guarantee of a long and successful career on the mound. Pisciotto, who holds the NY-Penn League record, had an impressive major league



Cyclones pitcher Pauls Sewald (above) boasts and Logan Taylor haven't allowed a run this season.

rookie season with the Chicago Cubs in 1997, and a not-so-impressive final season with the Kansas City Royals just two years later. Second and third place hurlers Jimenez and Little burned out before they got out of the minors, and Camacho, the Clones record-holder, currently plays for the unaffiliated Atlantic League's

Camden Riversharks with a 3.67 ERA so far this year.

Taylor says he's happy to have his streak, but he understands a stat is just a stat.

"If I give up a run, it's not the end of the world," said the righty from Oklahoma. "Zero runs is just a goal, and I've been lucky to do it so far."

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AND DESIGN
WITH PURCHASE**

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Cherry or White
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(was \$399)

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starting at

\$179.00

24"X21",
(was \$199.00)
top not included



\$399.00

\$399.00

\$399.00

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pine, any size
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pine, any size
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with any vanity purchase**

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ACROSS

1. Alligator's milieu
6. Semicircular mountain basin
9. *Many baseball teams wear it on their chests
13. Ringworm
14. Big Island flower necklace
15. Long backless sofa
16. Antonym of afar
17. Estimated arrival
18. What racers do on CBS
19. *The goal is strikes
21. *a.k.a. Ringer
23. ____ Paolo, Brazil
24. Select
25. Shel Silverstein's poem "____ Constrictor"
28. Elevated state
30. More agitated
35. "____ the Lonely," song
37. Daytime TV program
39. Jawaharlal ____
40. Make a reference
41. ____ Island, NY
43. Cause of Titanic's demise
44. Paint layers
46. * ____-Pitch Softball
47. Slovenly person
48. Make wealthy
50. They oppose the yeahs

52. Fast-food staple
53. Pull one's leg
55. Writer Harper ____
57. *Played on grass
61. *Infield
65. Romulus' twin
66. *Free throw value
68. "Me and Bobby ____"
69. Part of eye containing iris, pl.
70. Mother Teresa, e.g.
71. Spooky
72. Declare untrue
73. NYC time
74. Olden-day movie form, pl.

DOWN

1. Back wound
2. A drunk
3. Afresh
4. Fast interruptions
5. One rejected
6. Horsefly
7. ____ bar
8. *Dolphin home
9. Trunk extension
10. *Shape of an American football
11. Fixed look
12. Singles
15. Make dark
20. Neil Diamond's "Beautiful ____"

22. Part of a play
24. Military group
25. *Another form of bowling
26. It can be a tear-jerker
27. Sacrificial spot
29. *Subject of "A Good Walk Spoiled"
31. Beaks
32. Often found under books
33. *E in baseball box score
34. *Named after school of same name
36. Giant Himalayan?
38. Site of Leaning Tower
42. PDA pens
45. Ski downhill
49. Gardener's tool
51. *a.k.a. Seam bowler in cricket
54. Do penitence
56. Master of ceremonies
57. Foul substance
58. French dream
59. Black cat, e.g.
60. Wharf built parallel to shoreline
61. Fender-bender damage
62. Fiona or Shrek, e.g.
63. He took a giant leap
64. Sandra and Ruby, actresses
67. National University of Singapore

CROSSWORD

1	2	3	4	5		6	7	8		9	10	11	12	
13						14				15				
16						17				18				
19					20			21	22					
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65						66	67			68				
69						70				71				
72						73				74				

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Answers in Classified Section

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Page 53 • Caribbean Life • Brooklyn/Staten Island • Aug. 17-23, 2012

CLASSIFIED ADVERTISING PRINT & ONLINE SALES BUSINESS DEVELOPMENT

We are seeking motivated classified advertising sales representatives to develop new business for our group of weekly and monthly newspapers, annual magazines and specialty publications. **NEWS CORPORATION'S COMMUNITY NEWSPAPER GROUP (CNG)** is dedicated to providing advertising services to local community and regional businesses. The position involves selling advertising, working closely with clients to achieve and exceed customers' expectations, maintaining and developing a client base and seeking new business opportunities via telephone.

REQUIREMENTS

- Ability to work unsupervised and in a close team environment
- Computer literate
- Clear speaking voice
- Must have previous sales experience

FULL TIME POSITION SALARY PLUS COMMISSION 401K AND MEDICAL

Office located at MetroTech Center, Downtown Brooklyn;
within minutes from the 2, 3, 4, 5, A, C, E, B, D, F, R, Q
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COMMUNITY NEWSPAPER GROUP • EOE

DISPLAY & ONLINE AD SALES ACCOUNT EXECUTIVE FULL TIME/TEMPORARY (BAYSIDE, QUEENS OFFICE)

The Community Newspaper Group (CNG) is the largest network of neighborhood newspapers in New York City. With multiple community newspapers and websites, CNG distributes hundreds of thousands of newspapers each week in Brooklyn, Queens, the Bronx and Manhattan. These long-established community-specific papers deliver geographically targeted news, lifestyle, local sports and entertainment information. In addition, CNG's monthly Family Publications and annual Wedding, Prom, Bar Mitzvah and Sweet Sixteen magazines reach readers during their family formative years and important

life events. For advertisers, CNG offers an opportunity for both market-wide and neighborhood targeted advertising, allowing them to get their message into the areas they want to reach.

We are seeking a motivated, Full Time, temporary, display & online advertising sales representative. The position involves selling advertising, working closely with clients to achieve and exceed customers' expectations, maintaining and developing a client base and seeking new business opportunities via face-to-face sales calls within the territory.

REQUIREMENTS & QUALIFICATIONS

- Previous sales experience preferred
- Ability to work in a close team environment
- Good verbal and communication skills
- Car and valid driver's license required
- Strong computer skills



Please send your resume and cover letter when applying for this position to: brice@cnglocal.com
For more information about this opportunity, call Brian Rice:
718.260.4537 CNG IS AN EOE

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► SALES HELP WANTED

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All employment advertised herein is subject to section 296 of the human rights law, which makes it illegal to advertise any preference, limitation or discrimination because of race, color, creed, national origin, disability, marital status, sex, age, sexual orientation, or arrest conviction record, or intention to make any such preference, limitation, or discrimination. Title 29, U.S. Code, Chap 630, excludes the Federal Gov't from the age discrimination provisions. This newspaper will not knowingly accept any advertising for employment which is in violation of the law. Our readers are informed that employment offerings advertised in this newspaper are available on an equal opportunity basis.

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718-523-7733
718-523-7755

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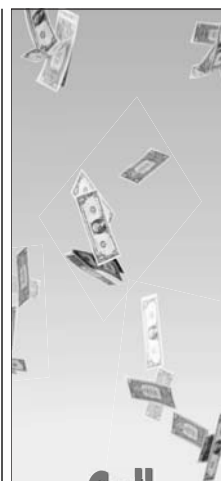
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ADVERTISING SALES PRINT AND ONLINE

The Community Newspaper Group (CNG) is the largest network of neighborhood newspapers in New York City. With multiple community newspapers and websites, CNG distributes hundreds of thousands of newspapers each week in Brooklyn, Queens, Bronx and Manhattan. These long-established community-specific papers deliver geographically targeted news, lifestyle, local sports and entertainment information. In addition, CNG's monthly Family Publications and annual Wedding, Prom, Bar Mitzvah and Sweet Sixteen magazines reach readers during their family formative years and important life events.

For advertisers, CNG offers an opportunity for both market-wide and neighborhood targeted advertising, allowing them to get their message into the areas they want to reach.

DISPLAY & ONLINE SALES ACCOUNT EXECUTIVE 2 POSITIONS

POSITION 1:

Downtown Brooklyn - Full Time (Permanent):

position offers paid salary, plus commission, 401K, medical, expenses & paid vacation.

POSITION 2:

Bayside, Queens - Full Time (Temporary):

position offers salary, plus commission.

We are seeking motivated display & online advertising sales representatives. The position involves selling advertising, working closely with clients to achieve and exceed customers' expectations, maintaining and developing a client base and seeking new business opportunities via face-to-face sales calls within the territory.

REQUIREMENTS & QUALIFICATIONS:

- Previous sales experience preferred
- Ability to work in a close team environment
- Good verbal and communication skills
- Car and valid driver's license required
- Strong computer skills

For the Brooklyn position, please send your resume and cover letter to: salesjobs@cnglocal.com

For the Queens position, please send your resume and cover letter to: brice@cnglocal.com

CLASSIFIED ADVERTISING: Print and Online Sales Business Development

We are seeking motivated display & online advertising sales representatives. The position involves selling advertising, working closely with clients to achieve and exceed customers' expectations, maintaining and developing a client base and seeking new business opportunities via telephone.

REQUIREMENTS & QUALIFICATIONS:

- Ability to work unsupervised and in a close team environment
- Computer literate
- Clear speaking voice
- Must have previous sales experience

Please send your resume and cover letter when applying for this position to: atarley@cnglocal.com

ADVERTISING ACCOUNT COORDINATORS

We are seeking pro-active, energetic Advertising Account Coordinators to join our Sales Development Program and build a solid career in sales. YOU MUST BE RECENT COLLEGE GRADUATE TO QUALIFY.

RESPONSIBILITIES INCLUDE:

- Assist and contribute to the development of client proposals, presentations, and client analysis through proficient knowledge of marketing and research tools
- Participate in sales calls with Advertising Account Executives and Managers
- Process ads and manage advertisers through the full sales process
- As skills are developed, assist in prospecting and qualifying business leads
- Communication between clients and internal department
- Provide customer service to team's client base by assisting through sales process
- Liaison between sales team and sales support departments

QUALIFICATIONS:

- Must have graduated no earlier than May 2011
- Initiative and follow through
- 3.0 Minimum cumulative GPA required (transcript required for interviews)
- Problem-solving skills
- Excellent written & verbal skills
- Strong leadership skills
- Strong work ethic
- Priority setting ability
- Strong desire for a career in sales management

Please submit your resume and unofficial transcript to salesjobs@cnglocal.com

Subject Line: Advertising Account Coordinator



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HHA's



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► MEDICAL HELP WANTED

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► MEDICAL RESEARCH

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DeBlasio Warns Consumers About Classified Ads

Toll numbers may be a direct line to trouble. Classified ads are intended to help people by facilitating communication and advertising available services; however, some of the hotlines & service numbers in classifieds actually hurt the people who rely on them by cheating them of their hard-earned dollars. "Most newspapers print a disclaimer in their classified ad section to warn readers about numbers that are a direct line to trouble. Any number starting with 900, 540, 595 or 871 charges a fee beyond a local call. In some instances, ads initially advertise calls to a local number, but then direct callers to a second number starting with one of the paid exchanges. "Consumers must also question the legitimacy of vague classifieds because they too could be a scam. Before responding to an ad, consumers should verify the source of all information & always be wary about sending money or signing a contract with an unknown party."

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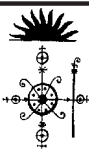
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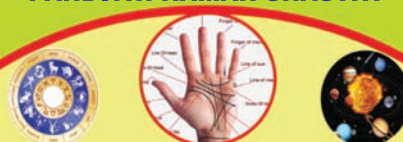
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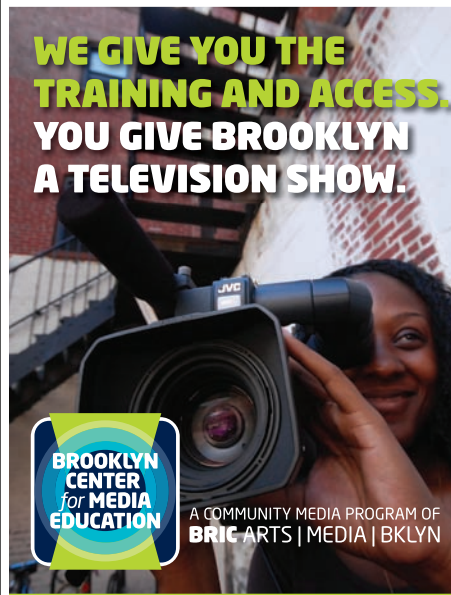
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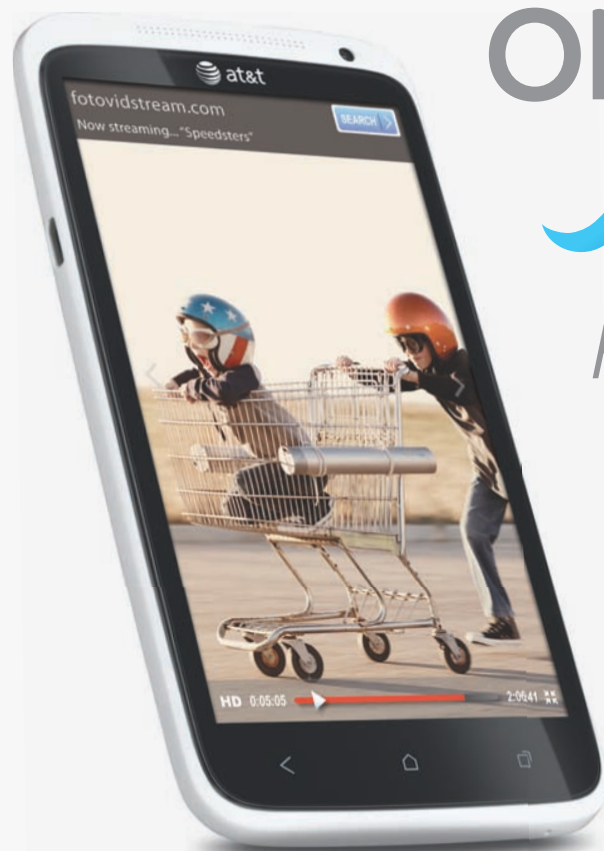
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