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T&T backs away from dirty bill

By Bert Wilkinson

Authorities in Trinidad Wednesday summoned parliament to an emergency session to immediately repeal a highly controversial piece of legislation empowering the courts to dismiss a case if the judiciary fails to start or complete hearings after 10 years, in a move that was widely interpreted to benefit several high-profile financiers of the government on trial for a fraud scandal involving alleged corruption at the island's main international airport.

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Seeking justice

By Laura Andrews

President Leroy Gadsden of the Jamaica Branch of the NAACP plans to intervene, as an advocate, in the incident where Queens resident, van driver and motorcycle aficionado Hassan Hall was allegedly struck by a local police vehicle, as he rode a motorcycle between 116th Avenue and Linden Boulevard on 234th Street in Cambria Heights, NY.

"I want to speak with the family of Hassan Hall," Gadsden had expressed, as he currently combats police stop-and-frisk in communities in Southeast Queens. "We have undercover plainclothes officers roaming our neighbor-

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Going places?

Janice Lowe is among some of New York's best theatre artists and writers to be featured Sept. 27 at Frank's Cocktail Lounge, 660 Fulton St. in Fort Greene, Brooklyn.
See Page 14

BITTER LIQUOR TIPPLE

Carib producers decry U.S. rum subsidies

By David Mcfadden

KINGSTON, Jamaica (AP) - Rum, the sugar-based liquor that has fueled the development of the Caribbean for centuries, has become the focus of an increasingly bitter dispute with the U.S.

Small producers in countries such as Antigua, Guyana and Jamaica complain they are being punished by unfair trade and marketing advantages for global beverage corporations operating in U.S. territories, and say U.S. rum subsidies threaten to drive some beloved top-shelf Caribbean labels out of business, or force them to sell out.

"The amounts that are being

doled out now are staggering," said Frank Ward, chairman of the West Indies Rum & Spirits Producers' Association. "We were able to live with the level of U.S. subsidies as they once were. But the massive increases, we believe, have skewed the market."

It's a high stakes battle because rum, first developed on Caribbean sugar plantations in the 17th century and deeply engrained in local culture and history, is one of the few competitive industries for the tourism-dependent region's tiny, vulnerable economies. The tippie, which can range from colorless to coppery, from almost tasteless

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CARIBBEAN ROUNDUP

Updated daily at www.caribbeanlifeneews.com

THE NEWS FROM BACK HOME

Caribbean

The Caribbean Community (CARICOM) Council on Human and Social Development (COHSOD) is urging regional governments to tighten legislation dealing with children amid concerns of growing incidence of violence against them.

A statement issued recently after a two-day meeting in Guyana said that the ministers viewed with "grave concern" the alarming prevalence of sexual abuse of children within the region.

CARICOM governments at their recently concluded meeting in St. Lucia has also raised the issue of violence against children and COHSOD said that it had reviewed the overwhelming evidence documented in recent studies that points to new and emerging forms of abuse against both girls and boys.



CARICOM Secretary General Irwin La Rocque had referred to several studies which, he said pointed to "the jolting reality of increased violence against children and youth in spaces that generally were once considered safe havens."

He said that the problem had threatened to erode all of the gains that the region had achieved over the years on the issue.

Bahamas

Authorities in The Bahamas rounded up more than 180 illegal Haitian immigrants after their wooden sloop ran aground near Mangrove Cay in Andros amid bad weather caused by recent Tropical Storm Isaac.

Director of Immigration Jack Thompson said a team of Defense Force and immigration officers did an aerial and ground search of the area for survivors and bodies. At last count, 181 immigrants were being housed at two temporary holding centers in Andros at the Mangrove Cay Catholic Center and a warehouse near the island's loading dock, Thompson said.

He said one of the immigrants estimated that as many as 200 Haitians crowded onto the sloop and made seven-day journey from Cap Haitien to Andros.



Mission Catwalk 2

ALL SMILES: Mission Catwalk Season 2 Winner (2nd from left) Gregory Williams poses with NCB New Kingston Branch Business Banker Janice Ellis-Matthews, Branch Manager Marva Peynado and Mission Catwalk host and executive producer Keneea Linton-George.

Photo courtesy of Mission Catwalk

Immigration officials suspect the Haitians paid to be smuggled out of Haiti but authorities are yet to identify the boat's captain.

Bahamas

The Bahamas government is seeking to regain major control of the Bahamas Telephone Company (BTC) that had been sold by the former Hubert Ingraham government to the British telecommunications giant, Cable and Wireless.

Prime Minister Perry Christie told reporters that this new administration is optimistic that it would regain controlling shares in BTC and that he does not anticipate a drop in revenue of the company if and when Cable and Wireless agrees to his request. He said the people who will lead the negotiations for both parties have already been identified and that the talks should start soon.

Ingraham government had sold the majority shares in BTC after indicating that between 1966, the year of BTC's creation and 1992 it recorded profits of US\$125.7 million with the government receiving US\$10.56 million in dividend



payments.

Ingraham said the process leading to privatization had not been taken hurriedly or casually and that damaged would be done to the country's image and reputation if, after two attempts, it failed to privatize BTC.

Grenada

The U.S.-based international rating agency, Standard & Poor's recently upgraded Grenada short term ratings indicating that the servicing of the island's commercial external debt is not likely to feature in the campaign for a general election constitutionally due next year.

"Based on the application of the revised criteria, we are raising our short-term ratings on Grenada to 'B' from 'C'.

"The stable outlook reflects our view that upside potential from recently enacted reforms balances downside risks from the external environment," Standard & Poor's said in a statement, adding "the outlook remains stable. We also raised our short-term ratings on Grenada to 'B' from 'C000000'.



The rating agency said that the stable outlook also reflects "our expectation that unlike some other Caribbean nations, the serving of the Grenadian government's external debt will not become an issue in the general election, which must be called by mid-2013 and may be called this year."

Haiti

The Haitian government said at least 24 persons have died in accidents related to the recent Tropical Storm Isaac.

Haiti's Civil Protection Office said in a report that the bulk of the deaths happened in the southeastern and western departments of the country.

Some of the victims were electrocuted and others died after objects fell on them. Three persons have been reported missing so far.

The death toll has steadily increased in Haiti after Tropical Storm Isaac passed over the southern part of the country and caused extensive flooding.

Haiti's mountains are heavily deforested and so the country is



prone to mudslides that sometimes turn fatal. The new deaths put the total death toll of Isaac at 29.

Jamaica

A drought in the United States, described as the worst in more than 50 years, has forced Jamaica Prime Minister Portia Simpson-Miller to issue instructions for urgent action to be taken to prevent a sharp increase in food prices in the country.



The drought is threatening the export of several commodities and has almost crippled the Midwest, and there are predictions that it will increase world food prices in coming months.

Industry Minister Anthony Hyton said the government is monitoring the situation.

He said the Ministry of Industry and Commerce as well as the Ministry of Agriculture have begun not only to monitor but to make some practical recommendations on how best to attend or address what could be the likely impact on food prices in Jamaica.

Suriname

The Commission on National Holidays has advised Suriname President Desi Bouterse to remove Good Friday, Divali and Id-Ul-Adha from the list of national holidays.

The commission made a clear distinction between memorial and commemorative days. Memorial days are mostly national, while commemorative days are celebrated by part of the population. In future, Good Friday, Divali and Id-aul-Adha must cease to be national holidays. However, people will still be able to celebrate these days selectively.

"People will tell their employer what religion they have and then apply for leave," commission chairman Marlon Powell said.

With all the changes, the commission advises 13 national holidays and four commemorative days. Some national memorial days should be revised.

The commission advises to change the name of Independence Day into National Day of Independence and Cultural Diversity.

The commission advises gov-

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SVG Consul to Northern Ireland, Dr. Christopher Stange (right) meets HRH The Duke of York at Hillsborough Castle.
Simon Graham/Harrisons 077716083

SVG Consulate hosts Belfast North-South meeting

By Christine McDonagh

Belfast, Northern Ireland -- The Consulate for St. Vincent and the Grenadines to Northern Ireland recently held a luncheon for the members of the consular corps of Northern Ireland and joint secretariats of the North South Ministerial Council (NSMC).

The luncheon focused on discussions concerning business, trade, investment, corporation tax, transport, energy, immigration, tourism, partnership and collaboration concerning both Northern Ireland (UK) and South (Ireland) and the countries with official foreign government representation in Northern Ireland.

Consul for St. Vincent and the Grenadines to Northern Ireland & Secretariat of the Consular Corps of Northern Ireland, Dr. Christopher Stange, delivered a presentation on St. Vincent and the Grenadines and a briefing on the OECS and CARICOM bodies.

The NSMC is supported by a standing joint secretariat, based in Armagh and staffed by members of the Northern Ireland and Irish Civil Service. It was established under the Belfast/Good Friday Agreement (1998), to develop consultation, co-operation and action on an all-island and cross-border basis concerning matters of mutual interest and within the competence of the admin-

istrations, both north and south. It is comprised of ministers of the Northern Ireland Executive and the Irish government, working together to enhance co-operation across the island for mutual benefit.

Dr. Stange had the honor to meet with His Royal Highness, The Duke of York who was guest of honor at the annual Hillsborough Castle Garden Party, hosted by newly appointed Secretary of State for Northern Ireland, The Rt. Hon. Theresa Villiers, MP.

Dr. Stange briefed the duke on the Caribbean Diaspora, on Vincentians serving in the British Army posted in Northern Ireland and the work of the SVG Consulate in Northern Ireland, including various economic and social development initiatives.

The St. Vincent and the Grenadines National Anthem was played by the Northern Ireland Fire and Rescue Service Band before the duke met with central and local government officials, diplomats, heads of civil service agencies, dignitaries, invited guests and army personnel serving in Northern Ireland.

The Duke of York was invited to plant a tree in honor of the visit, followed by signing the visitor's book at Hillsborough Castle, before departing for other engagements in Balylmena.

Radio Soleil celebrates 20 years serving the Haitian community

By Tequila Minsky

Red letters on the blue awning at Nostrand near Tilden read "Radio Soleil D'Haiti", a humble storefront that belies the importance of the station within. Radio Soleil is celebrating its 20th anniversary, two decades of serving the Haitian community.

"We accompany them while they search for stability in their country," Station Director Ricot Dupuy says. "We cover news, politics, music, and subjects of significance that don't get coverage anywhere else."

According to the station, listeners testify that their receivers stay on for 18 hours a day, on average. A "sub-carrier" station, also available on the Internet, Haitian Radio Soleil transmits 24 hours a day over a subsidiary channel accessible on portable radios customized with a subcarrier switch.

Radio Soleil came to be when journalists in the early 90s rallied to offer the com-



Ricot Dupuy, director and station manager of Radio Soleil on the radio reporting. He hosts a daily show at 9:00 p.m., an analysis of the news and major issues of the day.
Photo by Tequila Minsky

munity a means to present their views after the first coup that toppled the then president Jean Bertrand Aristide. The station was named after a Port-au-Prince Christian station, instrumental in the coverage of Duvalier

regime abuses.

Dupuy has been at the station's helm for the last 15 years. From his background in theatre, economics, political science and finance, he segued into serving the community and using radio

as a podium to effect political changes in his home country.

Radio Soleil broadcasts some of its five daily newscasts directly from its two sister stations in Haiti, Radio Solidarite and Melody FM.

5th Annual Walk4Hearing event

New Yorkers can register now to join

More than 1,000 New Yorkers from the five boroughs and Long Island will gather for the fifth annual NYC Walk4Hearing on Sunday, Sept. 30 in New York City's Riverside Park. Organized by the Hearing Loss Association of America's (HLAA) Manhattan Chapter, the event raises awareness of the challenges facing 36 million Americans with hearing loss and their families. Proceeds support HLAA's mission to educate, provide support services, and advocate for people with hearing loss.

"Hearing loss as a public health issue is largely misunderstood and remains under the radar screen," says Suzanne D'Amico, NYC Walk Chair, whose 10-year-old daughter has moderately severe



Walk 4Hearing 2012.

hearing loss. "It's important to get the word out that this complex condition affects people of all ages and impacts all aspects of everyday life," she continues. "We're thrilled that so many families of children with hearing loss and hun-

dreds of amazing walkers and volunteers are joining this important cause. We're also introducing groundbreaking technology to help people wearing hearing aids."

The event will take place Sunday, Sept. 30, in River-

side Park, starting at West 97th Street and Riverside Drive and following a 5k (3.1-mile) route. Walkers benefit from state-of-the-art technology such as captioned announcements before and during the event that will be streamed to smartphones. A new looping system that is being installed in public places to enable people wearing hearing aids to hear announcements will be showcased. Walk festivities include the Cheer New York Cheerleaders, children's entertainment, snacks, giveaways, free hearing screenings, prizes, and more.

Registration begins at 9:00 a.m. and the Walk starts at 10:00 a.m. For more information and to pre-register, visit www.walk4hearing.org.

Rum dispute

Continued from cover

to richly layered, generates roughly \$500 million in foreign exchange for independent Caribbean countries and more than \$250 million in tax revenue.

The subsidies come from money raised through an excise tax on liquor sold in the United States. Under an obscure federal law, almost all of the money generated by rum goes to the treasuries of Puerto Rico and the U.S. Virgin Islands. Those tropical territories in turn hand a share of it to the producers as a subsidy to do business there.

Distillers in other countries say they lived fairly comfortably with the U.S. subsidies for decades, even if they thought the rebates gave advantages to rum giant Bacardi Limited in Puerto Rico and Cruzan Rum, a U.S. Virgin Islands brand now owned by Beam Inc., the U.S. maker of spirits such as Jim Beam and Maker's Mark.

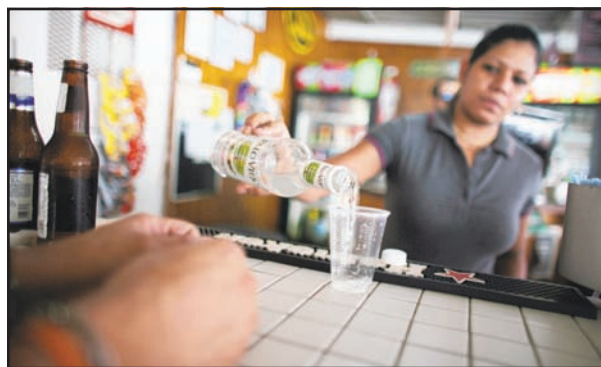
But they are alarmed by recent deals that sharply

increased the subsidies for already powerful corporations in the two territories.

In the Virgin Islands, London-based Diageo PLC signed a long-term lease in 2009 to build a rum distillery on St. Croix making the Captain Morgan brand in exchange for a chunk of the excise-tax revenue estimated at \$2.7 billion over 30 years. It will start full production next fiscal year. Diageo also gets government marketing support and generous subsidies for molasses, the syrupy byproduct of sugar refining that is a key ingredient in most rum.

Puerto Rico, in response, has increased the amount it spends to promote its rum industry, from 10 percent to 25 percent of the excise tax money it gets back. It has also awarded Bacardi a \$95 million grant to renovate its production plant in exchange for maintaining a minimum level of production for the next 20 years. That translates into more than \$230 million in yearly revenue from excise taxes

The moves have prompted



A bartender fills a glass with rum at a bar in San Juan, Puerto Rico. AP Photo/Ricardo Arduengo

some competing Caribbean distillers to urge their governments to complain to the World Trade Organization, fearing that the U.S. subsidies may undermine age-old rum operations in the Caribbean, the global center of production, and motivate other multinational distillers to relocate to U.S. territories.

"Our Caribbean distilleries need to export rum in order to survive. But bigger subsidies in the U.S. islands means we don't get a level playing field for our exports, and it's going to affect both small and large producers here," said Anthony Bento, managing director of the 80-year-old Antigua company that

makes English Harbour Rum in copper stills and ages it in oak barrels.

Clifton Shillingford of Shillingford Estates Ltd, a small Dominica distiller that makes its Macourcherie rums from local sugar cane juice instead of molasses, said the subsidies for big global brands in the U.S. islands will "destroy" his rum business.

Diageo argues the complaints of smaller producers are overblown. Spokesperson Brooke Lawer says the subsidies the British company receives are similar to incentives from U.S. states or other countries to attract industry and do not create a competitive disadvantage.

Trinidad backs away from dirty bill

Continued from cover

Facing islandwide criticism even from its diehard supporters: the opposition, the bar association and local media, the administration of Prime Minister Kamla Persad-Bissessar held an emergency session of cabinet in Port of Spain on Tuesday, a day after the furor broke out over the Indictable Proceedings Act that made it easy for businessmen Ishwar Galbaransingh and Steve Ferguson to escape possible jail time in Trinidad. The two have already asked the courts to dismiss their case.

The two and several other former United National Congress (UNC) ministers and businessmen currently face protracted charges for alleged bid-rigging in relation to the construction of the new Piarco Airport across the runway from the old terminal, back when the UNC was in office as a single party in the mid

'90s.

Officials made no secret of the fact that government was moving at breakneck speed to have the house of representatives and the senate meet hours after each other to repeal the act, which critics say was enacted like a "thief in the night" while the twin-island republic with Tobago was celebrating the 50th anniversary of independence from Britain.

The speed has much to do with a statement issued by the U.S. Embassy in Trinidad on Tuesday criticizing the bill and saying that the two financiers are still wanted in the U.S. on money laundering and corruption-related charges, forcing government into a rather embarrassing defeat as even the island's chief state prosecutor had attacked the bill saying he was "gravely concerned" at the move by parliament and cabinet.

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Special fly rates for Guy-Expo 2012

By Tangerine Clarke

Guyana's Ambassador to Washington, Bayney Karan, in collaboration with the Guyana government has extended an invitation to Guyanese and Caribbean exhibitors to seize the opportunity to meet, network and negotiate deals at the country's 2012 Trade Fair and Exposition set to take place from Sept. 27 to 30 in Georgetown.

Guy-Expo, which was launched in 1995, has become the Republic's largest premier trade fair and exposition that attract thousands of international companies and organizations each year to showcase their skills and creative work.

Karan laid out a comprehensive profile of this year's expo to lure businesses to the shores of Guyana - a country of six different races, 10 regions and a massive Eco-tourism package that is

being touted as the best in the South American basin.

The country is depending on its export ready products of fresh and processed foods, seafood, alcoholic/nonalcoholic beverages, wood and wood products, building materials and pharmaceuticals to boost its economic growth.

Textile, jewelry and handicraft are some of the country's other lucrative export ventures, expected to draw investors to the fair that was planned under the theme - "Strengthening The Traditional, Embracing The New."

According to the embassy, the theme is in recognition of Guyana's strategy, prudent policy implementation and continuing efforts to expand opportunities for sustainable investments.

The planning committee of GUYEXPO said that it hopes that Guyanese and other investors would seize

this occasion to creatively present their goods and services to the tens of thousands of patrons and investors who will be visiting Guyana's premier trade fair exhibition.

With this initiative in place, organizers have rushed to ensure that adequate accommodation are ready for the large contingent that is expected to visit Guyana.

As such, the Guyana government has partnered with local hotels and EZJET Airlines, (EZJET.COM), which will fly visitors from New York and Canada direct into Georgetown. Special rates are being offered under GUY-EXPO 2012.

Shipping companies such as Tropical Shipping, Trans Caribbean cargo, John Fernandes, C&V Shipping, D&J Shipping service and Ameri-jet International are also available for service to the exhibitors. To learn more - log on to www.guyexpo.com.

NAACP willing to intervene in killing of Queens van driver

Continued from cover

hoods preying on people by stopping them and provoking them without wearing any type of policy-required police insignia shirts or jacket," stated President Gadsden in a prepared report following a Clergy Meeting with a representative from New York City Commissioner Ray Kelly's office. "Unless this practice cease we are going to have another type of mistaken identity police killing like we saw in the Sean Bell shooting," added the community leader.

Clearly, the expected vigilance, protest or constructive physical dialogue between police and van drivers has not erupted in the Hassan Hall matter, in Queens - one of the most ethnically-diverse county in the country - following the untimely passing of 27-year-old Hall.

Even absent are widely anticipated visible protest

signs along the bustling Linden Boulevard at 234th Street in Cambria Heights, Queens - near where the late seasoned van driver Hall was allegedly pursued, hit and killed by police officers, as he briefly rode a blue motorcycle he considered purchasing - as an addition to his motorcycle collection.

Surprising to longtime residents is the admirable stellar grace and reservation by van drivers who knew and worked with Hall beginning with his early years as a neophyte driver. More pronounced among these ambitious and hardworking predominantly male commuter drivers is an eerie quietness by simply settling for a memorial for Hassan Hall. A standing floral arrangement over Linden Boulevard with a colorful eye-catching bouquet of flowers - prepared by a local florist Inspirational Floral

& Gifts -ironically, or by choice, mimics the color of the motorcycle bearing a causal connection to the collapsing of Hall's early life.

Even the removal of the original Hall memorial of traditional candles on Linden Boulevard, a spot van drivers converge, did not spark the drivers of commuter vans to retaliate.

"The police treat van drivers like criminals," said one van driver speaking on condition of anonymity. "They do not respect us," he added. Although steered by the police preoccupation with their presence, the majority of commuter van drivers deemed their work a vital institution in residential Queens with one-family homes. To them, they provide convenient and expeditious service, therefore, accommodating the needs of residents and workers in this neighborhood.

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For any information on whether you are eligible to vote or where your poll site is located, please call (212) V-0-T-E-N-Y-C. TDD for the hearing-impaired is (212) 487-5496.

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CARIBBEAN ROUNDUP

Continued from page 2

ernment to have a permanent advisory board on national holidays to study all proposals for national holidays. Every five years national holidays should be thoroughly assessed to determine whether they are still valid.

Trinidad

United States Secretary of State Hillary Clinton has sent best wishes to Trinidad and Tobago as the country celebrated its 50th Independence anniversary.

"On behalf of (U.S.) President Obama and the people of the United States, I am delighted to send best wishes to the people of Trinidad and Tobago as you celebrate 50 years of independence this Aug. 31. Our two nations share a long history of friendship and cooperation going back to more than 200 years," Clinton said in a statement.



"From the arrival of African-Americans to Trinidad after the War of 1812 to the drilling of Trinidad's first oil well by an American engineer in 1866, to our military cooperation during World War II, this relationship has contributed to the development of both of our countries and the peace and prosperity of the world. We share a long tradition of democracy, respect for human rights, and diversity," she said.

Trinidad

A businesswoman in South Trinidad became the first person to be charged with money laundering by the Financial Intelligence Unit (FIU) under the Proceeds of Crime Act (2000), when she appeared in the San Fernando Magistrate Court charged with committing over TT\$2 million fraud.

Vicky Boodram, 30, owner of Boodram's Travel & Tours and Ship Ahoy Cruises, was remanded in custody by acting chief Magistrate Rajendra Rambachan when she appeared on charges of fraud and forgery relating to purchases including a Mercedes Benz, house and land.

It is alleged that Boodram, a former singer, on or about Oct. 18, 2010, at San Fernando disposed of TT\$2,045,000 in cash or in whole or in part by purchasing a house and land, knowing or suspecting it was the proceeds derived from her having committed a special offence, using forged documents to a bank, including job letters, in order to obtain a credit card.

She is facing five indictable charges, which arose out of two failed cruise packages.

Last year, Boodram along with her estranged husband, Ravi Arjoonsingh appeared in court on 20 charges of fraudulently receiving more than TT\$5 million from customers for two cruise packages that failed to come off.

She was granted TT\$6 million bail and Arjoonsingh \$3.5 million. The cases are still pending.

Compiled by Azad Ali

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According to the National Ambulatory Medical Care Survey, one in every two men over age 50 suffers from an enlarged prostate, and at age 75, about 80% of men suffer from this condition. Are you part of this disturbing statistic? If you are a male and experience painful urinary symptoms that make life difficult, it's time to talk to a urologist.

Symptoms and Testing

BPH (Benign prostatic hyperplasia or enlarged prostate) occurs when the prostate gland becomes enlarged due to an excess growth of healthy cells. The presence of an enlarged prostate can be identified through the prevalence of the following symptoms:

- Increased frequency and difficulty urinating (especially frequent urination at night)
- Weakening of the stream of urine
- Feeling of incomplete emptying of the bladder
- Difficulty holding in urine

These symptoms emerge gradually, often growing and worsening. For a long time, an enlarged prostate (non-cancerous) may be present as a result of any one of these hardly noticeable symptoms. Such conditions are often mistakenly blamed on age, stress and other factors, which is absolutely not the case.

In order to rule out prostate cancer and alleviate symptoms, it is important to see a urologist as soon as any of these symptoms occur. While BPH

does not cause prostate cancer, both afflictions may be present at the same time, so it is important to continue screening for prostate cancer even if you already have BPH. The New York Urologic Institute is home to a unique laboratory and certified pathologist, who can quickly and accurately study PSA (prostate specific antigen) in blood and, if necessary, take a painless biopsy (sampling of cells) of the prostate. This eliminates the possibility of prostate cancer, which is identical with BPH in its symptoms.

Treatment

There are various treatments for an enlarged prostate, including minimally invasive and surgical treatments. If symptoms begin affecting your daily life, treatment options such as minimally invasive procedures, medication, or surgery may help. The New York Urologic Institute offers a wide range of possibilities for the treatment of an enlarged prostate, including applied therapeutic and physiotherapeutic methods.

Minimally Invasive Procedures

Minimally invasive procedures usually allow patients to recovery quickly after treatment with little to no complications. These procedures involve using microwave therapy to eliminate portions of the prostate.

Medication & Drug Therapies

Medications and drug therapies are commonly used to relieve moderate symptoms of an enlarged prostate. The goal of these medications is to relax the muscles in the prostate and bladder in order to reduce bladder obstructions.



Utilizing Computed Tomography

Surgical Procedures

Surgical procedures involve removing the inner part of the prostate through a special instrument inserted into the urethra. If the prostate has greatly enlarged, an open prostatectomy is necessary, where an incision is made in the abdomen from which the inner layer in the prostate is removed.

Because BPH and prostate cancer can coexist, urologists at the New York Urologic Institute are meticulous in diagnosing BPH and highly recommend regular screening for prostate cancer. If you experience excessive discomfort from your symptoms, do not hesitate to discuss your treatment options with one of the award-winning urologists at the New York Urologic Institute. If your life has

been impacted by BPH, come visit NYUI and see how you can restore your comfort.



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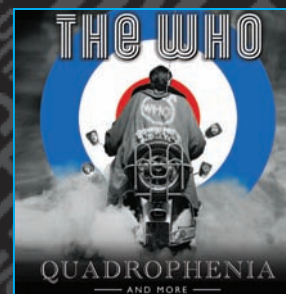
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Medicare is doomed

By Sheldon Richman

When Democrats accuse Republicans of wanting to “end Medicare as we know it,” they are right. But Democrats do too. “Medicare as we know it” is no longer an option.

Leaving aside Medicare's fatal moral defect — that it's coercively funded — the program is doomed. It has tens of trillions of dollars in unfunded liabilities. It threatens working generations with a crushing tax burden. Because of the relative size of the Baby Boom generation, soon there will be only two workers to pay each retiree's medical bills. Younger people might have other plans for their money.

So something's got to give, no matter which party is in power. If the government promises to pay for older people's medical care essentially without limit, one would expect the bill to grow fast. It's the law of demand: as price falls, demand rises. Given that law, and assuming that taxes can't be jacked up, there's only one thing to do, short of abolishing the program: limit what the beneficiaries can buy.

But older people, who vote in great numbers, won't like that. So politicians need to deceive.

President Obama's health care plan would cut over \$700 billion from Medicare. (He needs the money for Obamacare.) But he insists this will not reduce benefits. How can that be? The money will be taken from providers (and insurers under the popular alternative, Medicare Advantage), not beneficiaries, he says. But if reimbursements to providers are reduced, how could that not reduce benefits?

Obama replies, “eliminate waste.” It sounds nice, but it means that government will second-guess the decisions of doctors and patients.

Obamacare sets up an Independent Payment Advisory Board (IPAB), consisting of 15 presidential appointees (confirmed by the Senate), whose job is to limit spending. Now we run into the law of supply: as the price of a service falls, supply tends to fall also. We can anticipate that fewer doctors will accept Medicare patients and some on-the-edge hospitals will close. Patients will wait longer for services.

Despite assurances that only “unnecessary” services will be eliminated, it is hard to have confidence that something as individualized as medical care can be managed by 15 distant “experts.” Medical care “by number” will become the standard in America.

So the choice appears to be between Medicare bankruptcy and increasing government control over retirees' health-care spending.

The Republicans disagree. What do they propose? Mitt Romney and Paul Ryan would change Medicare from a “guaranteed-benefit” plan to a “guaranteed-contribution” plan. Instead of paying whatever bills retirees incur, the government would provide “premium support” to enable them to buy private coverage. Retirees would also have the option of staying in traditional Medicare, but since the Republicans predict that their plan will bring costs down through competition, they forecast that Medicare costs will be controlled without limiting people's choices.

Maat 4 Afrika and its Vision

Dear Editor:

I would like to first thank you for taking the time to review this article.

My name is DeAnna Williams and I am the founder/CEO of Maat 4 Afrika Inc. For as long as I can remember, I always felt the need to serve. As a child my life's goal was to become a nurse. Being a nurse meant I would be in a position to help those who was unable to care for themselves.

As a young adult, I had the desire to serve my country, which I dutifully did so for 10 years. One position I held in the military for about five years was as a Health Information Technologist; the other for the next five years was in finance and accounting. My career in the U.S. Army ended as result of a service-connected disability. So, after serving my country for 10 years I was honorably discharged.

After the service to my country, I decided to attend Austin Peay State University in Clarksville, TN to pursue a bachelor's degree in the field of nursing. Once credentialed, I took a position at Vanderbilt University, located in Nashville, TN in the Surgical ICU. Looking for upward mobility, I returned to New York State and obtained

my Masters of Science Degree in the field of Nurse Anesthesia at SUNY Downstate University Medical Center in Brooklyn.

I have been a Certified Registered Nurse Anesthetist (CRNA) since January 2004. Looking for the flexibility in which I could provide the highest quality of peri-operative anesthesia care and at the same time travel the world to see where I could branch out and provide service worldwide for those in need, I became an incorporated company named Annawide Anesthesia CRNA, PC and work as an independent contractor. Currently, I work in the field of anesthesiology at Montefiore hospital in the Bronx, NY.

For approximately 5 years, I had a strong urge to increase my knowledge about my ancestors. I had a profound curiosity about our culture; our struggles, triumphs, contribution and most importantly our spiritual system. During that time and currently, I attend classes to try and understand what messages and legacies our ancestors left us through understanding our indigenous language, the Mdw Ntchr (Medu Netcher), what is now classified as hieroglyphics. These were left for us inscribed on the Tombs in Afrika. While

attending these classes I had an increased need to return to Afrika to connect with my ancestors.

Marcus Garvey said it best: “A people without the knowledge of their past history, origin and culture is like a tree without roots.”

I had to see the conditions and struggles my brothers and sisters were left with to endure and somehow find a way to alleviate some of their hardships. This journey led to the formation of Maat 4 Afrika Inc. I chose the name because Maat stands for Peace, Harmony, Balance, Law and Right Action. Maat was birthed in Afrika. I wanted to maintain these attributes throughout Afrika and the Diaspora. There are 42 Principles/Oracles/Concepts of Maat. With these principles, our ancestors maintained a society without policemen for thousands of years. Everyday they held themselves accountable by saying in the early morning: “I will not.....”, and in the evening say “I have not.....”. This was their mental inventory.

For those who are wondering why I chose to spell Afrika with a “K” instead of a C, according to an Afrikan American Poet, Kwame Nantambu, “K” is germane to Afrika and Afrikans.

Continued on page 12

Improve physical education in schools

To The Editor:

While I applaud Mayor Bloomberg and his plan to limit the size of sugar sweetened beverages in the City of New York to help with our obesity crisis; the plan needs to devote equal attention to the lack of physical activity in our city schools. Our kids, all of us in fact, need to move more. The American Heart Association has some aggressive goals to improve physical education in our schools.

They include the actual

enforcement of the current NY education mandate, stating that quality physical education be provided to all students, with minimum standards of at least 120 minutes per week. We would like to see a significant allocation in education funding to provide for renovation or construction of gym spaces and secure additional physical education teachers, who are certified and licensed.

The American Heart Association would also like to establish pilot projects in targeted schools

that provide at least 150 minutes-per-week of physical education for each student in elementary school and 225 minutes-per-week for each student in middle school.

If the mayor really wants to beat the obesity epidemic in the City then we look forward to having him support our plan.

Sincerely,
Wendy Mono

Wendy Mono is an American Heart Association volunteer.

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LETTERS TO THE EDITOR are welcome from all readers. They should be addressed care of this newspaper to Kenton Kirby, Editor, Caribbean-Life Publications, 1 MetroTech Center North, Brooklyn, New York 11201, or sent via e-mail to caribbeanlife@cnglobal.com All letters, including those submitted via e-mail, MUST be signed and the individual's verifiable address and telephone number included. Note that the address and telephone number will NOT be published and the name will be published or withheld on request. No unsigned letters can be accepted for publication. The editor reserves the right to edit all submissions.

Early indications of Mitt getting thrashed

It should be rather interesting to get inside the heads of the behind-the-scenes guys who move the pieces on the GOP chess board. What's really the strategy for ensuring that the barest minimum of time elapses, post-George W. Bush, before another Republican occupies the White House? Both in '08 and again this year, the party's presidential nominee has been someone not generally considered as ideally representative of the solid-right force controlling the party as they would like. What's now looking very much open to question is whether, even with a compromise second banana much beloved by the right, the ticket has juice enough to power the nominee to a win.

From the expansive list of GOP presidential wannabes testing the waters this time around, Mitt Romney seemed, quite early in the process, to be the most formidable potential challenger to President Obama. Primarily because others along the way who on occasion posted decent primary numbers were thought too extreme, as conservatives go, to attract enough general election support. Romney's albatross, like John McCain's

four years ago, has been that the more you see of him, any prior judgment that he fails to measure up only gains in certitude.

The message in all of this being that proponents may well be miscalculating the allure of conservative extremism. Bush, when he won (with an asterisk) in 2000, was marketed as a "compassionate conservative," whatever that means. (And hadn't a narcissistic Ralph Nader stunk up the joint in Florida, persisting with that idiotic candidacy, we would have been spared finding out that "compassion" included committing the country to an unnecessary, costly Iraq war.) Now the Romney-Ryan tandem and the tacticians at mission control are again trying to sell the electorate on an ultra-conservative path to nirvana. It's a hard sell.

PBS analyst Mark Shields reflects the assessment of many when he points out that in the midst of economic woes the country is still struggling to overcome, Romney should have started out of the box a good 10 points ahead of Obama in the polls. The fact that Obama has been tied or slightly leading so much of the way has

Viewpoint

By Les Slater

been a dead giveaway as to the limits of the GOP nominee's appeal. To compound matters, the addition of Ryan to the ticket may have induced some excitement in their base, but it certainly hasn't been the magic bullet mission control was hoping for, that fundamentally changed the dynamics of the race. Ryan too, it turns out, is one whom the glare of non-stop spotlights reveals to be well shy of what his billing suggests.

Romney and his advisers have evidently thought it enough to keep rattling off the line that the president "doesn't know what he's doing" about the economy and everything else. That it hasn't worked so far seems obvious to all but Romney and his people. So that the need to get specific about how he is better equipped to do what Obama can't, is lost on him, apparently. The upshot of which is his continuing to throw up some vague solution outlines for the economy that seem

to connect with none but hard-core supporters.

Quite mystifyingly, Romney also appears clueless that, given his situation, adding an overlay of hubris is anathema. But there's been hubris in spades, in his obstinate stance about releasing tax returns (his wife a robustly willing fellow gladiator there), in implying he's under no obligation to give details of plans for economic recovery, in trying to dictate what policy matters media folk should and shouldn't raise... And if the rest of us think there's something conspicuously unreal about Romney practically delegitimizing any reference to his tenure as Massachusetts governor during this presidential run, one gets the impression he thinks that's our problem, not his. We of course know he avoids the gubernatorial stint like the plague because he presented an alter ego to the Massachusetts people back then, similar to when he fought and lost to Ted Kennedy for his Senate seat.

Romney, we've come to realize, is comfortable being indifferent to the idea that offering himself for national office brings with it certain responsibilities to the people

he says he is ready to lead. As a result of which, not surprisingly, his campaign has begun to take on the appearance of a not-too-successful road show. And in light of all of that, he surely didn't need an additional nightmare like the bust his party's convention turned out to be. If not before, the writing had to at least begin appearing on the wall when the convention aftermath's biggest talking point was how much of a sad spectacle Clint Eastwood had made of himself. Talk about clueless! Romney was reportedly laughing it up while waiting in the wings during Eastwood's meltdown.

The smart betting says the country's mind is just about made up about Romney, that no injection of SuperPAC money from Karl Rove or any other source will materially change the configuration. There remain the debates, of course. But barring infinitely long odds of President Obama deciding to take a snooze when these jousts get going, or some ill-timed happening completely laying waste to the natural progression of events, our expectation here is that Romney is fixing to get himself soundly thrashed come November.

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Maat 4 Afrika and its Vision

Continued from page 10

The Europeans, particularly the Portuguese and British, at the time of slavery, in trying to understand our cultural language, substituted the K with a C out of pure ignorance. I am putting the K back where it belongs. Kemet (Egypt), Kncsciousness (Consciousness), Afrika (Africa), NOW YOU GET IT!!!!

Maat 4 Afrika Inc is a dynamic organization whose mission is to incorporate multifaceted business relationships with individuals and corporations that strive to maintain peace, harmony and balance throughout Afrika and the Diaspora. We have an awesome, dedicated board which consist of DeAnna Williams (Founder/CEO), Lorraine Clement (Vice President/ Organization Director), Legion O. Lee John Smith (Director of International Affairs and Social Media), Marva J. Mitchell (Executive Secretariat) and Debra Thomas (Executive Treasurer).

The mission of Maat 4 Afrika Inc is to preserve positive healthcare practices by setting and enforcing standards; provide training, outreach modalities and education, which includes promoting a greater awareness and appreciation of Afrikan history by learning of the unique struggles, triumphs and contributions of Afrikan people worldwide; establish partnerships and encourage continued improvement to the poverty stricken and disadvantaged communities throughout the world. Marcus Garvey had a saying, "To liberate the minds of men/women ultimately you will liberate the bodies of men/women".

Health related issues that negatively affect human healthcare are of great concern to Maat 4 Afrika Inc. It is a known fact that people who are sick without adequate healthcare interventions will be unable to work. The inability to work puts people into poverty. People

who are impoverished get sick, SEE THE CYCLE!!!!!!

Currently, Maat 4 Afrika Inc is collaborating with A-Z Quality Health Foundation, an NGO founded by Grace Adiepena in Ghana who is taking on a project that will provide adequate (support) and housing to an impoverished family of eight. This family is currently living in extreme unsanitary conditions. To put it quite frankly, they are sleeping on the ground.

We at Maat 4 Afrika Inc are looking to assist with their healthcare needs. We are also in talks with Fiankra, an organization which follows the works of Marcus Garvey, who championed the Back To Afrika Movement. Fiankra opens the pathway of repatriation to all Afrikans in the Diaspora to find their way back home. Maat 4 Afrika Inc is looking to assist Fiankra in the building and maintenance a Health Care Clinic in Akosombo, Ghana.

Here in New York, Maat 4

Afrika Inc is in the process of holding a series of events that will help with the funding of our organization, so that we can provide an array of services, such as: The Health P.O.W.E.R. Initiative Program, which is a series of Health Wellness Programs: Outreach activities, Workshops, Education Literature, and health related Resources (P.O.W.E.R.) targeted towards empowering our clients and readers to move towards greater knowledge and an increase in optimal health. Currently, we are in the paperwork process of becoming an NGO, (non-governmental, not for profit organization).

Every GREAT thing has a beginning. This is our Beginning. I humbly petition every reader to feel our vision. Please, visit our website and DONATE to our cause. To end I say THANK YOU!

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By DeAnna Williams

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Bell uses the power of nature to help put life back into your lifestyle

Going Places an original writers Cabaret

By Chudi Chukwudi

Frank's Cocktail Lounge, 660 Fulton St. in Fort Greene, Brooklyn, has been host to some of New York City's best theatre artists and writers with the "Write Night" series since June 2009. The brainchild of collaborators Cindy Hanson and Stephanie Bok, this highly entertaining evening of original short monologues, stories, scenes, songs and rhymes has been making people laugh, identi-

fy and think on many Thursday nights for over two years. Each evening is centered on a theme, a jumping-off point from which the participants create new work that they perform themselves. On Sept. 27 at 7:30 p.m., the 14th Write Night will explore the theme: "Going Places." Life is a series of journeys and there are plenty of lessons learned, adventures, triumphs and mishaps to be shared.

Frank's Cocktail Lounge is

a family-owned and operated bar that has been in business in Fort Greene for over 50 years. Conveniently located at 660 Fulton St., near all trains, it is a neighborhood icon and the perfect setting for the Write Night series. It has a comfortable and friendly atmosphere and audiences are encouraged to come and go as they please, get drinks during the show and feel like active participants. Manager Tyrone Perkins has warmly

welcomed the Write Night crew and there has never been a cover charge for one of these events.

The line-up of writer/performers for this show includes Stephanie Bok, Paul Boocock, Charles Edward Drew Jr., Cindy Hanson, Hollie Harper, Maura Kelley, Janice Lowe, Wesley Middleton and Sue Scarlett Montgomery. This diverse multi-talented group boasts an impressive list of credits

among them and many have been with the project from the beginning.

Selected performer bios:

Stephanie Bok is the producer of Write Nights @ Frank's. She has been performing and working in theatre for over 20 years in New York, Los Angeles and Atlanta. Stephanie is a staff writer for the American Candy sketch comedy group and her writing has been produced by Modern-Day Griot Theatre Company, American Theatre of Harlem, Inneract Productions, JustAsk Productions, ActNow Foundation, White Bird Productions and the DUMBO Arts Festival.

Paul Boocock has performed his solo work at HERE, The Flea Theater, EST and Soho Think Tank and was nominated for 2 New York Innovative Theatre Awards - including Best Performer. Paul has been the voice of Dr. Jonas Venture and many others on the Cartoon Network's Venture Bros and was a member of Elevator Repair Service and PREMIUM BOB. He appears in Oscar winner Dustin Lance Black's 2010 release and *Law & Order: Criminal Intent*. He



Hollie Harper. Photo by Jaime Kahn

worked with Hal Hartley, Jim Simpson, Gary Schwartz, Kristin Marting, John Collins and Steve Bodo, David Herskovits, Steven Schardt, Todd Alcott, Jay Tarses, Kevin O'Roarke, Bob Lyons and Mary Kate Burke. Paul created segments for American Public Radio & WBAI and he has been a baseball pundit to *The New York Times*.

Cindy Hanson is a member of the Chicago-based writing and performing group, the *Sweat Girls*. She is the co-writer of *Cooking with Lard* and co-adaptor of *Hen Lake*. She has written and performed *Evelyn Dances* in Chicago, Louisville and San Francisco where she was nominated for a Bay Area Critics Award. Cindy has also written the play *Henry & Helen* and the performance piece *Me And My Chakras*.

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Honduras sets stage for 3 privately run cities

By Alberto Arce

TEGUCIGALPA, Honduras (AP) - Investors can begin construction in six months on three privately run cities in Honduras that will have their own police, laws, government and tax systems now that the government has signed a memorandum of agreement approving the project.

An international group of investors and government representatives signed the memorandum Tuesday for the project that some say will bring badly needed economic growth to this small Central American country and that at least one detractor describes as "a catastrophe."

The project's aim is to strengthen Honduras' weak government and failing infrastructure, overwhelmed by corruption, drug-related crime and lingering political instability after a 2009 coup.

The project "has the potential to turn Honduras into an engine of wealth," said Carlos Pineda, president of the Commission for the Promotion of Public-Private Partnerships. It can be "a development instrument typical of first world



Honduras' President Porfirio Lobo, left, talks with Juan Orlando Hernandez, new president of the National Congress.

AP Photo/Arnulfo Franco

countries."

The "model cities" will have their own judiciary, laws, governments and police forces. They also will be empowered to sign international agreements on trade and investment and set their own immigration policy.

Congress president Juan Hernandez said the investment group MGK will

invest \$15 million to begin building basic infrastructure for the first model city near Puerto Castilla on the Caribbean coast. That first city would create 5,000 jobs over the next six months and up to 200,000 jobs in the future, Hernandez said. South Korea has given Honduras \$4 million to conduct a feasibility study, he said.

Walcott receives T&T's highest award

By Azad Ali

Olympic gold medalist Keshorn Walcott was among the three recipients of the nation's highest award, the Order of Trinidad and Tobago for the country's golden jubilee celebrations recently.

The late Prime Minister George Chambers and labor leader Adrian Rienzi were among those who received the Order of Trinidad and Tobago an awards ceremony held at Queen's Hall on Independence night (August 31, 2012).

Walcott, who won gold in the javelin event at the recent London 2012 Olympics, became the second Trinidadian to win gold after Hasley Crawford took



Trinidad's Keshorn Walcott during the athletics in the Olympic Stadium at the 2012 Summer Olympics, London, Saturday, Aug. 11, 2012.

AP Photo/David J. Phillip

gold in the 100 meters even at the Montreal Olympics, Canada 36 years ago.

Walcott, 19, became Trinidad and Tobago's youngest person in the country's history to receive the nation's highest award.

Chambers, who was awarded in the field of public service served as prime minister from 1981 to 1986. He was appointed to the post by the late President Sir Ellis Clarke, after his predecessor, the Dr Eric Williams, died in office.

Rienzi, an attorney, politician, and trade unionist was the founder of the Oil-field Workers Trade Union and the All Sugar Estate & Factory Workers' Union in 1937.

Six journalists were among the 70 recipients of the national awards.

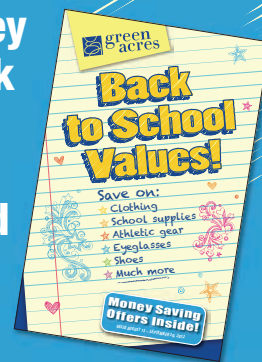
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BLACK BUSINESS:

The Little Engine That Could Change America

Determined To Transform Through Self-Reliance

By Phil Andrews

Black Business is certainly the "Small engine that could change America". As I write this article, the story of John H. Johnson Founder of Jet and Ebony Magazine served as a fantastic inspiration for writing "The Little Engine that could Change America" article today.

In a book about the life of Mr. John H. Johnson, titled *Succeeding Against the Odds*, I learned that if you develop people self-interest they will develop your self-interest. He inspired me to a life of service to others, and I am forever grateful of his impact on my life.

Mr. John H. Johnson life served as a fantastic inspiration to not only to Blacks, but to all Americans. He was a man of humble beginnings that borrowed \$ 500.00 dollars from his mother to start a 500 Million Dollar business empire, at a time when conditions were harsh for Black Americans.

Madame C. Walker gave us a glimpse in how to get started on our path to financial empowerment when she stated we often get

our best start when we push ourselves, and a start is often is what is needed to get us on the road to financial achievement.

S. B. Fuller is another financial giant that who became a millionaire in the height of segregation. He once said that his mother told him that they lacked what they needed because his father did not have the desire for achievement.

He learned a valuable lesson which is known as the Secret of the Ages – when you have desire, you are not starting with nothing. Desire is that starting point of all achievement. Nothing from nothing leaves nothing, but with desire you already have riches with your reach if only you learn to turn your desire into a magnificent passion.

Blacks in America have a tremendous amount of persistence and resiliency. We are one of the most educated people of the world and our earning power is greater than some countries in the world.

I have made a determination to focus my life in the area helping Blacks advance in the area of Economic Empowerment. I stand

on the shoulders of such fantastic business tycoons such as Mr. John H. Johnson, Reginald Lewis, Earl Graves, Robert Johnson, A. G. Gaston, Madame C. J. Walker, and S. B. Fuller, just to name a few.

I was inspired by another fantastic businessman Mr. Percy Sutton. He stated that the reason for lack of business development was that many blacks did not grow up in a culture of business.

I am grateful for the gains that we are achieving in the area of business development, and I believe that future generations will benefit from the life work of these and the untold heroes that are advocates for Black Business Development. I was inspired by Mr. Percy Sutton quote: "I believe that anything is possible if one has access to people of ability and capital. All of his life he had been exposed to people of ability, but sometimes lacked the capital.

His quote inspired me to go into the Haircut Barbershop Franchise by finding people of ability to work together, and combining capital.

The Corporation we formed Nguzo Saba Inc. went on to open



Phil Andrews

Phil Andrews

multiple Haircut Hut Barbershop Franchises for well over a decade. I am indebted to Mr. Percy Sutton for the wisdom that he imparted in one page in a book written by Mr. Robert H. Adams titled *15 Years of Minority Business Development*.

I also give thanks to Mr. Robert H. Adams, Publisher of *Economic Forum Minority Business Review*

for featuring me in the same book along with such giants as Mr. Percy Sutton.

With the proper utilization of such websites as Unity-movement.com Black Americans increase their capacity to be the Large Engine could transform America through tapping into their unused potential. We have many African American leading Fortune 500 companies and they are training the next generation of leaders to continue to build on the economic gains we have made in America.

Black Power will continue to grow to new heights and levels in the years to come in America. I am excited to be witness such gains, and remain steadfast in doing my part to change the economic landscape of America.

Mr. Phil Andrews is the Co-Host of Networking in the Hub and Owner of the Power Networking Business Seminar Series.

View recent event @ <http://www.lisainks.com/2012/08/01/networking-event-networking-in-the-hub/> Email us @ hutimes@aol.com to be placed on email list for upcoming events.

SMALL BUSINESS RESOURCES

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smallbiz.nypl.org

Small Business Services - Empire State Development New York

www.esd.ny.gov/smallbusiness.html

Small Business - Business First - New York State

www.nyfirst.ny.gov/ResourceCenter/SmallBizMenu.html

2012 New York, NY Small Business Resource

www.sba.gov/sites/default/files/files/resourceguide_3135.pdf

Business Resources: Internet Bibliographies: New York State Library

www.nysl.nysed.gov/reference/busref.htm
Selected business-related web sites compiled by staff at the New York State Library for use in response to reference questions.

Start a Business in New York - Resources for New York Small Businesses

manhattan.about.com/od/careersjobs/a/nysmallbusiness.htm
Find resources and advice on starting a

business in New York City. Get information on New York business licenses and incorporation, free NYC resources for starting a business.

Your Money New York - Help and Resources for Small Businesses

www.yourmoneyny.com/helpresource/smallbusiness/index.php
This section of Your Money New York is designed to help small business owners – and New Yorkers interested in starting a small business.

Small Business Resources - The Business Council of New York

www.bcnys.org/inside/smallbusiness.htm
Capital Business Blog - Read about the issues. Visit www.nyfirst.ny.gov to learn what New York State can do for businesses.

Resources for Businesses in New York City - bfindapc.com

www.bfindapc.com/...business-resource.../resources-for-businesses-i
If you operate a business in New York City, you are especially fortunate. The city has pulled together a wealth of resources for small business owners.

Small Business Resource Guide - New York - HUD

www.hud.gov/offices/osdbu/resource/guide/local/newyork.cfm
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New York Regional Office 26 Federal Plaza, Suite 3108. New York, NY 10278

Barbados PM woos Canadian businesses

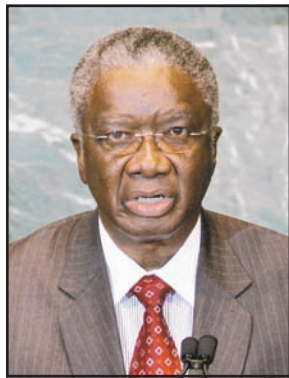
By Nelson A. King

Barbados' Prime Minister Freundel Stuart has been wooing Canadian businesses in Toronto, saying that his country is "a proven solution to Canadian investors, and is still open for business."

Stuart portrayed Barbados as a country with a "business-oriented environment that is conducive to productive, economic pursuits," according to a Barbados government statement.

It said business persons and potential investors heard "first-hand" from Stuart why they should view Barbados as a preferred offshore jurisdiction for doing business.

Throughout his address, which was filled with information about the country's opportunities, modern facilities and stability, as well its human resource and technological



Prime Minister of Barbados Freundel Stuart.

AP Photo/Mary Altaffer

development, Stuart listed a number of reasons and advantages why Barbados stood out in comparison with other domiciles.

"Our natural resources, though limited, are rich, for we offer an industrious, well educated labour force," he said.

"Barbados is an established and reputable treaty-based jurisdiction. We

have been formally attracting and facilitating foreign investment for well over five decades now," he added, stating that successive governments have made it a priority to provide a "welcoming, stable political, social and economic environment that facilitates business in a well regulated environment."

The Barbadian leader said the island offers an "excellent and enviable quality of life," with "cost-effective, treaty-based, tax planning opportunities."

"And we continue to expand both our double taxation treaty network and our investment protection treaty network," he said.

"Compared with other offshore jurisdictions in the Caribbean, Barbados offers the most extensive network of double taxation treaties with developed and emerging economies," he added.

Power failure plunges western Cuba into darkness

By Andrea Rodriguez

HAVANA (AP) — Millions of people remained in darkness overnight after power went out across a large swath of western Cuba. Although electricity was being restored in some places, much of Havana remained blacked out hours after the outage.

The outage affected a wide area including the capital, home to about 2 million people, and the popular beach resort of Varadero.

On a humid, sweltering, late-summer Caribbean night, it knocked out air-conditioning units and electrical fans.

"We were on our balcony waiting for our TV program," said Richard Laredo, a 47-year-old Havana resident who quickly transferred food from the refrigerator to the freezer. "Nobody knows

what happened, but people are worried about what they have in their refrigerators."

There was no immediate word on what caused the blackout, which struck a little after 8 p.m. in the middle of the nightly news broadcast on state television.

Calls to the electrical system's headquarters met busy signals. Officials in the national government were not immediately able to offer an explanation.

Some neighborhoods including the historic old quarter and eastern suburbs had electricity restored several hours later, but other districts were still black.

State radio said power was gradually being restored and urged people not to use power-hungry appliances.

Other cities in central and eastern Cuba also had brief

outages.

Havana's international airport reported that it had power and was continuing operations.

In the capital, the lights went out from western residential neighborhoods across the city center to suburbs on the other side of the bay.

In the Vedado entertainment and business district, the only buildings with visible lights were tourist hotels and upscale apartment towers, which have backup generators.

Problems extended well beyond Havana's city limits, including in Varadero, where power was restored after hotels relied on generators for about two hours.

"Our guests are not having any problems," a receptionist at the Arenas Doradas hotel said.

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Keeping an eye on your eye health

These days, 60 is the new 40. A few worry lines and gray hairs aren't stopping baby boomers from staying active and redefining retirement. But along with the benefits of active lifestyles, older Americans are feeling the pains of "boomeritis," as the warranty on some body parts runs low.

One body part significantly affected as we age is the eye. For some, this means holding the newspaper at arm's length, or giving up night driving. Yet, many overlook eye health.

According to the Centers for Disease Control and Prevention, only half the estimated 61 million adults at high risk for serious vision loss visited an eye care professional in the last year. Fortunately, you can protect your eyes, and even reverse signs of eye aging with a few simple steps.

- Everyone 50 or older should get yearly comprehensive eye exams. This allows for detection of eye diseases in early stages, before you experience vision problems, some of which may be permanent.

- Adults over 50 should be mindful of symptoms of common age-related eye diseases, such as cataracts, the leading

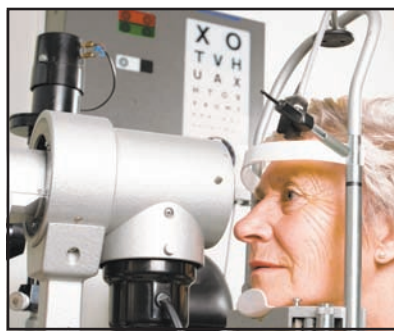
HEALTH

cause of reversible blindness in the U.S. Blurry vision and needing more light to read even while wearing glasses can be early signs. With a cataract, the eye's lens becomes cloudy, allowing less light to pass through, making vision blurry. In early stages, symptoms may not hold you back, but vision may worsen as the cataract grows. It's important to get examined as soon as you notice changes in vision, even if they seem minor. In later stages, you may experience poor night vision, colors looking dull, difficulty with glares or halos, and double vision.

Cataracts are more treatable than ever. That's good news, considering half of all Americans will be diagnosed with cataracts by age 80.

"In the U.S. alone, cataract affects over 24 million Americans 40 and older," says Richard J. Mackool, M.D., director, Mackool Eye Institute, and senior attending surgeon, New York Eye and Ear Institute.

About 3 million people have cataracts



Eye health.

Photo Source: (c) jamstockfoto - Fotolia

removed in the U.S. each year, making it one of the most common procedures. The eye's cloudy lens is removed and replaced with an artificial intraocular lens (IOL). Traditional IOLs can correct distance vision, but new advanced technology IOLs can also help correct pre-existing eye conditions like astigmatism and age-related presbyopia. These new IOLs can potentially eliminate the need for glasses.

Baby boomers don't have to accept deteriorating vision as a natural part of aging and give up favorite hobbies.

"Cataract removal has a very high success rate. Most people can return to normal routines within 24 hours," notes Dr. Mackool.

Seniors should talk to their doctors and visit the National Institutes of Health National Eye Institute website, www.nei.nih.gov, to learn about cataracts and treatment options.

Courtesy of State Point Media

Medical myth: Smoking helps control your weight

By Dr. Tim Crowe

One of the few positives put forward by smokers to justify their habit is that it helps keep their weight in check. And while smoking may be harmful to their health, so is obesity.

So how does this claim measure up?

The health harms of smoking are well known – it is one of the world's leading causes of illness and death. But the rising rates of obesity have overtaken smoking as the leading independent risk factor contributing to poor health.

When you combine smoking and obesity you get a major health hazard, which cuts the average life expectancy by 13 years compared with non-smokers of a healthy weight.

Putting aside the undis-

puted serious health risks of smoking, is there any credence to the claim by smokers that their habit helps keep their weight in check?

A critical review of the medical research on smoking and weight management found that in the short term, nicotine can increase the body's ability to burn energy and has a small effect on reducing appetite.

But rather than look at conclusions made from cross-sectional studies, which only look at current smoking status and body weight at a single point in time, we need to look at what happens to a smoker's weight over time.

In these long-term studies, you find that smokers don't control their weight any better than non-smokers.

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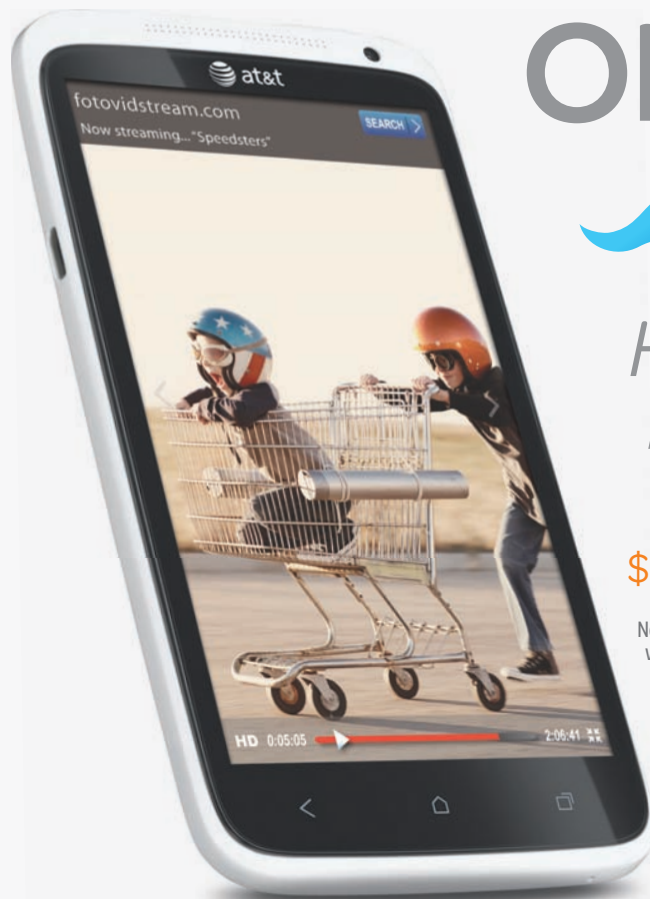


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Regular exercise can keep you healthy.

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Simple changes can boost your health

HEALTH

Feeling a little off? Regardless of your age or fitness level, there are steps you can take every day to feel and perform your best.

“Many Americans ignore their pain and fatigue,” says Dr. Keith Overland, president of the American Chiropractic Association (ACA). “But just like world-class athletes who constantly search for ways to optimize their game, we can do better. Start with simple changes that promote greater health and wellness. You’ll feel better now and avoid bigger problems down the line.”

In honor of National Chiropractic Health Month, observed in October, ACA encourages Americans to “Find Your Game” by taking simple steps to promote optimal functioning:

- **Get moving:** Americans are more sedentary today than in the past. Lack of exercise can atrophy muscles and contribute to obesity, arthritis and other problems. You don’t have to train like an Olympian, just aim for a minimum of 20 to 30 minutes of exercise three to four days a week.
- **Stretch daily:** Improving flexibility is crucial

to avoiding injury. Make a habit of stretching your major muscle groups each morning.

- **Don’t work through pain:** The earlier an injury is treated, the sooner healing can begin. Masking injuries with painkillers to get back into action before you’re healed could worsen your original injury and lead to a chronic condition. Treat the cause of pain, not the symptom. Chiropractic physicians can treat many injuries and enable healing to occur—without drugs or surgery.
- **Outfit your feet:** Think function when shopping for shoes used for exercise and walking long distances. The wrong shoes or worn-out shoes can cause pain throughout the body. A doctor of chiropractic can help you determine your arch type, match it to your gait and advise you on the best footwear.
- **Eat right:** Even a few simple changes in diet can have a positive impact on your health. Limit red meat and excessive quantities of sugar and salt. Eat plen-

ty of fruits, vegetables, nuts and whole grains. Consider consulting a health care professional to determine what supplements are right for you.

- **Recharge:** If you feel fatigued often, get more sleep. Instead of revitalizing with soft drinks or coffee, try a glass of pomegranate juice and a brisk walk. Have your B12 and iron levels checked at least once a year for deficiencies. Lean meats, nuts, legumes and green leafy vegetables can help put some pep in your step.
- **Get the right stuff:** From baby slings to telephones, small consumer choices can have a big impact on your well-being. Shop for products designed with the comfort of your neck and back in mind. If your job is causing you pain, talk to your employer about replacing your equipment with ergonomic models.

For more health tips, or to find a chiropractic physician near you, visit www.ChiroHealthy.com. There’s no need to live on life’s sidelines. With a few key changes, you can feel and perform your best.

Courtesy of State Point Media

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■ **I was skeptical.** I bought a box and it worked as advertised. Within a week I had relief. Howard Toy, 69, Henderson, NV ■ **It's heaven to sleep through the night.** For many years I had 6-7 sleep interruptions every night. Had urgent trips to the bathroom day and night with discomforts. I enjoy my new life. Angus Pike, Oshawa, ON ■ **I am truly amazed and relieved.** After 2 weeks I no longer have to get up during the night. I'm enjoying a normal sex life again. I hope a lot of men with a pride issue give this tea a shot. It's difficult to express how delighted I am. Clarence A. Rehrig, 58, Allentown, PA ■ **Know the truth.** This is my third year of drinking the Ezee Flow Tea. I highly recommend it. A

real life saver. Thomas M. Thurston, Forsyth, GA. ■ **Women** suffering with incontinence, UTIs ask for Bladder Control Tea for Women #4b. Guaranteed relief within days. **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**



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■ **Bell Blood Pressure Formulation helped me feel great.** Thank you for this wonderful product. William Oliver, Portsmouth, VA ■ **I have been taking Bell #26 now for one year.** My mom and brother started taking it as well. Even my pastor is on it now. Thanks! Mary Earl, Longview, TX ■ **I started to take Bell Blood Pressure Formulation #26.** After about 30 days my blood pressure was normal. My doctor was very happy with me. Irene Surridge, 67, Owen Sound, ON ■ **A friend recommended Bell BP Formulation!** When a friend had good results I decided to try it. After taking Bell Blood Pressure Formulation #26. It made a difference in my life. Milton Perdomo, 68, Rego Park, NY. **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**

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Last couple of years I tried everything. Results with Bell Skin Disorders #60 were unbelievable. I have beautiful skin again. Thanks for giving back my self-esteem. Nelisa Royer, 28, Doral, FL ■ **My mom bought Bell #60.** I was skeptical. It did work quickly and better than anything else. Christopher Seraphin, 14, Brooklyn, NY. ■ **It worked.** I no longer have to hide at home, because I was ashamed to be seen. Agnes Casillas, 60, New York, NY ■ **Can wear again dresses** that are backless. My skin looks fantastic. Thank you from the bottom of my heart. Yvette Maclean, 40, Lodi, CA ■ **I was trying everything for years** and nothing worked. I felt physical and emotional pain having to hide. Finally I found your Bell #60. I'm so grateful and impressed about how fast it worked with amazing results. Eulalia Isabel Sanchez Martin, 30, Brampton, ON **Skeptics can call everybody. All are real people like you or your friends.**

SNORING?

As recommended by Dr. Gifford-Jones M.D.



Here is proof that snoring can be corrupting your health and your marriage. Three out of 10 couples are considering divorce because of snoring says a major magazine article. You are not alone! An official survey says 48% of all people snore. 75% are affected, if you add non-snoring husbands that have snoring wives or vice versa. Snoring is caused by slack muscles in the throat. A common complaint is that people feel that they are not well rested in the morning. Many people wrote they are now sleeping like a babies. Their partners are delighted. This natural health product Sound Sleep #23 usually helps the first night. No side effects.

■ **College professor had lack of good sleeps with many interruptions** for last 8 years that made her tired during the day. Within 3 days taking Bell Sound Sleep #23 the terrible snoring stopped. I wake up feeling refreshed and energized. I can concentrate in a focused, happy manner. I feel delighted with this natural product. Dr. Anele E. Heiges, 77, New York, NY ■ **A life changing product.** The very first night I took the capsules and every night after I had a restful and wonderful sleep. It has been a God send and blessing. I am by nature a skeptic. The money-back guarantee convinced me to try it. Jimmy Pay, 53, Gardendale, AC ■ **3 Years on Bell Sound Sleep #23.** My wife and I are entirely satisfied. Snoring episodes have completely disappeared. This has improved our lives enormously. Leo Fortin, 60, St-Georges, QC ■ **Basically you saved my husband's life.** For the last 5 years my husband had very bad nights. Bell #23 was nothing short of a miracle. I have my husband back. No more snoring. No more napping during the day. I am telling all our friends. Bonnie Johnson, 64, Wichita, KS ■ **My life changed. Sleep now 7-8 hours.** I am a retired college professor and author of books. I have no more need to nap during the day. Nothing I tried helped until I started Bell Sound Sleep. I am so delighted with this product I would like to make motivational speeches to help others. Carmen V. Caruso, 66, Ann Arbor, MI **On the Bell Website we list phone numbers or email addresses of actual users of this product and all other Bell products. Most are delighted to talk about their relief.**



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Jamaicans represent in carnival revelry

Although carnival, soca and calypso are not an integral festivity on Jamaica's annual, calendar of events, nationals represented recently to join revelers at the popularly referred to West Indian Day Parade where Caribbean exhibition of pride along Eastern Parkway in Crown Heights closed out a weeklong, amalgam of showcases that hails the culture of CARICOM countries just south of the U.S. border.

With home-grown reggae the dominant music form in Jamaica, carnival only made its premiere in the last decade with a post-Lent presentation beginning on Easter Sunday.

In addition, soca and calypso finds temporary presence at festivals and could be considered a secondary or even tertiary form of musical expression following ska and mento.

Throughout the decades, Byron Lee & The Dragonaires were the sole, successful proponents of the



Inside Life

By Vinette K. Pryce

genre. In recordings and live performances at private parties, Lee promoted the revelry he enjoyed attending T&T's carnival.

After years of hosting a Jamaican "tent" in Trinidad, he introduced the jump-up phenomenon to segments of the Kingston capital.

Gradually, Jamaicans are beginning to embrace aspects of the celebrations -- which is far from an island-wide activity.

Like the pre-Lenten revelry held annually in Brazil, Trinidad & Tobago and New Orleans, New York's largest street gathering capped summer with Labor Day masquerading and unrivalled pageantry in Brooklyn that united immigrants, tourists and cultural celebrants.

Nightly showcases began

in calypso "tents" throughout the borough.

At one hosted by Everybody's Magazine, the first two nations -- Jamaica and Trinidad & Tobago -- to first declare independence from their colonial captors -- Great Britain -- were regaled.

Performances by Jamaica's Dancemaster proudly applauded his island's Olympic victories in a song dedicated to the nation's supersprinter "Usain Bolt."

Prior to his energetic performance Dancemaster handed out flags, motivated the predominant eastern Caribbean crowd to share in the merriment and raced around the "tent" as if mimicking the gold medal winning athlete.

His performance represented the only Jamaican



From left, Jah Paul Haughton, Commissioner Ray Kelly and Zach, "Astronaut," Henry.

Photo courtesy of Paul Haughton

billed for the week-long, nightly, calypso showcase.

However, one would be hard-pressed to challenge Dancemaster during his banner-waving performance. The ambassador maintained a high standard and

professional stage presence delivering stellar appearances alongside, T&T's Singing Sandra, Calypso Rose, Lord Nelson, Shadow, St. Vincent & the Grenadine's Becket, Antigua & Barbuda's Swallow and other popular car-

nival and calypso veterans. "I had a great time," Dancemaster said, "I knew I couldn't win the monarch competition, not with all the Trininis in the place but I am sure they had fun and enjoyed my performance."

Jamaica's four-time festival winner, Zach "Astronaut" Henry shared the same experience performing at pre-Labor Day World Show at the Three Star Juice Lounge.

The visiting mento satirist noted the under-representation of Jamaicans in the Brooklyn annual but cheered on his island representative, waved the black, gold and green and promised to add his performance to next year's roster of Jamaicans billed for the nightly "tent" showcases.

While he overwhelmingly endorsed Dancemaster's performance, he said the highlight on the evening he attended was watching Tobagonian Calypso Rose singing "Fire In Mi Wya." *Catch You On The Inside!*

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ENTERTAINMENT

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Catwalk winner readies for London

Like the athletes who represented 'the Rock' with stellar performances at the 2012 Olympics in London, Mission Catwalk Season 2 winner Gregory Williams is ready to make his mark on the European city when he arrives for his studies at the London College of Fashion and master tailor Andrew Ramroop's Seville Row Academy next month.

"It's not that I didn't know before, but their accomplishments really convinced me that the sky is the limit," says the 28-year-old Cross Roads native. "I just want to go there and give it my all. Jamaica need fi deya pon di fashion map."

Part of \$3m in prizes offered throughout the season, Gregory's winnings also includes \$200,000 worth of sewing equipment from Singer, which he has already received. He's also



Miss Jamaica World 2012 Deanna Robins shows off her HOD Designs at her Miss World wardrobe reveal.

Photo courtesy of Mission Catwalk

opened a business account at NCB with a \$500,000.00
Continued on Page 24

Tolliver's Big Band brings house down

Sistas' Place 18th Jazz Season will start on Saturday, Sept. 22, in celebration of John Coltrane's birthday with saxophonist, Antonio Hart and his quartet. Sistas' Place is located at 456 Nstrand Ave. (corner of Jefferson Ave), Brooklyn.

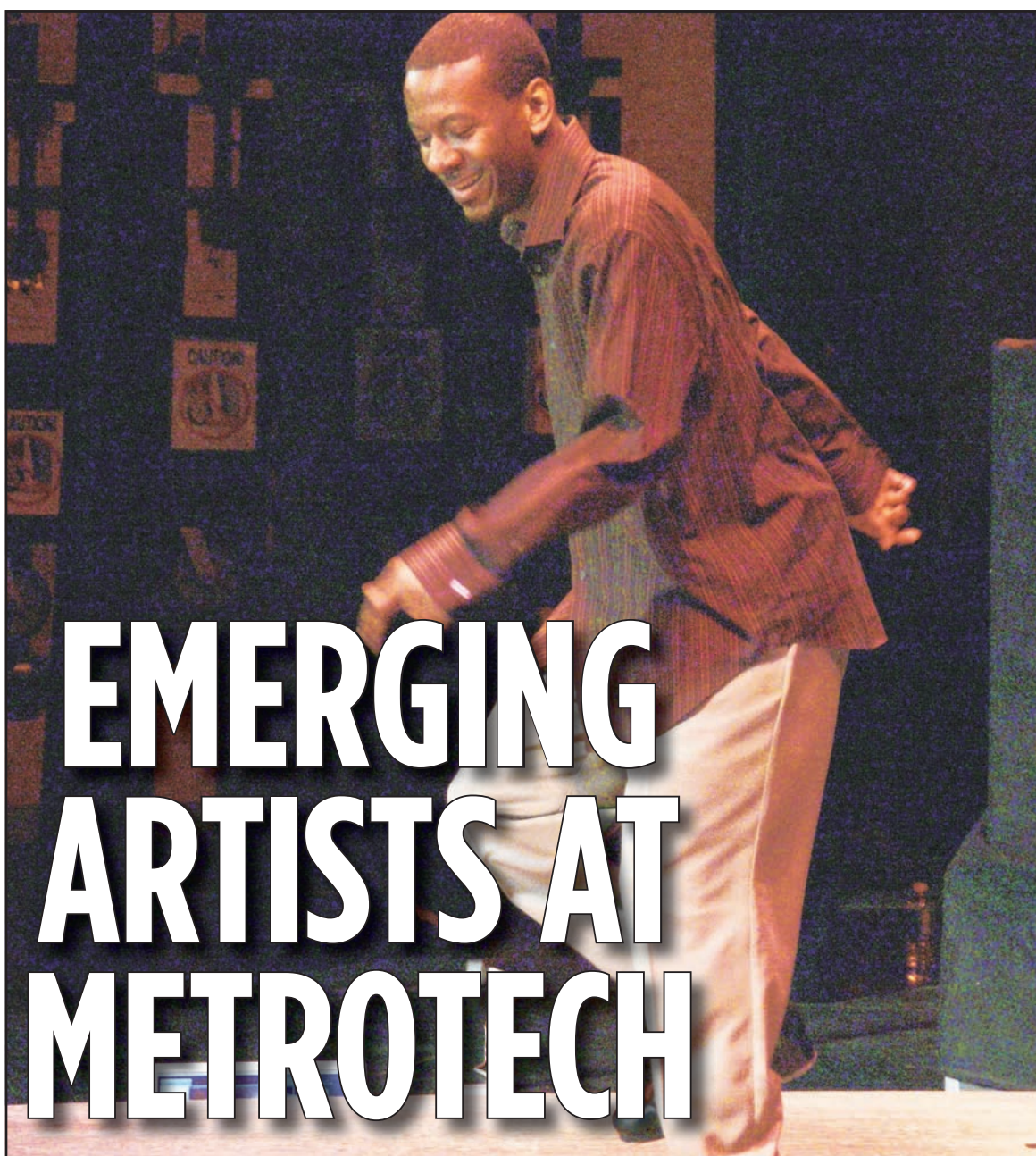
Recently, Charles Tolliver and his Big Band blew everyone away at a benefit for Sistas' Place held at 966 Fulton St. in Brooklyn. Tolliver, a master conductor, took the helm in front of his 16-piece star-studded big band and bestowed the



Charles Tolliver
Photo by Lem Peterkin

standing-room-only crowd with pure jazz.

The Big Band included the legendary George Cables on piano, the Strick
Continued on Page 24



EMERGING ARTISTS AT METROTECH

World renowned tap dancer Marshall Davis Jr.

BEAT festival will showcase cutting-edge performing artists

By John Marrast

Brooklyn's BEAT Festival – the first festival to showcase the borough's emerging artists in theater, dance, and voice – has announced an exciting addition to its lineup: two free lunchtime performances at MetroTech Commons in the heart of Downtown Brooklyn. Through the support of Forest City Ratner Companies, the two Friday shows –

on Sept. 14 and Sept. 21 – will bring dance, spoken word, poetry and opera performances to the lunch crowds at MetroTech.

"Brooklyn is, and has always been, the birthplace of innovation when it comes to performing arts," said BEAT Festival Artistic Director Stephen Shelley. "The BEAT Festival is all about providing a stage for Brooklyn's own cutting-edge talent

all over the borough and bringing our neighborhoods together to celebrate its artists. We're incredibly excited and grateful for the opportunity to provide Downtown Brooklyn with these free performances at MetroTech."

The Sept. 14 show will feature performances by Brooklyn-based spoken word poets, Gabriel Bar

Continued on Page 24

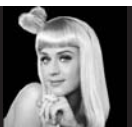
TOP OF THE CHARTS

TOP 10 SINGLES



- 1 Lights**
Ellie Goulding
- 2 Wide Awake**
Katy Perry
- 3 Whistle**
Flo Rida
- 4 Blow Me (One Last Kiss)**
Pink
- 5 Everybody Talks**
Neon Trees
- 6 Where Have You Been**
Rihanna
- 7 Payphone**
Maroon 5
- 8 Give Your Heart A Break**
Demi Lovato
- 9 Titanium**
David Guetta Feat. Sia
- 10 We are Never Ever Getting...**
Taylor Swift

TOP 10 ALBUMS



- 1 Eye On It**
tobyMac
- 2 Welcome To: Our House**
Slaughterhouse
- 3 Overexposed**
Maroon 5
- 4 The Lumineers**
The Lumineers
- 5 Some Nights**
Fun.
- 6 Blown Away**
Carrie Underwood
- 7 Havoc And Bright Lights**
Alanis Morissette
- 8 Violent Waves**
Circa Survive
- 9 Now 43**
Various Artists
- 10 Chapter V**
Trey Songz

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Brooklyn BEAT

Continued from page 23

ralaga and Malcolm Wicks, and Marshall Davis Jr. and Friends – a featured act of the BEAT Festival performing in Flatbush, Fort Greene, Park Slope and Red Hook at other points during the festival's 12-day run.

The Sept. 21 show will showcase contemporary opera from American Opera Projects and Opera on Tap, and multi-talented choreographer, dancer and acrobat Courtney Giannone. Both acts are also featured at the festival's shows in Fort Greene, Flatbush, Park Slope and Red Hook.

"We are delighted to help bring the BEAT Festival to MetroTech Commons, a growing hub of artistic and cultural events in Downtown Brooklyn," said Bruce Ratner, Chairman and CEO of Forest City Ratner Companies. "The BEAT Festival's free performances of dance, theater, music, poetry and spoken word truly celebrate Brooklyn's renowned vibrant creativity and deep appreciation for the arts."

MetroTech Center is a business and educational center in Downtown Brooklyn. It is the nation's largest urban university-industry science and technology park. MetroTech Commons, where the

performances will be located, is a 3.3 acre privately owned public space at the heart of the Metro-Tech complex.

"Downtown Brooklyn is a world-class destination for arts and entertainment, with some 50 cultural organizations calling the area home," said Tucker Reed, President of the Downtown Brooklyn Partnership. "We are thrilled that the BEAT Festival is showcasing many of these Brooklyn-based artists and cultural groups – in Brooklyn performance venues – and helping to tell the story of how vibrant our neighborhood is."

About The Beat Festival

The BEAT Festival (Brooklyn Emerging Artists in Theater) will be held from Sept. 12-23, featuring an all-star lineup of cutting-edge performing artists – artists from Brooklyn, in Brooklyn, for Brooklyn – performing at venues in every corner of the borough.

The BEAT Festival aims to provide venues for the borough's emerging theater artists to showcase their greatest works for their neighbors. For its inaugural year, the BEAT Festival has hand-picked the most innovative, forward-thinking of Brooklyn's emerging artists and brought them together for a one-of-a-kind festival. This



Multi-talented choreographer, dancer and acrobat Courtney Giannone. Photo by Harry Pocus Photography

year's all-star lineup includes: in theater, Lemon Andersen, Elevator Repair Service, Radha Blank, The Irondale Ensemble and Theater Group Dzieci; in dance, Noémie Lafrance, Creative Outlet Dance Theatre, Marshall Davis Jr., Kimberly Bartosik/daela, and Courtney Giannone; and in voice, American Opera Projects & Opera On Tap, and Ishmael "Ish" Islam.

BEAT is a borough-wide festival, with shows in both traditional

theaters and unusual spaces in every corner of Brooklyn. Venues for this year's BEAT Festival include: MetroTech Commons, the Irondale Center in Fort Greene, the Brooklyn Conservatory of Music in Park Slope, the Waterfront Museum in Red Hook, the Flatbush Reformed Church in Flatbush, the Coney Island Sideshow Theater in Coney Island, the Brooklyn Public Library in Prospect Heights, and El Puente in Williamsburg.

Big Band

Continued from page 23

land brothers: E.J. on drums and Marcus on saxophone, Bill Saxton, Howard Johnson, Bruce Williams, Todd Bashore also on saxophone. The trumpet section included Chris Alpert, Freddie Hendrix, David Weiss, and the great Tolliver himself. Young and gifted Devin Starks held it down on bass, and the trombones completed the big sound with Jason Jackson, Michael Dease, Stafford Hunter, and Aaron Johnson.

WBGJ jazz radio personality, Rob Crocker was master of ceremony for the phenomenal event which drew musicians, performing artists and jazz connoisseurs from all over the city. During intermission renowned musician and radio personality James Mtume said, "Before I speak to this wonderful culture of jazz that we created I must say that we must understand its relationship to our politics. Our culture is a weapon that we must use for our liberation and self-determination. That is why institution's like Sistas' Place are so important to our community. Viola Plummer



Charles Toliver's Big Band performing during the benefit concert for Sistas' Place. Photo by Lem Peterkin

and the December 12th Movement opened Sistas' Place because they are committed to control our culture and politics to move us forward. That's why so many of us are here with our full support."

Poet Laureate and writer Amiri Baraka was ecstatic with the Toliver's Big Band performance. He talked of his long history with Toliver and the fight to control our culture in the Black Arts Movement.

Catwalk

Continued from page 23

cash contribution from the bank that will fund his HOD Designs fashion line. On Fashion's Night Out (Thursday, Sept. 6) fans got a preview of his designs at SOHO Boutique. The items will be available for sale in December. Also in September, his Mission Catwalk model Sydia Valentine will shoot a fashion spread for OCEAN Style's December issue. She will walk at Gregory's London Fashion Week (LFW) presentation in February 2013. The winning prize previously included the chance to show at LFW September 2012.

The show's host and executive producer Keneea Linton-George explains the change, "When we thought about it, it just made sense. Gregory's focus should be on school and mastering the skills necessary to become a top-class designer. At the end of our last season, he had to create a collection for Caribbean Fashion Week (CFW) and viewers saw upfront how challenging that was. We want to spare him the pressure and have him focus on

his studies, which will also take him to Paris."

Apart from his College of Fashion classes, Gregory will apprentice with Trinidad-born bespoke Tailor Andrew Ramroop who has dressed prominent men including members of the Royal Family, parliamentarians and entertainers such as Jay-Z and Will Smith.

Gregory, a former Saint International model, was considered one of the most outspoken contestants on the 13-episode show, which featured participants from around the region. Voted fan favorite by Jamaican viewers he snagged the title with his cohesive collection of sexy and edgy pieces, which he presented at CFW along with three other finalists on June 8. He was announced as winner of the show on June 19.

Since then, Gregory has been busy designing for his regular clients, attending fashionable events and contributing to the wardrobe of Miss Jamaica World 2012 Deanna Robins. He also created a look for the Jamaica 50 fashion show at the Jubilee Village in the National Stadium, Jamaica.

Exploits of the bootlegging Bondurant brothers

"Lawless"
Fair (1 star)
Rated R for profanity,
sexuality, nudity and graphic
violence.
Running time:
115 minutes
Distributor:
The Weinstein Company

It is Franklin County, Virginia during Prohibition, which is where we find the bootlegging Bondurant brothers, Jack (Shia LaBeouf), Forrest (Tom Hardy) and Howard (Jason Clarke), running a thriving moonshining business with the help of a pal with colorful name Cricket (Dane DeHaan). But the siblings' blissful existence starts to crumble the day Jack sees Floyd Banner (Gary Oldman), a coldblooded gangster from Chicago, shoot one of their competitors dead with a Tommy gun.

Not long thereafter, a crooked

Federal Agent, Charlie Rakes (Guy Pearce) pays a little visit to the Bondurants' bar to demand a cut of their ill-gotten gains.

But hot-headed Forrest isn't intimidated by the attempted shake-down. In fact, he threatens to kill the corrupt cop with a meat cleaver should the greedy creep ever set foot on the premises again.

Of course, that's not the last the lads see of either Rakes or Banner, which soon proves problematic given that the ruthless newcomers are armed to the teeth and will stop at nothing to get their way. That is the ominous premise, which sets in motion the grisly goings-on which ensue in "Lawless," a picture dedicated to an almost senseless celebration of gratuitous violence.

Directed by John Hillcoat (The Road), the movie was adapted from "The Wettest County in the World," a supposedly-factual, historical novel by Matt Bondurant (grandson of Jack). The picture



A scene from "Lawless."

opens with a warning that what you're about to witness is "based on a true story," a claim presumably intended to discourage the viewer from questioning the veracity of the screen version, too.

However, what's served up is basically a comical cross of Sam Peckinpah and Looney Tunes so farcical that the audience at the screening this critic attended shared a few hearty laughs at

moments when none was intended. An over-the-top indulgence in sadism strictly recommended for folks with a stomach for gangster fare so gruesome as to border on the cartoonish.

Independent & Foreign Films

By Kam Williams

10 Years (PG-13 for profanity, sexuality, drug use and alcohol abuse) Skeletons-out-of-the-closet dramedy about the shocking confessions shared by five best friends (Channing Tatum, Justin Long, Chris Pratt, Oscar Isaac and Max Minghella) upon returning to their hometown for their 10th high school reunion. Ensemble cast includes Rosario Dawson, Anthony Mackie, Jenna Dewan-Tatum, Ari Graynor, Kate Mara and Ron Livingston.

Arbitrage (R for profanity, drug use and violent images) Richard Gere stars in this Wall Street thriller as the philandering manager of a sinking hedge fund who implicates a friend of the family (Nate Parker) in the death of his mistress (Laetitia Casta) rather than risk damaging his marriage and reputation. With Susan Sarandon, Brit Marling and William Friedkin.

Bait 3-D (R for profanity, graphic violence and grisly images) Disaster flick about the residents of a beach-



Kam's Kapsules

By Kam Williams

front community who find themselves surrounded by a swarm of great white sharks after a tsunami leaves them trapped inside a submerged grocery store. Cast includes Xavier Samuel, Julian McMahon and Phoebe Tonkin.

Barfi! (Unrated) Romance drama about the love triangle which develops when a woman (Ileana D'Cruz) has second thoughts about rejecting a hearing and speech-impaired suitor (Ranbir Kapoor) after he falls for a mentally-challenged maiden (Priyanka Chopra). (In Hindi with subtitles)

Francine (Unrated) Oscar-winner Melissa Leo (for The Fighter) plays the title character in this introspective portrait of an ex-con adjusting back to civilian life in a rural region of upstate New York after paying her debt

to society. With Victoria Charkut, Dave Clark and Keith Leonard.

I'm Carolyn Parker: The Good, the Mad, and the Beautiful (Unrated) Oscar-winner Jonathan Demme (for Silence of the Lambs) directs this post-Katrina documentary chronicling the valiant struggle of a feisty, retired resident of New Orleans' Lower Ninth Ward to rebuild her home left devastated by the hurricane.

Liberal Arts (Unrated) Romantic dramedy about a just-jilted 35-year-old bachelor (Josh Radnor) who falls for a teenaged college student (Elizabeth Olsen) upon returning to his alma mater to attend one of his professor's (Richard Jenkins) retirement party. Cast includes Zac Efron, Allison Janney, Kate Burton and Elizabeth Reaser.

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COMMUNITY EVENTS

FRIDAY, SEPTEMBER 14

STORYTELLING: Acclaimed author/storyteller Michele Carlo celebrates the anniversary of the publication of her memoir "Fish Out Of Agua: My life on neither side of the (subway) tracks," by presenting a brief excerpt from its upcoming stage adaptation at La Casa Azule Bookstore in East Harlem, 143 East 103 St., between Lexington and Park avenues, Manhattan, 7:00 p.m. For information, call (212) 426-2626 or visit www.michelecarlo.com.

COMEDY/VARIETY: No Name & a Bag O' Chips comedy/variety presents two shows on Fri., 9/14 and 9/21, bringing comedians Jim Mendrinis, Carmen Lynch plus a few surprises, along with the funky sounds of The Summer Replacements, to Ottos in Manhattan, 538 East 14 St., between avenues A and B, 7:00 p.m. No cover, no minimum. For information, call (212) 228-2240.

SATURDAY, SEPTEMBER 15

COMMUNITY HEALTH FAIR: Montefiore Medical Center and New Testament Church of God are hosting a community health fair offering free blood pressure and podiatry screenings, HIV and glucose testing as well as nutritional and health insurance information in addition to domestic violence support and substance abuse prevention, 11:00 a.m. - 3:00 p.m. at the Church, 3356 Seymour Ave., Parking Lot, Bronx, N.Y. For information, call 1-800-MD-MONTE.

STREET FAIR: Fenimore Street United Methodist Church presents a community street fair featuring clowns, live entertainment, rides and blood pressure checking and more, 10:00 a.m. - 7:00 p.m. on Fenimore St. between Bedford and Rogers avenues. Come and enjoy the day with us. For information, call Brenda at (347) 613-4547.

SUNDAY, SEPTEMBER 16

WALK-A-THON: QSCAN presents the Annual Sick Cell Walk-A-Thon, inviting friends, neighbors, school, church, organizations, companies and the whole family to walk for Sick Cell awareness, education and research starting at 10:00 a.m. at 106 St., between Liberty and Archer avenues, (York College), near the last stop on the 'E' train, Jamaica Center and ending at Roy Wilkins Park and Merrick Blvd., Queens, N.Y. Registration on day of walk begins at 8:00 a.m. Register in advance at www.qscan.org or e-mail sickcellwalk@verizon.net. For more information, registration and volunteering, call (718) 712-0873.

PUBLIC FORUM: Author Christina Lopez discusses Race: The Hushed Up Heart of U.S. Politics and why racially motivated attacks are on the rise and why the battles over race and gender are on the cutting edge of social and political change, 3:00 p.m. at Freedom Hall, 113 W. 128 St., between Malcolm X/Lenox and Seventh avenues, Harlem. Brunch served at 2:00 p.m. for a \$10 donation, door donation \$3. Childcare provided. Wheelchair accessible. For information, call (212) 222-0633.



FORECLOSURE SERVICES: Are you behind in your mortgage or seeking a modification? The Flatbush Development VCorp., NHS of East Flatbush and the Center for N.Y.C. Neighborhoods are offering free services and assistance. Referrals for free legal assistance are also available. To schedule an appointment, call (718) 469-4679.



HOME IMPROVEMENT: Did your roof collapse? Does your boiler need replacement? Do you need major repairs done but lack the finances? NHS of East Flatbush can assist you. For information on home improvement programs call (718) 469-4679.

MONDAY, SEPTEMBER 17

CONCERT: Red House Records presents Dale Watson in Concert featuring a celebration of his new single "Daughter's Wedding Song" as well as songs from his most recent Red House album "The Sun Sessions", 9:30 p.m. at Hill Country NY, 30 West 26 St., #1, N.Y. For information on tickets and reservations, call (212) 255-4544 or visit www.hillcountryny.com/.

SPAY/NEUTER CLINICS: Petland Discounts and the ASPCA Mobile Unit are holding cat and dog spay/neuter clinics at the following locations in Queens: 9/17 at 30-28 Steinway St., between 30 and 31 avenues, Astoria; at Metropolitan Ave., between Rentar and Plaza, Middle Village, and on 9/19 at 91-08 Atlantic Ave, Pathmark Center, Ozone Park. All clinics begin at 7:00 a.m. For information, call Amy Eisenberg at (631) 273-6363.

TUESDAY, SEPTEMBER 18

HOMEBUYER SEMINAR: NHS of East Flatbush is having a free Homebuyer Seminar featuring information on grants, affordable mortgages, closing cost assistance and building your homeownership team, 6:00 p.m. in Crown Heights, 560 New York Ave, corner of Maple St.,

COMPUTER TRAINING: Mount Carmel Worship and Outreach Center is holding adult and children computer training programs, 10:30 a.m. - 12:30 p.m. or 1:00 p.m. - 3:00 p.m. on Saturdays. Call (917) 609-0909 for registration details.



Brooklyn. To reserve space, call (718) 469-4679.

JAMAICA'S GOLDEN JUBILEE: Braata Productions celebrates Jamaica's Golden Jubilee with a reception, performance and silent auction and honoring Dr. Una Clarke, Irie Jam Media Group and Stanley Dennis of Golden Krust, 6:00 p.m., at Taj II, 48 West 21 St., N.Y. For information and tickets, call (917) 668-2209 or visit www.braata.eventbrite.com.

THURSDAY, SEPTEMBER 20

BOOK FESTIVAL: Brooklyn Reading Works presents Young Writers Night featuring fiction, poetry and song by N.Y. City teenagers curated by Hannah Frishberg and introduced by Brooklyn poet laureate Tina Chang, 7:00 p.m. at The Old Stone House, 336 Third St., between Fourth and Fifth avenues, Brooklyn. Admission free, donations welcome. For information, call (718) 288-4290.

MOVE-A-THON: Seeds in the Middle presents HIP2B Healthy Move-A-Thon at the Crown Heights Farmers Market at Hamilton Metz Park at the corner of Albany and Lefferts avenues featuring Double Dutch, jump roping, dancing, relay races, live music, prizes and more with all proceeds to benefit Seeds in the Middle, Hip2B

Healty and the Crown Heights Farmers Market. For information, call (917) 756-4202.

ONGOING

FARMERS MARKET: The Hattie Carthan "After Church" Farmers Market featuring locally grown fresh fruits, veggies, herbs and eggs and offering sessions on growing food and herbs and how to prepare healthy food is open every Sunday, 1:00 p.m. - 6:00 p.m. until November at 49 Van Buren St. off Tompkins Ave., Brooklyn. WIC/Senior FMNP Checks, EBT, Health Bucks and cash are accepted. For information, call (718) 638-3566 or email hattiecarchangarden@yahoo.com.

FAIRWAY MARKET SHUTTLE: Fairway Market is now offering a free group shuttle bus to its Red Hook, Brooklyn store at 480-500 Van Brunt St., Mondays thru Wednesdays from 10:00 a.m. - 7:00 p.m. For pick-up reservations for groups of 10 or more, within a five-mile radius of the store, call Viola Williams or Marcy Rosenblum at (347) 750-1251. There will also be pickups on Wednesdays at 10:00 a.m. and 1:00 p.m. at 589 Prospect Ave., between 11 and 10 avenues. All seniors get a five percent discount in the store.

FARMERS MARKET: Seeds in the Middle is sponsoring The Crown Heights Farmers Market offering fresh fruits and vegetables, including calaloo and Caribbean favorites and accepting EBT, WIC, Snap, FMNP, Health Bucks and Fresh Connect. The market will be operating every Thursday from 12 noon to 7:00 p.m. at Hamilton Metz Park at Albany and Lefferts avenues, Brooklyn. For more information, visit www.seedsinthemiddle.org.

FOOD STAMP OUTREACH: Find out if you are eligible to receive Food Stamp benefits! A representative from the NYC Human Resources Administration will be available to assist you with eligibility pre-screening and to answer any questions every Tuesday and Wednesday, 10:00 a.m. - 3:00 p.m. at Community Board 12, 4101 White Plains Road at 229 St., Bronx. For more information, call (718) 881-4455.

REVERSE MORTGAGE COUNSELING: Are you a senior homeowner struggling to make ends meet? A reverse mortgage may be an answer. NHS can help determine if this is the best option for you. All programs discussed are backed by the federal government. For information, call (718) 469-4679.

TAI CHI: Stop. Breath. Relax. Join Tai Chi Easy, a wellness practice combining Tai-chi, Qigong, meditation and Chinese healing, taught by Daniel Weicher, certified teacher in Integral Qigong and Tai Chi, every Sunday, 9:30 a.m. - 11:00 a.m. at the Moore Street Market, 110 Moore St., entrance on Humbolt St., Brooklyn. Donations are appreciated. Call (914) 673-6016 for information.

COMPILED BY IDA EISENSTEIN

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ACROSS

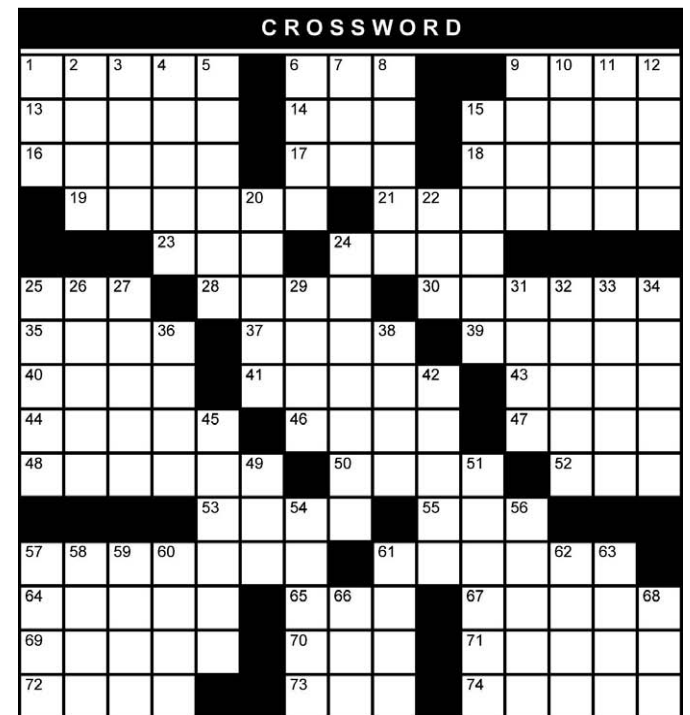
1. Writer _____ Asimov
6. *Quality of a football lineman
9. Shakespeare, e.g.
13. Stallion's cry
14. University of Rhode Island
15. Used in printing
16. Gymnast Comaneci
17. Man's tasseled hat
18. Unlace
19. FEMA help, e.g.
21. *He's now a Bronco
23. *Defensive ____
24. Deal with it
25. *It airs Sunday night football
28. Silage holder
30. *Last year's BCS runner-up
35. Having wings
37. *NCAA's initial ____-team playoff
39. Academy in Annapolis
40. Welt
41. Yesteryears
43. *1977 football flick, "____ Tough"
44. Type of acid
46. Manufactured
47. "____ and proper"
48. Pollute
50. "The ____ Show" (1976-1980)
52. "Owner of a Lonely Heart" band
53. Film shot

55. Dog command
57. *Tide's color
61. Not very far
64. Raja's wife
65. Major time period
67. Water nymph
69. Beginning of illness
70. ENT's first concern?
71. Ownership document
72. Jolie's other half
73. *Conference of last 6 college champs
74. *Pittsburgh's "____ Curtain"

DOWN

1. Overnight lodging
2. Make very hot and dry
3. ____-de-camp
4. *Quality of a good player
5. *Moves with each first down
6. It makes a car shine
7. Wrath
8. Most famous gremlin
9. Capital of West Germany, 1949-1989
10. Unfavorable prefix
11. Seabiscuit control
12. Small amount of residue
15. Go to NPR, e.g.
20. Enlighten
22. Suitcase
24. Quality of a good soldier

25. Muslim ruler, respectfully
26. What scapegoat is given
27. Shorter than California
29. Used for weaving
31. *Tackler's breath?
32. Each and all
33. Chinese silk plant
34. Takes off weight
36. *Nevada Wolf Pack's home
38. Do over
42. Touch is one of these
45. Starting time
49. One from Laos
51. *Brother of #21 Across is a leader of this team
54. Genuflecting joints
56. Loyalty to the loyal, e.g.
57. Farmer's output
58. Alternate spelling of #64 Across
59. In or of the present month
60. Athletic event
61. Narcotics agent
62. Evander Holyfield's ear mark
63. *Ivy League's Bulldogs
66. Charlotte of "Facts of Life" fame
68. Ctrl+Alt+____



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Answers in Classified Section

NEW YORK POST PRESENTS

The **11th** Annual

Liberty Medal
Awards

Our secret Samaritans

THE Olympics will decide the world's finest athletes, but when it comes to hometown heroes, there's no competition: New York has the best on the planet.

It's again time to salute our superstar neighbors with the 11th annual New York Post Liberty Medal awards, and we're inviting you, our readers, to tell us about those among us whose compassion and courage make this the most wonderful city on earth.

The Post is partnering with Fox 5 and getting an exuberant assist from quint-essential New Yorker Regis Philbin, who has emceed the award ceremony for nine

consecutive years.

"I'll be there for this year's great stories from the people in this city who have done something to make you feel good about New York," said Philbin. "There are so many things like that going on in this town. If you know somebody who does good things, let us know; we want to say thanks and tell them how important they are to all of us."

You'll find it easy to nominate someone. Just log on to nypost.com/libertymedals and submit nominations in the eight categories outlined below: Leadership, Courage, Lifetime Achievement, Young Heart, Freedom and one each for the city's teach-

ers, cops and firefighters.

Just tell us in 100 words or less why your nominee deserves to be the toast of the town. You may nominate only living people. And please nominate as many heroes as you like.

A panel of notable New Yorkers, including NYPD Commissioner Ray Kelly, FDNY Commissioner Salvatore Cassano and Lew Leone, vice president and general manager of WNYW-Fox5 and WWOR-My 9, will choose from among the nominees in each category to determine the winners, who will be honored by The Post on Oct. 17.

Each winner will receive a medal engraved with Lady Liberty's torch and specially designed for The Post by New York graphic artist Milton Glaser, who created the iconic "I ♥ New York" logo.



2012 LIBERTY MEDAL CATEGORIES

■ Leadership Medal

For a compassionate, disciplined person whose activities during the past year most improved the quality of life in a borough or neighborhood.

■ Freedom Medal

For an immigrant New Yorker who best embodies the values of honesty, industriousness and hard-earned success, or a New Yorker who reflects the finest qualities of New York

to the world.

■ New York's Bravest Medal

For the firefighter or EMS technician whose performance in the line of duty best exemplifies the department's unflinching heroism; to be selected in consultation with the FDNY.

■ New York's Finest Medal

For the police officer whose on-the-job performance reflects the

department's honor and selflessness; to be selected in consultation with the NYPD and the Port Authority Police Department.

■ Courage Medal

For a notable act of bravery by a civilian that contributed to saving human life.

■ Educator Medal

For an administrator or teacher who excels at preparing the next generation of New Yorkers for their future challenges.

■ Young Heart Medal

For the youth under 17 who most impressively displayed adult resolve — not for a physical feat but for behavior that demonstrates moral character or mature judgment — in the past year.

■ Lifetime Achievement Medal

For the individual whose accomplishments reflect the very best of our city.

How to Nominate Your Hero for
a New York Post Liberty Medal®

Go to nypost.com/libertymedals

1 Fill out a nomination form and tell us in 100 words or less about an outstanding New Yorker who you feel deserves to be recognized. Before submitting your nomination, please identify the category for which your candidate is nominated.

2 Or mail your essay with the fully completed printed nomination form located at nypost.com/libertymedals to:

New York Post 2012 Liberty Medals
Nomination Category
1211 Sixth Avenue, Promotions Department,
New York, NY 10036-8790

For nomination rules, go to www.nypost.com/promotions.

3 Or fax your completed nomination form to:
(212)
997-9272

Faxed and online entries must be received by 5 p.m. E.D.T. on 9/14/12. Mailed entries must be postmarked by 9/14/12 and received by 9/18/12. Incomplete forms/entries will be disqualified.

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Caribbean Day Festival in Suffolk County



Adlib, winners of the 2012 Panorama competition.

Photo by Tangerine Clarke

By Tangerine Clarke

For the first time, the spirit of Caribbean culture penetrated the Suffolk County environs with stirring steelpan music, stilt dancers and carnival costume revelry, to celebrate Carnival Day Festival organized by the Suffolk County Caribbean Cultural Association Inc. (SCCAI)

The scheduled 10-hour fete, which began at noon on Sept. 8, attracted hundreds of Caribbean nationals, mainly from Trinidad and Tobago to showcase their West Indian pride on the grounds of Suffolk Community College in Brentwood, Long Island.

The infectious Caribbean celebration from the Labor Day weekend continued with ADLIB Steel Orchestra fresh from capturing the 2012 Panorama com-

petition at the Brooklyn Museum. The spirited band that also won the crown last year put on quite a show that had spectators tramping carnival style on the grounds.

Despite the dark clouds that had hung overhead, the nationals reveled to the rhythm section of Wie Tiu, which captivated the massive crowd for more than one hour with a tingling tempo that got into the blood of the Trininis for a throwback to carnival in Trinidad and Tobago.

The first time event was quite impressive. The young Kaiso Stilt Walkers USA mesmerized the crowd with their skillful acts high up in the air, while noted entertainer Twiggy of the hit carnival tune "Up Under Me" - all decked out in her Trini colors, revved up the

stage with her lively performance.

Calypto King of the World, the Mighty Sparrow who was scheduled to perform was a no-show, among others who no doubt was sidelined by the torrential downpour that interrupted the Carnival Day Festival.

Carla Patrick-Alexander one of the 11-member board members, thanked the nationals for coming out to support the first such event, but was critical of the Multi Cultural Director of Suffolk Community College who, at the last minute requested that the group pay a \$5000.00 fee. He justified the payment as an assurance that the same incidents that took place at the Labor Day Carnival in Brooklyn, wouldn't happen there.

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SPORTS

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Serena Williams takes title

By Robert Elkin

The name of Serena Williams is no stranger going into the 'winner's circle' at the Billie Jean King United States Tennis Association (USTA) National Tennis Center in Queens. Neither is her sister Venus. Overall, they have won five United States Open women's singles titles, with Serena taking three, in 1999, 2002, and 2008. She was seeded fourth behind the favorite Victoria Azaranka, runner-up Agnieszka Radwanska and third seeded Maria Sharapova in a field of 128 entries and 32 seeds.

Last year, Samantha Stosur of Australia, who over many years in the history of the event, dominated the sport and turned out great players. Now Stosur was looking to bounce back but Serena also was seeking the same goal. Upsets do happen in any event, and tennis is no exception.

Serena turned in some remarkable matches, and that included the finals, witnessed by a capacity crowd.

Williams defeated the top seeded women's singles player, 6-2, 2-6, 7-5, as she lost her only set in the entire tournament in the final match. She turned in just a tremendous tournament, including the championship one.

Continued on Page 30

Jamaican paralympic

By Vinette K. Pryce

Jamaican Paralympics athlete Alphanso Cunningham won the nation's first gold medal Saturday by winning the javelin with a record throw at the 14th Paralympic Games in London, England.

The 32-year-old set a new regional record with his throw of 21.84 metres.

"I knew I could win as those in front of me had already done their best already and I told myself it was now or never," Cunningham told reporters.

"I was going for power as I was aiming for the record and they fouled me for easing" (lifting his body off the chair).

His gold medal win lessens the burden of stress he might have suffered going into his

Continued on Page 30



Jamaica's Luton Shelton, second from left, celebrates with teammates Jevaughn Watson, left, and Jermaine Taylor as United States' goalkeeper Tim Howard, right, looks on after scoring the winning goal during a 2014 World Cup qualifying soccer match.

AP Photo/Collin Reid

Jamaica meets USA in fourth round qualifier

By Patrick Horne

While Jamaica took a step forward in its historic first ever win versus the USA on Friday, Sept. 7, at home, it took a step backward with its misguided defensive approach in the return fixture at Colum-

bus, Ohio last Tuesday night. The Reggae Boyz's first win against the USA in 19 previous tries put it in first place in Group A in this semifinal round of CONCACAF World Cup qualifying for the FIFA World Cup in Brazil in 2014, but instead of con-

tinuing the positive, aggressive approach that helped it to break the USA hex, Jamaica's negative approach on Tuesday night led to a 1-0 loss to the Americans.

Forward Herculez Gomez's 30-yard

Continued on Page 30

Jamaica disappoints in loss to U.S.

Continued from page 29

free kick in the 55th minute put the USA back atop Group A. All three teams in the group - USA, Guatemala and Jamaica - have seven points, but the USA has scored more goals, with Guatemala second and Jamaica third. Antigua-Barbuda is at the bottom with one point; its loss to Guatemala 1-0 on Tuesday night when all CONCACAF teams were in action in return matches.

The mistake Jamaica made, and one that all Caribbean teams are guilty of, is going into a defensive shell against the top CONCACAF teams when playing on the road. What also helped to encourage Jamaica's defensive posture is the fact that it needed on a draw to stay ahead of the group; with only Guatemala on the road and Antigua-Barbuda at home left on the schedule, both favorable games for Jamaica, the draw could have seen the Reggae Boyz through to the final round of eight, from which three-and-a-half automatic berths are at stake.

Yes, a draw would have favored the Reggae Boyz, but there is a misconception among the Caribbean teams that playing for a draw

means sitting back, getting as many players behind the ball and defending in their half of the field, which is exactly what Jamaica did Tuesday night; but this is the wrong strategy to get a draw.

When Jamaica sat back in its half of the field and invited the USA to attack them, they allowed the opponent too much space and allowed the U.S. to develop a fluent passing rhythm and movement off the ball. Jamaica's defensive posture revealed a lack of confidence in going forward and taking the game to the U.S. Greece applied the same tactics versus Germany in the European Championships this past summer and it was a disaster for the Greeks; conversely, underdogs Italy took the game to undefeated Germany in the Euros semi-finals and beat the heavily favored Germans.

The old adage that attack is the best form of defense seems to be lost on Jamaica and other Caribbean teams. Jamaica should have come out and high-pressured the U.S. in the early stages of the game; this would have forced U.S. errors and help to prevent the hosts from developing its dangerously, fluent passing game. The

Americans should have been made to think twice about sending players forward, but on Tuesday night, the U.S. had no such worries; it confidently forged forward, with unmarked players striking shot after shot, hitting the post numerous times and giving Reggae Boyz goal keeper Dwayne Miller much work. Jamaica allowed the USA to develop its rhythm and hence its confidence to play. The first half score line easily could have been 4-0 USA.

To get the draw that it needed, Jamaica should have pressured the U.S. in its half of the field - which sends the message that we are here to play - attack and force a USA retreat. Taking the game to the U.S. was the right strategy because the Americans were second guessing themselves judging from U.S. coach Jurgen Klinsmann's five changes to his starting team since the defeat in Jamaica.

Gomez told ESPN2 that the U.S. had to regroup after its 2-1 loss at Jamaica on Friday. "It wasn't our best performance," he said. "We had to set forth and fly today. It wasn't always pretty, but I think we did it very well."

Jamaica's defensive

approach allowed the U.S. the opportunity to regroup and regain its confidence. The USA went on to dominate the game and pestered Jamaica's goal with shots. There was no Jamaican pressure on the ball, loose marking in midfield and the Reggae Boyz were slow to shut down U.S. players. Playing so defensively, Jamaica could not keep possession of the ball and this forced it into committing fouls, which led to Reggae Boyz midfielder Richard Austin's foul on Clint Dempsey, which resulted in Gomez's game-winning free kick. The U.S. will complete the round at Antigua on Oct. 12, then host Guatemala, Oct. 16.

In other CONCACAF semifinal games Tuesday night, Mexico (12 pts.) leads Group B as it got its fourth straight win, a 1-0, victory over Costa Rica in Mexico; El Salvador (5 pts.) beat last place Guyana (1 pt.), 3-2 to climb to second place; Costa Rica (4 pts.) is in third. Hosts Panama (9 pts.) topped Canada (7 pts.), 2-0, to sit atop Group C; Honduras (7 pts.) knocked off last place Cuba (0 pts.), 1-0, to occupy second place on goal difference.

Jamaican paralympic

Continued from page 29

next field event, the discus. "That is my better event, so right now I have no fears or pressure going into it," he said.

Reportedly, during the javelin event he said he felt muscle spasms. He hopes his training coach will help rid him of the nuisance pains.

"We are such a blessed people. Our excellence in sport extends beyond our size but not beyond our ability and our will. Alphonso is indeed a role model for so many," Prime Minister Portia Simpson-Miller said. "He has consistently shown that disability is not an obstacle to success. Today's gold medal gives us further cause to celebrate and be proud of

our great country."

The prime minister has commended the coach, and the Paralympics team.

In 2004, Cunningham earned gold in the discus at the Paralympics in Athens. He placed fourth at the Beijing, China Paralympics.

Iran's Jokar Abdolreza took the silver with a throw of 20.72m. While Mexico's Mauro Maximo de Jesus placed third in 20.14m.

The 10-day athletic competitions end on Sept. 9 and spotlights 4,200 disabled athletes from 164 nations.

It is the second-largest multi-sport event ever held in the United Kingdom after the 2012 Summer Olympics.

It is expected to be the largest and most commer-



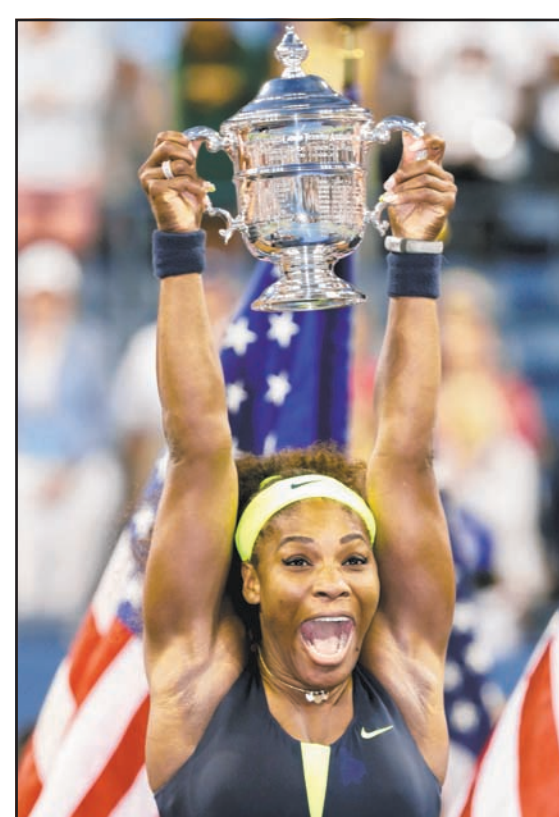
Jamaica's Alphonso Cunningham competes at Men's Discus Throw - F51/52/53 at the 2012 Paralympics in London, Thursday, Sep. 6, 2012.

AP Photo/Emilio Morenatti

cially successful Paralympics ever.

Last month 19-year-old Trinbagonian, Keshorn Wal-

cott made history for the region winning the region's first gold in javelin throwing at the 30th Olympiad.



Serena Williams holds up the championship trophy after beating Victoria Azarenka in the championship match at the 2012 US Open tennis tournament, Sunday, Sept. 9, 2012, in New York.

AP Photo/Darron Cummings

Serena Williams takes title

Continued from page 29

"This was the best women's final ever," Serena said, after the match. "And I competed really well. The more relaxed I got (in the final), the better I got. (At the same time) I made a lot of errors."

Williams committed 74 total errors to 50 for her opponent. She tried to make up for her errors, by piling up 94 total points to 87 for the runner-up.

To get ready for such a title match, there was a lot of work for Serena, and she was willing to put it in to re-gain a title that she once produced.

"I competed very well," she added. "Looking back it was really exciting to see a close victory."

The loser was certainly impressed with the way the winner competed. Serena's serve makes her look so great.

Serena thus captured her 15th overall Grand Slam title during an illustrious career. And she

played very consistent this year. If it wasn't for tennis, just what would be her life like?

"I would have been a rock star because I love to sing," the 30-year-old Williams said. "I thought I did not have a good voice but I'm great on stage."

Most of the players on the circuit are afraid to go against her because she seems to be so dominating.

"I probably can be a better reader of my opponent, to be honest," she said. "So with that being said, I'm not reading them well enough so I don't know."

Williams will certainly return for another try at the U.S. Open Championships next year. She wants to defend that title. Just for now after the tremendous season that she has turned in, she still wants to keep it up and raise her world ranking still further up the ladder if she can. She focuses on one match at a time.

Sri Lanka's captain under severe pressure

Sri Lanka's captain for the Twenty20 World Cup Mahela Jayawardene will be under severe pressure to win the Twenty20 World Championship to be held in Sri Lanka. Sri Lanka, playing at home, will be under some special attention by their spectators to make them happy by winning the world Twenty20 title.

Former captain Jumar Sangakkara had a broken finger but he has recovered along with fast bowler Nuwan Kulasekara. Kulasekara is highly depended on as a fast bowler and the team has confidence in him to break through and take wickets. Captain Mahela Jayawardene is fully aware that his bowlers will have to perform extremely well for his team to do well in the competitions. Sri Lanka's top order batting can score runs very quickly but again, the bowlers will have to come on strong and avoid the opposition from escalating the runs. Sri Lanka begins their official game against Zim-



Eyes on Cricket

By George H. Whyte

babwe on Sept. 18 and then against South Africa on Sept. 22. Sri Lanka is the type of team that can surprisingly come from behind with the bat and the ball in an astonishing fashion.

Sri Lanka Never Falls Apart Easily

The saying 'Unity is power' also applies to cricket and Sri Lanka has a unique manner in displaying their togetherness on the cricket field. They are about the best in putting and keeping a team under pressure. They have a stubborn instinct and they love to devour their opposition in fantastic style.

David Warner and Shane Watson to Aussies Rescue

When the World Twen-

ty20 begins, team Australia will be highly dependent on openers David Warner and allrounder Shane Watson. These players are very aggressive in any type of cricket. Australia will benefit very much if these two players get a good start. David Hussey and Mike Hussey come in the middle to give the necessary support but team Australia lacks penetrative bowling for these games. They heavily depend on their batting stalwarts to boost their winning efforts.

Windies Faces Aussies Sept. 22

West Indies should not have a problem in winning their first two games and setting the pattern for their World Cup victory. The West Indies team is strong on paper and the execution



West Indies' Johnson Charles bats during a Twenty20 cricket match against New Zealand, earlier this year in Lauderhill, Fla.
AP Photo/Lynne Sladky

of their game is essential. There is no room for silliness and under achievers. The squad is balanced, experienced and knowledgeable about how to win. The West Indies must play aggressively and put the opposition 12 strides behind to play catch up. Dominance will rule this World Cup Twenty20 championship. West Indies play Australia on Sept. 22 and the Irish on Sept. 24.

Johnson Charles Fitting in Nicely

West Indies batsman Johnson Charles finds himself securing the number three spot in the Twenty20 game. He seemed to have settled into his role in that position. Charles has the huge potential to be a significant player also in the One-Day Internationals. He gets the ball away nicely and he has established a remarkable manner of concentrating while batting. He finds the gaps in the field to get his runs. Go Windies go!



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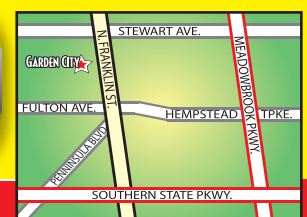


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The Community Newspaper Group (CNG) is the largest network of neighborhood newspapers in New York City. With multiple community newspapers and websites, CNG distributes hundreds of thousands of newspapers each week in Brooklyn, Queens, Bronx and Manhattan. These long-established community-specific papers deliver geographically targeted news, lifestyle, local sports and entertainment information. In addition, CNG's monthly Family Publications and annual Wedding, Prom, Bar Mitzvah and Sweet Sixteen magazines reach readers during their family formative years and important life events.

For advertisers, CNG offers an opportunity for both market-wide and neighborhood targeted advertising, allowing them to get their message into the areas they want to reach.

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Downtown Brooklyn - Full Time (Permanent):

We are seeking motivated display & online advertising sales representatives. The position involves selling advertising, working closely with clients to achieve and exceed customers' expectations, maintaining and developing a client base and seeking new business opportunities via face-to-face sales calls within the territory.

REQUIREMENTS & QUALIFICATIONS:

- Previous sales experience preferred
- Ability to work in a close team environment
- Good verbal and communication skills
- Car and valid driver's license required
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Position offers paid salary, plus commission, 401K, medical, expenses & paid vacation. Please send your resume and cover letter to: salesjobs@cnglocal.com

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- Computer literate
- Clear speaking voice
- Must have previous sales experience

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- Participate in sales calls with Advertising Account Executives and Managers
- Process ads and manage advertisers through the full sales process
- As skills are developed, assist in prospecting and qualifying business leads
- Communication between clients and internal department
- Provide customer service to team's client base by assisting through sales process
- Liaison between sales team and sales support departments

QUALIFICATIONS:

- Must have graduated no earlier than May 2011
- Initiative and follow through
- 3.0 Minimum cumulative GPA required (transcript required for interviews)
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- Excellent written & verbal skills
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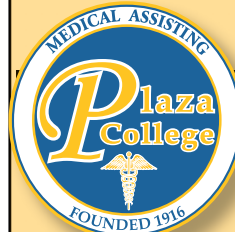
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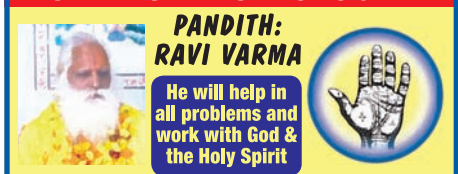
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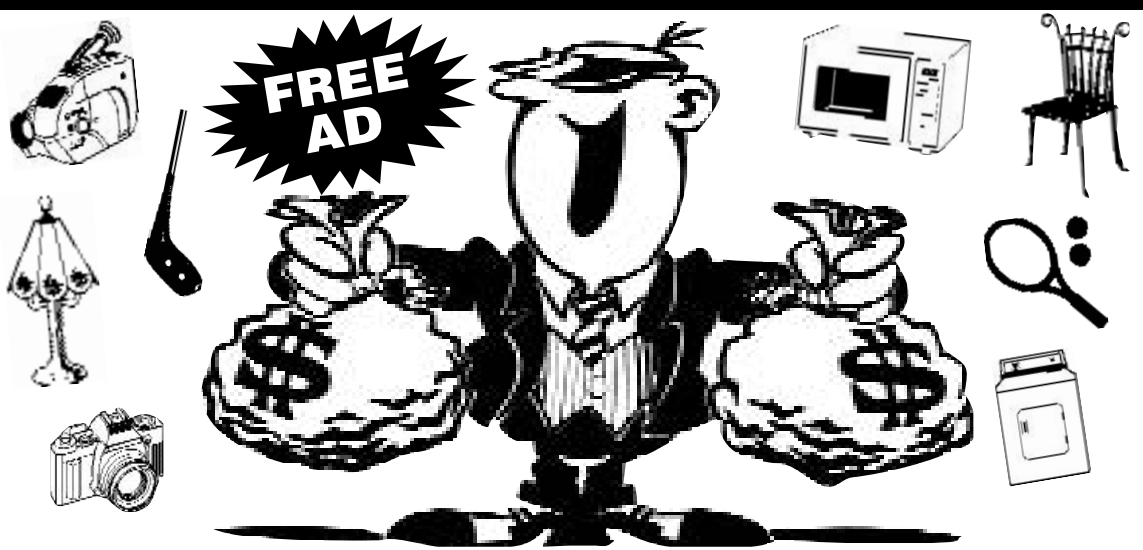
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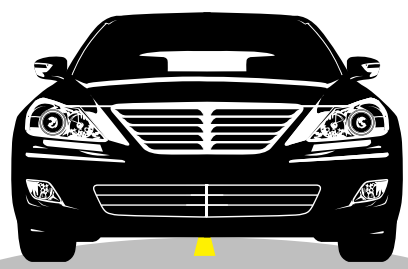
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