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CARICOM chides Brits over Turks

By Bert Wilkinson

The Turks and Caicos Islands might be a British dependency in the Caribbean but its former and current leaders appear to be smart enough to remain an active member of the 15-nation Caribbean Community, at least for periods when it needs the vocal support of its regional neighbors.

In the past four years, the British government citing runaway corruption on the tourist paradise, has done much in its power to undermine the limited self-

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Citizenship for sale

By David McFadden

KINGSTON, Jamaica (AP) — Hadi Mezawi has never set foot on the Caribbean island of Dominica, has never seen its rainforests or black-sand beaches. But he's one of its newest citizens.

Without leaving his home in the United Arab Emirates, the Palestinian man recently received a brand new Dominican passport after sending a roughly \$100,000 contribution to the tropical nation half a world away.

"At the start I was a little worried that it might be a fraud, but the process turned out to be quite smooth and simple. Now, I am a Dominican," said Mezawi, who like

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Celebrating Marley

Bob Marley's granddaughter Donisha Prendergast, right, dances to the sound of a Rastafarian drum, during the celebration of Marley's 68th birthday in the yard of his Kingston home, in Jamaica, Wednesday, Feb. 6, 2013. See story on page 28.

AP Photo/ David McFadden

BACK TO THE DREAM

Grenadians Create History

By Nelson A. King

The main opposition New National Party (NNP) in Grenada swept all 15 seats in the Legislature to return to power in an historic vote on Tuesday.

The NNP, of former Prime Minister Dr. Keith Mitchell, resoundingly thrashed the incumbent National Democratic Congress (NDC) of Prime Minister Tillman Thomas, confirming polls that had predicted that the party, which had lost the 2008 elections to the NDC, would handily return to power.

Tuesday's massive victory also meant that Mitchell, 65, became the first political leader in the "Spice Isle" to win all 15 seats in parliament twice. His party had done so previously in the 1999 general elections.

Thomas' NDC had won the 2008 general elections 11-4.

Tuesday's poll showed that the NNP was able to attract most of the 62, 146 eligible voters.

Mitchell, who was expected to be sworn in as the new prime minister on Wednesday, hopes his party's landslide victory will help to unite the people of Grenada, Carriacou and Petite Martinique.

"As I watched your faces through the campaign, I am even more deeply committed that all of us must be a united family," he told jubilant supporters at the Tanteen Playing Field on the outskirts of St. George's, the Grenada capital.

"I have accepted the awesome responsibility that you have placed on my shoulders ... Me and my

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CARIBBEAN ROUNDUP

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THE NEWS FROM BACK HOME

Barbados

Barbados is forecasting less than one percent economic growth for 2013, up from “real growth” last year.

The Central Bank of Barbados said the 0.7 percent forecast for this year is based on the most recent forecast by the International Monetary Fund of average growth of 1.7 percent for the United States, the United Kingdom and Canada— the island’s major trading partners.

In a review of the Barbados economic performance for 2012 and prospects for 2013, the Central Bank said the projections were also based on an improvement in consumer expenditure in these markets of 1.2 percent.



“In addition, private capital flows of US\$300 million are anticipated for activity in tourism and construction sectors. No significant gain in employment is expected.

It said Barbados’ foreign exchange reserves increased during the year to Bds \$1,467, million and the import cover at the end of December 2012 stood at 18 weeks even though there was no real growth in the economy in 2012.

Cayman Islands

Britain’s chief inspector of prisons is calling for urgent reforms at the Cayman Island’s dirty and shambolic lockups.

In a report released recently, Nick Hardwick said he was troubled by the poor conditions his team found at the wealthy British territory’s prisons and detention cells.

A British inspection team concluded that cells were “decrepit, chaotic and dirty with an oppressive and intimidating atmosphere.”

Use of illegal drugs was rampant and juvenile offenders shared accommodation with adult prisoners.



Police holding cells in the capital of Georgetown and West Bay were also “barely for human habitation.”

Cayman Government spokesman Eric Bush says they will work to improve conditions, but noted that it will be challenging in an



Fans celebrate Marley’s birthday

A Rastafarian priest leads a chant during the celebration of reggae music icon Bob Marley’s 68th birthday in the yard of his Kingston home, in Jamaica, Wednesday, Feb. 6, 2013. Marley’s relatives and old friends were joined by hundreds of tourists to dance and chant to the pounding of drums to honor the late reggae icon who died of cancer in 1981 at age 36. Story on page 28.

AP Photo/ David McFadden

“economically austere times.”

Haiti

A rickety wooden boat carrying 25 illegal migrants from Haiti has landed on a beach on Jamaica’s north coast.



Portland parish police say local residents spotted the boat, which was carrying 16 men, two women and four boys and three girls. All the children and adults appeared to be in good health.

Authorities say the Haitian migrants left their homeland recently and were trying to get to the U.S.

Illegal immigrants have long attempted the perilous journey from Haiti by boat to the U.S. and other Caribbean islands.

Jamaica, however, is a rare stop. The last time a group of migrants arrived on the island was in 2010, when fishermen towed two overloaded smugglers boats carrying 60 Haitians to Jamaica’s east coast.

Jamaica

The United States of Embassy has moved to clear the air fol-

lowing the recent announcement of the decision to close its Citizenship and Immigration Services (USCIS) Office in Jamaica.

A statement from the Embassy said it will not be closing and its visa and other consular operations will continue as normal.

These include tourist, student, official and immigrant visa applications and American Citizenship Services.

The Embassy explained that the USCIS will close on March 1.

The USCIS is a specialized government agency that oversees matters of lawful immigration to the United States.

With the closure of the Kingston Field Office, the USCIS Field Office in Santo Domingo, Dominican Republic will assume Kingston’s former jurisdiction.

All other departments of the U.S. Mission, including the Consular Section, Paul Robeson Information Center, United States Agency for International Development, Peace Corps offices and the US Consular Agency in the western city of Montego Bay, will



remain open.

The Kingston Field Office had jurisdiction over Jamaica, Anguilla, Aruba, The Bahamas, Bonaire, British Virgin Islands, Cayman Islands, Curacao, Montserrat, Turks and Caicos Islands and the Guantanamo Bay Naval Station

St. Kitts

Deputy Prime Minister Sam Condor recently announced his resignation from the Cabinet of Prime Minister Denzil Douglas, citing recent developments as his reason for stepping aside.

Condor’s resignation was submitted less than a week after Prime Minister Douglas fired a senior government minister, Dr Timothy Harris.

“The recent developments pertaining to issue of good governance and constitutional integrity have brought me to the point where I feel constrained to tender my resignation as a member of Cabinet with immediate effect,” Condor said in his letter.

In a radio and television broadcast on Jan. 25, Douglas said



Harris, who is also chairman of the ruling St Kitts-Nevis Labor Party, has been dismissed because of his opposition to two recent government-sponsored legislation, including one to increase the number of senators in the National Assembly. Harris had refused to support the legislation.

Condor served for more than 20 years as a parliamentarian and as a government minister for over 17 years.

Trinidad

Director of Public Prosecutions (DOO) Roger Gaspar says he will not lay charges against coup leader Yasin Abu Bakr for failure to give testimony before the Commission of Enquiry into the 1990 coup in Trinidad and Tobago.

The DPP has thrown the ball in the commission’s court saying it has the legal power to direct the commissioner of police to “prosecute the proceedings” for breach of Section 16 of the Commission of Enquiry Act.

The Act empowers the DPP to take action against anyone refusing to obey a summons to attend the Commission.

In a letter dated Sept. 24, 2012, the commission indicated to Gaspar it had agreed to formally refer the matter of Bakr’s non-attendance to him in order that he takes appropriate action in accordance with Section 16 of the Commission of Enquiry Act.

The DPP argued that if he were to take action against Bakr, the coup leader would use this as a basis for a say at his retrial for sedition and incitement to demand with menaces which is expected to be fixed for trail in 2013.

Bakr has indicated last year that he could not testify at the commission, citing adverse pre-trial publicity, the likelihood that others may seek to use his testimony before the commission to his detriment at the sedition trial and his poor health.

Trinidad

National Security Minister Jack Warner said this year’s Trinidad and Tobago Carnival was the safest and most



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In this Oct. 23, 2009 file photo, President Barack Obama and Sen. John Kerry, D-Mass., arrive at Logan International Airport in Boston. The nominee for U.S. Secretary of State Kerry once held up millions in funding for secretive USAID democracy-building programs in Cuba.

Warming up the Cuba-U.S. chill

By Paul Haven

HAVANA (AP) — A delegation of American lawmakers led by Sen. Patrick Leahy visited Cuba Monday to gauge the island's economic changes and stress the importance of freeing a jailed American whose detention has chilled relations between the two countries.

The trip was the first to the Communist-run island by high-level U.S. politicians since President Barack Obama's re-election in November.

It comes a year after another group of legislators led by Leahy, a Vermont Democrat, came to Cuba and met with President Raul Castro. They also visited Alan Gross, an American jailed since 2009 for illegally distributing communications equipment on the island while on a U.S.-funded democracy-building program.

In their meetings, the lawmakers will stress that freeing Gross, who is serving a 15-year sentence, is a crucial prerequisite for improved ties, a State Department official told The Associated Press.

The official spoke on condition of anonymity, lacking authorization to comment publicly about the sensitive visit.

The lawmakers also hope to get a firsthand look at economic changes on the island instituted by Castro in recent years, the official said, including the legalization of limited private enterprise, the creation of a real estate market and the elimination of travel restrictions for most islanders.

The delegation also includes Sens. Jeff Flake, R-Arizona; Sherrod Brown, D-Ohio; Debbie Stabenow, D-Michigan; and Sheldon Whitehouse, D-Rhode Island, along with Democratic congressmen Jim McGovern of Massachusetts and Chris Van Hollen of Maryland, Gross's home state.

The group arrived Monday and is scheduled to depart early Wednesday. It was not clear with whom they would meet, or if they would be granted permission to see Gross.

Cuba has said it is willing to consider releasing the 63-year-old, but in return wants Washington to negotiate the fate of five Cuban intelligence agents sentenced to long jail terms in the United States.

Washington has said publicly that a swap is not in the cards.

Making a workers' rights statement at LFW

By Sam Dawson

ITF Press Officer

Two global union federations aimed to make workers' rights fashionable at the opening of London Fashion Week last week when they challenged event sponsor and logistics giant Deutsche Post DHL over its ongoing abuse of employees' rights.

Two models dressed in high fashion clothes crafted out of packaging materials, and made up to match, will paraded outside the main (Strand) entrance of Somerset House, London WC2R 1LA, the central venue for this year's London Fashion Week. DHL is a major sponsor of the show and its official logistics provider.

The models, plus officials from the ITF (International Transport Workers' Federation) and UNI Global Union were there throughout the day from 09:15 onwards. Press attending the official LFW press conference at 09:30 were invited to stop, talk to them, and find out more.

The ITF and UNI are fighting for DHL workers' rights worldwide, and have in recent years presented evidence of repeated abuses in multiple



Models parade outside the main (Strand) entrance of Somerset House.

Photo by Alastair Fyfe

countries where DHL operates. They already have been in touch with many exhibitors at LFW ahead of the event and report a positive response from those who are committed to the ethical sourcing and production of clothes, and who intend to contact DHL to quiz it on its behaviour.

ITF acting general secre-

tary Steve Cotton commented: "London Fashion Week is the celebrity face of DHL, but there's a much less glamorous side to the company, and that's what we aim to expose and keep on exposing – until they fix it by treating all their workers decently."

Philip Jennings, UNI general secretary, said: "DHL's violations of interna-

tional labour standards are well documented. DHL is 'démodé'. It is out of step with the requirements of an ethical and sustainable fashion industry. UNI and ITF stand ready to work with DHL to help it turn the page and become a responsible supplier to the fashion industry."

To help keep the spotlight Continued on Page 12

Tool to combat Rx-drug robbery

By Kenton K. Kirby

Officials in the Obama and Schumer Administrations this week announced a first-of-its-kind law-enforcement tool to help combat the spate of violent prescription drug robberies taking place across New York state.

With the current skyrocketing prescription drug abuse and violent pharmacy robbery, Sen. Charles E. Schumer (D-Brooklyn) says, a comprehensive database available to local police would help identify developing patterns and assist law enforcement and public health officials fight back crimes.

Last year, in the wake of the deadly incidence of pharmacy robbery on Long Island, the senator had asked the Office of National Drug Control Policy and the Drug Enforcement Administration to create a comprehensive. "Compstat-like" database to track and investigate prescription drug-related crimes. When COMPSTAT was Introduced in New York City, it allowed law-enforcement officials to target their resources more efficiently; and crime dropped. The pharmacy robbery database is intended to have the same effect, and on Monday, Sen. Schumer, Director of

the Office of National Drug Control Policy (ONDCP) Gil Kerlikowske, and New York/New Jersey High Intensity Drug Trafficking Area (HIDTA) Regional Director Chauncey Parker announced a first-of-its-kind database of prescription drug-related crimes in New York.

Last year, in the wake of a deadly drug store robbery on Long Island in which an off-duty Alcohol, Tobacco and Firearms agent was shot and killed, Schumer had urged the Drug Enforcement Administration to create such a comprehensive database on the crime in conjunction with local law

enforcement officials. They agreed, and the database will be used to determine trends and patterns of prescription drug-related crimes in the region, and also serve as a tool in fighting the deadly epidemic.

Sen. Schumer said the information provided by this database will allow law enforcement officials to target resources to high crime areas, determine which prescription drugs are the most sought after, and determine necessary security changes in drug distribution networks. It will be available to local police departments,

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Unwaivering support for the Turks and Caicos Islands

Continued from cover

government status that the island enjoys, by suspending its constitution, disbanding the Cabinet and generally taking over the daily affairs of the island chain, much to the chagrin of islanders and the regional trade bloc CARICOM, which has referred to London's action as a virtual re-colonization of the colony.

Staying relatively strong on message, the CARICOM heads of government, who were meeting in Haiti for a full-fledged summit for the first time, registered their disgust at the state of political and constitutional affairs.

At this week's two-day Caribbean leaders summit

in Haiti, the TCI delegation made its first appearance at such a forum since the mid-2009 suspension of the constitution and the imposition of direct rule from Westminster. This follows the reconstitution of an elected government following island-wide polls held in November of last year.

The result of its reappearance at the summit and the automatic restoration of Associate Membership, triggered a relatively strong statement of support from neighboring leaders condemning the imposition the level of political and other forms of interference in island affairs.

In its final conference communiqué said that it had both welcome the reappearance of a TCI delegation but expressed "grave concern that, though the elections of November 2012 had led to the restoration of representative government, the overall state of political affairs remained less than desirable and the restoration of true democracy was

still a far way off."

Staying relatively strong on message, the CARICOM heads of government, who were meeting in Haiti for a full-fledged summit for the first time, registered their disgust at the state of political and constitutional affairs, saying that "the 2011

Constitution, conceived in London and thrust upon the people of the Turks and Caicos Islands when they were without representation, was viewed as a mere by-law for the continuance of direct rule under the pretext of representative democracy."

They also pointed to problems in the judiciary saying these must be corrected, and further pointed to "constant infractions of democratic principles and insults to the ideals of elected government."

The leaders promised to continue their close moni-

toring of the situation in its associate member state.

Meanwhile, the British had said they were fed up with the high level of corruption and graft on the island and want to question several former high ranking officials suspected for misbehavior while in office.

NNP Sweeps Spice Isles poll

Continued from cover

to portray itself as a united team," he added, accepting the challenge with "the greatest humility".

"I have asked Almighty God, 'What have I done to deserve this?' Mitchell said. "This is not a Keith Mitchell victory, it is your victory."

He said he wants his legacy of 30 years in public life to be "that I have done all I can to unite the people of Grenada, Carriacou and Petit Martinique".

The outgoing NDC administration had sought

to portray itself as a united party, despite bitter infighting that resulted in the dismissal and resignation of senior cabinet ministers, including former tourism minister and foreign affairs minister Peter David, and foreign affairs minister Karl Hood.

In a statement, the NDC said tersely that it "wishes to congratulate the NNP on their victory."

On the stump, Thomas, who, obviously, lost his own seat, had told support-

"The NNP prefers to be part of a new emerging global space"

ers that the NDC should be re-elected to continue the work it had been doing in education, health, governance over the last four and a half years.

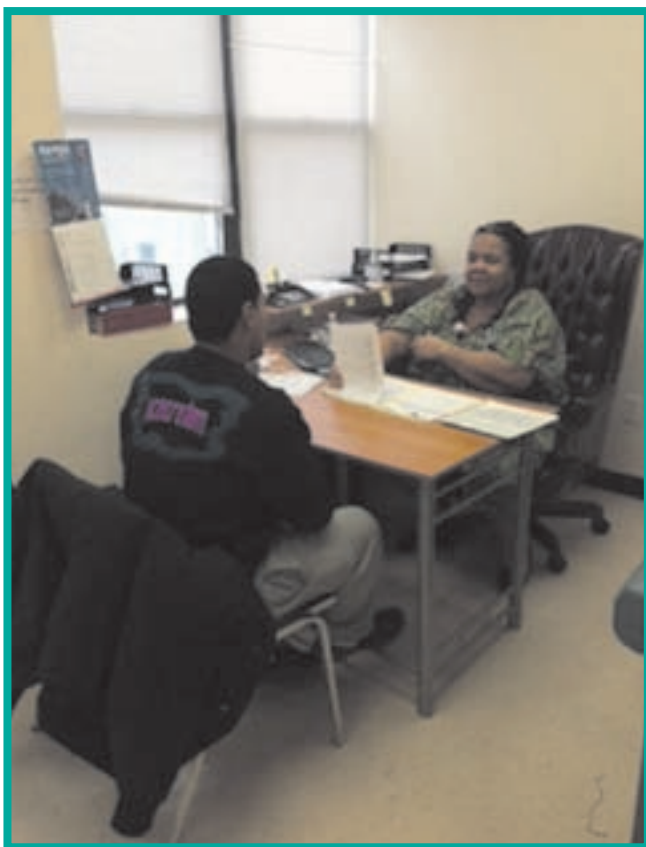
He said after four and a half years, the NDC had brought back integrity to

governance in Grenada, reminding voters: "We have a great responsibility, and we have to take the politics seriously."

But Mitchell and the NNP said the NDC was "a dismal failure," stating: "They want to blame everybody but themselves."

"The NNP prefers to be part of a new emerging global space where you can only succeed if you improve your standards to be part of that space," he said on the campaign trail.

"She is more than just my doctor...She is also a trusted family friend"



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Trinidad sends hundreds packing

By Azad Ali

Trinidad and Tobago has deported 750 illegal immigrants over the past two years.

This was disclosed by National Security Minister Jack Warner, who said his ministry has embarked on an "aggressive deportation policy" targeting illegal immigrants and criminals.

Addressing members of the media at a luncheon at the Hyatt Regency, Port of Spain, Warner said, "it is an aggressive policy and we are going full speed ahead. This can only be successful with help from the police."

"If the U.S. could deport people when they commit crime, we could deport people, including U.S. people, when they commit crime."

Warner said people were coming to T&T "with all kinds of spurious names and I am taking a more intrusive look at the people who come into the country than before."

He said immigration officers have been trained and work is being done with the police and personnel of the Detention Center.

According to data from the Trinidad and Tobago Police Serv-



National Security Minister Jack Warner.

AP Photo/Shirley Bahadur

ice between 2011 - 2012, 754 persons were deported of which 404 were from Guyana. A total of 482 persons were deported last year and 238 were from Guyana, 129 of them were females.

The next highest number of persons deported were 60 from Jamaica, 43 from China, 16 from the Dominican Republic, nine from Colombia and 10 from St. Vincent and the Grenadines.

Delta ends service to Georgetown on May 6, 2013

By Tangerine Clarke

Delta Air Lines, one of the world's oldest international carriers, that started service to Georgetown, Guyana in 2008, has confirmed that it would discontinue its flights between John F. Kennedy International Airport, and Cheddi Jagan International Airport, effective May 6, 2013.

In a direct statement sent to this reporter, General Manager of Corporate Communications of Latin America and Caribbean, Sarah Lora blamed poor performance of the route, and a decline in passenger load over the last 18 months, that caused a loss in revenue, as the reason for the airline's pull-out from the route.

"We have made the difficult decision to eliminate our Geor-

"We have made the difficult decision to eliminate our Georgetown service to better focus our resources on profitable markets."

getown service to better focus our resources on profitable markets," said Lora who promised alternate transportation or a full fare refund to travelers who were confirmed to fly with Delta to Georgetown after the airlines ends its service, on May 6.

Customers can contact Delta Reservations at 1-800-241-4141 and for customers calling from Guyana, the contact number is 1-800-221-1212.

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Photo by Elizabeth Graham

Scott Guzik, Windsor Terrace

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U.S. AG meets with Caribbean leaders in Haiti

PORT-AU-PRINCE, Haiti (AP) — U.S. Attorney General Eric Holder discussed regional crime with Caribbean leaders on Monday during a summit in Haiti.

Holder talked with the leaders of mostly English-speaking Caribbean countries about crime problems, efforts to curb weapons and drug trafficking and a need to alert countries in the region about imminent deportations at the conference of the Caribbean Community, known as CARICOM, held at a hotel in the Haitian capital.

Hundreds of thousands of people from Haiti, Jamaica, Mexico and other nations have been deported to homelands they barely know since the U.S. Congress mandated in 1996 that every non-citizen sentenced



Attorney General Eric Holder.

AP Photo/Manuel Balce Ceneta

to a year or more in prison be booted from the country upon release.

"With regard to deportees, I think what we need to do is make sure that we give as much notice as we possibly can before people are to be released and deported from the United States," Holder told reporters. "As

we increase the more general capacity, law enforcement capacity, security capacity of the nations of CARICOM, they will be in a much better position to deal with these deportees from the United States."

Holder also met privately with Haiti's President Michel Martelly, who assumed the chair of the CARICOM group in January and will hold the title for six months.

It's the first time Haiti has hosted a CARICOM conference. The gathering ends Tuesday afternoon.

Holder flew Monday afternoon to Thomas, Virgin Islands, where he is to meet with the U.S. Attorney's Office for the District of the U.S. Virgin Islands.

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Combating deadly drug crimes

Continued from Page 3

HIDTA drug intelligence officials, and DEA officials, and will help bridge the information barrier that sometimes exists between law enforcement officials on various levels.

Schumer and Obama Administration officials were also joined by Detective Lieutenant John O'Brien of the Suffolk County Police Narcotics Bureau; and New York City law enforcement and public health officials.

"This statewide 'COMP-STAT' of prescription drug crimes is what we need to methodically fight back against the growing and complex problem of violent pharmacy robbery statewide and, hopefully nationwide," said Schumer. "It will allow local and federal law enforcement officials to target their resources most effectively, and predict crime trends before they become deadly problems. This is exactly what we called for in the wake of last year's tragic robbery, and I'd like to thank



Sen Charles E. Schumer.

AP Photo/Manuel Balce Ceneta

everyone involved on the federal and local level for getting this done. Knowledge is power, and I'm confident this tool will make a real difference in the hands of law enforcement officials at the local, state, and federal levels."

"The severity of the prescription drug abuse threat in New York and across the nation requires us to take a holistic approach to this epidemic," said Kerlikowske. "Pharmacy robbery is an

unfortunate—and sometimes tragic—consequence of the prescription drug epidemic. Without Senator Schumer's attentiveness to the issue, and the hard work of federal, state and local officials, this tool would not have been created. The Obama Administration will continue to remain laser-focused on this challenge and we look forward to expanding our work with both public health and public safety officials in this endeavor."

**BLACK
HISTORY
MONTH**



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Community leaders against LICH closure

In a letter delivered Thursday, Feb. 14 to New York State Health Commissioner Dr. Nirav Shah, 16 elected officials joined with leadership from SEIU 1199 United Healthcare Workers East, The New York State Nurses Association and other community leaders in urging the state to save Long Island College Hospital in the wake of last week's vote by the SUNY Board of Trustees to close the facility.

LICH serves over 100,000 patients a year, many of whom are working families, seniors and other vulnerable patient populations throughout the borough. With over 2,000 employees, LICH is also one of the borough's largest employers, and its closure would destroy good jobs and be a severe blow to the local economy.

Calling the vote "premature and irresponsible," the group urged the state to explore alternatives to keep the hospital open.

The text of the letter is as follows:

"Dear New York State Health Commissioner Dr. Nirav Shah,

We are writing to urge you to consider alternative solutions which will keep Long Island College Hospital's vital healthcare services and jobs in the community. The vote by the SUNY Board to close LICH was premature, irresponsible, and did not allow adequate time to explore other options. LICH is located in a growing neighborhood and offers many medical services

that are unique to the area. We believe that with the right planning, leadership and vision, the hospital could remain open and viable.

LICH provides crucial healthcare services to over 100,000 people a year, including seniors, working families and vulnerable patient populations. Contrary to recent misinformation, LICH operates with nearly a full census, and is utilized by many patients from the surrounding neighborhood, as well as other areas throughout the borough. There is only one other hospital nearby, and closing LICH would not only put patients at risk by eliminating services, but also result in severe overcrowding of other facilities. LICH is also one of the largest employers in the area, and a closure would destroy over 2,000 good jobs and be a severe blow to the local economy.

We are fully committed to working with all stakeholders to make sure this disastrous closure is avoided and we preserve LICH's crucial healthcare services and good jobs.

Help caregivers keep LICH open for care. Please do not shut the door on Brooklyn patients and residents."

1199SEIU United Healthcare Workers East is the largest and fastest-growing healthcare union in America.

We represent over 350,000 nurses and caregivers through-

Continued on Page 12

Effort to make buildings safer for their residents

By Robin Guenther

The war over toxic chemicals and human health is spilling over into places we live and work: our buildings. The American Chemical Council (ACC) has launched an expensive and focused attack on the U.S. Green Building Council (USGBC) to protect the status quo of a small set of bad-actor manufacturers of toxic and obsolete chemicals. But innovative companies across the building industries and human health advocates are fighting back.

The American Chemical Council is lobbying to end the federal government's use of the Leadership in Energy and Environmental Design (LEED) building certification system unless USGBC removes all references to human health. If successful, they will keep taxpayers from receiving the cost savings and productivity benefits that LEED certification has generated. Why does a chemical industry trade association think better build-

USGBC's mission is to make buildings not only more energy-efficient, but healthier spaces for those who inhabit them.

ings are such a threat, you ask?

The USGBC has transformed the global building industry with its emphasis on high performance, low energy and healthier building practices through its LEED certification program. In only a decade, LEED plaques have become synonymous with the best buildings in the world.

USGBC's mission is to make buildings not only more energy-efficient, but healthier spaces for those who inhabit them. The new draft version of LEED seeks to assuage human health concerns of buildings by offering voluntary credits for buildings using healthy materials. Many in the health community see

this as a long overdue step for the rating system.

The ACC, however, sees this as a dangerous threat to their member companies because a few of them make a pretty penny producing controversial chemicals.

So if you can't beat 'em, lobby against 'em, right? ACC is doing what it does best -- spreading misinformation and shoving truckloads of cash into lobbying efforts to keep the market from abandoning toxic materials and embracing green chemistry.

They've even gone so far as to form the laughable "American High-Performance Buildings Coalition," a group whose membership reads like a who's who of industries that make unhealthy products, all uniting to lobby against LEED. From big chemicals to vinyl to adhesives to petrochemicals -- they're all here.

These toxic trade associations are trying to convince us that they are the ones who truly

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Against NYPD Stop and Frisk program

To The Editor:

Communities United for Police Reform released a fact-check of Mayor Michael Bloomberg's statements regarding stop-and-frisk, a day after he delivered them in his final State of the City address.

Bloomberg made a series of statements defending his administration's use of stop-and-frisk that have no basis in fact or evidence, or are simply not true. Communities United for Police Reform and several leaders of its member organizations -- along with Council Member Jumaane Williams -- criticized the mayor for stretching the truth, misrepresenting facts, and continuing to defend the use of discriminatory policing.

Bloomberg:

"Attacking illegal guns here in New York City has helped us drive crime down to record lows. And we haven't done it by locking more people up just the opposite. While the incarceration rate across America has increased by 6 percent over the past decade here in New York City, we've reduced it by 32 percent. We've done it through pro-active, targeted policing that prevents crime and that includes stopping and questioning people who are acting suspiciously or who fit the description of a suspect.

"I understand that innocent people don't like to be stopped. But innocent people don't like to be shot and killed, either. Stops take hundreds of

guns off the street each year.

"Today, we are collecting fewer guns, but that is not an excuse to stop it -- it is a reason to continue it. Because the possibility of a stop is what scares would-be bad guys into not carrying guns. And if we never find a gun again in a stop, wouldn't that be wonderful?"

"Commissioner Kelly has adopted training and accountability policies to ensure that police officers conduct stops legally, appropriately, and respectfully but make no mistake: We have a responsibility to conduct them and as long as I am mayor, we will not shirk from it.

"Think about it: if New York City had Detroit's murder rate last year,

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Caribbean Life

Founded 1990 • Published by Community Newspaper Group
Corporate Headquarters: One MetroTech Center North, Suite 1001, Brooklyn, NY 11201

NEW YORK PRESS ASSOCIATION
NYPA

PUBLISHER: Clifford Luster
ASSOCIATE PUBLISHER: Ralph D'Onofrio
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LETTERS TO THE EDITOR are welcome from all readers. They should be addressed care of this newspaper to Kenton Kirby, Editor, Caribbean-Life Publications, 1 MetroTech Center North, Brooklyn, New York 11201, or sent via e-mail to caribbeanlife@cnglobal.com All letters, including those submitted via e-mail, MUST be signed and the individual's verifiable address and telephone number included. Note that the address and telephone number will NOT be published and the name will be published or withheld on request. No unsigned letters can be accepted for publication. The editor reserves the right to edit all submissions.

Deep-South challenge to the Voting Rights Act

We so frequently come upon items in the news that cause us to perhaps blink a couple of time, followed by a reaction of, "Is this for real?" Making a successful bid for inclusion in this category was the report of a challenge to the Voting Rights Act of 1965, or at least a section of it, that has been mounted by parties in Alabama. Shelby County down there is appealing to have the U.S. Supreme Court strike the Voting Rights Act's provision, in Section 5, that requires the county to get federal preclearance before changing its voter rolls. In arguments scheduled before the court on Feb. 27, Alabama's Shelby County is expected to claim that the preclearance provision is discriminatory.

Apparently, there's no beef, on the part of the Alabama folks, with Section 5 having been included in the Act when it initially became law in 1965. A New York Times report noted that the contention of those filing suit was that the provision has "outlived its purpose of protecting minority voters in an era when a Black man has been re-elected to the presidency."

It's left to be seen how much will reference to the election of an

African American president figure in the argument the legal eagles for these folks will make. But given the voter suppression issues that bubbled up around presidential voting last November, Barack Obama's re-election may not be the slam dunk, as a ploy, that the Alabama advocates could be thinking it to be. People in Florida, Ohio and elsewhere who were either victims of voter suppression tactics or were actively involved in efforts to thwart them have a whole different take on disenfranchisement strategies against minority voters allegedly being a thing of the past.

The Times reported on a small-town resident in Shelby County being improperly taken off the voter roll, who claimed he was one of hundreds in a town of just 4,000 whose voting rights had been arbitrarily abridged. Such goings-on in Shelby County would disabuse authorities, one would think, of the notion that the time was right for challenging the continued presence in the law of Section 5.

Who knows, maybe it's simply that the current players don't or can't connect to the lay of the land back when the Voting Rights Act became necessary...

Viewpoint

By Les Slater

can't identify with the gargantuan leap required of President Lyndon Johnson to sign off on it and a Congress steeped in reaction to any such markers of a progressive thrust. In truth, a Voting Rights Act should not have been required. The Fifteenth Amendment to the Constitution, ratified in 1870, prohibited denying the right to vote on the basis of race. Single-minded determination to get around or just ignore the Amendment, most notably in the South, wasn't long in coming, and the atrocities that surrounded the denial of voting rights to people of color would be comprehensively addressed only with the landmark 1965 legislation. Not surprisingly, it was challenged in court right quick, the Supreme Court, in upholding the Act in 1966, declaring it was "a response to insidious and pervasive evil which had been perpetuated in certain parts of our country through unremitting and

ingenious defiance of the Constitution."

The Voting Rights Act was one of the main pillars of social change authored by Congress and the Earl Warren-led Supreme Court, whose far-reaching impact included a turnaround of political affiliation in the South. Sharp distinction between the Democratic Party in the South and elsewhere became dramatically obvious and Southern white support switching to the GOP was an inevitable consequence. Conversely, the liberation the Act represented for people of color made possible the election in unprecedented numbers of folks from that demographic to local and Congressional office, as Black voter participation zoomed. It is, in sum, impossible to overstate the importance of the Voting Rights Act as a powerful tool in the leveling process in American society.

Even without the anecdotal evidence reported in the Times article of voter roll tampering, the Shelby County claim (joined in its suit by the State of Alabama) of Section 5 being now dispensable, would seem a hubristic reach. Proceeding with a court challenge well knowing that the county has

not cleaned up its act, if that's indeed what the principals are doing, is beyond weird. Not only in light of those alleged transgressions in Shelby County, but given the tenor of the times, following all the accusations of skullduggery at the polls in November.

Still, it's a different court to which this pilgrimage is being made. Back in 1966 it was the court of Warren, Hugo Black, William O. Douglas and other titans, who were pivotal in the dismantling of barriers to equal opportunity. It would have been pretty much even money as to how that early challenge to the Act was going to be disposed of. With today's Roberts court, hedging bets would be a prudent way to go. We shouldn't be surprised if this court finds validity in Alabama's contention that having to get federal preclearance before making voter roll changes is an unwarranted federal government intrusion.

From here, though, it's a no-brainer. As the fellow cited by the Times -- a long-time Democratic Party figure in the town of Evergreen -- put it: "We need Section 5 because there are still bad actors." Better believe it.

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Toxic chemical industry

Continued from page 10

support “green” building. Perhaps next they’ll suggest that their products only increase your odds of developing “green” cancer.

While they claim LEED is not consensus-based, this is demonstrably false. Any revision to the LEED standard must be approved through a democratic balloting process open to all 14,000 members of USGBC. These members are architects, engineers, builders, contractors and product manufacturers.

In fact, the ACC and many of its member companies are participating in the LEED development process. But when the professionals who purchase building materials began to suggest that a LEED credit be available for purchasing healthier building materials, sud-

denly the process is flawed, and not consensus-based.

In the real world, when your customers ask for something, you don’t lobby against their right to buy what they want, do you?

Let’s hope these companies wake up and start to reign in their out-of-control trade association before people really start to notice who’s behind the curtain.

Green buildings are about more than energy and water conservation; they must also include consideration of human health. Hospitals have started to lead the way. The Health Product Declaration, an independent, open-source methodology for declaring content of building products, is ushering in a new age of transparency in corporate reporting. The Healthier Hospitals Initiative recently released targets for safer

products that include credit for avoiding chemicals of concern in interior furniture. Major manufacturers of health-care building products have begun substituting PVC and phthalate plasticizers with safer alternatives. These firms are innovating and capturing market share.

While the ACC protests these LEED credits, we would venture to say their innovative members are investing in R&D to move to safer alternatives precisely because of these initiatives. The construction industry needs the USGBC and LEED; citizens do, too. Someone has to make the push to get these chemicals out of our faces.

Guenther FAIA is a principal, focused on health care architecture, at Perkins+Will, a global design firm.

Long Island College Hospital appeal

Continued from page 10

out Massachusetts, New York, New Jersey, Maryland, Washington, D.C. and Florida

Our mission is to achieve quality care and quality jobs for all.

The New York State Nurses Association is the voice for hundreds of thousands of frontline nurses.

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Jill Furillo, RN

Executive Director, New York State Nurses Association

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DHL

Continued from page 3

onto DHL until it cleans up its act and begins to abide by its stated corporate social responsibility aims, the models and the UNI and ITF officials handed out leaflets that read:

“Hello London Fashion Week visitor,

“We know you care about where your clothes come from and that they’re ethically sourced and produced.

“But what about the companies that deal with the delivery of fashion? Do they care?”

“Deutsche Post DHL is a major sponsor of London Fashion Week and its official logistics provider. DHL employees are a crucial part of the fashion supply chain.

“But ... did you know that DHL has illegally fired workers in Turkey and used lie detectors against staff in Colombia, Panama and South Africa? Did you know that it has relied on agency workers

to work on lower wages and with no job security in the UK, Malaysia, Indonesia and India? One DHL company was even fined after staffing a US factory with students who thought they were on a cultural exchange.

“If you love fashion and don’t like what you’re reading here why not visit www.respectatlfw.org, where you can see how to raise your concern with DHL management? Or you can find out more from the person who handed you this leaflet.”

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OP-EDS

NYPD Stop and Frisk program

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4,092 more New Yorkers would have been murdered last year. That's every person in this room and enough to fill up a few thousands seats in the arena behind me. We know stops save lives. Is there anyone here who would sacrifice his or her life, and the lives of their family and friends, to end stops? I don't think so.

"We can't let politics trump public safety and for the next 320 days at least, we won't.

The Truth:

1. There is no correlation between stop-and-frisk and gun violence and thus no evidence it is responsible for the decline in murders or saving lives.

Despite the 600 percent increase in stop-and-frisk between 2002 and 2011, the number of gun violence victims in New York City has remained at nearly the same level.

* In 2002, when there were 97,296 stops there were 1,892 shooting victims. In 2011, when there were 685,724 stops, there were 1,821 shooting victims.

* There are several examples of the use of stop and frisk and gun violence victims increasing in the same period – as well of both decreasing in the same period – indicating the lack of causality. Most recently in 2012, when stop-and-frisk decreased, gun violence and murders also declined.

Additional documentation:

<http://www.dnainfo.com/new-york/20120605/new-york-city/stop-and-frisks-have-done-little-reduce-shootings-nypd-data-shows>

2. There is no evidence that stop-and-frisk is responsible for the decline in crime in New York City.

In fact, increasing study shows that 'broken windows' policing and its tactics like stop-and-frisk are not responsible for the decrease in crime.

Additional documentation/studies:

<http://www.theatlanticcities.com/politics/2013/02/was-nypd-really-responsible-new-yorks-famous-drop-crime/4616/>

<http://gawker.com/5983046/the-nypd-probably-didnt-stop-all-that-crime>

3. Even with Commissioner Kelly's new "training and accountability policies," there is significant evidence that stop-and-frisk is still violating the rights of hundreds of thousands of New Yorkers. 90 percent of those stopped are not arrested or summonsed, and 90 percent are Black or Latino.

"It's disappointing that the mayor is comfortable with his legacy being a leader of this city who systemically violated the rights of millions of New Yorkers through his administration's discriminatory use of stop-and-frisk," said Council Member Jumaane Williams.

The Bloomberg administration's obsession with the use of stop-and-frisk is discriminatory, illegal and fails to make us any safer, yet he is unrelenting. It is a shame that his obstinance is so irrational it can overshadow real success where he deserves credit. Unfortunately, in many ways Bloomberg's approach to our communities with respect to policing is worse than Rudy Giuliani, who wasn't as good with PR."

"Mayor Bloomberg continues to suggest the falsehood that stop-and-frisk has prevented people from being victimized by gun violence," said Joo-Hyun Kang of Communities United for Police Reform. "It's simply not true: despite the 600 percent increase in stop-and-frisk from 2002-2011, gun violence has remained at nearly the same level during that period. It's disappointing our mayor continues defending the violation of some New Yorkers' rights and justifying this government-led discrimination.

"We applaud his announced plan to end overnight custody for low-level marijuana arrests, but wish he had acknowledged that many of those arrests are the direct result of unwarranted stops and unlawful searches. Our city needs leadership that respects the rights of all New Yorkers – the City Council should pass the Community Safety Act and we must turn the page on the discriminatory, stop-and-frisk policing

regime of the Bloomberg administration."

"Contrary to Mayor Bloomberg's wishful thinking, the NYPD's own data shows that the massive spike in street stops has done little to remove firearms from the streets," said Donna Lieberman, executive director of the New York Civil Liberties Union. "Instead, it has violated millions of people's constitutional rights and sown distrust between communities of color and the police. New Yorkers need policing practices that keep all of our communities safe while respecting the fundamental rights and liberties of every person, young and old, black and brown."

"The mayor is warming up his talking points and getting ready for the day next month when the NYPD's discriminatory stop and frisk policy will finally be put on trial in a court of law," said Center for Constitutional Rights Executive Director Vincent Warren. "There has never been a causal link proved between lower homicide rates and stop and frisk, yet the Mayor and his officials repeat the claim ad nauseam hoping that if they say it often enough it will somehow make it fact. He should come to the table and solve this citywide crisis with everyone who has a stake in the issue instead of continuing to defend a policy long since discredited."

"New York City became the marijuana arrest capital of the world on Mayor Bloomberg's watch because of the sharp rise in the NYPD's use of stop and frisk. That's why Governor Cuomo said ending marijuana arrests is part of stop and frisk reform, even if Bloomberg fails to acknowledge the link," said Alfredo Carrasquillo of VOCAL-NY. "The vast majority of marijuana arrests in this City, which primarily target young people of color even though white youth are more likely to use marijuana, is the direct result of unconstitutional searches that are often part of stop and frisk encounters. To be clear, marijuana in 'plain view' usually means marijuana that is produced during an illegal search by the NYPD."

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What an American-US Airways merger means for you

By Scott Mayerowitz

NEW YORK (AP) — While American Airlines and US Airways announced plans to merge Thursday, it will be several months — if not years — before passengers see any significant impact.

Passengers with existing tickets on American or US Airways — and members of both frequent flier programs — shouldn't fret. No changes will come anytime soon.

American's parent company, AMR Corp., is still under bankruptcy protection and will need the court to approve the deal. US Airways shareholders will also have to vote for a merger. Then the Department of Transportation and the Justice Department must sign off. Finally, once a deal closes, the new company could operate two separate airlines for a number of years.

When the airlines finally do merge, here's what passengers can expect:

AIRFARE

During the past five years, the airline industry has seen the combinations of Delta with Northwest, United with Continental and Southwest Airlines Co. with AirTran. Further consolidation is likely to raise airfares. The



In this June 14, 2008 file photo, a woman waits in line with luggage to check in for an American Airlines flight at Reagan National Airport in Arlington, Va. It will be several months, if not years, before passengers see any significant impact from the American-US Airways merger.

AP Photo/Brian McDermott, File

price of a domestic round-trip flight has climbed more than 11 percent since 2009, when adjusted for inflation, according to the Bureau of Transportation Statistics.

The merger will give a combined American and US Airways Group Inc. the ability to increase fares. United, Delta and Southwest would be likely to follow. Although it could also pave the way for further expansion by dis-

count airlines such as Spirit Airlines Inc. and Allegiant Travel Co.

FREQUENT FLIER MILES

Your miles will be safe. After the merger is approved, the two airlines will likely combine the miles into one program and elite status from one airline will likely be honored on the other. That puts the occasional

traveler closer to rewards.

The merged carrier will continue American's participation in the One-World alliance, which was founded by American, British Airways, Cathay Pacific and Qantas. Today, it has 12 airlines including Finnair, Royal Jordanian and Japan Airlines. US Airways will leave the Star Alliance, which includes rival United Airlines, Lufthansa, Air

Canada and 24 other airlines. Alliances allow passengers to earn and redeem miles on partner airlines.

DESTINATIONS

A key reason for merging is to link both airlines' networks, creating a system on par with Delta Air Lines and United, part of United Continental Holdings Inc.

There is little overlap between the two airlines' existing routes. The combined carrier will offer more than 6,700 daily flights to 336 destinations in 56 countries, making it more attractive to companies seeking to fly employees around the globe with few connections.

US Airways passengers will gain access to American's international destinations, particularly London and Latin America. American's passengers will be able to better connect to smaller U.S. cities that US Airways serves.

The combined carrier will have considerable presence in New York, Philadelphia, Washington, Charlotte, N.C., Miami, Chicago, Dallas, Phoenix and Los Angeles. It is unclear how many of those cities will keep their levels of service. In past mergers, airlines have promised not to close any

hubs but have gone ahead and dramatically reduced service in once-key cities.

PASSENGER CONFUSION

The merger of two airlines often means confusion and hassle for customers. Which terminal or ticket counter do they go to for check in? If there is a problem with a ticket, which company should they call? For a while, United and Continental were issuing two confirmation numbers for each ticket so either airline's staff could make changes. Problems with the integration of their frequent flier programs angered many loyal road warriors and computer glitches caused repeated flight delays. It could be months, if not years, until all American and US Airways planes get a uniform paint job.

"These things are never as seamless as they seem," said Thomas Lawton, a professor of business administration at Dartmouth College's Tuck School of Business. "There will probably be some initial teething problems."

Scott Mayerowitz can be reached at <http://twitter.com/GlobeTrotScott>.

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SMALL BUSINESS RESOURCES

Small Business Energy | SmallBusinessEnergy.com

www.smallbusinessenergy.com/NewYork
Save on Small Business Energy Bills and Compare Rates. Get a Quote Now!

NYC Small Business Resource Center | The New York Public Library

smallbiz.nypl.org

Small Business Services - Empire State Development New York

www.esd.ny.gov/smallbusiness.html

Small Business - Business First - New York State

www.nyfirst.ny.gov/ResourceCenter/SmallBizMenu.html

2013 New York, NY Small Business Resource

www.sba.gov/sites/default/files/files/resourceguide_3135.pdf

Business Resources: Internet Bibliographies: New York State Library

www.nysl.nysed.gov/reference/busref.htm
Selected business-related web sites compiled by staff at the New York State Library for use in response to reference questions.

Start a Business in New York — Resources for New York Small Businesses

manhattan.about.com/od/careersjobs/a/nysmallbusiness.htm
Find resources and advice on starting a

business in New York City. Get information on New York business licenses and incorporation, free NYC resources for starting a business.

Your Money New York - Help and Resources for Small Businesses

www.yourmoneynewyork.com/helpresource/smallbusiness/index.php
This section of Your Money New York is designed to help small business owners — and New Yorkers interested in starting a small business.

Small Business Resources - The Business Council of New York

www.bcny.org/inside/smallbusiness.htm
Capital Business Blog - Read about the issues. Visit www.nyfirst.ny.gov to learn what New York State can do for businesses.

Resources for Businesses in New York City - bfindapc.com

www.bfindapc.com/...business-resource.../resources-for-businesses-i
If you operate a business in New York City, you are especially fortunate. The city has pulled together a wealth of resources for small business owners.

Small Business Resource Guide - New York - HUD

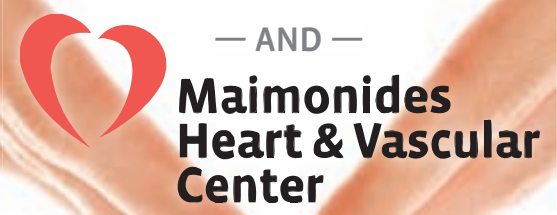
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Medical Center

New treatment for Coronary Artery Disease

(StatePoint) Whether you are at-risk for developing a heart condition or you're one of the 13 million Americans who suffer from coronary artery disease, arming yourself with the facts you need to stay healthy can help.

February is National Heart Health Month and it's a great time to learn about coronary artery disease, its symptoms and about the latest developments in treatment.

Coronary Artery Disease

Coronary artery disease is caused when plaque buildup creates blockages or narrowings in the arteries. The blockages restrict blood flow and reduce the amount of oxygen delivered to the heart, potentially putting a person at risk for a heart attack.

Common symptoms of coronary artery disease include chest pain, shortness of breath, fatigue and overall weakness.

Simple lifestyle changes can help prevent and manage coronary artery disease. These include managing obesity and high blood pressure, living an active lifestyle, making healthy dietary choices and stopping smoking.

HEALTH

Improved Treatments

Staying on top of the latest medical advances helps ensure you and loved ones secure the best treatment available.

One advancement in treatment is supported by new results from the FAME 2 Study funded by St. Jude Medical and published in the New England Journal of Medicine. The study found that use of a blood-flow measurement technology, called Fractional Flow Reserve (FFR) during treatment of stable coronary artery disease will result in better health outcomes.

FFR technology offers physicians a better assessment of where blood flow blockages occur in the coronary arteries and whether treatment to open an artery narrowing, along with medication, can help lower a patient's risk of chest pain and heart attack.

From less likelihood of a patient being readmitted to the hospital for urgent care, to a reduction in health care costs, FAME 2 research demonstrates that patients who receive FFR-guided treatment experienced



Consult your physician if you believe you have coronary artery disease.

Photo Source: (c) Ryan McVay - Think Stock

better outcomes than those treated with medication alone.

"The FAME 2 Study results offer further evidence that FFR should be considered the standard of care for treating patients with coronary

heart disease," said Frank J. Callaghan, president of the Cardiovascular and Ablation Technologies Division at St. Jude Medical.

If you believe you have coronary artery disease, consult your phy-

sician for additional information and to determine best treatment options.

More information on FFR is available at: www.sjm.com/ffr-factsheet.

A Healthy Heart Starts with You

In honor of American Heart Month, Montefiore Einstein Center for Heart & Vascular Care is offering free educational lectures and workshops, and free blood pressure, blood sugar and cholesterol screenings. Protect your heart from disease, and learn how to take better care of yourself.

Heart Health Educational Talk

Monday, February 25 | 2:00 pm
Montefiore Medical Group –
Comprehensive Health Care Center
305 East 161st Street, Bronx, New York 10451

Heart Health Education Workshops

Tuesday, February 26 | 10:30 am - Noon
Montefiore Medical Group –
Comprehensive Family Care Center
1621 Eastchester Road, Bronx, New York 10461

Heart Health Class

Tuesday, February 26 | 11:00 am – Noon
Montefiore Medical Group – Cross County
1010 Central Park Avenue,
Yonkers, New York 10704

Health Screening

Wednesday, February 27 | 9:00 am – 3:00 pm
Wakefield Hospital
600 East 233rd Street, Bronx, New York 10466

Glucose Screening

Wednesday, February 27 | 9:00 am – Noon
P.S. 103 Parents' Group
4125 Carpenter Avenue,
Bronx, New York 10466

Wednesday, February 27 | 10:30 am - Noon
Montefiore Medical Group –
Comprehensive Family Care Center
1621 Eastchester Road, Bronx, New York 10461

Heart Healthy Food Demonstration

Thursday, February 28 | 10:30 am – Noon
Montefiore Medical Group –
Comprehensive Family Care Center
1621 Eastchester Road, Bronx, New York 10461

If you are interested in attending a Heart Month event, simply show up on the day at the correct time. You do not need to register beforehand unless it is otherwise specified.

www.montefiore.org/heartmonth

Montefiore

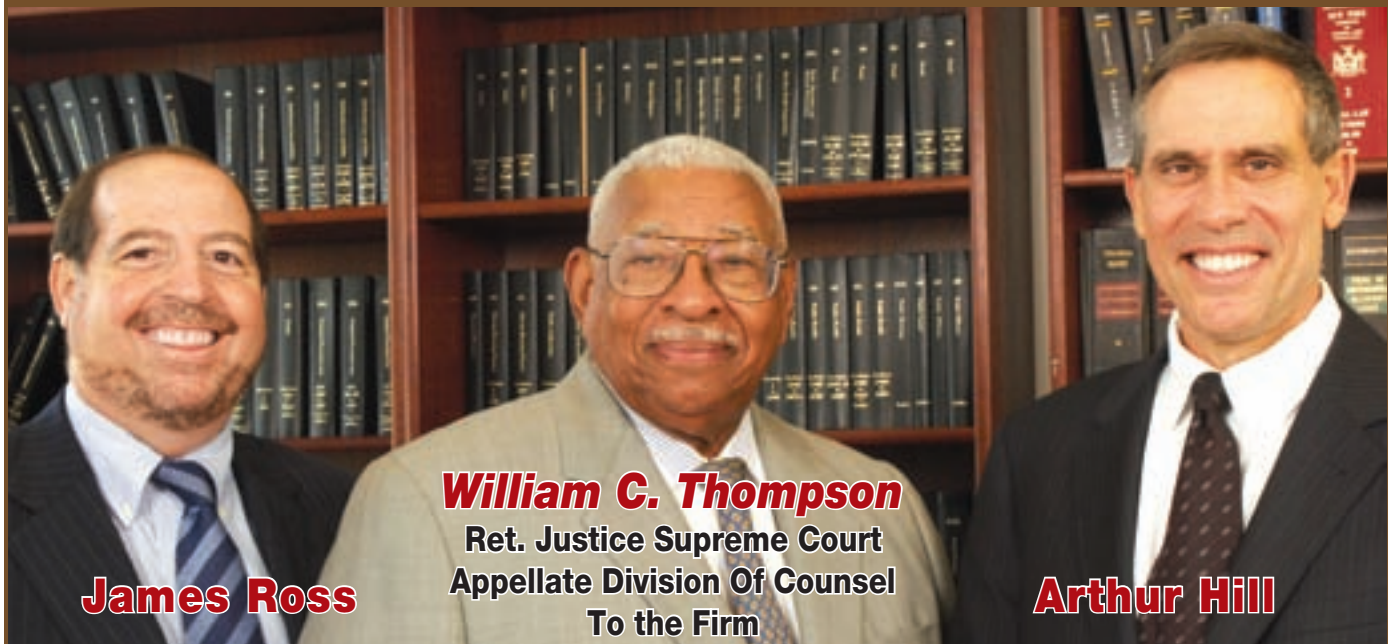
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Easy tips for improving men's overall health

(StatePoint) This year, millions of personal promises for self-improvement will be made - and then broken soon after. But there is one commitment that all men should keep: to maintain a healthy lifestyle.

Prostate cancer is the most common non-skin cancer in America, affecting one in six men, according to the Prostate Cancer Foundation. In addition, heart disease killed 26 percent of the men who died in 2006. And half of the men who die suddenly of coronary heart disease have no previous symptoms, according to the Centers for Disease Control and Prevention (CDC).

There are many simple ways men can reduce their risk for life-threatening health conditions. Aspire to improve your health and better your life with these easy tips.

Get Checked

Sometimes improving your health is as simple as a trip to the doctor. As you age, the likelihood of being diagnosed with prostate cancer increases significantly. Men

HEALTH

over 40 should begin discussing their prostate health with a physician. Catching prostate cancer in its earliest stages can greatly improve a man's chance at survival, so it's important to be proactive and talk to your doctor about your prostate health. You can learn more about risk factors and prevention on the Prostate Cancer Foundation's website at www.PCF.org.

Eat Healthy

Choosing healthy snacks and avoiding fatty meals can help reduce your risk of heart disease, diabetes and certain forms of cancer. Foods that are low in saturated fat and dietary cholesterol and high in fiber can help prevent high cholesterol, according to the CDC. Additionally, several studies suggest that eating fish can help protect against prostate cancer because they have "good fat," par-

ticularly omega-3 fatty acids.

Exercise

Maintaining a healthy weight is crucial to preventing heart disease. Physical activity will help lower your blood pressure and cholesterol. According to the Surgeon General, adults should engage in moderately intense exercise for at least 30 minutes a day. By maintaining a healthy weight, you will also lower your risk for diabetes.

Relax

Don't sweat the small stuff. Reducing your stress at work and at home can help improve your overall health and lead to a longer, happier life. Seek medical treatment for stress, high blood pressure, high cholesterol and depression. Treating these conditions may save your life and have been shown to improve survivorship in prostate cancer.

These are goals to start working towards. Now is the perfect time to make changes to improve your health.



Choosing healthy snacks and avoiding fatty meals can help reduce your risk of heart disease, diabetes and certain forms of cancer.

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■ **I was skeptical.** I bought a box and it worked as advertised. Within a week I had relief. Howard Toy, 69, Henderson, NV ■ **It's heaven to sleep through the night.** For many years I had 6-7 sleep interruptions every night. Had urgent trips to the bathroom day and night with discomforts. I enjoy my new life. Angus Pike, Oshawa, ON ■ **I am truly amazed and relieved.** After 2 weeks I no longer have to get up during the night. I'm enjoying a normal sex life again. I hope a lot of men with a pride issue give this tea a shot. It's difficult to express how delighted I am. Clarence A. Rehrig, 58, Allentown, PA ■ **Know the truth.** This is my third year of drinking the Ezee Flow Tea. I highly recommend it. A real life saver. Thomas M. Thurston, Forsyth, GA. ■ **Women** suffering with incontinence, UTIs ask for Bladder Control Tea for Women #4b. Guaranteed relief within days. **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**



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■ **Bell Blood Pressure Formulation helped me feel great.** Thank you for this wonderful product. William Oliver, Portsmouth, VA ■ **I have been taking Bell #26 now for one year.** My mom and brother started taking it as well. Even my pastor is on it now. Thanks! Mary Earl, Longview, TX ■ **I started to take Bell Blood Pressure Formulation Formulation #26.** After about 30 days my blood pressure was normal. My doctor was very happy with me. Irene Surridge, 67, Owen Sound, ON ■ **A friend recommended Bell BP Formulation!** When a friend had good results I decided to try it. After taking Bell Blood Pressure Formulation #26. It made a difference in my life. Milton Perdomo, 68, Rego Park, NY. **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**

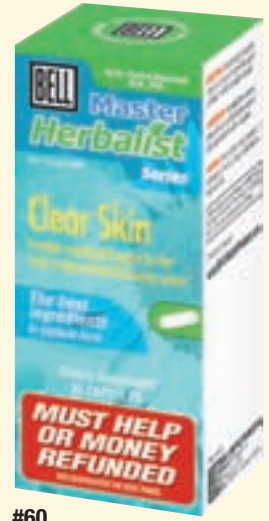
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Last couple of years I tried everything. Results with Bell Skin Disorders #60 were unbelievable. I have beautiful skin again. Thanks for giving back my selfesteem. Nelisa Royer, 28, Doral, FL ■ **My mom bought Bell #60.** I was skeptical. It did work quickly and better than anything else. Christopher Seraphin, 14, Brooklyn, NY. ■ **It worked.** I no longer have to hide at home, because I was ashamed to be seen. Agnes Casillas, 60, New York, NY ■ **Can wear again dresses** that are backless. My skin looks fantastic. Thank you from the bottom of my heart. Yvette Maclean, 40, Lodi, CA ■ **I was trying everything for years** and nothing worked. I felt physical and emotional pain having to hide. Finally I found your Bell #60. I'm so grateful and impressed about how fast it worked with amazing results. Eulalia Isabel Sanchez Martin, 30, Brampton, ON **Skeptics can call everybody. All are real people like you or your friends.**



#60

SNORING?

As recommended by Dr. Gifford-Jones M.D.



#23

Here is proof that snoring can be corrupting your health and your marriage. Three out of 10 couples are considering divorce because of snoring says a major magazine article. You are not alone! An official survey says 48% of all people snore. 75% are affected, if you add non-snoring husbands that have snoring wives or vice versa. Snoring is caused by slack muscles in the throat. A common complaint is that people feel that they are not well rested in the morning. Many people wrote they are now sleeping like a babies. Their partners are delighted. This natural health product Sound Sleep #23 usually helps the first night. No side effects.

■ **College professor had lack of good sleeps with many interruptions** for last 8 years that made her tired during the day. Within 3 days taking Bell Sound Sleep #23 the terrible snoring stopped. I wake up feeling refreshed and energized. I can concentrate in a focused, happy manner. I feel delighted with this natural product. Dr. Anele E. Heiges, 77, New York, NY ■ **A life changing product.** The very first night I took the capsules and every night after I had a restful and wonderful sleep. It has been a God send and blessing. I am by nature a skeptic. The money-back guarantee convinced me to try it. Jimmy Pay, 53, Gardendale, AC ■ **3 Years on Bell Sound Sleep #23.** My wife and I are entirely satisfied. Snoring episodes have completely disappeared. This has improved our lives enormously. Leo Fortin, 60, St-Georges, QC ■ **Basically you saved my husband's life.** For the last 5 years my husband had very bad nights. Bell #23 was nothing short of a miracle. I have my husband back. No more snoring. No more napping during the day. I am telling all our friends. Bonnie Johnson, 64, Wichita, KS ■ **My life changed. Sleep now 7-8 hours.** I am a retired college professor and author of books. I have no more need to nap during the day. Nothing I tried helped until I started Bell Sound Sleep. I am so delighted with this product I would like to make motivational speeches to help others. Carmen V. Caruso, 66, Ann Arbor, MI **On the Bell Website we list phone numbers or email addresses of actual users of this product and all other Bell products. Most are delighted to talk about their relief.**



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CARIBBEAN ROUNDUP

Continued from page 2
secure ever.

Speaking at a press conference at the Ministry of National Security Office in Port of Spain, Warner said in terms of security and safety there has been "no Carnival like this before."

"From all reports it will seem that the security of the country during the Carnival period seems to be something that was unsurpassed, unparalleled in terms of its implementation."

He said that except for Tuesday night (10:00 p.m.) when there was a murder in Port of Spain, by and large the events before

the Carnival and during the Carnival passed out almost totally incident free.

Warner said the crackdown on crime for Carnival did not happen by luck or chance.

"It was based on deliberate planning. It was based on the kind of strategies which the police and the army had carried out and most importantly, it was based also to a large extent on the cooperation of the people to work with the law officers," he said.

Warner said if this collaboration continued Trinidad and Tobago can expect a transformation in terms of crime.

Compiled by Azad Ali

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Monitoring and maintaining a low blood pressure is one way people with diabetes can keep their kidneys healthy.

Maintaining healthy kidneys imperative for diabetics

Among the numerous side effects of diabetes is damage to the kidneys. Diabetes typically damages the blood vessels in the kidneys, making it difficult for the kidneys to filter the blood as well as they can when individuals are fully healthy.

Such damage is often gradual, occurring over many years. But damage done to blood vessels over the years can eventually cause the kidneys to stop working. That only highlights the emphasis people with diabetes must place on keeping their kidneys healthy. Fortunately, there are many steps diabetics can take to keep their kidneys healthy.

- Get tested. According to the National Kidney Disease Education Program, early kidney disease has no symptoms. It's not uncommon for people to feel completely healthy one day, only to learn the next day that their kidneys have almost stopped working entirely. While this sounds frightening, it doesn't have to be. All it means is people with diabetes need to get their blood and urine checked

for kidney disease. People with type 2 diabetes should get tested every year, while those with type 1 diabetes should get tested every year starting five years after their initial diabetes diagnosis.

- Maintain low blood pressure. High blood pressure is another contributor to kidney disease. The kidneys actually help the human body control blood pressure, and it's important for people with diabetes to maintain a low blood pressure to avoid succumbing to kidney disease. Staying physically active, eating healthy, and limiting alcohol and caffeine intake are some of the many ways to maintain low blood pressure.

- Monitor cholesterol levels. When diabetes is diagnosed, an individual's doctor will discuss a number of things. A healthy cholesterol level will likely be brought up during that discussion. To maintain healthy kidneys, it's important for individuals with diabetes to monitor their cholesterol levels and keep them in their recommended target range. An appropriate

range is almost certain to be brought up by the diagnosing physician, but if it's not don't be afraid to bring it up. The doctor might even suggest a healthier diet that helps reduce what's considered "bad" cholesterol.

- Reduce sodium intake. Cutting back on salt is a good idea for most people, but even more so for people with diabetes. Excessive sodium intake can cause high blood pressure, which can lead to kidney disease.

- Visit the doctor. People with diabetes who have their condition under control should still make routine visits to their physician's office. As previously mentioned, kidney damage is often gradual and without noticeable symptoms. While people with diabetes might feel they have their condition under control, there might be lingering problems of which they are unaware. Catching kidney disease early can slow its progress and keep kidneys healthy for a longer period of time.

For more, visit the National Kidney Disease Education Program at www.nkdep.nih.gov.



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Ailing Chavez returns to Venezuela from Cuba

By Fabiola Sanchez and Ian James

CARACAS, Venezuela (AP) — President Hugo Chavez returned to Venezuela early Monday after more than two months of treatment in Cuba following cancer surgery, his government said, triggering street celebrations by supporters who welcomed him home while he remained out of sight at Caracas' military hospital.

Chavez's return was announced in a series of three messages on his Twitter account, the first of them reading: "We've arrived once again in our Venezuelan homeland. Thank you, my God!! Thank you, beloved nation!! We will continue our treatment here."

They were the first messages to appear on Chavez's Twitter account since Nov. 1.

"I'm clinging to Christ and trusting in my doctors and nurses," another tweet on Chavez's account said. "Onward toward victory always!! We will live and we will triumph!!"

Vice President Nicolas Maduro said on television that Chavez arrived at 2:30 a.m. and was taken



Supporters of Venezuela's President Hugo Chavez celebrate his return, outside the Carlos Arvelo Military Hospital in Caracas, Venezuela, Monday, Feb. 18, 2013. AP Photo/Fernando Llano

to the Dr. Carlos Arvelo Military Hospital in Caracas, where he will continue his treatment.

Chavez's announced return to Caracas came less than three days after the government released the first photos of the presi-

dent in more than two months, showing images of him looking bloated and smiling alongside his daughters. The government didn't release any images of Chavez upon his arrival in Caracas, and unanswered questions

remain about where he stands in a difficult and prolonged struggle with an undisclosed type of pelvic cancer.

Chavez was re-elected to a new six-year term in October, and his inauguration, originally sched-

uled for Jan. 10, was indefinitely postponed by lawmakers in a decision that the Supreme Court upheld despite complaints by the opposition. Some speculated that with Chavez back, he could finally be sworn in.

Government officials didn't address that possibility.

Maduro said Chavez has been in a "continuous battle" and that additional details will be provided about his condition later.

Hundreds of Chavez supporters celebrated his return in downtown Caracas, chanting his name and holding photos of the president in Bolivar Plaza. A man holding a megaphone boomed: "Our commander has returned!"

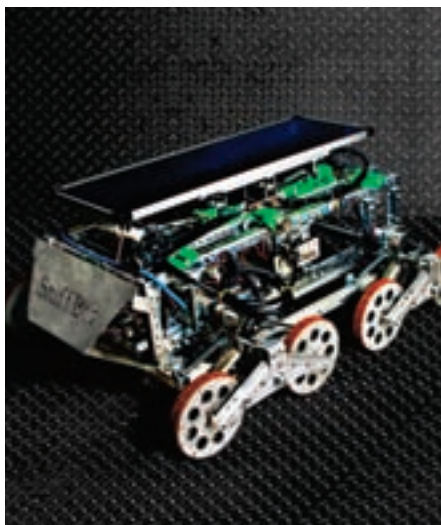
Supporters also celebrated outside the hospital, where a sign atop the building is adorned with a photo of Chavez. They held up a flag and a poster showing the president, and chanted: "We're all Chavez!"

Chavez's precise condition and the sort of cancer treatments he is undergoing remain a mystery, and speculation has grown recently that he may not be able to stay on as president.

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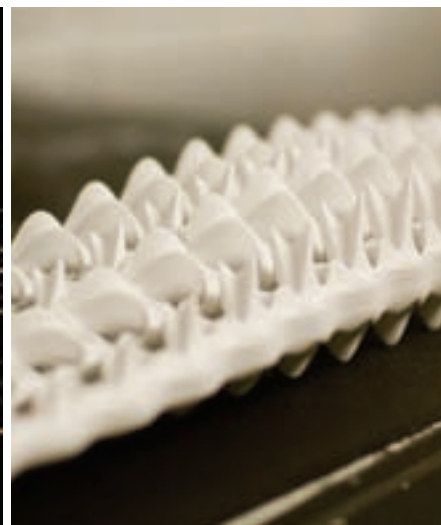
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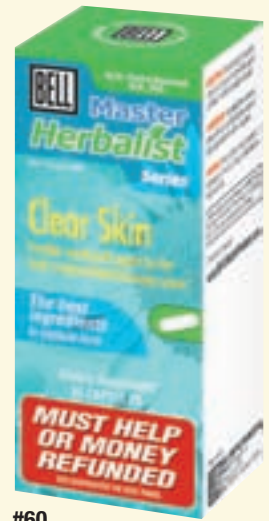
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Black Angels Over Tuskegee

By Deandra Shuler

Black History month gives African Americans and others of color the opportunity to reflect back on the tales of our ancestry and focus on the current struggles and challenges of people of color in America. We have weathered the storms bravely, perhaps coming out on the other side a little tattered and worn, but surviving the torrent seas, made a little stronger, a little wiser and with an eye towards a brighter future. Our victories are not won easily. In many cases, those who came before had to suffer greatly, paying a high price to emerge victorious. From time to time, we look at ourselves judging harshly, missing the accomplishments and strive we as a people have made that highlight our greatness. Black History month reminds us.

It seems the world these days has invested in war. Mankind continues to play out an age old battle of one-upmanship wherein no one wins. We teeter on the brink of WWII with even more sophisticated

war tools via nuclear, chemical and biological weapons. High-level aircraft such as the F-117A stealth planes, A-10 Thunderbolt II, Lancer supersonic, et al, are a far cry from the PT-17 Stearman, BT-13, AT-6 Texan and the P-40 War Hawk, the Tuskegee airmen flew during WW2.

Those who lust for and instigate wars, forget these wars are oftentimes fought by our children; men and women that feel real pain, fear and soul crushing trauma as the aftermath.

Layon Gray's "Black Angels Over Tuskegee" takes us back to another era, wherein men unquestionably saw it as their patriotic duty to fight for God and country. In many ways, colored/Negro men (as they were known then), really had no reason to fight for America given their status as second class citizens, the prevailing Jim Crow Laws that kept them segregated and the atmosphere of hatred that predominated over people of color in this country. Yet, they went to war, giving up their lives

in many cases, so that this country could one day rise to the credo they espoused that "all men are created equal." Although, America has still not lived up to this claim in entirety.

The Tuskegee Airmen were young men who enlisted at a time when there were many people who thought that black men lacked the intelligence, skill, courage and patriotism to fly planes. In 1941, at a time when the law of the land was "white supremacy," six Black cadets out of thousands of applicants were determined to become airmen. They entered into basic flight training at Tuskegee Army Air Field, under white Southern military instructors. Nearly 1,000 Black airmen were eventually trained and sent overseas to North Africa and to fly escort planes for whites who flew bomber planes over Germany. President Franklin D. Roosevelt was pressured by the Black press and NAACP, to recruit black men into the ranks of the Air Corp. Roosevelt did it

as an experiment but expectations for the experiment to succeed were low. Whites, due to their bias, did not feel African Americans could meet the challenge. Yet, these airmen far exceeded expectation and performed with bravery and excellence. In fact, due to their exemplary skills the Tuskegee Airmen paved the way for the civil rights movements of the 1950s and 1960s, despite having to fight racism within the military, from their white counterparts and racism at home.

Thaddeus Daniels narrates the play introducing the audience to Quenten (Layon Gray); Abe (Thom Scott II); Theodore (Ananias Dixon); Elijah (Delano Barbosa); Jeremiah (Melvin Huggnagle) Percival (David Roberts) and Craig Colasanti as Major Roberts. The cast does a fine job of painting an intimate portrait of each character. Thus, the audience cannot help but be drawn in, feeling the airmen's pains and joys vicariously.

Playwright and actor Layon Gray does a masterful job in



The Tuskegee Airmen

bringing the airmen to life. We love the innocence of the music loving Theodore and the brotherly love between the sickly Quenten and volatile Abe. Melvin Huffnagle as Jeremiah, the no-nonsense recruit, is initially unfriendly, but later learns to love his fellow airmen. Elijah (Barbosa) and Percival (Roberts) are the peacemakers and thread holding the men together. Each shows their strength through their love, vulnerability and via their loyalty. We want to protect them but we can't. This play is a warm reminder that if you do not know where you came from, you cannot know where you

are going. It truly exemplifies the expression: "Greater love has no man than to lay down his life for his friends." (John 15:13).

Black Angels Over Tuskegee is inspirational. It's humorous and memorable. A play if seen before, you want to see again. I suggest you do. It's playong for two more weekends: March 8 and Match 15. Tickets are \$36.50 and are available at Telecharge.com or by calling 212/239-6200. Performances are at 8:00 p.m., at the Actors Temple Theater (339 West 47th Street, between 8th and 9th Avenues in Manhattan) on Saturdays only.

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Fervent fans mark Marley's birthday

By David McFadden

KINGSTON, Jamaica (AP) — Hundreds of tourists joined dreadlocked Rastafarian priests, leading reggae musicians and some of Bob Marley's relatives at the late reggae icon's old house in Jamaica to mark the 68th anniversary of his birth Wednesday, Feb. 6.

Since his death from cancer in 1981 at age 36, Marley has become more than Jamaica's most famous musical export. The trailblazing

reggae songwriter's message of unity and respect for human rights remains a beacon of hope for some in this Caribbean nation chronically struggling with a sputtering economy and high rates of violence.

"It's the same struggle now as when he was alive. So his music, when you hear it, it's like he's singing today even though he died some 30 odd years ago," said Mutabaruka, a famed dub poet who attended the celebration along with

reggae singers like Sizzla Kalonji.

In the early morning light, some of Marley's relations and old friends danced and chanted to the pounding of Rastafarian drums in the yard of his Kingston home, which is now a family-run museum displaying his guitar, clothing and other memorabilia. Later in the day, Marley's songs were blasted from big speakers as people danced and chatted amid clouds of marijuana smoke.

Donisha Prendergast, a documentary filmmaker and artist who is Marley's eldest granddaughter, said her grandfather's message of "one love" and social revolution remains alive and well.

"I don't think most people here are really hearing it, you know? They know that his music is around and they are proud of it, but they don't live it. Because if they did, then we would be a stronger people, we would be stronger characters," Prendergast said.



Bob Marley's granddaughter Donisha Prendergast, right, dances to the sound of a Rastafarian drum, during the celebration of Marley's 68th birthday in the yard of his Kingston home, in Jamaica, Wednesday, Feb. 6, 2013. AP Photo/David McFadden

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BOOK REVIEW

'The House Girl'

By Terri Schlichenmeyer

You didn't think you'd ever stop looking.

You'd been searching for days for that one thing you needed – a fact, a document, a recipe, a key – and it was nowhere to be found. You tore the house up and... nothing.

And then you found it. Actually, you'd found it several days before: it was right in front of you all along, but you never really saw it.

Sometimes things get buried and it takes tenacity to sort them out. That's what happens in the new novel, "The House Girl" by Tara Conklin, where truth lies covered for over a century.

Lina Sparrow had always wanted to be a lawyer.

Her father, famed artist Oscar Sparrow, always claimed that said she made a good argument and, indeed, Lina thrived on the work she did as a first-level at Clifton & Harp, LLP. The hours were impossibly long and sleep was a hard-found commodity, but she felt privileged to work on cases she'd never forget.

Like the case she'd recently been handed.

One of the firm's biggest clients decided to bring suit against several large corporations in search of trillions of dollars in reparations for the descendants of African slaves. The client had gotten the go-ahead from the government to do it and, while the case would be pro bono, if they won, it would monumental. It would also cata-

pult Lina, her colleagues, and the firm into law history.

Lina only needed to find a connection from past to present, and damage done.

Seconds after Mister slapped her, Josephine knew that she would run again.

She knew he was struggling. Missus Lu was dying, there weren't enough slaves to bring in the crops, and Mister had to help in the fields himself. But there was no call for him to slap her, so Josephine started collecting a few things to take as she fled, including some drawings she'd made in Missus' studio.

She tried running years ago but her belly was big then, and the baby started coming before she could make it north to Philadelphia. She was told later that the child died, but Missus Lu had recently admitted otherwise.

Yes, Josephine had gone back to Bell Creek plantation once before.

She wasn't going to make that mistake again.

Although it's a little rough, and though there's some unnecessary (and sometimes ill-fitting) detail in the story, there's a lot of good inside "The House Girl."

Author Tara Conklin does an excellent job weaving two divergent stories together, connecting threads that strengthen as the story goes along. I particularly loved Josephine, perhaps because her quiet thoughts spoke so loudly.

For more, go to www.caribbeanlifeneews.com



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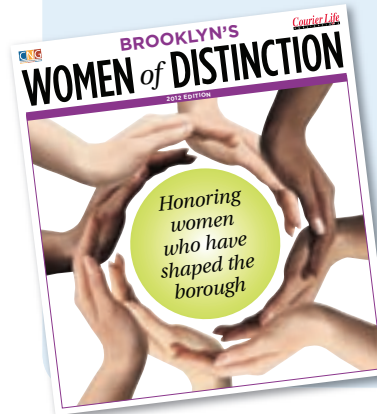
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Super Blue captures Road March title

By Azad Ali

Soca master Austin "Super Blue" Lyons captured his ninth Road March title with "Fantastic Friday," beating his nearest rival, defending champion, Machel Montano with a phenomenal score of 511 plays to 56.

Super Blue's runaway hit was most played on Carnival Monday and Tuesday at the seven judging points throughout Trinidad and Tobago.

Super Blue and Machel Montano had tied for first place in the International Soca Monarch 2013 competition on Fantastic Friday.

This marks Super Blue's ninth Road March title- his last won on the road being 2000's "Pump Up."

Montano took the Road March title last year with "Pump Yuh Flag." This year his song was "Float."

Super Blue's victory is being hailed by many as possibly the best comeback in

history of soca and since his return to the stage in 2013 after an absence of 13 years.

Super Blue's power hit was the most played song of a road march over the past three years and is believed to be the most played ever. JW and Blaze's "Palance" has the second highest plays in recent times with a total of 417 in 2010.

Super Blue's victory also makes him only the second artiste to win the Road March nine times, with the late Lord Kitchener (Aldwyn Roberts) holding the record of 10 victories. Slinger Francisco, best known as The Mighty Sparrow, held the title eight times.

Super Blue first won the Road March in 1980 when he sang under the sobriquet "Blue Boy" with "Soca Baptist."

His last victory was a tie with Iwer George in 2000 when he renamed himself

"Super Blue," which he now goes by.

Meanwhile, mas man Brian MacFarlane has made history as being the first bandleader to win the Large Band of the Year title seven years in a row, but it is a bittersweet victory as this is his last Carnival.

MacFarlane won with his presentation "Joy- The Finale" breaking the record held by the late bandleader Wayne Berkley who won the title six years in a row.

Mc Farlane said it was great knowing he won the title seven times.

"That's a great feeling to think in all the years of the history of Carnival we have to come to this that is an amazing feeling" he said.

Coming in second place was Ronne and Caro with their presentation "Mystery of the Cascadura" and third was Trinidad All Stars Orchestra with the presentation "Fleets In."

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Struggling Caribbean islands selling citizenship

Continued from cover

many Palestinians had not been recognized as a citizen of any country. That passport will help with travel for his job with a Brazilian food processing company, he said by telephone from Dubai.

Turmoil in the Middle East and North Africa has led to a surge of interest in programs that let investors buy citizenship or residence in countries around the world in return for a healthy contribution or investment. Most are seeking a second passport for hassle-free travel or a ready escape hatch in case things get worse at home.

Nowhere is it easier or faster than in the minuscule Eastern Caribbean nations of Dominica and St. Kitts & Nevis.

It's such a booming business that a Dubai-based company is building a four-

square-mile (10-square-kilometer) community in St. Kitts where investors can buy property and citizenship at the same time. In its first phase, some 375 shareholders will get citizenship by investing \$400,000 each in the project, which is expected to include a 200-room hotel and a megayacht marina. Others will get passports for buying one of 50 condominium units.

"The more they fight over there, the more political problems there are, the more applications we get here," said Victor Doche, managing director of another company that offers four condominium projects where approved buyers are granted citizenship in St. Kitts, which is less than twice the size of Washington D.C.

It's impossible to say how many people have used the cash for citizenship programs. Officials in

both countries declined to respond when asked by The Associated Press.

"Why do I have to speak on that?" said Levi Peter, Dominica's attorney general. "I have no explanation to give to AP."

But Bernard Wiltshire, a former Dominica attorney general, said there were already around 3,000 economic citizens when he left government about a decade ago. The country now has roughly 73,000 inhabitants in all.

"Investor visa" or citizenship programs are offered by many nations, including the United States, Canada, Britain and Austria. But the Caribbean countries offer a fast path to citizenship at a very low cost. The whole process, including background checks, can take as little as 90 days in St. Kitts. And there's no need to ever live on the islands, or even visit.

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■ **Bell Blood Pressure Formulation helped me feel great.** Thank you for this wonderful product. William Oliver, Portsmouth, VA ■ **I have been taking Bell #26 now for one year.** My mom and brother started taking it as well. Even my pastor is on it now. Thanks! Mary Earl, Longview, TX ■ **I started to take Bell Blood Pressure Formulation Formulation #26.** After about 30 days my blood pressure was normal. My doctor was very happy with me. Irene Surrige, 67, Owen Sound, ON ■ **A friend recommended Bell BP Formulation!** When a friend had good results I decided to try it. After taking Bell Blood Pressure Formulation #26. It made a difference in my life. Milton Perdomo, 68, Rego Park, NY. **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

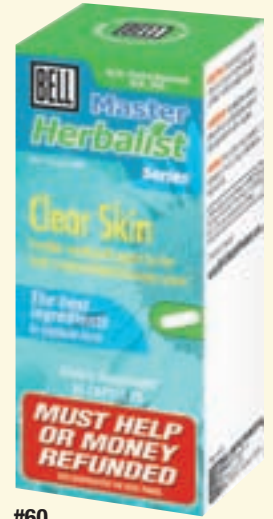
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Last couple of years I tried everything. Results with Bell Skin Disorders #60 were unbelievable. I have beautiful skin again. Thanks for giving back my self-esteem. Nelisa Royer, 28, Doral, FL ■ **My mom bought Bell #60.** I was skeptical. It did work quickly and better than anything else. Christopher Seraphin, 14, Brooklyn, NY. ■ **It worked.** I no longer have to hide at home, because I was ashamed to be seen. Agnes Casillas, 60, New York, NY ■ **Can wear again dresses** that are backless. My skin looks fantastic. Thank you from the bottom of my heart. Yvette Maclean, 40, Lodi, CA ■ **I was trying everything for years** and nothing worked. I felt physical and emotional pain having to hide. Finally I found your Bell #60. I'm so grateful and impressed about how fast it worked with amazing results. Eulalia Isabel Sanchez Martin, 30, Brampton, ON **Skeptics can call everybody. All are real people like you or your friends.**



#60

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As recommended by Dr. Gifford-Jones M.D.



#23

Here is proof that snoring can be corrupting your health and your marriage. Three out of 10 couples are considering divorce because of snoring says a major magazine article. You are not alone! An official survey says 48% of all people snore. 75% are affected, if you add non-snoring husbands that have snoring wives or vice versa. Snoring is caused by slack muscles in the throat. A common complaint is that people feel that they are not well rested in the morning. Many people wrote they are now sleeping like a babies. Their partners are delighted. This natural health product Sound Sleep #23 usually helps the first night. No side effects.

■ **College professor had lack of good sleeps with many interruptions** for last 8 years that made her tired during the day. Within 3 days taking Bell Sound Sleep #23 the terrible snoring stopped. I wake up feeling refreshed and energized. I can concentrate in a focused, happy manner. I feel delighted with this natural product. Dr. Anele E. Heiges, 77, New York, NY ■ **A life changing product.** The very first night I took the capsules and every night after I had a restful and wonderful sleep. It has been a God send and blessing. I am by nature a skeptic. The money-back guarantee convinced me to try it. Jimmy Pay, 53, Gardendale, AC ■ **3 Years on Bell Sound Sleep #23.** My wife and I are entirely satisfied. Snoring episodes have completely disappeared. This has improved our lives enormously. Leo Fortin, 60, St-Georges, QC ■ **Basically you saved my husband's life.** For the last 5 years my husband had very bad nights. Bell #23 was nothing short of a miracle. I have my husband back. No more snoring. No more napping during the day. I am telling all our friends. Bonnie Johnson, 64, Wichita, KS ■ **My life changed. Sleep now 7-8 hours.** I am a retired college professor and author of books. I have no more need to nap during the day. Nothing I tried helped until I started Bell Sound Sleep. I am so delighted with this product I would like to make motivational speeches to help others. Carmen V. Caruso, 66, Ann Arbor, MI **On the Bell Website we list phone numbers or email addresses of actual users of this product and all other Bell products. Most are delighted to talk about their relief.**



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<p>2009 HONDA PILOT EX</p> <p>BUY FOR: \$199</p> <p>PER MO./ 72 MOS @ 1.99% APR W/ \$2995 DOWN PLUS TAX & TAGS Stk# 72824, 36k mi.</p> 	<p>2011 MERCEDES C300^</p> <p>BUY FOR: \$249</p> <p>PER MO./ 72 MOS @ 1.99% APR W/ \$2995 DOWN PLUS TAX & TAGS Stk# 68924, 13k mi.</p> 

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2001	Toyota Corolla, 73k	17062	\$2,995	2003	Jaguar X-Type, 150k	70362	\$3,995	2003	Honda Civic Hybrid, 154k	001383	\$4,995
2003	Toyota Camry, 108k	67147	\$2,995	2006	Chevy Cobalt, 100k	70263	\$3,995	2005	VW Passat ndsmtr, 24k	69636	\$4,995
2001	Honda Civic, 87k	73406	\$2,995	2004	Nissan Sentra, 53k	UC16122	\$3,995	2005	Toyota Camry, 65k	62871	SAVE
2003	Hyundai, 63k	H1088	\$2,995	2002	Ford Escape, 97k	67450	SAVE	2003	Ford Mustang, 99k	63795	\$4,995
2003	Cadillac CTS, 145k	70281	\$5,995	2008	Toyota Corolla, 7k	43265	\$6,995	2007	Mazda 3, 5k	JU13340	\$7,995
2003	Jeep Cherokee, 136k	70605	\$5,995	2008	Chevy Trailblazer, 116k	62530	SAVE	2006	Cadillac CTS, 67k	JU12013	SAVE
2002	Mercedes C240, 112k	67680	\$5,995	2003	BMW x5, 110k	68755	SAVE	2007	Toyota Corolla, 92k	74352	\$7,995
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YEAR	MAKE/MODEL/MILES	STOCK /VIN	PRICE	YEAR	MAKE/MODEL/MILES	STOCK /VIN	PRICE
2006	Nissan Altima, 6K TMU	65610	\$6,995	2004	Toyota Highlander, 134k	69228	\$9,995
2007	Chevy Impala, 28k	42370	\$7,995	2011	Ford Escape XLT, 25k	74493	\$9,995
2009	Chevy Cobalt, 56k	65308	\$7,995	2008	Jeep Liberty, 17k	54235	\$11,795
2005	Nissan Quest, 60k	63458	\$8,995	2011	Nissan Rogue, 50k	69968	\$13,995
2010	Nissan Sentra, 46k	68559	\$9,495	2007	Lexus ES350, 53k	56974	\$14,888
2010	Chrysler Sebring, 38k	61787	\$9,995	2010	Infiniti G37, 30k	69927	\$19,995

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Youth Mentorship and Training

By Chudi Chukwudi

The Caribbean American Center of New York (CACNY) is sponsoring an additional segment of its very successful FREE Youth Ambassador Mentoring & Training Program (YAMTP).

Intake and registration take place on Saturday, March 2 at Brooklyn Job Corps Academy, 585 DeKalb Ave., between (Nostrand & DeKalb) 10:30 a.m. to 3:00 p.m. on a first-come, first-served basis.

Free gifts would be distributed to the first 20 students, including brand, new 26-inch adult bikes (one bike per family).

Additional gifts would be distributed to other students. Registration is expected by 3hu/1/13.

SAT & Regents Preparation & Tutoring:

CACNY will provide individualized preparation in all test areas to enhance students' chances for entry into reputable colleges or universities, plus an opportunity to qualify and compete for college scholarships from \$1,000 to \$5,000, as follows:

- Business & Social Etiquette
- CACNY Job Preparation: Coaching by experienced professionals in corporate businesses.
- Internships: Office & Specialty Skills: Offering: On the job training to students in general office skills, critical research, public relations, special events and marketing.
- College Financial Aid Seminars & Schol-

arships (both with requirements and limitations). Speakers from colleges, lending institutions and counselors.

• CACNY Sports Project: Co-sponsorship of Youth Cricket and Netball programs with NYC agencies

• CACNY Health & Nutrition Education Program.

• CACNY International Community Service Projects & Pen Pal Program

• Role Models of Distinction Scholarship Benefit Awards

"CACNY introduces youth to appropriate role models to influence positive goals and life decisions," says Jean Alexander, the CACNY executive director. "This is done through insightful seminars, mentoring & counseling, leadership development and training, participation in debates, special events, scholarships, special tours and interviews, as well as corporate, community and government internships."

In addition, CACNY sponsors educational visits to important institutions, including: The United Nations, City and State government offices, including the governor's, mayor's, City Council, government offices in Albany and Washington, DC, media & corporate offices.

All efforts are conducted with the support and cooperation of other established, non-profit organizations and government offices and are free of cost to participants.

For more information, call: 718-625-1515 or Email: adlamdiane3@yahoo.com & jpallex570@aol.com.

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Centenarian lauded at State of the Union Address

Desiline Victor received a standing ovation during President Barack

Obama's State of the Union Address. Cheered and honored for being the oldest individual ever invited to witness and hear a president lay out his agenda for the future in front of a joint session of congress, Victor was also distinguished for her determined effort to vote.

Born in Haiti in 1910, Victor could also be an example to politicians hesitant to further legislation regarding immigration.

She gushed as a Hall full of Democrats, Republicans, conservatives, liberals, and a myriad of politically ambitious individuals applauded her determination, endurance and spirited dedication to preserving democracy.

President Obama distinguished Victor's example of Oct. 28, 2012, the first Sunday of early voting in Florida when she went to vote at her polling place



Inside Life

By Vinette K. Pryce

inside a local library.

According to reports and the president's account, when she arrived at 10:00 a.m., she was told she would have to stand in line for approximately six hours in order to cast a vote.

Determined to vote, Victor stood in line.

The centenarian was not deterred from her mission.

Reportedly, her bold stance encouraged some who were becoming weary, to stand with her throughout the long wait.

Finally, the eldest among them was able to vote and after casting her ballot emerged from the building wearing a "I Voted" sticker to confirm her deed.

Reportedly, the crowd of thousands of waiting voters erupted into applause.

Victor reportedly arrived

in the United States in 1989. A naturalized U.S. citizen and a retired farm worker, Victor is now an indelible entry into U.S. history. She resides in North Miami and is allegedly known as "Granny" among the city's Haitian community.

Youngest Oscar Nominee Marks Black History Month

In celebration of Black History Month, First Lady Michelle Obama welcomed the youngest ever nominee for the best actress Academy Award and 80 middle and high school students to take part in an interactive student workshop with the cast and crew of the film "Beasts of the Southern Wild."

The first lady greeted



Desiline Victor, 102, of Miami is applauded by White House senior adviser Valerie Jarrett, right, and others, during President Barack Obama's State of the Union address during a joint session of Congress on Capitol Hill in Washington, Tuesday Feb. 12, 2013.

AP Photo/Jacquelyn Martin

Quvenzhané Wallis and members of the cast and crew of the film to share their experiences and answer questions from students.

The event took place on Feb. 13 in the State Dining Room, where the Presi-

dent's Committee on the Arts and the Humanities (PCAH) Executive Director Rachel Goslins moderated a discussion about the film, its production, and the inspirational themes within it that students can apply to their own lives.

Wallis made history at age nine when she was named the very, youngest to ever receive a best actress nomination for an Academy Award. Announced on Jan. 10 when she was distinguished for her role in the film, the news exploded throughout the globe when it was revealed that the nomination was also a first for her gender, age and race.

Wallis captured the role when she was only five-years-old.

She said the reason she auditioned was "I just wanted to try something."

In order to get an opportunity to act she was told to lie about her age.

But she said when asked she just could not tell that lie and gave the number five as her true age.

First-time director Benh Zeitlin cast her anyway.

The 85th Academy Awards will air live Feb. 24, on ABC-TV.

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Sweet Latin Sensations

Lehman Center for the Performing Arts in association with Sal Abbatiello of Fever Records presents for the seventh year in a row – FOREVER FREESTYLE 7 – on Saturday, March 2, 2013 at 8:00 p.m. To Latino teenagers in the late '80s and early '90s, Freestyle, a hybrid of Hip Hop and disco, was known simply as "Our Music."

This year's concert will feature Freestyle artists that made this genre a world-wide sensation, including TKA/K7, Judy Torres, Sweet Sensation, George Lamond, Brenda K. Starr, The Cover Girls, Giggles, Soave, Maribell, CNR Of Trilogy, Voyce and Shannon. The concert will also feature DJ Lucho and DJ 1ST Class, the comedian Mark Viera and will be hosted by Speedy and Sal Abbatiello.

Lehman Center for the Performing Arts is on the



TKA/K7, Brenda K. Starr and Judy Torres will be among the performers participating in the Forever Freestyle 7 concert at the Lehman Center for the Performing Arts.

campus of Lehman College/CUNY at 250 Bedford Park Boulevard West, Bronx, N.Y. 10468. Tickets can be purchased by calling the Lehman Center box office at 718-960-8833 (Monday through Friday, 10:00 a.m. – 5:00 p.m., and beginning at 12 noon on the day of

Continued on Page 38

Stunning designs at N.Y. Fashion Week

By Tangerine Clarke

Five diverse, emerging designers showed maturity in their various concepts, when they flooded the runway with stunning looks at the Rogues Gallery Presents Fashion Week event recently at the Hotel Pennsylvania, NYC. The collections were lavishly designed from leather, brocade, cotton, velvet, denim, Poly-Twill and printed fabric.

Designer Willie Hall is all about sophistication. After all, this designer has



Corinne Monique.

Photo by Tangerine Clarke

Continued on Page 38



It was all glitz and glamor for Masqueraders from the new band, Papparazzi Carnival, as they showcased their sections: Indecent Exposure, Entourage, Hot Hollywood, French Connection and Star Struck at Trinidad and Tobago's Carnival 2013.

Photo by Carol King

Glitz & Glamor, Music & Revelry

By Coral King

Trinidad and Tobago's world famous Carnival is no stranger to celebrity visitors. This year's edition of the festival which took place on Feb. 11 and 12 was no exception.

Some noted American celebrities with an ample dose of curiosity to experience the music, color, gaiety and splendor of the annual Trini extravaganza were quite noticeable

during the Carnival. Names such as Dulé Hill, Hollywood actor of Jamaican parentage, who portrays Burton 'Gus' Guster on the USA Network's popular television comedy-drama Psych and his compatriots and fellow actors Tatyana Ali, Vivica Fox, Damien Wayans, Darrin Henson, were among others who had a frolicking time in festivities which trumps Rio's in many respects, especially as it relates to the

integration of all people.

With very boyish excitement, Hill was boasting to this reporter that "my whining skills are up" as he demonstrated his version of the "whine", a local dance which places emphasis on the waist and the pelvic area, sometimes with strong sexual overtones.

Like the other starlets, he enumerated the various parties (fetes)

Continued on Page 38

TOP OF THE CHARTS

TOP 10 SINGLES



- 1 **I Knew You Were Trouble**
Taylor Swift
- 2 **Locked Out Of Heaven**
Bruno Mars
- 3 **Don't You Worry Child**
Swedish House Mafia Feat. John Martin
- 4 **Thrift Shop**
Macklemore & Ryan Lewis...
- 5 **Ho Hey**
The Lumineers
- 6 **Scream & Shout**
will.i.am Feat. Britney Spears
- 7 **Try**
P!nk
- 8 **Beauty And A Beat**
Justin Bieber Feat. Nicki Minaj
- 9 **Daylight**
Maroon 5
- 10 **Suit & Tie**
Justin Timberlake Feat. Jay-Z

TOP 10 ALBUMS



- 1 **Two Lanes Of Freedom**
Tim McGraw
- 2 **All That Echoes**
Josh Groban
- 3 **Babel**
Mumford & Sons
- 4 **Pitch Perfect**
Soundtrack
- 5 **The Lumineers**
The Lumineers
- 6 **The Afterman: Descension**
Coheed And Cambria
- 7 **Release The Panic**
Red
- 8 **Some Nights**
fun.
- 9 **The Heist**
Macklemore & Ryan Lewis
- 10 **Believe: Acoustic**
Justin Bieber

Presented by
verizon wireless

J'ouvert in T&T

Continued from page 37

he attended which are held as part of the pre-carnival activities. Hill, indicated that he attended "12 parties in five days: LIME, Brian Lara's Fete, Soca Monarch, and INSOMNIA to name a few."

When asked how he was able to cope due to lack of sleep, he exclaimed that he had become an honorary Trini and that he had learnt the art of postponing sleep until after the "last lap," which signals the end of the annual bacchanal.

One could understand why this "yankee", as Americans are called in Trinidad and Tobago, honestly believed that he was a hot-blooded native of the twin-island republic. Many patrons marveled at his energy and declared that he was actually "the life of the party." At the popular fete, "LIME" held at the Hyatt Regency hotel, he was on stage "winning" and dancing with local soca star, Faye Ann Lyons. This was only a mere three hours after he had landed at Piarco International Airport from icy cold New York.

On Carnival Tuesday, the honorary Trininis were able to keep up with the sun and fast-paced music of sweet soca, a deriva-

tive of calypso music, which were both created in Trinidad. They were part of several bands of masqueraders, including the new mas band, Paparazzi. Paparazzi Carnival's C2K13 collection highlighted consumers' obsession with glitz

When asked how he was able to cope due to lack of sleep, he exclaimed that he had become an honorary Trini and that he had learnt the art of postponing sleep until after the "last lap."

and glamour.

Tatiana Ali, whose father hails from Trinidad, was very emotional when she indicated that her dad always spoke of soca legend Super Blue, who after a hiatus of 13 years had returned to rule the Soca Kingdom, despite the rise of pretenders to his throne such as soca star Machel Montano. On television during the Soca Monarch competition, she was able to sing, very well, some lines from Super Blue's runaway hit, "Fan-



Hollywood actor of Jamaican parentage, Dule Hill (r) was "The life of the party" as he and his brother Bert get dirty during J'ouvert for Trinidad & Tobago's Carnival. Photo by Coral King

tastic Friday," which earned him a tie for first place with Montano. The veteran entertainer went on to

take the road march title, for the "most popular song" played on the Carnival days.

Fashion

Continued from page 37

dressed greats such as Diana Ross, Liz Taylor and Madonna. Her classic color-blocking pieces, stunning floor light gown of sheer velvet, and three-piece outfits wowed the audience.

The classic denim look was revamped and accented with studs, eyelets and pearls to glamour-up Diane Linton's collection of tailored suits, while Sehar Peerzada influence of traditional African, Asian, Native American and European all came together in a colorful and eclectic blend of sweeping wide-leg pant-suits, and dressed with hoodies, capes, and scarves. Her collections: Saharah, Urban Masala and Roc The Block were featured in the *Dubai Times*, *Ebony* and *Pakistani Glamour* magazines.

Brehon Williams' is a best Up-and-Coming award-winner, and it showed in his chic mix of leopard skin fabric and solid colors. He unveiled colorful flirtatious little frocks; body hugging dresses with slits, floor-length skirts and color-blocking tops.

Pakistan-born Tarique Tabani for 7T7, garnered loud applause for



Willie Hall Design. Photo by Tangerine Clarke

his fine men's-wear line that consisted of 41 innovative and skillfully crafted suits, cut from poly-twill, suede-cotton-striped fabric and corduroy.

Recognized as being among the top-20 emerging designers, Mikasa La Charles surely brought sexy back, with little mini dresses and skimpy shorts accessorized with knee-high stocks and garter stockings. The sewing instructor dressed up her models in floor-length gowns of velvet, snake-line fabric, tie-dye tights and tight-fitting leather pants.

Forever Freestyle

Continued from page 37

the concert), or through online access at www.LehmanCenter.org. Lehman Center is accessible by #4 or D train to Bedford Park Blvd. and is off the Saw Mill River Parkway and the Major Deegan Expressway.

TKA/K7 is a Latin-influenced Spanish Harlem hip-hop group that garnered success in the early '90s with their hit "Come Baby Come." Other hits include "Maria" (1982), "One Way Love" (1987) and "You Are the One" (1989). Led by K7 (Louis "Kavel" Sharpe), the former lead vocalist of the Freestyle super-group TKA, TKA/K7 also features DJ Non-Stop, Prophet, Tre Duece and LOS.

Judy Torres, known as the "Queen of Freestyle," was discovered at age 18 in her hometown of the Bronx and quickly became a star with such hits as "No Reason to Cry" (1986) and "Come Into My Arms" (1987) Her second album produced the hit single "I Love You for All Seasons." Her most recent release is 2010's MP3 album Stay.

Sweet Sensation, one of the

biggest groups in the Freestyle genre, were a Bronx trio whose original members were Betty "Dee" LeBron and sisters Maggie and Mari Fernandez. The ladies skyrocketed to fame with their 1986 club smash "Hooked On You," which was rereleased in 1988 on their album *Take It While It's Hot* that also included the hits "Victim of Love," "Never Let You Go" and "Sincerely Yours." In 1989, Mari left the group and was replaced by Sheila Vega.

George LaMond began singing back-up for his cousin Joey Kid in the Bronx, teaming up later as Loose Touch. His solo debut was "Bad of the Heart" (1990) which earned him a deal with Columbia. The LP *Bad of the Heart* yielded two more freestyle hits, "Without You" and "Look into My Eyes."

Brenda K. Starr who was discovered by Harry Belafonte, became one of the biggest names in '80s Freestyle music scoring a #1 hit single with her Grammy-nominated song

Cop and hit man on revenge-fueled rampage

“Bullet to the Head”
Excellent (4 stars)
Rated R for profanity,
nudity, drug use, graphic
violence and bloody
images
Running time: 91 minutes
Distributor: Warner
Brothers

By Kam Williams

Sylvester Stallone is the only movie star to be #1 at the box-office in five straight decades, a record stretching from “Rocky in the Seventies” through last summer’s action hit “The Expendables 2.” And judging by “Bullet to the Head,” the gracefully-aging matinee idol need not retire to a rocking chair any time soon.

This riveting revenge thriller was directed by the legendary Walter Hill who, back in 1982, brilliantly cast Eddie Murphy in his big screen debut opposite Nick

Nolte in “48 Hours.” Here, his inspired pairing of Stallone and relative-newcomer Sung Kang as unlikely-buddies proves to be equally entertaining.

Based on Alexis Nolent’s graphic novel of the same name, “Bullet to the Head” revolves around two tough guys from opposite sides of the law who grudgingly team up to settle a score with a common adversary. Jimmy Bobo (Stallone) is a hit man operating in New Orleans whose protégé (Jon Seda) has just been gutted in a bar by a goon with a Bowie knife (Jason Momoa), while Taylor Kwon (Kang) is a cop from Washington, DC in town to investigate the murder of his partner (Holt McCallany).

As it turns out, both slayings were ordered by Morel (Adewale Akinnuoye-Agbaje) an ambitious mobster who will stop at nothing in his quest for control of the Crescent City’s crime racks. Because so many corrupt



Sarah Shahi and Sylvester Stallone star in “Bullet to the Head.”

police and politicians are already in cahoots with Morel, double-crossed Detective Kwon almost ends-up dead when he tries to enlist the assistance of the local authorities in solving his pal’s

slaying.

That betrayal leads him to reluctantly forge an unholy alliance with Jimmy. Together, they proceed to embark on a bloody rampage, dispensing a brutal

brand of vigilante justice to the henchmen running interference for the ruthless Morel. Besides creating major mayhem, however, the two share many moments of levity during disagreements over about what weapons and tactics to employ.

Streetwise Jimmy repeatedly relies on his instincts and brute force, shooting first and asking questions never, an approach which grates on tech-savvy Kwon dependent on his cell phone and the internet. Kwon also finds time to develop a romantic interest in Jimmy’s estranged daughter (Sarah Shahi), an attractive tattoo artist with a parlor in a seedy neighborhood.

Still, make no mistake, this action-oriented affair is all about exacting vengeance and escalating body counts, and it won’t disappoint diehard Stallone fans in that regard. Vintage Sly in his best outing since “Cop Land!”

Independent & Foreign Films

11 Flowers (Unrated) Coming-of-age drama, set in rural China in the Seventies, revolving around a mischievous, 11-year-old boy (Wenqing Liu) whose fate becomes intertwined with that of a murder suspect (Zizi Wang) he finds hiding from police along a riverbank. With Ni Yan, Ni Yen and Jinchun Wang. (In Mandarin with subtitles)

Bless Me, Ultima (PG-13 for violence and sexual references) Screen adaptation of Rudolfo Anaya’s haunting novel, set in New Mexico during World War II, about a mysterious medicine woman (Miriam Colon) who teaches a six-year-old boy (Luke Galan) about the spirit world and about the battle between good and evil brewing in their tiny town. Supporting cast includes Benito Martinez, Dolores Heredia and Castulo Guerra.

Inescapable (Unrated) Abduction drama, set in Syria, about a Canadian immigrant (Alexander Siddiq) who returns to Damascus for the first time in a quarter century to search for his suddenly-missing daughter (Jay Anstey). With Joshua Jackson, Marisa Tomei and



Kam’s Kapsules

By Kam Williams

Oded Fehr. (In English and Arabic with subtitles)

Kai Po Che! (Unrated) Disney-produced, Bollywood adaptation of “The 3 Mistakes of My Life,” Chetan Bhagat’s best-selling novel, set in Ahmedabad at the turn of the millennium, about three BFFs (Amit Sadh, Raj Kumar Yadav and Sushant Singh Rajput) who start a business with the hope of finding fame and fortune. Featuring Amrita Puri. (In Hindi with subtitles)

One Life (Unrated) Ambitious eco-documentary, narrated by Daniel Craig, examining the life cycles of a menagerie of animals all over the planet.

Red Flag (Unrated) Alex Karpovsky wrote, directed and stars in this road comedy about a fledgling filmmaker who embarks on a promotional tour of his latest film with a reluctant pal (Onur Tukel) after being dumped by his marriage-minded, longtime girlfriend (Caro-

line White). With Dustin Guy Defa, Keith Poulson and Jennifer Prediger.

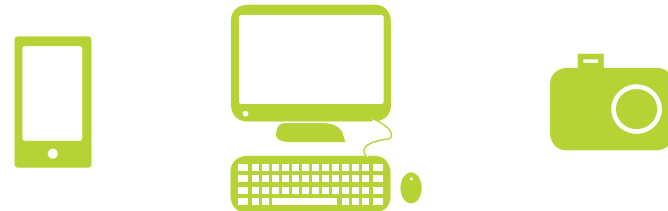
Rubberneck (Unrated) Alex Karpovsky wrote, directed and stars in this stalker thriller as a scientist who becomes increasingly infatuated with a co-worker (Jaime Ray Newman) after they share a one-night stand, despite the fact that she’s clearly no longer interested. With Dennis Stamoselsky, Amanda Good Hennessey and Andrew Horowitz.

BIG BUDGET FILMS

Dark Skies (PG-13 for violence, sexuality, drug use and pervasive terror) Haunted house horror flick about a happy family (Keri Russell, Josh Hamilton, Dakota Goyo and Kadan Rockett) whose serene, suburban home life is irreversibly affected by the arrival of a deadly, demonic force. Co-starring J.K. Simmons, L.J. Benet and Annie Thurman.

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SUN KULCHA

COMMUNITY EVENTS

SATURDAY, FEBRUARY 23

TAX PREP: Ridgewood Savings Bank announced today that it will again be hosting ARIVA's free Tax Preparation Days at four convenient Bronx locations. Tax Prep will be held at Allerton Avenue branch – 711 Allerton Avenue; (718) 882-2220 between 9:45 a.m. – 4:00 p.m. Bronx residents are eligible for free tax filing if they are single with no dependents and earn less than \$25,000 or file with dependents and earn less than \$50,000. Since space is limited, qualifying taxpayers must call the branch that is hosting the session in advance to schedule an appointment.

I SPY HUNT: Come join us for Holiday Express from 10:00 a.m. - 5:00 p.m. Holiday Express puts magnificent model trains, train stations and sheds, bridges and tunnels, carousels and Ferris wheels—all populated with toy figurines in colorful nineteenth-century dress—on display at the New-York Historical Society! But you can discover more than meets the eye! Spot the intricate details in these amazing model train scenes made by the Märklin model train company. New-York Historical Society, 170 Central Park West between West 76th and West 77th Streets.

SUNDAY, FEBRUARY 24

MACY'S STORY TIME: Join us for the reading of "The Purim Surprise" by Lesley Simpson. Naomi just moved into a new apartment in the city and is feeling grumpy. She wonders why her mother wants to celebrate Purim with complete strangers and is worried that her mother forgot her seventh birthday. But she's in for a surprise—join us to find out what happens! Recommended for ages 4-7 years. New-York Historical Society, 170 Central Park West between West 76th and West 77th Streets.

MONDAY, FEBRUARY 25

PERSONAL FINANCE: Learn how to manage your finances, maintain good credit and make the most of your budget in this free five-week course. Free savings accounts and one-on-one sessions also available to graduates. Classes begin from 6:00 p.m. - 8:00 p.m. Neighborhood Housing Services of East Flatbush, 2806 Church Ave. (between Nostrand & Rogers Aves.) To register call, 718.469.4679, first come first served. NHS is a not for profit housing organization. www.nhsnyc.org.

SATURDAY, MARCH 2

TAX PREP: Ridgewood Savings Bank announced recently that it will again be hosting ARIVA's free Tax Preparation Days at four convenient Bronx locations. Tax Prep will be held at Soundview branch – 1626 Bruckner Boulevard; (718) 589-1323 from 9:45 a.m. – 4:00 p.m. Bronx residents are eligible for free tax filing if they are single with no dependents and earn less than \$25,000 or file with dependents and earn less than \$50,000. Since space is limited, qualifying taxpayers must call the branch that is hosting the session in advance



FARMERS MARKET: Seeds in the Middle is sponsoring The Crown Heights Farmers Market offering fresh fruits and vegetables, including calaloo and Caribbean favorites and accepting EBT, WIC, Snap, FMNP, Health Bucks, and Fresh Connect. The market will be operating every Thursday from 12 noon to 7:00 p.m. at Hamilton Metz Park at Albany and Leferts avenues, Brooklyn. For more information, visit www.seedsinthemiddle.org.



IMMIGRATION SERVICES: Free immigration services. Wednesdays 11:00 a.m. - 6:00 p.m. 67 Hanson Place, Office of Council Member James. Call (718) 260-9191.

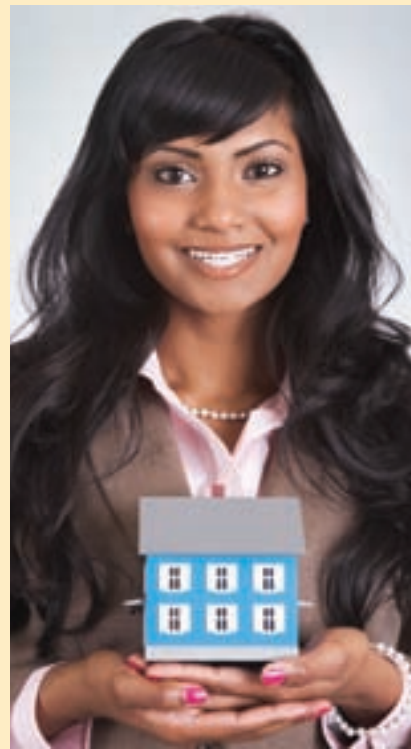
to schedule an appointment.

SATURDAY & SUNDAY, MARCH 2 & 3

DANCE: Dancewave is proud to announce the return of the "Kids Cafe Festival Goes to College" at the Kumble Theater of Performing Arts at Long Island University, Brooklyn Campus. "Kids Cafe Festival Goes to College" is designed to provide a much needed service to the dance community by introducing interested high school students to college dance options and bringing new dancers into the dance field. The college theme is a twist on Dancewave's annual "Kids Cafe Festival," a popular community event now in its 19th year that invites high school dancers from all over New York City. Tickets are \$20 adults, \$15 with valid student ID, \$12 kids under 12 yrs., group rates available. To purchase tickets: (718) 488-1624, www.kumbletheater.org. Long Island University, Brooklyn Campus, Kumble Theater of Performing Arts. Flatbush Avenue between DeKalb Avenue and Willoughby Street, Brooklyn.

ONGOING

IMMIGRATION SERVICES: Free immigration services. Wednesdays 11:00 a.m. - 6:00 p.m. 67 Hanson Place, Office of Council Member



FORECLOSURE SERVICES: Are you behind in your mortgage or seeking a modification? The Flatbush Development Vcorp, NHS of East Flatbush and the Center for N.Y.C. Neighborhoods are offering free services and assistance. Referrals for free legal assistance are also available. To schedule an appointment, call (718) 469-4679.

James. Call (718) 260-9191.

UNTIL MARCH 9

TIMEHRI TRANSITIONS: Expanding Concepts in Guyana Art. The artist will include Damali Abrams, Carl Anderson, Dudley Charles, Victor Davson, Marlon Forrester, Gregory A. Henry, Sadiq Khan, Donald Locke, Andrew Lygt, Bernadette Persaud, Keisha Scarville, and Arlington Weithers. The curator will be Carl E. Hazelwood. The gallery is open Wednesday-Saturday from 11:00 a.m. - 6:00 p.m. Wilner Jennings Gallery at Kenkeleba 219 East Second Ave. B, New York, New York 10009, (212)674-3939. Admission is free.

DONATIONS: St. Robert Bellarmine Church is joining efforts with the Dioceses of Trenton to bring relief to victims in the hardest hit areas. The church has organized a sorting sub station in the parish and will be delivering donations to various locations shortly. The church is seeking donations of cardboard shipping boxes for packing or rubber bins for storage for victims. Donations are tax deductible and the church will provide you with a receipt upon request. Feel free to contact St. Robert Bellarmine Church at any time Attn: SRB Hurricane Relief Effort, 61 Georgia Rd., Freehold, NJ 07728

or srbwelcome@gmail.com, Pam Stengel (732) 580-0075, Linda Altini (917) 578-4852. Phone: (732) 462-7429 or Fax: (732) 409-3496.

QUEENS SICKLE CELL: The Queens Sickle Cell Advocacy Network, 207-08 Hollis Ave., Queens Village, N.Y., presents a Parent to Parent Support Group meeting every first Monday of every month, 7:00 p.m. For directions and registration, call (718) 712-0873 or email Qscanorg@verizon.net.

FAIRWAY MARKET SHUTTLE: Fairway Market is now offering a free group shuttle bus to its Red Hook, Brooklyn store at 480-500 Van Brunt St., Mondays thru Wednesdays from 10:00 a.m. - 7:00 p.m. For pick-up reservations for groups of 10 or more, within a five-mile radius of the store, call Viola Williams or Marcy Rosenblum at (347) 750-1251. There will also be pickups on Wednesdays at 10:00 a.m. and 1:00 p.m. at 589 Prospect Ave., between 11 and 10 avenues. All seniors get a five percent discount in the store. Each group will have an hour and a half to shop and/or enjoy a bite to eat in the picturesque cafe by the waterfront.

FARMERS MARKET: Seeds in the Middle is sponsoring The Crown Heights Farmers Market offering fresh fruits and vegetables, including calaloo and Caribbean favorites and accepting EBT, WIC, Snap, FMNP, Health Bucks, and Fresh Connect. The market will be operating every Thursday from 12 noon to 7:00 p.m. at Hamilton Metz Park at Albany and Leferts avenues, Brooklyn. For more information, visit www.seedsinthemiddle.org.

COMPUTER TRAINING: Mount Carmel Worship and Outreach Center is holding adult and children computer training programs, 10:30 a.m. 12:30 p.m. or 1:00 p.m. - 3:00 p.m. on Saturdays. Call (917) 609-0909 for registration details.

REVERSE MORTGAGE COUNSELING: Are you a senior homeowner struggling to make ends meet? A reverse mortgage may be an answer. NHS can help determine if this is the best option for you. All programs discussed are backed by the federal government. For information, call (718) 469-4679.

FORECLOSURE SERVICES: Are you behind in your mortgage or seeking a modification? The Flatbush Development Vcorp, NHS of East Flatbush and the Center for N.Y.C. Neighborhoods are offering free services and assistance. Referrals for free legal assistance are also available. To schedule an appointment, call (718) 469-4679.

HOME IMPROVEMENT: Did your roof collapse? Does your brolier need replacement? Do you need major repairs done but lack the finances? NHS of East Flatbush can assist you. For information on home improvement programs, call (718)469-4679.

Compiled by Natalie Y. Henry

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Work of calypso great, Maestro, to be reviewed

Calypso will be the focus of the next Trinidad & Tobago Folk Arts Institute forum at Medgar Evers College, when a panel discussion explores the phenomenal work and legacy of the late Maestro, 35 years after his death. The event, another in the series of collaborations between the Folk Arts Institute and the College's School of Professional and Community Development, will be held Thursday evening, Feb. 28 in the Mary Pinkett Lecture Hall, 1637 Bedford Ave., Brooklyn on the Medgar Evers campus.

Scheduled as panelists are individuals known to be conversant with the calypso culture generally and familiar with Maestro's life and work. They include: Rawlston Charles, veteran producer of calypso-soca recordings, who produced and distributed Maestro's music; Frankie McIntosh, well-known arranger of calypso-soca music; and Kenrick Mead, former music producer.

Les Slater, chair of the Folk Arts Institute, said: "Although it was a relatively short span of years that he was in the arena, Maestro's contribution was so extraordinarily impressive, it left connoisseurs of the art form awe-struck. Because so much exceptional material emanated from him before



Maestro.

what was a most untimely exit, the need for serious examination of his work is even more compelling."

It was in August 1977 that Maestro, born Cecil Hume, came to his demise in an auto accident in Trinidad. His death came on the eve of a scheduled trip to perform in New York and it was in the latter stages of a standout year in which he had scored with a number of memorable compositions including "Rampage," "Melee," "Bionic Man" and "Gold," his tribute to Trinidadian Hasely Crawford's 100-meter victory in the 1976 Montreal Olympics. The eeriness of his "Bionic Man" composition, in which he related having died in an auto crash and being sci-

entifically given a rebirth, has not ceased to bedevil calypso fans over the years since his passing.

Maestro's 1976 album, laden with gems, is considered by the cognoscenti one of the greatest calypso albums ever. The hits included "Fiery," "Boom Bam," "Mountain Dew Gang," "Champion of the Road" and "Some Came Running." Among signature selections he unleashed earlier were "Black Identity" and "Mr. Trinidad."

Two of Maestro's hits have been recycled and performed by modern-day soca artists. A version of "Fiery" was released by Bunji Garlin in 2008. For the 2013 Trinidad Carnival, "Gold" has made a reappearance, performed by an eclectic group including Machel Montano, Rikki Jai, Karene Asche and Dwayne O'Connor and with lyrics modified to sing the praises of Trinidadian javelin gold medalist at the 2012 London Olympics, Keshorn Walcott and other past Trinidad and Tobago winners and champions of international renown.

The Feb. 28 panel discussion commences at 7:00 p.m. It is open to the public and admission is free. For further information the contact numbers are: 718-252-6161 and 718-804-8815.

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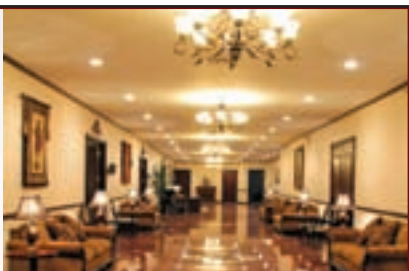
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Black History Month is also Reggae Month

By Vinette K. Pryce

February conjures a mixed-bag of offerings. The shortest month of the calendar is Black History Month here and in many countries which adopted the Carter G. Woodson tradition. However, in Jamaica February is regarded as Reggae Month.

There, a wide variety of cultural activities herald the global reach of Jamaica's home-grown music style known as reggae. The theme this year – “Growing up Black under the green and gold” galvanizes solidarity within the cultural fraternity and the total community.

The first day provided an opportunity to reflect on the birth and life of Denis Brown, the revered Crown Prince of Reggae.

Five days later, Robert Nesta Marley received accolades and international platitudes for taking reggae music to the pinnacle of suc-

cess. Born Feb. 6, 1945, the king of the genre is annually celebrated with music, dance, prose, poetry and commentary that probably would have made him blush. In Jamaica, a birthday tribute was held at 56 Hope Road where the legend resided and recorded.

Four generations of Marley offspring attended.

Rita his widow who resides in Ghana, Africa did not attend. She was reportedly there on the continent where the 57th anniversary of independence will be celebrated next month.

Had he lived, Marley would have been 68 years old on Feb. 6.

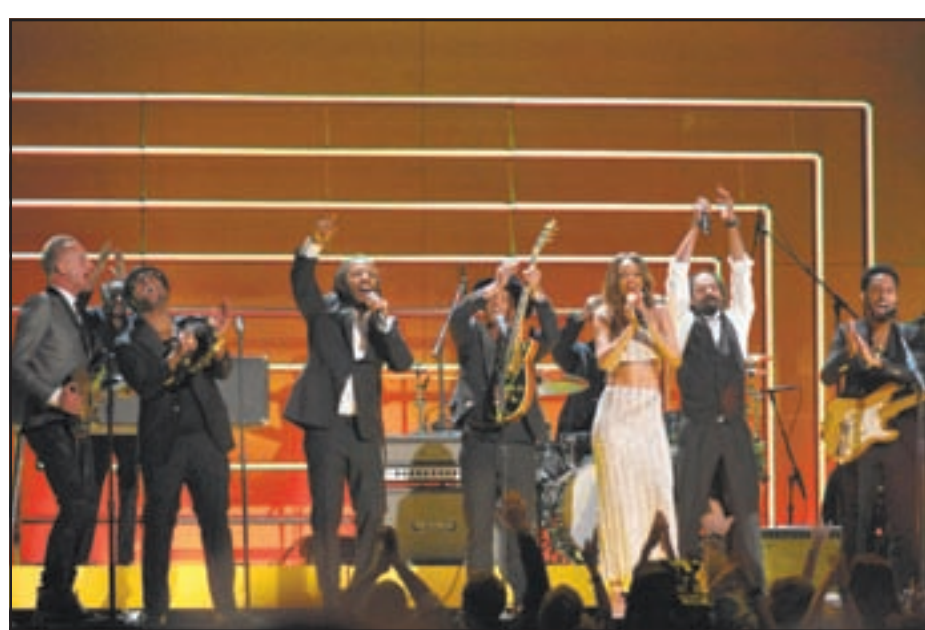
Four days after the anniversary date, the 55th annual Grammy awards served up a prime-time tribute dedicated to the acclaimed first Caribbean superstar.

Although critically denounced as tepid and

somewhat inadequate, performances from Barbadian Rihanna, England's Sting, Hawaii's Bruno Mars and Marley's eldest and youngest sons -- Ziggy and Damian -- reprised his “Could You Be loved” recording to a new generation and perhaps new audiences.

Promoted throughout the music awards by host LL Cool J, the all-star tribute to the reggae legend started with Mars performing his own song “Locked Out of Heaven.” Bearing no lyrical or musical affiliation to the genre, his appearance claimed a presence that could only represent the diversity and inclusiveness engendered by Marley's music.

Later during the tribute, fans relied on Sting to inject the hard-driving beat that defines the music. But like Mars, the former leader of Britain's Police rendered



Sting, Ziggy Marley, Bruno Mars, Rihanna, Damian Marley, 55th annual Grammy Awards, Sunday, Feb. 10, 2013, Los Angeles
Photo by John Shearer/Invision/AP

his own “Walking On The Moon.”

Since his May 11, 1981 passing, Marley's message and music presumably willed to seven of his children has earned as many nominations to each and reaped more than a dozen Grammy victories. Although neither Kymani nor Julian have been nomi-

nated for Grammy honors, neither have stood in the winners' circle. Stephen heads the high-scoring family with six; Ziggy four, Cedella and Sharon, three, and Damian, two.

Along with matriarch Rita, a family tribute might have delivered a more homogenous and fitting tribute to the monarch.

That Jimmy Cliff won the solitary category devoted to the genre could also have enhanced the controversial effort.

His “Rebirth” won him a second gramophone and shut out the hopes of four worthy Jamaican contenders -- Sly & Robbie, Toots & The Maytals, The Wailers and Sean Paul.

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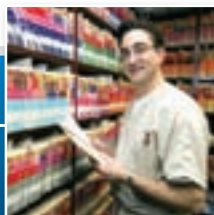
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ACROSS

1. *The knight on the Oscar statuette holds one
6. *Possible best director
9. Sound of passing bullet?
13. Taekwondo country
14. ___ of Good Feelings
15. Twofold
16. Relating to Quechuan people
17. Energy unit
18. To set someone free
19. Bruce Wayne's Batman, e.g.
21. *Historical drama and Oscar nominee
23. Feline cry
24. Secretary, e.g.
25. a.k.a. American Gas Association
28. Cleanse
30. Gather, as in courage, e.g.
35. Make fun of
37. Lord's worker
39. *Controversial speech-making director (2003)
40. Aware of
41. They itch
43. *Singing nominee
44. Apartments, e.g.
46. Bank claim
47. "___ in full"
48. Petered out
50. Put in the hold

52. Grazing land
53. *Vanity Fair holds a big one on Oscar night
55. ___ sheet
57. *Western director nominee
61. **"Cloud _____," snubbed by the Academy
63. Justin Timberlake's "___ the End of Time"
64. Under the weather
66. 1.75 pints
69. "Time is money," e.g.
70. Adam and Eve used its leaves for covering
71. Silly and insignificant
72. Comedy Central's "___0"
73. Drug approver
74. Throat infection

DOWN

1. Often used with "bum"
2. *Got an Oscar
3. Shamu, e.g.
4. King's domain
5. *President portrayer
6. *Ang and Spike, e.g.
7. Get it wrong
8. Bald symbol
9. Dietary mineral
10. Division word
11. Nervous biter's victim
12. Hidden valley

15. Hogwash
20. Flooded
22. Any doctrine
24. Ascetic Muslim monk
25. *Love
26. Going to
27. *Cooper and Lawrence ___ "Silver Linings Playbook"
29. Wedding cover
31. Daytime TV offering
32. Relating to tone
33. Bert's roommate
34. High-pitched
36. Japanese string instrument
38. Three of these in a yard
42. Horse or pig sound
45. Difficult to detect by the mind
49. ___ chi
51. *Youngest ever nominee
54. Sense an odor
56. Colorful spread
57. African tea
58. Backward arrow command
59. Greek H's
60. Not far distant in time, space or degree
61. Aquatic plant
62. *Like most in attendance at the Oscars
65. Manhole cover
67. WSW opposite
68. One in a set



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Milwaukee Bucks forward Tobias Harris, left, drives past Chicago Bulls center Joakim Noah during the first half of an NBA preseason basketball game.

AP Photo/Charles Rex Arbogast

Harris learns on the side

By Robert Elkin

When the Milwaukee Bucks came to battle the Brooklyn Nets on Feb. 19, they showcased a New York native in Tobias Harris, who came out of Hill West High School in Dix Hills, New York. And Harris hails from a basketball family, with one member still in high school.

Tobias' father Terrell Sr. still follows the sport even though he is not active as much on the court. Tobias has three brothers—Terrel, Jr. who is 28 years of age, Terry, who is a junior at Hills West school, and Tyler, a sophomore transfer who is at Providence.

Their cousin is Channing Frye, who is
Continued on Page 50

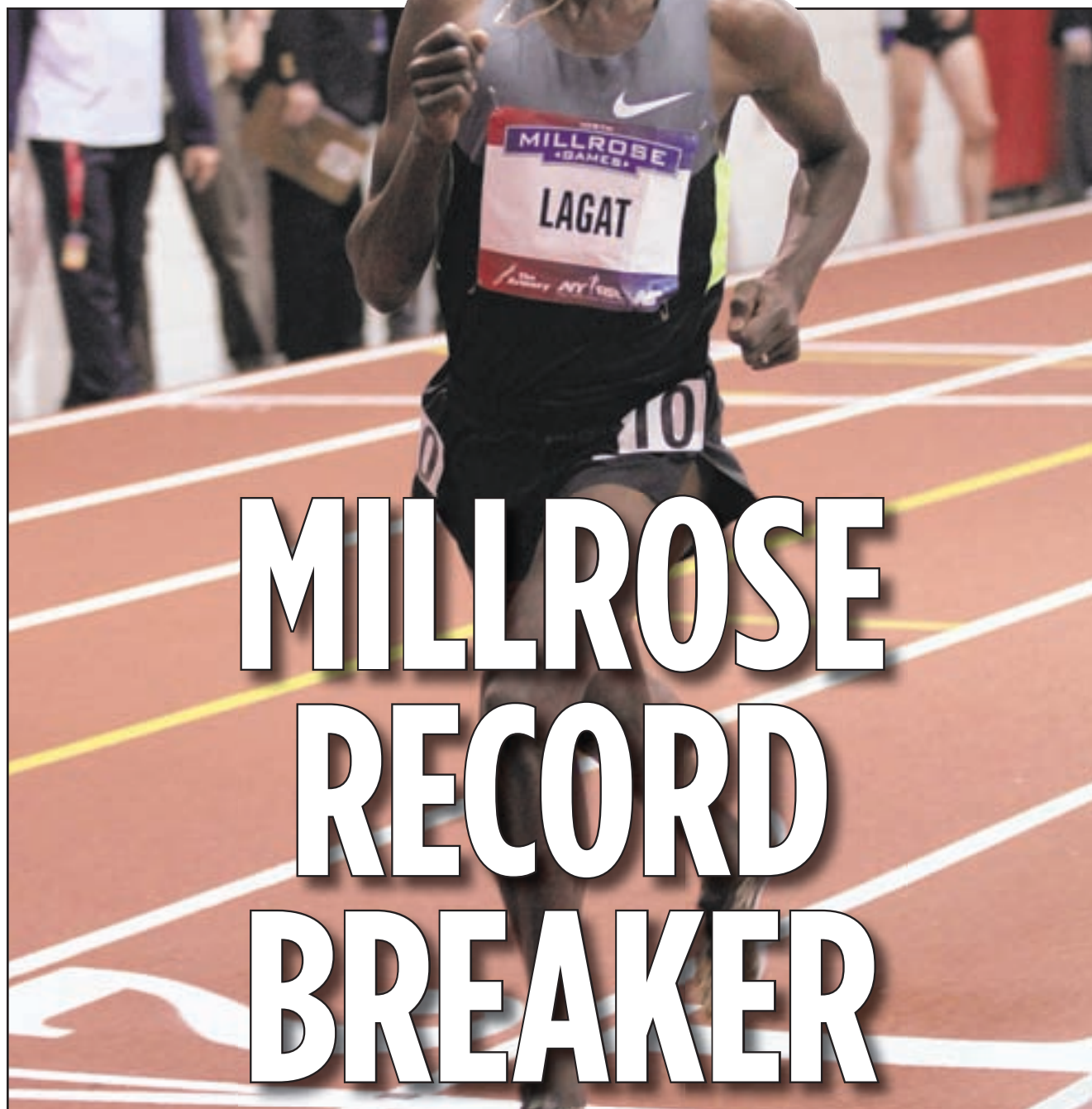
India buys Carib players

By Azad Ali

West Indies Captain Darren Sammy and Trinidad and Tobago fast bowler were two of five Caribbean players purchased by Indian Premier League clubs recently at their auction for cricket's biggest Twenty20 league.

Sammy was picked up for US\$425,000 by the Hyderabad Sunrisers, the franchise previously known as the Deccan Chargers.

Rampaul, who missed both Trinidad and Tobago's victorious Caribbean Twenty20 last month and the recent West Indies One-Day series in Australia because of injury, was bought by Royal Challengers Bangalore
Continued on Page 50



MILLROSE RECORD BREAKER

Bernard Lagat sets a new record for the Mens Two-mile race in 8 minutes, 9.49 seconds at the Millrose Games at the Armory.

Lagat sets U.S. indoor two-mile record

By Rachel Cohen

NEW YORK (AP) — Bernard Lagat lagged behind his planned pace for the entire two miles of his race at the Millrose Games.

He still set the record he came to break.

The 38-year-old Lagat regained the American indoor mark Saturday with yet another victory at Millrose. He finished in 8 minutes, 9.49 seconds at the Armory to beat Galen Rupp's time by just .23, then fell to the track in exhaustion.

"I kept digging deeper toward the end,"

Lagat said.

He had hoped to go under 8:09, but he accomplished his goal — just barely. Lagat now owns the American indoor records at 1,500 meters, 1 mile, 3,000 meters, 5,000 meters and 2 miles.

Continued on Page 50

Photo by Lem Peterkin



U.S. Olympian Alysa Montano broke an American indoor record, winning the Women's 600m in 1:23.59.

New record set at Millrose games

Continued from page 49

Lagat has won a record eight titles in Millrose's signature event, the Wanamaker Mile. The past two years, though, he has used the storied indoor meet to set a different kind of standard.

He reclaimed the 5,000 record here a year ago. But on the same day, Rupp broke his mark in the 2 miles, so Lagat took on that distance this year at the 106th Millrose Games.

With four laps to go, Lagat knew he was behind record pace but thought, "I still have enough left."

"I was counting on that last lap," he said.

The Wanamaker was won by one of Lagat's teammates on the U.S. Olympic 5,000-meter team at last year's London Olympics. Lopez Lomong, who made the Beijing Games in the 1,500 in 2008, showed he still has the speed in the mile, holding off defending champ Matthew Centrowitz.

"This year I'm stronger," Lomong said. "I'm just going to go in and work on my speed a little bit with fast races in the 5k. It will help me a lot in closing in the



McCorory (left) and Mary Wineberg at the finish line during the AT&T Women's 400m at the Millrose Games. Photos by Lem Peterkin

world championships."

Another U.S. Olympian, Alysa Montano, also broke an American indoor record, winning the women's 600 in 1:23.59.

The women's Wanamaker was won by Canadian Olympian Sheila Reid, but the star of the show was the second-place finisher. Sixteen-year-old Mary Cain of

nearby Bronxville, N.Y., lowered her own high school record to 4:28.25. Reid was first in 4:27.02.

Oregon junior English Gardner won the women's 60, beating two pros who earned Olympic gold medals as part of the U.S. 4x100 relay, Jeneba Tarmoh and Lauryn Williams.

Jeff Porter felt his victory

in the 60 hurdles was a good sign for his chances to go to worlds this summer considering the Americans' depth in the hurdles. Porter was third at the U.S. trials last year to earn a trip to London, finishing behind the eventual Olympic gold and silver medalists.

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Tobias Harris

Continued from page 49 still playing in the National Basketball Association after a two-year stint with the New York Knicks, also in the same league.

After spending one year at the University of Tennessee, Harris felt that he was ready for the NBA. And 'somebody' told him that he was indeed ready for the next level. So he entered the draft.

Recently, the 6'8" forward is on a deep Milwaukee team that is in the same Eastern Conference with the Brooklyn Nets and the New York Knicks, and is fighting to make the playoffs.

Through games played at the end of January, Tobias started 14 of 27 contests in this, his second year in the NBA. When he came 'home' to battle the Knicks, Harris saw action for one minute and three seconds.

Last year marked his first one in the National Basketball Association.

"I got my feet wet, learned the NBA game, and got better (while get-

ting in 42 games)," he said after the Milwaukee-Knicks game. "I worked on being patient and learned that there are a lot of great players in the league.

"During the off season, I went home and worked out with my trainers in Long Island," he said. "I came out this year with the (thought of) getting a better start."

And coming in to play at Madison Square Garden he felt just tremendous. "I love New York," he added.

Tobias has been playing a lot of games and is getting better as a player.

"We are looking to him as a future," said Head Coach Jim Boylan. "Right now simply because of the numbers game, he is not getting enough playing time to make a difference for us. We look to him for (his contributions) next year, and going down the road he'll help us a lot."

Remember, he is young and felt that he was at the top of his game after spending a short time in college.

Indian League

Continued from page 49 for US\$29,000.

Another seasoned campaigner, fast bowler Fidel Edwards got the nod of the Rajasthan Royals for US\$210,000.

Sammy and Rampaul picks were on the performances in the Caribbean Twenty20.

Guaynese all-rounder Christopher Barnwell was also chosen by Royal Challengers for US\$50,000. Barnwell has played four Twenty20 Internationals for the West Indies.

Seamer Jason Holder, who represented the West Indies Down Under, was picked up by the Chennai Super Kings, the team of Dwayne Bravo for US\$20,000. He took seven

wickets in the regional series with an economy rate of 6.04.

Marquee players, Chris Gayle, Kieron Pollard, Sunil Narine, Dwayne Bravo, Marlon Samuels, Dwayne Smith, Andre Russell, Samuel Badree and Kevon Cooper were not involved in the auction as they all already hold IPL contracts.

The biggest purchase in the auction, however, was Australian all-rounder Glen Maxwell, who was bought by the Mumbai Indians for US\$1 million. He was the only million-dollar man in the auction.

The 2013 edition of the IPL will run from April 3 to May 26.

Go to www.Caribbeanlifeneews.com for the latest in Caribbean news, entertainment, sports, and more.

Windies head coach has heavy task ahead

West Indies head coach Otis Gibson has a huge task ahead with getting the West Indies players prepared for their upcoming challenges. Much more work has to be done with the batsmen and their approach to top ranking bowlers in not so friendly batting pitches. Some of the West Indies players have shown confidence and bravery in displaying their talents but there are some technical areas where some players need help. Kieron Powell and Johnson Charles along with Kieron Pollard have shown their match-winning skills. In the event that the senior players perform as expected in batting and bowling, then the West Indies team is going to be number one, not only in Twenty20 but in the One-Day Internationals and Test cricket.

Gabriel, Roach and Rampaul can Uproot any top Team

Speed, skills and movement are the advantages that are on the West Indies team in the Test cricket arena. West Indies fast



Eyes on Cricket

By George H. Whyte

bowlers are capable of destroying any top team in the world. Shannon Gabriel is quick and he carries appreciative bounce and movement. Kemar Roach is quick and experienced, Ravi Ram Paul is filled with movement, awkward bounce and he has the ability to deceive batsmen with the change of variety. With Gabriel, Ram Paul, Roach and the spinner Sunil Narine in any Test team, the West Indies bowling department should be fully equipped. Roach must not be pushed into too much limited overs; he should focus more on Test matches.

Holder, Best and Gabriel are Fitted for ODI's

Jason Holder, Jino Best and Shannon Gabriel are capable of doing the job for the West Indies in any One-Day International or Twenty20. Holder and Best are

pretty quick and with Gabriel's movement and accuracy, along with Samuel Badree and Sunil Narine, the West Indies team has all of the bowlers it needs for any situation. Players such as Dwayne Bravo and Andre Russell should not have to do any type of heavy bowling but concentrate fully on their batting. Players must know their role and the great significance of it in order for the team to win. Team work is essential but when bad decisions are made at the top it leaves the team in disarray.

Wicket Keeper Devon Thomas Getting Into Full Gear

The exposure that wicket keeper Devon Thomas received during the tour of Australia has helped him to develop confidence. The quick Australian wickets brought him up to the international level and he should be able to play in a relaxed mood. His approach during the series was very positive and he showed signs of maturity.



West Indies Ravi Rampaul bowls during the fifth day of the first cricket test match between Bangladesh and West Indies, in Dhaka, Bangladesh. AP Photo/A.M. Ahad

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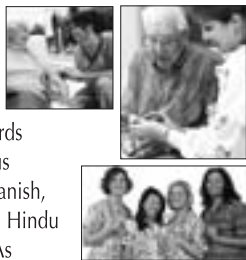
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the amended complaint, if the aforesaid individual defendants are living and if any or all of said individual defendants be dead, their heirs at law, next of kin, distributees, executors, administrators, trustees, committees, devisees, legatees, and the assignees, lienors, creditors and successors in interest of them, and generally all persons having or claiming under, by, through or against the said defendants named as a class, of any right, title, or interest in or lien upon the premises described in the amended complaint herein. Index #28279/11 Plaintiff designates Kings County as the place of trial. Venue is based upon the County in which the lien premises is situated. **TO THE ABOVE NAMED DEFENDANTS: YOU ARE HEREBY SUMMONED** to answer the amended complaint in this action and to serve a copy of your answer, or, if the amended complaint is not served with this supplemental summons, to serve a notice of appearance on the attorneys for Plaintiff within (20) days after the service of this supplemental summons, exclusive of the day of service or within (30) days after completion of service

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where is made in any other manner than personal delivery within the State. The United States of America, if designated as a defendant in this action, may appear within sixty (60) days of service hereof. In case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the amended complaint. **NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT - THE OBJECT** of the above captioned action is to foreclose a Tax Lien pursuant to a Certificate recorded in the Office of the Clerk of the County of Kings on September 30, 2004, in CRFN# 2004000613456 which was assigned on April 24, 2009 in CRFN: 2009000122765, covering premises known as **Eastern Parkway, Brooklyn, NY** lying and being in the Borough of Brooklyn, County of Kings, City and State of New York and designated as (Block 01442 and Lot 0047). The relief sought in the within action is a final judgment directing the sale of the premises described above to satisfy the debt described above. **NOTICE-YOU ARE IN DANGER OF LOSING YOUR HOME - If you do not respond to**

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this supplemental summons and amended complaint by serving a copy of the answer on the attorney for the plaintiff, (tax lien holder), who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the supplemental summons and protect your property. Sending a payment to the plaintiff, tax lien holder, will not stop the foreclosure action. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF AND FILING THE ANSWER WITH THE COURT. The foregoing supplemental summons is served upon you by publication pursuant to an order of the Honorable Yvonne Lewis filed January 16, 2013 Shapiro, Dicaro & Barak, LLC, 105 Maxess Road, Suite N109, Melville, NY 11747, Attorneys for Plaintiff, BY: Shari S. Barak, Esq., NY 11747 (631)844-9611. Our file No. 11-011892.

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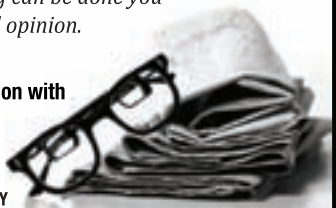


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