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SECTION**



## Play or Be Played

Jamaican play examines love, economics and ethics in New York's Caribbean community. See story on page 38.

## U.S. frees Caribbean detainees

**By Nelson A. King**

In a move clearly designed to save money, the United States' Immigration and Customs Enforcement (ICE) agency says it has released a number of Caribbean and other immigrant detainees from jails and detention centers across the country.

ICE said on Feb. 25 that the move comes as automatic federal

budget cuts loom on March 1.

"In order to make the best use of our limited detention resources in the current fiscal climate and to manage our detention population under current congressionally mandated levels, ICE has directed field offices to review the detained population to ensure it is in line with available funding," said ICE spokeswoman Gillian Christensen.

"As a result of this review, a number of detained aliens have been released around the country and placed on an appropriate, more cost-effective form of supervised release," she added.

Christensen declined to give an estimate of how many immigrants, and their nationalities, were placed on "supervised release."

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# PARTY LEADER OUSTED

## Barbados chooses new course for the Labor Party

**By Bert Wilkinson**

The main opposition Barbados Labor Party (BLP) has dumped Owen Arthur as its leader following its second consecutive defeat in general elections held last week in one of the most prosperous Caribbean island nations where Oprah Winfrey and Tiger Woods own property.

Former three-term Prime Minister Arthur 63, did not attend the special high level meeting of the party in the capital, Bridgetown on Monday afternoon where elders and parliamentarians voted to oust him as the man who should not play the major role in helping the pro-business BLP regroup and

reorganize for the future and prepare for five more years on opposition parliamentary benches.

Arthur who was widely respected in the region for his work in pushing for a single trading market economy while as prime minister, has been ironically replaced by the women whom he first handed over the leadership to when the party lost five years ago and wrested it back just a few months after pointing to problems with her lifestyle choices among other issues.

Mia Mottley, an attorney and member of a gentrified Barbadian political family, will be the new party boss and opposition leader.

Continued on Page 4

# CARIBBEAN ROUNDUP

Updated daily at [www.caribbeanlifeneews.com](http://www.caribbeanlifeneews.com)

THE NEWS FROM BACK HOME

## Antigua

One of the men wanted in connection with October's killing of two Dominicans – who escaped police custody at the airport last year – is due to return to Antigua.

Local authorities said arrangements have been made for Kenroy Marshall to be sent back to the island from the U.S. where he was recaptured last month.

National Security Minister Dr. Errol Cort said appropriate arrangements have now been made for Marshall's return and he will be returned to Antigua at which time the police will take the matter forward.

In December 2012, Montserrat police caught and transported Marshall, along with Kergus Martin Jr. from the Emerald Isle to Antigua after Antiguan authorities issued a wanted bulletin for them in connection with the Oct. 5 homicide of Dermouth Alix Riviere and Alwin Robin.



However, on arrival at the airport, Marshall escaped. Martin Jr. also fled from police custody shortly after they took him to St John's Police Station. While there the latter surrendered some time. Marshall left Antigua and ended up in the U.S.

Dr. Cort said, "based on information, Marshall was somehow able to leave Antigua, we assume by boat and went to Guadeloupe and flew from there to Philadelphia in the U.S."

"He was shortly thereafter arrested by U.S. authorities and has been in U.S. custody ever since."

## Bahamas

Human rights organization Amnesty International has called for an independent body to investigate police "abuses" in The Bahamas after two men died in custody recently.

Amnesty said the deaths underscored the "urgent need for greater accountability" of alleged wrongdoing by police.

Amnesty said the deaths of Jamie Smith, 20 and Aaron Rolle, 33, were examples of "human rights abuses" at the hands of the police.

"The circumstances of the men's deaths and the reasons for their original detention are still unclear," said Javier Zuniga, special advi-



## Introducing Cuba's heir apparent

Cuba's new Vice-President Miguel Diaz-Canel, right, listens to Cuba's President Raul Castro during the closing session at the National Assembly in Havana, Cuba, Sunday, Feb. 24, 2012. Raul Castro accepted a new five-year term that will be, he said, his last as Cuba's president and tapped rising star Miguel Diaz-Canel, 52, as vice-president and first in the line of succession. Diaz-Canel has risen higher than any other Cuban official who didn't directly participate in the 1959 Cuban revolution. At center Cuba's Minister of Foreign Affairs Bruno Rodriguez. See story on page 18.

AP Photo/Ramon Espinosa

sor at Amnesty International, in a statement.

The statement noted that Amnesty had documented several alleged "human rights abuses" by police officers. Zuniga said many victims of police abuse do not receive justice.

He urged authorities to put serious consideration into the creation of an independent body to look into allegations of police abuse and outfit the organization with adequate resources.

## Haiti

U.S. Attorney General Eric Holder discussed regional crime with Caribbean leaders recently during a summit in Haiti.

Holder talked with the leaders of mostly English-speaking Caribbean countries about crime problems, efforts to curb weapons and drug trafficking and a need to alert countries in the region about imminent deportations at the con-



ference of the Caribbean Community (CARICOM), held at a hotel in the Haitian capital.

Hundreds of thousands of people from Haiti, Jamaica, Mexico and other nations have been deported to homelands they barely know since the U.S. Congress mandated in 1996 that every non-citizen sentenced to a year or more in prison be deported to their country upon release.

"With regards to deportees, I think what we need to do is make sure that we give as much notice as we possibly can before people are to be released and deported from the United States," Holder told reporters.

"As we increase the more general capacity, law enforcement capacity, security of the nations of CARICOM, they will be in a much better position to deal with these deportees from the United States," he said.

Holder also met privately with Haiti's President Michel Martelly, who assumed the chair of the CARICOM group in January and

will hold the title for the next six months.

It's the first time Haiti has hosted a CARICOM conference.

## Jamaica

The Jamaica Appeal Court has dismissed the appeal of the Head of the Fellowship Tabernacle Church, Reverend Al Miller.

He was seeking to overturn his 2011 conviction, on a charge of criminal negligence, in the loss of his licensed firearm.

He was fined J\$80,000 for the offence or three months in prison.

He argued there was no basis for the conviction.

But the appeal court disagreed and argued that the preacher should not have left his firearm in a place where criminals had access to it.

At his trial, the Crown led evidence that Miller left his licensed weapon on his car on Jan. 22, 2011, when he stopped to pick plums on the playground of the Shortwood



and Junior High School. The weapon was discovered missing on his return to the vehicle.

The Reverend argued that he should not have been held criminally liable for the loss of the weapon.

In the meantime, Miller is still awaiting trial on charges of allegedly harboring a fugitive, after former Tivoli Gardens strongman, Christopher "Dudus" Coke, was found in his vehicle along the Mandela Highway in 2010.

## St. Lucia

Police in St. Lucia has confirmed that a Jamaican man who was wanted on attempted murder charges has turned himself in.

Miguel Garnett who is also known as Deno B'Jorn escaped recently from the Vieux Fort Police Station where he was being held for allegedly trying to kill a Canadian national.



He surrendered to police recently.

At a news conference, St. Lucia's Police Commissioner Vernon Francois said Garnett and another man were arrested recently for the attempted murder of Canadian Adisania Ojo.

Commissioner Francois said Ojo sustained multiple gunshot wounds and was taken to a hospital in critical condition.

## Trinidad

Trinidad and Tobago National Security Minister Jack Warner said legislation for the precepting of soldiers is due to come to Parliament "in the next 60 days."

He said everything was in the hands of Attorney General, who will bring the legislation to Parliament.

Selected soldiers will be given powers of arrest.

Reiterating that the 2013 was one of the safest Carnivals ever, Warner said in 2011 there were 64 Carnival-related offenses, in 2012 there were 74 and in 2013 there were 42.

These offenses, he said, included robbery, larceny, wounding, disorderly behavior, resisting arrest, fighting, assault occasioning a wound, malicious damage, rape, and possession of offensive weapons.



Continued on Page 36





Mayor of Irvington, the Hon Wayne Smith left holds the Golden Arrowhead with members of the Guyanese New Jersey Association before it was raised over Irvington City Hall.

Photo by Tangerine Clarke

## Guyana flag-raising

By Tangerine Clarke

Guyana's national flag, the Golden Arrowhead, was hoisted over City Hall in Irvington, NJ on Friday, Feb. 22, as Mayor Wayne Smith joined the Guyanese Association of New Jersey in celebrating their country's 43rd anniversary.

The three-term mayor who calls himself an "honorary Guyanese," remembered the historic event that took place on Feb. 23, 1970 and congratulated the nationals who he claims are making a "significant contribution" to the Irvington community, particularly former City Councilwoman and mayoral candidate Sandra Harte, dating back to almost 20 years. Stating that Irvington has a rich influx of Caribbean nationals, particularly from Guyana, Smith praised Ms. Harte for her dedication to her culture and for being instrumental in his election as president of the Municipal Council.

Smith also plays a significant role in attracting Caribbean nationals and Caribbean businesses to Irvington, and encouraging their membership in Caribbean American Chamber of Commerce and Industry.

"The housing market is affordable for everyone and it's a great place to do business, added Smith who plans to visit Guyana sometime in the future, and is eager to see the two

countries forge a stronger relationship.

Molly Berry, executive officer at the Guyana Consulate, brought heartfelt greetings from Consul General Brentnold Evans, who was on diplomat duty and praised Mr. Evans' dedication to the Diaspora to ensure the needs of expatriates are met. She also acknowledged the thousands of Guyanese who live in the US, noting that the consulate processes over 600 passports a week, and reassured them that that the diplomatic office is committed to providing support for the Guyanese people.

Ms. Harte, who is president of the Guyanese New Jersey Association, actively keeps the Guyanese culture front and center in Irvington. She started the organization with her late husband Charles, 18 years ago, with the aim of keeping Guyanese expatriates abreast of developments at home. As a result, nationals have benefited from panel discussions headed by prominent Attorney Colin Moore and representatives from all political parties.

Harte reiterates the importance for Guyanese-Americans to play an integral role in their country's well-being, educating their America-born children about the country, and instilling in them a sense of pride for their homeland.

# Interfaith Show of Unity

## Black History Month event at Queens Hindu Temple

By Dr. Donald Reid

The Trinidad and Tobago Interfaith Council (TTIC) of New York, under the patronage of the Consulate General of the Republic of Trinidad and Tobago, hosted the first ever an Interfaith, Intercultural and Interdisciplinary program in commemoration of their Caribbean Heritage and Black History month.

The event was well attended with participants from all walks of life, representing a cross section of the Caribbean-American Diaspora.

The theme of the event: "One People, One Mission, One Victory" the "Pioneers of Social Change," and was held at the Sri Trimurti Bhavan Temple in Queens, New York.

The program commenced with invocations by religious leaders and a welcome address by president of the mandir, Dr Dhanpaul Narine. It was followed by Dr. Glenville Ashby, the event organiser, and Chairman of the TTIC. Dr Ashby drawing on his expertise in the area of interfaith dialogue, urged participants to be actively engaged in the process of "bridge" building across the religious and ethnic divide.

The chairman and founder of the 'Council,' also stated that new voices and new issues are challenging our traditional understanding of whom and what we are as a people. He added that although the situations we may be experiencing may seem to be new, there are many parallels in other parts of the world, and, hence the reason for the Interfaith



Dr Dhanpaul Narine delivered invocations at the event.

Event that was convened, "to promote understanding and accommodation between the two largest ethnic groups in Trinidad and Tobago." He added that interfaith dialogue can stem the tide of instability and distrust, but only through open and sincere dialogue.

Consul General Rudrawate Nan Ramgoolam addressed the need for action, reconciliation and empowerment as a vehicle to bring together people of all faiths across both the Caribbean and North American landscapes.

In this regard she (Con-

sul General) felt committed to play a pivotal role in bringing the resources of the Consulate to contribute in a meaningful way, to strengthen and deepen the collaborative work of the Trinidad and Tobago Interfaith Council in the United States of America.

The keynote address by Prof. Imo Bakari of the University of Southern Caribbean was entitled "Global competitiveness and Success: The African Responsibility" which drew upon narratives from the Caribbean American experience.

The highlight of the event was a Panel Discussion mod-

erated by author, Ms. Nandi Keyi Ogunlade.

Panelists were Dr. Donald Reid, author and former economist with the government of the Republic of Trinidad and Tobago who spoke on the topic "Theology of Caribbean American Economics and Finance." He expressed the need for TTIC to play a critical role not only in religious affairs, but also to be equally active and involved in the economic well being of the members of the Caribbean community at large.

Dr. Dhanpaul Narine, president of Sri Trimurti Bhavan

Continued on Page 39

## Passport Day in the U.S.A.

By Tangerine Clarke

No appointments will be necessary Saturday, March 9, when the New York Passport Agency at 376 Hudson St. (between Houston Street and King Street), hosts "Passport Day in the USA", from 10:00 a.m. to 3:00 p.m. Citizens could walk into the agency and apply for routine or expedited service.

Customer Service Man-

ager Robyn. J. Richards said the agency would provide passport information to U.S. citizens and accept passport applications during the planned five-hour service.

Hundreds of local acceptance facilities around the county are joining the Department of State in celebrating Passport Day 2013, the national passport

acceptance and outreach event.

U.S. citizens must present a valid passport book when entering the United States by air. U.S. citizens entering the United States from Canada, Mexico, the Caribbean and Bermuda at land borders and sea ports of entry must present a passport book, passport card, or other travel documents

approved by the U.S. government.

Go to [www.travel.state.gov](http://www.travel.state.gov) for more information on Passport Day 2013 and how to apply for a U.S. passport. Citizens may also obtain passport information by phone, in English and Spanish by calling the National Passport Information center toll-free at 1-877-487-2778.

# Owen Arthur, former PM takes a back seat

Continued from cover  
She had served Arthur as a deputy prime minister and was also widely respected regionally for her helping to put legal systems in place

**The party is united. Mr. Arthur felt he would give the members of the parliamentary grouping the freedom to choose the future of the BLP and we thank him and respect him for that.**

to accommodate easy travel for tourists attending the 2007 Cricket World Cup held in nations from Jamaica in the north to Guyana in the south.

When he first pushed her as his replacement in 2008, all appeared to be well in

the BLP until the Prime Minister David Thompson became ill with cancer and later died in office.

Sensing an opportunity to capitalize on a perceived leadership vacuum in the governing Democratic Labor Party (DLP) Arthur engineered a proverbial palace coup and retook control from Mottley, leading to some public barbs that had to be smoothed over by party elders. She had said that she was the ousted victim of a "Kangaroo court."

This time, the 14 legislators who will take up seats in the new 30-seat parliament, picked Mottley in Arthur's absence and gave her the mantle to take the reins to battle with the DLP and its 16 seats without any fuss or stress.

"As secretary of the parliamentary group, I just want to announce that Mia Mottley was elected as leader of the opposition," BLP Executive Member Gline



Former Prime Minister of Barbados Owen Arthur.  
AP Photo/Martin Cleaver

Clarke said. "The party is united. Mr. Arthur felt he would give the members of the parliamentary grouping the freedom to choose the future of the BLP and we thank him and respect him for that. He has indicated he would be a full member of the House. We look forward to that," Clarke said.

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# U.S. releases Carib detainees

Continued from page 1

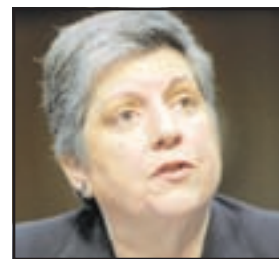
But advocates and immigration lawyers reported a "mass release," including dozens of detainees from separate facilities in New Jersey, Arizona, Louisiana, Texas and Florida.

"We're getting reports from multiple detention centers in Texas, Florida and New Orleans, where detainees who are low priority are being released in mass without bond," said Domenic Powell, a spokesman for the National Immigrant Youth Alliance, a Washington-based immigration advocacy group.

Christensen, however, said ICE is continuing to prosecute cases in immigration court and will seek deportations.

ICE and the U.S. Department of Homeland Security said they are analyzing spending as congressional inaction increases the likelihood of so-called budget sequestration or across-the-board spending cuts.

The American Civil Liberties Union said that detain-



Homeland Security Secretary Janet Napolitano.  
AP Photo/Susan Walsh

ing immigrants is an expensive business, with an average daily cost of US\$122 to US\$164 per person.

Homeland Security Secretary Janet Napolitano said ICE "will be forced" under sequestration to reduce detention and removal of undocumented Caribbean and other immigrants.

"All I can say is, look, we're doing our very best to minimize the impacts of sequester," Napolitano told reporters at the White House.

"But there's only so much I can do," she added. "I'm supposed to have 34,000 detention beds for immigration. How do I pay for those?"

Immigrant rights advocates have long called for ICE to release some detainees, either to allow them to stay in the United States or to keep them out of prison-like detention centers until they are deported.

The groups have argued that the Obama administration has violated its stated principle of focusing on the most dangerous undocumented immigrants in favor of padding numbers by going after low-level offenders instead.

The administration has repeatedly said it will apply more prosecutorial discretion to immigration, releasing immigrants deemed low-priority so it can focus resources on those who are potentially dangerous or otherwise a high priority.

The U.S. government also implemented the Deferred Action for Childhood Arrivals program that has to date permitted more than 150,000 undocumented young people, often called Dreamers, to stay in the United States, work legally and drive.

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# Caribbean leaders end historic summit in Haiti

By Nelson A. King

Caribbean leaders on Tuesday ended a two-day, historic summit in Haiti agreeing to progressively introduce French as a second language in the 15-member grouping and to hone in on the economic and other challenges facing the region.

Caribbean Community (CARICOM) leaders also pledged to hold a summit with the United States this year in addressing the vexing deportee question and other concerns.

In addition, they issued a strongly worded communiqué accusing the United Kingdom of trampling on democracy in the Turks and Caicos Islands with its “constant infractions of democratic principles.”

In August 2009, the United Kingdom suspended home rule for the Turks and Caicos Islands, a British Overseas Territory, for three years amid allegations of corruption. The territory was recently admitted back into CARI-



CARICOM chairman, Haitian President Michel Martelly.

AP Photo/Alan Diaz

COM as an associate member.

“The overall state of political affairs remained less than desirable, and the restoration of true democracy was still a far way off,” said the communiqué about the status quo in the Turks and Caicos Islands.

Economics and crime, however, dominated the talks, led by current CARICOM chairman, Haitian President Michel Martelly.

“We need to have a big con-

versation about the future of our economies,” St. Lucia Prime Minister Dr. Kenny Anthony told the summit.

“The biggest challenge right now is restoring growth to these economies; how do we get these economies to grow, given the existing scenario of very high debt to [Gross Domestic Product] levels,” said the outgoing immediate past chairman of CARICOM.

Anthony said the group was meeting at a time when many regional economies are in turmoil.

He urged that reform of the regional grouping be wider than at the level of the Secretariat, recommending that it includes various councils, such as the Council for Trade and Economic Development (COTED) and Council for Human and Social Development (COSHOD).

In addition, Anthony called for greater emphasis on the Implementation Agency for Crime and Security (IMPACS).

# Narrow victory for the Dems in Barbados

By Nelson A. King

The incumbent Democratic Labor Party (DLP) of Prime Minister Freundel Stuart narrowly retained power in general elections in Barbados on Feb. 22, winning 16 of the 30 seats in the Legislature.

The main opposition Barbados Labor Party (BLP) of former Prime Minister Owen Arthur won the remaining 14 seats, according to preliminary results. In the 2008 general elections, the DLP won 20 seats.

“We are not here tonight celebrating the victory because of any sponsorship or support from the fortune tellers of Barbados, the dividers or even the obeah men of Barbados,” Stuart told jubilant supporters.

“We are celebrating tonight because of the confidence which ordinary men and women, who have not arrogated to themselves the right to what the future holds,” he added.

“We are celebrating because this organization during the last five years touched actual lives by its policies and pro-

grams, not to any sample, but to the population itself,” Stuart continued.

Opinion polls had predicted that the BLP would win as many as 20 seats, while the DLP would gain 13 seats at most.

“The people have spoken,” said Arthur tersely. “We accept the will of the people. “We were up against a number of factors”.

Stuart and Arthur comfortably won their seats, but Labor Minister Esther Byer-Sukoo was defeated by newcomer Dwight Sutherland, an engineer.

Stuart won his St. Michael South seat, polling 2,705 votes to 1,459 for BLP’s Noel Lynch, and 43 for independent candidate Alex Mitchell.

Other notable DLP winners included Education Minister Ronald Jones, who easily won his Christ Church East Central seat, defeating Desmond Sands by 3,259 to 2264 votes.

In the St. Phillip West constituency, Agriculture Minister David Estwick beat BLP’s Lynette Eastmond, polling 2330 votes as against 1517.

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In this Jan. 21, 2011 file photo, former dictator Jean-Claude Duvalier waves to supporters from the balcony of a rented guest house where he is staying in Port-au-Prince, Haiti.  
AP Photo/Ramon Espinosa, file

## Duvalier must answer charges in Haiti court

By Vinette K. Pryce

Jean-Claude Duvalier has been summoned to personally appear in court later this month or face arrest if he refuses to answer charges levied against him by victims of persecution.

Considered a victory for his victims, the Bureau des Avocats Internationaux (BAI) in its mission to defend Haiti's poor said the court order marked the first ever ruling by the Court that recognizes Jean-Claude Duvalier's status as "the accused."

Therefore, if he fails to make an appearance he could risk arrest.

According to attorney Mario Joseph of the BAI, one of the victim's lawyers, "the Court's order is also a victory for the victims claiming civil damages because the Court also confirmed our standing as civil claimants despite efforts from the lawyers for the accused to derail the process."

"Their strategy was to block Duvalier from appearing before the court to be questioned."

**By refusing to speak up in favor of financial accountability and against political violence, the Martelly regime's supporters are placing friendship over the long-term stability and prosperity of Haiti, they claim.**

The lawyers said that the alleged victory comes in the midst of a very difficult context for a fair hearing. Haiti's President, Michel Martelly, has publicly supported Duvalier.

They added that Martelly's top officials include many children of top Duvalier regime officials. The Martelly government's largest supporters -- the United States, France and MINUSTAH -- have declined to publicly recognize the Haitian government's inter-

national law obligation to pursue the crimes against humanity claims against Duvalier.

According to Brian Cannon of the Institute for Justice & Democracy in Haiti, "every human rights organization that has addressed the issue - from the United Nations High Commissioner for Human Rights and the Inter-American Commission on Human Rights, to Amnesty International, Human Rights Watch and the FIDH - has concluded that Duvalier's victims should get their day in court.

By refusing to speak up in favor of financial accountability and against political violence, the Martelly regime's supporters are placing friendship over the long-term stability and prosperity of Haiti, they claim.

That U.S. State Department," which boasts some of the world's top human rights lawyers and speaks out boldly for human rights elsewhere, is letting Duvalier's victims down."

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# Message to the Grenadian people

By Yao Atunwa

We Grenadians, at home and in the Diaspora, have just undergone the procession of formalities of Westminster-style constitutional governmental arrangement, though it definitely didn't cater for the absence of an opposition. And formalities are applauded, most certainly, when they are substantive in maintaining a particular order which, by the way, you get to have an input in as far as the kind of society you see to be warranted.

The current order in our beloved homeland needs to be constant in ascertaining that all stakeholders are included in the process. To do so, we ought to remind ourselves of the context in which our economic, political and social environments are being ordered and orchestrated.

As citizens of this land, Grenadians are towing the line of a culture engendered by imperialistic dependency; the kind most of us fought against passionately against with our spirits, hearts and bodies during our revolutionary struggle for self-efficacy and self-sufficiency (in areas we are quite capable) with the conversion of our natural resources into finished goods; therefore, transforming our economy from one that has been poised for greater foreign entanglement via a tourism sector, as well as the light manufacturing industry that existed then, and has been at the same scale for the most part, which does not prop-

erly support the aim to bestow a quality of life to match the sacrifices rendered in the upkeep of these industries.

The experimental phase with the manufacturing of fruit nectars and the salting of locally caught fish, as was beginning to take root under the leadership of the People's Revolutionary Movement and its government (as a collective venture), has long been cast away for the domain of the hoteliers, ushering the disproportional prioritization of tourism compared to the revitalization of agribusiness/sector and greater attention toward diversifying our economy.

I sense now is a good time to remind you, that TNP (The New National Party), NNP (New National Party), and NDC (National Democratic Congress) are of the same creation, in that they share the same historical origin, being offshoots/ amalgamations of Hubert Blaize's GNP (Grenada National Party). And it (GNP) might have appeared progressive in the colonial era when it came into being, as was the GULP (under the leadership of Eric Gairy, who turned out to be another hotelier), the party that led the charge for independence, until the latter provided an autocratic form of governance emblematic of the former colonial power in that of Great Britain that the Grenadian masses could no longer stomach.

U.S President Ronald Reagan  
Continued on Page 12

# The moment is now for Immigration Reform

By Mark Anthony

Since last November, there has been a lot of talk about how passing immigration reform this year will be "smart politics" given the role Latino voters played in the recent election. As a small business owner, I'll leave the political forecasting to the pundits, but I can say this: failing to pass immigration reform, whatever the politics, would be downright knuckle-headed economics.

I've been recording history for over 40 years as a photographer, capturing events in people's lives – like weddings, proms, and graduations. So I know a big moment when I see one... and the moment for immigration reform is now.

Immigrants play many roles in our economy – as workers, as customers, and as business owners themselves. How big are their contributions? Here's one reference point: if some politicians got their way and all

**Reform based on a guest worker model (with no path to citizenship) would cut the economic growth we can achieve nearly in half.**

unauthorized immigrants were deported, we would lose \$551 billion in total spending and \$245 billion in GDP, according to a report by the Perryman Group.

On the other hand, if we do immigration reform right – strengthening the workforce and customer base for small businesses, creating a pathway to earned citizenship, and reducing red tape for businesses and workers – that kind of immigration reform will add \$1.5 trillion to our GDP over 10 years.

That's just the kind of shot in

the arm the economy needs.

Now, business owners like me might be expected to prefer what's called a "guest worker" program – temporary visas for immigrant workers, but without the opportunity to earn a path to citizenship. But actually, I don't.

A guest worker program might help some employers, who want to take advantage of cheap foreign labor, but it won't help the vast majority of responsible business owners and it won't boost our customer base the way comprehensive reform will. The economic verdict is clear: reform based on a guest worker model (with no path to citizenship) would cut the economic growth we can achieve from comprehensive immigration reform nearly in half.

Of course, an issue like immigration reform is about more than dollars and cents. It's also about values, about

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# Foreign-born Caribs and US growth

By Jerry Castro-Cayetano

\*According to the 2010 Census, there are 3.7 million foreign born Caribbean living in the United States; representing the 3rd largest among foreign born groups with 18 percent.

Every 10 years, the Census Bureau holds the annual census count, the procedure of systematically acquiring and recording information about the members of given population. In the United States, this is a constitutional mandate whereby survey results are used for the appropriation of federal resources for community, social and economic development.

"During the last 50 years, the

number of foreign born from Latin America and the Caribbean has increased rapidly from 1 million in 1960 to 21.2 million in 2010", noted the report by the US Census Bureau which highlights included:

\* 54 percent of foreign born in the Caribbean living in the United States are Naturalized Citizens.

\* 40 percent of foreign born in the Caribbean are within the ages of 18-44.

\* 66.5 percent of Caribbean population indicated they were in the labor force.

\* 71 percent of the Caribbean population indicated they had healthcare coverage.

\* The average income for the

Caribbean population is \$39,934 and a household income of \$44,921.

While these figures demonstrate a closer look at the community, it also serves as a work plan and blueprint for community leaders to strategize in organizing and advocating for more services and have more presence in the civic, political arena and business development where hot topics such as the economy and immigration are dominating the national conversation in the United States. More importantly, become a visible contributor to the development of the nation.

The Caribbean-American  
Continued on Page 12

## Caribbean Life

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**LETTERS TO THE EDITOR** are welcome from all readers. They should be addressed care of this newspaper to Kenton Kirby, Editor, Caribbean-Life Publications, 1 MetroTech Center North, Brooklyn, New York 11201, or sent via e-mail to caribbeanlife@cnglobal.com All letters, including those submitted via e-mail, MUST be signed and the individual's verifiable address and telephone number included. Note that the address and telephone number will NOT be published and the name will be published or withheld on request. No unsigned letters can be accepted for publication. The editor reserves the right to edit all submissions.



# Maintaining a 'ready to negotiate' farce

All these new-fangled terms out of Washington for us to keep track of recently. We were in the throes of "fiscal cliff" overkill a little while back. Now the incessant chatter has shifted to "sequestration." Alas, these labels, fancy though they may be, can't mask one fundamental truth about their reason for being: that they lead to the same dark, ugly place.

I was asked a few days ago by someone who isn't normally focused on such matter, whether I thought the Republicans are actively working on the demise of their party with this seeming affinity for being stubbornly uncooperative. I said that wasn't very likely although, in truth, one has to wonder if the GOP isn't being propelled by some strange, demonic force in this march of theirs in unabashed defiance of public sentiment. And that's not to take issue with the broadly held view that Washington, as a whole, has become a dysfunctional mess.

To be blunt about it, Washington cannot but come across as the embodiment of haplessness, so long as the GOP, having failed to wrest either the presidency or the senate from the other side, sees itself first and foremost in obstructionist

terms. The farce of, at every opportunity, running on about a willingness to negotiate with the president and other Democrats about this or that has become quite tedious. We'll see how this sequester thing plays out, but "resolution" becomes more or less meaningless gimmickry when on the Republican side there's an almost "sacred oath" ideological fervor attending their stand that the country's budget problems are to be addressed via the much parroted "spending cuts" route, the raising of revenues a non-starter that's unequivocally off the table. It could be said that President Obama and Democrats are just as determined that serious revenue raising measures must be part of the discussion. The difference being that the Democratic position is reflective of majority feeling among the population, as one would expect.

Consistently have surveys shown that a solid majority of Americans believe that asking those who are better off to pay a modest tax increase is altogether fair. Ditto, asking the same of corporations. A solid majority of Americans are supportive of ending subsidies to corporations that clearly don't need them, such as those enjoyed by large oil

## Viewpoint

By Les Slater

companies. The blame game as far as what caused the budget deficit to assume outlandish proportions is merely another posturing opportunity. The much more important takeaway from where the country now sits, fiscally, is that Republicans are content to be openly dismissive of how the people feel. That contempt for majority sentiment now looks to be very basic Republican m.o., evidently seen by its purveyors as essential to the obstructionist ethos.

Republicans' brazenly apologist behavior where big business is concerned rolls on unabated. There is no sphere of business activity where Republicans are the least bit shy about being four-square supportive of those interests. Against regulation, against the imposition of environmental restrictions of any kind, against new minimum wage measures whenever they're proposed, some among them unreservedly adopting a screamingly anti-union

posture...that's the GOP way. Every move intended to provide some working class uplift is a "job killer." Or so goes the mantra. One recalls the cartoonish and hopefully no-more-to-be-heard-from Herman Cain, who famously regaled us with his philosophical take on the poor: they have only themselves to blame for their condition. But we should by now be immune to shocking conduct from the GOP ranks, like balking at federal assistance to victims of Sandy or their proposals (courtesy presidential aspirant Romney) to dismantle, if they had their way, the likes of the departments of education, energy and the E.P.A. All while our war mongering capability, they insist, is not only left intact but gets ramped up some.

The yen for devil-may-care obstructionism is across the board. Senate Republicans' filibuster of the president's choice for defense secretary, Chuck Hagel, was just one of many acts of ill will we've had from a GOP roster committed, apparently, to the how-low-can-you-go principle. The ubiquitous John McCain was again front and center to "explain" the GOP action on Hagel. There were things about which Hagel, when he was a senator, disagreed

with his Republican colleagues, and beyond disagreeing chose to be disagreeable. To which the sharp radar-watching crew at MSNBC was quick to wonder where does a guy get off squawking about "disagreeable" conduct from a former senator, as they revisited video of McCain hurling epithets at fellow senators on more than one occasion!

These Republican games would be laughable had the players been merely a bluster-prone minority. Turning a blind eye to the antics would be easy enough to do. They happen, however, to be a majority party in one of the legislative chambers, in which position they seem determined to thwart actions undertaken in the people's interest, actions for which substantiation exists of the people's stamp of approval. That these folks enjoy free reign to frustrate the process, that this tail wagging dog absurdity can proceed unimpeded, is nuts. And ultimately it must be the people who decide that if the Republican contribution to the Washington follies is the sum total of the party's designs on governance, then the party would have earned for itself a role in which shared power isn't part of the equation.

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# Path to citizenship

Continued from page 10

understood the conservative characteristic of a Blaize and his interest in maintaining the social order that existed post-colonialism (proper), which the PRG sought to disrupt in bringing about progressive forces in all aspects of the Grenadian society, including education, universal franchise, labor organizing, health care, etc. Hence, we are left with and thus deprived by the legacy of a U.S intervention and resultant installment and subsequent endorsement of hotelier Hubert Blaize and his protégés, where we are desperately in "need" of foreign investment in our tourism sector and everywhere else.

NNP clearly captured the reigns of political power in the Spice Isle from their sister party, NDC, however, the present dynamic of a two-party system in electoral politics is very much indicative of the solidification of our lack of interest in history, in a consciousness of self

as a freedom-loving people, in falling for the illusions of capitalistic democracy (an oxymoron), failing to realize that we have lost our way.

Instead, we are making ourselves more entrenched in their paradigm of total dominance of capital (the moneyed few); seeing what the trail it has demonstrated even in the developed nations, yet not taking heed. Our capitulation as a people has left us with what we think is a choice in voting NNP or NDC: the illusion as it seeks to manifest itself in our electoral politics and thus the governance of our tri-isle state.

Such events should explain the general stagnation, with unemployment constantly hovering in double digits, and the seeming incapability in reversing the mounting food-import bill we have been laden with, even before the onset of the current world economic climate. Not to mention, the further expansion of

our debt burden to multinational cartels such as the World Bank and the IMF every decade, which now is in the billions (for a nation with roughly one hundred thousand in population, most of whom is having a mighty hard time eking out a living).

These are all symptoms of a festering disease we have been inflicted with, and would continue to suffer its impact should we accept this "normal" as our reality. As a national, I appeal to you to cease the practice of honoring the parade of the current formalities, and organize to vote for a Revolutionary Grenada, one that activates the masses at once, with one destiny, one plight in mind, to be able to chart our own course in history, as a people with a rich tradition of struggle, to be liberated: with remembrance of the spirits of Julien Fedon, T.A. Marryshow, Uriah Butler, and Maurice Bishop.

## Foreign-born Caribs' impact on the U.S.

Continued from page 10

community alone is credited with contributing over \$8 billion in remittances ANNUALLY to economies in the Caribbean region. A 2011 report by the Inter-Development Bank noted that Latin America and the Caribbean received \$61 Billion in remittances to their home countries in 2011.

"The importance of these flows lies in the vital role they play for millions of recipient families that depend on remittances for basic needs, even in countries with higher GDP levels," the report noted.

"In the absence of this regular source of income that these families receive from their family members abroad, many would fall below the poverty line." [1]

In addition, Caribbean nationals represent such a huge portion of the African American market alone, their buying power is close

to \$16.3 billion, making them a significant affluent diverse group [2].

### CARIBBEAN BUSINESSES GENERATE JOBS

Caribbean immigrant businesses also play an important role in the economic recovery of the nation. A report by the Policy Institute published in June points that "among the other findings: Immigrants don't just own companies, they put millions to work. As of 2007, immigrant businesses had \$776 billion in revenues and employed 4.7 million." [3]

The New York Daily News highlighted Jamaican immigrant Lowell Hawthorne, 52, who started Golden Krust with a Bronx storefront in 1989, who now has 120 restaurants, an annual sales of more than \$100 million and 1,600 employees.



### CHALLENGES & SOLUTIONS AHEAD

The Census figures also showed that more work needs to be done in the field of education where only 18.5 percent are attaining a bachelors and higher degrees. The same field shows that 26.7 percent did not graduate from high school; 30 percent had a high school or equivalency and 24.8 had some had some college preparation or associates. There are many areas the community's talent and history of progress can further advance in rural, metropolitan areas and the Caribbean region where strategic partnerships are developed to continue small business, education and workforce development and project the creation of 1 million jobs within the community for the next 10 years.



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# Immigration reform

Continued from Page 10

who we are as a country. As a small business owner, I don't check my values at the door when I walk into my business, and we shouldn't check our values at the door as we enter this debate, either. Our values should guide it.

For example: as a business owner, I don't believe we should treat anyone with second-class status – not our workers, not our customers, and not the new Americans who come here to start businesses of their own. The American promise is the promise of a land of opportunity, and the American entrepreneurial spirit is about going big, not going half way.

As a small business

**“I want to remind people, fearful people build walls. Confident people tear them down.”**

owner, I also believe in treating my workers like family. And I know that when an employee's family is torn apart by our out-of-touch immigration policies, it has a direct impact on workplace morale and productivity. That's why I support immigration reform that reunites families or avoids breaking them apart to begin with.

Even with these compelling reasons to move forward with comprehensive immigration reform, there are still loud voices calling

for costly enforcement-only approaches – more raids, more border patrols, more walls. But here's what the President of the United States had to say about this: “I want to remind people, fearful people build walls. Confident people tear them down.”

That was a powerful rallying cry from a recently-inaugurated president. But it wasn't President Obama. It was President George W. Bush, speaking to a crowd in Ohio more than 10 years ago.

As President Bush's words make clear, immigration reform – common sense, comprehensive immigration reform, not more walls – can and should be a bipartisan commitment. It is also long overdue. For small businesses and our economy, there's no time to waste. Let's capture this big moment.

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The Common Core standards set higher academic expectations to put students on a path to college and a good job when they finish high school. Here are answers to some frequently asked questions about the Common Core.

## What are the Common Core Learning Standards?

The standards describe what students from pre-kindergarten to twelfth grade need to learn to graduate from high school ready for college and a great career. This includes the ability to think creatively, solve real-world problems, make effective arguments, and engage in debates.

## How will State tests for students in grades three to eight change this year?

Both this year and next year, the content of the State tests in reading and math will align with the Common Core standards. Reading passages will be harder, and math problems will involve multiple steps. But the format of the tests will be similar to past years: they will include about the same number of multiple choice, short answer, and essay questions.

## Will test scores change as a result of the harder tests?

This year's State tests will likely be more difficult to pass, at first. The more difficult tests will establish a new baseline for measuring student performance. This change is important. It will give teachers and parents the information they need to keep students on track for college and 21<sup>st</sup> century jobs.

## How will this year's test scores affect my child's ability to be promoted, or accepted to a selective school?

In past years, decisions about summer school were made based on estimates of each student's performance level on the State tests: 1, 2, 3, or 4. This year, because the tests are new, it is not clear how the State will determine performance levels. Instead, the New York City Department of Education (DOE) will look at students' overall scores: how many questions each student got right. Students with the lowest scores will be recommended for summer school.

The number of students attending summer school is expected to be similar to last year. The students who need the most help will still receive the most support. Likewise, students who earn the highest scores—even if those scores are lower than in past years—will still have access to screened middle and high schools.

## Where can I get more information?

The DOE has developed a set of parent resources that includes information about the Common Core standards, changes to assignments, tips for talking to children about the State tests, and resources to use at home. Visit NYC.gov and search for Common Core Parent Resources.



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*\*Some schools may hold conferences on non-citywide dates. Please check your school's calendar to confirm the parent-teacher conference date.*

# Apartments and a farm sprout in the Bronx

By Tequila Minsky

The saying goes: "It takes a village to raise a child" and in putting together the finance deal—\$ 37.7 million to build 124 units of low-income housing—took a village of partners: city, state and private funders.

Last week, neighbors active in the Morrisania section of the Bronx and excited new tenants joined housing development partners and local politicians to celebrate this beautiful new housing in their 'hood with a ceremonial ribbon cutting.

Aptly called Arbor House, the neighborhood's newest addition at 770 East 166th St. and Tinton is a "green" building, nationally recognized for its sustainable design and energy efficient attributes.

It gleamed in the cool morning sun, especially its glass greenhouse sitting atop the building. Covering the entire roof, a sustainable, hydroponic commercial farm—vegetables and herbs to be grown in mineral nutrient solutions in water, without soil—was designed, built and will be managed by Sky Vegetables and is in the planting stage.

Fresh produce, grown on the building's roof, will be for sale locally through



A tribute to the "new Bronx," Arbor House, in the Morrisania section, opened officially last week. Tenants selected by lottery will be moving in during the next two weeks. Residents of NYCHA Forest Houses had preference for 25 of the units.

Photo by Tequila Minsky

a neighborhood co-op and there will be job opportunities for farm maintenance. Basil and kale seedlings and lettuce plants were already in progress.

The apartments have been designated for households earning less than 60 percent of the area median income or \$49,800 for a family of four. Tenants for the studio, one- and two-bedroom apartments were selected by lottery and a quarter are from New York City Housing Authority (NYCHA) buildings. Arbor House was built on land that was a parking lot, previously belonging to NYCHA.

Home health aide Dorothy Smith, 72, is moving from a fifth floor walk-up that she says is drug infested with people sleeping in the hallway. "I feel so blessed, I can't wait to get in here," she divulged. Chosen to speak during the formal presentations, Smith added, "Thank God for getting me down from those five flights of stairs that I walk up every day."

Located in an area with high rates of obesity and diabetes, Arbor House is like others that developer Les Bluestone has built, addressing these issues by providing exercise incentives.

Clever signs are placed

about like: "If your dog is too fat you're not getting enough exercise." The stairwells are bright, artfully decorated with music piped in to encourage people to walk up or down. The building's garden has play equipment for children and exercise apparatuses for adults including an oversized chess board, to play while standing up.

Built by Blue Sea Development, this project is part of Mayor Bloomberg's New Housing Market Place plan to finance 165,000 affordable housing units for half a million New Yorkers by the end of his administration.

Among the funders, devoted Bronx advocates Bronx Borough President Reuben Diaz Jr. and City Council member Helen Foster jointly contributed \$2 million from their discretionary funds.

At the ceremonies, Bluestone received a certificate rating the building Gold from the National Green Building Standard. Building construction primarily used local and recycled products and 65 percent of the construction waste was recycled and diverted from landfills. Mount Sinai has selected Arbor House for a study on the effect of healthy living on asthma and obesity.

## SMALL BUSINESS RESOURCES

### Small Business Energy | SmallBusinessEnergy.com

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### NYC Small Business Resource Center | The New York Public Library

[smallbiz.nypl.org](http://smallbiz.nypl.org)

### Small Business Services - Empire State Development New York

[www.esd.ny.gov/smallbusiness.html](http://www.esd.ny.gov/smallbusiness.html)

### Small Business - Business First - New York State

[www.nyfirst.ny.gov/ResourceCenter/SmallBizMenu.html](http://www.nyfirst.ny.gov/ResourceCenter/SmallBizMenu.html)

### 2013 New York, NY Small Business Resource

[www.sba.gov/sites/default/files/files/resourceguide\\_3135.pdf](http://www.sba.gov/sites/default/files/files/resourceguide_3135.pdf)

### Business Resources: Internet Bibliographies: New York State Library

[www.nysl.nysed.gov/reference/busref.htm](http://www.nysl.nysed.gov/reference/busref.htm)  
Selected business-related web sites compiled by staff at the New York State Library for use in response to reference questions.

### Start a Business in New York — Resources for New York Small Businesses

[manhattan.about.com/od/careersjobs/a/nysmallbusiness.htm](http://manhattan.about.com/od/careersjobs/a/nysmallbusiness.htm)  
Find resources and advice on starting a

business in New York City. Get information on New York business licenses and incorporation, free NYC resources for starting a business.

### Your Money New York - Help and Resources for Small Businesses

[www.yourmoneyny.com/helpresource/smallbusiness/index.php](http://www.yourmoneyny.com/helpresource/smallbusiness/index.php)  
This section of Your Money New York is designed to help small business owners—and New Yorkers interested in starting a small business.

### Small Business Resources - The Business Council of New York

[www.bcny.org/inside/smallbusiness.htm](http://www.bcny.org/inside/smallbusiness.htm)  
Capital Business Blog - Read about the issues. Visit [www.nyfirst.ny.gov](http://www.nyfirst.ny.gov) to learn what New York State can do for businesses.

### Resources for Businesses in New York City - bfindapc.com

[www.bfindapc.com/...business-resource.../resources-for-businesses-i](http://www.bfindapc.com/...business-resource.../resources-for-businesses-i)  
If you operate a business in New York City, you are especially fortunate. The city has pulled together a wealth of resources for small business owners.

### Small Business Resource Guide - New York - HUD

[www.hud.gov/offices/osdbu/resource/guide/local/newyork.cfm](http://www.hud.gov/offices/osdbu/resource/guide/local/newyork.cfm)  
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Cuba's newly named Vice President Miguel Diaz-Canel, right, looks at a sheet of paper as Cuba's President Raul Castro speaks during the closing session at the National Assembly in Havana, Cuba, Sunday, Feb. 24, 2013. Castro tapped rising star Diaz-Canel, 52, as the country's vice-president Sunday.

AP Photo/Franklin Reyes

## Challenges await new Cuban heir apparent

By Paul Haven

HAVANA (AP) — Miguel Diaz-Canel has five years to get started and a lot of work to do.

The man tapped as Cuban President Raul Castro's chief lieutenant and likely successor must quietly fend off any challenges from within the Communist-run island's secretive citadel of power.

He must gain legitimacy with young, and even middle-aged, Cubans who have never known a leader not named Castro. And he must deal with an exiled diaspora and American officials who were already making clear on Monday they will not be mollified by a new, younger face.

"There's going to be a huge charisma deficit," said Ann Louise Bardach, author of "Without Fidel: A Death Foretold in Miami, Havana and Washington." "You go from Fidel to Raul who at least had some of the shine of the Castro mantle, somebody who fought in the revolution."

She said Cuba faces "massive" problems including a large public debt, dependence on Venezuela, an aging population, decades of brain drain and one of the world's slowest Internet connections.

Whether Diaz-Canel is the man to fix all that is very much open to debate. Will Cubans accept another leader who was hand-picked from above and whose ascension — if it happens — will not come through multiparty democratic elections?

And will those passed over for the top job fall in line? If Fidel and Raul Castro are still alive, will the 52-year-old electrical engineer and former minister of higher education be able to set his own course?

On the streets of Havana, a day after Castro accepted a new term and said he would step down when it ends, many had their doubts about the future.

"Change?" Was there a change?" asked Ernesto Silva, a 25-year-old student who scoffed at the idea that the country must wait another five years for new leadership, and said he hopes to emigrate to the United States in the meantime. "I find it hard to believe that he will be able to do, say or truly change anything."

Others were more enthusiastic, but still unsure how Diaz-Canel will establish control.

"I think it is good. He is a new and young figure. But

he was trained by the old guys," said Maria Quesada, a 45-year-old office worker. "We still can't talk about a government without Castro because he's still going to be there, and I think the true test for Diaz-Canel will be when his vision differs from Raul's."

Raul himself faced a similar challenge when he took over from the ailing Fidel in 2006. The younger Castro was seen as a bland and unassuming figure who had always operated in the shadow of his larger-than-life older brother.

But he has overseen a series of sweeping changes since then in an effort to right the country's ever-weak Marxist economy, expanding private enterprise, legalizing a real estate market and eliminating most travel restrictions.

Behind the scenes, Raul has led an anti-corruption campaign and replaced many of Fidel's confidantes with loyal military officials who earned his trust during his four plus decades as the nation's armed forces chief.

Observers say it is those men, who have been put in charge of important state-owned enterprises like the phone company, the enor-

Continued on Page 39

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This publication was supported by grant number X07H00025 from the U.S. Health Resources and Services Administration (HRSA). This grant is funded through Title II of the Ryan White Comprehensive AIDS Resources Emergency Act of 1990, as amended by Part B of The Ryan White HIV/AIDS Treatment Extension Act of 2009. Its contents are solely the responsibility of Health Research, Inc. and do not necessarily represent the official view of the funders.

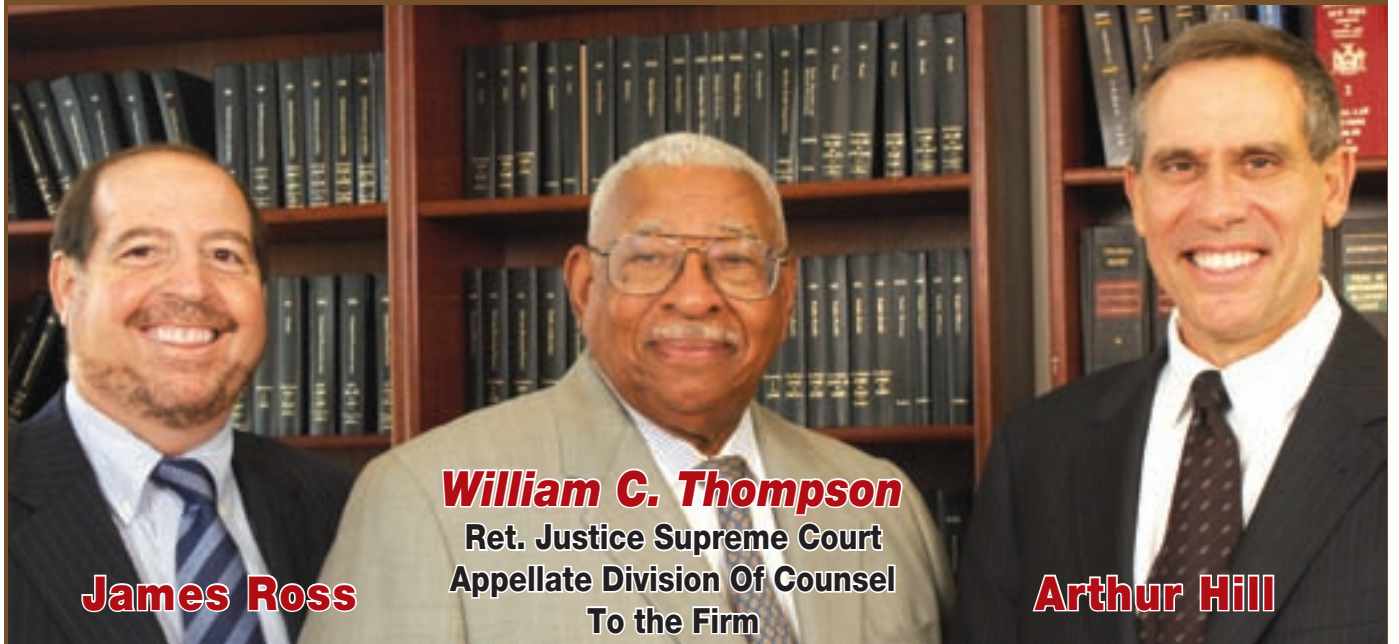


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# Awareness is key to diagnosing rare diseases

## HEALTH

(StatePoint) Millions of Americans will join others around the world this month in observing Rare Disease Day (Feb. 28). They hope to help draw attention to rare diseases and the unique challenges faced by the nearly 30 million Americans affected by them.

“Rare disease patients worldwide face many similar challenges, but because their conditions are so rare, they often feel alone and isolated,” said Peter L. Salt-onstall, president and CEO of the National Organization for Rare Disorders. “By standing together and sharing our experiences with rare diseases, we can more effectively address these challenges and build a better world for rare disease patients.”

In the United States, a disease is considered rare if it affects fewer than 200,000 people. Because of the rarity of their conditions, patients may often be challenged to find information, support, and knowledgeable doctors. Furthermore, it often takes five years or longer to receive an accurate diagnosis of a rare disease. According to the National Institutes of Health, there are about 7000 identified rare dis-

eases, 80 percent of which are genetic.

One such rare disease is Cryopyrin-Associated Periodic Syndromes (CAPS) – a serious, life-long autoinflammatory disease affecting about one in one million people in the United States. Because there are so few CAPS patients, online resources play an important role in uniting the community. CAPSConnectUs.com, a new educational Web site from Novartis Pharmaceuticals Corporation, enables CAPS patients in the United States to connect online to share their stories, encouragement, and advice about managing daily challenges.

Dave Crawford of Dallas knows firsthand the importance of sharing his story with others. He was diagnosed with CAPS in 2010 after suffering from the painful, mysterious symptoms since childhood. He shared his story with his hometown newspaper last year and was contacted by a local man who had read about



More Americans suffering from rare diseases are joining forces to share their experiences and speak out. (c) mangostock - Fotolia.com

his experience. He explained that he and several family members had been experiencing the same symptoms that Crawford had described their whole lives, and following a referral to Crawford's

physician, the man was also diagnosed with CAPS.

“I take every opportunity to speak out about CAPS, and it's a great feeling to know that my story helped others to get a cor-

rect diagnosis,” said Crawford. “I remember the frustration of coping with the daily symptoms and not knowing what caused them, and I'm glad I could help end that mystery for another family.”

For more than 50 years, Dave Crawford experienced daily red bumpy rashes, fevers, conjunctivitis, headaches, joint swelling, and muscle aches. The symptoms often occurred after exposure to cold or damp air, but also flared spontaneously. His mother, grandmother, and great-grandmother had also lived with the same painful symptoms, but never received a diagnosis.

“CAPS is treatable, but often misdiagnosed or undiagnosed because few physicians are familiar with it, and its symptoms can resemble more common conditions,” said Dr. Barbara Baxter, an allergist in Dallas. “Rare disease patients are often undiagnosed for years, and accurately diagnosing a patient who has been struggling to get answers is one of the most rewarding experiences for a doctor.”

Visit CAPSConnectsUS.com to see a video of Crawford's journey and to learn more about CAPS.

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# Keeping PACE with the Changing Dynamics of Long-Term Care

The sanctity of the doctor-patient relationship: it's an ancient tenet of medicine, but also a fundamental issue in one of modern healthcare's hottest topics - coordination of care.

As the nation searches for the best way to create a more collaborative, financially sustainable system that works for patients, long term care is providing effective models and lessons. At the same time, we are working with the government to eliminate barriers to what we believe can lead to significant growth for those effective, collaborative solutions.

I'm talking specifically about PACE, a managed care program that has served long term care patients for 25 years. PACE, the Program for the All-Inclusive Care for the Elderly, is a coordinated care model that improves both the patient's health and Medicaid's bottom line.

Focused on the most costly and complex individuals to care for - patients eligible for Medicare and Medicaid who are qualified to live in a nursing home - the PACE model brings together nurses, physicians, social workers, therapists and other caregivers to create a coordinated care plan for each patient. The goal is to keep the patient healthy and at home while assisting with the activities of daily life, such as washing, dressing, eating and socializing.

The model is catching on, and PACE, we believe, is poised for significant growth.

In the case of Center-



Coordinated care: Under a physician's orders, a rehab therapist works with a patient at a CenterLight PACE center in the Bronx."

Light Healthcare in New York, the nation's largest PACE program, a key reason for this projected growth is a waiver issued by Centers for Medicare & Medicaid Services, the federal agency that administers these programs. Most PACE programs require patients to see PACE-employed physicians, and discourage enrollment by seniors who want to stick with their doctors. The waiver eliminates that enrollment barrier by allowing patients to see their

own doctor as part of their PACE care plan. Waivers have also been issued to a small number of other PACE programs and discussions have taken place in Washington about revising the rules on physicians for PACE programs nationwide.

For the patient and for our state's Medicaid systems, the resulting growth in enrollment could have a huge impact. Figures from the New York State Department of Health show that, for

75% of the cost of permanently residing in a nursing home, CenterLight PACE programs can provide substantially more services, while keeping patients safe at home.

The issue is particularly timely, as New York State also recently issued a new mandate that all long term care patients enroll in a managed care program.

So, what if a new opportunity allowed PACE patients to use their current doctor and still take

advantage of the coordinated care that serves them so well? Would we enter a realm where we can offer more patients the kind of care they need?

With managed care gaining prominence again as a solution to our nation's healthcare crisis, our industry's leaders have an opportunity to build PACE's demonstrated results by growing that program and applying its lessons about coordinated care to other programs as well.



Stephan Deutch, M.D., is Chief Medical Officer, CenterLight Healthcare, which operates the largest PACE program in the country.

# Tips to avoid injuries while spring cleaning

(StatePoint) Cleaning your home from top to bottom this spring? Do so with care. From falls off ladders to muscle pain, heavy-duty chores can be hazardous to your health and wellness if you're not careful.

So before you roll up your sleeves and get into the thick of it, take a moment to review some essential safety precautions:

## Avoid Outdoor Mishaps

When mowing the lawn, wear sturdy, closed-toe shoes. Clear your lawn of stones, toys and other potentially hazardous debris before you begin, to prevent flying objects. Keep children away from your yard while you're mowing.

Reduce the risk of a ladder fall by always using a stable ladder. Be sure to use the correct height ladder for the job and follow all weight restrictions. Only set ladders on level surfaces. Pay close attention to what you're doing and climb up and down the ladder slowly and deliberately.

## Treat Muscles Right

From lawn work to scrubbing floors, unusual repetitious motions can really take a toll, resulting in muscle pain or bruising. Treat your

## HEALTH

spring clean like a workout and stretch your major muscle groups before you get started.

When lifting those boxes in your basement and any other objects with heft, bend at the knees to avoid throwing your back out. If a chore is causing you pain, stop what you're doing.

"Start out slowly to avoid placing a sudden demand on your muscles that are not use to this activity," says Anne Meyer, MD who focuses on sports rehabilitation medicine.

If you feel stiff or sore after a long day of reaching, bending and lifting, Dr. Meyer recommends minimizing physical activity, elevating an injured arm or leg, and treating the first sign of muscle pain by applying a quick absorbing topical muscle pain reliever like Arnicare Gel.

Instead of masking pain, this homeopathic medicine works naturally with the body to relieve muscle pain and stiffness, as well as swelling from injuries and bruising. Pain management tips can be found at [www.arnicare.com](http://www.arnicare.com), where coupons are available to save \$1.00 on pain



Take care when you do your spring cleaning.

(c) Konstantin Yuganov - Fotolia.com

relievers.

Remember to take frequent breaks. And end your long day with a relaxing bath.

## Clean Safely

Cleaning products can be extremely stringent, causing irrita-

tion to your eyes, nose and throat. If opting for natural alternatives, such as vinegar or lemons is not an option, use the harsher stuff with care.

Open all windows when using harsh cleaning products, especially ammonia. Wear gloves and consid-

er protecting your nose and mouth with a surgical mask. Place products out of reach when you're not using them if you have pets or small children.

By following a few safety measures, you can make your spring clean a rejuvenating experience.

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# Stop suffering from stomach conditions with help from Dr. Kayane Hanna

BY CAMILLE SPERRAZZA

Heartburn? Abdominal pain? Bloating?

Today, you don't have to suffer from these symptoms.

Dr. Kayane Hanna, board-certified gastroenterologist and hepatologist, can help. Dr. Hanna treats ulcers, inflammatory bowel disease, constipation, and more. As an assistant clinical professor at SUNY Downstate, she is aware of the latest advances in the field, and her private practice is associated with the hospital.

Dr. Hanna is very passionate about her studies, and treating inflammatory bowel disease is one of her special interests. She is an active member of the Crohn's and Colitis foundation.

"The field is always changing," she says. "There are always new drugs, new technology, and new procedures to help people."

Born and raised in Bay Ridge, Dr. Hanna believes in giving back to the com-



(From left to right) Dr. Kayane Hanna is a gastroenterologist at SUNY Downstate Medical Center on 92nd Street in Dyker Heights. Dr. Hanna examines a patient. Photos by Elizabeth Graham

munity.

"I am in the process of becoming involved with the New York State free colorectal screening program," she says. "When I was approached by the state to be involved and to serve as one of the Bay Ridge members, I was more than thrilled since it's a means of increasing

colorectal cancer awareness in the community."

The program is designed for people from low socioeconomic households, or those who are uninsured, she says.

"It will save lives."

The doctor says it's important to be educated about colorectal cancer.

"Colorectal cancer screening via a colonoscopy can save your life." She points out that a majority of patients who are diagnosed with colon cancer have no symptoms. Yet, "It's the second leading cause of death after lung cancer."

To examine the areas of the small intestines, the

doctor may use a capsule endoscopy. The capsule is the size and shape of a pill, and inside it is a tiny camera. Patients swallow this capsule, and it takes pictures of the inside of the gastrointestinal tract, recording them on a portable halter, worn by the patient. This is viewed by the doctor who analyzes the data. The capsule, and the small camera, later pass through the intestines, exiting the body.

If you suffer from heartburn and reflux, "avoid the triggers," says Dr. Hanna. These include tomato-based products, alcohol, fried foods, citrus, and chocolate.

"They all aggravate conditions," she says, as does smoking. The good news is that, "There are excellent medicines that help most people."

Dr. Hanna earned her undergraduate degree at New York University, and received training at Long Island College Hospital. She

performed her fellowship at SUNY Downstate. But long before all that, she attended St. Anselm's and Bishop Kearney High School. The doctor takes great pride in her roots, and in continuing to serve the community in which she was raised. She feels it provides an important way to connect with patients.

"I'm someone from 'home,'" she says. "We are from the same environment."

Dr. Hanna says she is one of the few female gastroenterologists in the area, and as such, both women and men feel comfortable being treated by her. She speaks Arabic and French fluently. Most major health insurance plans are accepted.

*Dr. Kayane Hanna [699 92nd St. at Seventh Avenue in Bay Ridge, (718) 567-1403]. Open Mondays and Thursdays, 9 am-1 pm; Wednesdays, 1-6 pm. Procedures scheduled by appointment.*

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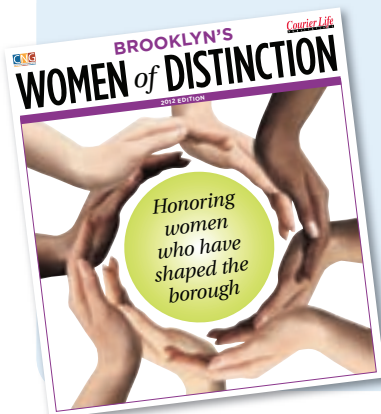
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Brooklyn Reporter



Jeanine Ramirez joined NY1 News in October 1996 and covers Brooklyn's schools, politics, religions and neighborhoods. She also is the lead reporter on many Latino issues. A native Brooklynite, Ramirez majored in communications both at Brooklyn Technical High School and Fordham University.

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# T-Shirt design contest

By Kingsley Dougan

For the fourth year, National Grid and Green Education Foundation (GEF) are working together to promote sustainability education and energy efficiency in classrooms across New York with the Green Energy Challenge t-shirt design contest. This year, the contest asks students to draw their answer to the question, 'What is your favorite way to save energy?' One winner from New York will be selected in April, and their winning drawing will be printed on t-shirts worn by National Grid employees during the company's Earth Day events. The winning student will also receive \$250 for their school and green packs, including t-shirts with their design, for their classroom. The deadline to apply is March 15, 2013.

"National Grid is committed to giving back to the community and promoting sustainable practices that will preserve the environment. The Green Energy Challenge t-shirt contest is a fun, effective way to teach students and educators simple techniques that can save their school money, while also fostering a long-lasting commitment to sustainability education," said Ken Daly, National Grid president for New York. "By participating in the contest, students in grades K-5 are introduced to important concepts around energy and energy efficiency. The contest emphasizes the importance of energy conservation and simple strategies that make a big difference."

Victoria Waters, the CEO at GEF, commented on the organization's relationship with National Grid: "We couldn't be more excited or proud to continue our successful partnership with National Grid. Our shared values around energy efficiency and the importance of introducing sustainability concepts in K-12 schools have made the Green Energy Challenge, and the t-shirt contest, a very strong program with national momentum."

The Green Energy Challenge, sponsored by National Grid, calls on schools across the nation to improve their

**A fun, effective way to teach students and educators simple techniques that can save their school money.**

energy efficiency through simple changes of behavior. The program is designed to empower students to take small steps that can have a big collective influence on our environment, economy, and society. During the challenge, students audit their classrooms, schools, and homes to find and fix energy leaks in an effort to reduce utility costs and help the environment.

Schools with a commitment to energy conservation and education are encouraged to become Energy Spotlight Schools. These spotlight schools will have their successes and initiatives showcased on GEF's website and in national press. The winning school will also receive 100 Green Packs (reusable bags, water bottles and snacks containers). To become a spotlight school you must be located in MA, RI or NY and submit your story to GEF by April 1, 2013.

More information about the Green Energy Challenge, the t-shirt design contest, and Energy Spotlight Schools is available on GEF's website, <http://www.greeneducationfoundation.org/green-energy-challenge-menu.html>.

### About (GEF)

GEF is a non-profit organization committed to creating a sustainable future through education. Sustainability Education provides educators with the real-world applied learning models that connect science, technology, and math education with the broader human concerns of environmental, economic, and social systems. GEF provides curriculum and resources to K-12 students and teachers worldwide with the goal of challenging youth to think holistically and critically about global environmental

concerns and solutions.

Become a member for free to gain full access to GEF's comprehensive library of standards-based lessons and activities at [www.greeneducationfoundation.org](http://www.greeneducationfoundation.org). Join the sustainability education conversation by following GEF on Twitter @green-edufdn and on Facebook at [www.facebook.com/green-edufoundation](http://www.facebook.com/green-edufoundation).

### National Grid

National Grid (LSE: NG; NYSE:NGG) is an electricity and gas company that connects consumers to energy sources through its networks. The company is at the heart of one of the greatest challenges facing our society - to create new, sustainable energy solutions for the future and developing an energy system that underpins economic prosperity in the 21st century. National Grid holds a vital position at the center of the energy system and it 'joins everything up'.

In the northeast US, we connect more than seven million gas and electric customers to vital energy sources, essential for our modern lifestyles. In Great Britain, we run the gas and electricity systems that our society is built on, delivering gas and electricity across the country.

National Grid delivers electricity to more than 3 million customers in Massachusetts, New York and Rhode Island. It manages the electricity network on Long Island under an agreement with the Long Island Power Authority (LIPA), and owns over 4,000 megawatts of contracted electricity generation, providing power to over one million LIPA customers. It is the largest distributor of natural gas in northeastern U.S., serving more than 3 million customers in New York, Massachusetts and Rhode Island.

Follow us on Twitter, watch us on Youtube, friend us on Facebook and find our photos on Flickr.

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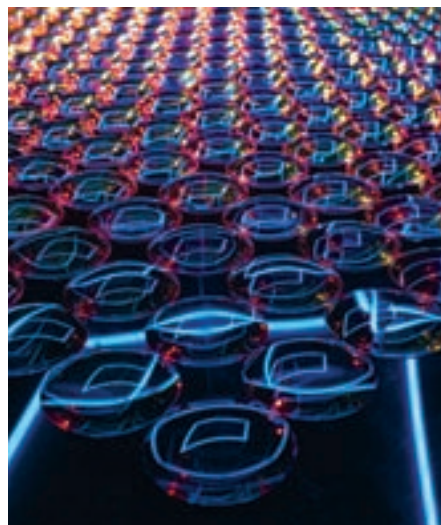
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# CAMP



GUIDE



# Mother's days

**A mom takes two weeks for herself while the kids are at camp**

By **Stephanie Thompson**

**W**hat happens to a mom left out in the woods without the kids or husband to hear? Who does she become?

I was curious to find out. So in the summer of 2011, when my 7- and 9-year old boys went to sleep-away camp for the first time, I rented a little place on a beautiful inlet on the North Fork of Long Island and posted a sign on the door: no boys allowed.

Two weeks. Alone. It dawned on me in cut-offs and a halter top in front of the fish counter buying shrimp to grill and serve myself over spicy arugula greens (a meal the boys would have hated) that I didn't really know how to do it. I had no idea how to be alone and unstructured. I had never quite determined what it was I liked to do by myself, how I

could balance creativity and productivity, how I could go solo for more than a few hours.

In fact, that is part of the reason why I decided to bear from my loins those mopsy-haired muffins that were suddenly far away. They gave me a reason to wake up in the morning. Motherhood makes it a pretty sure thing that you'll be booked for a long while. Who knew it was them who so often kept me in line, not vice versa?

So there I was, still a mom, but bereft of my progeny. Their exact whereabouts were unknown to me. Whether or not they'd wear any or all of the 14 pairs of underwear I'd packed into their duffels was anyone's guess, but I figured there was no sense worrying about it. Considering the possibility of anything perilous

*Continued on page 32*





Because the camp experience will have a significant impact on a child's life, it's important for parents to learn to choose a camp wisely.

Many parents can benefit from guidance in this area. For example, some parents may send a child to a camp they attended without considering how the camp may have changed, or the differences between the parent's and the child's needs and desires. In other cases, children go to a camp that a friend has enjoyed, assuming they will enjoy it, too. All too often, this assumption proves wrong.

While there's no easy way to find the best camp for your child, this will provide you with some basic guidelines for making this very important decision.

### What do you and your child want?

Regardless of the age of your child, it is important that the ultimate selection of a camp accommodate all or some of the needs, interests, goals, and expectations of both parent and child. The parent must make an effort to understand what the child wants and why. A good way to begin is to sit down as a family and respond to the following questions:

- What do you and your child want to gain from the camp experience? Learn new skills, develop more self-confidence, improve proficiency in certain areas, become more independent?

- What are other expectations of the camp experience?

- What are the special interests that your child wants to explore?

- Are there any physical, intellectual, or social limitations that should be considered?

- What kind of emphasis will your child profit from the most? For example: is a lot of structure desirable, is social interaction with members of the opposite sex important, or does your child need a place where she is encouraged to develop at her own pace? You may have other concerns that you'll want to keep in mind as you go through your selection process.

With the above information in mind, it is appropriate to look at some of the specific characteristics that should be considered in determining what you and your child want. These characteristics include:

#### Type of camp

Generally, camps are coed, all boys, all girls, or brother and sister. In a coed camp, there may be extensive interaction between boys and girls through activities or through the use of common facilities such as waterfront

# Finding the right camp for your kid



While there's no easy way to find the best camp for your child, this will provide you with some basic guidelines for making this very important decision.

and dining hall. Brother and sister camps may provide for some social interaction, but normally they have separate activities and facilities for boys and girls. They may be located adjacent to each other or may be miles apart.

Sleepaway camps provide a summer residential program where campers enjoy daily and evening activities. Depending on the type of program chosen, a camp experience can range anywhere from one week to an entire summer.

In considering sleepaway camp, parents should keep a few questions in mind:

- Is your child ready for a sleepaway experience?

- What is expected from the camp experience?

- What type of camp fits best with parent work schedules and family vacation times?

- What are the total costs of sleepaway camp?

- Take a moment to consider the type of camp that makes the most sense for your child and try to develop your reasons for those preferences.

- Is it coed, all boys, all girls, or

brother and sister?

- Is it general, specialty, academic, travel, or special needs?

After you have gone through your preferences and reasons, make a note of any additional questions or concerns that you still have.

#### Cost

Nonprofit camps are less expensive than private sleepaway. As a parent, you have to make a careful assessment of your family's financial limitations regarding camp costs. There are several very important calculations. How much would you have to pay to feed, entertain, provide childcare, and so forth, if your child stays home for all or part of a summer?

Second, be sure to estimate the extras that are involved in going to camp. Extras may include a camp uniform, charges for trips, transportation, the cost of visiting the camp, and the extra spending money needed by your child.

Third, remember that a good camp experience can be a long-term investment that will affect many other areas of your child's life. In other words, don't be too

concerned about saving a couple of hundred dollars over the course of the summer. If your child does not have a good experience, you both will have lost far more than you have saved.

Generally, children will attend sleepaway camps for either four or eight weeks. Four weeks at a good private sleepaway camp will cost anywhere from \$3,500 to \$6,500, and eight weeks will range from \$4,000 to \$7,000. Non-profit and organizational camps will range from \$1,200 to \$3,000 for four weeks and \$2,500 to \$5,000 for eight weeks. Two-week programs are occasionally available. Costs will range from \$650 to \$2,000. Specialty camps can range from \$500 to \$1,000 per week, depending on the program. You should take some time to consider what you can reasonably afford.

#### Size

Camps may vary in size from under 100 campers to more than 400. Smaller camps may foster a very special environment where campers and staff really get to know each other, and where individual needs can be quickly met.

Large camps are often organized into small units, thus making it possible to receive the same kind of attention offered by a smaller camp. This is a complex issue that will require special attention and investigation. In a good camp there may be little correlation between size and the quality of the total camp experience.

If you feel your child requires special attention in an area such as confidence building, it is probably more important to find out how a camp meets that need, rather than getting hung up on size. In this regard, you might want to keep these kinds of questions in mind:

- What do you do to prevent campers from getting lost in the shuffle?

- Can a below-average athlete feel comfortable in trying new things and in working on skills at her own pace?

- What is done to promote a sense of self-worth?

The answers to such questions and others will help you identify appropriate camps and as you move toward a final selection.





# Summer Day Camp 2013



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# Prepare your child for being away from home

Although camp is a time to develop new skills, have fun, gain independence, and experience new wonders, the camping experience is also one of the first times that many children will be away from home for an extended period.

In order to lead a more happy and productive camp life, children need to develop a positive self-image, the feeling that “I am somebody,” before they go to the first day of camp, and that’s your job as the parent.

The following ideas can help foster self-esteem in children:

- Level with children. Don’t talk down to a young person; instead, put yourself at eye level with a child. It can often minimize a problem, as well as make the

child feel equal.

- Let children make decisions. For example, early participation in health care decisions such as, “Do you want liquid medicine or tablets?” lessens a child’s feeling of powerlessness, and can foster an intelligent consumer attitude in children.

- Value rules. The purpose of rules is to help people get along with each other and, in turn, feel good about themselves. The best rules are written during calm times with the participation of the child.

- Show the child you understand. Share your childhood memories. Children need to know that their parents had trouble learning things, too. By showing understanding, you will help your child become more confident.

- Develop your own self-esteem. Parents need to feel valued and self-confident before they can help their children develop self-esteem. Parents should try to show their children that they don’t have to have it all together all the time to feel good about themselves.

- Children need to feel that they are special in and outside of camp. Parents have the advantage at home, because they can tailor the environment to what the child needs and wants. The following activities will help create some memorable one-on-one times between a parent and child:

- Keep a notepad ready to jot down ideas of special things to do with each of your children.

- Take your young child to the grocery store. Talk



Help your child gain a positive self-image before going to sleep-away camp.

- about prices, and let him pick out one thing to buy.

- Help your child make a scrapbook of a trip or something that he enjoys.

- Save the child’s drawings and colorful paintings and use them in decorative ways.

- Sit with your child and

discuss how you and he can make this day or this weekend better. Focus on your child’s strengths, not weaknesses.

## Alternatives to the traditional summer camp experience

Not every family can afford summer camp or chooses to have their children attend. But faced with two long months of vacation from school, what options are there for keeping children occupied during the lazy days of summer?

A top-run, private, sleep-away camp can cost around \$10,000 for the season. In today’s tight economic climate, many families are choosing to scale back expenses, and that includes pricey summer camps.

However, just because cost is a factor doesn’t mean that children can’t attend camp this season. Parents simply need to do their research or come up with other creative alternatives.

First, investigate the opportunities in your area. Summer camp doesn’t have to mean eight weeks of recreation in the middle of the wilderness. There may be locally run businesses that also offer summer programs. For example, many private day care organizations open up their doors to campers for the summer. They may set



If the traditional summer camp is not for your child, there are plenty of alternatives.

a limit on age.

Also, churches, synagogues and other houses of worship may offer a summer recreation program. If you are a parishioner, you might be eligible for a discounted rate.

Don’t forget to check out the YMCA or other clubs in the area. They typically offer a summer program. Some places offer payment plans to spread out the financial responsibility, while others may offer scholarships based

on financial need.

Find out if your child’s elementary school has a program for the summer. Some may offer crafts, sports and other activities for a few hours during the day. This is a benefit to parents who have to

work and cannot have their children home alone each day. Bus service may be available.

If you’ve exhausted other options, get creative. If you have a number of reliable friends or neighbors, you can set up a camp rotation. Each member of the camp group will be responsible for the kids on a particular day. The responsibilities rotate among the other parents. This enables free time for adults during the summer, and the potential to stagger work schedules and accommodate children being out of school.

Older adults, such as grandparents or other relatives, also may be able to assist in “camp” duties during the summer. Children, students and seniors often have a reduced admission rate to museums. Spending time together will help generations bond.

If you missed the registration deadline for summer camp or simply cannot afford it this year, there are other alternatives to keep children engaged during the vacation months.



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# Camp for special-needs kids



**H**ow can you find the camp that's best for your child, especially if he has a special need? Thanks to the Americans with Disabilities Act, there are plenty of options.

What will benefit your child most this summer? Be honest with yourself and clearly outline the specifics of dates needed, length of session required, location, supportive services required, and costs.

Many organizations offer day and residential summer camping programs for children and teens with disabilities. The Lion's Clubs, Easter Seals, and disability-specific organizations such as the

Muscular Dystrophy Association and American Diabetes Association are among them.

Others are just day programs, overnight camps, or both. Such organizations tend to cater to the specific needs of their clientele, supported by a long history of service to youth with disabilities and their families.

Some special-needs camps will offer educational support or continue with occupational therapy, physical therapy, or speech therapy. Campers are often enrolled or grouped by age or functioning level to provide an appropriate peer group.

Special needs camps can specifically handle the

medical, behavioral, dietary, physical, emotional, cognitive, or social needs of their campers.

Generally, the staff-to-camper ratio will vary from one to one or one to four.

Families choose special-needs camps for a wide variety of reasons. These may include existing relationships with an agency and knowledge of the philosophy and mission of that agency, security in knowing the camp is designed especially for their child, wanting their child to identify with a peer group of kids with disabilities, and security in knowing their child won't be "different" than the other kids.

All this might seem a bit overwhelming at first, but careful investigation can help you find a good match for both the camp and your child.

If physical accessibility is imperative, ask about the location and layout of the camp. Many camps are in wooded areas with limited, if any, pavement or well-graded paths. If your child is ambulatory but tires easily with a lot of walking, ask about the proximity of cabins, dining hall, activity areas, and waterfront.

Does the camp provide special meals or alternative foods for allergies, diabetes, or specialized diets? If the camp doesn't provide specialized meals, often, the family can provide the foods necessary or even review the camp menu in advance.

Does the camp have adequate medical facilities and staff? If your child requires specific intervention or care, is the camp able to provide it in its regular health care operations? Who provides the services required? Is there a nurse on-duty at all times? What support does the camp need to safely care for your child?

Whatever the reasons, the choice is yours to make, whether a traditional, inclusion camp or special-needs camp. The most important question is "what is best for my child this summer?"



Make sure your child has everything he needs before he goes to camp.

## What to pack for sleep-away camp

**W**hen packing for a camp, you should receive information on policies and procedures before your child is ready to go. Here are some suggestions:

**•Bedding:** Sleeping bags, sheets, blankets, and pillows are usually the camper's responsibility. Most beds are twin size or smaller and may be bunk style. Some camps supply linens.

**•Clothing:** Most camps supply a list of recommended clothing that varies with the climate. Be sure to pack long pants (for hikes and horseback riding) as well as shorts. Comfortable, durable shoes are a must, while special footwear is advisable for certain activities (tennis, hiking, and horseback riding).

Use a permanent marker or name tags to identify your child's belongings. Some camps require campers to wear uniforms. Some will furnish the uniforms, while others will provide ordering information.

**•Toiletries:** A small bag can be handy for toiletries if a camper has to walk to a separate building for showering and bathing. It is wise to pack sunscreen, lip balm, insect repellent, soap, toothpaste and toothbrush, shampoo, a hairbrush and

comb, and deodorant.

**•Laundry:** Generally, sessions under two weeks don't include laundry service. You might send a pillow case or laundry bag to store dirty clothing.

**•Equipment:** Camps usually provide items such as oars, life jackets, and craft materials, but check with the camp to be sure. The camper may want to bring a tennis racquet, musical instrument, or backpack. Don't pack radios, televisions, portable CD players, stereos, food, or hunting knives.

**•Spending money:** Camps have different policies on children bringing spending money. Some have stores that sell T-shirts, film, candy, and other items. Check with the camp staff.

**•Medicine:** Any medication should be properly labeled in its original container with dosage instructions and given to the camp's medical personnel for safe keeping.

**•Insurance:** Camper health and accident insurance may be provided by the camp. You might be asked to bring information on family health and accident coverage. Be sure to ask the camp director if there are additional charges for insurance.

## Mom

*Continued from page 27*

was as useless as checking the time when you're late and stuck on a train. There was nothing I could do (at least, that's what the rational part of me told myself, while my heart skipped a beat every time the phone rang).

Still, I loved the long, unstructured August days I spent mostly in my pajamas or my bikini. I worked

a bit on my novel, but gave up on the fantasy of finishing it in that short time span in favor of reading. I watched sexy foreign flicks that were highly inappropriate for boys. And I ate whatever I felt like whenever and wherever I felt like it — even ice cream for dinner, in bed.

I took long vigorous swims in the bay twice a day, with only my own drowning to worry about. I even dared to swim without a lifeguard.

It was as if The Rules for

me had been completely relaxed because I didn't need to play role model. There was relief in that, and also panic. Who was I again when I wasn't Mom?

I can't say, of course, that I completely discovered myself in those two weeks on the water, in the woods. But I settled for just giving myself a break, going slightly feral and doing just exactly what I liked.

A little time away, to remember myself and to relax. The Rules, was amazingly important. It taught me how

crucial it is to say "yes," sometimes instead of "no," something I have to learn as both a parent and a person.

I guess that's what the summer is for, and, hopefully, some of that relaxed figuring out of oneself outside the necessary concessions of family life seeps into the school year.

A little time away can make everyone, even a mom, feel capable of independence.

They're going back for a month this summer. Who knows who I might be when they return.



# Tips on starting your search for camp

When choosing a summer camp, here are some good guidelines with which to start your search:

- Take time to visit the site and meet the director.

- Talk to parents whose children attended the camp in the past.

- Camps not run by child care centers are not required to be licensed, but they should have reasonable adult-child ratios — especially for younger children.

- Find out how much training or experience the camp directors and counselors have had. The American Camping Association recommends that 80 percent or more of the staff be 18 years or older.

- Find out how long the camp has been around.

- Ask for a typical week's schedule of activities. Check for a balance of structure and creativity, quiet time and stimulation, safe boundaries and freedom.

- Make sure activities are developmentally appropriate for your child's age. Planning for younger chil-

**ONCE YOUR CHILD HAS BEEN IN CAMP FOR A FEW DAYS, PAY CLOSE ATTENTION TO HER MOODS AT THE END OF THE DAY.**

dren to play basketball for three hours is not appropriate and may be an indication of other inappropriate expectations.

- Check to see how the camp handles emergencies, sicknesses, and field trips.

- If children will be swimming, there should be enough certified lifeguards

and adult supervision.

- Ask directors and counselors how they handle discipline and behavior problems. How do they handle shy children? What do they do with a child who is afraid to go in the water?

- It may help your child feel more relaxed if you visit the site a few days in advance. Find her room, the water fountains, and the restrooms.

- Once your child has been in camp for a few days, pay close attention to her moods at the end of the day. A child who is frantic and uneasy may not be in the camp situation best for her.

- Although children benefit from being active, be sure not to over program for the summer. Children need a break, too. Remember that children also benefit from family activities and time to themselves.

- Ask your child, "Are you having fun?"



Although children benefit from being active, be sure not to over program for the summer. Children need a break, too. Remember that children also benefit from family activities and time to themselves.

## Prescription drugs at camp

The National Camp Association says that more than six million children will head to summer camp this year. In addition to raingear and swimsuits, more parents than ever before may be packing prescription medications for their kids.

According to pharmacy benefit manager Medco Health Solutions, more than half of children in the country are taking prescription drugs; the most common are medications for asthma, allergies, behavioral disorders, and infections.

"Any credible camp will have its own prescription

drug policy," said Becky Nagle, a pharmacist and senior director of clinical practice and education at Medco. "It's important that parents do their homework to understand who is responsible for their child's medication needs, and who the members of the camp's health care team are."

Nagle offers the following general tips to parents whose children may be required to take medications while attending camp:

- Know before you go.** Learn about the camp medical staff, its on-site medical facilities, and where the closest hospital is. Make the camp admin-

istration aware of any conditions your child has and any medications your child is on.

- Know who's in charge.** Make sure you know who is in charge of your child's medications, and who is legally allowed to or prohibited from administering them, whether it's a nurse, doctor, counselor, or camp coordinator.

- Medic alert bracelets.** If warranted, purchase a medic alert bracelet or identification for your child.

- Push the paper.** Submit all necessary paperwork regarding your child's healthcare, includ-

ing physical forms, consent forms, standing administration orders, and a list of all of your child's medications, as well as contact numbers for you, your child's pediatrician, and your pharmacist.

- Retain original containers.** All medications that are sent to camp for your child should be in the original containers with original labels.

- Make a medication list.** Make a list of all prescription and over-the-counter medications your child takes. Keep a copy for yourself, give one to your child, and make sure the medical staff and counsel-



ors at the camp have copies as well.

Take the time to explain to your child what medications he's taking and why he's taking them. Make sure the child knows whom

to see immediately if he begins to experience any reactions. And always make sure your child knows that it is never OK to share medications with another camper.



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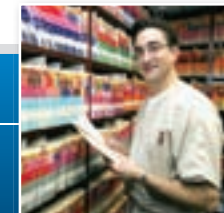
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Jameel & Jaleel Faussett - Queens, 2010.

Photo by Shino Yanagawa

## 'WE THE PEOPLE' photo, word exhibition

The John Cardinal O'Connor Campus of The College of New Rochelle's School of New Resources is featuring in the Gordon Parks Gallery, "WE THE PEOPLE: The Citizens of NYCHA in Pictures + Words" from Feb. 23, 2013 to May 5, 2013.

Over the course of 12 months, journalist Rico Washington and photographer Shino Yanagawa, collected stories and images through intimate interviews with former and current residents of New York City's various housing projects. This exhibition includes several photographs, printed interview excerpts, and short-form essays.

Inspired by the documentarian works of Jacob Riis, Gordon Parks, Ruiko Yoshida, Timothy Greenfield-Sanders and Elvis Mitchell, Washington and Yanagawa explored the concept of

**"WE THE PEOPLE" is a testament to those who have weathered the storms from urban blight to urban renewal.**

second-class citizenship as applied to Blacks and Latinos residing in New York City's Housing Authority sites in this project.

"WE THE PEOPLE" features interviews and photographs of such notable former NYCHA residents as author/filmmaker/cultural critic Nelson George, lauded photographer Jamel Shabazz, Young Lords cofounder/original Last Poets member/ Emmy award-winning news reporter Felipe Luciano, venerable jazz musician/ recording artist Olu Dara, author/ Emmy

award-winning filmmaker Dennis Watlington, Hip-Hop artist/ music industry CEO Buckshot, Hip-Hop icon Afrika Bambaataa, and many more.

The objective of "WE THE PEOPLE" "is not to elicit pity or sympathy, according to the artists, "but to challenge popular thought concerning these neighborhoods. "WE THE PEOPLE" is a testament to those who have weathered the storms from urban blight to urban renewal. Through these collected stories, a genuine document of the marginalized and the maligned emerges."

The John Cardinal O'Connor Campus is located at 332 East 149th St. in the Bronx, and the Gordon Parks Gallery is open on Fridays from 2:00 - 6:00 p.m.; Saturdays from 1:00 - 5:00 p.m. and by appointment or call (718)-665.1310.

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# CARIBBEAN ROUNDUP

Continued from page 2

He said 33 people were arrested for driving under the influence of alcohol on Carnival Monday and Tuesday.

Warner said there was one Carnival-related murder, but there were five murders over the Carnival weekend.

In 2011, there were 10 Carnival-related killings and in 2012, there was one Carnival-related murder.

He said the ministry was inviting Bill Bratton, the most successful crime-fighter in the New York Police Department, to give a series of lectures to improve the crime detection rates.

## Turks and Caicos

Dr. Rufus Ewing, premier of the Turks and Caicos Islands (TCI), has asked the United Kingdom to recall Governor Ric Todd, Attorney General Huw Shephard and Chief Financial Officer Hugh McGarrel Groves from office.

In a letter to UK Foreign Secretary William Hague, Dr Ewing, who is premier in an evenly-split House of Assembly, criticized what he alleged were atrocities and wrongful acts being committed by the Governor and UK officials on the island.

A spokesman for Governor Todd said he has full confidence of the Foreign Commonwealth Office and the Department for International Development.

Dr. Ewing, who led the Progressive National Party's victory in the November 2012 elections, its first since 2009, also said the country's 2011 Constitution Order should be amended. He said it is not a constitution of the people.

It was drafted and implemented by the Interim Administration during a period of direct rule by the UK, which has suspended the TCI's constitution following evidence of widespread corruption under the administration of former Premier Michael Misick.

## Bahamas

The Bahamas government has ordered its various departments and agencies to cut 10 percent from their budgets in response to serious challenges facing public finances.

Minister of State for Michael Halkistis said critical agencies such as the police and Department of Social Services would not have to cut their budgets.

The government is expected to formally announce the spending cuts in its mid-term budget statement to the present in the House of Assembly later this month.

The Minister said; "we are trying to bring down the \$550 million deficit.

"Part of our problem is that we give so much concessions, not only to the hotels, but duty-free concessions and other concessions," he said.

Compiled by Azad Ali

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# Love, Economics and Ethics

By Chudi Chukwudi

Just in time for Women's month, Jamaican playwright Marcia Forbes takes on sex, disloyalty, lies, promiscuity, hypocrisy and Christianity, in an off Broadway presentation that not only makes you shift in your seat, it also necessitates a 17-year and older policy! "Play or Be Played" mirrors the life of a young Christian woman who travels from the Caribbean to the USA, to reunite with her fiancé, in hope of a better life. Reality strikes when she discovers her 'married' fiancée is living in squalor and that the stories she has been told about America being a land of "milk and honey" quickly fades. Soon fear of abandonment, homelessness and deportation threatens her loyalty to her love, and she spirals into a life of frivolous sexual escapades.

Playwright Marcia Forbes hails from the beautiful island of Jamaica and started her theatre career as a performer. After her study at

the Edna Manley College of the Visual and Performing Arts, she decided to focus her attention on Directing and Playwriting. She has received many awards as an artistic Director in the Jamaica Cultural Development Commission's Drama, Music and Speech competition. She has also been successful in the International Schools' Drama Festival and has collected several accolades for her original plays, directing and set designs. Marcia believes in creating opportunity for raw, unharnessed talents. She is working tirelessly to create a theatre that embraces the talents and culture of Caribbean Artist and inner-city youth.

Ms Forbes was inspired to write this play after personal discoveries about friends and associates. She tuned into those that found themselves trapped in circumstances that lead them into a life of lies, infidelity and eventually compromising their relationships with God, spouse, fam-

ily and the country they love. She also takes the opportunity to bring clarity to the exploitation of immigrants who are trapped in relationships and have succumbed to abuse because of their immigration status.

Divided into two groups, the cast is made up of 14 talented Individuals from diverse background;- Jamaicans, Trinidadians, American, as well as an actor from Gabon Africa. Each has it's own unique interpretation of the script. The first group is comprised of older actors while the second provides a welcome introduction a fresh batch theater hopefuls, who want to ensure local theater is relevant to their generation and plan to use New and emerging tools as well as social media to attract and engage new audiences. The play's hashtag is '#play-or-beplayed'. You can also connect to the plays Social media profiles <http://Social.beplayed.com>

As a director, Marcia

Forbes hopes that men and women alike will leave the theatre accepting the fact that their destiny lies within themselves and not in their "mates" or those that can 'bankroll' their basic needs. She further hopes that at the end of the play; the audience, the cast and the playwright, will view the play as a teaching tool. She aspires to develop a new educational theatre interest, especially to people of Caribbean affiliation. She believes that for far too long, some Caribbean immigrants to the USA, have lived under the guise of lies, deceit and fear. She points to the reality that to date we have people still landing in the USA believing that America is a 'bed of roses' in which everything comes easy. For a limited time Merchandise and products designed specifically to support the production can be purchased at the website [www.beplayed.us](http://www.beplayed.us) Group or promoters rates for tickets are available at [www.beplayed.com](http://www.beplayed.com), or 646-450



Jamaican playwright Marcia Forbes.

2692

GRAFORSHA THEATRE & PRODUCTIONS is dedicated to producing Caribbean plays and will be collaborating with Caribbean and American playwrights.

Play or be played premiered on Feb. 28 at Roy Arias Theaters with five scheduled shows before the production is moved to the Producers Club Theater for 15 shows.

Play or be Played fills a void that has been absent from local theaters. It brings to focus issues relevant to the Caribbean community and

also provides a platform and an opportunity for discussion. Live local theater needs to be supported and encouraged.

Play or be Played is the first production of GRAFORSHA THEATRE & PRODUCTIONS. A new company engaged in theatrical and diversified communication activities. Praise goes out to Caribbean nationals such as Producers Kemar Forbes & Krystle Ainsworth who believe in the investment and harnessing of Caribbean culture and talents.

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# Tough challenges ahead for Cuban Vice President

Continued from page 18

mous holding company Cimex and virtually the entire tourism industry, who Diaz-Canel must persuade to follow him.

"I'm sure he's shown himself to be acceptable to the military already, otherwise this would never have happened," said Paul Webster Hare, the British ambassador to Cuba from 2001 to 2004 and now a lecturer in international relations at Boston University. "He has to be acceptable to them."

In Washington on Monday, State Department spokesman Patrick Ventrell said the U.S. remained "hopeful for the day that the Cuban people get democracy, when they can have the opportunity to freely pick their own leaders."

"We're clearly not there yet," he added.

Ventrell said Cuba needed to do more to open up if it wants repaired relations with the United States.

Still, observers said the naming of a successor, along with the economic and social changes Castro has instituted, could even-

tually lead to detente, or at least an easing of bad blood.

"There is a psychological and political benefit to naming somebody now," said Julia Sweig, a Cuba expert at the Washington-based Council on Foreign Relations. "It can demonstrate to the United States that there is an opportunity to change how we relate to this new Cuba."

Reaction to Diaz-Canel's promotion was met with a shrug by Cuban-American politicians who said that changing the nameplate outside the presidential office won't alter a system they see as repressive and undemocratic. And some analysts and exiles in South Florida questioned whether he will survive politically long enough to ever take control.

Little is known of Diaz-Canel's relationship with Cuba's other political or military elites, or his own personal ideology.

He is said to be a fan of the Beatles who in his youth wore his hair long at a time when both acts were considered anti-revolutionary. And

a former colleague says he is a private jokester despite his somber public demeanor.

Like almost all Cuban politicians who earned their stripes by mastering the art of backroom party maneuvering, Diaz-Canel seems to have learned long ago that there was no benefit to putting himself in front of the cameras.

It was a lesson he probably learned back in 2002, when fellow young turk Roberto Robaina was dumped as foreign minister after being accused of "political and ethical errors."

Diaz-Canel, who was part of Robaina's circle, not only survived the purge and a subsequent one that took down the next foreign minister and a prominent young vice president — but he appears to have thrived behind the scenes.

Robaina, who now paints pictures and runs a private restaurant in Havana, would not comment Monday on Diaz-Canel's rise. But a former colleague who has known Diaz-Canel since the 1980s said his career really began to take off after the purge.

## Hindu Temple hosts Black History Month events

Continued from page 3

"Interfaith Relations: The Road Ahead" and noted that in our increasingly pluralistic societies, more interreligious dialogue and cooperation is needed if conflict fueled by religion is to be constructively addressed.

Another panelist Mr. Roland Guy, owner, Ambrosia Health Food addressed the burning issue of "High Blood Pressure in the black community: Genetic and Environmental factors" and gave us some well-placed advice on the maintenance of the body temple.

Mr. Rohan Narine President of Sadana.org spoke on the topic of "Youth, Technol-

the audience valuable tips for surviving and thriving in this ever changing technological world in which we live.

Mr. Ernest Skinner, Activist spoke on the topic of "Political Rights and West Indians in NY" which presented a unique immigrant perspective on this subject.

Imam Hameed Ahmed, Spiritual Leader's topic was "Islam and Human Rights in Africa and the Caribbean" asserted that while we may be diverse yet we are all connected with the universe for we all a product of God's creation.

Roman Catholic priest, Peter Antonius Gopaul, chose the topic: "Liberation Theology" which he noted has always been marked by toler-

Remarks and best wishes by UWI lecturer, Dr Jerome Teelucksingh celebrating "this courageous event," were conveyed to the audience. on the topic "Honoring Our Heroes and Promoting Unity"

In addition, Mr. Willie Chen, author and artist, brought a Special Greeting from the Chinese Trinidadian Community. Mr. Mohammed Hack of the Interfaith Council of Global Sustenance also brought greetings from his organization.

The program concluded with an intercultural presentation comprising of Poetry, Song, Dance and Steel Drum renditions by pannist Mr. Patrick Davis.



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Photo by Arthur De Gaeta

### Loraine Parise, visiting from France

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# Barrons may switch Upstate/Downstate roles

Husband and wife political representatives Charles and Inez Barron may reverse commutes from Brooklyn by deciding to replace each other in the New York State legislature and the New York City Council.

Hinting an interest to argue issues from the upstate Albany legislature, Councilman Barron told a talk radio show listening audience to WBLS-FM that the possibility might be imminent.

Although he seemed reluctant to formally announce plans, Brooklyn's East New York champion quipped jokingly about his intention saying: "Guess who's coming to dinner, (Gov. Andrew) Cuomo?"

The councilman's parallel to a film which starred Sydney Poitier -- the first Black actor to win an Academy Award -- could be interpreted to suggest that the governor should be alerted to an unexpected guest who might stop in for dinner and could stay longer.



## Inside Life

By Vinette K. Pryce

His expiring term limit in the city Council will force him to relinquish the seat he has held in the 42nd Councilmanic District since 2002.

In order to retain political influence he is considering a bid to occupy the seat his Assemblywoman spouse has held since 2009.

During his tenure, Barron ran for congress last year, mayor in 2005 and sought the second highest elected position in city government by running for public advocate. He also made a bid for president of Kings County.

If the councilman so decides, a special election would be called to re-seat a representative in the 60th AD.

The councilmember said he will formally announce

a decision that could find the pair exchanging vantage while retaining power slots to decide New York law.

## Thespians Laud 100-Year-Old Lensman

Three of Hollywood's most accomplished thespians recently engaged specially invited guests and shoppers inside Macy's Department during a Black History Month tribute to film and photo legend Gordon Parks.

Actors Malik Yoba, Omari Hardwick and actress Malinda Williams engaged guests in spirited discussions about one of America's most reputed media icons during a program titled "In Conversation."

The discussion focused on Park's influence on films



In honor of Black History Month, Macy's, The Gordon Parks Foundation and the American Black Film Festival celebrate the 100th birthday of Black American Icon, Gordon Parks with actors (Left to Right) Omari Hardwick, Malik Yoba and Actress Malinda Williams. As they engage in a spirited discussion focusing on Gordon Parks' influence on film and the future of African American cinema.

Photo by Chris Griffith

and also questioned the future of African American cinema.

Presented by the midtown, Manhattan, store, the event was hosted in conjunction with the Gordon Parks Foundation and the

American Black Film Festival.

Libations and live music were also integrated into the presentation which commemorated the 100th anniversary of his birth.

Lucky shoppers in

the alleged world's largest department store were treated to a commemorative journal which featured photos taken by the renowned photographer.

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# ENTERTAINMENT

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## GLORIOUS TRIBUTE

By John Marrast

Brooklyn Center for the Performing Arts at Brooklyn College (BCBC) continues its 2012-2013 Season with The Freddy Cole Quartet on Saturday, March 16, 2013 at 8:00 p.m.

2010 Grammy nominee Freddy Cole presents a glorious tribute to the songbooks of Jerome Kern, Cole Porter, and his older brother Nat "King" Cole. In addition to Freddy Cole, the quartet includes guitarist Randy Napoleon, drummer Curtis Boyd and bassist Elias Bailey. They regularly tour the U.S., Europe, Asia and South America.

Lionel Frederick Cole was born on Oct. 15, 1931, the youngest of Edward and Paulina Nancy Cole's five children. His three elder brothers, Eddie, Ike and Nat (12 years Freddy's senior) were all musicians.

Freddy moved to New York in 1951, where he studied at the Juilliard School of Music and found himself profoundly influenced by



Lionel Frederick Cole.  
Photo by Clay Walker

John Lewis, Oscar Peterson and Teddy Wilson. He obtained a master's degree at the New England Conservatory of Music and then spent several months on the road as a member of an Earl Bostic band that also included Johnny Coles and Benny Golson.

He has been a recording artist since 1952 and has released more than 20 albums during his career, most recently his 2011 release, "Talk to Me," and his 2010 Grammy nominated "Freddy Cole Sings Mr. B."

In his five decades of  
Continued on Page 42

## Garifuna cultural retrieval efforts

By Chudi Chukwudi

The Yurumein Garifuna Cultural Retrieval group (YuGaCuRe) presents a fundraising concert, "A Day in the Life of a Garifuna Woman" at the African American Museum at 110 North Franklin Ave. in Hempstead, LI at 3:00 p.m. on March 10.

The concert promises to be an exciting and educational event with live music, drumming and storytelling by Garifuna singer/musician James Lovell, Garifuna dancer Miriam Suazo and a

spellbinding performance of "A Day in the Life of a Garifuna Woman" by Sonia Charles.

Videos of performances at Barrouallie, St. Vincent, a pivotal town during the reign of the Garifuna, at Sandy Bay, a popular Kallinago and Garifuna village, and at historic Balliceaux, the island prison where the Garifuna people were interned before being exiled to Roatan, will be on display, and patrons can enjoy delectable, authentic  
Continued on Page 42



Members of Kosmik Movement pose for a portrait in their Bushwick recording studio preparing for "War Ina East" in the Netherlands in March.  
Photo by William Farrington

# SOUND CLASH SPECIAL

## Brooklyn Goes Global

By William Farrington

In the Dancehall scene, sound system clashes are the proving ground. Brooklyn is considered by many to be the clash capital of the world. Step into Caribbean owned businesses, such as Peppas on Flatbush Avenue and you will likely find a poster announcing the next clash.

Clashes take place in clubs such as Albany Manor, Amazura in Queens

or in backyards or block parties, "Anywhere there are two djs and an audience" says MC Sparkz of Kosmik Movement. Kosmik Movement is a Brooklyn-based outfit that has stepped into the fray with a confident swagger, making a name for themselves as new voices in this fiercely competitive arena.

The artists spoke to Caribbean Life at their Bushwick recording studio

where they are now preparing for a big clash in Europe in March. Their words conveyed a respect for the artform and its tradition and their role as cultural ambassadors.

"Clashing originated in Jamaica," Easy explains, "it is what brought reggae music to the forefront in the ghetto. Starting with artists playing on soundsystems and evolved with

Continued on Page 42



## TOP OF THE CHARTS

### TOP 10 SINGLES



- 1 **I Knew You Were Trouble**  
Taylor Swift
- 2 **Locked Out Of Heaven**  
Bruno Mars
- 3 **Don't You Worry Child**  
Swedish House Mafia Feat. John Martin
- 4 **Thrift Shop**  
Macklemore & Ryan Lewis...
- 5 **Scream & Shout**  
will.i.am Feat. Britney Spears
- 6 **Ho Hey**  
The Lumineers
- 7 **Daylight**  
Maroon 5
- 8 **Try**  
P!nk
- 9 **Suit & Tie**  
Justin Timberlake Feat. Jay-Z
- 10 **Sweet Nothing**  
Calvin Harris Feat. Florence Welch

### TOP 10 ALBUMS



- 1 **Babel**  
Mumford & Sons
- 2 **Some Nights**  
fun.
- 3 **The Lumineers**  
The Lumineers
- 4 **Overexposed**  
Maroon 5
- 5 **Pitch Perfect**  
Soundtrack
- 6 **El Camino**  
The Black Keys
- 7 **Unorthodox Jukebox**  
Bruno Mars
- 8 **Boys & Girls**  
Alabama Shakes
- 9 **+**  
Ed Sheeran
- 10 **2013 Grammy Nominees**  
Various Artists

Presented by  
**verizon** wireless

# Freddy Cole Quartet

Continued from page 41

performing, he has been honored with two Playbill Nightlife Awards and the Oklahoma Jazz Hall of Fame's "Living Legend" Award. He was the subject of the 2006 documentary "The Cole Nobody Knows," and in 2007 he was inducted into the Georgia Music Hall of Fame.

Brooklyn Center for the Performing Arts at Brooklyn College's presentation of The Freddy Cole Quartet is made possible, in part, by Con Edison.

Brooklyn Center for the Performing Arts' programs are supported, in part, by public funding from the New York City Department of Cultural Affairs in partnership with the City Council. Major support for the 2012-2013 season is provided by: Brooklyn College; Target; Con Edison; Macy's Foundation; Mertz Gil-

more Foundation; TD Charitable Foundation; National Grid; the Herman Goldman Foundation, and Kings Plaza Shopping Center. Additional support provided by CNG Publications and The Brooklyn Eagle. The Sheraton Brooklyn New York Hotel is the official hotel of Brooklyn Center's 2012-2013 season. Applebee's and Crystal Manor will be providing the backstage catering.

Brooklyn Center for the Performing Arts gratefully acknowledges generous support from New York State Assemblywoman Helene E. Weinstein; New York City Councilman Albert Vann and the Department of Youth & Community Development; New York City Council Speaker Christine C. Quinn; and Commissioner of Cultural Affairs Kate Levin.

Tickets are can be purchased by phone at 718-951-4500 (Tues-



Lionel Frederick Cole.

Photo by Clay Walker

Sat, :100 p.m. - 6:00 p.m.), or online at [www.BrooklynCenter-Online.org](http://www.BrooklynCenter-Online.org).

Brooklyn Center for the Per-

forming Arts, Walt Whitman Theatre at Brooklyn College. Take the 2 or 5 trains to Brooklyn College/Flatbush Avenue.

## Kosmik

Continued from page 41

dub plates, special songs recorded by artists for your particular sound."

It is in this studio where many of their dub plates are recorded. Easy began cutting dub plates in November 2009, Don Angelo was the artist at the first session. He was building the sound and building relationships. Shabba Ranks, Sugar Minott, Barrington Levy, Beres Hammond, the Marleys, Marcia Griffiths, Allison Hinds, and Mr. Vegas are a few of the artists who have cut dub plates for the group.

Sir Tommies and Tony Screw were also mentors. So, Kosmik Movement was well prepared when they came out, at the No Peace Treaty Tournament at the Culture Barn in 2011. Since that night, they have clashed with King Addies, Silverhawk, Ricky Trooper, Supersonic, King Klepto and Barrier Free.

On March 30 in Eschede, Netherlands, they take another huge step forward in participating in the "War in East" facing off against veterans Sentinel Sound from Germany and Yardbeat from Japan.

Kosmik Movement explains that the audience decides the winner of the clash but in today's era they are performing for more than the live audience present. "It's a worldwide underground thing ... Japan, Europe, Australia, Africa. It's a big circle but a small circle, thanks to the internet. There are forums, audio and video posted and if there is a clash in Brooklyn tonight, tomorrow people in Africa are already inquiring what



A dub plate from the Kosmik Movement archives, "Drive By Shooting," by Junior Cat.

Photo by William Farrington

happened," Kosmik manager Alex Garcia explains.

Lee Majors is one of the stars who carried the music into this new era, for he is a veteran of the Biltmore Ballroom era, when there was a sound clash every weekend at the club on Church and Flatbush avenues.

When he first heard Kosmik Movement, Majors says, "I could hear immediately that they have talent and a love for it, and was impressed by the vibration of their sound, the musical energy, and knowledge. He agrees that the culture around the music is thriving, picking up in the last couple of years, driven by social media.

Garcia says, "Through that exposure we are getting booked in Europe. Different genres of music are now getting interested. For example P. Diddy has been hearing about the clashes and he went to Jamaica in January and set up a stage in Kingston where the top sounds clashed."

## YuGaCuRe Concert

Continued from page 41

Garifuna cuisine.

The event will take place one day before the official start of Garifuna Heritage Month, which runs from March 11 to April 12.

RSVP to Trish St.Hill at 347. 488. 4397 or email Trish at [Uhcharles@yahoo.com](mailto:Uhcharles@yahoo.com) or [YuGaCuRe@gmail.com](mailto:YuGaCuRe@gmail.com).

### History:

The Garifunas are a hybrid people of African, Carib and Arawak descent who originated on the island of St.Vincent; but who spread to other parts of the Caribbean and the Americas. In 1797, 5000 Garifuna men, women and children were imprisoned by the British on the tiny barren island of Balliceaux (pronounced Ba-lee-so), off the coast of St.Vincent and the Grenadines. Eight months later they were exiled to Roatan Island which is now a part of Honduras.

The Garifuna remaining in St.Vincent lost their language and much of their culture after the British ordered their soldiers to shoot to kill anyone who spoke the Garifuna language, that kept them at bay for many years.

Miraculously the language and culture survived among the Garinagu (plural for Garifuna), even in exile.

The YuGaCuRe initiative to

**The YuGaCuRe initiative to the Garifuna language and culture to its historic homeland of is spearheaded by Vincentian Trish St.Hill and James Lovell.**

retrieve the Garifuna language and culture to its historic homeland of St.Vincent and the Grenadines is spearheaded by Vincentian writer/publisher Trish St.Hill and Belizean musician/singer James Lovell.

It involves a month-long workshop in St.Vincent and the Grenadines at which children and adults have an opportunity experience the culture: language, music, dance, drumming, food and history of the Garifuna.

The official close of the workshop will be marked by a visit to the island of Balliceaux where the Garinagu people were interred.

Tax-deductible donations to the Garifuna Cultural retrieval efforts may be made through the YuGaCuRe fiscal sponsor, ELA (Endangered Language Alliance) at: <http://endangered-languagealliance.org/main/yurumein-garifuna-cultural-retrieval>.



# Willis back for 5th adventure in action franchise

**"A Good Day to Die Hard"**  
Fair (1 star)  
Rated R for profanity  
and violence  
In English and  
Russian with subtitles  
Running time: 98 minutes  
Distributor: 20th  
Century Fox

## By Kam Williams

When his wayward son lands in legal trouble in Russia, John McClane (Bruce Willis) makes his way to Moscow to spring Jack (Jai Courtney) from jail. But because the two have been estranged for a few years, the fretting father has no idea his ne'er-do-well offspring has cleaned up his act and

is now working undercover as a CIA Agent.

In fact, Jack has a very good reason for being in Eastern Europe, namely, to thwart a terrorist cell bent on world domination from getting its mitts on a stash of enriched uranium. And, once the truth comes out, father and son grudgingly join forces to keep the Free World safe for democracy.

That's about all the plot you need to know to follow *A Good Day to Die Hard*, the fifth installment in the storied franchise starring Bruce Willis. Unfortunately, the movie is basically a brainless indulgence in pyrotechnics, stunts and special f/x, marked by endless explosions, gun fights, car chases and death-defying leaps.

Diehard Die Hard fans will



Bruce Willis stars as John McClane in, "A Good Day To Die Hard".

Photo courtesy of www.rottentomatoes.com

undoubtedly appreciate Willis' trademark resort to smirking and sarcasm as effective weapons

against evil adversaries whenever he's faced with overwhelming odds. Plus, there's the comical

badinage between John and junior whenever embittered Jack belatedly endeavors to work out his childhood abandonment issues.

Macho John might muster up enough empathy to offer a hug, only to have the Kodak moment undermined by another wave of Soviet assassins armed to the teeth. So, don't expect sophisticated dialogue and you won't be disappointed. The best this simplistic script has to offer is professional wrestler-like villains asking: "Do you know what I hate about Americans? Everything!"

An implausible, action adventure featuring a couple of bomb and bulletproof protagonists more resilient than Wile E. Coyote, thanks to the miracle of cartoon physics!

## Independent & Foreign Films

*The Battle of Pussy Willow Creek* (Unrated) Civil War mockumentary about four, forgotten Civil War heroes: a gay colonel (Matthew Ludwinski), a nerdy, fugitive slave (Barron A. Myers), an aging, Chinese launderer (Scooter MacRae) and a one-armed prostitute (Mara Kassin). With Tim Cusack, Emily Mitchell and Christopher Lukas.

*The Condemned* (Unrated) Suspense thriller revolving around a dying doctor's daughter (Cristina Rodlo) who travels to the town where he ran a free cancer clinic in order to restore his reputation. Co-starring Dolores Pedro, Axel Anderson and Rene Monclova. (In Spanish with subtitles)

*Day of the Falcon* (Unrated) Costume drama, set in the Thirties, chronicling the fortunes of a Middle Eastern prince (Antonio Banderas) torn between tradition and modernity at the dawn of the Arab oil boom. Ensemble cast includes Mark Strong, Freida Pinto and Eriq Ebouaney.

*A Fierce Green Future* (Unrated) Eco-documentary recounting the environmental movement's evolution from the Sixties to the present. Co-narrated by Meryl Streep, Van Jones,



## Kam's Kapsules

By Kam Williams

Robert Redford, Ashley Judd and Isabel Allende.

*The Frankenstein Theory* (Unrated) Found-footage horror about a camera crew's ill-fated expedition to the Arctic Circle in search of proof that Mary Shelley's classic novel "Frankenstein" was inspired by an actual, scientific experiment gone bad. Starring Kris Lemche, Joe Egender, Timothy V. Murphy and Eric Zuckerman.

*Genius on Hold* (PG for mature themes, brief profanity and smoking) Father-son documentary about the diverging life paths taken by Walter Shaw and Walter Shaw, Jr., the former, a prolific inventor who died penniless, the latter, a common jewel thief who picked his profession because his dad had been ripped-off.

*Hava Nagila: The Movie* (Unrated) Musical documentary celebrating the history of the festive, Jewish folk song. Featuring commentary by Harry Belafonte, Glen Campbell, Connie Francis

and Leonard Nimoy.

*Here I Learned to Love* (Unrated) Holocaust documentary in which two Jewish siblings, now in their seventies, embark on a journey retracing their roots from Israel to Europe where they had been saved as toddlers from extermination by the Nazis. (In Hebrew with subtitles)

*Leviathan* (Unrated) Deep sea documentary capturing the dangers encountered on a daily basis by the hardy crew of a New Bedford fishing trawler plying its trade in the Atlantic Ocean off the coast of Massachusetts.

*Phantom* (R for violence) Ed Harris stars in this Cold War thriller as the captain of a Soviet submarine on a covert mission cloaked in mystery who finds himself forced to contend with rogue KGB agents determined to commandeer the vessel's arsenal of nuclear weapons.

*A Place at the Table* (PG for mature themes and mild epithets) Poverty documen-

tary about the 50 million people living in the U.S. who have no idea where their next meal is coming from. Featuring actor Jeff Bridges, activist Raj Patel and celeb-

rity chef Tom Colicchio.

*The Sweeney* (R for sexuality, graphic violence and pervasive profanity) Big screen adaptation of the BBC-TV show from the Sev-

enties stars Ray Winstone as a tough as nails cop who catches criminals by taking the law into his own hands. With Ben Drew, Hayley Atwell and Alan Ford.



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## COMMUNITY EVENTS

### SATURDAY, MARCH 2

**TAX PREP:** Ridgewood Savings Bank announced recently that it will again be hosting ARIVA's free Tax Preparation Days at four convenient Bronx locations. Tax Prep will be held at Soundview branch – 1626 Bruckner Boulevard; (718) 589-1323 from 9:45 a.m. – 4:00 p.m. Bronx residents are eligible for free tax filing if they are single with no dependents and earn less than \$25,000 or file with dependents and earn less than \$50,000. Since space is limited, qualifying taxpayers must call the branch that is hosting the session in advance to schedule an appointment.

**GANG & GUN SYMPOSIUM:** Kings County District Attorney Charles Hynes invites you to a Gang & Gun Violence Symposium at the Emmanuel Baptist Church. 36 St. James Place near Lafayette Ave., Brooklyn Contact: (718)250-2693

### SATURDAY & SUNDAY, MARCH 2 & 3

**DANCE:** Dancewave is proud to announce the return of the "Kids Cafe Festival Goes to College" at the Kumble Theater of Performing Arts at Long Island University, Brooklyn Campus. "Kids Cafe Festival Goes to College" is designed to provide a much needed service to the dance community by introducing interested high school students to college dance options and bringing new dancers into the dance field. The college theme is a twist on Dancewave's annual "Kids Cafe Festival," a popular community event now in its 19th year that invites high school dancers from all over New York City. Tickets are \$20 adults, \$15 with valid student ID, \$12 kids under 12 yrs., group rates available. To purchase tickets: (718) 488-1624, [www.kumbletheater.org](http://www.kumbletheater.org). Long Island University, Brooklyn Campus, Kumble Theater of Performing Arts, Flatbush Avenue between DeKalb Avenue and Willoughby Street, Brooklyn.

### MONDAY, MARCH 4

**PRESENTATION:** Matrimonial law and Contestes Divorce Proceedings in New York City: A Presentation by the Brooklyn Bar Association. The presentation will take place from 6:00 p.m. - 8:00 p.m. Brooklyn Bar Association, 123 Remsen St.- Brooklyn. To register, call (718) 624-0675.

### FRIDAY, MARCH 8

**LEARNING CENTER:** Classes for everyone include screenwriting, write a book or movie script, create a resume, how to create wealth, get/ keep spouse, start a business and manage anger/conflict through art. The open house from 10:00 a.m. - 7:0 p.m. The party starts at 7:00 p.m. til 10:00 p.m. \$10 donation. 147-12 Archer Ave., Jamaica, N.Y. Call (718)297-3720 or visit [www.royakpeople.org](http://www.royakpeople.org).

**COMMUNITY LEARNING CENTER:** Grand Opening party from 7:00 p.m. to 10:00 p.m. 147-12 Archer Ave, Queens. For more information, call (718) 291-1094.



**FARMERS MARKET:** Seeds in the Middle is sponsoring The Crown Heights Farmers Market offering fresh fruits and vegetables, including calaloo and Caribbean favorites and accepting EBT,WIC, Snap, FMNP, Health Bucks, and Fresh Connect. The market will be operating every Thursday from 12 noon to 7:00 p.m. at Hamilton Metz Park at Albany and Leferts avenues, Brooklyn. For more information, visit [www.seedsinthemiddle.org](http://www.seedsinthemiddle.org).



**IMMIGRATION SERVICES:** Free immigration services. Wednesdays 11:00 a.m. - 6:00 p.m. 67 Hanson Place, Office of Council Member James. Call (718) 260-9191.

### SUNDAY, MARCH 10

**PERFORMING ARTS:** Brooklyn Center for the Performing Arts at Brooklyn College concludes its 2012-2013 Target Storytelling Series with "Sleeping Beauty." All tickets are \$7 and can be purchased by phone at (718)951-4500 (Tuesday - Saturday, 1:00 p.m. - 6:00 p.m.), or online at [www.BrooklynCenterOnline.org](http://www.BrooklynCenterOnline.org). Recommended for ages four and up.

### ONGOING

**COMMUNITY CENTER:** Are you looking to improve your life? Take a class at Community Learning Center: How to Write a Book or Script, Create a Resume, How to Create Wealth, Get/ Keep a Spouse, Start a Business. Classes for everyone. Community Learning Center 147-12 Archer Ave., Queens . For more information/RSVP, call (718)291-1094

### UNTIL APRIL 15

**FREE TAX ASSISTANCE:** BronxWorks will be provide free tax prep to the South Bronx residents.

**MORRIS ISC:** Monday to Thursday, 10:00 a.m. to 7:00 p.m.; Friday, 10:00 a.m. to 5:00 p.m.; Saturday, 9:00 a.m. to 5:00 p.m..

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**FORECLOSURE SERVICES:** Are you behind in your mortgage or seeking a modification? The Flatbush Development Vcorp, NHS of East Flatbush and the Center for N.Y.C. Neighborhoods are offering free services and assistance. Referrals for free legal assistance are also available. To schedule an appointment, call (718) 469-4679.

a.m. to 2:00 p.m.

### UNTIL APRIL 15

#### FREE TAX ASSISTANCE:

Ariva at Spring Bank, 69 E. 167A Gerard Avenue, 2nd Fl., Monday & Thursday, 5:00 to 7:30 p.m.; Tuesday & Wednesday, 1:00 to 7:00 p.m.; Saturday, 10:00 a.m. To 4:00 p.m.; call 718-292-2983 for further information.

Volunteer Income Tax Assistance (VITA) and Tax Counseling for the Elderly, at the Bethex Federal Credit Union, 20 E. 179th St., Thursday And Friday, 5:30 to 9:00 p.m.; Saturday, 9:00 a.m. to 4:00 p.m.; and Sunday, 10:00 a.m. to 4:00 p.m.; call 718-299-9100 for further information.

Food Bank of New York City, at 1000 Sedgwick Ave., Ste. 1A, Monday & Thursday, 2:00 to 6:00 p.m.; Wednesday, 11:00 a.m. to 2:00 p.m.; and Saturday., 3:00 to 6 :00 p.m.; call 212-639-9675 for further information.

**IMMIGRATION SERVICES:** Free immigration services. Wednesdays 11:00 a.m. - 6:00 p.m. 67 Hanson Place, Office of Council Member James. Call (718) 260-9191.

### UNTIL MARCH 9

**TIMEHRI TRANSITIONS:** Expanding Concepts in Guyana Art. The artist will include Damali

Abrams, Carl Anderson, Dudley Charles, Victor Davson, Marlon Forrester, Gregory A. Henry, Sadiq Khan, Donald Locke, Andrew Lygt, Bernadette Persaud, Keisha Scarville, and Arlington Weathers. The curator will be Carl E. Hazelwood. The gallery is open Wednesday-Saturday from 11:00 a.m.- 6:00 p.m. Wilner Jennings Gallery at Kenkeleba 219 East Second Ave. B, New York, New York 10009, (212)674-3939. Admission is free.

**DONATIONS:** St. Robert Bellarmine Church is joining efforts with the Dioceses of Trenton to bring relief to victims in the hardest hit areas. The church has organized a sorting sub station in the parish and will be delivering donations to various locations shortly. The church is seeking donations of cardboard shipping boxes for packing or rubber bins for storage for victims. Donations are tax deductible and the church will provide you with a receipt upon request. Feel free to contact St. Robert Bellarmine Church at any time Attn: SRB Hurricane Relief Effort, 61 Georgia Rd., Freehold, NJ 07728 or [srbwelcome@gmail.com](mailto:srbwelcome@gmail.com), Pam Stengel (732) 580-0075, Linda Altini (917) 578-4852. Phone: (732) 462-7429 or Fax: (732) 409-3496.

**QUEENS SICKLE CELL:** The Queens Sickle Cell Advocacy Network, 207-08 Hollis Ave., Queens Village, N.Y., presents a Parent to Parent Support Group meeting every first Monday of every month, 7:00 p.m. For directions and registration, call (718) 712-0873 or email [Qscanorg@verizon.net](mailto:Qscanorg@verizon.net).

**FAIRWAY MARKET SHUTTLE:** Fairway Market is now offering a free group shuttle bus to its Red Hook, Brooklyn store at 480-500 Van Brunt St., Mondays thru Wednesdays from 10:00 a.m. - 7:00 p.m. For pick-up reservations for groups of 10 or more, within a five-mile radius of the store, call Viola Williams or Marcy Rosenblum at (347) 750-1251. There will also be pickups on Wednesdays at 10:00 a.m. and 1:00 p.m. at 589 Prospect Ave., between 11 and 10 avenues. All seniors get a five percent discount in the store. Each group will have an hour and a half to shop and/or enjoy a bite to eat in the picturesque cafe by the waterfront.

**COMPUTER TRAINING:** Mount Carmel Worship and Outreach Center is holding adult and children computer training programs, 10:30 a.m. 12:30 p.m. or 1:00 p.m. - 3:00 p.m. on Saturdays. Call (917) 609-0909 for registration details.

**REVERSE MORTGAGE COUNSELING:** Are you a senior homeowner struggling to make ends meet? A reverse mortgage may be an answer. NHS can help determine if this is the best option for you. All programs discussed are backed by the federal government. For information, call (718) 469-4679.

**HOME IMPROVEMENT:** Did your roof collapse? Does your brolier need replacement? Do you need major repairs done but lack the finances? NHS of East Flatbush can assist you. For information on home improvement programs, call (718)469-4679.

Compiled by Natalie Y. Henry





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# 'Double Victory' by Cheryl Mullenbach

"Double Victory"  
by Cheryl Mullenbach  
c.2013, Chicago  
Review Press,  
\$19.94 / \$21.95  
Canada, 266 pages

By Terri Schlichenmeyer

You only wanted a job.

You needed a little spending money, a way to put food on the table, something to do that meant something or made a difference. So you applied for positions that sounded good and paid well, or seemed interesting and came with opportunity.

Humans, it's believed, are wired for work. We need to contribute somehow, in some meaningful way. But as you'll see in the new book "Double Victory" by Cheryl Mullenbach, some jobs don't come without a double battle.

Shortly after the U.S. entered World War II in 1941, a desperate call went out for workers because America's men were going to war. White women were encouraged to do the jobs their men had left behind. Black women wanted

to do their part, too. They saw a chance to help win the war and to make better money: many of them were getting \$2 a week as domestics, while factory jobs might pay twenty times that.

Time and time again, however, they were turned away - even though President Franklin Roosevelt had signed Executive Order 8802, which encouraged "full participation in the national defense program by all citizens... regardless of race..."

Emboldened, black women kept trying for jobs and, eventually, despite ongoing discrimination, there was such a strong need for workers that some were finally hired (although still segregated). At first, the jobs were menial or purposely difficult in the hopes that the women would quit.

But they didn't, which encouraged other black women to bust barriers wide

open. Even Black Hollywood got into the effort to win the war.

When the government finally allowed black men into the Armed Forces, black women leaped to join, too, and were accepted into the WAAC (Women's Army Auxiliary Corp, later just WAC) in 1942. They still faced segregation but were finally allowed to "do their part" at home and overseas. And yet, despite that they sacrificed in service to their country just as their white countrymen did, when the war ended, there was just more discrimination.

No doubt about it, "Double Victory" is an eye-opener, especially for the generations born post-WWII.

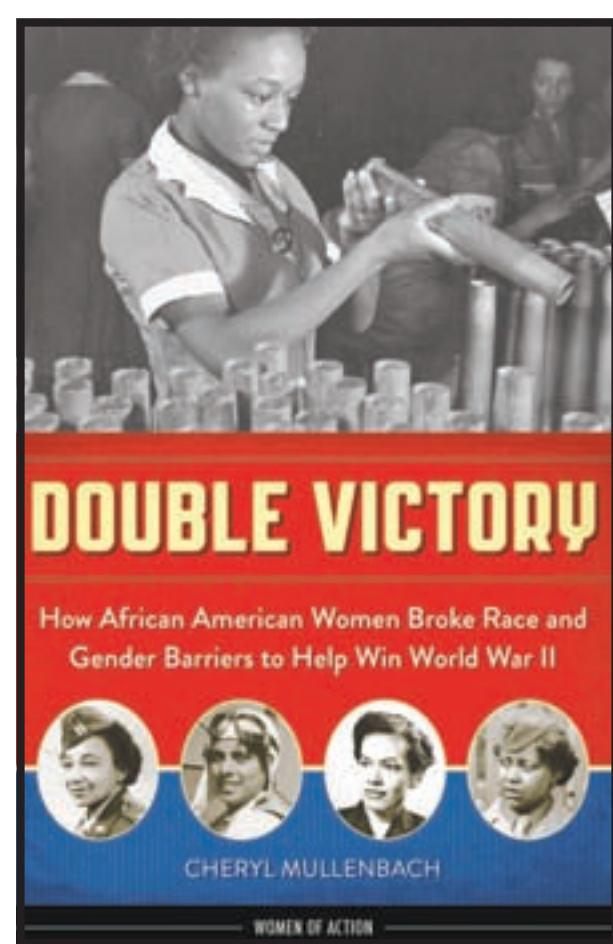
Through interviews, newspaper accounts, books, documents, and diaries, author Cheryl Mullenbach tells the story of a courageous group of women who were determined to serve their coun-

try, even when it seemed that no one wanted them to. It's shocking to see how black women endured more severe discrimination than did their male counterparts, and I was surprised at the almost-ridiculous lengths to which segregation went to keep black women as more than second-class citizens. I almost wanted to cheer as I read each individual story that Mullenbach includes here; these were women who were tough as nails and as tenacious as pitbulls in Army-issued "exercise dresses." Seriously, how cool is that?

While this seems to be a book for teen readers, I surely think adults will get just as much out of every word here. If you're looking for a book with an until-now-quiet story, "Double Victory" will do the job.

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## BOOK REVIEW



Book cover of "Double Victory."

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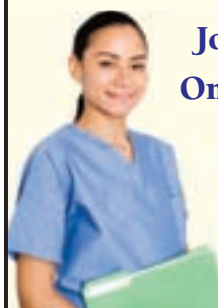
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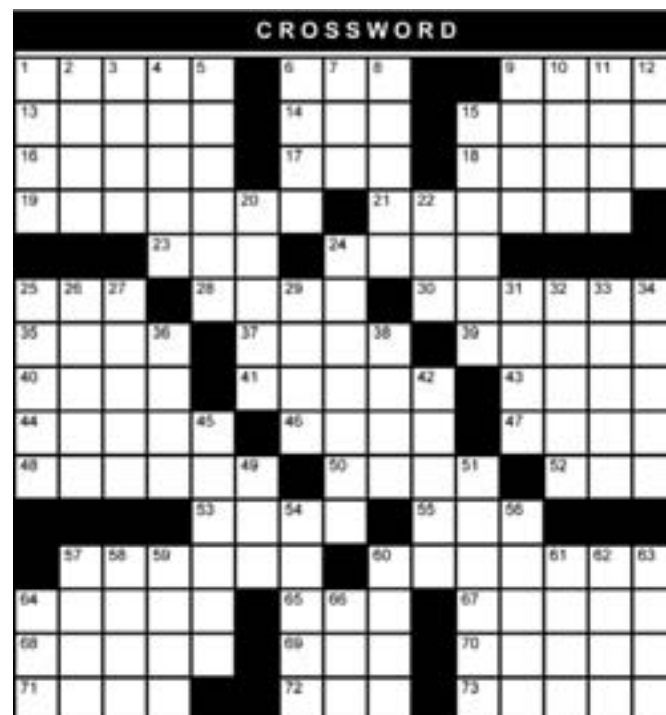
1. Money under mattress, e.g.
6. Convex and used for cooking
9. Practice in the ring
13. Male contessa
14. "A likely story!"
15. Pipsqueak
16. Run \_\_\_\_\_ of the law
17. George Gershwin's brother
18. Speak like Pericles
19. \*\*"Chariots of Fire" sport
21. \*Mr. Miyagi's sport
23. Sticky stuff
24. Not a hit
25. Writing point of pen
28. Comfy spot
30. Agitated
35. In a frenzy
37. To buy something "for a \_\_\_\_\_"
39. Stallion's cry
40. What Simple Simon wanted to taste
41. Glorify
43. Expunge
44. Open-mouthed
46. Time for eggnog
47. Son of Aphrodite
48. \*Manny Pacquiao's sport

50. At a great distance
52. Lusitania's last call
53. Flipside of pros
55. Part of smog
57. Gourmet's organ?
60. \*Grand Tour sport
64. Meeting place
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11. Chips, perhaps
12. Pastrami holder
15. Decline

20. Pirate's necklace
22. \_\_\_\_ Wednesday
24. Marie Antoinette's garments
25. Muslim ruler honorific
26. Insect, post-metamorphosis
27. Laundry booster
29. Jimi Hendrix' " \_\_\_\_ Lady"
31. Formally surrender
32. Wedding cake layers
33. Icy hut
34. \*Bobby Fischer's game
36. Civil War headgear
38. \*Subject of "A Good Walk Spoiled"
42. Like kale and spinach greens
45. Live in a tent
49. Caught
51. Did this to one's world
54. Bundle of axons
56. Taken to field in baseball
57. \*a.k.a. "the sport of kings"
58. Mojito, \_ \_\_\_\_ drink
59. Coal unit
60. Copper coin
61. Eye part
62. Adam's apple spot
63. Gangster's pistols
64. Communications regulator
66. Stumblebum



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## SPORTS

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## Holstead climaxes great season

By Robert Elkin

Delencio Blanco-Holstead is one of the top sprinters heading into the outdoor season at Valley Stream Central High School. He turned in a decent senior season on the indoor or winter team. He will officially end it in the upcoming New York State Scholastic Meet this weekend.

He qualified for the championships when in the State Qualifier he ran a tremendous 55-meter dash.

At first when the race was over he thought that he had won it. Even though he did not, he still made the team because the runner-up also qualifies for the select squad.

In preparing for the race, Coach Jason Nappy and his staff worked on his start and his form "He has gotten so much better this season (which has been) unbelievable," Nappy said. "He has a great work ethic and attitude and is a great kid to work with."

Because he runs a little bit odd, Nappy and his coaching staff are trying to get

Continued on Page 50

## Three-way prez race

By Azad Ali

There could be a three-way fight for the post of president of the West Indies Cricket Board (WICB)- the vote for which is scheduled for its annual meeting in St. Lucia on March 27.

Two contenders, former West Indies captain Clive Lloyd and vice-president Dave Cameron have already stated their intention to contest the post. Julian Hunte, after hinting that he would step down as president, has been reportedly influenced to seek a fourth successive term.

The incumbent Hunte has been in charge since 2007.

Lloyd the most successful West Indies captain has indicated his desire to be part

Continued on Page 50



# MLS KICKS OFF

New York Red Bulls's Thierry Henry moves the ball up against FC Dallas in the second half of an MLS soccer match in Frisco, Texas.

AP Photo/Tony Gutierrez

## N.Y. Red Bulls play hosts Portland Timbers

By Patrick Horne

Major League Soccer kicks off its 18th season on Saturday and Sunday, March 2-3 with matchups involving 18 of its 19 teams in a two-conference alignment. Among the matchups this weekend is the contest between the New York Red

Bulls and hosts Portland Timbers on Sunday, March 3. Both teams have new coaches and will have more new faces than old ones on the field.

The Red Bulls gained the fourth of five playoff berths in the Eastern Conference last season but was eliminated in

the first round of the playoffs by third-place DC United. The new front office handed the coaching reins to former Red Bulls fullback Mike Petke and proceeded to deliver fresh faces for Petke. Gone are defenders Raphael Marquez and Wilma

Continued on Page 50



Portland Timbers forward Ryan Johnson (9) kicks the ball against AIK during a soccer game at Jeld-Wen Field, Saturday, Feb. 23, 2013, in Portland, Ore.

AP Photo/The Oregonian, Thomas Boyd

## Red Bulls show positive side

Continued from page 49

Conde; they were replaced with defenders Jamison Olave, Kosuke Kimura and Digao, who will team with Connor Lade, Brandon Barklage, Marcus Holgersson, Roy Miller and Heath Pearce to form the defense. Midfielders Joel Lindpere and Teamo Taino are also gone, as well as forwards Sebastien Le Toux and second leading scorer Kenny Cooper.

Brazilian World Cup veteran Juninho will join Dax Mc Carty, Tim Cahill and Englishman Lloyd Sam in midfield, while Thierry Henry will form a forward tandem with Fabian Espindola and hope for support from Costa Rican international Josue Martinez. Goalkeepers Luis Robles and Ryan Meara are back.

Changes often bring a period of instability until players get to really know each others tendencies and work together. It seems New Red Bulls are not immune to this instability; the team was winless and was outscored, 9-3, in four games during the four-team Desert Diamond Cup in Arizona just before the season opener. New York lost, 2-0, to New England in the third-place matchup, after losing games to Seat-

**Changes often bring a period of instability until players get to really know each others tendencies and work together.**

tle and Real Salt Lake.

Despite the poor showing, Petke cited Henry, Juninho, Cahill and Espindola for their positive work. "The real positive side is how much we created, how much those guys influenced what we did as a team after going down 2-0, not hanging heads, pushing everybody on," Petke said. "To us, that was a big turning point in preseason today."

Petke had no such words for his defense because he says that they are "giving goals away." Petke couldn't really name a starting back four except to say that Olave is the only one he is sure of that will man the backline.

Meanwhile, the Timbers, with a very strong fan following in the Northwest, are looking forward to the leadership of former University of Akron and U.S. Under-23 coach Caleb Porter. Porter has at his disposal Kris Boyd, the Scottish

Premier League's all-time leading scorer, Colombian José Valencia and Jamaican internationals Ryan Johnson, a top scorer acquired from Toronto FC in the off-season, and experienced goalkeeper Donovan Ricketts who recently was outstanding for Jamaica in his country's historic goalless draw in Mexico's Azteca Stadium in a World Cup qualifying showdown. Portland missed the playoffs last season and now seems determined not to repeat the mistake.

Defense seems the most worrisome for Porter; Ryan Miller, former University of Connecticut standout Andrew Jean-Baptiste, Hanyer Mosquera and Mike Harrington are among a new backline that is inexperienced and may just be its Achilles heel this season unless they learn quickly to work for each other and maintain a very high work rate.

Portland's midfield has experience in Diego Valeri, Steven Evans, Diego Chara, Jack Jewsbury and Will Johnson.

The Timbers real strength, though, is in its offense. A front tandem of Boyd and Johnson supported by José Valencia, Darlington Nagbe, Danny

Mwanga and Sebastián Rincón could score goals, but a potent offense could take a team only so far – it is Portland's defense that could make it a champion.

The New York-Portland matchup is a fairly even one with New York having the edge in experience on the field. The game kicks off at 7:30 PM at JELD-WEN Field (TV: ESPN2). May the better team win!

In other matchups on Sunday, two-time defending champion Los Angeles Galaxy will be without top forward Landon Donovan when it hosts Chicago Fire; Donovan is expected back with the team by the end of March. Western Conference champion San Jose Earthquakes will host Real Salt Lake.

On Saturday, March 2, Columbus Crew hosts Chivas USA, Colorado Rapids will entertain FC Dallas, DC United is at Houston Dynamo, Eastern Conference winner Sporting Kansas City travels to Philadelphia Union, Montreal Impact goes to Seattle Sounders and Toronto FC is at Vancouver Whitecaps. The New England Revolution has a bye opening weekend. Each team will play 34 games in the regular season.

## Race

Continued from page 49

of West Indies cricket once again, provided that the people in the Caribbean believe that he can make a contribution.

Lloyd, who is a former chairman of the International Cricket Council (ICC) Cricket Committee resigned from his role as non-member director of the WICB last February, citing concerns raised by some officials with regards to his role as head of the government-established Interim Management Committee for cricket in Guyana.

He represented the West Indies on the field from 1966 to 1985, while he served as an administrator



Clive Lloyd.

AP Photo/Matt Dunham

from 1990 to Feb. 14, 2012 when he tendered his resignation. In 1971, he was named Wisden Cricketer of the Year.

Cameron joined the WICB as Jamaica Cricket Association director and has been Hunte's deputy over the past six years.

## Holstead

Continued from page 49

him to relax more. "He's relaxing and opening up a little bit," continued Nappy. "And he's shown it. He went out straight and finished straight (in the State Qualifier). It's a wonderful thing for a wonderful kid."

Holstead finished second in 6.72 seconds to Wantagh's Pat Quigley, who recorded a winning time of 6.68 in the Section Eight Qualifier, held at St. Anthony's High School indoor track and field facility.

Delencio is the son of Dwight Holstead, who grew up in the Caribbean and was a former runner there. Now Dwight is a business man as he owns night clubs in Brooklyn.

A native of Antigua, Dwight teaches his son to push himself and never to give up. It seems that every time he losses he does give up.

"I got to always be ready to push myself all the time," Delencio said.

The student athlete is also a football player at Valley Stream Central where he played both on offense and defense on its teams in three of his four years. In addition to prac-

ticing and playing football during the fall, he trained for the indoor track team and worked hard every day as he is not a long distance runner.

A four-year athlete at Valley Stream Central, the 18-year-old youngster pushed hard every day in the workouts.

It all paid off as he was clocked for the indoor 55-meter dash in 6.72 in the State Qualifier. His best time is 6.54 set in the Conference meet also at the same venue. Holstead also thanks his coaches and his hard work and training for where he is today.

He said that he does what he has to do, when asked about his style of running.

"I go out and push my hardest," he added.

During the outdoor season, he will run the sprints and will also compete on the relay teams with his teammates, and in the long jump.

He is looking forward for a track scholarship in college. His first or primary sport is track, but he may consider playing football also in college. His goal is to attend a Division I College in track.



# Bravo sends message to Hunte and company

Dwayne Bravo, the stand in captain for the One-Day Internationals and two Twenty20 matches against Zimbabwe, showed his full top class skills in every category. As leader of the team from the two matches played, he not only led the team successfully but in the manner in which he captained created a level of comfort within each player and blossomed a new day of success for West Indies cricket.

## Those Who Have Eyes Let Them See

Progress must continue and the clock must not be turned backwards. The West Indies players are literally out of darkness and they have been provided a shining light of leadership by the prolific and experienced Trinidad and Tobago all-rounder Dwayne Bravo. The authorities including WICB President Julian Hunte and the selectors must act in the best interest in the develop-



## Eyes on Cricket

By George H. Whyte

ment of the sport to help the West Indies team reach the hierarchy of world cricket in all three categories Test matches, One-Day Internationals and maintain the supremacy in the Twenty20 of which the Windies are presently world champions.

Dwayne Bravo's 6 wickets for 43 runs in the second One-Day International in St. George's, Grenada and winning the man of the match surely proved his mission with a cricket passion for success.

## Coach Must Set Winning Test Pattern

It is the responsibility of West Indies head coach Ottis Gibson, after he was offered and gladly accepted a second term, to introduce a specific program in

which the team can place high in the Test ranking. A minimum of four specialist bowlers must be in the Test team and their responsibilities be individually strategized.

No bowler must be over worked unless it is fitting and warranted. The responsibilities of taking wickets and causing a team to win must be shared and any captain must be sensitive in this area. Gibson ought to measure up with international standards and implement some of that knowledge and skills he gained in England.

West Indies pacers must learn to place the ball correctly. Ravi Rampaul, the Trinidad and Tobago medium fast bowler, is always on top of his game.

He has been successful in



File photo of West Indies' Dwayne Bravo as he appeals for a wicket against Australia during their One-Day International cricket match in Perth, Australia, Sunday, Feb. 3, 2013.

AP Photo/Theron Kirkman

taking wickets for the West Indies in all three categories of the game. Good cap-

taincy is vital to any cricket team and it is hoped that the West Indies selectors

and management would seriously acknowledge this fact.

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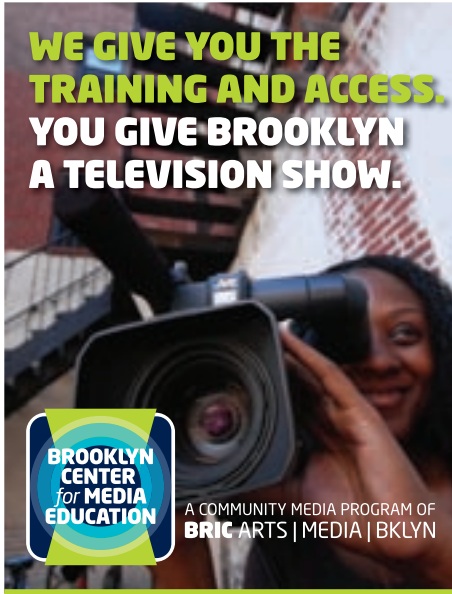
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# Caribbean community classifieds

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Email: classified@cnlocal.com

In Person: 1 MetroTech Center North  
Brooklyn, NY 11201

## WE'RE OPEN

Monday through Friday 8:30 am - 6:00 pm

## DEADLINE

Every Tuesday at 5:00 pm for new ads, renewals, changes, or cancellations.

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## Employment Pg 71



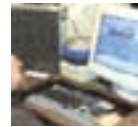
- Sales Help Wanted
- Medical Help Wanted
- General Help Wanted
- And More

## Business Opps Pg 71



- Financing / Loans
- Business For Sale
- Misc. Business Opps
- And More

## Instruction Pgs 70-71



- **Career Training**
- Education Services
- Tutoring
- And More

## Merchandise Pg 71



- Garage / Yard Sales
- Merchandise Wanted
- Merchandise For Sale
- And More

## Here's My Card Pgs 73-74



- Professional, Commercial And Residential Services
- Attorneys
- Home Improvement
- Moving & Storage

## Real Estate Pg 72



- Rentals
- Properties For Sale
- Open Houses
- Commercial RE
- And More

## Services Pg 71



- Beauty Care
- Handymen
- Home Improvement
- And More

## Automotive Pg 71



- Autos For Sale
- Autos Wanted
- And More

## ► EMPLOYMENT

To Place Your Ad  
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## PUBLISHER'S NOTICE

All employment advertised herein is subject to section 296 of the human rights law, which makes it illegal to advertise any preference, limitation or discrimination because of race, color, creed, national origin, disability, marital status, sex, age, sexual orientation, or arrest conviction record, or intention to make any such preference, limitation, or discrimination. Title 29, U.S. Code, Chap 630, excludes the Federal Gov't from the age discrimination provisions. This newspaper will not knowingly accept any advertising for employment which is in violation of the law. Our readers are informed that employment offerings advertised in this newspaper are available on an equal opportunity basis.

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Looking for  
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Must be available to work at least  
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- Weekends
- On-call • Live-in's
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- Direct Deposit
- Pre Taxed Metro Cards
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Call  
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## ► EMPLOYMENT SERVICES

## ► MEDICAL HELP WANTED

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★★RN's & LPN's PER DIEM★★

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Live-Ins and ALL SHIFTS HHAs  
Competitive Salary and Benefits! Bilingual A Plus  
Application process  
**Mon, Tues, & Thur. 9am-12:30 pm**  
Bring original documents: Original HHA certificate, S.S. card, valid ID Card, 2 work references & recent physical  
(with-in 6 months)  
508 8th Avenue 2nd Floor suite 200  
Spanish speaking call **Jessie 646-918-5051**  
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Hiring Experienced Certified HHA's  
**All 5 Boros & Nassau Area**  
Immediate Hire + Bonus for Drivers  
• Health Insurance Available  
• 3 Months Home Care Experience a Must

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## ► EMPLOYMENT SERVICES

## ► EMPLOYMENT SERVICES

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**www.ablehealthcare.com**



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Must be speak Creole  
Must be outgoing and responsible  
Renaissance Home Health Care  
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Ask for Elsa

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Fax Resume to: 718-547-8632

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EOE (\* for most cases)

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**HHAs**



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Full Time/Part Time/Live-In • Weekends/Weekdays  
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**YOU WILL NEED:**

- Valid HHA Certificate
- Social Security Card
- 2 references
- Up to Date Physical
- Proof of eligibility to Work in the US

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► **MEDICAL HELP WANTED**

► **MEDICAL HELP WANTED**

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Assistant Living Care in Corona, Rego Park, East Elmhurst hiring Certified Home Health Aides (HHA) Immediate, Full Time positions. We offer steady forty (40) hr work week, paid vacation, sick, Etc. \$7.50 per hour Must have a valid HHA Certificate and be Eligible to Work in the US

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Immediate Work Available.

All Shifts & Positions Available  
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Registered Echocardiogram & Vascular technician to work in Brooklyn & Rockaway Park office. P/T, 3 days a week. Candidates must have at least 3 yrs exp., references & car.  
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Queens 718-429-6565,  
Suffolk 631-654-0789,  
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- Must be 21 years or older
- Green Card & Work/ Authorization accepted.



**FULL TIME/PART TIME. SALARY UP TO \$45.50/HR.**  
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**ASK FOR GRACE**

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Needed for busy upscale banquet facility in Bklyn. Must be professional, motivated. Competitive pay, flex. hrs.  
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► HELP WANTED

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- Above industry-average pay
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- Company sponsored Board of Education certification
- Great benefit package
- Drivers: \$14.50 per hour starting pay
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- \$500 Bonus after 30 days of employment
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#### DRIVER REQUIREMENTS

- Drivers must have New York State CDL with P & S endorsements
- 4 points or less on abstract
- Must pass drug test & background check
- Must be 21 years old
- Must bring copy of drivers license
- Must bring Abstract (less than 10 days old)
- Must bring copy of Social Security card

#### FT POSITIONS AVAILABLE

- Drug test & background check required
- Board of Ed Certified preferred (bring copy)
- Must bring copy of Social security card
- Must love working with children



APPLY AT:  
1386 Ralph Ave. Bklyn, NY 11236  
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Between 9:00AM - 4:00PM  
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Equal Employment Opportunity (EEO) Employer

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# HIRING NOW

Job opportunities throughout the 5 boros  
**NO EXPERIENCE - NO PROBLEM**

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#### ► JOB INFORMATION

##### DeBlasio Warns Consumers About Classified Ads

Toll numbers may be a direct line to trouble. Classified ads are intended to help people by facilitating communication and advertising available services; however, some of the hotlines & service numbers in classifieds actually hurt the people who rely on them by cheating them of their hard-earned dollars. "Most newspapers print a disclaimer in their classified ad section to warn readers about numbers that are a direct line to trouble. Any number starting with 900, 540, 595 or 871 charges a fee beyond a local call. In some instances, ads initially advertise calls to a local number, but then direct callers to a second number starting with one of the paid exchanges. "Consumers must also question the legitimacy of vague classifieds because they too could be a scam. Before responding to an ad, consumers should verify the source of all information & always be wary about sending money or signing a contract with an unknown party."

Office of the  
Public Advocate

Drivers: CDL-A TEAM WITH TOTAL .50c/ Mile For Hazmat Teams Solo Drivers Also Needed! 1 year experience required 800-942-2104 Extension: 7308 or 7307  
[www.TotalMS.com](http://www.TotalMS.com)

TRACTOR TRAILER TRAINING - Financial aid, Pell Grants, POST-911 GI Bill and housing, if qualified! National Tractor Trailer School, Liverpool, NY 1-800-243-9300  
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Drivers: CDL-A TEAM WITH TOTAL .50c/ Mile For Hazmat Teams Solo Drivers Also Needed! 1 year experience required 800-942-2104 Extension: 7308 or 7307  
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### OPEN UP YOUR HEART AND HOME TO A CHILD



#### BECOME A THERAPEUTIC FOSTER PARENT

Help A Child or Teenager In Our Community

Please Contact: 888-819-4647 x2127  
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#### Medical Foster Care Recruitment Event - Bring A Friend

Please help the CAS MFC Program recruit Foster parents for our medically fragile children. We need parents like you who can provide a safe, nurturing home environment and commit to helping our children grow.

WHEN: Thursday April 11 2013 • Time 10:00am-12noon  
WHERE: THE CHILDREN'S AID SOCIETY

150 E.45th Street, site (4thFl) • New York, NY 10017  
CONTACT: [mariah@childrensaidsociety.org](mailto:mariah@childrensaidsociety.org) • 212-949-4391  
Or [marciau@childrensaidsociety.org](mailto:marciau@childrensaidsociety.org) • 212-949-4961



#### Make A Difference To A Child In Your Community

### BECOME A FOSTER PARENT!

Foster Families Who Can Provide Homes For Siblings & LGBTQ Youth Are Especially Needed.  
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### ► ANNOUNCEMENT

### ► TUTORS

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Collector travels to you since 1970.  
Estate specialist,  
GARY JOEL KAPLAN  
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**Wanted Old Calypso & Reggae Records**  
33's, 45's, 78's, Calypso from 1940's-1960's. Reggae from 1960's-mid 70's. African, Guyanan, Haitian from 1940's-1970's. Also: Blues, Gospel, Soul, Middle Eastern & Jazz  
Charlie 516-612-2009

WE BUY ANYTHING OLD. Costume Jewelry, fountain pens, old watches, world fair and military items. Cigarette lighters, anything gold.  
Call Mike  
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New in box w/warranty  
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## ► LEGAL

### ► LEGAL

**SUPREME COURT OF THE STATE OF NEW YORK**  
COUNTY OF KINGS  
HERMINA E. FIGUEROA, Plaintiff,  
-against-  
THURMAN E. BROWN, Defendant.  
Index No. 56804/2011  
Date Summons Filed: December 14, 2011  
Plaintiff designates Kings County as the place of trial.

The basis of venue is Plaintiff's residence.

### SUMMONS

Plaintiff resides at 2491 BEDFORD AVENUE, APT. #3L, BROOKLYN, NY 11226.

### ACTION FOR DIVORCE

To the above named Defendant:

**YOU ARE HEREBY SUMMONED** to answer the complaint in this action and to serve a copy of your answer on Plaintiff's Attorneys within twenty (20) days after the service of this summons, exclusive of the day of service, where service is made by delivery upon you personally within the State of New York, or within thirty (30) days after completion of service where service is made in any other manner. In case of your failure to appear or answer, judgment will be taken

## ► LEGAL NOTICES

### ► LEGAL

against you by default for the relief demanded in the complaint.

### ► LEGAL

Dated: December 14, 2011  
BRIAN FIGEROUX, ESQ.

### ► LEGAL

FIGEROUX & ASSOCIATES  
Attorneys for Plaintiff

### ► LEGAL

26 Court Street,  
Suite 701

### ► LEGAL

Brooklyn, NY 11242  
718-834-0190

## ► READERS & ADVIS., PSS., SPIRI.

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**FLATBUSH**  
3 Bdrm formal DR, Parquet floors \$1650, close to Downtown.  
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**Flatbush**  
2 bedroom duplex in excellent condition.  
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### ► BROOKLYN ROOM UNFURN

CROWN HEIGHTS, Well maint building. Nice room. Share kitchen, bath. \$160/week utilities included 917-703-0670

### ► BROOKLYN HOUSE FOR SALE

**BROWNSVILLE**  
706 SARATOGA AVE  
BLAKE & DUMONT  
SAT MARCH 1<sup>ST</sup>  
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1 family brick 2 br duplex over fin basement. 1.5 bath Central Hearing & cooling. Backyard 2 car parking. \$10,000 down Asking 300,000  
Call Ms. John  
718-763-4436  
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718-941-1390

Old Mill Basin, Det 1 Fam, comp reno'd, 2BRs, prvt drv, \$399K. ALSO, Brick 1 fam, prvt drv, garage, 2BRs. Underpriced \$299K. Geri Lavoro R.E. 718-377-1234

### WHY RENT?

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Eastern Parkway: Furnished Studio rm. Quite area. Call 718-773-9052

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Asking \$335K

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### ► BROOKLYN OPEN HOUSE

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**Flatbush**  
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Sat 3/2 1:00-3:00PM  
Between Clarendon Rd & Avenue D  
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