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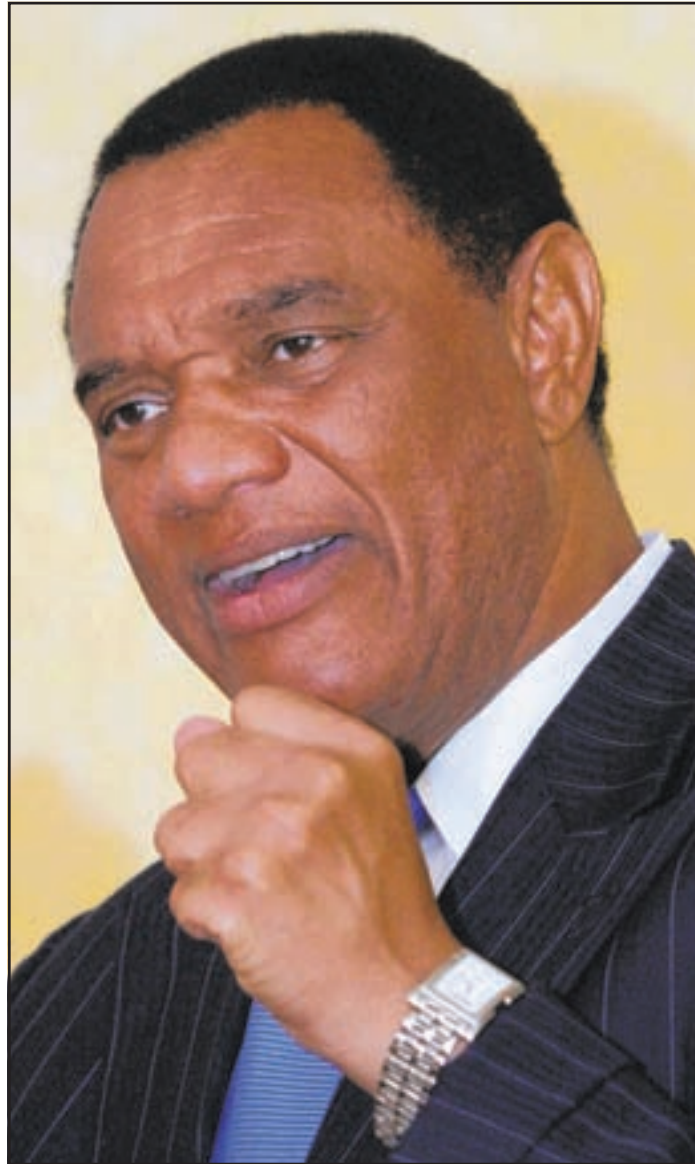
By Bert Wilkinson

Determined to extract millions from European nations which were involved in the cruel and humiliating Trans Atlantic slave trade, Caribbean trade bloc nations Wednesday equated the compensation fight for reparations as equal to the struggle for political independence in the 1960s in the clearest sign yet that they are bracing for a protracted fight with their former colonizers.

The governments communicated this in the final communiqué of a reparations and genocide conference they organized in St. Vincent last week. The final document communicating decisions taken and the thoughts from the key inception meeting were released by the Guyana-based bloc headquarters early Wednesday.

It said that the region has not "embarked on a journey of such magnitude and import for the future development of the people and region since the Caribbean struggles for independence," calling the three-day conference the first step in a long road to win compensation for the genocide and cruelty suffered by Africans during the slave trad-

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Bahamas Prime Minister and Minister of Finance; Perry Christie.
AP Photo/Tim Ayley; file

AGENDA FOR CARIB GROWTH

IMF plan for Carib private sector

By Nelson A. King

The International Monetary Fund (IMF) says that private sector, economic integration and continued reform are "key" to restor-

ing growth in the Caribbean.

"Macroeconomic stability and sustainability are vital prerequisites for growth. Given the need

Continued on Page 4



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THE NEWS FROM BACK HOME

Antigua

Recently, Minister of National Security, Dr. Errol Cort, revealed in the Upper House of Parliament his ministry's intention to address several issues at the prison in Antigua, following a protest by inmates.

A meeting took place recently, between Prison Superintendent Percy Adams, the prison matron, chief officer, a junior prison officer, and a delegation of six inmates who represented the prison population.

During the meeting several grievances were voiced, such as concerns about the amount, and type of food being served, the lack of proper sanitation, increased monthly visitation, recreation and rehabilitation programs.



Speaking in parliament, Cort said the prison superintendent is open to adjusting the visitation situation and finding ways in which special recommendations can be made.

It was also decided that the prison superintendent will deal with all matters of convicts' infringements of prison rules rather than having officers administer punishment.

The move by security officials follows a protest at the prison in reaction to a routine search of the prison's cell Block C. Reportedly, 113 inmates became displeased with the way in which the search was conducted and called for a meeting with Adams in the prison yard.

Barbados

Barbados is one step closer to improving domestic violence legislation.

Minister of Labor, Social Security and Human Resource Development, Senator Dr. Esther Byer-Suckoo, disclosed that the Freundel Stuart-led Cabinet recently accepted recommendations to update the Domestic Violence (Protection Orders) Act.



Her disclosure has come in the wake of recent deaths which have been a consequence of domestic violence. She explained that the much needed changes are expected to bring that piece of legislation in line with current best practices,



T&T farmers wait for the rain

The remains of shade houses that one farmer attempted to build to protect his crops from the effects of climate change. He subsequently abandoned the project after the Trinidad and Tobago government withheld the anticipated subsidy for completing them. See story on page 8.

IPS/Jewel Fraser

and will offer greater protection for all victims of domestic abuse, including children.

The labor minister made the comments while delivering an address at the start of the International Labor Organization's Sub-Regional workshop on gender equality for judges in the Caribbean, which is taking place at the Hilton Hotel until Friday.

The minister added that those points were among several made in the recent review of the Domestic Violence (Protection Orders) Act. She explained that the recommendations accepted by the Cabinet emanated from that review, which was done by a Committee comprising members of the judiciary, non-governmental organizations, the Welfare Department, the Institute of Gender and Development Studies, the Barbados Bar Association and legal consultants.

Dr. Byer-Suckoo further explained that among the deficiencies which have been identified by the committee, are that the Act does not make provision for persons in visiting relationships, or for the sexual orientation of the partners. Moreover, she noted that there are some definitions in the

present legislation which need to be expanded, for there to be better application of the law by the relevant authorities.

Guyana

Guyana and Suriname say they will jointly patrol a disputed river border to crack down on piracy and smuggling.

The announcement comes after military and police officials met in Suriname to talk about an increase in crime along the Corentyne River on South America's shoulder.

Guyana Revenue Authority Director Kurshid Sattaur says officials have collected only about \$5 million in taxes in the past three years. He says he believes millions of dollars are lost because boats carrying large smuggled goods such as top-shelf liquors and flat screen televisions do not pay import duties.



Guyana Defense Force Chief Rear Admiral Gary Best said recently that the patrols will also extend to the Atlantic Ocean. He says piracy has claimed more than a dozen lives in the past two years.

Haiti

Haiti moved closer recently to reconstituting a military that was abolished in 1995.

In a small ceremony in the farming village of Petite Rivere de L'Aritibonite, Defense Minister Jean - Rodolphe Joazile greeted the first 41 recruits who recently returned from eight months of training in Ecuador. They will be the first members of a national military force that the government of President Michel Martelly wants to revive.



Joazile said they will spend three months working alongside Ecuadorean military engineers among the rice fields in central Haiti to repair roads and work on other public service projects in their impoverished country, which was hit by a devastating earthquake three years ago.

"Almost all of those in the new unit are recent high school graduates. They include 30 soldiers, 10 engineers and one officer and will report to the Defense Ministry. They won't carry weapons for now but could carry handguns, in three

to four years, if either the recruits pay for the weapon themselves or the government receives financing to do so," he said.

The military support from Ecuador is part of a broader effort to help Haiti to rebuild from the 2010 earthquake, Ecuadorean Maj. Marco Navas said.

Navis said Ecuador has given more than \$30 million to Haiti since the disaster to develop the country's infrastructure.

Brazil has expressed interest in training 1,500 more recruits, Joazile said.

Five hundred would go to Brazil, and a 1,000 would stay in Haiti. Martelly pledged to restore the National Armed Forces of Haiti while he was a candidate in the 2011 election, but he has backed off the plan as president. Some foreign diplomats have said the Haitian government rather should focus on strengthening its police force, for which there are only 10,000 officers in a country of 10 million people.

The government abolished the military under President Jean-Bertrand Aristide after years of military coups and human rights abuses. It would require a vote by Parliament to officially reconstitute an army.

Jamaica

Politicians, lawyers and academics gathered recently to advance a united effort by more than a dozen Caribbean nations to seek slavery reparations from three European nations.

The regional conference in St Vincent was the first major step at advancing the reparations effort since the Caribbean Community organization announced it in July. Representatives from all the 15 member nations and territories are attending the gathering.

St. Vincent Prime Minister Ralph Gonsalves told attendees recently that the matter of reparations is a "fundamental, defining matter of our age."



British lawyer Martyn Day says the Caribbean nations are seeking to negotiate a settlement "based on the impact of slavery on Caribbean societies today." But he says if that does not succeed they will go to the International Court of Justice.

Compiled by Azad Ali

Vigil for woman left to die in Brooklyn cell

By Eulene Inniss

It was the pure insensitive mindset of the NYPD that may have caused the death of 37-year-old Kyam Livingston in a Brooklyn Central Booking Cell on July 21, 2013. NYPD's persistent insensitive and reckless behaviors towards people of color fuel deaths and as long as people are continuously being treated like cattle and herded into these institutions these episodes will occur.

Several cases of unnecessary deaths at the hands of NYPD continue to permeate the news and showcase a blatant disregard for Black and Hispanic life. And that gut wrenching, blood curdling wail of a mother, symbolizing the affect of death and pain, pierced the core of every human soul and filled the air around the courthouse at 120 Schermerhorn St., as family, friends and clergy held a vigil on Aug. 22 and again in the Flatbush community on Saturday afternoon, to mark the one month and two anniversary of Kyam Livingston's death. Anita Neal mourned for her daughter Kyam who was arrested on July 20 by officers from the 70th Precinct. According to witnesses, Kyam was processed and taken to Central Booking. While there, she became increasingly ill with stomach pains, diarrhea and eventual convulsions over a seven hour period. Cell mates pleaded for hours with NYPD for someone to come to her aid. Kyam may have been dead for twenty minutes before Emergency Medical Services finally arrived on the scene.

Many families at the vigil were victims of NYPD insensitivity, having lost sons and daughters too. They vowed to keep protesting until a change comes. They identified



A protester holds photos of 37-year-old Kyan Livingston who died in a Brooklyn Central Booking cell.

Photo by Lem Peterkin

with Anita Neal and her statement, "I am doing it for you Kyam. I want to make sure who ever did it to you pays. The persons who did this should come forward, what are you there for if you can't help someone in pain? What did she do? She was in pain, she asked for help. Nobody will rest until I get justice for Kyam. My daughter will not die for nothing...Sorry I wasn't there Kyam, I would have helped you..I love you Kyam...."

Family Attorney Elliot H. Taub and Criminal Defense Attorney Jay Schwitzman talked about the abhorrent conditions in central Booking. Attorney Schwitzman, who worked with clients in the building for twenty-five years, was appalled at the labels that are being used to describe their deceased client. She is accused of being an alcoholic and one who suffered from seizures, which the family vehemently denies.

Many times, much insensitivity is exhibited by the police when they interact with people of color.

Antiguans launch Clergy Council of North America

By Nelson A. King

Antigua and Barbuda Prime Minister Baldwin Spencer has welcomed the official launch of the Antigua and Barbuda Clergy Council of North America (ABCCNA), saying it is "a calling from God to be of service to the nation."

Spencer, who arrived in New York over the weekend primarily to attend the 68th Session of the United Nations General Assembly Debate, lauded the efforts by the Antiguan and Barbudan clergy in coming together, according to an Antigua and Barbuda government statement issued in New York.

The official launch of the Antigua and Barbuda Clergy Council took place on Sunday at the St. Mary's Anglican Church in the Bronx.

The Antiguan leader also urged the clergy to "work together in helping to address the social ills that are affecting our nation," the statement said.

Chairman of the Council, Bishop Dr. Lester Bradford, expressed his appreciation to Spencer and his delegation for "making a special effort to participate in the first annual Diaspora Wor-



Prime Minister Baldwin Spencer being greeted by an Antiguan resident in New York.

Photo by Michael William-Paul

ship and Prayer service," urging Antiguan in the New York metropolitan area to "come in their numbers to continue praying for the nation of Antigua and Barbuda."

With a mandate to bring Antigua and Barbuda Clergy members together in spiritual fellowship, the ABCCNA will also "seek to give spiritual guidance to the lead-

ers of the nation of Antigua and Barbuda, instruct the people in Godliness and righteousness, and support the nation by addressing social, cultural and spiritual issues," the statement said.

Other members of the Board of Directors are: The Revs. Dr. Belgrave Pelle, Dr. Lennox Piggott, Dr. Cheryl White-Lewis and Fitzgerald Henry.

Also in attendance at the launch ceremony were: Dr. Errol Cort, minister of National Security and Labor; Sen. Shawn Nicholas, parliamentary secretary in the Ministry of Finance, the Economy, Public Administration and Broadcasting; Amb. Anthony Liverpool and Omya David, deputy counsel general of Antigua and Barbuda in New York.

Seniors honored at Yesterday's Children tribute

By Tangerine Clarke

The sacrifices five courageous and giving Caribbean-American elders made in their homeland, and Brooklyn neighborhood, were highlighted at the third Annual "Yesterday's Children" salute, at St. Jude Community Center, on Maple Street.

The Sept. 21 event, hosted by Glenda Cadogan's Mauby Media Services, honored 92-year-old St. Vincent born Mabel Francis, 79-year-old Ina Wilson of Guyana, 82-year-old Trinidad and Tobago native, James 'Sam' Granderson, 86-year-old Clemencia Gir-

ard-Larcher of St. Vincent, and 82-year-old Grenadian-born Agatha Date.

The esteemed elders were honored with numerous accolades, which included citations from Congresswoman Yvette Clarke, and State Senator Kevin Parker. They were also presented with the special "You are a Shining Star" award, presented by its creator, Glenda Cadogan.

The remarkable superiors, who overcame all odds to live to a ripe old age, received the "New York Daily News Front Page Award," that showcase the honorees' image in a framed

replica of the newspaper.

Conflicted Genius Incorporated's Roderick Warner, a photographer, later presented the talented senior citizens with their portrait on canvas, before designer Danella Abby, of Ahfiro Creations, draped the ladies and gentleman with her handcrafted accessories.

Conrad's Bakery, Trini Breakfast Shed, Morvant Ebonites, Twin Flames Family Day Care's Orlene Cummings and Dr. Winthrop Holder, individually sponsored the senior citizens.

The group also enjoyed performances by African

drummer, Corey Quammie of Sons of Thunder, storytelling by Michael Manswell, music by Caribbean Folk Tree, a dance piece by Imani Craig, and a ballad by Rev. Andy Edwards.

Shirma Cadogan in turn, lauded the former Teacher, Nurse, Welder, Hair Stylist, and Nurse's Aide, with the poem titled "You"

Hostess Gale Yvette David who was astute in guiding the evening's proceedings, heralded the heartwarming tributes, and outpouring of love showed towards the outstanding life's journey of the grandparents and great

Continued on Page 6

Caribbean sustainability agenda

Continued from cover

for countries with high debt to reduce their fiscal and external imbalances, the private sector must take a lead role in investment and growth," said the Washington-based financial institution in a statement.

"The Caribbean has inherent strengths and comparative advantages in key sectors that have not been fully exploited and that hold considerable potential as sources of economic growth in the near term," it added.

The statement comes on the heels of the just-concluded 2013 High Level Caribbean Forum, "Building Growth into the Caribbean Sustainability Agenda," in Nassau, Bahamas.

At the conference, high-level Caribbean officials and representatives from international and regional financial institutions stressed the importance of private-sector led activity, furthering economic integration and continued efforts in structural reforms to kick-start growth

in the region.

The forum, a follow-up to the 2012 conference in Trinidad and Tobago on rethinking policy priorities, brought together policymakers and officials from the region.

Hosted by the government of the Bahamas, the conference was convened by the IMF in collaboration with the Caribbean Development Bank (CDB), the Inter-American Development Bank (IDB), the International Finance Corporation (IFC) and the World Bank.

"The theme of this year's conference is a direct response to feedback at the 2012 Forum where policymakers underscored the need for renewed growth as the necessary anchor to a viable future and to fiscal sustainability," noted Alejandro Werner, director of the Western Hemisphere Department at the IMF.

Werner said the forum also responded to the request of Caribbean authorities for international financial institutions (IFIs) and other development partners to

collaborate and ensure consistent policy advice, "so as to forge a coherent, holistic approach to reviving growth."

The IMF said the first priority for policymakers is to implement measures to enhance the business environment, such as reducing bureaucratic processes, and lower costs.

"Public private partnerships (PPPs) can play a role in raising much needed investment and funding of infrastructure projects," it said.

"While the political will exists, the region will need more information on cost and benefits of PPPs, in some cases reforms to the legal frameworks, and greater effort to build consensus among key stakeholders and the public," it added.

"The end goal should be to achieve the best risk sharing between public sector balance sheets and the private sector," it continued.

The IMF said reforms to the labor market hold "considerable potential," stating

that research has showed that "removing rigidities to wage-setting could have important positive effects on employment and growth."

The IMF said a key element in the path forward is to strengthen integration to help share and lower fixed costs, and to increase trade integration.

"The IMF, together with its sister institutions, is committed to working with member governments on many of these constructive ideas," it added.

As expressed by the Bahamas Prime Minister and Minister of Finance, Perry Christie, "the IFIs and the IMF need to be flexible in their surveillance and lending operations with small states given their special characteristics and needs."

In, this regard, IMF Deputy Managing Director Nemat Shafik reiterated that the Washington-based financial institution is pursuing analysis and policy work "tailored specifically to the needs of small states."

He said IMF staff will work with small states to "ensure more focus on growth" in their Fund-supported programs.

Reparations

Continued from cover

ing era.

Leaders had announced plans to throw the backing of regional governments for the very first time behind the fight for reparations at their main annual summit in July saying the time had come to face up to the issue once and for all.

The final conference documents said that the meeting ended with a resolve to have follow-up sessions "within a reasonable time-frame to ensure that the momentum started in St. Vincent could be accelerated."

It also said that countries which have not yet fully set up their national reparations committees should do so quickly. The governments also indicated that they plan to formally write European countries by year end "to at least seek to begin a conversation on the issue with them."

Twelve countries including the US Virgin Islands attended the key first meeting in addition to representa-

tives from France's colonies in the Caribbean, Guadeloupe and Martinique as well as Canada, Britain, the US and The Netherlands.

The communiqué stated that based on a presentation from a UK law firm as to how tough it would be to fight such a case, it has now become obvious that "this effort would require a regional consortium of experts in law, research and academia. It was also emphasized that any legal effort must be coupled with the mobilization of our people and an intensification of the political and diplomatic outreach," it said.

Some conference attendees gave credit and praises to host prime Minister Ralph Gonsalves, the regional Rastafarian movement and respected Caribbean academics like Sir Hilary Beckles of the University of the West Indies for helping the region to reach this stage through their intense lobbying over the years and academic research that will not be used by the reparations movement.



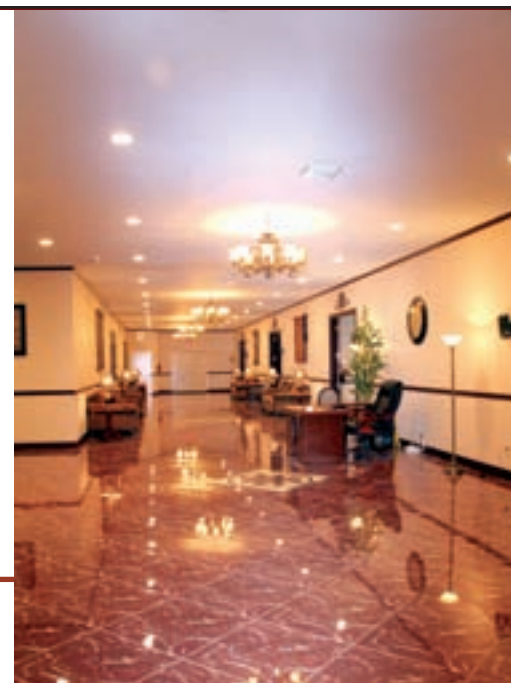
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Miss Black Nude 2013

For the second year in a row, a Jamaican ran off with the coveted crown for the Miss Black Nude pageant held at Hedonism 11 in Negril last weekend. This year's winner is Alcía Edwards from St. Andrew, Jamaica. Alcía is the mother of two and works as a stevedore coordinator at the wharves in Kingston. Alcía won the crown, cash, photo shoots and an assortment of other prizes from a field of 10 international and local belles who competed in swim wear, evening gown, talent and the all important nude section.

- By Dave Rodney

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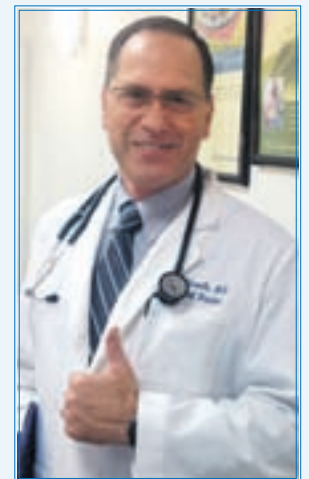
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Yesterday's Children honorees are Ina Wilson, Guyana, Agatha Date, Grenada, James "Sam" Granderson Trinidad and Tobago, Clemencia Girard-Larcher, St. Lucia, Mauby Media Services, Director Glenda Cadogan and Mabel Francis, St. Vincent.
Photo by Tangerine Clarke

Elders honored as shining stars

Continued from page 3

Creator of Yesterday's Children, Glenda Cadogan, noted that despite the obstacles she has to overcome to continue the salute to the elders, she is committed to restoring the respect and authority

elders had over the younger generation, back when they were addressed, as 'sir or madam. Yesterday's Children Inc. is an organization dedicated to publicly honoring and empowering senior citizens, and countless men and women who have sacrificed their own dreams and aspirations

so that their children can live abundant and accomplished lives. Donations collected at the event are sent to aid senior citizens homes in the Caribbean. Pledges could be mailed to Yesterday's Children, 373 Nostrand Ave., #3 Brooklyn, NY 11216.

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Trinidad root crop farmers outpaced by climate change

By Jewel Fraser

PORT OF SPAIN, Sept. 23, 2013 (IPS) - Dalchan Singh, a root crop farmer and board member of the Agricultural Society of Trinidad and Tobago, says the past year has seen drastic changes in the weather of this twin-island Caribbean nation.

Normally, the rainy season starts in June and continues during the months of July and August, he explained, then eases up until November when the rains start again.

"As a region we do little to collect, preserve and improve our local germplasm." -- Dr. Humberto Gomez of IICA

"But this year was not so," Singh told IPS. "For two months, we had a lot of sun and very little rain. It is only about August that we started to get rain." He added, "This year when you

get rain, it is very powerful, and when you get sun, it is very dry, hot sun. This year is very different."

Crops grow more slowly when they do not get enough rain at the correct time, he said. Conversely, the heavy, powerful showers the country experienced this year killed some of the crops such as the pigeon peas and caused some of the root crop to rot.

Local farmers say the unpredictability of the weather is making it almost impossible to determine what crops can safely be planted when.

Climate change is also creating an additional challenge in terms of the pests farmers have to deal with. Khemraj Singh, president of the Felicity Farmers Association in Chaguanas, Trinidad, explains that when there are two or three weeks of steady rain, any

attempt to eradicate pests using chemicals is useless since the rain washes away the pesticides.

At the same time, said farmer Hudson Mahabir, "there are some positives to climate change" in controlling pests, since "heavy rainfall reduces thrips", a winged insect that feeds on crops.

However, when there is a mix of heavy rainfall and hot sunshine, "it creates the ideal situation for fungus and bacteria to multiply," he added.

Farmers throughout the Caribbean are seeing changes in seasonal weather patterns, which began to become apparent about eight years ago, and now find themselves battling more intense flooding, on the one hand, and dry hot weather, on the other.

But strategies exist to
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Go Red Multicultural scholarships

To The Editor:

Tuition hikes at colleges and universities and across the nation are forcing many students to find new ways to pay for higher education.

In an effort to ease the burden and increase the number of underrepresented minorities in medicine, the American Heart Association's Go Red For Women™ and Macy's, its national sponsor, offer the Go Red™ Multicultural Scholarship Fund.

The fund — now in its third year — provides 16 \$2,500 scholarships for multicultural women pursuing college or graduate school degrees in health-care fields. Besides easing the financial burden for students, the American Heart Association and its supporters are striving to increase the number of underrepresented minorities in medicine and increase culturally-sensitive, patient-centered care.

Candidates must be an African-American, Hispanic, Asian or other female minority college student pursuing a medical, nursing or allied health-care degree. Candidates must complete an application, personal essay and submit two letters of recommendation. Online applications are available now through Dec. 31, 2013.

The number of minority medical school graduates is increasing steadily, according to the Association of American Medical Colleges. However, the figures are still low compared with the

population at large.

Only 5.4 percent of African-American and 3.6 percent of Hispanic nurses in the nation are registered nurses, according to the 2010 Bureau of Labor Statistics. In contrast, minorities make up 36.6 percent of the U.S. population.

Numerous ethnic groups — including African-Americans and Hispanics — are disproportionately affected by cardiovascular disease and risk factors. They also face barriers to diagnosis and care and experience worse health outcomes than Caucasians.

Patients like to receive medical care by providers who can speak their same language and understand their cultural background. Meeting the needs of ethnically diverse patients leads not only to better quality of care, but it also provides opportunities to improve the health of underserved minorities.

The Go Red™ Multicultural Scholarship is made possible by the Macy's Multicultural Fund, which was created in 2009 to focus on increasing diversity in the medical field.

For more information and to complete an application, visit GoRedForWomen.org. The deadline to apply for 2014 scholarships is Dec. 31, 2013.

*Respectfully,
Celia Trigo
Executive director and CEO of
the National Association of
Hispanic Nurses*

Who's To Blame

To The Editor:

Partnership for National Unity blames the People's Progressive Party/Civic for the current wave of criminal violence, social unrest and an impending constitutional crisis. The violence and unrest have occurred largely because of the PPP/C's chronic mismanagement of public security. Social unrest has been triggered by failures in public works, public health and public schools. The constitutional crisis is arising out of the Executive attitude to the decisions of the Legislature.

Public security and human safety are deteriorating, as recent Guyana Police Force statistics confirm. The PPP/C must bear responsibility for the 10 per cent increase in the number of armed robberies involving the use of firearms and the six per cent increase in serious crimes at the end of August.

The rise in crime is the direct result of the PPP/C's failure to implement the UK £4.9M Security Sector Reform Action Plan, the National Drug Strategy Master Plan and the recommendations of the Disciplined Forces Commission. The PPP/C has failed to recruit, retrain, re-equip and reform the Police Force and provide it with adequate aviation and maritime assets.

The public education system is plagued by problems. Many children were unable to start classes on the first day

The failure of the public health system has resulted in the death of a child from diarrhoea at Masakenari.

of the new school term. Public protests at La Parfaite Harmonie, Moblissa, Port Kaituma, St Agnes and elsewhere have called attention to the poor preparations made for the new academic year.

Sporadic protests by citizens continue to erupt to condemn chronic abuses and grievances.irate residents blocked access to the 58 km-long Ituni-Kwakwani road to protest its deplorable condition. Minibus drivers in Bartica expressed their anger after a key road became almost impassable.

The failure of the public health system has resulted in the death of a child from diarrhoea at Masakenari, a Wai Wai village in the Rupununi Region. That death is a reminder of the still un-investigated deaths of ten other children from gastro enteritis earlier this year in the Barima-Waini Region.

The PPP/C Executive, in light of its attitude over the past 20 months, seems bent on precipitating a collision with the Legislature. The President, as early as June 2012, uttered prejudicial remarks with regard to his preparedness to assent to bills

and act on resolutions of the National Assembly. The Leader of the Opposition has now written to the Clerk on this matter. The Speaker has also written to the President in an attempt to avert a grave constitutional crisis.

The PPP/C administration continues to delude itself into thinking that it can impose an obsolete, over-centralised model of governance and direct management of local communities. This is exemplified by the central government's arrogant attitude towards the National Assembly and its atrocious treatment of municipalities, regional democratic councils and neighbourhood democratic councils.

The PPP/C, evidently, has underestimated the consequences of its policies over the past 20 years. It seems not to understand that an unprecedented number of people in this country are now living in slums, squatter settlements, shantytowns and depressed villages. The poorest people — particularly the unemployed youth — and the poorest parts of the country are generally badly served by poor security and poor public services. It is a result of its misguided policies and misplaced priorities that the administration has created an unacceptably unstable, unsafe and unhappy situation in the country today

*A Partnership for National
Unity.*

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What's on your mind?

LETTERS TO THE EDITOR are welcome from all readers. They should be addressed care of this newspaper to Kenton Kirby, Editor, Caribbean-Life Publications, **1 Metro-Tech Center North, Brooklyn, New York 11201**, or sent via e-mail to caribbeanlife@cnglocal.com All letters, including those submitted via e-mail, MUST be signed and the individual's verifiable address and telephone number included. Note that the address and telephone number will NOT be published and the name will be published or withheld on request. No unsigned letters can be accepted for publication. The editor reserves the right to edit all submissions.

Not a very flattering legacy to leave

We can at best hope that there will come a time when generations, perhaps yet unborn, will look back on the current state of the country's politics with utter disdain and thankful that this run of sick behavior among the political class burned itself out, although not before the landscape had been hideously scarred. To contemplate the alternative – that the descent into our present hell will be a condition sustained for the long haul – is to commit those generations yet to come to an unremitting bleakness.

It's ironic that the meltdown bringing us face-to-face with the soggy mess that is what now passes for the conduct of affairs of state, has come just when the nation trotted out, for the world to bear witness, the choice plum in defense of its boast as the supreme embodiment of democracy in action. That being, of course, the election of Barack Obama five years ago. But in the wake of which, whoever may have held a conviction that this was an accident of history that wasn't supposed to occur when it did, must think their instincts may have been right after all.

In this age of Obama we have been forced, like never before, to

zero in on the whole concept of representation of the people, given its all too frequent slide into travesty. We have had to question whether, across the board in the society, respect for the presidency is indeed a given. We have seen the business of governance reduced to reckless pursuit of extreme, irresponsible actions, with scant regard for potentially catastrophic consequences.

The Affordable Care Act has been passed by the Congress, signed into law by the president and even reaffirmed as the law of the land by the Supreme Court. Republicans in the House of Representatives have, on 42 occasions now, passed legislation in that chamber to delegitimize the Affordable Care Act, knowing full well said legislation was going nowhere in the Democratic controlled Senate and, in the unlikely event it did, that it would face the president's certain veto. Republicans alone, presumably, could come up with the answer for what makes this puerile indulgence a valid use of the time they sought voters' consent to spend on Capitol Hill. The re-write that was done for performance No. 42 last week, though, made for better theater, supposedly. At the very

Viewpoint

By Les Slater

least, threatening to shut down the government would tend to guarantee a larger and more engaged audience.

Some have suggested that maybe it is a fear of how positive and necessary the new healthcare measure will prove to be that has triggered this high-octane blowback against it. Polling on the Affordable Care Act has come up with the curious finding of an apparent kneejerk objection to it, but support for its core constituent elements – a clear indication of the public not being in tune with what the Act entails. Whether or not there is in fact a creeping suspicion among Republicans that a public embrace of the measure will build following the October 1 rollout, what's obvious even to many Republicans is that attempting to hold the new program hostage over a government shutdown threat is self-defeating political strategy.

But we've seen this movie before:

renegade Republicans in the House aggressively assuming the role of tail wagging the dog that is the full caucus. There is constant comment about the House leadership's inability to control this rump, whose fondness for extremist positions on matters up for consideration has become a staple of the GOP's way to go, ever since they gained majority status in 2011. More concerning about this hard-line posse is that they represent districts that have been sliced and diced to become fitting extensions of the obstruction-minded lot sitting in Washington. Nothing more loudly speaks to the need for reform in the process of drawing Congressional Districts.

Shutting down the government is a reckless action that not only impacts the U.S., but has worldwide repercussions. The push for a move of such callous indifference, coming reportedly from the Tea Party Republicans who probably take comfort in being accurate barometers of their districts' prevailing sentiment, only underscores how misguided (or worse) is their understanding of informed representation. Seeing as how a plausible circumstance justifying the shutdown of government isn't

very likely, the member of Congress opting to go there is clearly quite a bit less than the ultimate patriot he or she purports to be. Ditto, the member of Congress proffering the "reflecting my district" line as cover. If constituents don't have it right, the representative's responsibility to be a torch bearer, provide enlightenment, is part of the deal. If he can't or won't, that's another story.

Regrettably, we've had way too much of the latter narrative. Irreverence for civility and compromise in the conduct of government business has become much the norm. Two GOP-authored government shutdowns in a period of divided government in the 1990s. Multiple eleventh hour escapes from meltdowns since the current divided government chapter commenced in 2011, with the threats of similar drama attending Washington's functioning very much on the radar right now. There's a level of mean-spiritedness that has made its way into the forum, the perpetrators of which should rightly be banished. Not just for the sake of today's witnesses to this routine lack of grace. But for its unflattering imprint for the ages.

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Are You Suffering With Severe Constant Pain?

New Laser Light Breakthrough Treatment May Reduce Or Even Eliminate Pain Of The Worst Kind In Just Minutes

If you are suffering with severe pain despite all the treatments, that may have failed you in the past, you may now have some hope of reducing or even eliminating your pain with a new non-surgical, painless laser treatment now available in Brooklyn.

Deep Tissue Laser Treatment is an innovative, scientifically based, therapeutic modality. This new technology offers advanced pain relief and expedited healing times through a process known as photobiostimulation.

Deep Tissue Laser Treatment delivers, deep, penetrating, photonic (light) energy to bring about profound physiological changes. ATP (Adenosine-triphosphate) production is increased, inflammation and pain reduced and circulation increased at the site of pain. These changes in cellular chemistry are triggered by the deep tissue laser making it a true healing modality.

Deep Tissue Laser Therapy does not require the use of drugs or surgery, and there are no known side effects or risks that may occur with other forms of treatment. In addition, it can often achieve results faster than other treatment modalities. During the treatment the patient will feel a deep soothing warmth. This pleasant sensation reassures the patient that the laser is stimulating cellular activity.

Lasers have made a remarkable contribution toward healthcare, allowing practitioners to treat a variety of conditions with the speed of light. As a non-invasive tool, the laser is particularly effective for the efficient treatment of soft tissue injuries, sprains and strains, and a variety of other ailments and pain.

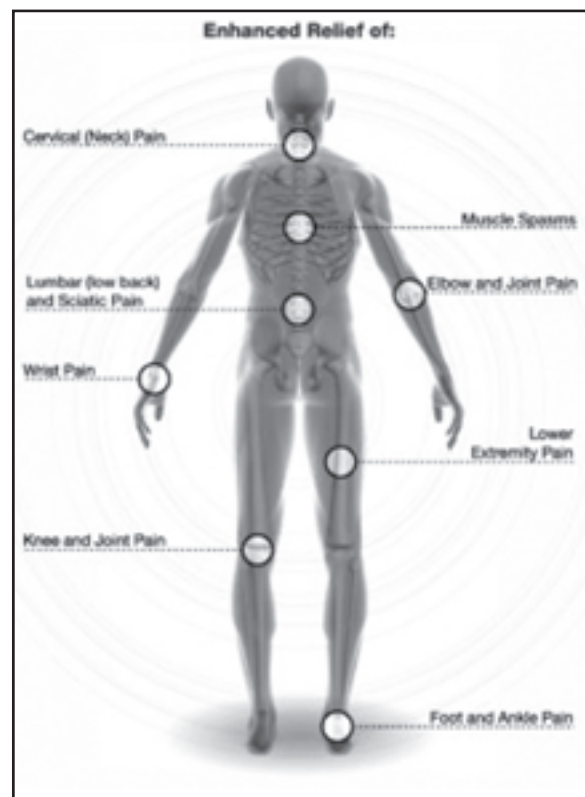
Low Level Laser enhances metabolic activity at the cellular level, without generating tissue-damaging heat.

Some of the benefits of laser treatment include:

- Fast reduction of pain
- Improvement of nerve function
- Reduction of muscle spasms.
- Speeding of tissue repair
- Development of muscle tissue and collagen
- Reduction of inflammation, swelling and scar tissue formation
- Pain reduction immediately

The Class IV laser, approved by the FDA in 2006, packs a punch while remaining non-invasive. The Class IV laser is capable of reaching depths of 6 to 9 inches, with a treatment beam of up to 3 inches.

Because the Class IV laser reaches deep into the tissues, it is ideal for treating sprains and strains, arthritis, calcified muscles and fibrotic adhesions, as well as intra-articular tissues inside of the joints. Its far-reaching capabilities also allow the Class IV to achieve results in less time than most cold lasers currently used today. With treatment times of as little as 5 to 15 minutes, the Class IV laser allows many conditions to vastly improve within a few visits. Oftentimes, patients find immediate, soothing relief that improves with each treatment.



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If you are tired of living with pain and would like to see if you qualify for deep tissue laser treatment call 718-234-6206 for a **FREE CONSULTATION** right now. Dr. Keller has seen such dramatic fast pain relief with Deep Tissue Laser Treatment, that she offers one **FREE** treatment to see if you respond and if you are a candidate for this revolutionary new non surgical pain relieving treatment. Due to the overwhelming response to this type of offer, this offer will be good for the first 25 callers. If the lines are busy, keep trying.

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"I had been suffering from knee pain for many months before I tried laser treatments using Deep Tissue Laser. After just a couple treatments, my knee pain was reduced to the point where I can finally live a more normal life again. These treatments are simply remarkable!"

- Jennifer C.

"I started treatments with Deep Tissue Laser after I had injured my neck in a car accident. The treatments allowed me to return to work much more quickly than anyone had expected, considering the pain I was in. During the treatments, all I felt was a warming sensation as the laser was moved across the injured area where all my pain was. After just three short treatments, my pain was almost totally gone. Thanks, Doctor!"

- Jason B.

"The Deep Tissue Laser treatments I received dramatically helped my recovery from a broken leg. Not only did it help reduce the swelling, the pain relief I experienced was nothing short of miraculous. My orthopedic doctor was amazed with the results."

- John M.

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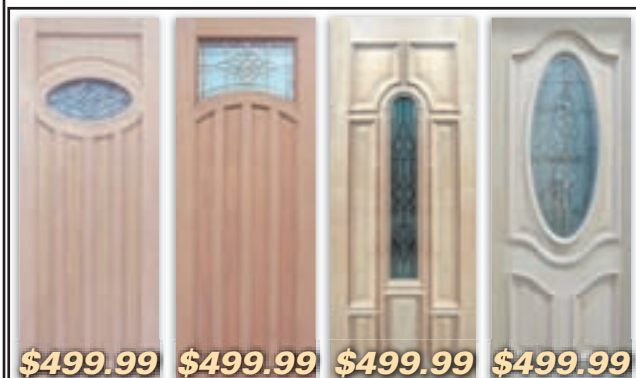
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Turn your power on at Live Holistic

By Camille Sperrazza

Live Holistic has been open for one year, and has helped countless people become healthier, says Dr. Vincent Adamo, the sole practitioner there.

"We've had an amazing year," he says. "We've seen those who suffer with diseases, get well."

Incredibly, it's done naturally, according to him.

"We teach people how to stay well, and it is making an impact on the community's health."

Enlightening people is something Dr. Adamo is passionate about. He is a chiropractor who graduated from chiropractic school, then traveled the world for five years to explore healing techniques. He says his studies have proven that the body has the power to heal itself — without drugs and surgery.

He explains that the nerves supply life to all cells, organs, and systems in the body; therefore, they are also responsible for healing it, says the doctor. Think about the spinal cord.

"Your brain controls your body through your spinal chord and nerves. What happens when your spinal cord is injured?" he asks. "You are paralyzed."

When the spine is not aligned properly, it presses on nerves, and we experience pain or other "paralysis" in areas of our lives. At Live Holistic, "We specialize in spinal cord correction," says the doctor. One way this is done involves a machine that "pulls pollution from the body via electronic currents," he says. "It excites the cells, allowing them to release toxins."

Of course, we need to take responsibility for staying healthy so good health is maintained,



Dr. Vincent Adamo and his wife Christina, a chiropractic assistant. (Inset) Dr. Vincent Adamo stretches a patient's hamstring.

Photos by Elizabeth Graham

says Dr. Adamo, and he teaches people how to reach this goal.

"Anyone who has symptoms should come in for a check-up," he says.

It's important that we keep our bodies in "an alkaline state," says Dr. Adamo. This is described as being at "the optimum inner body temperature." Help your body achieve this state by eating lots of greens and vegetables, he says.

He notes that the majority of us are often in a more "acidic state." As a result, "the body is breaking down," he says. That's because our diets are filled with acidic foods, including lots of sugars, to which diseases cling.

"Stay away from acidic foods," he says, as the body "can't heal in an acidic state."

A visit to Live Holistic teaches people about the nutrients the body

needs to heal. The facility is more than 1,000 square feet, with a family-friendly atmosphere that welcomes everyone to its learning environment, including children.

"You have to invest in your health," he says. This means taking the time to learn stretching exercises, to eat the right foods, and to get enough sleep. It requires a commitment — but the rewards are well

worth it.

Start by drinking lots of water.

"The body is made of water," he says. "Make sure you are hydrated." When you consume corn syrup, found in soda, "the body has to work harder to get rid of it," he says.

Dr. Adamo accepts health insurance, and he works with everyone to make health care affordable.

"That's what we are

noted for," he says. "We don't turn anyone away."

Check out the doctor's videos on YouTube.

Live Holistic [446 Bay Ridge Pkwy. between Fourth and Fifth avenues in Bay Ridge, (718) 921-5483, www.Live-Holistic.net]. Open Mondays and Wednesdays, 9 am-noon and 3-6:30 pm; Tuesdays and Thursdays, 1-6:30 pm; and Saturdays, 9 am-noon.

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Morrisania Diagnostic & Treatment Center

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10am - 3pm

North Central Bronx Hospital

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October 2, 9, 16, 23, 30
12pm - 4pm

Segundo Ruiz Belvis Diagnostic & Treatment Center

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545 East 142nd Street
October 3, 10, 17, 24
11am - 3pm

Brooklyn

Coney Island Hospital

Main Lobby
2601 Ocean Parkway
October 2, 9, 16, 23, 30
12pm - 2pm

Cumberland Diagnostic & Treatment Center†

Main Lobby
100 North Portland Avenue
October 30
1pm - 2:30pm

Kings County Hospital Center

Ambulatory Care Center, E Building
Clarkson Avenue at East 39th Street
October 3, 10, 17, 24
10am - 2pm

East New York Diagnostic & Treatment Center

Main Lobby
2094 Pitkin Avenue at Pennsylvania Avenue
October 8, 10, 22, 24
10am - 3pm

Woodhull Medical & Mental Health Center

0 Block/C Corridor
760 Broadway
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1pm - 2:30pm

Queens

Elmhurst Hospital Center†

H Building Lobby
80th Street & 41st Avenue
October 22, 24, 29, 31
1pm - 4pm

Queens Hospital Center

82-68 164th Street
October 9
9am - 12pm

Manhattan

Bellevue Hospital Center

Atrium
462 First Avenue
October 10
10am - 3pm

Gouverneur Health

Smith Family Health Center
60 Madison Street
October 2, 9
12pm - 4pm

Gouverneur Health

Roberto Clemente Center
540 East 13th Street
October 1, 3pm - 5pm
October 25, 9am - 12pm

Harlem Hospital Center

Ronald H. Brown Lobby
530 West 137th Street
October 10, 25
10am - 2pm

Harlem Hospital Center

MLK 2nd Floor Art Gallery
506 Lenox Avenue
October 17
10am - 2pm

Metropolitan Hospital Center

Main Lobby
1901 First Avenue at 97th Street
October 10, 24
10am - 2pm

Renaissance Health Care Network

Sydenham Health Center
264 West 118th Street
October 17
10am - 2pm

Staten Island

Mariner's Harbor Family Health Center

2040 Forest Avenue
October 10
9am - 3pm

Mobile Medical Office

St. Paul's Episcopal Church
225 St. Paul's Avenue
October 8
9am - 3pm

Mobile Medical Office

NYCHA Houses West Brighton
230 Broadway
October 3
9am - 3pm

Stapleton Family Health Center

111 Canal Street
October 24
9am - 3pm



NYC Parks

†Fit test not offered at this location. **All screening tests are available at little or no cost. If you have insurance, your insurance will be billed. You will be responsible for co-payments.





Early detection key to fighting breast cancer

Statistics show that one in eight women in the United States will develop invasive breast cancer in her lifetime, and of these women, 85 percent will have had no family history of the disease. Therefore, regular breast cancer screening is important to ensure that if cancerous cells develop, they are identified early enough for effective treatment. Early detection often means that the cancer is still confined to the breast and has not yet spread throughout the body, offering a greater opportunity for a successful outcome.

There are several types of breast cancer screening exams: breast self-examination, mammograms, and sonograms.

Breast self-examinations should be performed on a monthly basis by all adult women, beginning in their early 20s. Many women find it helpful to perform a breast self-exam in the shower the week following their menstrual cycle. Regular breast self-exams help women to learn what is normal for their bodies, so if there is ever a change, they can immediately

report it to their doctors for further examination.

Mammograms are recommended annually for women ages 40 and over. A mammogram is an X-ray examination that usually takes two pictures of each breast. It requires a woman to place her breasts between two plates, in order to flatten them and obtain a sharper image.

“Women who receive mammograms at New York Methodist Hospital can trust that they will work with a compassionate medical staff using the most advanced breast-imaging technology available,” said Dr. Steven Garner.

Women under the age of 40 may have breasts that are too dense for an accurate mammogram screening. However, younger women with a family history of breast cancer who need annual screenings can be tested using a sonogram exam. Sonograms of the breast use sound waves that provide an image of the tissue inside the breast. They also limit early exposure to radiation.

New York Methodist Hospital has been designated a Breast Imaging Center of Excellence by the American College of Radiology (ACR). It is one of only two hospitals in Brooklyn to receive this prestigious honor. ACR accreditation is considered the gold standard for imaging procedures, and confirms that women receiving their mammograms and breast sonograms at NYM’s Department of Radiology are being treated with the highest level of care.

“Clear images, skilled staff and advanced equipment mean that patients can be confident in the results of a breast imaging exam,” said Dr. Garner. “Women should not have to take chances when it comes to their health and well being. The ACR accreditation means that women can feel confident at our Department of Radiology’s Women’s Diagnostic Center.”

To schedule an appointment for a breast imaging exam at New York Methodist Hospital, call (718) 780-5870.

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Food tips for patients

Breast cancer treatment can be exhausting, resulting in fatigue that can make it hard for patients to tackle all of the tasks that come with a typical day. That includes preparing meals, which is often the last thing a person fighting breast cancer wants to do after a day of treatment.

But nutrition plays a vital role in beating cancer. A nutritious diet can promote strength and increase energy levels, something breast cancer patients know is not always easy to come by. The following are a few tips to help men and women undergoing breast cancer treatment maintain a nutritious

diet throughout their treatments.

Plan ahead when you're feeling strong

Breast cancer patients often have good days and not-so-good days during the course of their treatments. When the latter comes around, everyday tasks like cooking meals can seem as exhausting as climbing Mount Everest. So breast cancer patients can plan

ahead for such days by going the extra mile on those days when their energy levels aren't compromised. Prepare meals in advance and freeze them so they require minimal effort on those days when energy levels are low.

Avoid empty calories

Empty calories like those found in a bag of potato chips won't help fight fatigue on those days when your energy levels are low. When eating,

opt for foods that are rich in vitamins and nutrients but not heavy in calories. A meal that is dense in nutrients but not calories will benefit your energy levels, while a calorie-dense meal will only foster feelings of fatigue.

Opt for snacks that are high in protein

When snacking during the day, it's possible to counter any exhausting effects of breast cancer treatment

by choosing high-protein snacks. Foods that are high in protein, including low-fat cottage cheese, Greek yogurt, and almonds, can improve your energy levels because the body does not break protein down as easily as it does carbohydrates. So protein can be a longer-lasting energy source than snacking alternatives that are low in protein. If you aren't much of a snacker, consider a protein shake.

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Brooklyn loves books and their writers

By Tequila Minsky

"There are over a dozen Caribbean or Caribbean-Americans in this book fair," beamed E. Wayne McDonald, artistic director of the Caribbean Cultural Theatre, as he finished up his conversation with Jamaican author Diana McCaulay outside of Brooklyn Borough Hall.

On this bright and inviting Sunday, the eighth annual Brooklyn Book Festival chalked up another extraordinarily successful run.

The festival attracted thousands who perused the 200-plus booths of publishers, independent authors, writers' associations and bookstores, snaking along the paths outside of Borough Hall. The readings, discussions and panels at the Festival's outdoor stages and surrounding indoor venues were more popular than ever.

Earlier that day, writer McCaulay spoke on the panel entitled "Rolling the Dice" where the authors' fictionalized main characters do risky business. In McCaulay's book *Huracan* (hurricane god of Mayan mythology), the main character returns to Jamaica and grapples with: where does she fit and is this still home?

Concepts of power were addressed in the novels by the authors on the *Idols, Gods and Kings* panel where Cuban-American author and former journalist Cristina Garcia spoke of a fictionalized Fidel in her "King of Cuba." From her imagination, she explored the substance of life behind the scenes. "People's lives are their secret lives, not just those in public," she said. Writer Teddy Wayne and renowned octogenarian author Tom Wolfe also dia-



Jamaican author Diana McCaulay holds her book *Huracan*.

logue with her.

Other Caribbean authors prominent on their respective panels included Guyanese, now from Grenada, Oonya Kempadoo (All



Decent Animals) who is teaching this year in Connecticut as a Fulbright Scholar and Jamaican Colin Channer (*Lover's Rock*) who combines political affairs of

the day and sensuality.

Antiguan writer Jamaica Kincaid, her fifth novel "See Now and Then" published this year, was a no-show due to personal emergencies.

A festival regular, former Brooklynite and MacArthur Foundation (Genius Award) recipient Edwidge Danticat participated on two panels. In the second one, *Writers Against the Surveillance State*, she, as did the five other writers, WNYC radio journalist Leonard Lopate, and whistle blower Tom Drake, read others writings on this subject.

Danticat read from Bertolt Brecht's essay, *We, Nineteen*, referring to the Hollywood nineteen called before the Congressional Committee on their communist affiliations. After having testified, Brecht reflects that the public-queried writers had "a Cold Execution" in the form of the black list and while not deprived of their life, they were prevented from working in the film industry, their means of life. He wrote that his colleagues were protected by the Constitution but the Constitution was not protected, as those called to testify and the public learned.

More than 250 authors participated at 13 presentation venues including a teen stage and a children's tent.

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- ❖ Erectile Dysfunction
- ❖ Lost Interest In Sex
- ❖ Reduced Muscle Strength
- ❖ Weight Gain
- ❖ Decreased Energy
- ❖ Lack Of Self-Esteem
- ❖ Anxiety
- ❖ Depression
- ❖ Increase Body Fat
- ❖ Lack Of Motivation
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Colvin W. Grannum, president CEO of Bedford Stuyvesant Restoration Corporation; NYC Economic Development President Kyle Kimball; Council Member Al Vann; Community Service Society President, CEO David R. Jones; Wayne C. Winborne, Board Chair of Bedford Stuyvesant Restoration Corporation; Community Board 3 Chair Tremaine Wright; NYC Department of Cultural Affairs Commissioner Kate D. Levin; Bed-Stuy Gateway BID Board President Joyce Turner, the owner of Cross Borough Realty.

Photo by Margot Jordan

Marcy Plaza gets a facelift

Representatives of the Bedford-Stuyvesant Restoration Corporation (BSRC) and various city agencies last week recently celebrated the ribbon cutting of a \$20 million neighborhood revitalization project along Fulton Street, with local Council Member Al Vann.

The comprehensive improvements, championed by BSRC and financed by a \$20 million investment from the City of New York, include the renovation and redesign of Restoration Plaza, mile-long streetscape improvements, and the creation of new wi-fi accessible public plazas with public art. The revitalization also generated an additional more than \$100 million in housing and commercial investment by the private sector to create close to 300 mixed-income housing units and over 40,000 square feet of commercial space on the major

thoroughfare of Brooklyn within Bedford-Stuyvesant.

“Restoration has always been at the forefront of improving Bedford-Stuyvesant and providing opportunities for its residents,” said Colvin W. Grannum, CEO & President of BSRC. “This neighborhood revitalization project will not only provide Bed-Stuy residents with an opportunity to enjoy the neighborhood’s beauty and culture, but will also provide housing, business opportunities and shopping destinations for the people of our community and its visitors. This is a great example of how a community institution can work together with various public and private sector partners to bring about positive results that improve economic vitality, health and wellness, safety and access to cultural programming, while bringing the entire community

together.”

The multi-year revitalization effort was completed together with Brooklyn Borough President Marty Markowitz, the New York City Council, Brooklyn Community Board 3, the NYC Economic Development Corporation, and four city agencies: NYC Department of Cultural Affairs, NYC Department of Parks and Recreation, NYC Department of Small Business Services, and NYC Department of Transportation.

“The scope and success of this revitalization project exemplifies our community’s commitment to showcasing our many assets so that long-term residents, newcomers and visitors can experience Bedford-Stuyvesant at its best,” said Council Member Al Vann. “The investments and improvements that were part of this project were designed to

benefit all segments of our community, from the entrepreneur and the property owner to the low-income renter and the transit-rider. I am proud to have been part of the creation of these prominent improvements to the face and future of our neighborhood.”

The streetscape improvement started as a project of the Mayor’s Office of Comprehensive Neighborhood Economic Development, a partnership of the City’s economic development agencies with local stakeholders around a shared goal of building and revitalizing the residential and business communities of Bedford-Stuyvesant. The goal was to increase resident self-sufficiency and improve commercial markets to meet local retail needs through the enhancement of physical conditions along Fulton Street.



Tourism Minister Irfaan Ali, M.P.

Photo courtesy of GuyExpo 2013

Showcase of local products at GuyExpo 2013

More than 460 exhibitors are expected to participate in GuyExpo 2013, Guyana’s premiere trade and investment exposition, which will be staged from Oct. 3 - 6 at the Sophia Exhibition Site, under the theme ‘Advancing Productivity through Innovation, Modernisation and Expansion.’

GuyExpo is undertaken as a partnership among the Ministry of Tourism, Industry and Commerce, GO-INVEST and the private sector; while exhibitors, franchise holders, game operators and entertainers play a major role in the overall success of the event.

This year marks the Guyana Manufacturing and Services Association’s 50th Anniversary, of vigorously promoting manufacturing in Guyana; in commemoration of this, GMSA is indeed proud to be partnering with government for the staging of this internationally renowned activity.

Following the initiation of this event in 1995, GuyExpo has become the main conduit for showcasing Guyanese products and services to both local and international communities.

The planning committee remains confident that the intended renewed focus this year on investment, promotion, partnerships and diversification of input resources will definitely result in increased productivity, innovation, modernisation and expansion of the production base for both the traditional and emerging sectors, which will ultimately enhance and sustain the growth of our

economy.

This year’s theme is consistent with Guyana’s successful macro-economic strategy, prudent policy implementation and continuing efforts to expand opportunities for sustainable investments.

Given this fact, the GuyExpo Planning Committee and Secretariat under the stewardship of Tourism Minister Irfaan Ali, M.P. supported by Co-chairman Derrick Cummings, the planning committee and Guyana Manufacturing Services Association have established a plan of action which will result in GuyExpo 2013 being one of the best ever.

What became an annual event in 2004, under the chairmanship of Keith Burrows, is now the longest sustained exhibition in the Caribbean, in that year, the organizers took cognizance of the growth and interdependence of international trade and opened the exhibition to the Caribbean Community (CARICOM) and other regional exhibitors. This year more than 12 international companies have conformed their participation including Argentina, Brazil, China, French Guiana, Grenada, India, Suriname, Trinidad and Tobago, the United Kingdom and the United States.

GuyExpo has now morphed a national event, which offers business associates the opportunity to meet, network, and negotiate with international companies and establishments, as well as showcase their skills, talents and creative work, annually.



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Greenhouse Cafe: a landmark in Brooklyn since 1979!

BY CAMILLE SPERRAZZA

It's always springtime at the beautiful Greenhouse Cafe.

Rooms are divided into nooks and crannies, making dining cozy and fun. One room includes a garden-like setting, where greenery dangles from above, and sunlight streams through the windows of the ceiling.

Even if you are not seated inside this lovely area, a windowed wall towards the back of the restaurant allows the beautiful view.

Tables are adorned with bright green table cloths and napkins, contributing to the spring-like ambiance.

The Greenhouse Cafe has been around for more than 30 years, and it has long been the restaurant to go to for an outstanding meal, at a reasonable price. It still is.

Incredibly, the Greenhouse Cafe offers an Early Bird \$19.95 menu, Mondays through Saturdays, from 11:30 am to 6 pm. It includes

appetizer, entrée, dessert & coffee. Portions are generous, so it's a real steal.

Select from appetizers that include options such as zuppa de mussels in a red or white sauce, eggplant roll-tini, stuffed mushroom, Caesar salad, fresh fruit plate, garden salad, or an incredible seafood salad.

The latter is a heaping plate of mussels, the most tender calamari rings, huge shrimp, and clams. Sprinkle on some hot sauce, and the feast begins. Even the garden salad is no small dish of leaves — it's a generous mix of greens, sliced cucumbers, olives, and radishes, served with your choice of dressing.

A delicious sliced steak, cooked with a bordelaise sauce, is one of the entree options. The meat is tender and juicy. Select a side of mashed or baked potatoes, French fries, or rice. A mix of fresh vegetables is also included. You couldn't prepare a feast like this at home for \$19.95

— and Greenhouse does all the shopping, chopping, and cooking for you.

Other options tempt, too — a roast loin of pork with baconkraut, cooked in a bass ale gravy; sauteed shrimp scampi; and favorites such as chicken parmesan and francaise. On the lighter side, indulge in an avocado salad, surrounded with slices of mango, tomato, and sliced peppers, topped with a lavish piece of grilled salmon. Or, enjoy a broiled tilapia; or perhaps a balsamic grilled chicken, served with broccoli rabe and Yukon gold potatoes.

When it comes to dessert there's a warm brownie, drizzled with chocolate, and surrounded by whipped cream awaits — one of many possibilities.

Counting calories? No problem. A dessert of fresh fruit is served on a clear dish, so the colors of the red strawberries, green grapes, oranges, watermelon, cantaloupe, and pineapple, shine.

Should you prefer to dine at a later hour, the Greenhouse Cafe offers a \$26 menu, Mondays through Saturdays, that starts at 4 pm; and on Sundays, starting at 2 pm. You'll enjoy three courses: appetizer, entree, and dessert. A number of the options from the \$19.95 menu are on this menu as well, along with additional choices such as vegetable lasagna; seafood linguini; veal scaloppini; boneless shell steak; and fried shrimp.

When it comes to desserts, there's apple strudel, cheesecake, chocolate mousse pie, fresh fruit plate, ice cream, and sherbets. Oh la la.

The elegant mahogany bar remains the central focus of the main room, an inviting place to enjoy a drink before or after dinner. It's also a gathering spot for those looking for some good conversation and a nightcap.

There's live music on the weekends. On Wednesdays, come for karaoke.

Sunday brunch is always

a favorite. For \$25, you'll get unlimited brunch cocktail, appetizer, entree, dessert, and coffee or tea. Crepes, omelets, salads, pancakes, and steak and eggs are among the options.

Countless celebrations have been held at the Greenhouse Cafe — birthdays, anniversaries, retirement parties, bridal showers, Communion, and Confirmations. Up to 150 people can be accommodated for lunch, dinner, and cocktail parties. Pricing starts at \$33 per person.

If it's been a while since you've had the pleasure of enjoying a meal at the Greenhouse Cafe, you may have forgotten what you've been missing. Refresh your memory.

Greenhouse Cafe [7717 Third Ave. between 77th and 78th streets in Bay Ridge (718) 833-8200, www.GreenhouseCafe.com]. Open Mondays through Thursdays, 11:30 am-11 pm; Fridays and Saturdays, 11:30 am-midnight; and Sundays, 11 am-10 pm.



(Left) Greenhouse Cafe bartender Patty McCarthy can make your cocktail any way you like. Greenhouse Cafe has been around for more than 30 years.

Photos by Steve Solomonson

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Murder rise in the Bahamas

In the face of the recent dramatic rise in murders and violent attacks, National Security Minister Dr. Bernard Nottage announced that all police officers on New Providence will immediately be placed on 12 hour shifts.

Additionally, he said 150 Defense Force Marines will be immediately deployed to assist with the crime fight.

"This will have the effect of doubling the number of officers on the frontline," he said during a press conference at police headquarters.

"Secondly, all officers on the police band, as a consequence of this, have been deployed to front line policing. Further, I wish to advise members of the public that for the time being, all requests for the use of the police band have been suspended."

The announcement of the initiatives, which took effect recently, came as Nottage acknowledged that gang and turf wars have fueled the recent increase in violence. In the past two

weeks, 13 people have been murdered.

Nottage added that police officers serving in administrative and support service capacities will also be deployed to the front line.

"We must and will flush out from among us the criminals along with their illegal firearms and drugs which seem to be fueling crime."

The minister said significant resources have been added to the Homicide Unit of the Central Detective Unit (CDU). The Armed Robbery Unit and Drug Enforcement Unit (DEU) has also be adjusted and enhanced, he said.

The initiatives will result in an increase of up to 350 officers on the front lines, Nottage said.

"We must and will flush out from among us the criminals along with their

illegal firearms and drugs which seem to be fueling crime," he said.

As it relates to resources, Nottage said the government has ordered additional patrol cars and has pledged to provide the force with additional man power and resources as needed.

"The government of The Bahamas is deeply troubled by the murders that have taken place in our country and what appears to be the wanton disregard for human life, law and order," Nottage said. "The violence and lawlessness poses a very real danger to our peace and stability.

He said the government is currently in talks with the judiciary in an effort to determine how it can keep criminals off the streets.

The national security minister noted that the government also started the process to increase the judiciary's capacity to try cases.

There is going to be no letup in the fight against crime," Nottage said.



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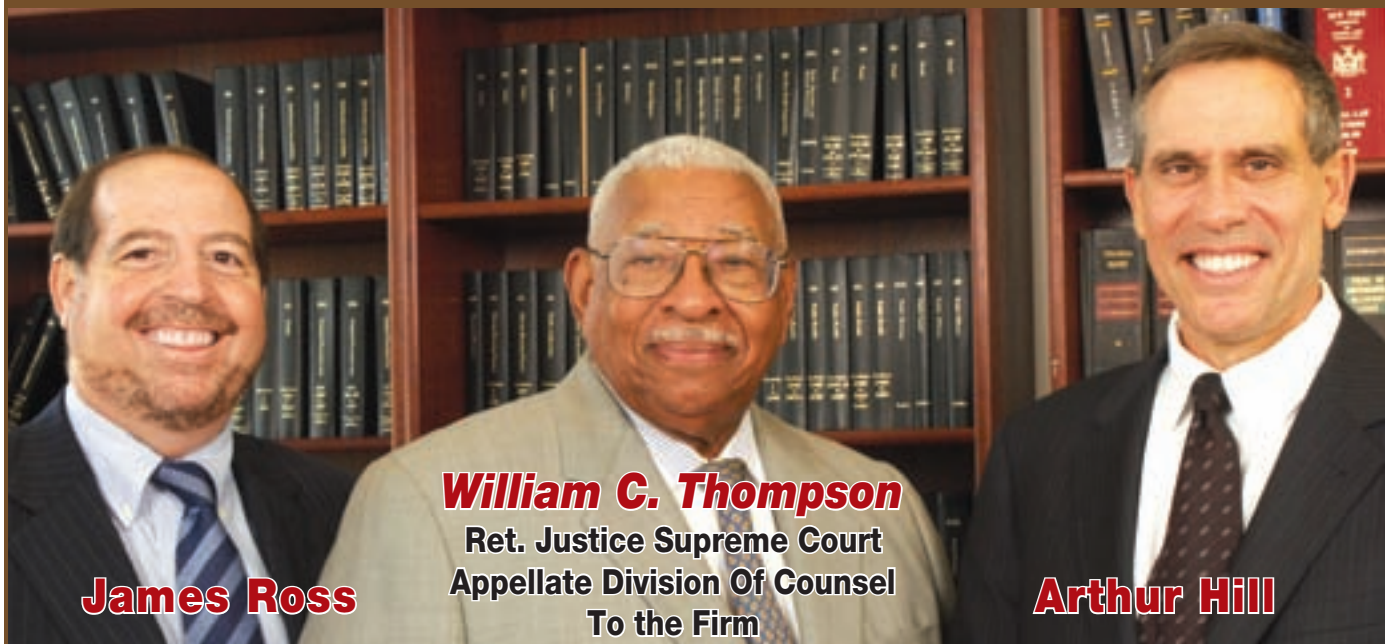


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Official state funeral set for Mayor Charlton

The Jamaican cabinet unanimously decided to honor the legacy of Cecil Charles Charlton, CD, JP -- one of the island's most popular mayor and city champions by sending him off with a state funeral.

Reportedly, Governor General Sir Patrick Allen, Prime Minister Portia Simpson Miller, the opposition's Member of Parliament Audley Shaw as well as dignitaries and representatives from both political parties are expected to speak.

The much loved former mayor of Mandeville died Sept. 12 and will be buried Oct. 6 in his beloved parish.

Of the 32 parishes throughout the nation, in no other city is a mayor as revered as Mayor Charlton. Long after his retirement more than two decades ago, the title remains a first-name and permanent fixture.

How such an indelible title became a fixture might be fodder for a biopic or feature film.

The number one citizen of the city of Mandeville, lived a



Inside Life

By Vinette K. Pryce

kind of rags to riches existence Hollywood reveres.

And for a Caribbean man – 13th child born – and raised on the generosity of the Salvation Army to emerge a millionaire is certainly a script worthy of high definition and even 3-D viewing.

He was the last of 13 children born to a humble couple on April 6, 1925.

He attended public school but dropped out at the age of 11 allegedly due to low finances.

Introduced to horse-racing at the age of 12, the young Charlton immersed himself deeply in the business of the sport. His gamble paid off handily and in the process he operated a chain of outlets he named Charles Off-course betting.

In and out of the city of Mandeville his betting shops

grew opening in many towns throughout the country.

Legend claims he acquired many race-horses, numbering at peak to 45 equestrian winners conditioned by five different trainers in 1977. In 1976 he was crowned a champion owner with 33 wins and repeated the feat in 1977 with 44 victories. He was inducted into the Racing's Hall Of Fame in 2006.

He named many of his horses, with tongue in cheek, after himself and other family members – “Mr. C,” “Call Me Ces,” “Maas Charles,” “The Mayor Himself,” “Lover Boy Ces,” “Cecil's Boy,” “Mr. Mandeville,” “Miss Manchester,” “Cecil's Darling,” “I Shall Return,” and “Miss Muff” (named for the nickname he called his daughter Winsome).

Described as a ‘voracious’



Mayor Cecil Charlton and Winsome Charlton. Photo by Vinette K. Pryce

reader Charlton introduced himself to a new word each day through a dictionary that he often took on road trips from Mandeville to the principal race track located closer to the Kingston capital in Spanish Town.

Simultaneous to his successes on the track, he spi-

raled up winning election as mayor the same year Jamaica achieved independence. From 1962 through the 70s and 80s he served under both the Jamaica Labor Party and the People's National Party.

Mayor Charlton was hailed in life as super and a long list of exemplary adjectives.

In addition to his political achievement in the 1960s Mayor Charlton owned the Green Heights entertainment club and a fleet of eleven radio-controlled Windsor taxicabs based in his hometown.

He taught himself plumbing by keen observation of skilled artisans at the craft. Among the plumbing jobs that he undertook was the installation of gutters around the Mandeville courthouse. His personal crowning glory might be construction of a 10-bedroom, 10-bathroom, octagonal, hilltop glass-house he resided. Visible for miles, from the outside winding through the living room, a swimming pool centers the flora and fauna to attract tourists and locals he invited to tour.

The house remains a landmark and one of Mandeville's must-see attractions.

In the city he ruled for decades, a park, library, hospital, schools and children are named in his honor.

Continued on Page 30



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ENTERTAINMENT

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Guyanese sassy styles on display

By Tangerine Clarke

Three of Guyana's sophisticated designers may not have been on the runway of New York's fashion week, but the trendsetting fashion professionals put on quite a show at the recent Toast to Brooklyn Food and Wine Festival, to showcase elegant ready-to-wear pieces.

With Guyana Fashion Week on the verge of welcoming world-renown fashionistas to its runway shows from Oct. 20 to 27, Sonia Noel, a seasoned designer, gave the audience a sneak-peek of what to expect at the Georgetown event. Floor-length dresses, designed with sweeping hemlines, and trimmed with her signature latticework effect, set the stage for the fashion forward affair.

The use of natural fabrics have always been the fashion maven's specific point of view. She relishes in perfecting simple fabrics such as her



Gemsbydesign by Gem Fraser.

Photo by Wilfred Cameron

tie-dye gown, finished with a black bodice, and creations in black and white, brown, and solid white. Accessories of broad-brim hats completed the sassy collection.

Continued on Page 28

Delightful jazz

By Eulene Inniss

Tucked away behind two strong, exquisite, yet welcoming mahogany doors on Fulton Street, in Bedford Stuyvesant, Brooklyn is a place called Jazzy Mondays. This cultural hideout, owned by the late educator and community activist Jitu Weusi and his wife Angela is a gathering place for Jazz lovers. It was in this unassuming space that the renowned Jazz Artist Cynthia Joyce Holiday and Friends performed before a packed, appreciative house on Monday night.

In this cozy atmosphere, Ms. Holiday used her melodious voice and belted out some



Cynthia Joyce.

authentic Jazz tunes to the delight of her fans. Her musicians were Rodman Swartz on Organ, Anthony Atkinson

Continued on Page 28



STEPPING OUT IN LACE

Model wears one of the Bela Criacao designs created by Felicia Persaud.

Photo by Pink Rooster Studio

From the bedroom to the boardroom

By Natalie Y. Henry

"I want to bring lace out of the bedroom," said Felicia Persaud of her first collection, which recently set the Nolcha runway ablaze during New York Fashion Week. Her use of black and white mesh made the collection sexy and sophisticated. Persaud believes that you do not have to show skin to be sexy. She referred to the 30's and 40's as an example

of a time when women embraced curves and wants to celebrate bodies of women.

Unable to find clothes that flattered her curves, she created a contemporary lifestyle collection inspired by her culture and everything around her. The half-Guyanese half-Brazilian designer boasts tapered and fitted as her signature style. "Women have curves...I feel

that women should be able to show their curves," said Persaud. "Every woman is entitled to feel beautiful and sexy," she added. Since fit and quality is so important, all her clothing is made in the USA with a showroom on Park Avenue and an office in South Ozone Park, Queens.

Although she was successful in previous business ventures, she felt

Continued on Page 28

TOP OF THE CHARTS

TOP 10 SINGLES



- 1 Blurred Lines**
Robin Thicke Feat. T.I. + Pharrell
- 2 Roar**
Katy Perry
- 3 Safe And Sound**
Capital Cities
- 4 Holy Grail**
Jay-Z Feat. Justin Timberlake
- 5 Royals**
Lorde
- 6 Summertime Sadness**
Lana Del Rey & Cedric Gervais
- 7 Wake Me Up!**
Avicii
- 8 Hold On, We're Going Home**
Drake Feat. Majid Jordan
- 9 Love Somebody**
Maroon 5
- 10 Clarity**
Zedd Feat. Foxes

TOP 10 ALBUMS



- 1 Kiss Land**
The Weeknd
- 2 Fuse**
Keith Urban
- 3 B.O.A.T.S. II #METIME**
2 Chainz
- 4 AM**
Arctic Monkeys
- 5 The Electric Lady**
Janelle Monae
- 6 Yours Truly**
Ariana Grande
- 7 Atmosphere**
Kaskade
- 8 Crash My Party**
Luke Bryan
- 9 The Love Club (EP)**
Lorde
- 10 Feels Like Home**
Sheryl Crow

Presented by
verizon wireless

Jazz

Continued from page 27

and secure in her skin, having been raised in a household of musicians. Her eyes glitter with pride as she tells of her father who was a trumpet player and leader of his own band named Calvin Hughes & His Swing Jets in their home town of Newark, New Jersey. Her mother, just as talented, has a background in Gospel music which she perfected while singing in church and performing at weddings.

Ms. Holiday started out as a dancer with the Garden State Ballet and the Morse Modern Dance Company. After graduating from college she worked with a major corporation as she continued singing on the side and taking voice lessons. She somehow knew that her destiny was in music and one day abruptly quit the corporate job to pursue her passion. She wanted to be a singer and do what made her happy. Her dad took her to a trainer whom he trusted and her journey to stardom began in 1990. While growing up with her mother, she recalls listening to Artists such as Sarah Vaughn, Ella Fitzgerald and musicians such as Count Bassey, Duke Ellington and Miles Davis. She drew strength from these artists's musical talent while emulated their style and launched her career as a Rhythm and Blues



Cynthia Holiday with host Angela Weusi and Azzie.

Photo by Lem Peterkin

singer. She attributes her interest in Music not only to her upbringing but also the ability to hear great Jazz music on the Radio as a child, and believes that for the sustainability of Jazz, the music industry must play a part and bring it to the youths. She believes that students are losing out in schools because Music is just as important as Reading and Writing, since it instills discipline, an art she learned from her father's daily rou-

tines, which were required, because of his dedication to music.

Cynthia Holiday has had the privilege of entertaining audiences throughout the United States and Overseas. She has performed in Russia twice and was greeted warmly by her fans there, in spite of the language barrier. She is looking forward to her November appearance in Osaka, Japan with T.S. Monk and Helen Sung. Ms.

Holiday brought a breath of fresh air to Jazzy Monday. It was a perfect setting in which to enjoy her powerful voice. The African Artifacts and outdoor/indoor setting enhanced the flavor of the notes and words, as they danced across the room and found rescue in the ear to tingle the heart. Ms. Holiday is smooth. Her latest CD is titled "I like It Like That" and all the fans agreed that they like it like that.

Bella Cricao

Continued from page 27

as if something was missing. "I needed to unleash my burning desire for fashion design," said Persaud. This desire led to the creation of her line "Bela Cricao," which means "beautiful creations" in Portuguese. As a child she was exposed to the fashion industry. In her native Guyana, her mother owned a textile factory, so she was always around fabric, seamstresses, and prints.

Persaud designs with the women on the go in mind. As a mother of two sons, former banker who transitioned into real estate and currently runs her own title insurance company, she knows it is important for a woman to be dressed for every occasion.

Her Guyanese-Brazilian background has influenced her greatly. "Guyana, Brazil, and Caribbean speak of color and print," said Persaud. "It's not just Americans and Europeans who can bring life to a runway show. I want people out there to know that different cultures can bring beauty to the runway." Persaud's collection defi-



Bela Cricao Fall / Winter 2013 Collection. Photo by Pink Rooster Studio

nately shows that with an electric blue jumpsuit and a printed pepul dress.

In the future she hopes to tap into the Latin and South American markets along with a boutique in Guyana.

Fashion

Continued from page 27

"Giving Life to Fashion & Bringing Fashion to Life" is the theme for 'Guyana Fashion Week.'

Myrna Patterson, a seamstress, who studied under Noel, certainly learned well. Her "KiMarui S Collections" have an eclectic blend of fabrics, designed to showcase her inspired black and white motif.

Patterson says she likes to work with all types of fabrics, and describes her line as chic and sophisticated. This was seen in her African interwoven lace pieces, for an elegant look. The collection was glamorous in style and posh for any occasion.

Gem Fraser's "Gemsbydesign" was a quintessentially themed collection of elegant fabrics, a quality that the designer prides her work on. She picks out fabrics crafting embellished pieces, as viewed in her presentation.

Fraser dressed up models in charming outfits, such as a white closefitting off-the-shoulder gown, a balloon fishnet shirt paired with a chiffon blouse, and a topless silk jump suit. Gem also showed a



Creation by Sonia Noel.

Photo by Wilfred Cameron

splendid African print pant, topped with a brown shiny long sleeve jacket. The outfit was accessorized with a stunning orange headwear.

Her inspired debonair look of caftans, beautiful dresses, and stylish separates will take center stage at her upcoming Sunday, Oct. 6 fashion extravaganza at St. Jude's Church Hall, 1696 Canarsie Rd. in Brooklyn. demsbydesign50@yahoo.com

A mesmerizing, multi-layered mystery in Dover

"Prisoners"
Excellent (4 stars)
Rated R for pervasive profanity and disturbing violence
Running time: 153 minutes
Distributor: Warner Brothers

By Kam Williams

Keller Dover (Hugh Jackman) is a rugged outdoorsman and family man with deep roots in rural Pennsylvania. He and his wife, Grace (Maria Bello), are raising their kids, six-year-old Anna (Erin Gerasimovich) and teenage Ralph (Dylan Minnette) in the tiny town of Dover, an idyllic oasis seemingly far removed from big city afflictions.

It is Thanksgiving morning, and the doting dad has decided his son is ready to shoot his first deer, a rite-of-passage he'd shared with

his own father upon coming-of-age a generation earlier. And after a telling tableau dripping with Christian symbolism reflected in a recitation of the Lord's Prayer and a cross dangling from their pickup truck's rearview mirror, we find the two deep in the woods where the boy does, indeed, bag his first buck.

"Be ready," Keller ominously advises Ralph on the return trip, not because he has a premonition about any impending disaster, but due to the vague sense of paranoia he has cultivated over the years as an amateur survivalist. Still, a basement stocked with years' worth of provisions would prove to be of no use in the calamity about to unfold later that day.

First, the Dovers travel to the home of Nancy (Viola Davis) and Franklin Birch (Terrence Howard), neighbors with a couple of kids around the same age as theirs. However, after sharing a satisfying Thanksgiving dinner, youngsters



Viola Davis and Terrence Howard in "Prisoners."

Photo courtesy of Warner Bros. Picture

Anna and Joy (Kyla Drew Simmons) vanish without a trace while playing outside unsupervised.

The only lead is a suspicious RV parked down the street which the police trace to Alex Jones (Paul Dano), the mentally-challenged village idiot (Paul Dano)

ostensibly incapable of pulling off such an abduction. With no other clues to follow, the investigating officer (Jake Gyllenhaal) puts the case on a back burner, much to the chagrin of the missing girls' anguished parents.

Given that time is of the essence,

it is no surprise when a very desperate Keller takes the law into his own hands, with his manic behavior cutting a sharp contrast to the relatively-measured approach of deliberately-paced Detective Loki. Will the frustrated father or the laid-back cop crack the case first? Or will they join forces and pool their resources? Will Anna and Joy be rescued alive, or found too late to save them? Or will the whodunit simply go unsolved.

That is the mystery at the heart of Prisoners, a mesmerizing, multi-layered masterpiece brilliantly directed by Dennis Villeneuve. Screenwriter Aaron Guzikowski deserves equal credit for the film's intricately-plotted script which oh so slowly ratchets-up the tension in a compelling fashion guaranteed to keep you on the edge of your seat every step of the way.

A compelling character study of the emotional toll exacted by a kidnapping on the psyche of the victims' loved ones.

Independent & Foreign Films

As I Lay Dying (Unrated) James Franco directed and stars in this adaptation of the William Faulkner novel of the same name about a woman's (Beth Grant) family's effort to fulfill her last wish to be buried in a nearby town. With Danny McBride, Tim Blake Nelson and Richard Jenkins.

Inequality for All (PG for violence, smoking, mature themes and mild epithets) Former Secretary of Labor Robert Reich narrates this economic expose' bemoaning the widening income gap in the U.S. between the haves and the have-nots.

Morning (R for sexuality) Character-driven drama chronicling five days in the life of a grief-stricken couple (Leland Orser and Jeanne Tripplehorn) in the wake of the accidental death of their young child. With Laura Linney, Elliott Gould and Jason Ritter.

Muscle Shoals (Unrated) Musical retrospective revisiting the legendary, river-side music studio in rural Alabama which provided the unlikely setting for classic recordings by everyone from Aretha to The Rolling Stones to Bob Dylan.



Kam's Kapsules

By Kam Williams

On the Job ((Unrated) Cat-and-mouse crime thriller, set in the Philippines, about two police officers' (Joey Marquez and Piolo Pascual) attempt to apprehend a couple of ex-cons (Joel Torre and Gerald Anderson) given reduced sentences in exchange for performing some high-profile assassinations. With Angel Aquino, Michael De Mesa and William Martinez. (In Filipino with subtitles)

Out in the Dark (Unrated) Middle East tale of forbidden love, set in Israel, about a gay love affair between a Palestinian student (Nicholas Jacob) and an Israeli attorney (Michael Aloni). With Jamil Khoury, Alon Pidot and Loai Nofi. (In Hebrew and Arabic with subtitles)

The Secret Life of Dorks (PG-13 for sexuality, profanity and crude humor) Romantic roulette revolving around a nerdy teenager (Vanessa Marano) who has a crush on an equally-geeky classmate (Gaelan Connell)

who, in turn, is in love with a cheerleader (Riley Voelkel) who is already dating their school's football team captain (Beau Mirchoff). Featuring Jim Belushi, Jennifer Tilly and William Katt.

Shepard & Dark (Unrated) Long distance documentary about the pen pal friendship of Sam Shepard and Johnny Dark.

Wild Style (R for profanity) 30th anniversary re-release of the hip-hop classic featuring appearances and performances by such seminal rap artists as Grandmaster Flash, Fab Five Freddy and the Rock Steady Crew.

BIG BUDGET FILMS

Baggage Claim (PG-13 for profanity and sexuality) Paula Patton stars in this romantic comedy about a marriage-minded flight-attendant's frantic search to find Mr. Right before her younger sister's (Lauren London) impending wedding. .

Go to www.Caribbeanlifefews.com for the latest in Caribbean news, entertainment, sports, business, viewpoints and more.

SUN KULCHA

COMMUNITY EVENTS

FRI., SEPT. 27, 2013

HEALTHCARE REFORM: Learn about health care reform and what it means for you and your family: How will health care reform affect you? Will you qualify for a plan on the New York Health Benefit Exchange? Will you qualify for financial help on the Exchange? What are the options available to you regarding your health coverage? This event is open and free to the public and is being held at 206-20 Linden Blvd. in Cambria Heights, Queens from 2:00 p.m. - 3:00 p.m. RSVP:1-646-476-1294.

MON., SEPT. 28, 2013

WOMEN IN MUSIC FESTIVAL: It's the 13th season of Great Women In Music celebrating phenomenal women. The month-long festival begins with a salute to Robin Richie, producer and host of "Imagine That" a multi-faceted cable talk show that has aired for 15 seasons and has featured some of the most memorable names in music, theatre and sports. The big celebrity-laced bash will be held at the Grill N Chill in Park Slope, Brooklyn, NY at 5:30 p.m.

TUES., SEPT. 29, 2013

PANEL DISCUSSION: The New York Times' Brent Staples moderates a discussion among a distinguished group of panelists on American History based on Professor Craig Steven Wilder's new book, "EBONY AND IVY: Race, Slavery, and the Troubled History of America's Universities" (Bloomsbury, 2013) at The Riverside Church at 2:00 p.m. The acclaimed author chronicles the untold story of how the African slave trade generated the wealth that raised many of America's most prestigious institutions – from Harvard, Yale, and Princeton to Rutgers, and Williams College. The Riverside Church is located at 190 Claremont Ave. (bet. 120th & 122nd streets) in Manhattan. Admission is free, please RSVP: <http://ebonyandivy-eorg.eventbrite.com/>; For additional information, contact Luvon Roberson at: 917-528-1049 / luvonroberson@yahoo.com

WED., SEPT. 30, 2013

SITTING EXERCISE: Join us for a DVD workout that can improve your stability and balance and help you stay mobile. It's designed to develop strength and enhance your ability to perform the activities of everyday life, making it perfect for seniors. Please let your doctor know you'll be taking part in an exercise class. This event is open and free to the public and is being held at 206-20 Linden Blvd. in Cambria Heights, Queens from 12:00 p.m. - 1:00 p.m. RSVP:1-646-476-1294.

ZUMBA: Join us for a dance-fitness class that is friendly and fun. It uses the Zumba formula, with modified moves and pacing for active older people and those just starting their journey to a fit and healthy lifestyle. Be sure to let your doctor know you'll be taking part in an exercise class. This event is open and free to the public and is being held at 206-20 Linden Blvd. in Cambria Heights, Queens from 10:30 a.m. - 11:30 p.m. RSVP:1-646-476-1294.



MUSIC FEST

WOMEN IN MUSIC FESTIVAL: It's the 13th season of Great Women In Music celebrating phenomenal women. The month-long festival begins with a salute to Robin Richie, The big celebrity-laced bash will be held at the Grill N Chill in Park Slope, Brooklyn, NY at 5:30 p.m.



THE TRIP TO BOUNTIFUL

NOW-OCT. 9 • "The Trip To Bountiful," has been extended, adding five weeks to its already extended engagement, giving audiences just a few more chances to see the legendary CICELEY TYSON's in her Tony Award-winning performance of a lifetime. Tickets are available at the box office, www.Telecharge.com or by calling (212) 239-6200.



FREE FITNESS CLASS

FITNESS WORKOUT: Join EmblemHealth Neighborhood Care for a cardio workout that can improve your overall health and improve circulation and endurance from 5:00-6:00 p.m. We'll also work on building muscle with strength training. Please let your doctor know you will be taking part in an exercise class. This event is open and free to the public and is being held at 206-20 Linden Blvd. in Cambria Heights, Queens. RSVP:1-646-476-1294.

MON., SEPT. 30 & TUES., OCT. 1

PERFORMING ARTS: Come out and see Ballet Hispanico, recognized as the nation's leading Latino dance, will perform in Program 3 of the 10th Anniversary Season of Fall for Dance Festival at New York City Center at 8:00 p.m. Tickets are \$15 and will go on sale on Sept. 8, 2013 at 11:00 a.m. Tickets can be purchased online at www.NYCityCenter.org, by calling CityTix at 212.581.1212, or at the City Center Box Office. New York City Center is located at 131 West 55th Street, NYC.

WED., OCT. 9, 2013

EDUCATOR OPEN HOUSE: Educators and administrators are invited to attend a FREE Educator Open House at Brooklyn Children's Museum from 4:00 – 6:00pm! Explore our innovative exhibits and try out hands-on activities that naturally support curricular content in the classroom.. Enjoy refreshments and network with fellow educators and administrators. Receive a 10% discount on your first scheduled program at the Museum if you book from October to December 2013. Please RSVP by October 4, 2013 by emailing EducationOpenHouse@BrooklynKids.org and include "Educator Open

House" in the subject line.

FRI., SEPT. 20 - FRI., OCT. 11, 2013

REGISTRATION MIGRATION SERVICES: Catholic Migration Services would like to welcome you to register for their free Citizenship Workshop on Oct. 19 at St. James Cathedral in downtown Brooklyn from 10:00 a.m. to 2:00 p.m. In order to attend, you must call 646-597-8797. A CMS employee will take some basic information to determine whether you are eligible to apply. In order to be eligible, you must: Be at least 18 years old, and have been in the United States for at least five years (three years if you are married to a U.S. citizen). Our immigration counselors and legal staff will be providing step by step assistance in each individual's application process.

HOME RAPAIR: Is your boiler, water main or roof in need of fixing? Do you need major repairs done but lack the finances? Now is the best time to fix it. Neighborhood Housing Services of East Flatbush, a not for profit housing organization can assist you. For more information on our Home Improvement Programs please call 718-469-4679. www.nhsfoeastflatbush.org

Compiled by Natalie Y. Henry

Mayor Charlton

Continued from page 2

Charlton became legendary because of his ambition and achievements.

He remained legendary because of his service and generosity.

He adored the parish he was born and ensured its reputation of being the coolest and most clean parish.

A popular story often repeated lauds Mayor Charlton for relocating -- to another parish --the first homeless man he spotted in Mandeville. Allegedly, the mayor personally escorted the individual to a border town by driving him out with a threat never to return in the condition he had subsided.

And while he was strict on keeping up appearances, Charlton's philanthropy has been legendary. He bought Mandeville's first ambulance with his own funds and handed it over to the health authorities. He donated his mayor's salary to the Salvation Army, in which his mother had brought him up. He was a generous contributor to a wide range of causes that he considered worthy. When a Manchester policeman was killed in the line of duty, Charlton offered to finance the education of his daughter provided that she performed satisfactorily at school and he monitored her school reports and honored his pledge. He financed the education of many other children of the parish.

Mayor Charlton was visited by some of the world's supreme leaders, among them Emperor Haile Selassie I, Britain's Princess Margaret and prime ministers from many countries.

The mayor, businessman, millionaire and Mandeville ambassador departed recently in the beloved parish he spent most of his 88 years.

A public funeral will accommodate thousands wishing to bid him farewell on Oct. 6.

Slated to be held at the Northern Caribbean University, Manchester Road, Mandeville at 10:00am., interment will follow after a viewing.

The viewing is also set for the previous day, Saturday, Oct. 5, at the Cecil Charlton Hall.

"He loved the people and they loved him therefore we will be having an outdoor service where residents of Mandeville can all see him," his daughter Winsome said.

A memorial service will also be held in south Florida at a date which has not been decided.

Mayor Charlton was preceded in death by his first wife Louise who was the mother of Donald, Cecil (Junior) and Winsome 'Lady C' Charlton.

During his mayoralty in 1977, he remarried Veronica Bateman who bore him a son named David.

Mayor Charlton is mourned by many surrogate, acknowledged and adopted children, grand children, nieces, nephews and friends throughout the Caribbean and world.

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Sister Betty Becton's predicament

BOOK REVIEW

"Sister Betty Says I Do"
by Pat G'Orge-Walker
c.2013, Kensington
Dafina
\$15.00 / \$16.95 Canada
304 pages

By Terri Schlichenmeyer

The "Save the Date!" notices went out months before.

You had the hall you wanted. The dress made you look like an angel, the cake was magnificent. Your official invitations were dropped in the mail on a Saturday and the actual day arrived in a heartbeat. You got married!

Everybody loves a good wedding, and yours was the best. But in the new novel "Sister Betty Says I Do" by Pat G'Orge-Walker, there were lots of obstacles littering the aisle.

In the small town of Pelzer, everybody knew Sister Betty Becton.

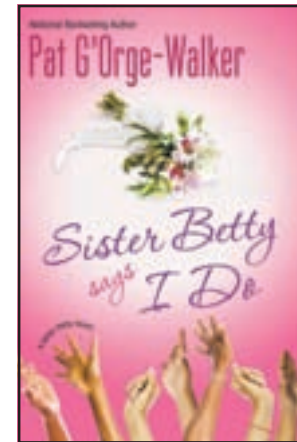
It was hard not to. A sixty-something, "five-foot-

two brown ball of fire," Sister Betty had a special connection with God: nearly 30 years ago, He called her on the phone, right in the middle of her soap opera. That must've cost the Almighty a grip, though, since all subsequent messages came through pains in Sister Betty's knees.

And Sister Betty had been spending a lot of time on those knees in church lately, praising and thanking God for sending her Freddie Noel. Yes, Sister Betty made mistakes in the past, but God saw fit to send Trustee Noel into her life, and she and Freddie were getting married. Everything—plans, family, and all—seemed to be God-approved.

Then Ima Hellraiser came to town.

When Sister Betty and her spiritual son, Pastor Leotis Tom, went to pick Betty's cousin, Sharvon, at



Book cover of "Sister Betty Says I Do" by Pat G'Orge-Walker.

Photo by Kensington Dafina

the airport, there was Ima, waiting for her ride and talking and laughing with Sharvon like they were old friends.

On any another day, they might have been. But they were about to be enemies.

With curves where there shouldn't have been curves and big beautiful eyes, Ima set her sights on marrying Pastor Tom and becoming first lady of Crossing Over Sanctuary. Problem was, Sharvon had the same notions.

And as if that wasn't enough trouble, Mother Sasha Pray Onn and Mother Bea Blister kept sticking their noses into Sister Betty's wedding plans. Betty could barely stand those old heifers, but prayer gave her strength and Freddie—though he was mighty tired of the drama—gave her love.

And then Sister Betty's "knee phone" started to hurt...

"Sister Betty Says I Do" is okay. Not great. Not horrible. It's okay.

It's not a laugh-a-minute, though it has its moments. Author Pat G'Orge-Walker inserts a lot of puns, sarcasm, and silliness in this novel to keep a reader amused.

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Chronixx debuts in Brooklyn

By Toni Dubois

Jamar Rolando McNaughton known as “Chronixx” performed with his band, Zinc Fence Redemption alongside with Kelissa for the first time ever in Brooklyn at Pulse 48, formally known as Cultural Performing Arts Center, C-Pac on Sept. 21.

Jamaican born Chronixx has quickly earned a reputation as a true storyteller of his time; he is often compared to Dennis Brown energy or Bob Marley vibe. What he brought to the stage was a passion of a wide-eye youth, armed with lyrics and an accompanying musical sound with mix of roots and culture and a pinch of lover’s rock.

When he performed his song “They don’t know” the audience truly embraced him with open arms, you can tell that the audience were true roots reggae fans that just love good positive music. With his silky smooth effortless vocals and conscious



Chronixx performed with his band, Zinc Fence Redemption.

Photo by Toni Dubois

lyrics covering a wide range of subjects you couldn’t help but sway with the music and sing along with him. It would explain the reason why people have gravitated towards his music. Olivia Manley of Jamaican decent

stated, “we as a people are a no nonsense culture, Chronixx’s music truly speaks to the people and for the people and it’s from the heart, it’s good positive music, to have him perform in Brooklyn was truly an epic experience,

Chronixx we embrace you in our hearts and with open arms.”

Chronixx, said it best, “music is just something that explains people’s lives for them- that’s what people call roots.”

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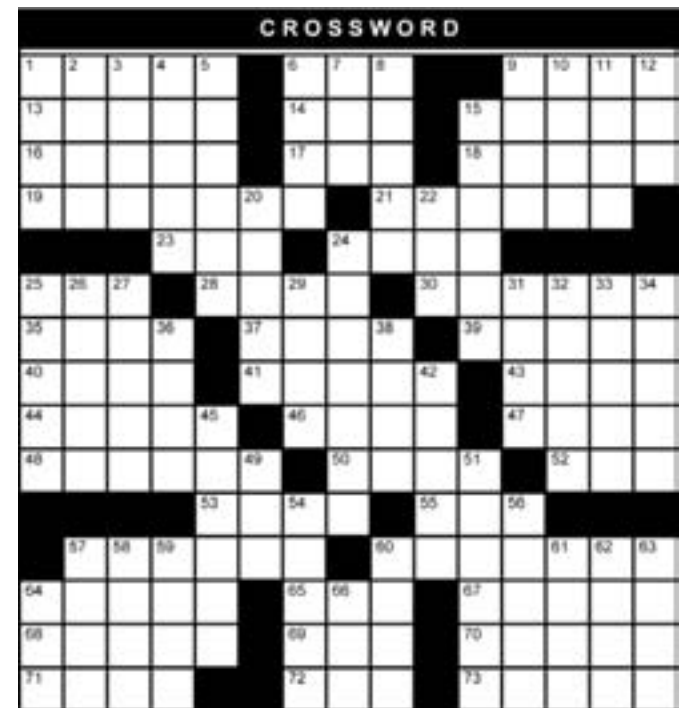
1. Promo piece
6. *Ruler of prime time
9. Voyeur's glance
13. Film director Sergio _____
14. Black gold
15. It's tops at a beauty pageant
16. Multibillion dollar power company
17. *This country's viewers determine winner of "American Idol"
18. Bitter
19. *It stars Simon Cowell
21. *Crime-solving novelist
23. Consumes
24. "SNL" segment, e.g.
25. *UK prime time giant
28. French "place"
30. Cause to become
35. Commuter line
37. Abounding with elms
39. Red _____ of 20th century
40. "_____ the Wild," movie
41. Word of mouth
43. *America's choice
44. Like a lemon
46. Opera house box
47. Often goes with Scotch
48. Silently agreed
50. French Riviera city
52. "____ and the City"

53. Sleep in a convenient place
55. One to one, e.g.
57. *Claire or Phil, surname
60. *A hit show revolves around this theory
64. East Asian peninsula
65. Caustic chemical
67. *_____ Boo Boo
68. Southeast Asian org.
69. Campaigner, for short
70. _____ poll
71. One rotation around sun
72. QB exclamation
73. Slides or slips

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2. Table extension
3. I, to a Greek
4. *_____ "Nucky" Thompson
5. Traveler's mode of transportation
6. NCAA's Final _____
7. Post-Soviet Union alliance
8. "Car Talk" brother
9. Scot of long ago
10. Between marquess and viscount
11. Buffalo's lake
12. Often found under a mouse
15. Gustatory sensations
20. Twig of willow tree
22. It's hot in some people

24. Court call
25. *Canine on "Family Guy"
26. "Bank" in Venice
27. Commended
29. Twelfth month of Jewish civil year
31. *Mark Harmon/Sasha Alexander show
32. Wainscots
33. Lose ground
34. Chill
36. He ruled the flies
38. Quotable Berra
42. Straight muscles
45. Patient's toilet
49. *Homer's catchword
51. Crazy _____ card game
54. Airy spirit
56. Kindle download
57. 2 aspirin, e.g.
58. Carbamide
59. Getting warm
60. Aaron Rodgers pantomimes this
61. Not in favor of
62. Opposite of want
63. Training spots
64. Mary _____
66. Texter's u



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Climate change

Continued from page 8

minimise these negative effects of climate change.

When Ramgopaul Roop started to work his small farm in North Freeport, Trinidad, the soil was very acidic, sterile and compacted. During the rainy season, he had to contend with flooding and during the dry season with the challenge of drought.

Roop decided to lime his farm's soil and increased the amount of organic material in it to improve its fertility. He also made a pond and adjusted the farm's topography in such a way that during the rainy season the excess water flowed smoothly into the pond, thus preventing flooding; during the dry season, he began using that same water to irrigate.

The result is that Roop now makes a good living out of farming.

Though Roop's work in sustainable agriculture began before the impacts of climate change became noticeable, Dr. Humber-

to Gomez, a technological innovation specialist of the Inter-American Institute for Cooperation on Agriculture (IICA), cites it as an example of what can be accomplished when farmers take a proactive approach to dealing with the problem.

"For example, with improved soil and water management practices, such as irrigation and drainage," he told IPS. "Also, crop varieties can be bred to require less water, complete their cycle faster or slower, to have tolerance to pests and diseases.

"Plants could also be bred to use smaller spaces, to absorb and metabolise nutrients more efficiently, etc," Gomez said.

The Climate Change, Agriculture and Food Security (CCAFS) report, "Farming's Climate-Smart Future: Placing Agriculture at the Heart of Climate-Change Policy," also suggests growing crops under cover as a useful technology specifically for farmers in the Caribbean.

The Trinidad and Tobago government offered to subsidise such technology, known as shade houses, promising to pay half of the cost of building them, according to Khemraj Singh.

However, Singh said, those promises were not fulfilled. He said that he began the project of building shade houses to protect his crops. However, such construction is expensive: two and a half acres required 10 shade houses covering roughly 10,000 square feet each, at a total cost of approximately 340,000 dollars.

Failure by government to subsidise the construction made the shade houses untenable. "A shade house is a long-term investment," he said. "I cannot take TT two million dollars and say that the shade houses would make enough money to pay for themselves." Singh has since abandoned his efforts to implement this technology.

He said that local farmers also see the value of drip irrigation and plastic mulching to help cope with local climatic conditions.

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Head coach Stephen Hart with players of the National Senior Men's Team.

Photo by Shaun Fuentes

Teams need your love

By Trevor Simon

Trinidad and Tobago National Senior Men's Soccer Team head coach Stephen Hart believes it is time that the country's national teams begin receiving some of the benefits that those representing the country on the international stage should be privy to.

And by saying that, he does not mean big pay outs or overwhelming favours but rather the basic conditions that should be afforded those involved in the efforts.

Continued on Page 40

Basketball time

By Robert Elkin

Basketball is right around the corner! The National Basketball Association gets the ground next Monday with Media Day for the Brooklyn Nets and the New York Knicks, and the junior and senior colleges soon follow with their tryouts, and practices and then comes the high school kids.

They'll all be hitting the hardwood in a couple of weeks.

Meanwhile, the schoolboys are staying in shape and there is no finer way for these athletes to practice under game situations or even on their own in various classics or tournaments. One such 'league' as one may even call it is the IS 8 one in south Jamaica, whose personnel stages it during an open period when college recruiters are allowed to attend. These college coaches are allowed to observe high school players under game conditions with officials during

Continued on Page 40



RED BULLS SURVIVE DALLAS

half of an MLS soccer match Sunday, March 11, 2012, in Frisco, Texas. (AP Photo/Tony Gutierrez)

Tony Gutierrez

Preparing for a match-up with conference leaders

By Patrick Horne

The New York Red Bulls (15-9-6, 51 pts.) came away with a 1-0 victory over FC Dallas on Sunday afternoon at Red Bull Arena to maintain its position atop the MLS Eastern Conference standings. The home team took the field knowing

that Sporting Kansas City (15-9-6, 51 pts.) had replace it at the top of the Conference standings after defeating Toronto FC, 2-1, the day before. New York's better goal difference gives it the edge over Kansas City.

The win didn't seem in the cards

for the Red Bulls from the outset. The urgency that was demanded of the situation by the home team, considering final team standings has a significant impact on the playoffs seeding, was lacking in the first half. The Red Bulls

Continued on Page 40



Some members of the Trinidad and Tobago youth team in Trinidad.

Photo by Shaun Fuentes

Grooming a new generation

Continued from page 39

"I think at the end of the day, all these boys are hoping for is some love from the people," Hart told TTFA Media.

"We have guys playing with the national team who are in love with their country and want to make a positive impact... who go out there and give everything for their country but sometimes feel like it's going

totally unnoticed and that could never be a good thing. And this is happening especially when they compete against other athletes or countries where there may be a vast difference in the conditions of those we are coming up against," Hart said.

Despite coming second in the Caribbean Cup in December and then advancing to the quarter-finals of

the 2013 CONCACAF Gold Cup, T&T's best showing since 2000, the national team is yet to attract a major sponsor and the TTFA has been depending on the Ministry of Sport and Sport for funding for training camps, travel and allowances. T&T also defeated hosts Saudi Arabia 3-1 a few weeks ago to take third place at the OSN Cup. Currently, the National Women's Under 17

team is involved in World Cup qualifying action in Haiti while there are intentions to have the Under 15 Boys team undergo training camps in Colombia or Panama.

TTFA President Raymond Tim Kee and General Secretary Sheldon Phillips are actively involved with the TTFA Marketing Department in trying to lure partners on board.

<< MISSING! >>

Continued from page 39
ing 'contact period.' Many schoolboy rules apply to these games.

Every fall IS 8 holds a showcase at their own gym, but because of its unavailability due to some work going on, the league officials moved it to the ElmCor Youth and Adult Center in Corona. The ElmCor personnel have been indeed satisfied and honored to host such games for the two weekends.

Caught looking at their 'future players' was the Adelphi College coaching staff.

"I have seen a lot of players (over the years)," said Brian Kuar, first year an assistant coach at the Garden City, Long Island-based college. "IS 8 is a backyard for New York City players. A lot of coaches come here, and I am happy I'm here caching at Adelphi."

"ElmCor has a great gym," said Kuar who played there when he was a kid. "My brother Ian Kuar grew up and played in Corona," added Kuar.

ElmCor is a great place to stage games. It's a great facility and easy to get (to this site) here. IS 8 has great tradition and is a legend. It's important is to keep it there.

The coaching staff and the players as well are

looking forward toward the actual season.

Different schools look for different aspects of the game.

"We (at Adelphi) are particularly looking for players, in general," noted Head Coach Dominic Savino, whose team starts the regular season on Nov. 13. "I always tell people that if you go to IS 8, you see the best players in the country and who you also see guys who are playing for the love of the game."

Parents of some of the players have a chance to see their children in action under game conditions.

This league certainly gets the student athletes ready for the high school season which really counts.

Tony Wilson is the father of St. Dominic's junior, Ishah Wilson, who has many years of experience under his belt. He is 16 and playing in the 19 and under IS 8 League.

"This IS 8 League is very competitive," said Marshall Louis, a senior at Holy Cross High School. "We have to play defense to get us a win."

"I'm working on my game" said Patrick Jackson, a junior at St. Mary's High School in Manhasset. "Defense wins games. We have a lot. It's basketball time!"

Hoping for a fifth win

Continued from page 39

created very few chances in the first period, with its best opportunity coming a minute before the period ended when Thierry Henry received a pass from Fabian Espindola and had a clear look at the goal from 18 yards, but sent his shot high above the crossbar.

Dallas FC (10-8-10, 40pts.) also had much weighing on the game. The visitors - struggling at the bottom of the Western Conference, with only Chivas USA below it and out of the playoffs - desperately needed a win to insure a play-off berth. Again, like

New York, Dallas needed a spark.

The second half was upon them and both teams seemed to have been reminded of their situations. Henry's header off an Espindola cross in the 63rd minute just missed the right upright post; while at the other end, less than a minute later, David Ferreira's dangerous header was deflected away from the Red Bulls goal. The Red Bulls lucked out and took the 1-0 lead in the 67th minute when right fullback Kosuke Kimura overlapped and sent a high cross to the left side, where Jonathan

Steele just steered the ball back toward the middle of the goal; unfortunately for Dallas, defender Eric knocked the ball into his net in an attempted clearance.

A minute later, Eric Alexander went on a fast break run from midfield and found himself in a one-versus-one situation with Dallas goalkeeper Raul Fernandez, who made an excellent save, diving to his left, to prevent the Red Bulls from extending its lead. The win was the Red Bulls' fourth straight, as New York heads to Seattle for a rare matchup with the Western Con-

ference leader in a nationally televised game on Sunday night, Sept. 29, at 9:00 p.m. EDT.

In other MLS games last weekend, Vancouver topped Montreal, 3-0; Columbus knocked off Chicago by the same score; New England beat DC United, 2-1; Houston clobbered Chivas USA, 5-1; San Jose got a win over Real Salt Lake, 2-1; and Los Angeles Galaxy and the Seattle Sounders played to a 1-1

CFU WOMEN UNDER-17S

Qualifying among CFU (Caribbean Football Union) teams for the 2014 FIFA Women's Under-17 World Cup to be held in Costa Rica started with Group A

play in Haiti last Saturday. Haiti got hat tricks from Batcheba Louis and Isnada Lebrun to defeat Antigua and Barbuda, 6-0, to kick off its group play and is tied in first in the group with Puerto Rico.

Puerto Rico defeated U. S. Virgin Islands, 7-0, behind hat trick by Fabiola Miranda to also win its first Group A match. Goals also came from Captain Marjorie Martinez and Adriana Tirad. Haiti next plays U. S. Virgin Islands and Puerto Rico takes on Antigua and Barbuda.

In other qualifying match, also in Haiti, the Trinidad and Tobago Under-17 women defeated its Grenadian counterparts, 10-0, last Saturday. For-

ward Zoe Swift scored five goals in the first half to pace the Soca Princesses. Trinidad and Tobago next will meet Bermuda; Jamaica called up 24 players for its group play, which it will host starting in a week.

USA TO PLAY NEW ZEALAND

The U. S. Soccer Federation announced recently that its senior women's nation team will play two matches against New Zealand later this year at San Francisco's Candlestick Park on Oct. 27 and at Crew Stadium in Columbus, Ohio on Oct. 30. The U. S. women are also scheduled to play Australia in San Antonio, Texas on Sunday, Oct. 20.

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Windies batsmen must focus on big innings

It is important that West Indies batsmen, either on the "A" team or senior team, focus on scoring huge totals. When batsmen get into the forties they should try their utmost to carry on for huge totals. The West Indies senior team batsmen ought to build their momentum and get huge innings.

ANDRE RUSSELL GETS HATRICK

The one and only Twenty20 between the West Indies "A" team and India was an exciting one with West Indies losing by 93 runs but all rounder Andre Russell picking up an hatrick. India at one stage after batting first were 74 runs without a wicket falling. They reached 189 for 3 before Russell tore into India's batting, picking up four consecutive wickets to see India plunge from 189 for 3 to 191 for 7. Russell picked up 4 for 45 off 4



Eyes on Cricket

By George H. Whyte

overs earlier on. Captain Yuvraj Singh 52 and Kedar Jadhav swashbuckled 80 from 38 balls. Jonathan Carter and Veera Sammy Permaul both dropped easy catches. India ended at 214 for 7 off 20 overs.

WEST INDIES BOWLED OUT FOR 121 RUNS FROM 16.2 OVERS

India's bowling was on top as West Indies "A" wickets fell constantly. Opening batsman Andre Fletcher top-scored with 32. For India, Rahul Sharma picked up 5 for 23, Yuvraj Singh 2 for 24 and Vinay Kumar 2 for 22. India won by 93 runs.

In spite of India "A" team's huge total of 214 runs for 7 wickets, Ashley

Nurse, the Barbados all-rounder bowled tidily with four overs for 18 runs. Nurse's cricket skills have been improving and it is hoped that the West Indies selectors are paying keen attention. Jonathan Carter, another Barbadian all-rounder, has been doing well with the bat.

KIRK EDWARDS TON PUSH WINDIES "A" TO SERIES WIN

Barbados and West Indies "A" team batsman Kirk Edwards slammed a superb century to push the West Indies "A" team to a 2-1 series victory defeating India "A" by 45 runs. Edwards hit 12 fours and 3 sixes in his knock of 104. Opening batsmen Captain



West Indies' Andre Russell bowls during the third one-day international cricket match against India in St. John's, Antigua. AP Photo/Andres Leighton, file

Kieron Powell and Andre Fletcher started well for their team with a partnership of 74 runs. Powell scored 40 and Fletcher 28. Guyanese batsman Leon Johnson scored 54 runs off 42 balls.

West Indies scored 312 runs for 9 wickets off 50 overs. Kirk Edwards century came off 98 balls.

INDIA'S "A" TEAM REACH 267 FOR 8 OFF 50 OVERS

Some penetrative and accurate bowling by West Indies bowlers Veera Sammy Permaul and Miguel Cummings slowed down the aggression from the India "A" batsmen. Permaul picked up 3 wickets for 55 runs and Pacer Miguel Cummings 2 wickets for 6 runs. India "A" ended at 267 for 8 off 50 overs.

Note: 1. India "A" team won the first game by 77 runs [Yuvraj Singh scored 137].

2. West Indies "A" team won the second game by 55 runs. [Jonathan Carter scored 132 runs.]

3. West Indies "A" team won by 45 runs. [Kirk Edwards scored 104 runs].



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ARIES: Mar 21/Apr 20
A blue mood is nothing to worry about, Aries. It is just your body telling you that you may need to slow down a bit. Take heed and you'll recharge in no time.

TAURUS: Apr 21/May 21
Taurus, you are beginning a contemplative phase of life right now, but you won't have to sacrifice your social life to do so. Take a few days off from socializing and then return.

GEMINI: May 22/June 21
Try to avoid any deep conversations or controversial topics this week, Gemini. Right now it's best if you focus on more trivial matters and enjoy yourself.

CANCER: Jun 22/Jul 22
Cancer, give yourself more time to figure everything out if you are feeling indecisive about someone. Don't forge ahead without feeling entirely comfortable with the person.

LEO: Jul 23/Aug 23
Leo, don't drop everything you're working on to address a developing issue at home. Others can handle the situation just as well as you, so keep your focus on preexisting tasks at hand.

VIRGO: Aug 24/Sept 22
Virgo, listen to friends and family members when they encourage you to try something new this week. Trust your instincts, as they seldom turn you in the wrong direction.

LIBRA: Sept 23/Oct 23
You have no time for gossip this week, Libra. Your plate is already full at work and at home, so avoid getting caught up in anything that compromises your focus.

SCORPIO: Oct 24/Nov 22
Scorpio, though it may feel like others are flying past you while you're slowly plodding along, eventually things will even out and you'll end up where you need to be.

SAGITTARIUS: Nov 23/Dec 21
Create some plausible plans for the future this week, Sagittarius. Keep a journal to help you keep track of your ideas and make sense of your plans.

CAPRICORN: Dec 22/Jan 20
Capricorn, your generosity finds you devoting much of your time tending to the needs of others this week. Enjoy your time helping others and don't be afraid to accept their gratitude.

AQUARIUS: Jan 21/Feb 18
Don't get too hung up if your week is all work and little play. While your schedule might be hectic in the coming days, some relaxation time will arrive this weekend.

PISCES: Feb 19/Mar 20
Pisces, make the most of new opportunities that present themselves this week. The effort you put in will pay off in due time.

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Office of the
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NOTICE IS HEREBY given that an Order entered by the Civil Court, Kings County on 09/24/2013, bearing Index Number NC-001100-13/KI, a copy of which may be examined at the Office of the Clerk, located at 141 Livingston Street, Brooklyn, NY 11201, grants me (us) the right to: Assume the name of (First) Cazembe (Middle) Baruti (Last) Olushola. My present name is (First) Gerald (Last) Alexis. My present address is 824 Washington Ave.,

► **LEGAL**

Brooklyn, NY 11238-. My place of birth is Brooklyn, N.Y. My date of birth is July 05, 1974.

► **LEGAL**

**SUPREME COURT -
COUNTY OF KINGS**
RESIDENTIAL
MORTGAGE SOLUTIONS,
LLC, Plaintiff against
DOUGLAS WILSON, et al
Defendant(s).
Pursuant to a Judgment of Foreclosure and Sale entered on September 16, 2013,
I, the undersigned Referee will sell at public auction in Room 224 of the Kings County Courthouse, 360 Adams Street, Brooklyn, N.Y. on the 31st day of October,

► **LEGAL**

2013 at 2:30 p.m. Said premises known as 795 East 39th Street, Brooklyn, N.Y. 11210. Tax account number: SBL #: 4986-69. Approximate amount of lien \$ 622,448.23 plus interest and costs. Premises will be sold subject to provisions of filed judgment and terms of sale. Index No. 2316-08. Blaise Parascandola, Esq., Referee. McCabe Weisberg & Conway Attorney(s) for Plaintiff 145 Huguenot Street - Suite 210 New Rochelle, New York 10801 (914) 636-8900

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B	B	C		L	I	E	U		R	E	N	D	E	R
R	A	I	L		E	L	M	Y		S	C	A	R	E
I	N	T	O		R	U	M	O	R		I	D	O	L
A	C	E	R	B		L	O	G	E		S	O	D	A
N	O	D	D	E	D		N	I	C	E		S	E	X
					D	O	S	S		T	I	E		
	D	U	N	P	H	Y		B	I	G	B	A	N	G
K	O	R	E	A		L	Y	E		H	O	N	E	Y
A	S	E	A	N		P	O	L		T	O	T	E	M
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