

INSIDE: LEARN TO EARN CAREER TRAINING

11-PAGE CLASSIFIED **SECTION**







A KWANZAA celebration

Members of Forces of Nature Dance Theater perform in a Tribute to the Ancestors during Dance Africa 2014 at the New Jersey Performing Arts Center. See Page 4. Photo by Amun/Ankhra House

US-Guyana clean-up on track

By Bert Wilkinson

Frustrated by garbage pileups around the Guyana capital, flooded streets after normal levels of rainfall and a municipal system that barely works, the U.S. government has setaside a grant to strengthen democracy at the local and grassroots levels, but Guyana authorities have all but stopped

short of accusing Washington of moving to destabilize the administration, as the project finally got under way.

Guyana authorities had become suspicious of the U.S. motive after it offered a \$1.5M grant to clean up the city, because the U.S. had dared to also include opposition parties and civic groups, to allow them to build local organizations that could run community affairs, rather than have political parties dominate the disburse-

But once U.S. Ambassador Brent Hardt announced plans for the project, the administration of President Donald Ramotar raised spirited opposition to

Continued on Page 16

TRINIDAD OIL-SPILL **MYSTERY**

Turns miles of beaches black

By Peter Richards

PORT OF SPAIN, Dec 23, 2013 (IPS) - Whether it is a case of sabotage or simply poor management practices by the state-owned PETROTRIN, as the union claims, a mysterious oil spill in south Trinidad is wreaking havoc on homes and wildlife in the area.

PETROTRIN claims it has no idea as to the source of the spills, and Energy Minister Kevin Ramnarine, who toured La Brea and other affected areas on Sunday, said "the mystery remains where this oil is coming from."

The Environmental Management Authority also said it had been unable to ascertain the source and that its immediate concern was the protection of life and the environment.

Gary Aboud, president of Fishermen and Friends of the Sea, told IPS that the only solution was to shut down all oil production in the area.

"As we speak, more and more oil is being pumped into the sea. Why

doesn't the minister order the shut-

down of all oil being transported in the Gulf of Paria? Shut it down, if you don't know where it is coming from," he said. "We find it totally unbelievable."

According to the head of the La Brea Fisherfolk Association, Alvin La Borde, "[Local] fishermen cannot go out to work. They need to buy things for their families for Christmas. They would not be able to leave until this oil is cleared.

"The fishermen have also lost nets and ropes used to secure their boats," he told IPS.

In a statement, the EMA said it "will continue to closely monitor clean-up efforts and ensure that environmental best practices are carried out.

"Once the source of the spillage is determined, the EMA will be assessing the situation from a legal and compliance perspective to ascertain whether there is any breach in environmental legislation."

Fitzgerald Jeffrey, the member of Continued on Page 16

CARIBBEAN ROUNDUP

THE NEWS FROM BACK HOME

Caribbean

The United Nations says growth in the economies of Latin America and the Caribbean will pick up pace in 2014 on an improved global outlook that will help increase demand for exports.

The UN's regional economic body based in Chile said recently that Latin America's economy is set to grow by 3.2 per cent next year from a forecast of 2.6 per cent in 2013.

The agency says the growth estimate for 2013 was cut back from three per cent because of financial volatility and falling consumption. But a more favorable external environment will help

boost demand for the region's exports. Brazil is seen growing at 2.6 per cent ver-



sus 2.4 per cent this year. Mexico is set to clock an expansion of 3.5 per cent, well above the 1.3 per cent seen for 2013.

Bahamas

The Bahamas National Security Minister Dr. Bernard J. Nottage says law enforcement officials are hoping for an "early resolution" in their investigations after armed bandits stormed the home of Acting Prime Minister Phillip 'Brave' Davis recently.

Nottage said that three bandits also robbed and assaulted Davis' chauffeur at gunpoint.

"I am happy to report that we have a break in the case and we expect to have an early resolution

with the help of the public," he said, noting that the bandits led the chauffeur



into the house where they subsequently accosted the minister and his wife "and robbed him of some money but did not assault them. "The bandits fled the scene in the silver Honda in which they arrived. It is suspected that the vehicle may have been stolen in a robbery, which took place in Western New Providence earlier," Nottage said, adding that the police were following significant leads which include the faces of at least one of the robbers and an image of the vehicle which was used.

Barbados

Barbados health authorities have sought to quell fears over



Cultivating climate resistant crops

Ramdeo Boondoo grows several root crops on his farm, including sweet potatoes, cassava, yam and tannia in Caroni, Trinidad.

the safety of the human papillomavirus vaccine (HPV) that will be administered to school children from January next year.

The Ministry of Health said it would be introducing the vaccine, which prevents cervical cancer, to 11 and 12 year-old secondary school girls.

Health Minister John Boyce said that the government's decision to introduce the vaccine was informed by research and "good clinical and medical practice.

"We will continue our program with interaction with the public, and with



the parents especially, because this is a consent form arrangement.

"The idea is to get our parents on board in terms of participating in the discussion around this vaccine and the issues that may surround it. We know the successes of the human papillomavirus vaccine in respect of the control of cervical cancer in ladies and this is why we are launching the program and certainly we expect full participation when that time arrives in January," he added.

Manager of the Expanded Program on Immunization (EPI), Dr. Elizabeth Ferdinand, said that the first of these interactive discussions with parents will take the form of a town hall meeting on Dec. 18.

Grenada

The Grenada government says it is disappointed that Britain has not agreed to a reduction in the controversial Air Passenger Duty (APD) that Caribbean countries say puts them at a disadvantage and could destroy their vital tourism industry.

Tourism, Civil Aviation and Culture Minister Alexandra Otway-

Noel said she was disappointed that British Chancellor of the Exchequer, George Osborne, in his



Autumn Statement to Parliament recently, did not announce a reduction in the taxes at a time when tourist arrivals from the United Kingdom were on the decline. In his address, Osborne said the increase in the tax, which goes into effect from April 1, 2014, would increase the cost of medi-

um and long-haul flights from Great Britain.

According to estimates, this essentially means that a family of four traveling economy to the United States will pay £276, up from £268, while the APD will move from £332 to £340 if they were travelling to the Caribbean. Moreover, those opting for premium economy, business, or first-class cabins, will be required to pay double the sum.

Noting that this is the sixth time there has been an increase in the APD, Otway-Noel said she was also disappointed that the decision to follow through with the tax increases was carried out in spite of the lobbying done by Caribbean tourism officials for the British to halt the APD augmentation.

Guyana

The Canada-based Guyana Goldfields says it is investing US\$238 million in the Aurora Gold Project as the government said it was looking forward to large scale gold production by the company during the first quarter of 2015.

Prime Minister Samuel Hinds, welcoming the second largest investment in the mining sector,

said as a country, "we have to open to the world...we have to partner with the world," particularly given the potential size of the multimillion-dollar investment.

Guyana Goldfields Inc. focuses on the exploration and development of gold deposits here and Hinds said that the experience, expertise and technologies which the investors were bringing into the country would have been difficult source locally.

"Our challenge is to develop partnerships with the world... we have to develop the ability to

recognize who we could develop good partnerships with," he said, acknowledging that while



the investment was "somewhat risky" he was looking forward to its success.

Natural Resources and Environment Minister Robert Persaud, who also supported the investment, said it would bring tremendous benefits to the Guyana.

He assured all stakeholders that Guyana Gold Fields (GGF) had undertaken a comprehensive environmental sensitivity index (ESI) and the necessary permits to ensure compliance with local laws and international best practices.

Guyana this year produced in excess of 452,000 ounces of gold surpassing the target of 451,000 ounces set and the 438,000 ounces declared in 2012.

Haiti

The U.S. Agency for International Development will shift from building houses to financing them for people displaced by the 2010 earthquake in Haiti, the agency's chief for the Caribbean nation said recently. Mission director John Groarke said the agency will try to help people build their own homes through mortgages.

"There was definitely a shift, because USAID



began to realize that building houses here is very complicated," Groarke said in an interview with The Associated Press. "We feel that we can reach and help more people through creative financing."

An October report from the U.S. Government Accountability Office criticized the USAID effort to pro-

Continued on Page 14



Maritza Acosta, 'Super' of 50 Lenox road, accepting her certificate of recognition & holiday turkey alongside Judy Spence, president of LRBAA and Jeff Lindor, Community Relations Event Planner of EmblemHealth.

Tree lighting on Lenox Road

On Saturday, Dec. 14, 2013, the Lenox Road Block Association Alliance (LRBAA) hosted 'Lights on Lenox,' the first community holiday tree lighting on Lenox Road.

Although it snowed heavily it did not stop the LRBAA from staging the event for the approximately 50 community residents, who turned out to cheer and sing-along with youth performers of the Lenox Christian Youth Chorus. Turkeys, toys and holiday themed gift baskets were given out to those who braved the cold.

Before lighting the tree, which is on display into January 2014 on the premises of 270 Lenox Rd., the organizers took the opportunity to recognize some of its building caretakers/'supers' for an



Some of the neighbors and lucky recipients of a holiday gift basket compliments of Dynasty Supermarket.

outstanding job in caring for the residential spaces and addressing the concerns of neighbors.

To find out more about the LRBAA, please send e-mail to lenoxroadalliance@gmail.com or call 347-746-1321.

SANDALS HOLIDAY TREAT FOR KIDS

Toy drive benefits thousands across Caribbean

MONTEGO BAY, JAMAI-CA (December 20, 2012)

The Sandals Foundation

the philanthropic arm of Sandals Resorts International – through its annual toy drive and holiday treats, made it a merry Christmas for 12,500 children this year across the Caribbean.

They were recipients of toys as part of the Sandals Foundation's annual toy drive, which took place this year under the theme "Share The Luck", where donors were asked to give \$13 in 2013. The toy drive was made possible with online donations that were matched by Sandals Resorts International. Additionally, Hasbro, Inc., a valued partner of Beaches Resorts, donated a brand new toy or game as part of their \$8,000 philanthropic contribution to the cause.

Founder and President of the Sandals Foundation's Board of Directors Adam Stewart said: "We are grateful to have a longstanding partner like Hasbro supporting this important initiative to support our local communities and give local children of the Caribbean a holiday season they deserve.



Riana Sanderson accepts her Christmas gift from Sandals Whitehouse's team members Danian Maxam, playing the role of Santa Claus, Monique Nash (right) and Derrick Robinson at Whitehouse Basic School.

Photo Credit: Sandals Foundation

This was one of most successful toy drives to date and we could not have done it alone."

Meanwhile, 80 Christmas treats were held across the Caribbean many of which took place at children's homes, community centres and early childhood and primary schools in Jamai-

ca, St. Lucia, Antigua, the Bahamas, the Turks and Caicos Islands and for the first time, Grenada.

"The students had been anticipating their treat and were even more eager to see Santa Claus after they were told that the Sandals Foundation would be coming. It was a wonderful experience

for them to get such lovely toys from Santa and to be on the receiving end of such excellent service from everyone," said Taniesha Poyser, principal of Beast Spring Early Childhood Institute. "I must admit that it was the perfect end to the school year for the infants."

Adios! to the last New York Black radio station

By Vinette K. Pryce

Once upon a time, Black radio listeners locked in 1600 -- the last frequency on the AM dial - in order to hear music, news and the latest in cultural entertainment broadcasting from WWRL.

On Jan. 1, 2014, WWRL will transform the media landscape by providing the same service to a Latino audience and delivering the

same cutting-edge programming to a Spanish-language audience.

Although no official announcement has been released, program hosts at the station said they were notified of the New Year programming conversion from English to Spanish.

Founded Aug. 26, 1926, the station has been steadily losing its appeal with target Black audiences due to the FM revolution, the emergence of numerous Black-oriented outlets and the departure of personalities who provided unique programming.

Frankie Crocker, Hank Spann, Douglas "Jocko" Henderson, Gerry Bledsoe, Bobby Jay, E. Hawthorne Gregory, Gary Byrd and Jeff Troy were celebrated names to broadcast from the flagship station. "They played a blend of Motown, Stax and Memphis and early James Brownstyled funk. In the 1960's WWRL became the principal rhythm and blues radio station "focusing on popular music aimed at the young Black community. The station was owned during this period by Sonderling Broadcasting. In the 1970s WWRL stressed Philadelphia soul and other and

soul artists.

In 1979 Sonderling merged with Viacom.

At night Bob Law commanded a curious audience who tuned in to listen to his "Night Talk."

According to Wikipedia. com "by 1999, WWRL began mixing in paid programming during the week," and "by 2001, the station evolved into a diversified station selling blocks of time to various

interests."

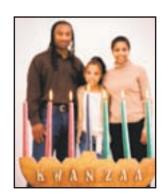
Trinidad & Tobago native Peter Noel co-hosted a popular morning, drive time talk show with Orthodox Jewish author and inspirational speaker Boteach Schmuley.

Yours truly also co-hosted a Saturday morning talk show with Rennie Bishop named "Caribbean Views."

During that period Caribbean music found a medium

Continued on Page 24

NGUZO SABA



By Dr. Maulana Karenga

Umoja (Unity) – To strive for and maintain unity in the family, community, nation and race.

Kujichagulia (Self-Determination) – To define ourselves, name ourselves, create for ourselves and speak for ourselves.

Ujima (Collective Work and Responsibility) — To build and maintain our community together and make our brother's and sister's problems our problems and to solve them together.

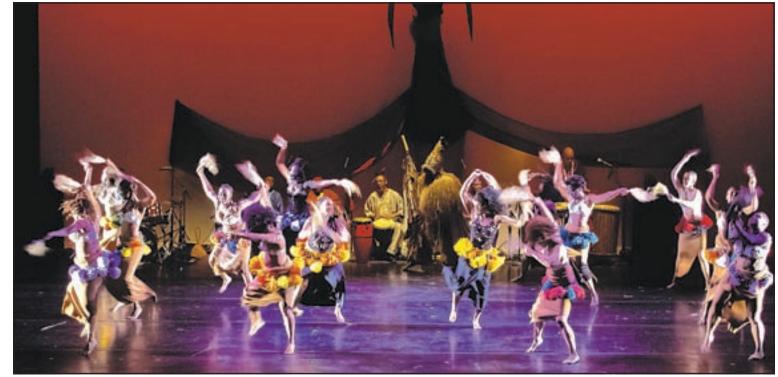
Ujamaa (Cooperative Economics) – To build and maintain our own stores, shops and other businesses and to profit from them together.

Nia (Purpose) – To make our collective vocation the building and developing of our community in order to restore our people to their traditional greatness.

Kuumba (Creativity) – To do always as much as we can, in the way we can, in order to leave our community more beautiful and beneficial than we inherited it.

Imani (Faith) – To believe with all our heart in our people, our parents, our teachers, our leaders and the righteousness and victory of our struggle.

Kwanzaa is a modernera holiday created in 1966 by Dr. Maulana Karenga, professor and chair of the Department of Black Studies at California State University at Long Beach. Dr. Karenga is an author, scholar and political activist who founded the holiday to stress the need to preserve, continually revitalize and promote African-American culture. It runs for seven says from Dec. 26 to Jan. 1.



Forces of Nature Dance Theatre performing "A Kwanzaa Celebration."

Photo by Amun

SPIRITED AND UPBEAT KWANZAA CELEBRATION

By Amun

On Saturday, Dec. 14 New Jersey Performing Arts Center (NJPAC) held its allday Kwanzaa Celebration. The program consisted of a Children's Festival, a Kwanzaa Market Place, a Tribute to the Elders with a full Kwanzaa mazao buffet spread for all to partake, and a performance by Forces of Nature Dance Theatre.

In spite of the horrendous weather, the event was well attended and the spirit was upbeat. The Children's Festival included craft workshops, dancing, drumming and singing. The Elders Tribute began with a procession lead by the drummer, with elders following into the Chase Room where the tribute was held.

Baba Chuck Davis, founder and artistic director of DanceAfrica, who had just returned from Santiago, Cuba lead the elders into the room and to their seats at the head table. Could that mean that the Cuban

Folkloric Dance Company will headline "DanceAfrica 2014?" I'm just speculating.

Forces of Nature Dance Theatre did two performances of the program entitled, "A Kwanzaa Celebration." The last performance began with The Procession of Elders. After they were seated, Olabamidele Husbands, co-founder, CEO and company manager of Forces of Nature proceeded with the traditional pouring of the libation and talking about the seven principles of Kwanzaa, the Nguzo Saba. Then the dance began.

Forces of Nature is a very dramatic and accomplished company, and they performed the Artistic Director, Abdul Salaam's choreography exquisitely. The dance was in five parts: "Rhythm Legacy," "Continental Drift," "Grey Flannel Matter," "Club Legacy" and "A Question of Modesty." The concert was a history lesson executed in rhythm



Mary Mary, Erica Atkins-Campbell and her sister Tina Atkins-Campbell delivered a soul stirring faith based inspirational show. Photo by Amun

and movement.

On Sunday there was another program of holiday celebration. Sinbad and Mary Mary presented a Gospel and Comedy Celebration. Sinbad preceded Mary Mary with topical humor and tongue and cheek advice to parents on raising their teenage children.

He even put out a call to Kanye West, asking him to come home and get back to himself. He added that, if its big butts that intrigue him, he needs to come to Newark and walk with him down Market Street, plenty, plenty there!

Mary Mary, Erica Atkins-Campbell and her sister

Tina Atkins-Campbell delivered a soul stirring faithbased inspirational show, celebrating self-reliance and upliftment. Those sisters can really sing. They set a high bar as they sang, strutted "their stuff" around the stage and reached out to the audience. The audience wasn't half-steppin' either. They were the choir. They knew the lyrics and sang them with joy and feeling. The call and response was in full effect as they joined Erica and Tina in singing, "Get Up," "Heaven," "Go Get It," "Walking," "Yesterday," "Can't Give Up," "Something Big," "Little More Jesus," and more. There was dancing singing, hand clappin' and toe tappin' going on. They were holding church up in there!

NJPAC is located in Newark at One Center Street. For information on future programs check their website: www.njpac. org or call 973-642-8989.

© Amun/Ankhra House,

HAPPY KWANZAA



A PAST TO UNITE US, SEVEN PRINCIPLES TO GUIDE US



BRIC

BROOKLYN REALLY INSPIRES CREATIVITY



Grow your media skills in 2014.

Take our low-cost classes in:

- · Video Production in the Field
- · Television Studio Production
- · Video Editing with Premiere
- · Digital Photography
- · Graphic Design
- Marketing
- · Motion Graphics with After Effects
- · Web Video Production
- · Audio Editing *new classes*
- · And more!

BRIC House

647 Fulton Street

SIGN UP TODAY BRICartsmedia.org/bme 718.683.5645

Merry Christmas and a Happy New Year

NEED HOLIDAY CASH?

PERSONAL LOANS AVAILABLE!

Borrow \$10,000 for as little as \$300 per month

APPLY ONLINE, BY PHONE, OR STOP IN

From your friends at



www.brfcu.org

MAIN OFFICE: 718.680.2121

BRANCH:

1750 86th St. • Brooklyn, NY 11214

718.934.6809

1609 Ave. Z • Brooklyn. NY 11235

Payments based on 8.95% annual percentage rate with automatic loan payments. Rates are based on credit worthiness. Other rates and terms available. Higher loan amounts available. Credit Union membership eligibility is required.

Trinidad's steps up fight against crime

Bv Azad Ali

Overtheweekend, National Security Minister Gary Griffith said the authorities would soon launch a major crime fighting initiative.

Griffith said that the Virtual Police Officers (VIPO) will when launched make every law abiding citizen a virtual police officer.

"In this way you can go on a secure website and report a crime which may be about to be committed or has been committed," Griffith said, adding he would be personally held responsible to ensure the confidentiality of the informants remained secure.

"VIPO will fall directly under me so that people will feel safe to report information that can be turned into evidence," he said, sending a message to rogue elements within the police.

"We are putting special mechanisms to weed out rogue elements in the Police Service and give citizens responsibility to become virtual officers on cyberspace. It is no secret that there are police officers on the payroll of gang members, and once we find the evidence to remove them, they will be removed," he added.

Acting Police Commissioner Stephen Williams said it was not fair to judge the police merely on the number of murders solved.

"The Police Service should be judged on all that it has the responsibility to address,



Prime Minister Kamla Persad Bissessar.

AP Photo/Frank Franklin II

and it's not supposed to be judged on one issue, that of murders," Williams told the Trinidad Express newspaper.

He said in 2013, the police have seen the "phenomenal results" of a 33 per cent

Murder is murder and every single one is painful and traumatic to us.

reduction in violent crime, surpassing its goal of an 18 per cent reduction.

"In the 2013 budget, the mandate to the TTPS (Trinidad and Tobago Police Service) was to reduce violent crimes by 50 per cent over three years. We have already achieved 33 per cent reduction in violent crimes in one year. I'm not hearing anyone saying anything about that.

"Anywhere else people will say that's a phenomenon. All I'm hearing is one discussion: murder... We are seeing abnormal—I mean positive abnormal results. We set ourselves an 18 per cent reduction in serious crime in 2013. We have achieved 30 per cent," he said.

"Murders that is the only category of offences that has defied the Police Service in

Continued on Page 32

Action Packed Cricket DVDs www.cricketvideo.com



Clive Lloyd's Finest Hours; Cricket Legend Viv Richards; ICC Twenty20 World Cup; West Indies vs New Zealand 2012; Fire in Babylon (documentary) *Receive this free dvd with each order!* " An innings like no other"

Over 100 Cricket DVD Titles

Call toll Free: 1-800-529-3500

TEXT "CPN" TO 62297 TO GET COUPONS, SALES ALERTS & MORE!

Max 3 msgs/wk. Msg & data rates may apply. By texting CPN from my mobile number, I agree to receive marketing text messages generated by an automated dialer from Macy's to this number.

I understand that consent is not required to make a purchase. Text STOP to 62297 to cancel. Text HELP to 62297 for help. Terms & conditions at macys.com/mobilehelp Privacy policy at macys.com/privacypolicy

MACY'S WEEK OF WONDERFUL

WOW! PASS

EXTRA SAVINGS ON ALL SALE & CLEARANCE APPAREL! (EXCEPT SPECIALS & SUPER BUYS)

EXTRA 15% OFF

EXTRA 10% OFF ALL SALE & CLEARANCE APPAREL FOR HIM, HER & KIDS PLUS FINE & FASHION JEWELRY

EXTRA 10% OFF ALL SALE & CLEARANCE WATCHES, COATS, SUITS, DRESSES, IMPULSE, INTIMATES, SUIT SEPARATES & SPORTCOATS FOR HIM AND SELECT SHOES & HOME ITEMS

Also excludes: Everyday Values (EDV), Doorbusters, Deals of the Day, furniture, mattresses, floor coverings, rugs, electrics/electronics, cosmetics/fragrances, athletic shoes for him, her & kids, gift cards, jewelry trunk shows, previous purchases, special orders, selected licensed depts., special purchases, services. Exclusions may differ at macys.com. Cannot be combined with any savings pass/coupon, extra discount or credit offer except opening a new Macy's account.

EXTRA SAVINGS % APPLIED TO REDUCED PRICES.

VALID 12/27-12/30/2013 ★MOCVS

USE YOUR MACY'S CARD OR THIS PASS NOW-MON, 12/30

IT'S OUR BIGGEST
WHITE SALE OF THE YEAR
IT'S OUR BIGGEST
UNDERWEAR SALE OF THE SEASON
IT'S OUR BIGGEST
DENIM EVENT OF THE SEASON
IT'S OUR BIGGEST
FASHION CLEARANCE EVENT OF

FREE ONLINE SHIPPING EVERY DAY + EXTRA 15% OR 10% OFF! Free shipping with \$99 purchase. Use promo code: MERRY for extra savings; offer valid 12/27-12/30/2013. Exclusions apply; see macys.com for details.



AFTER CHRISTMAS SALE PRICES IN EFFECT 12/26-12/30/2013. MERCHANDISE WILL BE ON SALE AT THESE & OTHER SALE PRICES THROUGH 1/4/14, EXCEPT AS NOTED. "Of the season" refers to Macy's winter season from Nov. 1, 2013 to January 31, 2014.



ADVERTISEMENT

How To Avoid Risky Back Surgery With A Breakthrough Non Surgical Treatment And Get Out Of Pain Fast

Here's how the newest breakthrough non-surgical back pain and sciatica treatment may end your pain and solve your herniated, bulging or degenerated disc pain problems...

You may be thinking "What IS going to happen to me if I can't find a solution to my back pain or leg pain?" The answer to your question starts out hopeful. I'll just go to my doctor and he will take care of me. He will know what to do. But then something very odd happens to you. You discover your primary care physician is not really well equipped to handle that job. He or she is very busy treating infections, diabetes, heart conditions and the like, which they are very well equipped to handle. This is very apparent with your resulting drug prescription for Soma muscle relaxers and Norco, Neurontin or any other of the various prescribed pain medications. You then take the drugs soon to feel strangely like you're not altogether "there" or you immediately are sick, feel nausea and vomit the drugs as fast as you swallowed them. When you get sick of that (pardon the pun! I couldn't resist), you go back to your doctor looking for another more appealing treatment. This time it's physical therapy. The thing you already can't do!! You already can't bend over, twist, lift things, and now they want you to do more of it with a bunch of other back pain sufferers! Gimme a break. Now, you've really had it. You try the chiropractor and either you feel better for a little while only to have the pain return, or worse nothing happens at all. Or even worse than that, after your treatment you have MORE pain (not because chiropractic does not work..your condition is just too deteriorated or severe). Then you try acupuncture because you read in a magazine it could help pain. You then realize sticking a bunch of needles in you will not magically remove the bulging disc that is smashing your nerve and causing you pain.

You try massage as you read on the internet massage may help alleviate back pain...only to be disappointed. You're now beginning to feel desperate. Back to your primary care doctor to tell him about your adventures hoping he will have a different answer this time. He does.



We can inject pain drugs through a big needle into your spine." You cringe in fear and reluctantly agree at this point. "NOW I will be fixed." Or at least that's what you've been led to believe. You have either no pain relief, some pain relief, a whole lot of pain relief or it makes you have more pain. The second pain shot (oh, yes there will be a second and a third) is usually less effective or not at all and requires another one. You come to the realization that pain shots will not fix the disc bulge or herniation still smashing your delicate nerves causing you pain. Finally, your doctor recommends you see a "Specialist" (Back Surgeon) and he can do risky surgery. If you've read the latest article in the Journal Of American Medical Association*, you will see surgery patients and non surgery patients turned out the same! Why even do the surgery? Risk of paralysis, death, infections, more pain. No thanks. So. Back to the question. What are YOU going to do if you are stuck between serious back pain or leg pain or surgery? Great News! A new extremely effective non surgical new back pain treatment is now available in Brooklyn. If you are suffering from back pain or leg pain,

having pain at the belt line, fire down your legs, numb legs, feet or toes or feel like a knife is stuck in your back you owe to yourself to check out this new procedure.

Finally, Some Good News! If you've been suffering with back pain or arm/leg pain caused by a disc bulge, disc herniation or squashed or compressed discs.

My name is Dr. Melinda Keller and I've successfully treated hundreds of patients with spinal decompression so there's no reason your back problem should be any different.

In fact, I'm so confident we can help you, I'm willing to back it up...but not with empty promises.

I GUARANTEE you will only be accepted into our program IF YOU QUALIFY for the treatment AFTER having THE MOST THOROUGH AND COMPREHENSIVE ASSESSMENT YOU HAVE EVER HAD or I will buy you lunch! (I haven't bought one yet!)

Yes! I am very confident, but I can't help EVERYBODY. You see, there's

a very small percentage of folks we can't help. Here's what a couple applicants said after I told them both I couldn't help them:

"I was treated very well by the staff. The doctors actually listened to me and I thought they would rush me out of the office but didn't, despite the fact I wasn't a candidate. The exam I had was very thorough, more so than any doctor I have seen yet. The doctor explained things to me that no one else ever has."

Non-Candidate

"Meeting with the doctor, we discussed and viewed if I was truly a candidate for the treatment. The doctor let me know I was not a candidate but did leave the door open for me to seek her services in the future if I thought I needed her

Non-Candidate Brooklyn, NY

Brooklyn, NY

And that's why I'm offering a limited time

The FREE 17 Point "Damaged-Disc" Qualifying Assessment

That's right, no charge and no obligation to buy or do anything. But you will find out if you are a candidate for this revolutionary new disc treatment. You won't be left wondering if decompression could have eliminated your pain.

At your FREE Assessment we'll check out your: ligaments, muscle activity, hips, pain levels, reflex response, discs, tendons, spine, pelvis, x-rays or mri, range of motion, nerve function

Expires December 30, 2009

Just read what a few of our patients that have been through the procedure had to say:

"I suffered with lower back pain and leg pain for 2 years. I tried physical therapy, acupuncture, spinal injections but none of it worked. After receiving spinal decompression treatment, my pain has been totally eliminated and I can now walk much better."

Lincoln Leung Brooklyn, NY

I felt like a truck ran over me. I was in such pain it was unbelievable. I gotta tell you, so far I've had 7 or 8 treatments, and I feel 100% better. I live aways away but worth every mile to come here."

Fabienne Alexander - Retired Brooklyn, NY

I saw several different doctors, medical doctors, chiropractors and other various treatments with no results. I had a couple bad discs. I immediately started feeling much, much better and the back pain decreased. At the end of my treatments my pain is almost non-existent."

Burt Mclvain Brooklyn, NY

"After reading the full page article in the paper, I was skeptical of the positive results of a treatment for degenerative disc that might show pain relief My wife and I decided to make an appointment for the no charge (nothing to lose) 17 point evaluation. Guess What! Following only my third treatment, I was virtually pain free. I cannot thank the doctor and her staff enough as I am pain free!

Bud Hillis Brooklyn, NY

Call
718-234-6206
Today!

Dr. Melinda Keller

5911 16th Avenue Brooklyn, NY 11204 Visit:

brooklynspinecenter.com

*JAMA 2008: 296(20):2441-2450 This offer does not apply to federal beneficiaries or CAN members

Brooklyn Spine Center Dr. Melinda Keller

5911 16th Avenue • Brooklyn, NY 11204 • Tel. 718-234-6206



Hurry in for the NEW YEAR'S COUNTDOWN SALE.

Get \$100 off all tablets, plus get up to \$150 or more when you trade in your old tablet.

All tablets require new 2-yr. activation. Trade in for a Verizon Wireless gift card. Old tablet must be in good working condition.



Requires new 2-yr. activation.



FREE

Requires new 2-yr. activation.

DEVICE EXCLUSIVE

Compact power
DROID MINI
by MOTOROLA
Also available in white and red.



SAVE \$50 ON SELECT DROID DEVICES.

OFFER ENDS 12/31.

\$4999
Requires new 2-yr. activation.

equiles new 2-yr. activation

DEVICE EXCLUSIVE

Thinnest 4G LTE smartphone DROID ULTRA by MOTOROLA

Also available in black and red.



New phone every year.

\$18⁷⁴/MO.

Plus for a limited time get free activation & your 1st payment on us!*

\$18.74/month, for 24 months, 0% APR, 1st payment due at sale. On Verizon Edge. Full Retail Price: \$449.99.

New phone every 2 years.

\$149⁹⁹

Requires new 2-yr. activation.

DEVICE EXCLUSIVE

Up to 48-hour batteryDROID MAXX by MOTOROLA

CALL: 1.800.256.4646

CLICK: vzw.com/holiday

VISIT: vzw.com/storelocator



OP-EDS

Brooklyn at the Helm!

By Sidney McKenzie

Brooklyn now becomes the center of African American politicians replacing the old guards of Harlem's Gang of Four after the late Adam Powell. From the late Percy Sutton to the remaining trio of State Supreme Court Judge Basil Patterson, former and first black New York City Mayor David Dinkins and dean of the New York's congressional delegation Charlie Rangel. With combined years of more than two hundred their life services should now become one for the history books. Through them; multitudes of blacks involved themselves in politics to make a difference for their community. Their foresight of a better New York for blacks didn't only inspire African Americans in the city to vote and be a part of the process but blacks coming to live in the city, including the Caribbean's late trailblazer Shirley Chisholm.

The general election of 2013 delivers such political baton to cross the bridges into Brooklyn. With Blacks in the borough voting overwhelmingly and liberal whites joining in to stop the tales of two cities, and the controversial continuation of stop and frisk, Brooklyn deliv-

ers its first African American top cop in the borough in Ken Thompson after more than two decades of Charles Hinds. Then with term limits, Mr. Brooklyn himself; Marty Markowitz Brooklyn Borough President seat became occupied by retired cop now politician Eric Adams. For the second time in modern time Brooklyn deliver a mayor for the City, Bill de Blasio and his wife first lady Chirlane. From 35th Council District and holding the city's second highest elected office is Public Advocate Letitia James, representing the most populous Borough, Brooklyn. Brooklyn the largest of the five boroughs holds the highest amount of congressional elected official's along with the senior senator.

Now with a new administration taking over the city, minority that went to the polls with the intention of diminishing "Stop and Frisk" especially in Brooklyn may have their wishes answered. As for the liberal whites and wealthy residence across the city and in Brooklyn who had become exasperated with "Tales of Two Cities" paying their fair share of taxes may be just what they wanted in order to build a more balance New York.

LETTERS TO THE EDITOR are welcome from all readers. They should be addressed care of this newspaper to Kenton Kirby, Editor, Caribbean-Life Publications, 1 MetroTech Center North, Brooklyn, New York 11201, or sent via e-mail to caribbeanlife@cnglocal.com All letters, including those submitted via e-mail, MUST be signed and the individual's verifiable address and telephone number included. Note that the address and telephone number will NOT be published and the name will be published or withheld on request. No unsigned letters can be accepted for publication. The editor reserves the right to edit all submissions.



Founded 1990 • Published by Community Newspaper Group Corporate Headquarters: One Metrotech Center North, Suite 1001, Brooklyn, NY 11201



PUBLISHER: Clifford Luster
ASSOCIATE PUBLISHER: Ralph D'Onofrio
EDITOR-IN-CHIEF: Kenton Kirby
ASSOCIATE EDITOR: Kevin Williams

Contributing Writers: Azad Ali, Roderick J. Broome, Fabian Burrell, Tangerine Clarke, Robert Elkin, Patrick Horne, Nelson King, Donna Lamb, Tequila Minsky, Vinette K. Pryce, George H. Whyte, Bert Wilkinson, Lloyd Kam Williams

GENERAL INFORMATION (718) 260-2500

This newspaper is not responsible for typographical errors in ads beyond the cost of the space occupied by the error. All rights reserved. Copyright© 2013 by Courier-Life, Inc., publishers. Caribbean Life is protected by Federal copyright law. Each issue of Caribbean Life is registered with the Library of Congress, Washington, D.C. The Caribbean Life, its advertisements, articles and photographs, may not be reproduced, either in whole or part, without permission in writing from the publisher except brief portions for purposes of review or commentary consistent with the law.

The Bedford Academy

To The Editor:

Founder & former principal of Bedford Academy George E. Leonard congratulates Bedford Academy for its continued success. On Dec. 3, Mayor Michael Bloomberg visited Bedford Academy and praised the Bedford Model.

Bloomberg candidly stated, "We've shown how you can improve a major, large system with all of attributes and disadvantages and resources and problems any other city has." He went on to say, "A bigger pool should, we think, mean lower scores, but it didn't because it shows that we're doing something right," shining light on the in place structures implemented by Leonard, and continued by current principal Muhammad.

In 2007 under the leadership of George E. Leonard the first graduating class of Bedford Academy completed the full four-year program with extraordinary results: a 98% graduation rate, 90%+ attendance rate, each class member was accepted by at least two colleges, acceptances to successful pre-med, pre-law and Ivy League programs and out performing some of NYC's "specialized" high schools.

New York State Regent Dr. Adelaide Sanford at a City Council gathering honoring Bedford Academy acknowledged, "Bedford Academy under the leadership of Mr. Leonard and his staff has once again put to rest any question about our children's capacity and the ability of strong leadership to fulfill the promise of our ancestors."

As Leonard puts it, "The Bedford approach got its start in the 1980's when he utilized a spectrum of personal insights – from his own NYC public schools experience as a student to his expertise as President and CEO of World Institute of Science and Technology – summarily creating an advanced science program which allowed typical grade-school children to pass the New York Regents sci-

Bloomberg candidly stated, "We've shown how you can improve a major, large system with all of attributes and disadvantages and resources and problems any other city has."

ence exam normally given to 9th-graders."

The New York Times even highlighted Bedford Academy's success where, "63 percent of the students qualify for a free lunch, a majority are being raised by a single mother ... yet close to 95 percent of students graduate." The New York Daily News also pointed out that, "Bedford Academy in Brooklyn, where roughly 90% of students earn a more rigorous Regents diploma in four years, have 84 percent and 100 percent black students respectively."

After Leonard's departure from Bedford Academy in 2007 he was still available as an advisor / consultant to insure a smooth transition and continuity. His results were so successful that he and his class were profiled in a PBS special. Currently he is Chief Executive Officer of Friends of Bedford, "an educational consultancy that reaches the hearts and minds of innercity students" via the Bedford Approach.

Former DC Schools Chancellor Michelle A. Rhee hailed Leonard's genius bringing him and his team to DC to effect change in her school system. Once in Washington, Leonard "provided intensive volunteer tutoring after school and worked hard to make sure students took advantage of it. The team hired and trained teachers carefully. It sought the safe and orderly school environment that brought success to the small public Bedford Academy, the school it created in Brooklyn that initially caught Rhee's eye," as reported by V. Dion Haynes of The Washington Post.

It made perfect sense to such a master of education that the Bedford Project would be born to replicate the success of Bedford Academy on a national level. "All of the instructional methodologies, strategies and most importantly, the leadership of Bedford Academy are present at the Bedford Project." Washington DC schools experienced unprecedented success after the first year, but despite the efficacy of the Bedford Approach in DC schools, The Friends of Bedford were forced out due to changes in political leadership. Michelle A. Rhee speaks highly of Leonard's Friends of Bedford, and thanks him and his team in her latest book entitled "The Bee Eater-Michelle Rhee Takes On The Nation's Worst Schools,' by Richard Whitmire.

Leonard stands on his belief, "To teach students, educators must first reach students – inspire them to care, help them set goals and provide the support they need to get there. That's how Friends of Bedford helps at-risk students." For this is his vision.

He is known to go above and beyond using effective unconventional strategies to achieve extraordinary educational results for underserved children in schools such as Brownsville Mott Hall Bridges Academy where the students achieved great end results using The Bedford Approach, however Friends of Bedford received unsubstantiated and unjustified criticism from a select few within The Department of Education and questionable websites like dnainfo.com.

With such high exacting standards, impeccable credentials, a long track record of success and innovative approach to education, it's no wonder why George E. Leonard would be an obvious prime "short list" contributor for new wave educational initiatives.

Sincerely, Tachelle Wilkes Tachelle@femmixx.com

Proud to be anti-government crusaders

There appears to be enough of a consensus built for referring to the more reactionary, obstructionist element among Republican members of Congress as "anti-government." This is a tag that one would imagine confounding the Dickens out of any unsuspecting observer. But for those of us familiar with the jaw-dropping combat positions some of today's gladiators have staked out for themselves, we're probably immune to the incredulity of a crusade founded on de-legitimizing the institution of government. We're very aware that there is indeed such an animal within the bowels of the GOP, and that its adherents wear the "antigovernment" label like some red badge of courage.

For starters, we probably should give these folks the benefit of the doubt and assume that although committed to this anti-government cause, their presence in government is explained by the desire to effect a dismantling of government (a whole chunk of it, at least) from within. Hence the presence in the Senate of the likes of Rand Paul and Ted Cruz, and in the House, a slew of Tea Party partisans, all of them rabidly loyal to the "government is the problem" mantra Ronald Reagan introduced

for his brand of populist revolt decades ago.

There's a lot ascribed to Reagan that pokes holes in the contention of some commentators, not all of them necessarily on the right, who assign to him a premium ranking among presidents that's very much open to question. That's another forum, but the anti-government push of which he was prime instigator is certainly one of those none too flattering constituents of the Reagan legacy.

Especially given the reckless disregard for the sanctity of governance we've seen of late, one begins to see how there could be a mindset developed which dismisses outright the notion of government as central to the society-building apparatus. When some of the players involved in shutting down the government prattle on glibly about allowing the shutdown to endure indefinitely, it's clear that purveyors of such tripe are seamlessly wedded to a comfort zone in denial about the role of government at society's core.

Strictly speaking, it's not that these would be insurgents acknowledge no role whatsoever for some "government" facsimile. It is that they are prepared to ride the "get government off our backs" rally cry

Viewpoint

By Les Slater

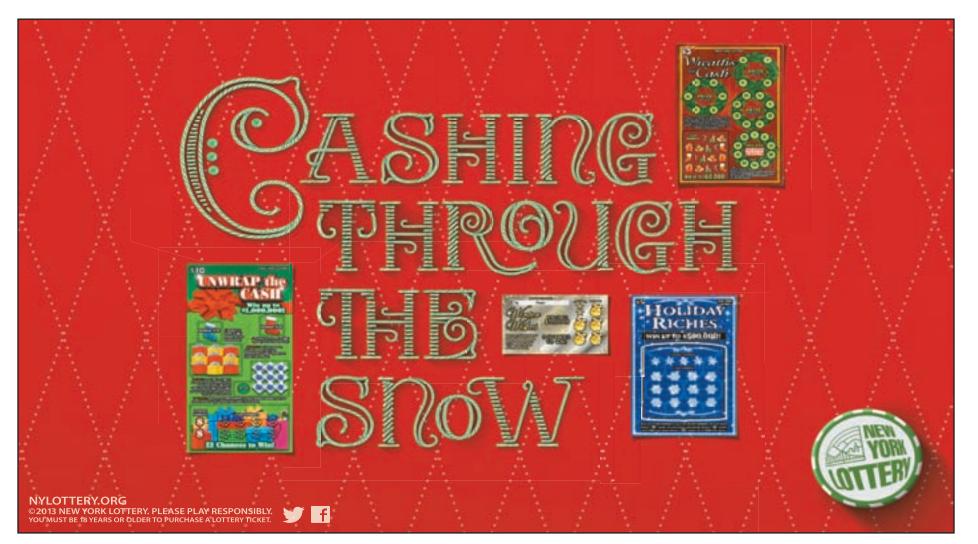
to such ludicrous extremes, their redesign of government would leave the bulk of the population up a creek and paddle-less. Government is for arming the state to the teeth to protect against invasion and for invading when there's that urge. Not surprisingly, government is for allowing the citizenry to also arm itself silly. Government is not for taxing the people and if it must, do so sparingly; and absolutely have no designs on the well-to-do paying a fair share. Government is not for regulating business in any way; "free enterprise" means those who engage in business have earned themselves an unimpeded path. Government has no business concerning itself about income inequality having reached alarming proportions. Etc, etc.

In the view of the anti-government crusaders, it is not government's call to show concern for those who find themselves left behind, economically. So that Lyndon Johnson's introduction of Medicare was a major misstep in the American narrative. As was Franklin Roosevelt's introduction of Social Security. Movement standard bearer Rand Paul sounded off on the uproar over last week's budget deal not including an extension of jobless benefits for the long-term unemployed: he supports unemployment benefits for 26 weeks; to pay benefits beyond that is to encourage the unemployed to remain unemployed!

One good thing about comments like Paul's unconscionable dismissal of folks about to be thrown into desperate straits, is that sentiment in the camp of those endorsing state indifference as exemplified by Paul tends now not to be camouflaged. Time was that such indicators of assault on working class folk would perhaps not be given that sort of in-yourface prominence, more likely hidden behind the full-court press mounted to woo the gullible with tried and true social conservative carrots like abortion, gay rights, immigration and the rest. The movement today to stand on a platform of fiscal conservatism even to an extent potentially of throwing most Americans under the bus bespeaks a tightened-jaw level of unconcern for the working class and middle class.

We cannot but reference yet again Mitt Romney's famous "47 percent" comment. Romney, being as unabashedly lacking in conviction as he showed, numbering him with the anti-government lot wouldn't be smart. But his hoof-in-mouth "47 percent" spiel to those high-rolling Republican sympathizers would seem pretty close to what one might presume to be a strategy plank of anti-government advocates... although we suspect that the 47 percent of voters that Romney wrote off needs to be racheted up some. The right flank players championing this idea of government abdicating a substantial portion of its customary role know full well that massive pushback is assured from folks taking it on the chin. And they happen to be most Americans.

Deficit reduction at the federal level is an objective we all, regardless of political persuasion, need support. But using the deficit as rationale for insensitively going the other way is the kind of ploy from the usual suspects with which by now we're quite familiar. Government may not be the paramount solution. But there's still every reason to think of government as much more solution than problem.



PORTADELLA AFTER CHRISTMAS SAVE UP T **EW YEAR'S**

FOR GIFTS AND NEW YEAR'S



0.50,		,	
	value	sale	NOW!
New Slim	\$225	. \$99 ⁹⁹	3 for \$225
Fashion Vested .	\$350	\$13999	3 for \$350
Merino Wool	.\$400	\$15999	3 for \$400

BIG & TALL TO SIZE 60 • BOYS

FOR NEW YEAR'S **SLIM FIT SUITS**









FROM \$29.99

The largest selection in New York

\$2999 \$3999 Coogi Australia • Clarks • Florsheim



BOOTS FROM \$19.99

Portabel

BROOKLYN

503 Nostrand Ave. - Portabella 320 Livingston - Portabella 1671 Pitkin Ave. - Portabella 5205 5th Ave. - Portabella 423 Knickerbocker Ave - Portabella 294 Utica Ave. - Portabella 1555 Flatbush Ave. - Portabella 851 Flatbush Ave. - Portabella 552 Nostrand Ave. - Fino 469 Fulton St. - Fino

163-18 Jamaica Ave. - Portabella 3056 Steinway St. - Portabella 164-08 Jamaica Ave. - Fino Queens Center - Quails Green Acres - Quails

NING 174 Main St. Paterson - Portabella OPENING Rockaway Town Square - Quails 807 Broad St. - Portabella Livingston Mall - Quails Woodbridge Center - Quails 5516 Bergenline Ave - Quails

NG 845 White Plains Road - Portabella 12-20 E. Fordham Rd. - Portabella 2887 3rd Ave. - Portabella 3449 Jerome Ave. - Portabella 66-96 Burnside Ave. - Fino 2938 3rd Ave. - Fino 345 East Fordham Rd. - Fino 259 E. Fordham Rd. - Britches 645 E. Tremont Ave. - Britches 1498 Parkchester Ave. - Portabella MANHATTAN

243 W. 125th St. - Portabella 617 W. 181 St. - Portabella 120 W. 125th St. - Fino 1405 St. Nicholas Ave. - Fino One Park Ave. - Quails Manhattan Mall - Portabella

All merchandise is not in all stores. Prices effective through Jan. 1. Savings off value prices.

Freehold Raceway Mall - Quails

TRIBUTE TO BILL DE BLASIO

(Stop living a tale of two Cities)

The 109th Mayor of the City of New York

New York Arise!

Out of our history of 1665

New Yorkers fought against the odds and survived

Out of the clutches of 1884 to the dawn of a new day we come

Strong, resilient and free, yet compassionate we come

We are New Yorkers; as one people we

Out of this probability, a man with dreams and vision came

For our children's sake, stop the shame! New York Arise! Stop living a tale of two

This City I love must cut the fear Listen to the call of the drum! Listen to the call of the drum!

Throughout the clash of fate And the destiny it makes

Through it all, BDB's message was clear We are living a tale of two cities; cut the

I believe the children are the future Early childhood education is the key come change the culture

Education is the key to unlock all doors

New York Arise! Stop living a tale of two

This City I love must cut the fear

Listen to the call of the drum! Listen to the call of the drum!

Like the certainty of day

Like sun and like moon, he brightens

Ride the pebbles of fate, transcending the vision it makes

Nations awake! Nations awake! New York Arise! New York Arise!

Astride the sky, soar over the lofty heights as you rise, as you rise, as you rise

As we reflect and internalize, In poetry let me sermonize

New York Arise! Stop living a tale of two

This City I love must cut the fear

Listen to the call of the drum! Listen to the call of the drum!

-Poem by James C. Richmond



(718) 354-3834

*Mention this ad when you place your order and receive an additional 3¢ off per gallon

Refer a new customer to us and take an additional 3¢ off per gallon on your next order

PAY C.O.D. PRICES & SAVE!!*

Prompt Delivery • Easy Online Ordering Metered Delivery • Premium Heating Oil

www.CODOIL.com



*Cannot combine with any other offers.

Lic. #74-1810078

But if the unthinkable happens, Crime Victims Support Services of the North Bronx is here to help innocent victims of crime and abuse and help their families rebuild their lives and move forward.

Our services include, but are not limited to:

Assistance filing state compensation claims, case follow-up, domestic violence advocacy, homicide support group, financial assistance with funeral costs, emergency lock replacement and crisis counseling.

If you are the victim of a crime, contact us at Crime Victims Support Services of the North Bronx, so you don't have to go through it alone.

We can help you navigate the criminal justice system to get the help you need.

All of our services are free and confidential.

Call for Information: (718) 823-4925

Crime Victims Support Services • 1138 Neill Avenue, Bronx, NY 10461 • Funded by the NYS Office of Victims Services

Hours: Open Daily Monday through Friday 9 AM-4 PM • No Appointment Necessary

Private Counseling: Tuesdays 12-5 PM and Thursdays 1-6 PM

HELPING CRIME VICTIMS



Don't Become Isolated Help is Available All Services Are Confidential

NYS CRIME VICTIMS COMPENSATION

Assistance with claim

- application
- Completion
 Filing
- · Follow-ap

COUNSELING

*Referrals for individuals and groups

EMERGENCY SERVICES

*Emergency Lock Repair for Crime Victims

SUPPORT GROUP AVAILABLE FOR HOMICIDE SURVIVORS

CRIME PREVENTION INFORMATION

- *Senior Citizen Scams
- *Sexual Assault
- *Burglary
- *Theft
- *Frand

ELDER SUPPORT SERVICES

- *Elder Abuse
- · Referrals

COURT

Page 13 • **Caribbean Life •** Dec. 27, 2013-Jan. 2, 2014

- *Court Accompaniment and Information
- *Transportation Provided to CourtAppointments

DOMESTIC VIOLENCE SERVICES

- *Emergency Shelter Referrals
- Advocacy with Police, Court, Department of Social Service, D.A.
- *Counseling
- *Referral



CARIBBEAN ROUNDUP

Continued from page 2

vide housing as part of the Caracol Industrial Park, which is the United States' biggest investment in Haiti since the quake destroyed thousands of homes and displaced 1.5 million people.

The number of people still living in grim encampments of quake survivors is now at 170,000, the International Organization for Migration says. Many Haitians left the camps not because new housing became available but because they received rental subsidies or were evicted by landowners.

Jamaica

As investigations continue into the discovery of a machine used to make and reload ammunition, the police are reporting the shipment originated in Florida. Recently, police and customs officials discovered 3,300 warheads and the machine in a barrel on the wharf. Other items were also recovered which can be put together to make a round of ammunition

The communications arm of the police force-the Constabulary Communications Network (CCN) reports that customs agents were carry-

ing out routine checks when they became suspicious of a barrel and called the police who made the discovery.

The police with the assistance of overseas law enforcement agencies, have since established that the shipment originated in Florida.

A statement from the CCN said local detectives continue to work closely with their international partners to gather more information on the case.

St. Kitts

The governments of St. Kitts-Nevis and the Republic of China (Taiwan) have renewed an agreement of technical cooperation in agriculture for another five years. Minister of Agriculture and Cooperatives Nigel Carty and Taiwanese Resident Ambassador Miguel Tsao signed the agreement recently in the presence of members of the Taiwanese Technical Mis-

sion and officials from the Ministry of Agriculture.

Ambassador Tsao said the agreement was significant for both countries and

would provide a solid foundation for future cooperation.

"It will be a milestone for remaking our new round of cooperation in the future. I would like to pledge my unwavering and unshakable commitment to work closely with the Ministry of Agriculture to benefit all the farmers," he said.

Minister Carty pointed out the history of cooperation the Federation has enjoyed with the government of Taiwan shortly after its Independence in 1983 "on many subject matters." He said the expertise and assistance from the Taiwanese have helped the nation in its efforts to ensure food security.

Compiled by Azad Ali

Matching Donors

Donate Your Car, Boat, RV or Real Estate Your don't have to donate a kidney to save a life.

- We will accept any auto - running or not.
- 100% tax deductible.
- MatchingDonors.com is a 501C3 nonprofit organization.
- 100% of the proceeds will go to help saving the lives of people needing organ transplants.



Call us at 1.800.385.0422 Or donate on line at MatchingDonors.com



I can help you bundle and save.

Do you own a house a car? Plus a motorcycle, RV or boat? If you've got a lot to watch over, I've got some great ways to help you save big. Call me today to find out how.

THE WRIGHT AGENCY 718-671-8000



One agency for all your insurance needs.

Auto Home Life Retirement

Trinidad & Tobago oil contamination

Continued from cover

Parliament for the La Brea region, which is known for having the largest natural deposit of asphalt in the world, told IPS that he is hoping the evacuation is carried out "as quickly as possible".

"There are young people and it is difficult for them to breathe...and as much as 24 families are directly affected. In addition, there are fishing vessels contaminated with oil. We are seeing crabs and dead fish along the beach.

"Yesterday I was down there and there is a very strong gas scent and people have been advised not to do any cooking in the area." he added.

On Monday, the environmental group Papa Bois Conservation issued an urgent appeal for paper towels, dishwashing liquid and other supplies to aid birds that are covered in oil.

The Wildlife Orphanage and Rehabilitation Centre (WORC), which is also trying to rescue animals affected by the oil spill, reports "oil in the mangrove as well as a strong hydrocarbon smell". The WORC also posted on its website a picture of an oilslicked dead pelican at La Brea.

PETROTRIN, which has been in operation for 100 years, has acknowledged that there are installations across the country engaged in refinery activities and that some of its pipelines may still contain hydrocarbons that can be hazardous to health.

Ramnarine said the authorities were now seeking international assistance in dealing with the oil spill, even as the Oilfield Workers Trade Union (OWTU) maintained that PETROTRIN should shoulder the blame for the environmental disaster.

"We do not concur with the company's offering of the excuse that it is some kind of sabotage or otherwise," OWTU president general Ancel Roget told a news conference on Sunday.

"We want to say there is a massive cover-up of the PETRO-TRIN management to shield their friends, the lease operators, who they invited to and in fact gave away some of the lucrative acreage of PETROTRIN assets, and therefore a cloud of silence and secrecy has shrouded the lease operators in the La Brea situation," he said.

Roget has accused the company of knowingly reducing the level of security in the fields, allowing thieves to roam freely.

"The reduction and removal of morning tower shifts...these shifts provided as a monitoring effort and additional security effort so that if there are any oil spills throughout fields they were reported in real time."

Roget said PETROTRIN had no emergency response contract to deal with the latest series of oil spills, saying "they violate their own investigation policy which states that investigations of that nature ought to take place within the first 24 hours."

But Ramnarine said that unmanned platforms were part of the industry globally.

"We can't put people on every single platform," he said, adding "in the Gulf of Mexico, there are unmanned platforms."

Over the weekend, PETROT-RIN's president Khalid Hassanali said one of the company's lease operators, Trinity Oil and Gas, had discovered several valves open at its operations in Rancho Quemado, allowing oil to flow out of the tanks onto the lands.

Guyana clean-up

Continued from cover

it, saying it was allowed no input into how the funds were to be disbursed and wanted absolutely no part in its implementation.

Ramotar's governing People's Progressive Party (PPP) and Washington have had a long and bitter history of political engagement dating back to the CIA's well-publicized involvement in Guyana in the '60's when it had successfully destabilized the then left-leaning PPP administration.

Race riots at the time claimed the lives of more than 150 people; large parts of the capital were destroyed by fire and civil service strikes brought life to a standstill. So any move today by the U.S. to involve itself openly in local politics was quickly seen as an effort to once again destabilize a still-paranoid PPP.

In the past week, the level of suspicion and distrust between the two sides boiled over into an interesting exchange between Amb. Hardt and the Guyana governing party.

Cabinet Secretary Roger Luncheon had said that government had rejected the project out of hand because it was presented to them

as a done deal and they were only asked to sign on the dotted lines.

"Cabinet had no option but to pull the plug," said Luncheon, calling the U.S.' actions "grievous"

Hardt said there was no such thing as an offer and the understanding was that whether government got involved or not, the (project) was going ahead as planned.

"The project contractor is on the ground. We will engage with those stakeholders who wish to engage. We will continue to work in that spirit. We hope government will find a way to work with us. We have had over one dozen meetings. From the onset of this proposal, we have worked diligently to involve the government and have been working to get the government's input on this project."

Hardt and other Western ambassadors are concerned that no local elections for the city and five towns have been held since 1994; that the system is completely broken down and needs reinvigorating with fresh polls. The US envoys had even led garbage clean-up campaigns in the city to make the point.

We speak English and Spanish

GOOD FORTUNE

Se Habla Español

ADULT SOCIAL DAY CARE CENTER

ALL SERVICES ARE FREE for those who are eligible

Activities

- Music Dance
- Arts-n-Crafts
- Bingo Card Games
- Group Discussions
- Mini Golf Bowling
- Birthday/Holiday Parties
- Computers Brain Games
- Many Games and much more!

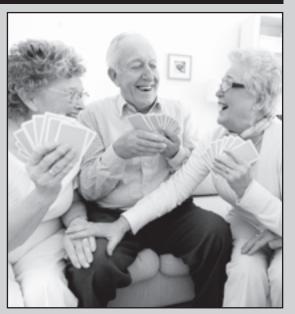
WHO IS ELIGIBLE?

Must meet the following

- Anyone 18 years and older
- Currently on Medicaid or Medicaid eligible
- Currently have or eligible for a home health aide

Social Services

- FREE Breakfast & Hot Lunch or Dinner
- We can cater to your special dietary needs — kosher, gluten free, nut free, etc.
- FREE Round-Trip Transportation
- FREE Daily Newspapers
- FREE Monthly Magazines
- FREE Wi-Fi & Internet
- FREE Senior Cell Phone



718-513-1331 • 3516 Nostrand Ave., Brooklyn (Corner of Ave. V)



THE CARIBBEAN BUSINESS REPORT

New adult day-care services in Flatbush

By Lin-Jay Harry-Voglezon

care-giving Another center has opened in Flat-

Renaissance Adult Day Services opened doors on Thursday, Dec. 12 at 2625 Bedford Ave. (at Flatbush Avenue), with four hours of activity as it introduced its services to the community.

In association with the Gav Men of African Descent and the Good Dog Foundation as community volunteers, the center promises "a fresh approach to adult day services." Its doors are open to all: "gay, straight, handicapped. Gender, race/ethnicity does not matter. The services are tailored to suit the cultural diversity of the community," said Project Manager Christian Santos. Although Renaissance is a for-profit organization," he says, "it is driven by a commitment to the muchneeded quality health care without discrimination.

Its president, Alexander C. Markowitz opened doors on Thursday, Dec. 12 and his culturally diverse leadership team are healthcare providers with over 10 years' experience in the business.

They started as a licensed home care agency in Coney Island, serving the five New



Martha Smith, left, introducing Chanel, her miniature apricot poodle therapeutic dog to an attendee.

Photo by Lin-Jay Harry-Voglezon

York City boroughs. Two years ago, they opened a branch in the Bronx at 625 East Fordham Road, and in September last year they added the social services, adult day-care dimension which is scheduled to open

shortly at 787 E. 156th St.

Renaissance offers holistic care whether it's for three hours or 24 hours, in or out of the home, by a Caregiver or Care Nurse. Services are custom-designed to serve different levels of need

and cultural patterns. Caregiving services range from escorting clients to laundry, cooking, and cosmetic services, as well as personal assistance with "feeding, bathroom and incontinence. grooming, mobility, dress-

ing, medication reminders and bathing."

The agency also offers a multilingual, professionally-trained team with a broad range of skills and in pediatric care, wound care and medication management, physical, occupational and respiratory therapy, language and speech pathology, nutrition and social services.

The spacious Flatbush center can accommodate a range of recreational activities, exercise programs, including karaoke and socialization to benefit the body, mind and spirit. There's a coffee- and juice bar, Skype room, and two medical rooms. What distinguishes it most is the provision of pet therapy, Wi-Fi and Skype accessibility for members to connect to friends and family around the world, the management claims.

Renaissance membership is open to clients enrolled in or eligible for Managed Long Term Care, Medicare or Medicaid, or require or qualify for Home Care.

Agencies represented at the open-house included AARP, Alzheimer's Association, Patty Cake Theatre, Al Medina Pharmacy, Ella Dekhtyar and I Freyberg DDS PC, So-Fine Troopers Fitness Training, Church of God, and DJ Luko, all vendors.

To join, call (718) 408-8891, (866) 367-8878 or see go to: www.renaissanceadultday.com.

SMALL BUSINESS RESOURCES

Small Business Energy SmallBusinessEnergy.com

www.smallbusinessenergy.com/NewYork Save on Small Business Energy Bills and Compare Rates. Get a Quote Now!

NYC Small Business Resource Center | The New York Public Library

smallbiz.nypl.org

Small Business Services -Empire State Development New York

www.esd.ny.gov/smallbusiness.html

Small Business - Business First - New York State

www.nyfirst.ny.gov/ResourceCenter/ SmallBizMenu.html

2013 New York, NY Small **Business Resource**

www.sba.gov/sites/default/files/files/ resourceguide_3135.pdf

Business Resources: Internet Bibliographies: New York State Library

www.nvsl.nvsed.gov/reference/busref.htm Selected business-related web sites compiled by staff at the New York State Library for use in response to reference

Start a Business in New York Resources for New York **Small Businesses**

nysmallbusiness.htm Find resources and advice on starting a

manhattan.about.com/od/careersjobs/a/

business in New York City. Get information on New York business licenses and incorporation, free NYC resources for starting a business.

Your Money New York - Help and Resources for Small Businesses

www.yourmoneynewyork.com/helpresource/smallbusiness/index.php This section of Your Money New York is designed to help small business owners and New Yorkers interested in starting a small business.

Small Business Resources -The Business Council of New

www.bcnys.org/inside/smallbusiness.htm Capital Business Blog - Read about the

Visit www.nyfirst.ny.gov to learn what New York State can do for businesses.

Resources for Businesses in New York City - bfandapc.com

www.bfandapc.com/...businessresource.../resources-for-businesses-i If you operate a business in New York City, you are especially fortunate. The city has pulled together a wealth of resources for small business owners.

Small Business Resource Guide - New York - HUD

www.hud.gov/offices/osdbu/resource/ guide/local/newvork.cfm 100+ items – to assist the small business community in the State of New York.

Empire State Development Strategic Business Division Minority and Women's **Business Development**

New York Regional Office 26 Federal Plaza, Suite 3108. New York, NY 10278

Memory & Identity in Black America

"Jim Crow Wisdom: Memory & Identity in Black America Since 1940" by Jonathan Scott Holloway c.2013, University of North Carolina Press \$39.95 / \$50.00 Canada 273 pages

By Terri Schlichenmeyer

You've always prided yourself on being a good storyteller.

You've always been able to craft a good tale – whether it was one of imagination, one to escape trouble, or a story with lesson added.

It's a talent you got from your parents, and they from theirs. In the new book "Jim Crow Wisdom" by Jonathan

BOOK REVIEW

Scott Holloway, you'll see how that storytelling prowess may have helped your family survive.

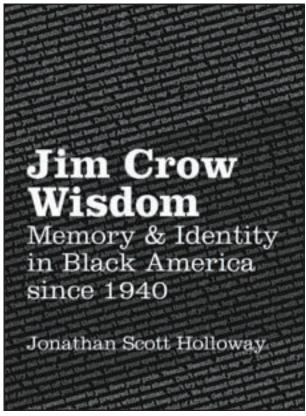
Throughout his life, Jonathan Scott Holloway heard stories.

One of the ones he remembers particularly was that which his father, an exmilitary man, told Holloway on the way to school one fall day. It had something to do with fighting and how not to react. Holloway thought it was a strange thing then but, he says, "I discovered that there was more to this story than a father merely preparing his son for a world of inequality."

Many African Americans, Holloway claims, share stories of perseverance and strength through memoirs, stories, and anecdotes, and some of the most powerful tales are told in physical manifestations of museum or preserved buildings. Many of these stories serve as subtle (or not-so-subtle) warnings, lessons in getting along in a White world.

But, as he learned, stories can be edited or omitted entirely. There's a certain kind of unneeded "shame" in some facets of family history that may be hidden or forgotten. They're buried or, as Holloway says of his own family, a certain "branch of the family tree isn't even dead. It's simply gone."

Good or bad, this all serves as "the preservation of social status and authority," as well as being cautionary in nature for future gen-



erations. It helps in "establishing links, forged from common experience, to the larger black community" by sharing wisdom and lessons learned from the Jim Crow era and more recently. Still, "The editing... continues"

and that, says Holloway, is detrimental to the black community.

"... the silences in a family's past can serve their purposes," he believes, "... but they also come with the risk of too little memory,

of not knowing the value of sacrifice that enabled a better future in the first place."

In a way – at least for the casual reader – "Jim Crow Wisdom" was written backwards.

Author Jonathan Scott Holloway writes, in the second half of his book, about his family: recollections of learning stories he'd never heard, and finally understanding the tales that were ingrained at his core. It's semi-biographical, lively, and because of the nature of what he writes, the latter half of this book underscores its title.

But first, we must get through the first half, which is very, very academic. Holloway is a professor at Yale, after all, and the beginning of the books shows it. It's not unreadable, but it belies the spiritedness that the second half possesses.

Keep that in mind when you're reading this book, be willing to read it second-half-first, and you may find it to be quite eye-opening. For you, "Jim Crow Wisdom" might spur you to share a few good stories.



ARTHRITIS? LUPUS? OR JOINT PAIN?

Dr. Victoria Katz and her associates to ensure positive outcomes.

Your good health is the key to our success.

Specializing in
Treatment of Joint & Rheumatic Diseases
& Painful conditions of the joints.

- Latest Joint Diagnostics
- Physical Therapy & Rehabilitation
- On Premises Lab & Diagnostic Services
- Ultrasound Guided Injections
- Nutrition Counselling
- IV Chelation Therapy

NY ARTHRITIS CLINIC **718-375-2300**

1664 East 14th **St., Suite 401** Brooklyn, NY 11229 71-36 110th St., Suite IJ Forest Hills, NY 11375





51 East 42nd **St., Suite 1808** New York, NY 10017

Plan to end Carib hunger

By Nelson A. King

The United Nations' Food and Agriculture Organization (FAO) says a group of South American and Caribbean countries have adopted a common plan of action to eradicate hunger and poverty, designed with FAO support.

The FAO says the agreement was announced during the Second Extraordinary Summit of the Petrocaribe oil bloc and the Bolivarian Alliance for the Peoples of Our America - Peoples' Trade Treaty (ALBA-TCP).

"The plan aims to strengthen food and nutrition security in the Petrocaribe economic zone and in ALBA countries through national and regional hunger eradication projects," said the FAO, adding that it will provide advice to governments in developing interventions.

During the summit, Venezuela President Nicolas Maduro said that "the Action Plan ALBA-Petrocaribe to free our territories from



Venezuela President Nicolas Maduro.

AP Photo/Fernando Llano, File

hunger seems fundamental for the future."

The FAO said the plan reflects the priority that hunger reduction has been given by the Community of Latin American and Caribbean States (CELAC) and under the Hunger-Free Latin America and the Caribbean Initiative, a commitment by the 33 countries of the region to eradicate malnutrition by 2025.

"The ALBA-Petrocaribe Action Plan represents the most ambitious attempt to eradicate hunger in the history of the region, " the FAO said.

"Latin America and the Caribbean are showing that across the entire region there is political will for and commitment to achieving hunger eradication," said FAO director-general José Graziano da Silva, speaking at the summit.

Filing for your parents

By Gertude Onuoha Esq.

As a U.S. citizen who is at least 21 years old, you can petition for your parents (mother or father) to live in the United States as green card holders. To petition for your parents (mother or father), you will file the following documents with United States Citizen and Immigration Services:

- \cdot A completed and signed Form 1-130.
 - · A copy

of your Certificate of Naturalization or U.S. passport if you were not born in the United States.

- · A copy of your birth certificate showing your name and the names of both parents.
- · A copy of your Certificate of Naturalization or Citizenship or U.S. passport if you were not born in the United States.
- · A copy of your parents' civil marriage certificate.

If you are an adopted child, you will need a certified copy of the adoption certificate showing that the adoption took place before your 16th birthday. When USCIS approves the application, it will send you a notice and then forward the case to the National Visa Center (NVC) for further processing, if your beneficiary parent is residing abroad. Your will

parent(s) will be required to provide more documentation, attend medical examination. Thereafter, they will attend an interview at the U.S. consulate in your country. A visa will be issued if the interview goes well. They will receive a passport stamp upon arrival in the United States. This stamp will prove that they are allowed to work in the United States until their Permanent Resident Card is received.

If your parent is currently in the United States, he or she may be eligible to file Form I-485, Application to Register Permanent Residence or to Adjust Status, at the same time as you file Form I-130. They are eligible to apply for employment and travel authorization while their case is pending. Some common problems associated with parental filings are incomplete application / petition, illegal entry, missing 1-94 cards criminal issues and fake documentation. Under certain circumstances, some of the problems can be addressed.

The content of this article is intended for general information purposes only, and is not legal advice. Those seeking specific legal advice should contact Gertrude Onuoha Esq. at 575 Lexington Avenue, 4th Fl. NY NY 10022



Condo? Co-Op? Rental? To you it's simply "Home."

Ask me about the kinds of policies Allstate offers for Condominium or Cooperative owners and renters.

The Wright Agency (718) 671-8000

1435 E. Gun Hill Rd. Bronx



Auto Home Life Retirement

Taste test stymies climate-resistant crops

By Jewel Fraser

CARONI, Trinidad, Dec 22, 2013 (IPS) - Ramdeo Boondoo, a root crop farmer in Caroni, Trinidad, understands better than most the challenge of developing crops that are both climate resilient and marketable.

"It is the eye that buys, not the money," Boondoo said. Crops must be able to resist effects of climate change while looking and tasting as good as their traditional counterparts. But such produce requires decades of experimentation, which researchers in the Trinidad are beginning to undertake.

"It is very rare that you will get [a genetically altered] crop that is as good as any of the parents" from which the new variety is made, said Herman Adams, a consultant at the Trinidad-based Caribbean Agricultural Research and Development Institute (CARDI).

Popular varieties of crops were developed over the centuries by people cutting slips of old varieties that they enjoyed and then growing them as clones in a process known as vegetative reproduction, according to Adams.

Developing climate-resilient

crops, however, requires sexual reproduction – combining one climate-resilient crop with another variety, which has a preferable taste or shape, to produce a new variety.

"It takes over 20 years of selection and cross-pollinating to get the right organoleptic qualities, including taste, which is hard to recapture," Adams said. Organoleptic qualities are those affecting the senses.

He explained that sexual reproduction disrupts the parental genetic combination that gives the traditional varieties their appealing taste.

Boondoo has been working on developing a sweet potato that combines the climate-resilient qualities of the traditional "chicken foot" variety popular in Trinidad with the uniform shape of the American Centennial sweet potato.

The chicken foot sweet potato is the most resilient, according to Boondoo. "It withstands drought and damp conditions," he said. "But...they do not carry a uniform shape or size."

Manufacturers of agro-products, such as chips and flour made of cassava or plantain, want crops that are not just uniform in taste but also in shape, to make mechanical processing easier. The American Centennial variety has a uniform shape but does not appeal to locals who are accustomed to sweet potatoes with a firmer consistency.

If Boondoo can develop a sweet potato with the traits of both the chicken foot and the American Centennial, he will be better able to supply food processors while also giving local consumers more variety, and his crop losses due to floods or droughts would be greatly reduced.

Chairperson of the Tobago Agro Processors Association, Darilyn Smart, also emphasised that "uniformity is key for the export, hotel and restaurant sectors."

"In order to export to the EU, produce must meet requirements in terms of size, shape, degree of ripeness, and so on," Smart told IPS. "For the hotels and restaurants it is also important that we provide consistent products, especially if they are being used on the buffet table."

Producing new varieties of crops that meet these exacting

standards is "a long process", according to Adams. It involves cross-pollination of the plant, first on a small scale, and then, depending on the initial outcome, large-scale field trials are conducted.

Another objective of these trials is also to produce "high-yielding, competitively priced products," Boondoo said.

CARDI is working with farmers on these field trials to identify climate-resilient varieties that will also fare well on the market. The institute's assistance includes training in good agricultural practices, said Dr. Janet Lawrence, an entomologist and programme leader for protected agriculture at CARDI.

"When you create a good environment through [good agricultural practices], then varieties can show their true genetic potential," Adams explained. Those varieties that show the greatest promise are then used for the field trials.

Smart told the IPS that the Tobago Agro Processors Association will soon be introducing its own pilot project to "ensure crops are uniform, consistent, and disease free, as much as possible."

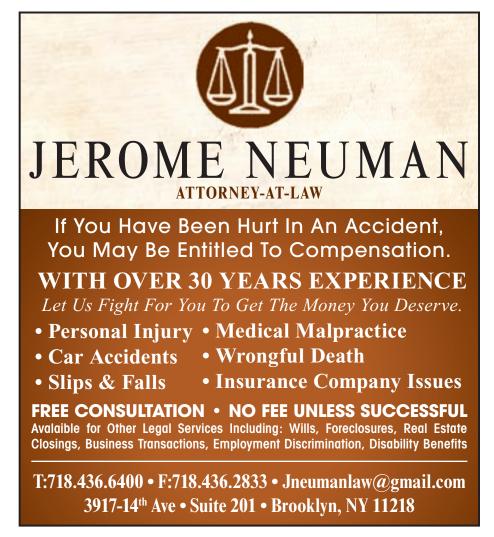
Guyana seeks help to protect its parks

GEORGETOWN, Guyana (AP) — Guyana is seeking help from experts in Florida to help the South American country properly manage and develop its vast system of national parks.

Environment Minister Robert Persaud said Saturday that he has held meetings with officials at the South Florida National Parks Trust.

Persaud said Guyana also wants to improve its environmental education campaigns and revise its policies to better protect and develop natural resources.

Protected areas in Guyana include Kaieteur Falls, a scenic waterfall in the country's central region that measures about 741 feet (226 meters).





Whirlpool
Tubs
Toilets
Vanities
Bathroom faucets
Shower sets
Accessories
Kitchen sinks & faucets
Door hardware



D4(OWAR4

Plumbing and Hardware

944 McDonald Avenue (Cor. 18th Ave.) Brooklyn, New York

> t | 718.871.1212 tf | 877.871.1212 f | 718.972.3277 www.decow.com

Page 23 • **Caribbean Life •** Dec. 27, 2013–Jan. 2, 2014



GET TO KNOW CATARACT RISK FACTORS

s men and women age, they can experience certain physical changes and health challenges. Vision impairment is one condition that many associate with aging, and cataracts are a primary concern for those of middle-age and older.

Today, more than 22 million Americans age 40 and older have cataracts. According to the National Eye Institute, by age 80, more than half of all Americans will either have a cataract or have had cataract surgery.

Cataract is clouding of the eye's lens that blocks or changes the passage of light into the eye. Normally the lens is clear, which allows light to pass through to the back of the eye, so that a person can see well-defined images. If a cataract forms and the lens becomes covered in an opaque film, light cannot pass through easily. The result will be fuzzy vision, almost like looking through a fogged-up window. If cataracts are not treated, an individual may eventually lose most of

his or her vision.

One or both eyes can be affected by cataracts. In the case of both eyes being compromised, one eye is usually worse than the other.

The primary risk factor for developing cataracts is age. The older a person is, the greater their risk. However, there are several other risk factors as well.

- Intense heat or long-term exposure to UV rays from the sun
- Certain diseases, such as diabetes
 - Obesity
 - High blood pressure
 - Inflammation in the eye
 - Hereditary influences
 - Long-term steroid use
 - Eye injuries
 - Other eye diseases
 - Smoking

Prevent Blindness America provides free information to the public on everything from cataract basics to tips on what to expect from cataract surgery. And, as part of its new Healthy Eyes Educational Series, the organization offers a specific online module

on cataracts, including a Power Point presentation and guide. The organization shares this information about cataracts:

- Early symptoms of a cataract may include cloudy or blurry vision
- Lights may cause a glare, seem too dim, or seem too bright.
- Sufferers may also find it difficult to read or drive, especially at night.
- Individuals may have to change their eyeglass prescriptions often.

There are no medications or other treatment options besides surgery to correct cataracts. In the United States, cataract surgery has a 95 percent success rate, and patients often have 20-20 or 20-40 vision post-surgery. Cataract surgery is also the most frequently performed surgery, often performed as an outpatient procedure.

In Canada, where, according to Statistics Canada, seniors will make up 21 percent of the pop-

Continued on Page 28

Different conditions comprise low vision

illions of people have significant visual impairments that can make daily life challenging. Although many vision problems are readily treated with corrective lenses, treating low vision may not be so simple.

"Low vision" is a term used to describe the inability to see clearly. Even after correcting for vision with glasses or contact lenses, many people still cannot see well and test at lower than 20-40 vision. The American Academy of Ophthalmology defines low vision as what happens if ordinary eyeglasses, contact lenses or intraocular lens implants do not provide a person with clear vision

Anyone with reduced vision that is not corrected by some method of lenses or surgery is considered to have low vision or be visually impaired. Low vision may cause slight vision loss or even blindness.

Causes of low vision

There are many factors that contribute to the onset of low vision, including disease, aging, injury, and heredity. The following are some of the more common causes of low vision.

• Age-related macular degeneration: This is a common eye condition among people age 50 and older. In fact, it is the leading cause of vision loss in older adults, says the National Eye Institute. When a person has age-related macular

degeneration, the macula — which is the most sensitive part of the retina responsible for fine-tuning images received by the eye — deteriorates and does not work properly. Though there might be some vision, images won't be clear. The most common form of age-related macular degeneration is known as nonexudative, or "dry" form. This generally causes vision loss that develops gradually. More rapid and severe vision loss comes from exudative, or the "wet" form, of macular degeneration. This occurs when abnormal blood vessels develop under the macula and leak fluid and blood.

• Cataracts: Cataracts are a Continued on Page 26



Only a doctor can determine the culprit behind vision loss. Routine visual exams are recommended at least every year and may need to be more frequent if a person is suffering from deteriorating vision.



Glaucoma does not always exhibit symptoms

s the human body ages, certain things might not work as well as they used to. Though no two individuals are the same, there are certain things people expect to deal with as they age.

Changes in vision are one thing many people associate with aging. Some people maintain perfect vision throughout their lives, while others' vision deteriorates and conditions begin to develop. Though not exclusive to the elderly, glaucoma is one such condition many seniors must deal with. But even though risk for glaucoma increases as a person ages, that doesn't mean younger men and women should not familiarize themselves with this condition and learn its symptoms and characteristics. In fact, glaucoma can be present for years before it's recognized. This only further highlights the importance of understanding this condition so, should it appear, it can be effectively treated as soon as possible.

What is glaucoma?

Glaucoma is a term used to refer to a group of conditions that can cause damage to the optic nerve. The optic nerve is responsible for carrying visual information from the eye to the brain, and oftentimes optic nerve damage is a result of increased pressure in the eye. In the United States, glaucoma is the second most common cause of blindness. In Canada, the Glaucoma Research Society of Canada reports that more than 400,000 Canadians have glaucoma today.

What role does intra-ocular pressure play?

The eyes are filled with fluids that help maintain pressure in the eye. That pressure is called intra-ocular pressure. This is not a bad thing, but high pressure is a risk factor for glaucoma. Measuring intra-ocular pressure is fairly easy. Doctors will use a tonometer to measure it, but men and women should know that normal intra-ocular pressure does not necessarily mean a person does not have glaucoma, nor does a high case mean a person does have glaucoma. While high intra-ocular pressure is a risk factor for glaucoma and controlling it is a focus of glaucoma therapy, there is more to diagnosing and treating glaucoma than just focusing on intra-ocular pressure.

What causes high intraocular pressure?

The eye produces a fluid called the aqueous humor which is used to bathe and nourish the various parts of the eye. This fluid typically flows out of the eye through channels in the front of the eye in an area called the anterior

Continued on Page 28





Learn more at autismspeaks.org/signs

Some signs to look for:

No big smiles or other joyful expressions by 6 months

No babbling by 12 months

No words by 16 months



How to recognize if your child has a vision problem



Many children have a form of myopia, commonly known as nearsightedness, which progressively worsens as kids get older, but eventually stabilizes when their eyes have stopped growing, typically in a young adult's early 20s.

arents want their kids to be as healthy as possible. Whether tailoring kids' diets to include healthier foods or encouraging their youngsters to be physically active, parents often go the extra mile with regards to the health of their children.

But as hard as parents may try, some health-related issues are difficult to avoid or prevent. For example, even the most conscientious parents might have little influence over their children's vision. Many children have a form of myopia, commonly known as nearsightedness, which progressively

worsens as kids get older, but eventually stabilizes when their eyes have stopped growing, typically in a young adult's early 20s. Myopia is common and treatable, but parents should still educate themselves about it so they can better respond should they suspect their child is suffering from nearsightedness.

What causes myopia?

When a person has myopia, light entering his eye is focused incorrectly. Nearsighted people usually have an eyeball that is slightly longer than normal from front to back, and the light rays that make up the images a nearsighted person sees focus in front of the retina instead of directly on it. The result is that objects that are far away appear blurry.

Are there indicators that a child is nearsighted?

Kids likely won't tell their parents that they are struggling to see distant objects clearly, so it's important for parents to look for indicators that a child might be struggling with myopia. Kids who are nearsighted might squint to see objects that are far away, including the television.

One of the telltale indicators is how a child behaves in the classroom. Children who tell their teacher they need to move closer to the chalkboard should be taken to the eye doctor. Parents who suspect their child might be nearsighted can talk to their child's teacher and ask if the teacher feels the child might be struggling with his or her vision. Such struggles can affect how a child performs in school.

Children who get frequent headaches might also be suffering from nearsightedness.

Doctors recommend that kids have their eyes examined at six months, 3 years of age, and prior to entering the first grade. But even if kids have passed previous eye examinations at each of those benchmarks, it's best to take them for another exam the moment a vision problem is suspected.

Is myopia preventable?

Since it is often inherited, myopia is not preventable. However, treatment can significantly minimize its effects. Children who appear to be struggling to see distant objects clearly should be taken for an eye exam. That exam may include an eye pressure measurement; a refraction test, which is used to determine a correct prescription for eyeglasses; a retinal examination; and a visual acuity test, which measures sharpness of vision at close and far distances.

When a child is diagnosed as being nearsighted, the doctor will likely prescribe eyeglasses or contact lenses. LASIK surgery can correct vision, but many surgeons are reticent to recommend such surgery until a patient's eye has fully developed, which does not occur until after childhood.

Are there other symptoms?

There are additional symptoms of Continued on Page 28



Low vision

Continued from Page 24 clouding of the lens of the eye that usually develops with aging. It may be present at birth or be the result of an injury to the eve. Depending on the severity of the cloudiness of the lens, vision can be impacted greatly. Cataracts may form as a result of long-term exposure to ultraviolet light, exposure to ionizing radiation, secondary effects of diseases such as diabetes, hypertension and advanced age, or trauma.

• Glaucoma: When a person has glaucoma, eye damage occurs to his eye when there is a buildup of fluid pressure within the eye, also known as intraocular pressure. This pressure can damage the optic nerve and cause visual field loss, which over time might escalate to blindness. Glaucoma is often dubbed "the silent thief of sight," because in most cases it progresses slowly and vision loss is not immediately apparent.

• Diabetic retinopathy: Vision can fluctuate daily as a result of diabetes. Diabetic retinopathy can cause blood vessels in the retina to develop abnormal off-shoots that leak blood and interfere with vision, eventually causing severe damage to the retina.

• Retinal detachment: This occurs when the retina separates from its underlying layer. The portion that detaches may be rendered useless and cause total impairment of vision. Some retinas can be surgically reattached, and vision may be restored partially if surgery occurs promptly.

• Aniridia: Aniridia occurs when the iris, which is responsible for controlling the diameter and size of the pupils and regulating the amount of light reaching the retina, fails to develop normally. If the iris is not functioning properly, extreme sensitivity to light and an inability to see clearly may

Treatment for low vision

Treatment cannot begin until your vision is assessed by a professional. An optometrist may conduct various vision acuity tests to determine what might be the cause of vision loss. Each type of low vision problem requires a different approach to treatment, so it's important to correctly diagnose the problem before beginning treatment.

Some treatment options for low vision may include specialized optical systems, video magnification, therapeutic filters, or special prescription glasses. There also may be the need to perform eye exercises that help maximize existing visual function. Individuals may have to use a combination of devices to find the ones that help the best.

Only a doctor can determine the culprit behind vision loss. Routine visual exams are recommended at least every year and may need to be more frequent if a person is suffering from deteriorating vision. If caught early, many eye conditions can be managed to help prevent further loss of vision.



STROKE TARGETS BY COLOR.





Beating the odds isn't about winning, it's about living.

Know where you stand. The odds are African Americans are twice as likely to suffer a stroke as white Americans.

You have the power to end stroke. 1-888-4-STROKE / StrokeAssociation.org

Photographed by Sean Kennedy Santos

Glaucoma

Continued from Page 25

chamber angle. When the flow of the aqueous humor is blocked or slowed, the fluid gets trapped in the eye and then intra-ocular pressure builds, at which point damage to the optic nerve can occur.

Are all cases of glaucoma the same?

Not all cases of glaucoma are the same. In fact, there are four major types of glaucoma.

 Open-angle, or chronic, glaucoma: Open-angle glaucoma is the most common type of glaucoma. The cause is unknown, but an increase in eye pressure occurs slowly over time as the pressure starts to push on the optic nerve and the retina at the back of the eye. This type of glaucoma tends to run in families, so those who have a parent or grandparent who has had open-angle glaucoma should not miss appoint-



ments with his doctor, even if vision seems normal. This is especially important because most people with open-angle glaucoma have no symptoms until they begin to lose vision, though gradual loss of peripheral vision may occur.

• Angle-closure, or acute, glaucoma: Angle-closure glaucoma occurs when the aqueous humor is suddenly blocked. This is very noticeable, as it causes instant and severe pain as the intraocular pressure quickly increases. Risk for angleclosure glaucoma increases for those who have already had it one eye. Symptoms

include decreased or cloudy vision, nausea and vomiting, seeing rainbow-like halos around lights, and reddening of the eye.

• Congenital glaucoma: Congenital glaucoma is present at birth and results from an abnormal development of the fluid outflow channels in the eye. Symptoms are typically noticed when the child is a few months old. These can include cloudiness of the front of the eye, enlargement of one or both eyes, sensitivity to light, tearing, and reddening of the eye.

 Secondary glaucoma: Secondary glaucoma results from other conditions, including uveitis, a condition where the middle layer of the eye, known as the uvea, swells and causes irritation. Secondary glaucoma can also result from systemic diseases and drugs such as corticosteroids.

More information about glaucoma is available at the Glaucoma Research Society of Canada Web site at www. glaucomaresearch.ca.

Cataract

Continued from Page 24

ulation by 2026, cataract surgery is also frequent and well tolerated. Approximately 250,000 cataract surgeries take place in Canada each year, according to The National Coalition for Vision Health.

It is widely recommended to get regular eye exams to check for cataracts early

"By getting a complete, dilated eye exam, your doctor can discuss with you the best strategy to protect your vision well into the future," said Hugh R. Parry, president and CEO of Prevent Blindness America. "We encourage everyone, especially those ages 40 and older, to make their vision a priority by scheduling an eye appointment today."

Prevent Blindness America, visit preventblindness.org/cataract or call its toll free number at (800) 331-2020.

Child's vision

Continued from Page 26

childhood vision problems that might not indicate nearsightedness, but might indicate another problem that should result in a trip to the eve doctor. For example, a child might close one eye when watching television or reading. This could be indicative that vision in one eye is poorer than the other.

Young children who struggle to color within the lines might have an issue with their hand-eye coordination. Poor hand-eve coordination could be the result of a vision impairment.

Children who tilt their

head to one side to improve vision might be suffering from a vision problem that makes it difficult for them to look directly down.

Vision problems can negatively affect how a child performs in school as well as in social situations. Though such vision problems are not always preventable, parents who can identify them can greatly minimize their effects.

Go to www.Caribbeanlifenews.com for the latest in Caribbean news. entertainment, sports, business, viewpoints and more.



Kids don't come with directions. Parents as Teachers can help.

During the years between birth and kindergarten there are important times when specific kinds of learning...language, sight, basic motor skills...must take place for your child to develop to the fullest. > Parents as Teachers, a parent education and family support organization, can help you capture those windows of opportunity so your child starts school ready to succeed. > It's free for all parents and participation is voluntary. Find a program in your community!

1.866.PAT4YOU (1.866.728.4968) www.patnc.org

HAPPY HOLIDAYS

URGENT CARE & WALK IN CLINIC



Mon – Fri: 9am to 8pm • Sat & Sun 12pm to 5pm No Appointment Necessary

"Why Wait for 5 hrs in an E.R when you can be seen by Quick Docs in 15 min. Guaranteed"

Board Certified Emergency Medicine Doctors Same as Kings County & Brookdale Hospital ER!

Referrals From Physicians and Attorneys Welcome

- Internal Medicine
- Acute Trauma
- Pediatrics
- Urgent GYN
- Physical Therapy

- Chiropractics
- Acupuncture
- Modern Facilities
- Onsite X-Ray
- Onsite Blood Draws

WSIT US TODAYII

Most Insurance
Accepted

We accept all types of payments

Workman's Comp

Car Accident,
Slip & fall

No Insurance, No Problem

255 East 98th Street • Brooklyn, NY 11212 PH. 718-240-2644 Fax: 718-240-2676 www.urgentcareinbrooklyn.com

WE OPEN SUNDAYS

All Major Credit Cards Accepted









YOUR BUDGET



START 2014 OVER WITH

MANAGER SPECIALS

~	YEAR	MAKE/MODEL/MILES	STOCK /VIN	PRICE	YEAR	MAKE/MODEL/MILES	STOCK /VIN	PRICE	
A	2006	Nissan Altima, 6K TMU	65610	\$6,995	2009	Nissan Murano, 45k	73621	\$12,888	
2.9%	2009	Honda Accord EX, 40k	65124	\$7,995	2011	Nissan Rogue, 50k	69968	\$13,995	
0	2009	Chevy Cobalt, 56k	65308	\$7,995	2013	Nissan Altima, 16k	82570	\$13,995	
nth	2010	Nissan Sentra, 46k	68559	\$7,995	2011	GMC Terrain, 51k	82272	\$13,995	
	2012	Hyundai Elantra, 15k	79461	\$8,995	2007	Lexus ES350, 53k	56974	\$14,888	
or 7	2008	Jeep Liberty, 17k	54235	\$9,495	2010	Infiniti G37, 28k	70898	\$18,995	
_	2010	Chrysler Sebring, 38k	61787	\$9,995	2009	Acura MDX, 31k	73459	\$22,888	
moi	2011	Ford Escape XLT, 25k	74493	\$9,995	2010	Lexus LS 460, 39k	82704	\$31,995	

CLIP IT. BRING IT. CASH IN!

- TOWARD THE PURCHASE OF ANY VEHICLE
- ADDITIONAL VALUE FOR YOUR TRADE DOWN PAYMENT*

Authorized Signature Required, General Manager

Must be presented prior to negotiations. Cannot be used for service or parts. Cannot be combined with other offers.

Don't Make Your Next Payment Until You Speak To Us!

1-888-396-2567 43-40 NORTHERN RIVD. LONG ISLAND CITY, RIJEENS, NY 11101







1-888-396-2567 43-40 NORTHERN BLVD. LONG ISLAND CITY, QUEENS, NY 11101

TIRED OF YOUR CAR? WE'LL BUY IT FROM YOU!"

If You Can't Make It To Us, We'll Pick You Up. For Complimentary Pick Up.



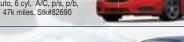
A VEHICLE BETWEEN 9AM-5PM FROM NOW UNTIL MONDAY AND RECEIVE
US OF EITHER AN IPOD. NAVIGATION CAR ENTERTAINMENT SYSTEM IPOD, NAVIGATION, CAR ENTERTAINMENT SYSTEM IT... COMPLIMENTS OF MAJOR WORLD!



Auto, 4 cyl, A/C, p/s, p/b, 42k miles, Stk#83604



Auto, 6 cyl, A/C, p/s, p/b, 47k miles, Stk#82690





10 TOYOTA RAV4 4WD

10 HONDA CIVIC

Auto, 6 cyl, A/C, p/s, p/b, 16k miles, Stk#73241



12 TOYOTA CAMRY

'11 TOYOTA SIENNA

Auto, 4 cyl, A/C, p/s, p/b, 21k miles, Stk#84619

Auto, 6 cyl, A/C, p/s, p/b, 15k miles, Stk#73236



12 NISSAN PATHFINDER

Auto, 6 cyl, A/C, p/s, p/b, 29k miles, Stk#78422















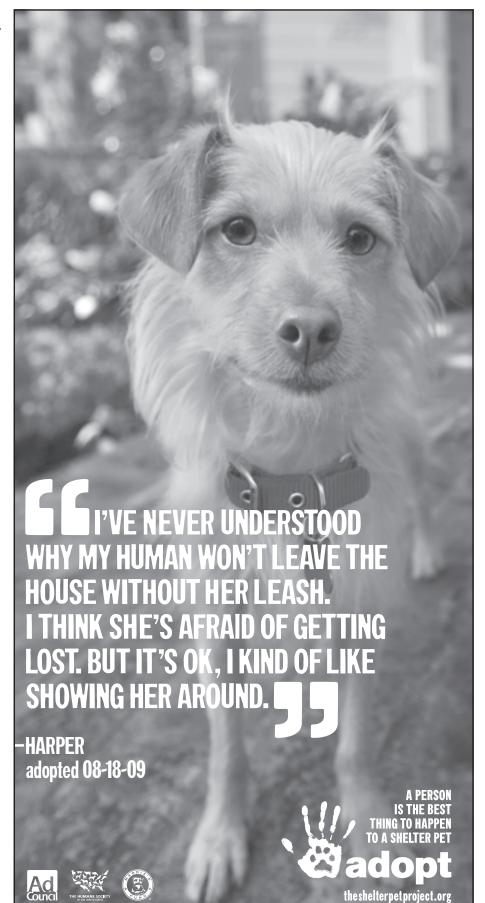








FINANCING!†† • NO CREDIT NO PROBLEM



St. Lucia seeks media regulations

The St. Lucia government savs it wants the media in St. Lucia to regulate itself, insisting that it does not want to be involved in the exercise.

"There are many FM stations, many television stations operating in St. Lucia. They are all competing for a very small market share and I think that has caused some of them to be very aggressive in their programming; to take some risks that try to be ahead of the pack and unfortunately that has happened in an environment that has not been regulated," said Information and Broadcasting Minister Dr. James Fletcher.

He said the challenge now for the Kenny Anthony administration "is to try to put in place some sort of regime."

The government has said the issue was still being discussed and that the Ministry of Information and Broadcasting has solicited comments, suggestions for improvement, and expression of concern on a proposed Draft Broadcasting Authority/ Services Bill.

Increase in Jamaica murder rate

National Security Minister Peter Bunting is predicting that Jamaica will end the year with a murder toll at least 10 percent higher than in 2012. Recently, the number of people murdered stood at 1,126, compared to 1,025 for the corresponding period last year. Figures also show that 1,097 people were murdered in total last

Recently, the main opposition Jamaica Labor Party

Now just seems that the gains that we made in 2010 have completely lost that momentum.

(JLP) described as frightening, the escalating crime situation, particularly murders in the country.

"We are surely heading in the wrong direction and

it now just seems that the gains that we made in 2010 during the period of the limited state of emergency we have completely lost that momentum, I don't know if the Minister or the Commissioner is waiting on divine intervention....but in the meantime I'm strongly of the view that we are not getting the maximum from the police," said JLP spokesman on National Security, Derrick Smith.

T&T crime

Continued from Page 6

2013," Williams said, adding that the police would continue to work with communities and put more effort into community policing.

Meanwhile, the killings continued over the weekend after three men were gunned down in Diego Martin, West of here and Marvant, along the eastwest corridor.

Police said that 36-yearold Robert "Ming" Awong was in the yard of his neighbor when gunmen in a vehicle shot at him. Two other people were also injured.

In the other incident, an unidentified man was shot and killed while he was standing on the road

The Police Service should be judged on all that it has the responsibility to address, and it's not supposed to be judged on one issue, that of murders.

in Morvant on early Sunday morning. Police said another man who was standing nearby was also shot and injured.

Prime Minister Kamla Persad Bissessar says her coalition People's Partnership government is committed to the fight against crime, as Trinidad and Tobago recorded yet threemore murders, pushing the toll so far this year to 376.

"Murder is murder and every single one is painful and traumatic to us. We will continue to remain committed in the fight against crime. I know the minister of National Security is doing the best that he can, but there is still much more that we need to do."

"Some of the crimes are crimes of passion. That does not mean that it is something that is right. Those are more difficult to contain where it is a domestic situation, where crimes of passion are taking place," she told reporters at her annual Christmas treat at Skinner Park, south of here on Sunday.

"Every crime is one crime too much and that remains number one priority in our list, to deal with crime in Trinidad and Tobago."



Failed, failed, failed. And then... PERSISTENCE



Have You Been In An Accident?

You May Be Entitled To Money Damages!

- Car Accident Cases Slips & Falls Construction Accidents

- Work Place Accidents False Arrests Medical Malpractice



JAMES ROSS 35 years experience

WILLIAM C. THOMPSON

Ret. Justice Supreme Court Appellate Division Of Counsel To the Firm **Former NYS Senator Former Regional Director NAACP**

ARTHUR HILL 35 years experience

We have recovered millions of dollars for our clients.*

FREE Consultation • NO FEE Unless Successful

Ross & Hill, Esqs.

718-855-2324 16 Court Street, 35th Floor Brooklyn, NY 11241

Please visit our website at www.rossandhill.com

We Speak Creole, Russian, Philippine & Spanish

Primary
Health Care Center, LLC

718-253-WELL (9355) 718-434-0711 Diagnosite and Treatment Center

NYS Article 28 Facility

MEDICAID, MEDICARE MEDICAID HMOs & Most Major Insurance Plans Accepted

ORTHOPEDIC SURGEON

Arthroscopic Surgery • Joint Replacement • Sports Medicine • Hand Surgery • Consultation & Other Services

PAIN MANAGEMENT

Services will include pain management, electromyography, interventional pain procedures including, but not limited to joint injections, epidural steroid injections and nerve blocks, also electromyographic studies for patients with nerve and muscle disease, neck pain, back pain, numbness and tingling in the arms, chronic headaches, joint injuries such as knee and shoulder pain.

DENTISTRY

General Dentistry for Children and Adults • Dentures, Fillings, Root Canals, Crowns & Bridges, Extractions, Bleachings, Cleanings, Check Ups, GumTreatment

UROLOGY

For Men, Women and Children. We treat the following common urological conditions: prostrate cancer, kidney cancer, testicular cancer, urinary incontinence, kidney stones, urinary tract infections, impotence/erectile dysfuntion

CARDIOLOGIST

PHYSICAL THERAPY

Evaluation and Treatment of Acute and Chronic Disorders Including Strokes, Fractures, Tumors, Arthritis • Pain Management Massage, Ultrasound, Electrical Stimulation, Therapeutic Exercises

GASTROENTEROLOGY

ENDOCRINOLOGIST

Diabetes • Throid Dysfunction • Weight Control • Metabolism Abnormalities • Osteoporosis

GENERAL VASCULAR SURGEON

Diagnosis & Treatment of Diseases and Tumors of the Skin, Soft Tissue, Breast, Stomach, Pancreas, Bile ducts, Gallbladder, etc. Diagnoses and Treatment of disease of Veins & Arteries

• Breast Biopsy, etc. • Laser Surgery, Vascular Surgery, Laparoscopic Surgery

INTERNIST

- Medical History & Physical Exams
- Wound Care
 Cholesterol Screening
- Blood Pressure
 Flu Vaccines
- · Diabetes, Arthritis, Infections
- Hypertension, Heart Diseases
- Blood, Urine & Stool Testing

PEDIATRICIAN

- Comprehensive Exams of Children of All Ages
- Osteopathic Manipulations for Treatment of Asthma, Headaches, Sinusitis, Otitis, etc.
- Sick And Well Visits
 Immunizations
- All Necessary Forms for Schools, Colleges, Camps & WIC Programs

OB/GYN

- Prenatal Care and Delivery
 Pap Smears
- Pregnancy Testing Family Planning
- · High Risk Pregnancies Management
- Uterine Fibroids and Chronic Pelvic Pain
- · Menopausal & Menstrual Disorders, Infertility
- Pelvic Relaxation & Urinary Incontinence
 HIV & STD Testing and Treatment

NEUROLOGY

- Camprehensive Neurology Exams for Adults
- Alzheimer's and Parkinson's Diseases
- Headaches, Seizures, Chronic Pain, Stroke
- Carpal Tunnel Syndrome Rehab
- Muscle Testing Neurological Testing

PODIATRY

- All Foot & Ankle Related Problems
- Blisters and Calluses
- Fcot Odor, Ingrown Toenails, Warts, etc.
- Numerous Treatments & Services for DIABETIC PATIENTS

DERMATOLOGY

Full Spectrum Skincare for Adults and Children

- Rash Acne Warts
- Brown Spots Sun Damage, etc.

OPHTHALMOLOGY

- Comprehensive Eye Exams for Adults & Children
- Nearsightedness, Farsightedness,
- Astigmatism, Glasses Prescribed
- Evaluation & Treatment of Eye Diseases
- Glaucoma, Cataracts, Diabetic Retinal Evaluation, Dry Eye







New Yorkers give praise and thanks for Madiba

The voices of New Yorkers added to those of multitudes around the world during a service of thanksgiving for the life of former South African President Nelson Mandela who died Dec. 5 at age 95.

In song and speeches, many who yearned to praise the African who President Barack Obama described as a "liberator" had the opportunity on Dec. 11 at Riverside Church.

Inside the reputed cathedral, where the iconic freedom-fighter visited twice – first July 2, 1990 and again on his last visit here May 14, 2005 – hundreds filled the rafters for a thanksgiving service held in conjunction with the South African Consulate.

On a program that invited almost three dozen participants, everyone lavished adulations on the sole international leader to serve 27 years in prison and on release was voted commander-in-chief of the country that jailed him for



reason

"It was not a career move," Rev. Al Sharpton said about Mandela's backbreaking prison term at Robben Island, "There was no guarantee he would ever see the light of day."

The preacher side of the community-activist turned MSNBC television host added: "Don't lionize 27 years and don't even have the courage to fight for minimum wage," Sharpton warned.

Of Madiba, Sharpton said "he was at peace with himself."

"They called him a red sympathizer," he reminded the congregation.

But now "we are the ones battling, Madiba was always at peace."

In requiem he added "you've walked the long walk

to freedom – we are way behind you but at least we know the direction because you showed us the way."

Sharpton's acid admonition provided sobering reality to an evening filled with platitudes and reflections from former Mayor David N. Dinkins, Rev. Calvin O. Butts, Rev. James A. Forbes Jr. and Gina Belafonte, daughter of activist/singer/actor Harry Belafonte.

The senior pastor at the cathedral described Mandela as a prophetic conveyor who "God used to call attention to show that he is not pleased."

Rev. Forbes surmised "all God's children must eat at the table, they must have shelter" and for all he did and all he suffered "it was to get the attention of the entire world."



Tourists offer floral tributes near a sand sculpture of Nelson Mandela on a beach in Puri, India, Friday, Dec. 6, 2013.

A congregation of more than 2,000 held rapt attention listening to Rev. Forbes' spiritual eulogy.

Forbes had campaigned for Mandela in 1990 and related how a number of his colleagues travelled to South Africa from the USA to dissuade voters from voting for the candidate to represent the African National Congress.

The Christian preachers he said told South Africans

to ignore the ANC candidate and "to vote for Jesus."

According to Rev. Forbes, he in turn had to undo their actions.

"I told them that I had spoken to the Lord and he told me if nominated he would not run and if elected he would not serve."

The crowd cheered his technique.

"He told me that he already rules a huge king-dom."

The senior minister of the cathedral who is temporarily serving in that position since retirement delivered pearls of wisdom and gems of knowledge which the crowd readily absorbed.

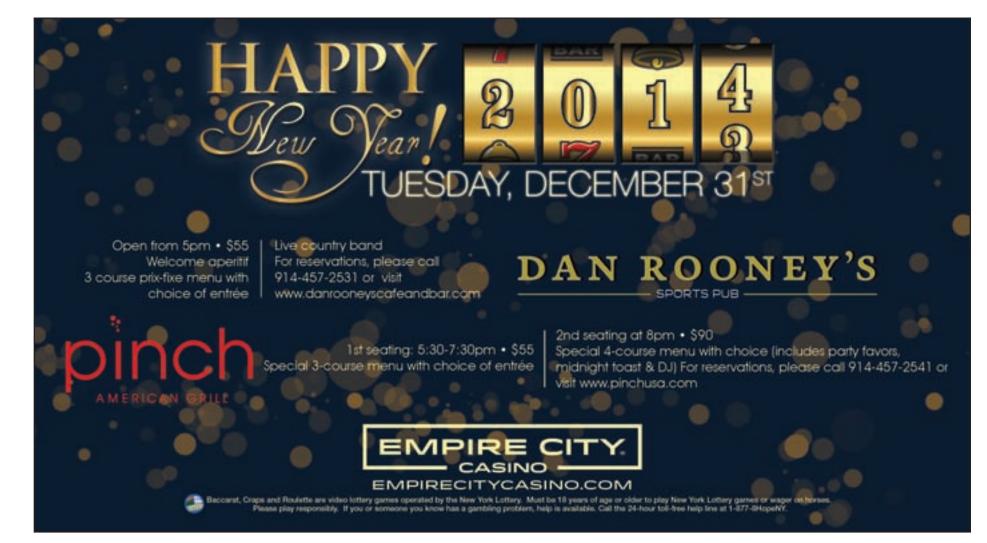
"His words should be posted on doors and remembered every day," Belafonte said of the "comrade" and "moral leader of the world" she met at her father's side.

"I was not born to fail," 16-year-old poet Andromeda Small, a member of Dr. Glory's Youth Theater at Riverside Church said. Her engaging recitation amplified the legacy Mandela gifted the world. With confidence and poetic grace she epitomized a future full of hope.

When the service ended, the bells of the Gothic Church tolled a sound echoed through Harlem and perhaps across the nation.

A special memorial tribute was also slated for the United Nations on Dec. 19.

Catch You On The Inside!



ENTERTAINMENT

FOR MORE ENTERTAINMENT, GO TO CARIBBEANLIFENEWS.COM/ENTERTAINMENT

'American Promise'

By Tequila Minsky

On Feb 3, "American Promise" airs on TV, part of PBS's Point of View-POV series. For 14 years, the documentary film follows two Brooklyn boys, from kindergarten at the elite Dalton School in Manhattan and on. (One of the subjects, Idris, is the filmmakers' son.)

Garnering nationwide kudos and favorable reviews, most recently, the film is the core of Judith Ohikuare's December 17 The Atlantic article "When Minority Students Attend Elite Private Schools." (She tells us that she entered Chapin School in the 6th grade, the second black girl out of 60 students and had been prepared by going through a program called Prep for Pre, a nonprofit organization that filters low-income minority students into New York independent schools.)

The premiere screenings of "American Promise" at the New York Film Festival this fall were to standing ovations.



At BAM, Fort Greene resident, camera shooter, director and parent, Joe Brewster fields questions following the preview screening of American Promise, a film 14 years in the making.

Photo by Tequila Minsky

A preview BAM screening in October was to the home crowd, friends of the subjects and the filmmakers who are Fort Greene residents.

Joe Brewster and Michele Stephenson spent 14 years on this film project that began in 1999. Their son, Idris Brewster and his friend Seun Sum-

Continued on Page 38

The Alice-in-Wonderland Follies

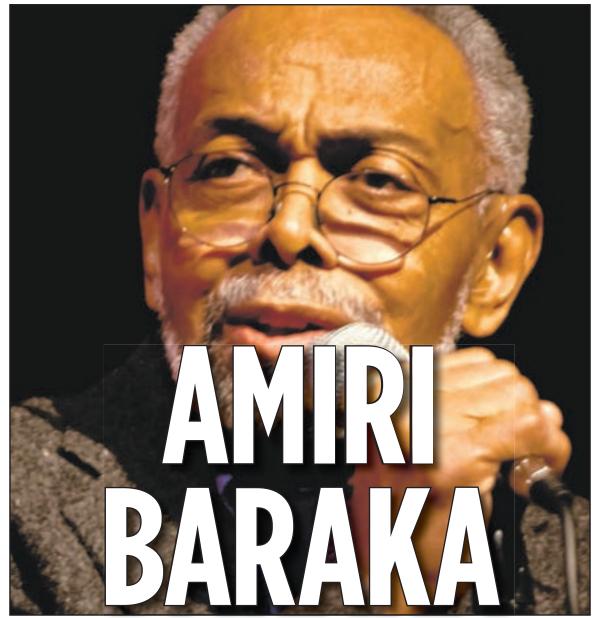
"The Alice-in-Wonderland Follies" choreographed by Keith Michael at New York City's Florence Gould Hall, 55 East 59th St., New York City will be held on Saturday, Jan. 25, 2014 at 1:00 p.m. and Sunday, Jan. 26, 2014 at 11:00 a.m., 1:00 p.m., and 3:30 p.m.

Tickets are available online at www.nytb.org, via Ticketmaster at (800) 982-2787, or in-person at the Florence Gould Hall box office.

"Imagine a totally unwired world and the impact of so much visual richness on the children in it. Then unplug a 21st century kid, and head for the Gould..."- The Village Voice

Follow Alice's adventures through Wonderland as she meets some of the most beloved characters in children's literature. Presented in a vaudeville setting (NY circa 1915) this eclectic ballet draws on many different dance forms - from Irish step dancing to African Jubba to classical ballet.

The ballet features sets by Continued on Page 38



Author Amiri Baraka formerly known as LeRoi Jones at the Newark Museum.

Photo by Amun

Blues People at 50

By Amun

"Blues People: Negro Music in White America" by LeRoi Jones was published by the William Morrow Company in 1963, although Jones completed the book in 1961. "Blues People" is a seminal study of African American music and culture, and also the history of African people in America. This is a very important book, as important today as it was

when it was published in 1963, fifty years ago. To this day "Blues People" is considered one of the most influential volumes of jazz criticism ever published.

This year 2013 the book and its author, LeRoi Jones, now Amiri Baraka, have been celebrating the 50th anniversary of the publication of "Blues People." Baraka was a young man of 27 when he com-

pleted "Blues People." He was just beginning his rise to recognition and fame. His book of poetry, "Preface to a Twenty Volume Suicide Note" was published in 1961 and his controversial and celebrated play, "Dutchman" opened at the Cherry Lane Theatre and received an Obie Award in 1964. In April 1965 Baraka and group of Black writers made a

Continued on Page 38

TOP OF THE **CHARTS TOP 10 SINGLES** The Monster Eminem Feat. Rihanna **Counting Stars** OneRepublic Demons **Imagine Dragons** Wake Me Up! **Counting Stars** OneRepublic Hold On, We're Going Home Drake Feat. Majid Jordan Timber Pitbull Feat. Ke\$ha **Wrecking Ball** Miley Cyrus Let Her Go Passenger **Stay The Night** Zedd Feat. Hayley Williams **TOP 10 ALBUMS Beyonce** Beyonce **Because The Internet** Childish Gambino **Black Panties** R. Kellv **Wrapped In Red** Kelly Clarkson

The Grohl Sessions: Vol. I (EP) Zac Brown Band

PTXmas (EP) Pentatonix

Frozen Soundtrack

The Marshall Mathers LP 2 Fminem

Pure Heroine Lorde

Christmas Michael Buble



Blues people at 50

Continued from page 37

move to Harlem and opened the Black Art Repertory Theatre and School (BARTS). This marked the beginning of the Black Arts Movement, the cultural arm of the Black Power Movement.

Baraka tells the story of the seed being planted that spawned his writing of "Blues People." He and his long time friend and Howard University roommate, AB Spellman were feeling their new found "Hipdom" and identification as "BeBoppers" having seen/heard Bird, Dizzy and Monk and even Brubeck at Oberlin College, when they were students at Howard University in DC. Their English professor, the renowned poet, Sterling Brown pulled them up one day, and invited them to his home. There he showed them his collection of Jazz and Blues Records. 45's were just making their appearance and most of the collection consisted of LPs and 78s, organized by performer and genre, chronologically. The collection was huge and went back to the early Blues recordings to the then present. Brown told his young students that they were looking at their history, the history of African people in America. Baraka says that it took him a decade to really understand. what Sterling Brown meant.

Of the many programs that took place in 2013 to celebrate "Blue People," I mention three. On October 3rd the Schomburg Center for Research in Black Cultural presented "The Blues People 50 Years Later," conversation with Amiri Baraka, Dr. Ingrid Monson and Dr. John Szwed. On October 14th The Center of Jazz Studies at Columbia University presented "Amiri Baraka's Blues People at Fifty," a conversation with Professors William J. Harris, Robert G. O'Meally and John Szwed.

On Nov. 5, New Jersey Performing Arts Center (NJPAC) as part of the "James Moody Democracy of Jazz Festival," presented, "A Celebration of Amiri Baraka's Blues People at 50," "Keep Your Razor Sharp," a musical composition by Craig Harris featuring Craig Harris & Nation of Imagination at the Newark Museum.

Amiri Baraka is arguably the finest living poet in America and perhaps the world. He is a wordsmith extraordinaire as well as a fine novelist, essayist and dramatist. Only two of his many works remain in print today, "Blues People" and "Dutchman & The Slave." Baraka is not being published in spite of the fact that he remains prolific and is currently working on a biography of Max Roach and one on Pat



Craig Harris & Amiri Baraka-Blues People at 50 at the Newark Mu-

Patrick, the great saxophonist with the SunRa Arkestras and the father of Deval Patrick, governor of Massachusetts.

When I referenced the library for a copy of "Blues People" there was not a single copy in the whole New York Library System that could be charged out. The Brooklyn Public Library does not even own a copy.

The Queens and New York Library do have reference copies available, but only scholars and researcher make use of those copies. The youth with their hungry minds are virtually barred from access to this valuable and essential book of wisdom and critical analysis of jazz and the source of its birth.

© Amun/Ankhra House, Ltd.

Promises

Continued from page 37

East Side as kindergarteners. They are part of Dalton's diversity program and are among the few students of color there.

The viewer travels through time with them from school start through high school. And, especially in middle school we experience their painful academic struggles and the frustration of parents Brewster and Stephenson and the Summers. We follow the two at Dalton and later, with Seun at the public high school Benjamin Banneker Academy in Brooklyn, where he transfers.

There are plenty of laughs, quiet gasps, and moments near tears in this 215-minute epic film, an emotional roller coaster of the boys' lives. After seeing the film, some of the poignant dialogue lives in the viewer's mind.

Long-term observational films like Aped's 7-Up series, "Hoop Dreams" and the work of African-American filmmaker Marlon Riggs had impact on filmmakers Brewster and Stephenson who wore the many hats of camera shooters,



The Brooklyn moms of, "American Promise," devoted to a quality education for their children and willing to be open and vulnerable in the making this intimate film about their and their sons', lives. Stacey Summers (right), Seun,'s mom, and filmmaker Michele Stephenson (left), Idris's mom. Photo by Tequila Minsky

directors and parents.

Taking its own course through the years, the project shifted for the filmmakers from looking at the Dalton diversity experiment to focusing on the African American male experience and what has been described as the "achievement gap."

The documentary considers race, class, and opportunity as the boys come of age, authentically revealed through intimate and vulnerable exchanges before the camera, a direct cinema approach to filmmaking.

Since the premieres and preview, there have also been screenings of this film with parent groups around the country. It has opened up dialogue about young black male success.

Additionally, filmmaker Brewster, who is also a psychiatrist and filmmaker/wife Stephenson and Hilary Beard have written the book "Promises Kept," of the lessons learned from their "American Promise" project. Subtitled "Raising Black Boys to Succeed

in School and in Life", the book's launch will coincide with the airing of the PBS documentary.

Where "American Promise" raises questions, "Promises Kept" offers insights that the authors derived from their own experiences with the latest research on closing the black male achievement

Brewster's film credits include the 1996 feature film "The Keeper." Stephenson's Panamanian and Haitian heritage has fueled her passion to tackle stories on communities of

Ballet

Continued from page 38

Gillian Bradshaw-Smith and costumes by Sylvia Taalshon Nolan, resident costume designer of the Metropolitan opera.

The Alice-in-Wonderland Follies is part of NYTB's Once Upon a Ballet series. Other ballets in the Once Upon a Ballet series include:

Cinderella

March 1-2, 2014 at 11:00 a.m., 1:00 p.m., and 3:30 p.m.

Carnival of the Animals & Sleeping Beauty's Wedding

May 3, 2014 at 1:00 p.m., May 4 at 11:00 a.m., 1:00 p.m., and 3:30

Father, son bond during nostalgic road trip

"Nebraska" Excellent (4 stars) Rated R for profanity Running time: 115 minutes Distributor: Paramount Pictures

By Kam Williams

77-year-old Woody Grant (Bruce Dern) is an addlepated alcoholic whose brain is so bent out of shape that he's convinced he's struck it rich after getting one of those mass-produced letters in the mail announcing that vou've just won a million dollars in a magazine sweepstakes. Nevertheless, he soon sets out on foot by himself from Billings, Montana to collect his grand prize in Omaha, Nebraska.

Once it's clear that the cantankerous curmudgeon can't

be talked out of that foolhardy endeavor, son David (Will Forte) opts to drive his dad there. This doesn't sit well with Woody's acidtongued wife, Kate (June Squibb), who's too well-grounded in reality to indulge the old coot's non-

However, as futile as the quest might sound, the pair's ensuing sojourn across four states does prove rather fruitful. After all, not only does it afford father and son a chance to spend some quality time together, but they also get to catch up with lots of long-lost friends and relatives they visit along the way.

Eventually, Kate and elder son, Ross (Bob Odenkirk), join them en route, grudgingly making the long jaunt a family affair. It's understandably hard for them to be enthusiastic about an outing inspired by a fraudulent marketing scheme.



A scene from "Nebraska."

is all the fun, as is the case with unfolding against the barren

Still, sometimes, getting there Nebraska, a nostalgic road trip

backdrop of the heartland's crumbling infrastructure. The film was directed by two-time Oscar-winner Alexander Payne (for writing Sideways and The Descendants) whose decision to shoot the picture in black-and-white was nothing short of a stroke of genius.

For the lack of color only serves to further emphasize the absence of hope in a rural region left devastated by the failure of its factory. farm and small town life. It's no wonder, then, that some of the pour souls the Grants encounter might seize on Woody's pipe dream as a way of alleviating their own misery.

Featuring a career performance by Bruce Dern destined to be remembered during awards season, Nebraska is a lighthearted character study which, ironically, offers a stone, cold sober look at the downsizing of the Midwest's American Dream.

Independent & Foreign Films

The Invisible Woman for sexuality. mature themes and brief violence) Historical drama revolving around Charles Dickens' (Ralph Fiennes) clandestine relationship with the mistress (Felicity Jones) he kept hidden from the height of his career until his death. With Kristin Scott Thomas, Michelle Fairely and Tom Hollander.

BIG BUDGET FILMS

47 Ronin (PG-13 for intense violence, disturbing images and mature themes) Martial arts saga, set in 18th C. Japan, about a biracial outcast (Keanu Reeves) who joins a group of grieving samurai seeking vengeance for the murder of their sensei. With Ko Shibasaki, Hiroyuki Sanada and Min Tanaka. (In English and Japanese with subtitles)

August: Osage County (R for profanity, sexual references and drug use) Meryl Streep heads an A-list cast in this adaptation of Tracy Letts' Pulitzer Prize-winning play, about an dysfunctional Oklahoma clan's reunion for the funeral of its self-destructive patriarch (Sam Shepard). Ensemble includes Julia Roberts, Benedict Cumberbatch, Margo



Kam's Kapsules

By Kam Williams

Martindale, Ewan MaGregor, Chris Cooper, Abigail Breslin, Juliette Lewis, Dermot Mulroney and Julianne Nicholson.

Grudge Match (PG-13 for violence, sexuality and profanity) Sly Stallone and Robert De Niro co-star in this comedy about a couple of aging boxers coaxed out of retirement for a rematch three decades after their first scheduled bout was canceled. With Kevin Hart, Alan Arkin and Kim Basinger.

Justin Bieber's Believe (PG for brief profanity and mature themes) Reverential biopic offering a revealing, behind-the-scenes look at the 19-year-old pop icon. Featuring appearances by Usher, Will.i.Am and Ellen Degeneres.

Lone Survivor (R for graphic violence and pervasive profanity) Adaptation of Marcus Luttrell's (Mark Wahlberg) memoir recounting his harrowing ordeal as a member of a team of Navy SEALs

ambushed by the Taliban while on a mission in the mountains of Afghanistan. With Eric Bana, Ben Foster and Emile Hirsch.

The Secret Life of Walter Mitty (PG for violence, crude humor and mild epithets) Ben Stiller directed and stars as the title character of this remake of the 1947, Danny Kaye classic based on the James Thurber story about a mild-mannered milguetoast with a fertile imagination. Support cast includes Kristen Wiig, Jon Daly, Kathryn Hahn and Shirley MacLaine.

The Wolf of Wall Street (R for violence, graphic nudity, explicit sexuality, drug use and pervasive profanity) Cautionary biopic recounting the rise and fall of Jordan Belfort (Leonardo DiCaprio), a notorious penny stockbroker convicted of securities fraud in 2003. With Jonah Hill, Matthew McConaughey, Rob Reiner and Jon Favreau.



Go to www.Caribbeanlifenews.com for the latest in Caribbean news. entertainment, sports, business, viewpoints and more.

SUN KUL COMMUNITY E

FRI ., DEC. 27

ZUMBA: Join us for a dance-fitness class that's friendly and fun from 11:30 a.m - 12:30 p.m. It uses the Zumba formula, with modified moves and pacing for active older people and those just starting their journey to a fit and healthy lifestyle. Be sure to let your doctor know you'll be taking part in an exercise class. Each event is open to the public and is being held at 206-20 Linden Boulevard in Cambria Heights, Queens. Please RSVP by calling (646)476-1294.

SUPPORT GROUP: Helpful tips, tools and resources, as well as guidance, support, sharing and caring from 2:00-3:30 p.m. This event is open to the public. Each event is open to the public and is being held at 215 West 125th Street in Harlem. To RSVP, please call (866)469-0999.

SAT., DEC. 28

FALL WORKOUT: Join EmblemHealth Neighborhood Care for a cardio workout that can improve your overall health and improve circulation and endurance from 5:00 p.m. - 6:00 p.m. We'll also work on building muscle with strength training. Please let your doctor know you will be taking part in an exercise class. Each event is open to the public and is being held at 206-20 Linden Blvd., Cambria Heights, Queens. Please RSVP by calling (646)476-1294.

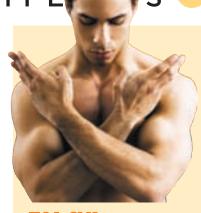
FUNDRASIER: Join the Presentation Brothers College Alumni Association New York for their annual end of year "Red and Black Affair" fundraiser at Crystal Manor 1460 Flatbush Ave. Coacktails will be served from 10:00 p.m. - 11:00 p.m. There will be an open bar, buffet dinner and dancing until 3:00 a.m. For ticket information, call Wilton (347)668-1708 or Eric (347) 526-

TAI CHI AND MEDITATION: Join us to experience the healing benefits of tai chi from 11:30 a.m.-12:30 p.m. It's easy on the joints, helps reduce stress and can improve flexibility and balance. While tai chi is generally safe for all ages and fitness levels, please let your doctor know you'll be taking an exercise class. Wear comfortable, loose-fitting clothes. Space is limited and reservations are required. Each event is open to the public and is being held at 215 West 125th Street in Harlem. To RSVP, please call (866)469-0999.

MON., DEC. 30

SITTING EXCERCISE: Join us for a DVD workout that can improve your stability and balance and help you stay mobile from 12:00 p.m - 1:00 p.m. It's designed to develop strength and enhance your ability to perform the activities of everyday life, making it perfect for seniors: increase stamina, develop strength in upper and lower body, improve balance. Use of hand weights is optional. Please let your doctor know you'll be taking part in an exercise class. Each event is open to the public and is being held at 206-20 Linden Blvd., Cambria Heights, Queens. Please RSVP by calling (646)476-1294.

WALK WORKOUT: Join us for a fun walk-in-



TAI CHI AND MEDITATION • DEC.

28: Join us to experience the healing benefits of tai chi from 11:30 a.m.-12:30 p.m. Each event is open to the public and is being held at 215 West 125th Street in Harlem. To RSVP, please call (866)469-0999.

COMMUNITY CENTER: Are you looking to improve your life? Take a class at Community Learning Center: How to Write a Book or Script, Create a Resume, How to Create Wealth, Get/Keep a Spouse, Start a Business. Classes for everyone. Community Learning Center, 147-12 Archer Ave., Queens. For more information/RSVP, call (718) 291-1094.

place workout from 11:00 a.m- 12:00 p.m! No complicated steps and no equipment needed. This DVD workout is safe for all ages and fitness levels, so lace up your walking shoes and join us! Wear comfortable shoes and workout wear. We'll provide plenty of water. We'll ask you to fill out an emergency form on the first day of class. Be sure to let your doctor know you'll be taking part in an exercise class. Each event is open to the public and is being held at 215 West 125th Street in Harlem. To RSVP, please call (866)469-0999.

ZUMBA: Join us for a dance-fitness class that's friendly and fun from 10:30 am - 11:30 am. It uses the Zumba formula, with modified moves and pacing for active older people and those just starting their journey to a fit and healthy lifestyle. Be sure to let your doctor know you'll be taking part in an exercise class. Each event is open to the public and is being held at 206-20 Linden Boulevard in Cambria Heights, Queens. Please RSVP by calling (646)476-1294.

ONGOING **CURRENTLY - MON., DEC. 30**

HOLIDAY BASH: The "Three Bears Holiday

DEC. 27: Join us for a dance-fitness class that's friendly and fun from 11:30 a.m -12:30 p.m. It uses the Zumba formula, with modified moves and pacing for active older people and those just starting their journey to a fit and healthy lifestyle. Each event is open to the public and is being held at 206-20 Linden Boulevard in Cambria Heights, Queens. Please RSVP by calling (646)476-



Bash" is a variety show that celebrates the holiday season in song, dance and puppetry. The audience also gets to join in on the fun with a "12 days of Christmas" sing-a-long during the performance! Showings are Monday through Friday at 10:30 a.m. and 12:00 p.m., with an additional 2:30 p.m. performance each Wednesday. Saturday and Sunday at 1:00 p.m. Ticket prices are: \$7/children under 12, \$10/all others. Tickets are sold at the door, only when available. To guarantee admission, purchase tickets online at http://www.cityparksfoundation. org/arts/swedish-cottage-marionette-theatre/. The Cottage is located in Central Park at 81th Street and Central Park West, just south of the Delacorte Theater. For more information, maps and walking directions, please visit http://www. cityparksfoundation.org/arts/.

FRI., JAN.1 - SAT., JAN. 5, 2014

PERFORMNG ARTS: Gotham Chamber Opera presents Marc-Antoine Charpentier's La descente d'Orphée aux enfers, a co-production with Trinity Church, from at St. Paul's Chapel, Broadway and Fulton, NYC. Charpentier's 1686 opera retells the story of Orpheus who, upon learning of Eurydice's sudden death, descends

to Hades in order to convince Pluto to allow her to return with him to earth. This classic story of selfless love and the power of music to overcome death will be staged by Andrew Eggert and presented in historic St. Paul's Chapel. Performances: Wednesday, January 1 and Friday, January 3 at 7pm; Sunday, January 5 at 5pm. Tickets are \$15-\$125 and are available at www.ticketcentral. com or (212) 279-4200. For more information visit www.gothamchamberopera.org.

PASSPORT APPLICATION CENTER: Brooklyn Public Library (BPL) launched a second Passport Application Center at the Kings Highway Library providing a convenient facility for Brooklyn residents and new immigrants to apply for passports. Hours are temporarily set for 10:00 a.m. to 3:00 p.m. Monday through Friday and Sunday by appointment. Saturdays are currently closed until further notice. 2115 Ocean Ave., Brooklyn, NY 11229. To make an appointment, call (718)230-2292 or (718)375-3037 ext. 128.

FEATURING HOME REPAIR: Is your boiler, water main or roof in need of fixing? Do you need major repairs done but lack the finances? Now is the best time to fix it. Neighborhood Housing Services of East Flatbush, a not-forprofit housing organization can assist you. For more information on our Home Improvement Programs, please call (718)469-4679 or visit www.nhsofeastflatbush.org.

FORECLOSURE: Are you behind in your mortgage or seeking a modification? Come in for free services and assistance. We will help you as much as possible to keep your home. Referrals for free legal assistance are also available. To schedule an appointment or for more information, call (718)469-4679. Sponsored by Neighborhood Housing Services of East Flatbush and the Center for New York City Neighborhoods, not-for-profit organizations. www.nhsnyc.org.

HOME HELP FOR DISABLED: If you are a disabled homeowner living in Brooklyn or have someone disabled living in your household, you may qualify for up to \$5,000 in home repair grants. Repairs must be geared toward making the home accessible and convenient for the disabled person. Sponsored by Neighborhood Housing Services of East Flatbush, a not-for-profit housing organization, and the New York State Housing Trust Corporation. For more information, please call (718) 469-4679.

COMMUNITY CENTER: Are you looking to improve your life? Take a class at Community Learning Center: How to Write a Book or Script, Create a Resume, How to Create Wealth, Get/ Keep a Spouse, Start a Business. Classes for everyone. Community Learning Center, 147-12 Archer Ave., Queens. For more information/ RSVP, call (718) 291-1094.

DONATIONS: St. Robert Bellarmine Church is joining efforts with the Diocese of Trenton to bring relief to victims in the hardest hit areas. The church has organized a sorting sub station in the parish and will be delivering donations to various locations shortly. The church is seeking donations of cardboard shipping boxes for packing or rubber bins for storage for victims.

Compiled by Natalie Y. Henry

Your Trusted Parenting Magazine!



Get Your Copy Today!

At your local library or other specialized locations throughout Queens, Brooklyn and the Bronx.

Check us out at www.NYParenting.com

For distribution information, please call us at (718) 260-4554

CERTIFIED * CERTIFIED



Pre-Owned

BUY \$12995

2010 NISSAN ALTIMA COUPE 2.5S

BUY \$14.995

BUY \$16.995

2010 NISSAN **ALTIMA SL**

2010 NISSAN

2011 NISSAN

MAXIMA PREMIUM TECH

ROGUE SL AWD

BUY \$18.995

BUY \$23 995



Pre-Owned

78.3 2003 NISSAN **MAXIMA**

Stk #1282, auto, V6, spoiler alloys, power sts, 1 owner, super low miles, 56,996 mi.



Stk #1194, 4 cyl., auto, all power, alloys, 23,335 mi.

Stk #1296, 4 cvl, auto, all power, 2DR, allovs, cd, 27,582 mi,

Stk# 1146, 4 cyl., auto, m/roof, Bluetooth, htd seats, lthr, 35,443 mi.

Stk #1168, 4 cyl., leather, htd., seats, sun roof, Bluetooth, 33,597 mi.

Stk #1263, auto, V6, panoramic, nav. Bluetooth, back up cam, lthr. 36,725 mi.

2010 NISSAN **ALTIMA 2.5S**

BUY \$11,995

Stk# 2737, auto, pwr/winds/locks/mirrs/sts, am/fm w/CD, allovs, 16,367 mi,

2012 NISSAN SENTRA SE BUY \$14.995

Stk #1180, 4 cyl., auto. all pwr. navi. sunroof. Bluetooth, special ed. spoiler, 8161 mi.

2011 NISSAN ROGUE S AWD

BUY \$16.995

Stk #1140, 4 cvl., auto, all power, rear spoiler, 34,206 mi

2009 NISSAN MURANO SL BUY \$17.995

Stk# 9956, 6 cvl, auto, lthr. rear cam, wireless connect, pano roof, 27,571 mi.

2010 NISSAN BUY \$21.995

Stk #1091, auto, V6, moon roof, lthr, nav, Blutooth, memory sts, 32,145 mi.

2010 NISSAN ARMADA PLATINUM EDT. BUY \$27,995

3 Easy Ways

To Shop Us 24/7:

Stk #1288, V8, auto, all pwr, nav., DVD, moonroof, lthr, chrome whls, 29,781 mi.

2010 NISSAN PATHFINDER SE 4X4

BUY \$19.995

1. Scan the QR Code At Left

2. Text KINGSNISSAN to 48696

Stk #1275, V6, auto, all power, back up camera, Bluetooth, cd, 38,046 mi.

3. Go To kingsnissan.com KINGSNIS

2758 Coney Island Ave. Brooklyn, NY 11235 888-485-4647

KingsNissan.com



2009 INFINITI G37X AWD

2008 INFINITI

Stk #U4522, V6, auto, all power moon roof, leather, nay, Bluetooth, 51,562 mi,

2007 INFINITI M35X AWD

BUY \$17.950

Stk #U4610, 66,671 mi., V6, navigation, leather, moonroof, back up camera, memory

2010 INFINITI G37X AWD

BUY \$24.595

Stk #1172, V6, auto, moonrf, leather, rear camera, nav, 32,378 mi.

2010 INFINITI FX35 AWD BUY \$28.995

Stk #1115. V6, auto, moon roof, leather, Bluetooth, back-up camera, 36,313 mi.

G35X AWD BUY \$17.995

Stk# U5385, auto, V6, CD, s/roof, lthr, nav., 29,766 mi.

2010 INFINITI M35X AWD

BUY \$28.595 Stk #1031, V6, auto, all power, moon roof, lthr, rear cam, nav, Bluetooth, 23,461 mi.

2011 INFINITI M37 AWD

Stk #U4562, 6 cyl., auto, all pwr, nav., lthr, moon roof, Bluetooth, memory sts, 31,157 mi.

2011 TOYOTA CAMRY LE

2011 HONDA PILOT EX-LN AWD

BUY \$21.995

SUPER LOW MILES! **FOR**

Stk #1309, 4 cvl, auto, air, cd, all power, 10.036 mi

2010 TOYOTA RAV-4 AWD BUY \$16.995

Stk #1186, 4 cyl., auto, all power, cd, rally wheels, 14,256 mi.

Stk #U4622, V6, auto, navi, leather, moonroof, alloy wheels cd/Bluetooth, htd seats, rearview camera, 50,224 mi.

2011 HONDA PILOT LX AWD

BUY \$19.995

Stk #1308, V6, auto, all power, cloth, cd, 14,208 mi.

CAYENNE AWI BUY \$29.500

Stk #Ú4614, V8, auto, navi, moonroof, leather, alloys, cd/Bluetooth, htd seats, rearview camera, 53,067 mi

3 Easy Ways To Shop Us 24/7:



- 1. Scan the QR Code At Left 2. Text KINGSINF to 48696
- 3. Go To kingsinfiniti.com

20 Neptune Avenue Brooklyn, NY 11235

888-925-4647

KingsInfiniti.com

Tax, tags & MV fees additional. *Certification available on select models. All vehicles sold cosmetically as is. Offers subject to primary lender approval which may affect rate and or payment. Kings Infiniti NYC DCA #0414427, NYS DMV #7048732, 7104527, Kings Nissan NYC DCA #0671140/#1362991, NYS DMV #7015016. All vehicles available on a first come first sold basis.

FOR MORE SPORTS, GO TO CARIBBEANLIFENEWS.COM/SPORTS



West Indies bowler Shane Shillingford delivers a ball during the second day's play of the Second Test cricket match between Sri Lanka and West Indies in Colombo; Sri Lanka.

AP Photo/ Eranga Jayawardena

Off-spiners in trouble

By Azad Ali

West Indies off-spinner Shane Shillingford has been suspended by the International Cricket Council (ICC) after his bowling action was found illegal.

His team-mate Marlon Samuels, a parttime off-spinner, has been banned from bowling quicker deliveries in international cricket.

Continued on Page 44

Nassau's Winter Season

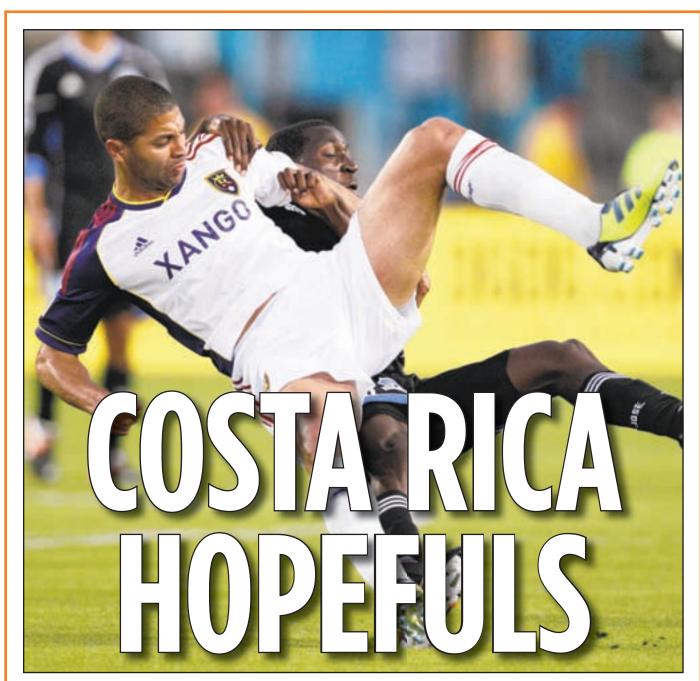
By Robert Elkin

Over past years, one of the top distance runners to come out of Westbury High School and the entire Long Island was Owen Skeete, who dominated the long distance events. Skeete had a unique style of running - to go out fast, open a huge lead, hopefully not 'die' and hold on or easily get the victory. He holds every distance record at Westbury.

Is there anyone in Section Eight to equal or pass his style of running? Just ask his coach Donald Ross or any other Westbury athlete!

Take current student athlete senior Jason Aparicio, for example. "I saw him

Continued on Page 44



Real Salt Lake's Alvaro Saborio who will be playing for Costa Rica in World Cup 2014, (front in white) is brought down by San Jose Earthquakes' Ike Opara during the first half of a MLS soccer game in San Jose, Saturday, April 21, 2012.

Hopes to make Second Round in World Cup

By Patrick Horne

Current Central America champion Cost Rica probably has the best chance among the CONCACAF nations of advancing to the second round in next summer FIFA World Cup in Brazil. The Costa Ricans, which finished second to the U. S. in qualifying (Honduras was third and Mexico won the fourth-place berth) qualifying, is in Group D against Uruguay, Italy and England.

The Costa Ricans are making their fourth World Cup appearance; it played in 1990, 2002 and 2006 and won three of the 10 games and loss six, with one draw. Although this is not an impressive record, the present Costa Rican team is well coached and has a very balanced team that plays well together.

Led by scoring leader Alvaro Saborio Continued on Page 44



Costa Rica national soccer team, 2014 World Cup qualifying soccer match, Costa Rica, Honduras, San Jose, Costa Rica, Keilor Navas, Ariel Rodriguez, Celso Borges, Brian Ruiz, Christopher Meneses, Giancarlo Gonzalez, Joel Campbell, Cristian Gamboa, Jairo Arrieta, Roy Miller, Cristian Bolanos.

AP Photo/Moises Castillo, File

Preparing for CONCACAF 2014

Continued from page 43

of Real Salt Lake in MLS, the Ticos kick (July 14) off against a very familiar foe in Uruguay. Costa Rica is very familiar the Uruguayans and even though it has never defeated Uruguay, it can well have a positive result in its most important game of the tournament.

Italy, Costa Rica's second game in the first round (July 20), is favored to win the group and advance to the second round. Unlike England, Italy is an exceptional tournament team; it has won four World Cups and knows how to find way to win; the slow-starting Italians grow as the tournament develops, so Costa Rica will have to play a very

tight game with few mistakes to get a good result.

England, the Ticos' third and final opponent (July 24) in the first round, are a very poor tournament team, which is why it has only one World Cup title (1966) to its credit and no European Championship titles. Despite having one for the best league in the world, there are very few players who can make an impact at the international level, least of all at the World Cup; Wayne Rooney of Manchester United (English Premier League) is the only player that comes to mind that could possibly win a game for England at this advanced

If Costa Rica, employs

sound strategy that includes keeping the ball for long periods, which the Ticos can do, it will have a good chance for a good result. Cost Rican needs only to take a page out of Chile's playbook: the Chileans played a good possession game and beat England, 2-0, in front of a full house of its supporters at Wembley Stadium in London about three weeks ago.

JOHNSON TRADED

The Seattle Sounders (MLS) announced on Tuesday that it's leading scorer the pass two seasons, Eddie Johnson, has been traded to D C United. Johnson, ranked second all-time on the scoring chart for the Sounders, scored 23 goals

the past two regular seasons. "Eddie was a valuable part of our team the last two seasons," said Owner and General Manager Adrian Hanauer. "Eddie is a tremendous player who gave us some wonderful moments. This was an opportunity for us to receive allocation money that can strengthen our club in many areas. We wish him the best in D.C."

The 29-year-old Johnson played 61 times for the U.S. and scored 19 goals; he played in MLS with FC Dallas/Dallas Burn (2001-2005) and the Kansas City Wizards (2006-2007)...Johnson scored two goals in three 2013 CONCACAF Gold Cup appearances, helping the U.S. to its fifth title.

Long distance record-holder

Continued from page 43

over the summer," Aparicio said, after he watched some of the girls compete in the Friendship Games at Nassau Community College. "He (Skeete) told me to work hard, to work on form, bring the knees up when tired, believe in your self, and to must win."

Skeete is now on the track team at Indiana University, where he is training hard for the indoor or winter season.

Jason's father Hugo Murillo, a former soccer player in El Salvador, South America, started his son off because he had over weight problems, Murillo came to New York at the age of 22. Track helped Aparicio in reducing his weight.

His favorite events are the 200-meter-dash and 400-meter-run. He uses the latter event mainly for endurance. In these races, Aparicio does not follow the style of running that Skeete did. Instead, he tries to follow in the footsteps of another former Westbury athlete Darnell Mickens, who was a State champion while at Westbury in 2010. And Micken's father does come from the Caribbean.

Now Aparacio is trying to lowering his times in the events that Coach Ross enters him into. He is trying to get a track scholarship to a college down south.

The student athlete says that the major differ-

ence in running in New York and in El Salvador is that down south the weather is hot. Here in New York it is not as hot.

However, soccer is the main sport in El Salvador. And from time to time, he visits El Salvador.

"I used to play soccer when I was little," the athlete recently said. "When I was in the fourth and fifth grades I played soccer. Then I broke my ankle, and stopped soccer... and (eventually) I stopped the triple jump."

Meanwhile, the coaches at Westbury High School entered many runners in various sections of the 600-meter-run. Based on time, Westbury's Richard Taylor won the Open 600 in a time of 1:30.40. Teammate Josh Jean also took a section of the same event.

Jean's father Joseph Jean, a native of Haiti, was a versatile athlete, and even was a tennis player in Haiti.

Action in the 22nd Friendship Games resume on Friday Jan. 10 with the boys action starting at 5:00 p.m. Finals are on Jan. 20 starting at 9:00 a.m. with boys and girls competition. Shot put, high jump and pole vault, are contested at Farmingdale High School on Jan. 8. Various awards will be presented on the day of the finals.

The Friendship Games are organized by Malverne High School and Lakeview Youth Federation, Inc.

Spinner's woes

Continued from page 43

Shillingford and Samuels underwent biomechanical analysis in Perth last month before the start of the series against New Zealand after they were reported for suspect action.

An ICC statement said that an independent biomechani-

cal analysis had revealed that for both Shillingford's standard off-break delivery and his doosra, the amount of elbow extension in his bowling action exceeded the 15 degrees' level of tolerance permitted under the ICC regulations.

Shillingford will remain

suspended until he submits a fresh analysis that proves his action has been corrected.

The Dominican bowler had been suspended from bowling in international cricket in December 2010, a month after being reported for a suspect bowling action on West Indies' tour of Sri Lanka.

He underwent remedial action on his bowling and was cleared by the ICC in

Shillingford and Samuels underwent biomechanical analysis.

June 2011.

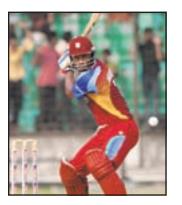
The analysis on Samuels' action revealed that the spinner's standard off-break delivery was legal but the quicker delivery exceeded

the prescribed levels of tolerance.

If Samuels is reported for a suspect action in the next two years, the ICC will take note of it as a second report and the player will have to undergo a biomechanical analysis.

West Indies batsman Marlon Samuels.

AP Photo/ Pavel Rahman





NORTH BAY (**) Cadillac BUICK (**) **Here Are The Top Ten Reasons**

Why You Should Purchase & Service Your Next Cadillac, Buick, GMC Or Pre-Owned Vehicle From North Bay:

- 10. Sales We are easily accessible a short drive from the Long Island Expressway, Northern State Parkway and Cross Island Parkway. 25 minute LIRR express train service from Great Neck Station to Penn Station.
- 9. Service near the Northern Boulevard Glen Cove Road intersection in Roslyn, NY. Very convenient location from all points.
- 8. A new fleet of Cadillac courtesy loaner vehicles when bringing your Cadillac for regular or warranty service. Courtesy loaners available for Buick and GMC customers when warranty work is required.
- 7. Beautiful state-of-the-art showrooms and coming soon, a magnificent new service facility.
- 6. Our New and Pre-Owned Sales Department is open seven days a week with certified, courteous Sales and Internet professionals available to answer all of your questions.
- 5. North Bay is and has always been one of the highest rated stores for Customer Satisfaction. Check out what the customers are saying on this website and DealerRater.com.
- 4. Why pay a premium price? We offer extremely aggressive pricing without sacrificing the legendary North Bay experience.
- 3. New York State's largest retail Cadillac, Buick and GMC dealer with a large inventory available at all times.
- 2. We never promise anything we can't deliver!
- 1. "Redefining the customer experience" if you see a customer with a North Bay plate frame, ask them what they think of us! Our customers are our best advertisement.











720 Northern Blvd. Great Neck



Open Sunday 12pm-5pm



Must present ad at time of signing. Offers available on in-stock units only. Prior deals excluded. No two offers can be combined. All rebates are taxable. Rebates assigned to dealer. Not all customers will qualify for advertised specials. At Term End Either Return Vehicle With 10k, Miles Per Year Or Pay 25¢ Each Additional Mile Or Purchase Vehicle At Stated Amount. Customers Responsible For Excess Mileage, Wear And Tear, Repairs And Maintenance. Must take immediate delivery within 48 hours of signing. Must have excellent credit (750+ credit score). All payments include Loyalty Rebate Offer \$1,000. (GM Jease vehicle must expire by 12-31-2014). Consumer must mention or produce the ad to obtain the price advertised. † Cosco memebrs receive special offers & will receive a Costco \$500 Gift Card. 2013 Buick. Add tax & tags. 2014 Buick. Add tax & tags. 2014 Buick. GMC Due: \$1,995 Down Payment plus faxes & DMV fees. All payments include GM Owner/Competitive/Lease Conguest / Lease Loyalty Offer \$500\\$1,500\\$2,000. Conguest Aebate: Must own or lease a '99 or newer non-GM vehicle. Loyalty Rebate: Must own or lease a '99 or newer GM vehicle. GM Owner Loyalty: Must be a GM owner in the same housefold '99 or newer. See dealer for complete defails. Offers Expires 12-31-2013.







We Work Hard to Get You Pre-Approved!



HUGE SELECTION!

Of Certified Pre-Owned Vehicles

1 Year FREE

➤ Satellite Radio!



Brooklyn, NY 11234

2286 Flatbush Ave.

**** 866-906-8338

Stk #JT14372, MSRP \$41,275. *Lease for \$249/mo. for 39 mos. @ 7,500 miles/yr. with \$2,995 down. \$0 Sec. Deposit. \$1,000 conquest cash included.

KINGSCHRYSLER.COM

Customers must qualify for Tier 1 credit. All taxes and fees not included. Must qualify for all rebates. Offers expire 12/31/13.



Appoint Denesh Ramdin as West Indies captain



Eyes on Cricket

By George H. Whyte

West Indies wicketkeeper/ batsman Denesh Ramdin has the capabilities of leading the West Indies team after being vice captain for the longest haul and captaining the Trinidad and Tobago team on numerous occasions. These opportunities have given him the experience needed to take up such a position.

Ramdin has been around West Indies cricket long enough to understand what areas of major concern have to be addressed. This is the time for Ramdin to take over the West Indies captaincy in Tests. The proper rebuilding of the West Indies team can only come about by a change of leadership. At least this should be one of the steps.

WEST INDIES MUST STRENGTHEN ITS

ODI SQUAD

West Indies One-Day International squad needs to be strengthened and the inclusion of Kevon Cooper, the young allrounder from Trinidad & Tobago, should be certain. Cooper is not only a Twenty20 player but he is undoubtedly a fine cricketer. As a prolific allrounder his talents must not be utilized only by playing in the Indian Premier League (IPL) but he must be involved in the West Indies One-Day International

Ashley Nurse, Jonathan Carter and wicketkeeper Shane Dowrich all from Barbados are superb talented players and should be considered. Carter, the allrounder, already was highly looked at when he played



West Indies' Denesh Ramdin bats during the fourth day of the second cricket test match between Bangladesh and West Indies in Khulna, Bangladesh, Saturday, Nov. 24, 2012.

AP Photo/A.M. Ahad, File

for Barbados in the last ODI regional competition.

DWAYNE BRAVO MUST PERFORM WITH BAT

West Indies One-Day

international captain Dwayne Bravo must do a better job with the bat. Bravo has not been scoring runs for the West Indies although he is an important player in this type of cricket. For him to be constantly failing as a batsman and also as captain does not look good for him. Captains must lead by example. Kieran Powell must wait for Lendl Simmons in

the opening position of the ODI'S. Simmons is a much better One-Day opener and it is just fitting to have him start the innings.

www.caribbeanlifenews.com

IS YOUR BUSINESS EASILY FOUND ON THE INTERNET?

Your customers and your competitors are online



Also offers a full suite of digital marketing

- Search Engine Optimization
 Website Development
- Social Media Marketing
 Google AdWords Campaigns

Call 718-260-4501 • digitalsolutions@cnglocal.com





CROSSWORD BY STATEPOINT MEDIA, INC.

THEME: IN THE KITCHEN

ACROSS

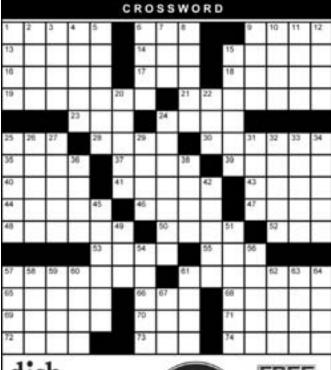
- 1. On a day like this, one can see forever
- 6. Barley bristle
- 9. "____ up!"
- 13. Former French currency
- 14. *Poor man's caviar
- 15. Walk through slush
- 16. "He's _ ___ nowhere man" (The Beatles)
- 17. Mike's sugary partner
- 18. These lips sink ships
- 19. *Cook briefly
- 21. *Cook in oil
- 23. ___ Gabriel
- 24. Greek muse's strings
- 25. Before now
- 28. Le Corbusier's art
- 30. State further
- 35. *Coffee servers
- 37. Clever tactic
- 39. Bristles
- 40. San Quentin, e.g.
- 41. Shocking gun
- 43. Inmate's blade
- 44. Full-length
- 46. Of higher order
- 47. Famous Amos
- 48. Three-dimensional sound
- 50. Tree branch

- 52. *Salt in cocina
- 53. "In the ____, you can sail the seven seas"
- 55. OB-GYN test
- 57. *Firm pasta, not hard
- 61. Not sidesaddle
- 65. Shade of purple
- 66. Bubble maker
- 68. Bushed
- 69. More eccentric
- 70. *_ __ mode
- 71. ____ Zola
- 72. Astute
- 73. ___ degree
- 74. Pine product

DOWN

- 1. Form of approval
- 2. Italian money
- 3. ____ and anon
- 4. Omani and Yemeni
- 5. To add another magazine
- 6. Brown part of apple seed, e.g.
- 7. *Chinese convex pan
- 8. Down and out
- 9. Pig food
- 10. *Pig part, often served pickled
- 11. America's WWII ally
- 12. He plus she
- 15. Lodging ad: "_____ four"
- 20. Incompetent

- 22. Pitcher's stat
- 24. More or less
- 25. *For dipping
- 26. Hollywood's legendary Cary
- 27. *Chilled
- 29. *Can be hard-shelled or soft-shelled
- 31. Boll weevil, e.g.
- 32. Distinctive spirit of a culture
- 33. Nigerian money
- 34. *Coat with hot seasoning
- 36. Result of too many drinks
- 38. Sasquatch's Asian cousin
- 42. Stadium walkways
- 45. Ten dollar bill, slang
- 49. *Bran source
- 51. *It's coated on fish of chicken before frying
- 54. *Strictly vegetarian
- 56. *Like standing rib roast
- 57. Crazily
- 58. *Serve soup, e.g.
- 59. City slicker on a ranch
- 60. Balanced
- 61. Asian nurse
- 62. Fleur-de-lis
- 63. *Cured meat and cold cuts
- 64. Genesis garden
- 67. Final, abbr.



Make the Switch to Dish Today and Save Up To 50%
Call Now and Ask How!
1-800-318-5121
Call Tays a week Sam - 11pm EST Promo Code MBD111



For 3 months.
HBO Service skarz

StatePoint Media

Answers in Classified Section



HOROSCOPES: DECEMBER 30TH TO JANUARY 5TH

ARIES: Mar 21/Apr 20 Now may be the time to try something new.

things. Take a leap of faith.

TAURUS: Apr 21/May 21

Taurus, many people look to you as a leader, and they are wise to do so. You are especially trustworthy, and you will be asked to solve a few problems this week.

🔢 GEMINI: May 22/Jun 21

Gemini, there won't be much time to enjoy recreational activities this week, so you may have to find a new way to let loose. Rest assured there will be more time for fun down the road.

M CANCER: Jun 22/Jul 22

Cancer, a new opportunity comes your way Aries. You are not one to shy away from anything, but you're not quite sure if you're ready for such but right now you're a bit apprehensive about drastic changes. Take your time before making a final decision.

LEO: *Jul 23/Aug 23*

Leo, no matter how hard you try, some people just can't see things from your point of view. Don't take this personally, as everyone is entitled to their own opinions.

VIRGO: Aug 24/Sept 22

Virgo, sometimes it seems like you have all of the answers, while at other times, you might not know how to approach a situation. Take some time to analyze your approach.

IBRA: Sept 23/Oct 23

Feeling homesick, Libra? If so, make some post-holiday plans to visit with friends or family you didn't get a chance to see during the holidays. Enjoy this time spent with loved ones.

SCORPIO: Oct 24/Nov 22

Scorpio, you like to stay busy. But you sometimes feel overwhelmed with all that you have to do. Stop biting off more than you can chew and take things one task at a time.

SAGITTARIUS: Nov 23/Dec 21

Sagittarius, now is a good time to make resolutions and reconnect with distant friends. It is good to rekindle relationships and commit to spending more time with friends and family.

🛮 CAPRICORN: Dec 22/Jan 20 🛭

After time away for the holidays, getting back into a routine can be challenging, Capricorn. But you like to stick to a schedule, and getting back on track is the way to do it.

AQUARIUS: Jan 21/Feb 18

Aquarius, although you have many friends, $\stackrel{\Omega}{\triangleright}$ you recently have only spent time with a select 8 few. This week is a great time to reach out to those $\vec{\omega}$ friends you haven't seen in awhile.

PISCES: Feb 19/Mar 20

Your competitive juices will be flowing this $\frac{8}{2}$ week, Pisces. Enjoy the competitive atmosphere but don't take things too far.

AFRICAN ADVISOR **& SPIRITUALIST**

MR SHEIKH SALEEM, 6TH GENERATION OF AFRICAN MEDIUM CAN HELP YOU OUT OF DESPAIR. SOLVES ALL ISSUES

Love specialist, Reunite lovers even hopeless cases, Business success, Release from spell, Clear Negativity, Strong Voodoo, Black Magic, Court issues, Family problems, Drugs, Careers, Exams, Gambling, Luck, Protection, Impotency/Infertility & more.

One visit will convince you . Quick Results By Appt Only • French & English speaking

917-254-6647 • 116TH/7TH AVE WWW.AFRICANMEDIUM.COM

AFRICAN PSYCHIC/SPIRITUAL READER, HEALER & CLAIRVOYANT

WITH SPIRITUAL POWERS OF HIS ANCESTRAL MASTER'S SPIRIT. MR. LAMINE is Internationally known & will help with all problems in life.

He has helped many celebrities. He can clear negativity, foresee future life events, solves impossible problems. Help bring back loved ones family problems, depression, substance abuse, impotency/infertility, break black magic, jinx, demonic forces, success in business, exams career, job & marriage.

Never Gives Failing Advice . Your Pain Is My Responsibility www.tatajabbie.com · 347-539-2163

Housan Maxime Spiritual Advisor Haitian Voodoo Pziest

Solves Your Problems Helps with Family Problems, Jobs, **Immigration & Legal**

Reunites Loved Ones • Saves Your Marriage Brings Good Luck • Improves Business and More.

718-826-2553 07 917-622-7607

INTERNATIONAL **CLAIRVOYANT AND SPIRITUAL** Healer/Astrology Mr. Maddy

The man with his natural God gifted power of second sight.
Successfully helping desperate people for

the past 23 years.

Problem with love life, Marriage, Family, Relationship,
Health, Business, Master of breaking all sort of Black Magic, Voodoo Bad Luck, Career, Stress and Depression , sexual depression Exams, Exorcisms, etc. PRIVATE AND CONFIDENTIAL 100% GUARANTEED

DON'T SUFFER IN SILENCE CALL ON 917-754-8216 or 347-621-7777

SRI GOD IDITH HANUMAN BABA **35 YEARS OF EXPERIENCE** GOOD HELP - ASTROLOGY CENTER

All Religions are welcome!

Visit once and get rid of your worries. Past, Present & Future, Face Reading, Hand Reading, Patra Reading, Open book reading. Each session is at least 30 minutes to 1 hour to answer your questions. Specializes in getting rid of Black Magic, Generation Curses, Black Magic, Jadoo, Obiya, Witchcraft, Voodoo, All types of Evil Spirits etc.

Are you suffering from any of these Following Problems?

-Black Magic -Evil Spirits -Bad Luck -Reunite Lovers -Stop Divorce -Depression -Psychological

PRIVATE & CONFIDENTIAL

-Business -Work Problems -Financial Problems -Wife & Husband Pro -Children Mistakes -Curt Cases

-Drinking Problems -Health Protection -House Protection -Childless COUPLES -Sexual Problems -Lottery -Success in Life

646-732-7235

Reader/Advisor Jade

Tells All! Sees All! Reunites lovers/ families forever! Removes curses.

Brings good luck! Spiritual

protection Immediate

Answers. Guaranteed.

1-646-683-3825

MOTHER DORINA

Results in 24 Hours

Are you facing difficult

problems? Health

unhappiness, drinking

or afraid in any way? 1907 Inverness Blvd

Austin, TX 78745 512-804-0855

MR, MARTIN

Reunites lovers. Stops

separation/divorce. Re-

moves bad luck, negativity

Protection from enemies.
Free Sample Reading.
1308 72nd St (Bet. 13th

&14th Ave) Bklvn, NY 1-718-833-2055

MRS. MARTIN

Free Reading By Phone

1-718-755-1308

Spiritual Healer

Removes all evil

Specializes: Love, Health.
All Credit Cards.

Located Brooklyn

121-10 Liberty Avenue, 2nd floor (Above Sandy's Roti Shop) Richmond Hill NY, 11419 Yes, he's back from the shadow of death, the **God Gifted Spiritual**

Jamaican born Obeah man and spiritual case MR. B

CALL 718-523-1426

Guaranteed success where others fail. Power to help in all walks of life. Calls your friends and enemies by name, without asking you a single word. A visit to this Obeah worker from Jamaica will be of immense value to you.

American Gypsy Reader Solves all problems;

Love, Marriage, Finance. Removes evil, bad luck. Restores passion, desire.

Free Question! Call today! 1-832-236-0189

A SPIRITUAL HEALER

Want solutions for all your problems? Mr. K heals the body, stops witches, defeats enemies, and offers powerful protection. Do you have problems with relationships, family, property, court, immigration cases? 1 Free Ques.

SPIRITUAL READINGS BY NINA

Receive Healing & Guidance Through All Matters of Life Such as Love, Reuniting Loved Ones, Career, Happiness Find Out What the New ear Holds For You! Call For 1 Free Question

718-213-9945

718-526-5652

God Gifted Sister Lyndsay Honest Answers. Reveals All! Protection from evil

Removes witchcraft. Reunites lovers. Job/money blessing.
Free Reading - Fast Help!
Call: 1-405-574-4105

Call Today 561-860-2623

PSYCHIC READINGS BY

BROTHER BENJAMIN

Reunites lost love &

energy. Consulting on all

matters of life. Call today

for a fabulous tomorrow. Healing & guiding NYC Since 1980

SIMBO - AFRICAN DR. PSYCHIC READER

Solves your problems in Relationships, Love Life, Business, Sickness, Evil spirits, Sexual dysfunction & more. Fast RESULTS Guaranteed!

646-401-6059

SISTER **DUBONG** Call Now!

Results Immediate Get Help Now! 347-461-9190

Listen:kingandqueenradio.com

SPIRITUAL READINGS by MS. DOROTHY

Spiritual cleansing. Gives blessings for all of your spiritual needs. Be rid of your problems today! Call: 1-215-303-1829 for Spiritual Readings by Phone

Zendaya Spiritual Seer

Extraordinary Powers! Are you searching for answers? Immediate solutions! Specializing: Love, Marriage, Business. Guaranteed Results! 1-954-295-3978

To Advertise Here Call 718-260-2555

Caribbean To Advertise Call: 718-260-2555 community classifieds

TO PLACE YOUR AD

Call: 718-260-2555 Fax: 718-260-2549 Email: classified@cnglocal.com In Person: 1 MetroTech Center North Brooklyn, NY 11201

WE'RE OPEN

Monday through Friday 8:30 am - 6:00 pm

DEADLINE

Every Tuesday at 5:00 pm for new ads, renewals, changes, or cancellations,

DISCLAIMER: Community Newspaper Group reserves the right to edit reclassify, reject or cancel an ad at any time. We can only give appropriate credit, not to exceed the cost of the ad, for one insertion. We are not liable for complete omissions. Any discrepancies must be brought to our attention within 7 days of the first day the ad runs, in order to receive consideration for credit.









Employment Pgs 50-52

- Sales Help Wanted Medical Help Wanted
 - General Help Wanted
 - And More

Business Opps Pg 52

- Financing / Loans Business For Sale
 - Misc. Business Opps
 - And More

Instruction Pas 52-54



And More

Merchandise Pg 52

- Garage / Yard Sales Merchandise Wanted
 - · Merchandise For Sale
 - And More

Here's My Card Pgs 55-57



- Professional, Commercial And Residential Services
- Attornevs
- Home Improvement
- Moving & Storage

Real Estate Pg 58



- Rentals
- Properties For Sale Open Houses
- Commercial RE
- And More

Services Pg 58



- Beauty Care
- Handvmen
- Home Improvement And More

Automotive Pg 58



- Autos Wanted
- And More

To Place Your Ad Call 718-260-2555

EMPLOYMENT

➤ EMPLOYMENT SERVICES

ABLE HEALTH CARE

> EMPLOYMENT

SERVICES

HOME HEALTH AIDES! **HIGHER PAY** + NO DUES!

Immediate Work for HHA's with Certificates plus Sign On Bonus

Part Time/Full Time! Excellent Pay & Benefits All Shifts/Locations + Live-ins!

OTHER OPEN POSITIONS RN's, PT's, OT's

Call for Schedule of FREE TRAINING CLASSES **Thruout the NY Metro Area**



Bronx/Westchester 914-470-9921 Brooklyn 718-947-3680 Queens 718-947-3660 Nassau 516-634-2103 Suffolk 631-729-2380

www.ablehealthcare.com

➤ EMPLOYMENT SERVICES

➤ EMPLOYMENT SERVICES

ALL HOUSEKEEPERS

INTERNATIONAL HOUSEKEEPERS



Nannies, Housekeepers, Companions Live-in/Live-out Full time/Part time

We have jobs! Immediate Placement!

Brooklyn, Manhattan, Queens, Bronx, Nassau

718-520-1313 718-520-8383

109-17 72nd Rd, Ste 2F, Forest Hills NY Directions: E/F train to 71st Ave/Continental Ave **DCA License #1109974**

718-523-7733

146-10 Hillside Ave, 2nd floor, Jamaica **Directions: F train to Sutphin Blvd** DCA License #1208917

www.TamisAgency.com

➤ EMPLOYMENT SERVICES

➤ EMPLOYMENT SERVICES

Providing You Employment Since 1991

- Hotel Restaurant Cashier Warehouse
- Factory Drivers Housekeepers Companions • Nannies • Commercial Cleaning • Receptionist
 - Secretarial Security Guards
 - Certified Home Health Aides Nursing Homes & Adult facilities
 - 718-476-2561

➤ MEDICAL HELP WANTED

➤ MEDICAL HELP WANTED

A Licensed Home Care Agency Looking for

Certified HHA's/PCA's

Must be available to work at least 3 day shifts per week

- Bx, Bklyn, Queens, NYC, SI, Nassau
- Weekends
- On-call Live-in's
- Weekly Salary
- Direct Deposit
- Pre Taxed Metro Cards
- Refer-A-Friend Bonus
- Special Need for Spanish, Polish, Hungarian & Hindu Speaking HHAs/PCAs



WHITE GLOVE
COMMUNITY CARE, INC.
Call Human Resources
718-387-8181 ext. 204

Call **718-260-2555** To Advertise Here

➤ MEDICAL HELP WANTED

➤MEDICAL HELP WANTED

AIDES WANTED Live-ins & hourly needed to work in Queens, Bronx, Brooklyn, NYC, & Nassau County

HOME HEALTH

- Must be NYS licensed HHA
- Must have complete physical with PPD
- Must be eligible to work in the United States

718-897-4823

Long hours, short hours,

• Flexible Schedules



• Excellent pay HHA jobs available in Nassau, Suffolk,

• All Shifts ...

Must be a certified HHA with agency experience / Drivers a plus! For more information please call: 516-222-6001

Westchester & all 5 boros!

Walk in applications welcome Mon–Wed 10a–2p. Please bring your certificate.

55 Northern Blvd , Suite 305, Great Neck, NY



Certified HHAs needed in Weschester/Ossining and New York City Area

Eight Hour Shifts open for immediate placement Overtime and Holiday Pay

Applicants should contact 1-877-893-9223

PUBLISHER'S NOTICE to section 296 of the human rights law, which makes it illegal to advertise any preference, limi-

tation or discrimination because of race, colorcreed, national origin, disability, marital status, record, or intention to make any such preference, readers are informed that employment offerings advertised in this newspaper are available on an

equal opportunity basis.

All employment advertised herein is subject

sex, age, sexual orientation, or arrest conviction limitation, or discrimination. Title 29, U.S. Code, Chap 630, excludes the Federal Gov't from the age discrimination provisions. This newspaper will not knowingly accept any advertising for employment which is in violation of the law. Our

To work with both

We have LIVE-IN as well as hourly

iobs in the Bronx!

Excellent Salary

Health Benefits

Paid Sick Days

>MEDICAL **HELP WANTED** **>**MEDICAL **HELP WANTED** **➤MEDICAL >**MEDICAL **HELP WANTED**

➤ MEDICAL HELP WANTED HELP WANTED **➤MEDICAL HELP WANTED**

HOME HEALTH CARE

HIRING CERT. HHA/PCA

IMMED JOBS IN 5 BOROS.

SIGN UP BONUS, REFERRAL BONUS

& TRANSIT BENEFIT

FREE HHA TRAINING

224 W. 35TH ST, #708, NEW YORK

CALL FOR AN INTERVIEW

MON-FRI, 8:30 AM - 5:00 PM

➤ MEDICAL HELP WANTED

We Offer:

Liying Waters Home Care

➤MEDICAL HELP WANTED

Help us make a difference!

Certified HHAs or PCAs

QNS, BKLYN, MANHATTAN, THE BRONX & NASSAU

MANY CASES AVAILABLE... **IMMEDIATE WORK... TOP \$\$\$**



- Starting at \$9.50/hour*
- \$10.93/hr for Overtime*
- \$123.50 Live-In Cases*
- Health Benefits Wellness Plan
- Free Gift Upon Application

946 McDonald Ave, Bklyn • Ph: 718-972-2929 100-15 Queens Blvd., Forest Hills • Ph: 718-819-3131



Hiring

Home Care Agency Lic. by NYC D.D.H.

Experienced Certified HHA's



For All 5 Boros & Nassau Area Immediate Hire + Bonus for HHA's w/ Cars

Health Insurance Available

3 Months Home Care Experience a Must **Call For Appointment**

Mon-Fri 10AM-4PM 718-488-8300 or 516-358-1999 Or email: Carelink1@hotmail.com

CNA's. RN's & LPN's

With LTC experience needed in

THE BRONX

JOB FAIR TUES., JAN. 7th, 9AM-4PM 558 Morris Ave, Bronx, NY **IMMEDIATE ORIENTATION**

GREAT PAY/ HEALTH BNFTS Refreshments will be served. For info & dir. call 718-534-7400 anna@fsstaffinginc.com



631 Foster Ave., Brooklyn, NY 11230 PLUS NEW QUEENS LOCATION, By Appointment 161-10 Jamaica Ave. 3rd Floor, Jamaica, NY 11432

IMMEDIATE OPENINGS!!

Full Time/Part Time/Live-In • Weekends/Weekdays Brooklyn, Queens and Bronx **English, Russian and Spanish Speaking** Please Call (718) 434-0909 Ext. 108 and ask for Alison



JOB PLACEMENT AVAILABLE HOME HEALTH AIDE CLASSES. F/T, P/T

Mornings & Afternoons

Weekends & Evenings

Call 718-282-8400

Or 347-589-3733

Christencher Institute

of Vocational Training

- Valid HHA Certificate
 Social Security Card
 Traferance Up to Date Physical 2 references
 - Proof of eligibility to Work in the US

>MEDICAL **HELP WANTED HHAs, PCAs & CNAs** LIVE-IN ONLY



- Located North of NYC
- Competitive Wages
- Paid Travel & Vacation
- Monthly Bonuses
- Health Benefits Available 401K

Family Owned Business. Come Meet Our Staff

Call for Info 800-505-6165



Make Your Choice Easy - With City Choice

"We Have Jobs In All 5 NYC Boroughs & Westchester. Hiring Right Now!" For Home Health Aides (HHA's)

> Bilingual Spanish, Russian and Hungarian A+ **Medical Benefits Available!**

2709 Coney Island Ave, 2nd Fl. Brooklyn, NY 11235 T: 718-645-1116 F: 718-645-1307

HOMECARE AGENCY

GREAT PAY, GREAT HOURS

GREAT BENEFITS!

HIRING HHA'S

(718) 257-0702 Ultimate

Hablamos Español Nous Parlons Français!

COME VISIT US AT (2) GREAT LOCATIONS:

545 Broadway, 3rd Flr, Brooklyn NY 11206

2501 Grand Concourse, 3rd Flr, Bronx NY 10468

6860 Austin St., Suite 302C Forest Hills, NY 11375 T: 347-233-2626 F: 866-645-4876



PCAs, HHAs, CNAs NEEDED!

WE ARE HIRING:

- Personal Care Aides (PCAs) Home Health Aides (HHAs) • Cert Nursing Assistants (CNAs)
- 2 years experience, Valid INS Work Authorization, 2 professional references needed. Must pass FBI fingerprint check

Shifts: Daytime, Overnight, 24 hour livein Live-ins (\$143/ day), Live-out (\$11 per hour) **Paid Vacation and Training**



212-726-2549

➤ MEDICAL **HELP WANTED**

HOME HEALTH AIDES
IMMEDIATE WORK SIGN-ON BONUS*

Call for schedule of FREE Training Classes or P/T Jobs, All Shifts/Locations

Call 718-260-2555 To Advertise Here



Live-in Caregivers Needed

Immediate Placement Live-ins needed for our CT clients

Excellent Pay & Benefits Experience required CNA/HHA

Driver's lic a plus

Call Today!

877-447-2990

LIGHTHOUSE **HOME CARE**

CT HCA 0000382

➤MEDICAL HELP WANTED

Non-medical home care agency

seeks experienced caregivers

References & eligibility to work in US is a must. Car & certification a plus!

To inquire call: 718-477-1266



Living Waters Home Care 3144 E Tremont Ave Bronx NY, 10461

718-584-6900

➤ DOMESTIC ≻HELP WANTED HELP WANTED

Nannies & Housekeepers

For immediate employmen on Long Island, FT/PT. Exp, ref & legal papers a must. Live in/out. No fee!! \$ Highest Salary \$

516-802-3780 631-486-4594

➤ HELP WANTED

HANDLERS

Looking for rug/carpet handlers. Comp skills, shipping knowledge, drivers lic.English speaking. Please send Resume to fjhakimian@gmail.com Call 516-754-6900

>MEDICAL **HELP WANTED**



Live-Ins Needed

All jobs are on Staten Island



HOME HEALTH AIDE IMMEDIATE WORK

for HHA's with Certificates + SIGN-ON BONUS*

Call for schedule of FREE Training Classes

HIGHER PAY & NO DUES

..to advertise your business in our

Classified Section and get..

Real Results!



2014 • (

2013 - Jan.

COME IN FOR APPLICATION

940 REMSEN AVENUE

(bet Ave D/ Foster Ave)

Mon-Fri 8AM-7PM Sat-Sun 8AM-4PM

ELECTRICIANS NEEDED

20 year established electrical contractor looking for helpers and mechanics with experience in comml. Wiring and pipe bending, rigid and EMT. Long term steady work available. Must have own reliable transportation and tools. We offer good pay rates, company paid medical, sick pav. holiday pay, paid vacations and yearly bonuses. Please contact us at:

718-961-5158 to schedule an interview

JOB OPPORTUNITIES S & E Bridge & Scaffold, LLC

Positions Available:

- Scaffold Erectors
- Hoist Erectors
- Construction Project Managers

CALL 201-636-5594

E-MAIL RESUMES TO: INFO@SESCAFFOLD.COM

➤FOSTER CARE

➤FOSTER CARE

OPEN UP YOUR HEART AND HOME TO A CHILD



BECOME A THERAPEUTIC **FOSTER PARENT**

Help A Child or Teenager In Our Community



Please Contact: 888-819-4647 x2127 **Corrine Bethune** 1668 Pitkin Avenue, Bklyn, NY 11212 50 Bay St. Staten Island, NY 10301



>J0B INFORMATION

DeBlasio Warns Consumers About Classified Ads Toll numbers may be

a direct line to trouble. Classified ads are intended to help people by facilitatcommunication and advertising available services: however, some of the hotlines & service numbers in classifieds actually hurt the people who rely on them by cheating them of hard-earned dollars. "Most newspapers print a disclaimer in their classified ad section to warn readers about numbers that are a direct line to trouble. Any number starting with 900, 540, 595 or 871 charges a fee beyond a local call. In some instances, ads initially advertise calls to a local number but then direct callers to a second number starting with one of the exchanges. "Consumers must also question the legitimacy of vague classifieds because thev too could be a scam. Be fore responding to an ad, consumers should verify the source of all information & always be wary about sending money or

unknown party." Office of the **Public Advocate**

signing a contract with an



➤ANNOUNCEMENT

➤EDUCATION SERVICE

All 5 Boros Intensive Review Mon thru Thur, Morn/ Eves GED, GMAT, MCAT, GRE, SATs, Regents, LAST EXCELLENT RESULTS!! Sm. Student Faculty Ratio GED: 4 WEEKS \$150 Evenings Mon, Wed 7-9PM

Mon thru Thur- 8-10PM 6 WEEKS Program Sun- 3- 6PM, Sat- 9-12PM & 1:30-4:30PM Add'l Prog For Students Who Have Difficulty w/Science/ Math. LSAT. High

School & College Prep in PROF DALEY 718-369-0704

➤TUTORS

99% PASSING RATE Improvement Guaranteed Licensed Math Instructor All levels Maths, incl GED, NY State Regents, College courses etc. Individualized attention Fax service for Evams & Home Work edmon101@aol.com 1-347-267-7385

PROFESSIONAL Tutoring Service College Prep. 5 Boros All SUBJECTS Available **Excellent Results! REGENTS**

SAT1 & SAT2 Frams **AP & ENTRANCE** Exams, MCAT, GRE. **GMAT Exams - LAST** Compass Exam

Intensive GED & ESL Day Classes Start 6/09

Call Prof. Daley 718-369-0704

➤ ANNOUNCEMENT

Don't trade one suit for another







Report Workers' Comp. Fraud to NYSIF: 1-877-WCNYSIF

≻CHILD CARE SERVICES

LULLABY PRE-SCHOOL
DAY CARE 24 Hrs/7 Days a Week Infants, Toddlers, Older & Special Ed Children. After School Avail. All Govt Prgms, HRA. Pick-up avail. 718-531-1624 or

917-331-6033

➤MERCHANDISE WANTED

CASH for Coins! Buying ALL Gold & Silver. Also Stamps & Paper Money, Entire Collections, Estates. Travel to your home. Call 1-800-959-3419

≻AUCTIONS

Buy or sell at AARauctions.com. Contents of homes, businesses, vehicles and real estate. Bid AARauctions.com Camera, Auction. No longer the best kept se-

>FURNITURE

Beautiful Solid Cherrywood **Bedroom Set** Original \$3,000+ Sells for \$799 718-499-4499

> LEGAL

NOTICE IS HEREBY giv-

≻LEGAL

en that an Order entered by the Civil Court. Kings County on 12/02/2013, bearing Index Number NC-001339-13/KI, copy of which may be examined at the Office of the Clerk, located at 141 Livingston Street, Brooklyn, NY 11201, grants me (us) the right to: Assume the name of (First) Dorrett (Middle) Mulvina (Last) Thyndel. My present name is (First) (Middle) Mulvina Dorrett (Last) McKenzie Dorrett Mulvina Thyndel. My present address is 370 East 51st Street, Brooklyn, NY 11203-. My place of birth is Jamaica. My date of birth is December 25, 1962.

NOTICE OF SALE SUPREME COURT COUNTY OF KINGS NEW YORK COMMUNITY BANK, as Successor in Interest to THE ROSLYN SAVINGS BANK, Successor By Merger with THE ROOSÉVELT **SAVINGS** BANK. Plaintiff against HANNA LOFTIN, ET AL., Defendants (Index No. 30124/2006)

≻LEGAL

Pursuant to a Judgment of Foreclosure and Sale and Addendum to Judgment of Foreclosure and dated September Sale 12, 2013, and duly entered herein, I will sell at public auction at KINGS SUPREME COUNTY COURT, 360 ADAMS STREET. BROOKLYN. NEW YORK 11201, IN ROOM 224 on THURS-DAY January 16, 2014 at 2:30 p.m., the premises known as 390 Vanderbilt Avenue, Brooklyn, New York 11238 (Block 1959, Lot 48) and more particularly described as:

ALL that certain plot. piece or parcel of land. with the buildings improvements thereon erected. situate. lvina and being in the Borough of Brooklyn, County of Kings, City and State of New York, bounded and described as follows:

BEGINNING at a point on the Westerly side of Vanderbilt Avenue, distant 510 feet 4 inches Northerly from the corner formed by the intersection of the Westerly side of Vanderbilt Avenue with the Northerly side Gates Avenue;

RUNNING THENCE Westerly parallel with Gates Avenue and part of the distance through a party wall. 100 feet:

THENCE Northerly parallel with Vanderbilt Avenue. 18 feet 8 inches:

THENCE Easterly parallel with Gates and part of the distance through a lis domiciled at 602 Over-

≻LEGAL

> LEGAL NOTICES

party wall, 100 feet to the Westerly side of Vanderbilt Avenue:

THENCE Southerly along the Westerly side of Vanderbilt Avenue, 18 feet 8 inches to the point or place of BEGINNING

judgment: Amount of \$314,461.34 plus interest, fees and costs.

December Dated: 2013 Bonaldes, Esq., Melissa

Referee Forchelli, Curto, Deegan, Schwartz, Mineo & Terrana. LLP Attorneys for the Plaintiff

The Omni 333 Earl Ovington Blvd., Suite 1010 Uniondale New 11553

➤LEGAL

PROBATE CITATION FILE NO. 2009/2311 SURROGATE'S COURT NEW YORK COUNTY CI-**TATION**

THE PEOPLE OF THE STATE OF NEW YORK By the Grace of God Free and Independent To EDGAR WOUCHOPE, if

living and if dead, to his heirs at law, next of kin and distributees whose names and places of residence are unknown and if he died subsequent to the decedent herein, to his executors, administrators. legatees. devisees, assignees and successors in interest whose name and places of residence are unknown and to all other heirs at law, next of kin and distributees of CRE-SONA **GWENDOLYN** PALMER, the decedent herein. whose names and places of residence are unknown and cannot after diligent inquiry be ascertained.

A petition having been duly filed by ASLENE E. PALMER-BENNETT. who

≻LEGAL

brook Lane, Oreland, PA 19075.

YOU ARE HEREBY CITED TO SHOW CAUSE before the Surrogate's Court, New York County, at 31 Chambers Street, Room 509, New York, on January 24, 2014, at 9:30 o'clock in the forenoon of that day, why a decree should not be made in the estate of Cresona Gwendolyn Palmer lately domiciled at 602 Overland Lane, Oreland, PA 19075 admitting to probate a Will dated September 10, 2001, a copy of which attached, as the Will of Cresona Gwendolyn PALMER deceased. relating to real and personal property, and directing that [x] Letters Testamentary issue Aslene Palmer-Bennett. (State any further relief

requested) November 27, 2013 Dated. Attested and

Sealed November 27, 2013 (seal)

Hon. Nora S. Anderson Surrogate Diana Sanabria

Chief Clerk Spencer C. Gibbs. Rawlins + Gibbs, LLP Attorney for Petitioner

212-222-7005 Telephone Number 2610 Frederick Dopu-

glass Blvd., New York, NY 10030 Address of Attorney

[NOTE: This citation is served upon you are required by law. You are not required to appear. If you fail to appear it will be assumed you do not object to the relief requested. You have a right to have an attor-



ney appear for you.]

Train to become a NYS Certified Home Health Aide in just 16 days

Call today to register for September classes!

Jobs available upon successful completion Excellent Pay and Flexible Hours

MJHS® HOME CARE SOLUTIONS

Call 718-942-5888

We are an equal opportunity employer dedicated to a drug-free workplace. All training conducted by Bestcare, Inc. through approved NYS DOH Training Program and under contract with MJHS Home Care Solutions



PCT • CNA • HHA • EKG/PHLE/Pharm Tech MEDICAL ASSISTANT A+, BA, QA, SAP

CNA FREE Training if eligible

SOLAR TECH

Call: 718-263-0750

STUDENT VISAS @ LOW COST

WWW.ACCESSQUEENS.COM

Computer Programming (C++, Java, . Net , QA)

Computer Networking (A+, MCSE, CCNA)

Medical Assistant Dental Assistant ESL

Are You HHA? Upgrade to PCT

Nurse Aide (CNA) Patient Care Tech. **EKG & Phlebotomy** Pharmacy Tech. MS Office / CPR



Call Now: 866-488-6510

Financial Aid if qualify, Licensed by NYSED

Access Careers, Brooklyn 25 Elm Pl, # 201, Brooklyn, NY www.AccessCareers.Edu

BABY NURSE CLASS

- · Best Newborn Care class in the industry!
- Hospital Instructors & Full Certification!
- Includes Infant CPR

Become a Baby Nurse Today! \$300

ABSOLUTE BEST CARE.

Get your Certificate in one day Baby Nurse is non-medical & known as a Newborn Care Specialist

212-481-5705 • 732-972-4090

ENTER A CAREER IN HEALTH CARE

COMPLETE COURSES IN 4 TO 8 WEEKS Nurse's Aide Training 5 to 6 Weeks......\$685 Patient Care Tech (PCT), (PCA) Nurse Tech:.....\$690 Phlebotomy & EKG Training.....\$690 Having Difficulty Passing the Nurse Aide State Board Exam? TRY OUR 2 WEEK REVIEW COURSE..... PHARMACY TECH 8 WEEKS.. Nurse Aides Can Become Home Health Aides in 10 Days...\$480

Morning, Evening & Weekend Classes \$50 REGISTRATION FEE **NO HS DIPLOMA OR GED REQUIRED**

DAISLEY II INSTITUTE, INC

495 Flatbush Ave. • 2nd Flr. Brooklyn (bet. Lefferts & Empire Blvd.)

18-467-8497

Placement Assistance Available

- ★ PCA UPGRADE TO HHA
- ★ ADVANCED CNA/PCT
 - ★ PHLEBOTOMY & EKG/CPR
- **★ CNA WOUND CARE CERTIFICATION**

Come Visit Us At: LUDIE ALLIED INSTITUTE

718-558-4330

EMPLOYMENT OPPORTUNITY IN NURSING HOMES, HOSPITALS, MEDICAL OFFICES/CLINICS & PATIENTS' HOMES

Earn A Diploma and Skills: Train To Become A

HHA HOME HEALTH AIDE

(English & Chinese) **CNA-NURSE AIDE**

(State Board on Premises) **EKG TECHNICIAN** PHLEBOTOMY TECH

CLASSES EVENING

PATIENT CARE TECHNICIAN (nurse technician)

> • No Experience Necessary • Payment Plans Available • We Accept All Major Credit Cards

BULKAN'S EDUCATIONAL INSTITUTE
Licensed by New York State Education Department

44 Court St., 3rd Fir. Bklyn, NY 11201 718-624-7800

FREE 15-week job training program for bomeless & low-income women

First Step Program

Computer Training - Microsoft Word, Excel, PowerPoint, Outlook Internet Research . Resume Writing . Interviewing Skills Job Placement Assistance • Self-Esteem Building 2 Month Internship • Case Management • Typing Literacy Building . Mentoring . Yoga & Meditation Support Groups • Empowerment

GED not required . New class starting soon!

FREE Continental Breakfast & Metrocards Provided

For more information, please call (212) 776-2074





***************** **HHA/CNA/ EKG/ Phlebotomy**

Job Placement Assistance Available

Start Dates for Next Classes

HHA Day 01/06

CNA Day 1/13/14 ★ Wk/End 1/18/14 | 01/11 | (Wk/End) 1/11/14

Pre-Registration Going On Now State Board Exam on Premises for CNA Class Call Today To Register-Class Fills Quickly

718-206-1750

www.NYIHC.com New York Institute of Healthcare Careers, Inc. 161-10 Jamaica Avenue, 3rd Flr, Jamaica, NY 11432 Lic. by NYSED



HHA,CNA, PCA UPGRADE, CNA TO HHA

Schedule & ongoing registration

Weekend, full time or evening courses NO GED OR HS DIPLOMA NEEDED

Assistance for slow learners and Long time out of school placement assistance

√{:}(0)(0)[<u>#</u>

Find Your New Career in Our Learn to Earn **Education & Career Training** Section

53 • Caribbean

Life • Dec. 27 2013 - Jan

AMG School of Licensed Practical Nursing

BECOME AN LPN!

Class sizes are small intended for individual student attention.

We have a spacious state of the art facility and nursing laboratory.



After successfully completing the nursing program graduates will be well prepared to pass the NCLEX-PN examination, and obtain New York State Licensure as a Licensed Practical Nurse, LPN.

The school is approved by the NYS Dept. of Higher Education Division of Professional Education and the Board of Regency.

147 Prince Street 2nd Flr. (Near the corner of Flatbush Ave & Willoughby St.) Brooklyn, NY 11201

Tel: 718-596-5300



BOOST YOUR INCITE YOUR CAREER

Gain the media skills that will amplify your professional repertoire. Take low-cost classes in video production, marketing, and more.

BRICartsmedia.org/bme 718.683.5645

BRIC House

647 Fulton Street Brooklyn, NY 11217

To Advertise Here Call 718-260-2555 OR Fax 718-260-2549

LEARN®EARN!

EDUCATION & CAREER TRAINING





LONG ISLAND

91 North Franklin Street Hempstead, New York 11550 Phone: (516) 481-4444

We take care of your health

FCI can make it easy to change

Choose from the following fields...

Medical Office Assistant - Medical Office Assistant with GED nacy Technician - Certified Nursing Assistant ny and EKG - Medical Billing and Coding Day and Evening Classes Offered

Students enrolled in our Medical Office Assistant or Pharmacy Fech course are eligible to participate in The Federal Pell Grant Program as well as the NYS Tution Assistance program. All graduates will be offered Full Job Placement Assistance.

Call us 718-535-3333

franklincareer www.franklincareer.edu



All Medical Office Assistance Students will receive all their text books on a Brand New IPad... yours to keep upon graduation.

Have a Merry Christmas Happy New Year from **Cudley's Training Program**

CNA CLASSES

Evenings & Weekends

HHA CLASSES in English & Spanish

1 in Bronx Community since the 90s **Trusted Tried and True**

Plenty of Jobs Available for HHAs

Open weekdays and weekends **Bronx Location** 391 E. 149th St. @3rd Ave. Suite 521 718-401-9298 www.cudleys.com

FOR MORE CARIBBEAN COMMUNITY CLASSIFIEDS, GO TO WW.CARIBBEANLIFENEWS.CO

GET ON TRACK TO A GREAT NEW JOB.

What kind of work would you like to do? Do you have the skills you need to find and keep a job?

JOBMAP from Queens Library. It's free.

> Go to jobmap.queenslibrary.org to get started or phone 718-990-8625.



Ultrasound Med Assistant (RMA) Pharmacy Tech (PTCB) **Dialysis Technician**

Financial Aid if you qualify only for Medical Assistant (RMA)



Nurse Assistant (CNA)	\$699
EKG & Phlebotomy Combo	.\$699
Patient Care Technician (CPCT)	\$699
Medical Billing (CBCS)	\$699
Med Off Administration (CMAA)	\$999
Pharmacy Technician (PTCB)	\$999
CPR (By American Heart Association	
Valid 2yrs)	\$80

ACCREDITED INSTITUTE

NEW YORK MEDICAL CAREER TRAINING CENTER 500 8th Ave NY 212.947.4444 Flushing Main St **718,460,4340**

www.nymedtraining.com

BRAMSONORI

Our mission is education.

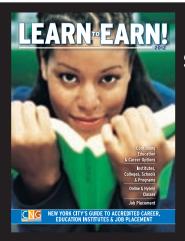
- Paralegal
- Medical Assistant
- Graphic and Game Design
- Electronics Technology
- Business Management
- Computer Technology

Apply Today 877-479-0705

Our focus is your career.

- Accounting
- Administrative Assistant
 - Renewable Energy
- Computer Programming
 - Pharmacy Technician
- CADD & HVAC and more!

Affordable Tuition • Financial Aid Available • Flexible Class Schedules National & Industry Exam Prep • Job Placement Services • Career Internships



Have your school profiled in

> LEARN **EARN**

Call 718.260.2555

ATTORNEY

ATTORNEY

MEET HERE

OFSHTEIN LAW FIRM, P.C. Personal Injury Lawyers, Immigration



1723 East 12th Street 4th Floor Brooklyn, New York 11229

Tel. 718-455 5252

Free Consultations

SOLVE JAMAICAN

LEGAL ISSUES

IN NEW YORK

AT NO EXTRA COST

DONE HERE

ALIMI

BANJOKO

Registered Foreign

Legal Consultant

NY, CA, & ONTARIO

BARRISTER- England & Wales

& ATTORNEY-AT-LAW- Jamaica

ATTORNEY

Soc. Sec./SSI Disability

Convenient to all Boroughs and Long Island

- NO FEE unless successful
- Over 35 years experience
- **Personal and Friendly Service**

Michael Schoffman 26 Court Street 718-852-0900

ATTORNEY

Antoinette Osbourne, ESQ.

By Appointment Only

IMMIGRATION- \$500 and up PLUS USCIS FILING FEES * UNCONTESTED DIVORCE- \$400 and up + court fees (excludes svc costs)* WILLS- \$300 and up* BANKRUPTCY DIVORCE, CHILD SUPPORT, ADOPTION REAL ESTATE, FORECLOSURE DEFENSE, LOAN MOD ESTATES *conditions apply to quoted prices above.

QUEENS 162-02 Jamaica Avenue #5, Jamaica, NY 11432 (Entrance On Union Hall Street)

Rockland County 80 E. Rte 59 Suite A, Spring Valley NY 10977 Tel. 718-502-9137 Fax 718-301-1233 osbourne@osbournelaw.com

ATTORNEY

HAVE YOUR RIGHTS BEEN VIOLATED?

call 718-243-0994

CIVIL RIGHTS

- Police Brutality
- Excessive Force
 - False Arrest
- False Imprisonment
- Malicious Prosecution

ACCIDENTS

Motor Vehicle Slip and Fall Trip and Fall Construction Accidents

MEDICAL MALPRACTICE

Medical Misdiagnosis Surgical Errors Wrongful Death

WALE MOSAKU, P.C.

LAW OFFICES

25 Bond Street, Brooklyn, New York 11217

ATTORNEY LOW **FLAT FEE** CONSULTATION

CONSUMER BANKRUPTCY

- CHAPTER 7 & 13
- ELIMINATE CREDIT CARD DEBT
- STOP CREDITORS HARASSMENT
- STOP FORECLOSURE
- STOP GARNISHMENT

DENRICK W. COOPER. ESQ

718-479-9500

CooperLegal@aol.com 207-23 Hillside Ave Queens Village N.Y. 11427

WE ARE A DEBT RELIEF AGENCY

ATTORNEY

LEGALLY SPEAKING **RADIO SHOW**

With Attorney Antoinette Osbourne

Sundays, 9-9:30am "On 93.5 FM"

Keeping our community informed on

FREE

Immigration • Bankruptcy **Divorce and Real Estate**

Call **718-502-9137** for more info

ATTORNEY

Protecting Your Rights and Assets

- Registered Patent Attorney (Patents, Trademarks, Copyrights and other intellectual property rights)
- Real Estate (Closings, Landlord/Tenant etc.) **Immigration**
- Family (Divorce, Custody, Child support etc.)
- Wills & Trusts



DL BENTLEY LAW GROUP PLLC Tel: 212-564-7740 Fax: 212-401-4041

Email: dlbentleyesq@gmail.com 350 5th Ave Suite 5720 (57th floor) New York, NY 10118

ATTORNEY

CRIMINAL LAW Experienced Criminal Defense Lawyers

Shepelsky & Associates 2306 Coney Island Ave • Brooklyn, NY 11223

Email: marina@shepelskylavu.com or patrick@shepelskylavu.com Our Criminal Defense practice includes, but is not limited to:

- Drug Crimes (Both Possession And Dealing) Robbery/Burglary Desk Appearance Tickets
 Bail Hearings/Parole Revocation

ATTORNEY/REAL ESTATE

THE BANKS HAVE SOMEONE WORKING FOR THEM. WHO DO YOU HAVE WORKING FOR YOU?

Are you in foreclosure?

18-385-5300

PROPERTY * BUSINESS * PROBATE

* DIVORCE * PERSONAL INJURY

OFFICE: 5306 Church Avenue, Brooklyn, New York 11203

Website: www.banjokomcglashanlaw.com

Email: ab@banjokomcglashanlaw.com

- · Are you having problems with your bank?
- Do you want to reduce your monthly payment?
- Do you want a loan modification?
- · Is your house worth less than you owe to the bank?

LANDLORD - TENANT ESTATE PLANNING WILLS/TRUSTS/PROBATE

OTIS A. THOMPSON



CONSULTATION THE LAW OFFICE OF

209-09 Jamaica Ave., Queens Village, NY 11428 Tel: (718) 264-1677 | Fax: (718) 217-7441



ATTORNEY

Attorney Marina Shepelsky, P.C.

Law Office

2306 CONEY ISLAND AVE. • BROOKLYN, NY 11223 Tel. 718-769-6352 Fax: 718-769-2391 Email: marina@shepelskylaw.com

Law Offices of Marina Shepelsky's Immigration Practice can help you in the following matters:

- Green Cards Through Marriage and Family Members
- Deportation Immigration Court Hearings
- Arrests and Immigration detention (Immigration Prison)
- Refugee and Asylum Petitions
- U.S. Citizenship and Naturalization
- Interviews with U.S.C.I.S.
- Work Visas and Business Visas
- · Investor Visas · Temporary/Short Stay Visas
- International Adoption Appeals
- Motions to Reopen Closed Cases

HELPING YOUR AMERICAN DREAM COME TRUE!

Please visit our immigration portal website WWW.E-US-VISA.COM

FOR ALL YOUR IMMIGRATION LEGAL NEEDS

Tel: 718-769-6352 • 718-769-6571

Violent Crimes • Domestic Violence Crimes • DWI.

ATTORNEY

★ DIVORCE ★ CUSTODY ★
★ CHILD SUPPORT ★ VISITATION ★
Divorce & Family Law Attorneys
Law Offices of
MARINA SHEPELSKY, P.C.
2306 Coney Island Ave. • Brooklyn, NY 11223

Tel: **718-769-6352** www.shepelskylaw.com Contested & Uncontested Divorce

- Child Support Child Custody Visitation Division of Marital Property
- Spousal Support & Alimony Pre- and Post- Nuptial Agreements **GET THE LAW ON YOUR SIDE!**

ATTORNEY

- FALSE ARRESTS
- ACCIDENTS
- CRIMINAL DEFENSE
 POLICE BRUTALITY
- PERSONAL INJURY
 TRAFFIC VIOLATIONS



Free Consultation • 212-528-0886 Email: Michael@mlarsonlaw.com • www.mlarsonlaw.com *No fee on false arrest or personal injury cases unless you recover*
Former Prosecutor and United States Army Attorney

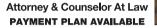
ATTORNEY

Work Permits • New Green Card Law

- Deportation/Removal
- Investor Employment
 - Appeals Marriage
- Criminal Unjust Convictions

Former U.S. Immigration Officer

Lecturer, Author ROBERT LIEBER



88-19 Roosevelt Ave. **Jackson Heights, NY 11372** Close to 90th St. 💷 🕜

ATTORNEY

CARIBBEAN IMMIGRATION AND LEGAL DEFENSE CENTER

77 Water Street, NYC 10006

30 Years Attorney Experience In FAMILY PETITIONS • MARRIAGE CASES

ADOPTIONS • NATURALIZATION

REMOVAL & DEPORTATION PROCEEDINGS ADJUSTMENT OF STATUS • WORK PERMITS • MOTIONS TO REOPEN

FIANCE VISAS • STOKES INTERVIEWS • ADVANCE PAROLE DIVORCE & ANNULMENT • FAMILY COURT • CRIMINAL COURT

SUPREME & CIVIL COURT LITIGATION • REAL ESTATE

Call: 212-349-4542

ATTORNEY

Oladeji O. Bolaji & Associates

Your One Stop Legal Center

- Real Estate
- Business
- Immigration • Wills
- Incorporation • Change of Name
- Divorce
- Landlord/Tenant

718-298-5251

www.oladejibolajilaw.com

91-16 Sutphin Blvd, Suite 202, Jamaica, Queens NY 11435

CLEANING SPECIALIST RESIDENTIAL & *COMMERCIAL \$50 per room \$25 per hall \$5 per step

CARPET & UPHOLSTERY

UPHOLSTERY \$90 Sofa \$75 Luv Seat \$60 Chair

Call 718-287-0579
*Call for Commercial Carpet & Upholstery Cleaning prices

TRIIE CLEAN CARPET

& UPHOLSTERY

ATTORNEY

FREE CONSULTATION



- Immigration Divorce
- Accidents
- Landlord/Tenant



Sunday and evening appt.

Call Attorney Abraham Chananashvili

Tel. 646-704-1062
Conveniently located in Brooklyn, NY 11234

DIVORCE/IMMIGRATION

no spouse signature required. no court appearance required

Divorce usually finalizes within 60 days

Immigration Tax ID

\$80 up \$120

3618 Church Ave. Brooklyn NY 11203 718-941-5100

CHIMNEY & FIREPLACE

Cleaning & Inspection

- **Blockages Removed**
- Gas Company Shut-offs Oil Burner Chimneys
- **Violations Corrected**
- Carbon Monoxide
- Spillage Resolved
- Gas Furnace Chimneys
- Re-Line Rebuild All Masonry Work

Roofing & Siding

Clean

ATTORNEY

IMMIGRATION

All your immigration needs Real Estate and Other Legal Matters

BROOKLYN LOCATION AVAILABLE

Call and inquire about 718.851.4521 immigration reform updates

Cedarhurst-575 Chestnut Street, NY 11516

516.374.5467

CALL FOR APPOINTMENT H. ZALCMAN-ATTORNEY AT LAW

Law Office of Lola Oni





 Immigration • Landlord/Tenant

- Real Estate
 - Family Law: custody, child support • Criminal - And more

718-375-6800 1850 Flatbush Ave., 2nd Floor (between Ave. K & L)

DIVORCE

+ court fees

Rush Service Available

80 Broad Street, 5th Floor, New York, NY 10004 12-504-2985

all major credit cards accepted www.absolutedivorceinc.com expires on 12/31/201 "Must bring in this ad for \$219 Special"

CLEANING

Friendly Cleaning Services Offices • Apartments • Houses

"We are a Nurse owned company. We know the meaning of clean!"



 Honest and **Reliable Staff**

Attorneys at Law

- Weekly and **Monthly Service**
- Affordable Rates

call **1-800-671-95** Servicing Brooklyn, Queens & Manhattan

ATTORNEY



LEVINE AND WISS, PLL

ALL TYPES OF ACCIDENTS!

- AUTO ACCIDENTS
- MALPRACTICE
- SLIP/TRIP & FALL



INJURIES!

- CONSTRUCTION ACCIDENTS
- ALL OTHER TYPES OF INJURY CASES

Proud to announce the opening of our newest location in Brooklyn. New York State's Sixth winningest Law firm for 2012. Source—Verdict Search

Prior Results Do No Guarantee A Similar Outcome

Se Habla Español

1-888 GOT HURT (468-4878) • 718-575-2222

455 UTICA AVENUE BROOKLYN, NY 11203 510 HEMPSTEAD TPKE, SUITE 206 WEST HEMPSTEAD, NY 11552

COMPUTER REPAIR

✓ COMPUTER REPAIR √ UPGRADE

√ TROUBLESHOOTING Virus Removal ● Data Recovery

Cracked Laptop Screen and Broken Power Jack Replaced

Call James 646-281-4475 718-324-4332

EXTERMINATOR



HOUR

ACTION **EXTERMINATOR** 212-465-7524

10% Discount if you ask for Charles

PEST CONTROL

Monthly Roach Service \$29.99

Monthly Mice Service......\$29.99

212.289.0400

STOP LIVING WITH ROACHES & MICE

JEWELRY

GOLD Is Up To \$1500 An Oz **Turn Your Unwated Jewels Into** YONKERS GOLD. SILVER & DIAMOND BUYERS MON -SAT 10AM- 6:30PM

2050 CENTRAL PARK AVENUE. YONKERS, NY (4 Blocks south of world 1-800-510-7073



CONSTRUCTION

Construction & Renovation Inc Westchester Lie #: WC-22361-H09 General Contractor

WATERPROOFING & ROOFING

ALL KINDS OF ROOFS

- Steam Cleaning Brick Pointing Masonry Work
 Scaffold Work Bathroom/Kitchen/Tile Sidewalks
 Stucco Painting Sheetrock Work Siding/Gutter

 PRICE!



FREE ESTIMATES

1284 Mace Ave. Bronx. NY 10469 AHMED: 718-652-6444/Cell: 917-567-2143

MOVING

MOVING

All Types of Moving Reliable **Dependable** Reasonable Rates



YEARS

Experience!

Free Estimates We Do Rubbish Removal

718-339-8888

CONSTRUCTION



NEW HEIGHTS CONSTRUCTION LLC

Siding • Windows • Roofing Fences • Kitchens • Painting • Baths Basements • Decks • Doors Awnings • Patio Enclosures Brick Pointing • Concrete Stucco

VISIT OUR ONLINE

NYC License www.newheightsconstruction ccom

FALL SPECIALS

FREE ESTIMATES

SHOWROOM

800-525-5102 718-767-0044

FURNITURE REUPHOLSTERY

Monthly Mice &

Roach Service....

STUDIOS, 1,2,3 BEDROOM

Perfect Touch Decorators **Expert Reupholstery All Furniture**

AMAZING SPECIAL! Kitchen Seats \$55 Including Vinyl (pullover)

Verticals/Mini Blinds • Cushions Refilled Recaning • Slipcovers - Plastic & Fabric

FREE Shop-at-Home Estimates Quality Service Over 30 Years Experience

718-263-8383

PLUMBING & HEATING

CNJ PLUMBING INC. 24/7 EMERGENCY SVC. Plumbing Repairs

• Hot Water Heater Repairs & Installation

• Boiler Repairs & Installation

• Sewer & Drain Cleaning

• Boiler Inspection

• Drain Video Inspection LIC. #2071

Residential & Commercial 917-837-5771 WWW.CNJPLUMBINGINC.COM

NTERNATIONAL DRIVER'S LICENSE NEW YORK STATE LEGAL REGISTRATION No: 200211





TAX ID NUMBER 6408 14 AVE BROOKLYN, NY 11219 www.itconline.info

Mon-Fri 10am - 7pm Sat-Sun 10am - 4pm

Office hours:

D TO 62 ST

CONSTRUCTION

(718) 941-3902

UNIVERSAL CONSTRUCTION & CARPENTRY CORP.

Lic. #HIC 1436395 & HIS 1074418 **COMMERCIAL & RESIDENTIAL** WATERPROOFING OUR SPECIALTY

• Steam Cleaning • Pointing Brick Work • Cement Work • Painting • Brownstone • Roofing

Serving All Boros

Insured

Fully

FREE **Estimates**

HOME IMPROVEMENT

Specializing in: Kitchens & Bathrooms • Finished Basements **Painting & Plastering** All Kinds of Carpentry & More Lic. #1252474 • Fully Insured

718-450-1851 Fax: 718-277-1963

www.HeronConstruction.net email: heron80@aol.com

Call Today ESTIMATE



START Looking In Our Classified SECTION Today

Looking For A New Job?

To Place Your Ad

Call or Fax

Tel: 718. 260.2

Fax: 718. 260



GARAGE RENTAL

➤ BROOKLYN GARAGE RENTAL

≻BROOKLYN

ROOM FURN

COMPLETE COMFORT

COMPLETE COMFORT
Daily Accommodations as
Low as \$60.
Private Kitchen and Bath.
SPECIAL RATES ON
WEEKLY / MONTHLY.
Call 917-805-7793
917-837-4139

HOUSE FOR SALE

Canarsie: Exclusive

1 family semi-det 3 bedrm dplx w/ finished basement.

Óriginal condition but well

\$389,000 JS362

BEST SELLER

#1 PROPERTIES LLC

718-646-6900

E.NY/ City Line

3 baths + basement

Excellent condition.

Price Reduced!

Delivered Vacant

➤ BROOKLYN

PUBLISHER'S NOTICE

All real estate advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise "any preference, limitation or discrimination because of race, color, religion, sex, handicap, familial status, sexual orientation or national origin, or intention to make any such preference, limitation or discrimination." We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

BROOKLYN **APTS UNFURN**

BEDSTUY, FLATBUSH **& CROWN HEIGHTS**

Newly Renovated 1-4 Bedroom S/S Appls, HWF. \$1,300-\$1,900/mo

Teresa: 973-756-6720 Dennis: 917-587-8867

Stuy/Flatbush/Crown Heights Newly renovated 1-4 bedrooms With appliances/hardwood \$1.300 - 1.900/ month Leroy Allen 347-720-9597

EAST FLATBUSH: 2 bedroom. Heat/ Hot water included. Section 8 OK. No Pets. \$1500 917-951-9639

FFEPS .SECTION 8 HASA, APARTMENTS

Available in All Boro's 1, 2, 3 & 4 Bedrooms Landlords are welcome

ASSETS BE GROUP 347-628-5143

➤ BROOKLYN ROOM FURN

East New York- Furnished room in private home. Share bathroom & kitchen. Call for info. 347-430-8035

➤ PENNSYLVANIA HOUSE FOR SALE

>FLORIDA **HOUSE FOR SALE**

Sebastian, Florida custom factory constructed homes \$45,900+, Friendly community, No Real Estate or State Income Taxes ,minutes to Atlantic Ocean. 772-581-0080.

www.beach-cove.com Limited seasonal rentals

>AUTOS WANTED

Donate your car to Wheels Wishes, benefiting Make-A-Wish We offer free towing and your donation is 100% tax deductible. Call 917-336-1254 Today!

≻HANDYMAN

≻HANDYMAN

APPLIANCE REPAIR SERVICE CASC Corp.

Appliance Sick? Call us Quick!

- Stoves Ovens Washers Dryers Dishwashers
- Air Conditioners
 Deep Fryers
 Ice Makers We Service All Restaurant Equipment **Expert Boiler Repairs**

"Don't Throw it Away, We Will Fix it Today"

All Work Guaranteed

SAM 718-773-1111 • 917-287-5027

➤AUTOS WANTED

➤AUTOS WANTED



≻PENNSYLVANIA HOUSE FOR SALE

➤ PENNSYLVANIA HOUSE FOR SALE

SMART & SAVVY FAMILIES ARE MOVING TO PHILADELPHIA

Exceptional Homes, Excellent Neighborhoods Much Cheaper Than NYC

MUST SEE TO BELIEVE!!! From \$200,000



646-361-4522 / 610-864-0072

Licensed Real Estate Broker in NY & PA

To Advertise Here

Call 718-260-2555

S O S E 0 S Y E N R D E C O O R N S P E E O S S T E H E C M N 0 S E S 0 В P N A A S N E A R т E G M E D E R E E D D A M



Caribbean Life is now distributed every Friday

Great Local Coverage

Great Coverage of the Caribbean

Great Columns

Great Sports Coverage

More Weekend Coverage More Entertainment Stories

and Now Just in Time for the Weekend



www.caribbeanlifenews.com

ADVERTISE WITH US AND REACH OVER

1 MILLION PEOPLE

ACROSS NYC TODAY!



CALL 718.260.2555













Q

