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Tie-ing into manhood

At a recent Monroe College Rite-of-Passage ceremony in the Bronx, Borough President Ruben Diaz, Jr. joined college president Dr.Stephen Jerome in administering the Rite of Passage for young men on the verge of Manhood. See Page 4

Photo Courtesy: Office of the Bronx borough president

Caribbean as next Global Breadbasket

By Nelson A. King

A report released in Washington, D.C. Wednesday by the Global Harvest Initiative (GHI) and the Inter-American Development Bank (IDB), says that Latin America and the Caribbean region can help feed a global population of nine billion people in 2050, provided the region implements key policy actions to

bolster agricultural productivity.

Drawing on knowledge and experience from more than 30 public and private sector partners, The Next Global Breadbasket: How Latin America Can Feed the World outlines challenges, recommendations and action items for policy makers, the donor community, farmers, agribusiness, and civil society.

Population growth and dramatic diet changes will, over the next several decades, place great stress on agriculture worldwide, it says, describing the role of Latin America and the Caribbean in addressing this challenge, as well as its opportunity to increase development, reduce poverty, and support social progress across

Continued on Page 5

CLOSER TO THE TRUTH

Rodney inquiry gathers steam

By Bert Wilkinson

A commission of inquiry probing the fatal bombing of Guyana-born US and Caribbean civil rights activist Walter Rodney 34 years ago is about to wrap up its first week of hearings with damning revelations surfacing about the lead up to his murder on a dark city street with party activists pointing fingers directly at the then administration of Prime Minister Forbes Burnham.

Testifying about clashes between the Working People's Alliance (WPA), the party that acclaimed international academic had founded in the 1970s, women rights activist and WPA member Karen DeSouza said the then head of government Burnham had openly threatened the life of

Rodney and other party executives and she was not at all surprised when a bomb exploded in his lap killing him on June 13, 1980. For her it was just a matter of time given the unbearably tense atmosphere in the country at the time.

DeSouza told the hearing this mid week that her first thought after the bomb exploded "was that he had been finally been killed by the government," adding that "Burnham made threats that the worst possible alternative, as they referred to the WPA in those days, should make their wills and that the People's National Congress's steel was sharper than any steel of the WPA." Burnham died in 1985 in office.

Continued on Page 5

Updated daily at www.caribbeanlifenews.com CARIBBEAN ROUNDUP

THE NEWS FROM BACK HOME

Bahamas

Relatives of a visiting Englishman who was shot and killed in the Bahamas are urging the authorities to combat the rising tide of violence being perpetrated against tourists and wealthy residents on Grand Bahama where six people have been murdered so far this year.

The latest victim was Edgar Dart, a British-born Canadian resident, who was gunned down as he tried to protect his recently widowed mother and other family members from three masked men armed with a gun and machetes.

Dart, 56, had challenged the intruders, who broke into his

mother's home art Emerald Bay near the city of Freeport.



According to

Assistant Commissioner of Police Emrick Seymour of the Royal Bahamas Police Force, three robbers tied up family members with duct tape and Dart was shot during the struggle.

He said attackers had apparently cut phone services to the house before the attack, and fled in a gardener's van. No suspects have been arrested as yet.

The police confirmed that the death was the sixth murder on Grand Bahama this year, with 30 overall in the Bahamas.

Grenada

Grenada Prime Minister Dr. Keith Mitchell says the International Monetary Fund (IMF) is likely to meet next in May to approve the island's "Home Grown Structural Adjustment Program."

Dr. Mitchell, who recently returned from the annual Spring meetings at the IMF and World Bank, told reporters the international financial institutions

had signaled its desire to meet and approve the package in May.



He said a sen-

ior IMF official, who is likely to chair the meeting, had met with Permanent Secretary in the Ministry of Finance, Timothy Antoine, on the matter.

The prime minister said the Grenada government is eager to see resources start flowing before the end of May.

Grenada will receive US\$21.9 million dollars as part of a three-



Threat to the starfish population

The fisheries sector in the CARICOM Region is an important source of food and income. See page 8. IPS/Desmond Brown

year program.

The IMF deal will unlock at least another US\$100 million in soft loans and grant funding, including US\$30 million each from the World Bank and Caribbean Development Bank and unlimited aid from the European Union.

Haiti

Since the cholera outbreak in Haiti in October 2010, the United Nations continues to struggle to stem the epidemic in the Frenchspeaking Caribbean country.

According to a report published in the Sunday New York Times, "Haiti is less equipped to tackle cholera that it was three years

It noted that the United Nations

has barely raised a fourth of the US\$38 million needed last year to provide lifesaving supplies,



including the most basic, like water purification tablets.

Predo Medrano Rojas, the United Nations secretary general's newly-appointed envoy for the cholera outbreak has attributed the shortfall to global "donor fatigue" in the

face of other humanitarian crises.

Since the outbreak began 8,562 people in Haiti have died from cholera.

Jamaica

The Press Association of Jamaica has condemned death threats sent to journalists who covered the murder trial of popular dancehall entertainer Vybz Kartel- whose real name is Addija Palmer, urging the police to ensure the safety of the media.

Kartel in a statement from

the prison where is serving a life sentence for the murder of Clive "Lizard" Wil-



liams, also urged the "misguided individual or individuals" from making the threats, saying "such action is not helping me or my fellow appellants and is playing into the hands of the police and others who are seeking to discredit me and prejudice the fair hearing of my appeal."

The Jamaica Observer newspaper reported that its crime/court desk clerk, Karyl Walker, had been receiving several threatening calls on his cellphone after the paper published the latest article on the case involving the entertainer. And Nationwide News Network said its reporter/producer, Abka Fitz-Henley, had also received death threats after the radio station aired the voice notes used by the prosecution in convicting the artiste and co-accused.

St. Kitts

Prime Minister Dr. Denzil Douglas says the twin-island Federation will receive assistance from the U.S.-based Clinton Foundation to improve efforts in developing the renewable energy sector.

He says he expects the collaboration will help reduce the island's dependence on fossil fuel as well as leading to cheaper rates for consumers of

electricity.

'We dependent upon the importation

petroleum products, diesel in particular from

which we generate electricity. Diesel is imported from overseas and there has been a very unstable climb in the price. The price keeps going up and up and up, with very few opportunities for it to come down," the prime minister said.

He told listeners on his weekly radio program that a team of experts from the foundation is due to arrive next month for discussions with the various stakeholders on this island.

St. Lucia

St. Lucia Prime Minister Dr. Kenny Anthony says he is concerned about EC\$150 million in non-performing bank loans, vowing that the problem has to be resolved.

Anthony, who is also finance minister, said if this is going to be achieved then the gap between the financial sector and the govern-

ment that makes the decision must be addressed.



'The time has really come for us to be one team,

one partner, but protecting our respective interests, but at the same time addressing the common interest of the jurisdiction that we manage," the prime minister said.

He praised the "sheer efficiency" of the Bank of Nova Scotia, adding that it belongs to a tradition of Canadian banking that has helped nurse Canada through "this extraordinary meltdown" with minimum damage.

Anthony said what is clear that the Canadian banks have become models for the rest of the world.

Trinidad

Attorney General Anand Ramlogan has asked the police to investigate how a confidential report on an illegal "Flying Squad" got into the hands of an opposition member of parliament and a daily newspaper.

An investigation was carried out by the police after Prime Minister Kamla Persad-Bissessar called

for an investigation into reports that the "Flying Squad" was set up under former



National Security Minister Jack Warner's jurisdiction.

The police and the Police Complaints Authority (PCA), which was also involved in the investigation cleared Warner of any wrongdoing, although the reports claimed there was some evidence that the parallel police unit may been in

Continued on Page 17

CARICOM explores new frontier for regional integration

Int'l Internet Governance School for the region



CAPTION: From left: Dr Olga Cavalli, Latin America Director, South School on Internet Governance (SSIG) Bernadette Lewis, Secretary General, Caribbean Telecommunications Union (CTU) Adrian Carballo, Institutional Relations Director, SSIG Emily Fitzpatrick, Business Development and Research Officer, CTU and Rodney Taylor, Business Development and Operations Manager, CTU, at the CTU headguarters, 4 Mary Street, St Clair, Port of Spain, Trinidad and Tobago.

PHOTO: GERARD BEST

By Gerard Best

Port-of-Spain, Trinidad:--The Caribbean faces a number of complex, deeprooted and interrelated challenges. Human resource development, economic growth, sustainable development and climate change all featured prominently on the agenda for the recently held 25th intersessional meeting of the conference of heads of government of the Caribbean Community (CARICOM).

A recurring theme in the quest to find solutions to these challenges is the role of Information and Communications Technology (ICT). Its prominence on the agenda was far from accidental. CARICOM Secretary General Ambassador Irwin LaRocque described ICT as "the new frontier for regional integration".

The creation of a Single ICT Space within our community should be pursued vigorously in our efforts to bring technology to the people," said LaRocque.

The regional body plans to focus over the next two years on developing a Single ICT Space as the digital layer of the CARICOM Single Market and Economy.

But history has proven that it will take more that speeches and press releases to bring this to pass.

It has been almost a quarter-century between Caricom's 25th intersessional and its tenth meeting of Heads of Government in 1989, when the notion of a common telecommunications space was first introduced.

Bevil Wooding, an international technology expert and one of the leading ICT voices in the Caribbean, believes the time is right, but rhetoric must be matched by investment in actual doing.

"The survival of the region's economies depends on its ability leverage modern technology to produce, compete and excel in the global environment," he

The work of implementing ICT development policy objectives falls largely on the Caribbean Telecommunications Union (CTU),

which plays a significant role in coordinating the region's response to technology-related challenges. In fact, the CTU was also established 25 years ago-the same year that the World Wide Web was invented.



Michigan Congressman John Conyers. AP Photo/J. Scott Applewhite, file

Conyers to resume fight for reparations

By Nelson A. King

As the Caribbean Community (CARICOM) heightens pressure on European countries over reparations for slavery, a leading U.S. congressman says he will re-introduce legislation seeking reparations for African Ameri-

"It is the most important piece of legislation I have ever introduced, and I will re-introduce HR40 in the 113th Congress," John Conyers (D-Mich.) told about 400 attendees at a major "Revitalizing The Reparations Movement" conference at Chicago State University last Saturday. The 113th Congress first met on Jan. 3,

Convers, who is also dean of the Congressional Black Caucus (CBC), said the actions of CARICOM nations in demanding reparations from Europe over slavery will revitalize the movement in the U.S.

"I think it is going to be a springboard for reparations," he said at the event, organized by the New York-based Institute of the Black World 21st Century (IBW) in collaboration with the U.S. Center for Inner City Studies and the Samuel DeWitt Proctor Conference.

CARICOM nations warned that if European nations fail to negotiate with them, they will take legal action in the Hagueheadquartered Court.

To date. Sweden is the only country that has indicated willingness to negotiate reparations.

Convers first introduced the measure, titled "Commission to Study Reparation Proposals for African Americans Act," in 1989 during the 101th Congress. The bill was referred to the House Judiciary Committee, where he is the ranking member.

The eight-page legislation, which was co-introduced by U.S. Rep. Bobby Scott (D-VA), said four million Africans and their descendants were enslaved in the United States and colonies that became the United States from 1619 to 1865, according to the North Star News & Analy-

The bill claimed that the U.S. Government sanctioned slavery from 1789 through 1865, enabling it to flourish.

At the same time, it said the U.S. deprived Africans of life, liberty, citizenship rights, and their cultural heritage. Slavery also denied Africans the fruits of their own labor, the bill claimed.

The Analysis said the Commission to Study Reparation Proposals for The African Americans Act would study the "lingering negative effects of slavery and discrimination and recommend appropriate remedies in consideration of the Commission's findings."

In addition, it said the Commission would examine defacto discrimination against freed slaves and their descendants.

Garifuna Arts & Culture Appreciation Month

By Chudi Chukwudi

In honor of the 13th anniversary of the UNESCO's proclamation of the Garifuna language, dance and music as masterpieces of the oral and Intangible heritage of humanity, The Garifuna Coalition USA, Inc. will celebrate Garifuna Arts & Culture Appreciation on May 18, 2014 in New York.

"We will recall the known and unknown artists who helped create this Garifu-

na Arts & Culture history," Garitfuna spokesman Lidan Aban said, adding: "Their contributions help illuminate the human experience and spirit, and they help us reflect on our City's ongoing

Throughout the month of May, the coalition will explore Garifuna Arts & Culture from the legends who set the foundation for the artists of the future," Aban said, adding: "We will

examine all articles, photos, galleries, timelines, videos and more," he added.

Garifunas proudly proclaim that their oral and intangible cultural heritage has enriched New York City's cultural landscape since 1823, when William Henry Brown -- recognized as the first American playwright of African descent wrote, "The Drama of King Shotaway," a play which is recognized as the first

black drama of the American Theatre that had as its subject the 1795 Black Caribs' (Garifunas) defense of the Island of Saint Vincent against colonization, led by Paramount Garifuna Chief Joseph Chatoyer.

The legacy of Garifuna composers, singers, songwriters, and musicians is an indelible piece of New York City's culture. For more information, call (347)488-

Bronx rite-of-passage ceremony

By Chudi Chukwudi

On Thursday morning April 24, Bronx Borough President Ruben Diaz, Jr. joined Monroe College President Stephen Jerome and dozens of mentors at the college's fifth annual Male Empowerment Event to help more than 300 high school students 'tie' into manhood.

After delivering an impassioned keynote speech in the college's Mintz Auditorium on Jerome Avenue in the Bronx, Mr. Diaz individually greeted many of the youngsters and helped them put on specially-designed royal blue-and gold (Monroe colors) ties that gave them a more business-like wardrobe and symbolically moved them into manhood.

"What does it mean to be a man?" Mr. Diaz asked in his keynote. "Before all these mentors got to do what they do and before I became the borough president, I was a man -- a man to my brother and sister, a man to my wife, and a man to my friends ... We may not have the winning lottery numbers for you





Left: Tying into manhood at Monroe College. Right: Monroe President Stephen Jerome welcomes a student into manhood.

Photos courtesy of Monroe College

in life," he said, "but we know what all the losing numbers are. What we want is to identify where it is you want to go and define how you are going to get there. The first step is education."

Mr. Diaz was reflecting the

theme of the day that was established by Mr. Jerome, who emphasized college as a key goal.

The Monroe College president referred to choices he had made as a student, as being a key to success.

"If I didn't make the decision to pursue a college education in spite of some obstacles, I wouldn't be here speaking to you today," he said.

After the speeches, the ties were distributed to the students and the mentors who were from all realms of the professional world: judges, businessmen and entrepreneurs, lawyers, and professors who helped the students put their ties on -- figuratively and literally, "tying into manhood."

"The mentors made it clear that if they can make it through, these kids can also be successful and move their lives forward," said the event's creator and Monroe Director of Admissions Cecil Wright.

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Walter Rodney inquiry deepens

Continued from cover

She also spoke about government using the House of Israel Sect then led by American fugitive David Hill of Ohio-aka Rabbi Edward Washingtonas political thugs who had brutalized party members, broke up political meetings and generally intimidated the party, calling relations between the WPA and the PNC as adversarial. Hill returned to the U.S. more than a decade ago and died

Hill back then had been a known civil rights activist in Ohio who fled prosecution from justice officials in there, claiming that he was framed for organizing boycotts of U.S. fast food chains which had discriminated against Blacks in allowing them to have franchises.

It is unclear if any members of the still functioning sect will be called to testify.

Responding, however, to questions from Barbadian Commission Chairman Sir Richard Cheltenham, DeSouza admitted that Rodney at various campaign meetings had publicly declared that normal democratic and parliamentary means to oust the Burnham administration were useless and that the PNC had to be taken out "by any means necessary."

Leading party activist had also admitted that the party was stockpiling weapons for a possible insurgency against the administration, which had been accused by opposition and rights groups of being an administrative dictatorship.

Rodney's brother, Edward, also testified on Tuesday, giving a similar account of the use of police to harass WPA members, arbitrary arrests and various forms of intimidation that ended with his brother's assassination on the



Dr. Walter Rodney

night of June 13, 1980.

Rodney is best known for publishing "How Europe Underdeveloped Africa" and other seminal works. Boston University has an academic chair in his name.

Earlier in the week the police administration was embarrassed with current Crime Chief Senior Superintendent Leslie James was only able to tender three police special branch files to the hearings, saying all the others were missing. Commissioners said they were surprised that such important files were not properly kept even as James was ordered to search properly and return for cross examination at a later date.

Breadbasket of the world

Continued from cover the region.

"Latin America has immense potential to help meet our planet's growing demand for food, feed, fiber and fuel in a sustainable, productive way," said Dr. Margaret M. Zeigler, Executive Director of the Global Harvest Initiative.

"By putting in place a comprehensive agenda of pro-agriculture policies, Latin America can attract the investments and innovations to become the 21st century global breadbasket," she added.

Zeigler said the region contributes 11 percent of the value of current world food production and represents 24 percent of the world's arable land and has about 28 percent of the world's land that has been identified as having medium to high potential for sustainable expansion of

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cultivated area. The region also has about 36 percent share of land that is within six hours travel time to a market.

"Already the largest net food exporting region in the world, LAC (Latin America and the Caribbean) has achieved only a fraction of its potential to expand agricultural production for regional consumption and global export," according to Ginya Truitt Nakata, Operations Senior Specialist at the IDB. "The next 10 to 20 years offer a critical window of opportunity to advance new forms of productive and environmentally sustainable agriculture in the region."

Nakata said key areas for policy action and investment in which the public and private sectors can and must move forward together include agriculture science, research and development; knowledge and extension services for farmers; transport and logistics infrastructure; irrigation, water management and mechanization technology; regional and global trade; and farmers' access to financial services: managing risk and availability of credit.

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Guyana revokes Canadian contractor's work permit

By Bert Wilkinson

GEORGETOWN, Guyana -- The Guyana government Wednesday said it had revoked the work permit and extension of stay of a Canadian contractor implementing a pro-democracy project on behalf of the American government, in a row over what officials said is linked to moves by Washington to undermine its tenure in office.

Cabinet and Defense Secretary Roger Luncheon said authorities had decided to send home Canada-born Glen Bradbury who had been implementing the \$1.5M Leadership and Democracy Project on behalf of the US since last year.

Despite denials from Ambassador Brent Hardt, government had openly accused the US of channeling money to anti government organizations ahead of long delayed local government elections that are expected this year, dubbing the project as provocative and designed to undermine its authority.

The US and other western governments had been pushing the administration



President Donald Rabindranauth Ramotar of Guyana.

AP Photo/Richard Drew, file

of President Donald Ramotar to organize elections not held for 18 years so as to re-energize highly dormant municipalities some of which have been unable to collect garbage on time and perform other routine

Luncheon said Bradbury is going home because he breached "the immigration laws of Guyana being offended by Mr. Bradbury and his actions in Guyana," vowing that government would not participate in the project until implementation is completely stopped and talks about its design and aim are clarified.

The governing party has been perennially suspicious of American administrations in past decades ever since declassified American documents showed that the US CIA had done much to

destabilize the PPP government and ferment civil unrest, arson and race riots that left more than 150 people dead in the early 1960s.

Some of the money was being channeled to ground around the country to hold leadership seminars and familiarize themselves with the local government electoral system as a generation has grown up without a clue about such polls.





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Caribbean fears loss of 'Keystone Species' to climate change

By Desmond Brown

CODRINGTON, Barbuda, April 26, 2014 (IPS) - A marine biologist has cautioned that the mass deaths of starfish along the United States west coast in recent months could also occur in the Caribbean region because of climate change, threatening the vital fishing sector.

Since June 2013, scientists began noticing that starfish, which they say function as keystone species in the marine ecosystem, have been mysteriously dying by the millions.

"The cause of the starfish dieoff which is taking place in the Pacific Ocean is not known at this time but it could turn out to be from a number of factors including climate change," John Mussington told IPS.

"If it turns out that climate change factors such as ocean warming are indeed implicated in the starfish die-off, then there is the possibility that the same thing could happen in the Atlantic and affect Caribbean species.

"We are living in an era when the predicted consequences of climate change are now reality. Large scale die-off of can therefore happen to us in the Caribbean," Mussington added.

Starfish play a key role in marine ecosystems. They eat mussels, barnacles, snails, mollusks and other smaller sea life so their health is considered a measure of marine life on the whole in a given area. Starfish are in turn eaten by shorebirds, gulls, and sometimes sea otters.

Mussington explained that something similar to what's happening in California has happened in the region before.

He told IPS that in 1983 there was a Caribbean-wide die-off of the black sea urchin, spreading from as far north as The Bahamas right down the chain of islands to the south.

"The long-spined sea urchin



An Arapaima, the world's largest freshwater fish, being kept in a man-made pond in Guyana. The Arapaima can weigh over 800 pounds and reach lengths of up to 10 feet. Unfortunately, they've been overfished commercially and are currently a threatened species.

IPS/Desmond Brown

was a kestone species in the Caribbean marine ecosystem, similar to the affected starfish in the Pacific-California ecosystem. The designation as 'keystone' is due to the fact that if there is anything affecting their large populations, then this can be interpreted as a reliable indication of problems

in the entire ecosystem that will likely affect other species," Mussington said.

"Something went very wrong with our Caribbean marine ecosystem in 1983 and the black sea urchin was wiped out – the species is considered today to be func-

Continued on Page 39

TB lab opens in Haiti

PORT-AU-PRINCE, Haiti (AP) — The University of Florida on Wednesday opened a state-of-the-art lab in Haiti to train researchers to better understand and fight tuberculosis.

The 1,500 square-feet (139 square-meters) facility will bring graduate students from outside Haiti to train Haitian technicians, who will then go on to work at the national laboratory, said Dr. Michael Lauzardo, division chief of Infectious Diseases and Global Medicine at the University of Florida in Gainesville.

There are only three other TB labs in Haiti and more are greatly needed.

The U.S. Centers for Disease Control and Prevention says that Haiti has the highest rate of TB in the hemisphere, and that nearly 40 percent of the people with TB go undiagnosed. The World Health Organization says that of every 100,000 in Haiti, people 296 of them have TB.

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LETTERS

OP-EDS

NBA rebukes racism

By Vinette K. Pryce

There has been no bigger story in sports this week. When the president of the United States, Hollywood's elite sports and entertainment community, Sunday news-talk shows, every late night comedian and social media weighs in on any topic the rest of the nation follows.

Since Saturday when a comment by Donald Sterling, the owner of the Clippers basketball team admonished his girlfriend of four years to refrain from promoting Blacks on social media, the entire nation seems attuned to the taped recordings.

"It bothers me a lot that you want to broadcast that you're associating with Black people," Sterling said during a rant to his girlfriend.

Reportedly angered that she, -- V. Stiviano -- posted a photo of herself with Magic Johnson on Instagram, Sterling said via tape "Do you have to?"

"You can sleep with (Black people). You can even let them in... you can do whatever you want."

"The little I ask you is not to promote it on that ... and not to bring them to my games," he added.

The statement went viral on the worldwide web and for that loose-lipped talk although privately made, created a firestorm reaction that heightened Tuesday with a lifetime banning by Adam Silver, commissioner of the National Basketball Association.

Regular television programming was interrupted in order to report from the press conference

called to release the authenticity of the statement. Reportedly Sterling admitted to making the statements enabling this decision.

"Effective immediately, I am banning Mr. Sterling for life from any association with the Clippers organization or the NBA," Silver said. "Mr. Sterling may not attend any NBA games or practices. He may not be present at any Clippers facility. He may not participate in any business or player personnel decisions involving the team. He will also be barred from attending NBA Board of Governors meetings or participating in any other league activity."

"The lifetime banning of Donald Sterling is a bold and appropriate action in this matter. This is a huge victory for those of us that stood against this ugly display of racism."

"I will urge the Board of Governors to exercise its authority to force the sale of the team," Silver said. "I will do everything in my power to ensure that that happens. ... I fully expect to get the support I need from the other NBA owners."

"The lifetime banning of Donald Sterling is a bold and appropriate action in this matter," Sharpton added, "This is a huge victory for those of us that stood against this ugly display of

Continued on Page 14

139-year-old whaling tradition in St.Vincent under siege: Report

By Nelson A. King

Whalers in the St. Vincent Grenadine island of Bequia are now under siege in a 139-year-old tradition that was once a big and profitable business, according to reports.

The profit for at least a dozen whale boats was before quotas and broad bans on commercial whaling made the hilly outpost off mainland St. Vincent the only place in the Americas to still allow Moby-Dick style harpooning, according to the Miami Herald.

The paper says Bequia whalers work under a quota that caps the take at no more than four whales during the four-month season from February to May.

So far this year, they've struck out, with the only humpback spotted and harpooned managing to escape.

But even before this season's so-far failed hunt, the Herald says whalers were fighting an increasing tide of resistance to Bequia's 139-year tradition — including from fellow natives who once were some of its strongest advocates of the hunt.

A former prime minister and one of the island's whalers are among those who have joined environmentalists and marine mammal scientists pushing for St. Vincent to replace whale hunting with whale watching.

"Harpooning whales in St. Vincent and the Grenadines should be a thing of the past. It doesn't add anything to our economy," said Gaston Bess, who after 20 successful whale hunts over the course of his more than three decades long career called it quits last year. "People should get excited and get their children excited in watching the whales in their natural environment and protecting them."

Earlier this month, the International Court of Jus-

"It was Yankee whalers who taught us and it was the European settlers who were here who took it up."

tice, banned Japan from hunting whales in the icy waters of the Antarctic, while Japanese online retailer Rakuten, under fire from conservationists, announced it would end all online sales of whale and dolphin meat by the end of April.

The Herald notes that Australia had led a four-year legal campaign against Japan's slaughter of about 1,000 whales a year in the southern ocean under the guise of scientific research.

The court ruling, however, doesn't ban Japan's in-country sales of whale meat or its hunting of whales in the northwest Pacific and its own coastal waters.

Still, some view the Antarctic decision as a victory for anti-whaling advocates, who for years have argued that there is nothing scientific about Japan's hunts.

They also argue that nothing supports continued whaling in Bequia, where it was introduced in 1875 by a Scottish settler, William Wallace, who had worked on American whaling ships.

Though it's old, it is not an indigenous or subsistence industry, said Louise Mitchell, chairwoman of the St. Vincent and the Grenadines National Trust, which has taken up the anti-whaling crusade.

"It was Yankee whalers who taught us and it was the European settlers who were here who took it up," says Mitchell. Today, she says, the few

remaining whalers "are holding onto it because it is a tradition. It's a passion that they have; it's something they are used to doing and people don't like change."

A native of Bequia, Mitchell is the daughter of former Prime Minister Sir James F. Mitchell, whose government in the 1980s was the first to vote with prowhaling Japan at the International Whaling Commission.

Environmental groups have long accused St. Vincent and the Grenadines other eastern Caribbean nations of throwing their support behind Japan in exchange for substantial sums of development aid.

But Tokyo and the St. Vincent and the Grenadines governments have always denied the claims, the Herald says.

"St. Vincent had an inconsistent position. We were whaling and yet we were voting against whaling," said the former prime minister, who led the country from 1984 to 2001.

"I decided to reconcile the position and got involved with Japan, and a lot of financing of the development of our fishery infrastructure, which had been terribly neglected."

But three decades and technological advances later — and after a whale-watching expedition of his own to Nova Scotia — the ex-prime minister, too, has had a change of heart, saying it's time for the island's 5,000 residents to transition from killing to conservation.

In 2012, the whaling commission renewed Bequia's whaling quota for six years — despite concerns about inhumane killing techniques, use of speedboats, the targeting of baby whales to lure their mothers and commercialization of the whale meat, according to the Herald, adding that the pro-

Continued on Page 14

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PUBLISHER: Clifford Luster
ASSOCIATE PUBLISHER: Ralph D'Onofrio
EDITOR-IN-CHIEF: Kenton Kirby
ASSOCIATE EDITOR: Kevin Williams

Contributing Writers: Azad Ali, Roderick J. Broome, Fabian Burrell, Tangerine Clarke, Robert Elkin, Patrick Horne, Nelson King, Donna Lamb, Tequila Minsky, Vinette K. Pryce, George H. Whyte, Bert Wilkinson, Lloyd Kam Williams

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LETTERS TO THE EDITOR are welcome from all readers. They should be addressed care of this newspaper to Kenton Kirby, Editor, Caribbean-Life Publications, 1 MetroTech Center North, Brooklyn, New York 11201, or sent via e-mail to caribbeanlife@cnglocal.com All letters, including those submitted via e-mail, MUST be signed and the individual's verifiable address and telephone number included. Note that the address and telephone number will NOT be published and the name will be published or withheld on request. No unsigned letters can be accepted for publication. The editor reserves the right to edit all submissions.

More wrong-headed decisions about guns

Maybe unbeknownst to us "normals" there was a wager going among the loonies who unfortunately walk the corridors of power, to determine who first would move to have American society tagged as hopelessly deranged, given how it is prepared to treat with the firearms proliferation issue. Let the record show that the state legislature in Georgia and the governor claimed the prize for that dubious honor last week with the so-called "guns everywhere" legislation that the governor signed into law.

Ready as ever to reaffirm for all who were willing to listen that this was no outlier action on Georgia's part was GOP presidential aspirant (past and maybe current) Rick Santorum. He asserted on the CBS "Face the Nation" program that, with respect to Georgia's new law allowing guns in certain parts of airports, "I don't think this is going to encourage some bad guy to cause harm at the airport, but if something bad does happen, there'll be someone there to stop it." At least it can't be said of Santorum that he's fuzzy on the issue. "A well armed America is a safer America," he declared. The NRA high command and their bedfellows probably

fired off a few rounds in celebration, upon hearing Santorum's ringing endorsement!

We need to be clear in our minds that it is indeed a would-be President of the United States regaling us with this level of insanity. The former Pennsylvania senator evidently couldn't be happier about parading his hand-in-glove affinity with the gun lobby. He had lost his Senate seat by the time those modest gun-control measures - background checks and limiting magazine clip size – came up in Congress in wake of the Sandy Hook school tragedy, and got defeated despite lopsided public support. No question Santorum would have been among those defying overwhelming popular sentiment and continuing to stand firm in the good graces of the NRA and company.

The firearms proliferation matter remains perhaps our definitive example of democracy gone awry. The disproportionate degree of influence the gun lobby exercises over elected officials is an outright scandal. To our collective shame it was given some big-screen projection when Congress decided that, presented with an opportunity to take principled action on behalf of

Viewpoint

By Les Slater

the young victims of Sandy Hook and so many others, balking was the best it could do.

The gun lobby does not discriminate, of course, as far as who gets targeted in its determination to mow down all impediments in its maniacal obliteration of whatever smacks of good sense in the gun debate. Like the Capitol Hill crowd, state lawmakers in Georgia also had the NRA to answer to, when debate came up on a bill to expand the locations to which firearms carriers had access, to include bars, schools, some government offices and places of worship among others. True to form, the Republican majority in the legislature flexed its muscles, to the delight of gun rights crazies, and even had a bit of Democratic support by the time they got to the final version of the legislation passed and sent to Gov. Nathan Deal.

This literal adherence to the language of the Second Amendment's

"right to bear arms" clause is nothing but a handy contrivance by movers and shakers on that side of the argument who well know said language was written in a far different time and circumstances. This is a non-existent consideration, naturally, as gun-rights advocates continue to demagogue the issue to the population sector for whom it has resonance. In Georgia, one news report quoted a police source as saying he anticipated that trouble arising down the road from the new law would trigger demands for the law to be tweaked, albeit pushback against such meddling was a given. And surely there are no limits to the kinds of "trouble" the "guns everywhere" legislation could provoke - from airport incidents quite different from Santorum's glossed-over scenario to a multiplicity of possible human emotion flare-ups. Not to mention the pause the worrisome combination of booze and guns in a bar should have given to crafters of this outrageous piece of legislation. One Democratic member of the state legislature reportedly commented, soberly, that he wondered what God proponents of the law prayed to, if they found it necessary to go to church with a gun.

Georgia's adopting, in very proud and deliberate fashion, this symbol of 19th century frontier life necessarily begets speculation as to how fares the state's reputation, going forward from the new law's July 1 implementation. One expects that any untoward happening(s) seemingly tied to the irresponsible scaling back of gun-carry restrictions would certainly have repercussions none too pleasing, even to the measure's staunch advocates. Even absent unfortunate mishaps, a different vibe developing about Georgia, particularly among outsiders, would be no surprise, the "guns everywhere" handle not one folks would think especially welcoming.

One thinks too of the impact of the ill-advised reversion to yesteryear on Georgia's people of color component. African Americans comprise more than half of the state's white population and around 30 percent of the overall population (per 2010 Census data). If we were to judge from the posse surrounding Gov. Deal at the photo-op for signing of the bill, the conspicuous African American absence probably says a mouthful.





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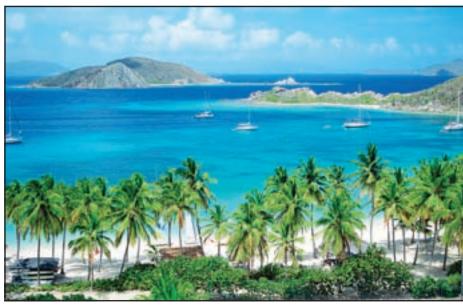
New Tourism Alliance for the Americas

Guiding Carib destinations toward sustainability

By Johnson Johnrose

Some of the world's most popular and appealing travel destinations are in jeopardy, vulnerable to issues like climate change and unsustainable development. Several leading organizations have joined forces to address these challenges head-on by helping tourism destinations in the Caribbean and Latin America to safeguard their natural and cultural assets, while enhancing communities and securing a vibrant regional economy.

The new Sustainable Destinations Alliance for the Americas (SDAA), which was launched today at an event in Barbados, marks the largest-scale effort to date through which public and private entities have united to focus on destination sustainability in the Americas. The Alli-



ance includes the Organization of American States, the Caribbean Tourism Organization, global NGO Sustainable Travel International, leading cruise vaca-

tion company Royal Caribbean Cruises Ltd., and the United States Government through the United States Permanent Mission to the Organization of American

States.

The SDAA will offer seven destinations in the Caribbean and Latin America significant support with their sustainability efforts.

Each participating destination will begin with an evaluation of destination management practices designed to recognize areas of strength, and to identify areas in which they have the greatest opportunity to improve. Destinations will also have access to an online sustainable tourism course called Sustainable Tourism Professionals, designed to facilitate implementation of sustainability practices, and a destination sustainability monitoring framework called SMART, which will support the tracking of key performance metrics. Results and lessons learned will be disseminated regionally to leverage market advantage, and to foster greater understanding among destination decision-makers.

Sustainable Travel International, the Alliance's non-

profit implementation partner, will conduct assessments in each destination using its Rapid Destination Diagnostic tool, which provides a snapshot of the destination's sustainability status, a summary of destination management priorities, and valuable input to inform and shape destination level policies.

The aim is for these seven destinations to follow the successful implementation of similar pilot programs in Cozumel, Mexico and Roatan, Honduras. Today's announcement is also the first step in an active effort to expand the SDAA to include more than 30 destinations in the next few years, which would make it the largest initiative of its kind in the world.

The SDAA initiative, which will become a criti-

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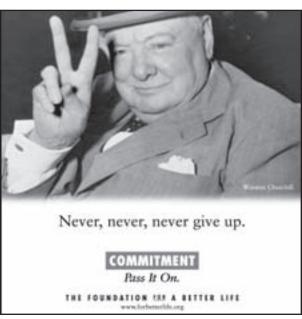
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OP-EDS

A throw-back to the days of slavery

Continued from page 10

racism."

Sharpton who hosts a Sunday morning radio show on WBLS-FM said then that the fans and advertisers would ultimately decide how Sterling would be reprimanded for the callous comment the billionaire made to his Black/ Mexican girlfriend.

"We must continue to make unequivocal stands against bigotry and racism. I look forward to speaking to NBA Commissioner Adam

Silver and beginning the dialogue with other civil rights leaders right away to discuss putting in measures to make sure this never happens

In other retaliatory acts against Sterling, the NAACP withdrew a promise to honor the team owner.

Film director Spike Lee also added to the national conversation saying "That is the mentality of a slave master. He sees his players as slaves."

Lee an avowed Knicks bas-

ketball fan told CNN's Anderson Cooper that Sterling is damaging the league.

"He's tainted the league and he's tainted America."

Since Sterling made the statement which directly put Magic Johnson in the spotlight, the players on the Los Angeles Clippers staged a silent protest by shedding their marked jerseys and reversing their outfits to conceal the name of their team, "It's a shame that Donald Sterling feels that way African Americans," Johnson said, "He has a team full of amazing African American basketball players that are working to bring a championship to Clippers' fans. The fans have a strong fan base."

Johnson said he was hurt by the comment but also added that if Sterling was forced to sell the Clippers team he was willing to buy them from the racist owner.

Sterling was also slapped with a \$2.5 million fine.

He is expected to litigate the commissioner's decision.

One man's meat is another man's poison

Continued from page 10

whaling vote was part of a deal to preserve similar hunts in Russia and Alaska, and was supported by the United States.

But Sue Fisher, an ani-

mal advocate with the Washington-based Animal Welfare Institute, hopes St. Vincent's license won't be renewed again.

"This category of whaling is an exemption to the commercial whaling moratorium that has been in existence since the 1980s and by some awkward quirk, the St. Vincent hunt got included," Fisher says.

"They are not able to

demonstrate a long-standing need for whale meat," she adds. "They like it, they eat it, but it's not meeting any nutritional subsistence needs. They are not struggling for protein."

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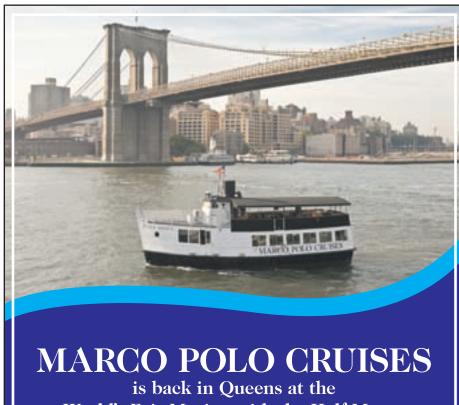
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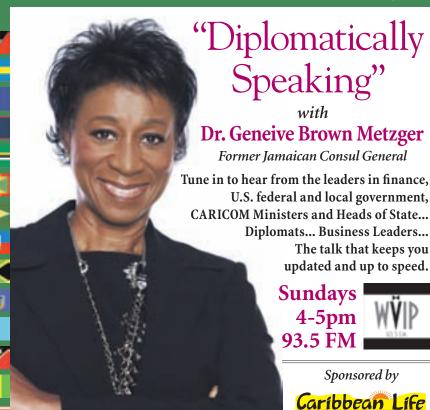




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most legendary and beloved groups. The Whispers began their timeless career in 1963, perfecting their tight harmonies on the street corners of Los Angeles and in nightclubs around the San Francisco area. With an impressive catalogue of hits over the course of forty years, they continued to rack up seven gold albums, two platinum albums, and twelve top twenty singles. Their quintessential hits include "And the Beat Goes

on," "Rock Steady," and "It's a Love Thing."

Launching his professional career in 1969 with the popular funk & soul group L.T.D., Jeffery Osborne always knew that R&B was for him. After a decade with the band as the lead vocalist, he decided to pursue a solo career, which produced such Top 40 hits as "Don't You Get So Mad," "Stay With Me Tonight," and a duet with Dionne Warwick, "Love Power."



Tourism

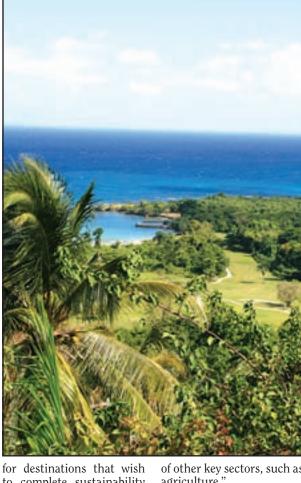
Continued from Page 12

cal component of the OAS Sustainable Tourism Program over the next two years, underscores the close inter-agency cooperation among the OAS and its regional partners, the strong involvement of key stakeholders, and collaboration with the private sector.

In-depth work in the first 7 destinations is being financed through resources provided by the United States Permanent Mission to the Organization of American States and by Royal Caribbean Cruises Ltd. through its Ocean Fund. Four destinations will be funded by the US Mission, and three will receive funding from Royal Caribbean Cruises Ltd.

The OAS Executive Secretary for Integral Development Sherry Tross says, "With the focus of this initiative on destination sustainability and management, we are strengthening our ability to assess issues that are critical to the competitiveness and destination product and to make targeted recommendations that, among other things, will help to ensure the maximization of benefits for local communities. For the OAS, it is important that these issues remain as an integral part of the sustainable tourism policy dialogue so we can respond effectively to the needs of our member states."

"It's critical that companies look at ways they can have a positive impact in the places where they do business," said Rich Pruitt, Vice President, Safety and Environmental Stewardship, Royal Caribbean Cruises Ltd. "We want to see the uniquely beautiful destinations of the Caribbean and Latin American region thrive, and are committed to collaborating with the organizations that can work to move these destinations toward greater sustainability." Pruitt also announced its Destinations for Tomorrow toolkit today - an online resource



to complete sustainability self-assessments, learn how to prioritize sustainability practices, and become part of a community of organizations and destinations with similar goals.

Pruitt then invited all destinations in the region to visit www.destinationsfortomorrow.com in order to be among the 75 cruise destinations that Royal Caribbean will sponsor to complete a destination selfassessment.

United States Ambassador Larry L. Palmer remarked, "We are proud to facilitate the strengthening of the tourism industry in the Caribbean and Central America to ensure that our region meets the highest sustainable tourism standards." He highlighted that "there's tremendous opportunity to keep tourism development on a steady path that emphasizes sustainability, authenticity, social equity and poverty reduction, ecological protection, stakeholder engagement, while keeping pace with the development of other key sectors, such as agriculture."

"We are thrilled to expand the work we have done in pilot destinations through the SDAA initiative," shared Seleni Matus, Vice President of Latin America and the Caribbean at Sustainable Travel International. "We believe that destination stewardship is a shared responsibility, and are delighted to bring together these organizations across sectors in a way that will maximize regional impact.'

CTO Secretary General Hugh Riley acknowledged that multi-sectorial partnerships are the ideal way to pursue sustainable tourism. "By bringing to bear the views of the public, private, and NGO sectors, this initiative supports our mandate to establish best practices in sustainable tourism."

Tourism destinations that wish to be considered for the in-depth, on-site assessments should contact Seleni Matus at selenim@ sustainabletravel.org or visit www.destinationsfortomorrow.com.

Go to www.Caribbeanlifenews.com for the latest in Caribbean news, entertainment, sports, business, viewpoints and more.

CARIBBEAN ROUNDUP

Continued from page 2

operation for some time in 2012.

Warner, however had distanced himself from the illegal police unit saying that he had advised the former police sergeant Mervyn Cordner, who was spearheading the move to the new investigative unit that he was not interested in his offer.

The AG is contending that the report was confidential and has implications for national security.

However, acting police Commissioner of Police Stephen Williams said at this time there is no investigation.

St. Lucia

British High Commissioner to Barbados and the Eastern Caribbean says the United Kingdom does not have any role to play in the ongoing marijuana debate in the Caribbean.

High Commissioner Victoria Dean, who was on a recent visit to St. Lucia told report-

ers, "It's not a debate that we have a role to play in, although I know that it is raging wildly around the region."

Dean said she understood that there are different arguments at stake, with some people believing that marijuana can make an important contribution

to the region.

However, she said it's an issue that needs to "run its course" in the Caribbean with "the right local players."

The diplomat said whatever course is decided upon is one the UK will have to respond to as it continues to work with the Caribbean in tackling crime, counter-narcotics and issues of a judicial nature.

Last month, Caribbean Community (CARICOM) leaders announced that they were creating a regional commission to analyze the possibility of legalizing marijuana.

Compiled by Azad Ali



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THE CARIBBEAN BUSINESS REPORT

Fun in the sun at Church Ave. Street Fair

By Tequila Minsky

With the morning chill burning off and very cooperating weather, the Church Avenue Street Fair drew families and singles, bargain hunters, hungry Brooklynites, and strollers, claiming finally, a walk in the sun.

The requisite roasted corn and cotton candy wasn't all on the menu. Local restaurants pulled booths into the street and offered \$1 samples for a chance to try doubles, spring rolls, or samosas-Jamaican, Thai or Indian appetizers-, along with on-the-go food servings. In outdoor seating, others ordered full dishes off restaurant menus.

At the Coney Island Ave. end of the avenue and highlighting clothes, accessories, and styling from Church Avenue businesses, "Island Style" led the staged events with a show of adult and children's fashions. Low low keyed, comedian Vlad Calixte entertained the crowd between the sets of "island breeze," children's dress up, evening couture and bridal fashions. Continuing through the afternoon, DJ Wizzy rocked the street with island sounds.

Local service organizations including CAMBA, Diaspora Services and the



Children's Corner early childhood center provided information tables. The Fire Department of NY chatted up kids, at their table, and gave out plastic fire helmets. Vendor rides lured children.

Block party sponsor Church Avenue BID (Business Improvement District) enhances the district for businesses, residents, and shoppers and promotes the neighborhood as a shopLeft: The staff of the multi-service agency CAMBA ping destination. The awn-



Above: Jennifer Celestin (center) with her BFFs after eating lunch outdoors on Church Ave. "We were just walking and happened on the street fair," said Jennifer who lives nearby.

fielded questions and provided information about their many services for the community.

Photo by Tequila Minsky

ing program initiated by the BID was mentioned by one of the booth vendors as a program improving the appearance of both longtime and new Church Ave. businesses.

The Island Style fashion show organizer, Guyanese-born Ronnette A. Cox, comes to the Church Ave. BID after a successful 10-year career in the fashion industry. Switching gears a bit, she is dedicating her time and efforts into learning how to support and engage her community. Next event planned: the June 21 Church Avenue Caribbean Music Festival.

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www.nvsl.nvsed.gov/reference/busref.htm Selected business-related web sites compiled by staff at the New York State Library for use in response to reference

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manhattan.about.com/od/careersjobs/a/ nysmallbusiness.htm Find resources and advice on starting a

business in New York City. Get information on New York business licenses and incorporation, free NYC resources for starting a business.

Your Money New York - Help and Resources for Small Businesses

www.yourmoneynewyork.com/helpresource/smallbusiness/index.php This section of Your Money New York is designed to help small business owners and New Yorkers interested in starting a small business.

Small Business Resources -The Business Council of New York

www.bcnys.org/inside/smallbusiness.htm Capital Business Blog - Read about the

Visit www.nyfirst.ny.gov to learn what New York State can do for businesses.

Resources for Businesses in New York City - bfandapc.com

www.bfandapc.com/...businessresource.../resources-for-businesses-i If you operate a business in New York City, you are especially fortunate. The city has pulled together a wealth of resources for small business owners.

Small Business Resource Guide - New York - HUD

www.hud.gov/offices/osdbu/resource/ guide/local/newvork.cfm 100+ items – to assist the small business community in the State of New York.

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Tips for staying healthy past your 50th birthday

(Family Features) A healthy lifestyle is necessary at any age, but for those over 50, it's especially important. As you age, your body changes, and your risk for health problems increases. Fortunately, there are three simple things you can do to lead a healthier and happier life.

EAT HEART HEALTHY

If high blood pressure isn't controlled through lifestyle changes and/or medicine, it can lead to stroke, heart disease, eye problems and other serious health issues.

A great way to establish a heart healthy diet is by reducing your sodium intake, which may reduce the risk of high blood pressure. Starting the day with a low-sodium ready-to-eat breakfast cereal is just one way to choose a healthier lifestyle. For example, according to a recent survey, 9 out of 10 physicians recommend Post Shredded Wheat cereal as part of a low-sodium diet to help support healthy blood pressure levels, (based on

HEALTH

an online survey of 400 physicians conducted by Wakefield Research. Results of any sample are subject to sampling variation).

ENJOY NUTRIENT-DENSE FOODS

As you age, your body needs fewer calories for energy – but still needs the same amount of nutrients. It's important to make your calories count by eating foods packed with good nutrition such

- Fruits and vegetables: Fresh, canned, frozen - it doesn't matter. Vegetables are loaded with vitamins and minerals your body needs.
- Protein: Add some variety to your diet with delicious protein sources such as fish, beans
 - Whole grains: The Die-

tary Guidelines for Americans recommends at least three servings of whole-grain foods each day (16g per serving or 48g per day).

GET MOVING

Physical activity and regular exercise can decrease the risk of heart disease, stroke, colon cancer, diabetes and high blood pressure. The Centers for Disease Control and Prevention recommend those 65 years of age or older, who are generally fit, and have no limiting health conditions, try to get:

- Two hours and 30 minutes (150 minutes) of moderateintensity aerobic activity, such as brisk walking or yoga, and
- Muscle-strengthening activities two or more days a

You should consult your physician or other health care professional before making changes to your diet or exercise plan to determine what is right for your needs.



Physical activity and regular exercise can decrease the risk of heart disease, stroke, colon cancer, diabetes and high blood pres-Photo courtesy of Getty Images

In addition to taking up walking or voga, joining group activities or sports are great ways to keep moving. In 2014, Post Shredded Wheat will be partnering with the National Senior Games to grant 20 seniors the opportunity to participate in their local Senior Games. Those who submit entries will also be asked to sign a petition to get the National Senior Games to add a 20th sport in 2015. To apply

and sign the Post Shredded Wheat "Game On" petition, visit www. PostShreddedWheatGames.com.

Taking care of your blood pressure, enjoying healthy foods, and staying active are three steps you can start taking today to help you get and stay healthy for tomorrow. You can learn more about the nutritional benefits of Post Shredded Wheat at www.PostShredded-Wheat.com.





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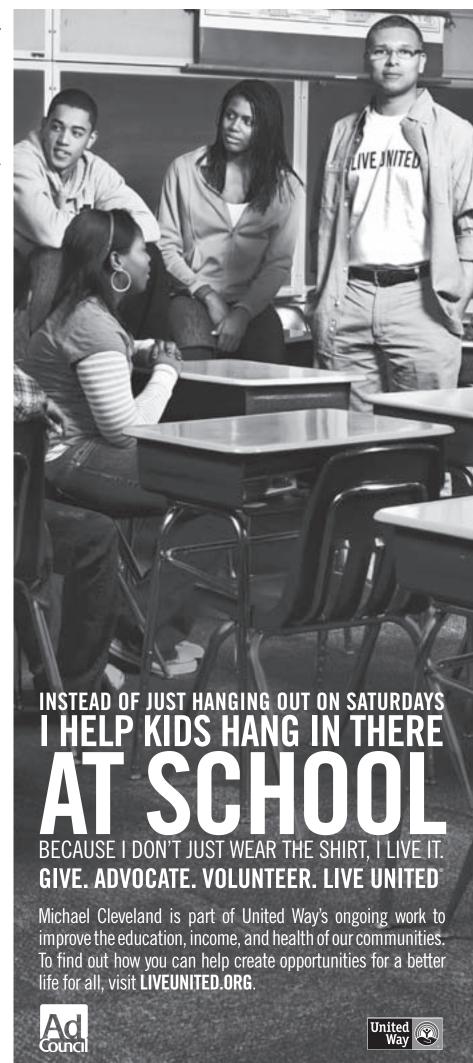
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GraceKennedy Group CEO to address Diaspora Forum

Group Chief Executive Officer of GraceKennedy Ltd., Don Wehby leads a distinguished panel of speakers scheduled to participate in an interactive engagement titled "Caribbean Forum," organized by Grace Kennedy Money Services and its business partner Western Union. The forum which is being held under the theme, "Engaging the Diaspora – Enriching the Caribbean," will take place on Thursday, May 8 starting at 5:30 p.m. at Tropical Paradise Ballroom in Brooklyn. Admission is free.

Members of the Caribbean Diaspora are invited to come and listen to several illustrious speakers as they explore and exchange ideas on: Economic Integration through Education and The Impact of the Dream Act on Education.

Joining CEO Don Wehby at the Caribbean Forum are: James Moss-Solomon, execin-residence at the Mona School of Business, University of the West Indies (UWI); Sean Mason, regional vice president Caribbean, Western Union and Brian Figeroux, Esq., attorney-at-law, Figeroux and Associates.

The guest speakers bring a vast wealth of knowledge and experience having worked regionally and internationally in a variety of disciplines. James Moss-Solomon is the consummate Caribbean professional with proven expertise in commerce and industry and is a key player in a



GraceKennedy Group CEO Don Wehby

Photo courtesy of GraceKennedy

body of work surrounding negotiation, trade relations and other matters related to CARICOM. Currently, he is on secondment to the Mona School of Business and Management at the University of the West Indies (UWI) as Executive-in-Residence. Sean Mason is responsible for Western Union's business across 29 countries and territories in the English, French and Dutch Caribbean, encompassing all company products and services, as well as agents' relationship management. With a strong finance and marketing experience, prior to joining Western Union, Mason held positions at globally respected financial institutions, such as American Express and KPMG Peat Marwick, working in Jamaica and the United States.

New York attorney Brian Figeroux, rounds out the

list of speakers who will address the forum. An attorney who is passionate and concerned about his community, Figeroux sees first-hand, on a daily basis, the issues and struggles of minority communities. He strongly believes in giving back to the communities, which supports his practice and subscribes to the Chinese proverb of "Give a man a fish and you feed him for a day. Teach a man to fish and you feed him for a lifetime." As a result, he has also set-up the New American Chamber of Commerce (NACC) which he supports financially and otherwise to address the concerns of small businesses in the Black and Latino communities.

With the continued growth of the Caribbean Diaspora, more and more entities are realizing the vast potential of this group and are seeking to engage them in investment opportunities, which would enrich the region.

A recent World Bank study underscores the important role that the Diaspora can play in the Caribbean's economic development, but points to several challenges that must be addressed, if we are to fully capitalize on the economic potential of this sizeable, well-educated, and affluent demographic.

More information about the Caribbean Forum is available by calling (718) 693-0300 or (718) 576-4438.



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EXERCISE AND THE CLDER WOMAN

he aging process has a way of making **L** people risk-averse. Financial advisors typically recommend that men and women steer clear of risky investments as they age, and men and women over 50 often make lifestyle choices to reduce their risk of developing certain medical conditions. As women age, some may feel exercise is simply too risky. Hormonal changes brought on by aging decrease a woman's bone density, and that fact makes many women over 50 hesitant to embrace exercise. But exercise plays a key role in helping women

over 50 secure their longterm health and reduce their risk of injury.

Exercise promotes independence

Some women feel that exercising after 50 increases their risk of injury, which can make them overly dependent on their loved ones. But exercise, in particular strength training, slows bone deterioration, helping bones stay stronger longer and reducing a woman's risk of suffering a potentially debilitating injury. Independence is especially important to seniors, many of whom spent years

planning their retirements and awaiting the day when they would be free to travel at their leisure. Daily exercise can help women maintain that independence by reducing their risk of injury and other ailments that can be confining.

Exercise can improve sleep

Some women who are fighting fatigue may feel that routine exercise will only make them more tired. But exercise actually improves energy levels and makes it easier to get a better night's rest.

Continued on page 26

Advice for aging athletes

Retired professional athletes often speak about the difficult moment when they knew it was time to retire from professional competition. The transition can be easy for some but far more difficult for others. But aging amateur athletes know you need not be a professional to realize there comes a time when your body is telling you it's time to ease up.

Athletes are used to pushing themselves and stretching their limits, but some limits are best not pushed. Such is the case with the limits posed by aging. While athletes don't have to completely fold up shop and hang up their cleats, tennis shoes, or other athletic equipment as they approach senior citizen status, there are steps aging athletes can take to ensure they aren't pushing their bodies too far as they grow older.

Recognize your new recovery time

Veteran athletes tend to have a sixth sense about their bodies, knowing how long they need to recover from common ailments like ankle sprains, knee pain, back pain, and shin splints. Despite the body's remarkable ability for recovery, it's not immune to aging, and that recovery time will increase as the body ages. Whereas a sprained ankle might once have been as good as new after a few days or rest, aging athletes must recognize that the same ankle sprain now might require more recovery time. Returning too quickly from an injury can only make things worse for aging athletes, so don't push yourself.

Take more time to warm up

As the body ages, its response time to exercise

increases. This means the body needs more time to prepare itself for cardiovascular and strength-training exercises. Increase your warmup time as you age, gradually increasing the intensity of your warmup exercises until your body feels ready for more strenuous exercise.

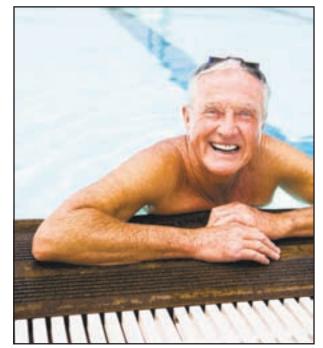
Focus on flexibility

The more flexible you are, the more capable the body is of absorbing shock, including the shock that results from repetitive activities. But as the body ages, it becomes less flexible, which makes it less capable of successfully handling the repetitive movements common to exercise. Aging athletes should focus on their flexibility, stretching their muscles before and after a workout. In addition, activities such as yoga can work wonders on improving flexibility for young and aging

athletes alike.

Don't stop strength training

Some aging athletes mistakenly feel they should stop strength training as they get older. No longer concerned about building muscle, aging athletes might feel as if they have nothing to gain by lifting weights and continuing to perform other muscle strengthening exercises. But the body gradually loses muscle mass as it ages, and that loss puts the joints under greater stress when aging athletes perform other exercises. That stress can put people at greater risk for arthritis, tendinitis and ligament sprains. While you no longer need to max out on the bench press or challenge yourself on the biceps curl, it is important to continue to make strength training a part of your fitness regi-



Aging athletes need not associate aging with ceasing their athletic pursuits. But recognizing your limitations and the changes your body is going through is an important element of staying healthy as your approach older adulthood.

men as you age.

Aging athletes need not associate aging with ceasing their athletic pursuits. But recognizing your limitations and the changes your body is going through is an important element of staying healthy as your approach older adulthood.

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Learn and Live



Exercise

Continued from page 25

Numerous studies have shown that routine exercise can improve sleep quality and even increase energy levels throughout the day, something that should raise an eyebrow among women who do not exercise but routinely find themselves fighting fatigue.

A more quality night's rest improves vitality, making it easier for women to exercise and make it through the day without feeling fatigued.

Benefits those with limited mobility

Women over 50 with limited mobility may feel that exercise serves no purpose because of their disability or physical condition. But even women confined to wheelchairs or those forced to walk with a cane or walker can benefit from cardiovascular exercise and even light strength training.

Such exercises can improve a woman's range of

motion while reducing her risk of heart disease.

It's never too late to start exercising

Many aging women feel their time to embrace exercise has long since passed. But it's never too late to start exercising. Women should take a conservative approach when exercising after a long hiatus, beginning with a slow walk around the neighborhood or a local park.

Walking is a great beginner's exercise, as it provides a good cardiovascular workout while working a variety of muscle groups.

As your body readjusts to physical activity, gradually increase the intensity of your exercise sessions, adding some strength training, ideally under the supervision of a professional.

Always stretch immediately after each exercise session, and give your body ample time to recover, especially when you begin your new regimen.

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Orly Marley named to Grammy governance

aren't already envied for winning the most Grammy awards in the reggae category during the annual presentations voted by members of the National Association of Recording Arts & Sciences (NARAS), now Orly Marley, the wife of six-time Grammy-winner David "Ziggy" Marley has just been elected a governor of the Los Angeles Chapter of The Recording Academy. Recently named to the governing body that decide eligibility for nomination and consideration for the coveted music honor, Orly has been married to Rita and Robert Nesta's eldest son for nine years.

The Israel-born Orly Agai Marley and her musician husband have three children – daughter Judah Victoria and sons Gideon Robert Nesta and Abraham Selassie

In addition, she manages her husband's career.

Reportedly, Agai's family moved to Los Angeles when



she was 14-years-old. She spent more than a decade working at the entertainment industry's prestigious William Morris Talent agency. Along with his brother Stephen, sisters Sharon and Cedella -- that comprised the Grammy-winning recording group Ziggy Marley & The Melody Makers - he was signed to that booking agency.

In her new position, Marley joins the 40-member voting group which includes Lalah Hathaway, Marcus Miller, Ray parker Jr, Booker T., Earth, Wind & Fire musician/singer Verdine White and a long list of celebrated Grammy-nominees and winners.

"The Los Angeles Chapter holds the distinction of being the organization's oldest and largest Chapter. Founded at Hollywood's legendary Brown Derby restaurant in 1957, the California chapter is located near the national headquarters of NARAS in Santa Monica, Calif. With more than 5,400 members it remains focused on music and arts education, and their importance to the development of the next generation of artists and community leaders..."

The chapter has embarked on an ambitious, diverse slate of activities and programs to accomplish these goals. Throughout the year, the chapter presents educational and professional development programs aimed at educating industry professionals and the local community as a whole. More than anything, the governors from the chapter influence the



Ziggy Marley, at left, and his wife, Orly Marley arrive at the premiere of "Marley," Tuesday, April 17, 2012, at The Dome at Arclight Hollywood in Los Angeles.

AP Photo/Katy Winn, file

future of all 82 genre represented annually.

Since the 1984 introduction of a Best Reggae album category, the Marley brothers have dominated the nominations. Consistently named as contenders in the category, Ziggy, Kymani, Julian, Damian, Stephen, Richie Marley and Ziggy Marley & The Melody Makers have annually been named among the genre's

best recorders. Earlier this year, Ziggy repeated his streak winning his fifth for "Ziggy Marley In Concert."

Last month he released "Fly Rasta" which debuted at number one on Billboard's Reggae Album Chart. The popular, reggae musician recently appeared here at SOB's Club & Restaurant in Manhattan.

Incidentally, Ziggy's brother Stephen -- who has won the most golden, miniature gramophones -- stopped into New York last week. Seemingly the alternating reggae winner with his brother Ziggy -- Stephen won his sixth last year with the release of "Revelation Part I: The Root of Life."

In July, he will follow up with the release of "Revelation Part II: The Fruit of Life." Here for a concert and sneak peek into his latest work, Stephen joined friends and associates at the Dream Hotel's Electric Room in Manhattan on April 21.

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Teatime, fashions to benefit cancer

By Tangerine Clarke

The ladies were decked out in fancy hats and lace gloves, while the gents were dressed to impress, all in the name of charity, to benefit the Health Education and Relief Organization for Cancer (HEROC) at its themed "Fascination Tea Party" held recently at St. Stephen's Church, Brook-

The first such fundraiser of the recently launched trust was packed with entertainment. From solos by Christine Williams and young Marie Rajcoomar to a runway show by designers Gem Fraser, Jean Kellman and Sonia Noel, sponsors and patrons alike enjoyed a splendid humanitarian event. In addition, Impressions Dance Theatre wowed the audience with their fancy footwork.

A best decorated table competition and loads of



Models in hats and outfits from the Gem Fraser Collection.

Photo by Tangerine Clarke

donations gave the nonprofit much needed dollars that will go towards the care and wellbeing of cancer patients in Guyana. Special prosthetic bras and donated wigs will help survivors to deal with their altered physical appearance.

Benefactors feasted on delicious tri-color cake and Continued on Page 32

Feliciano returns to **Lehman Center**

By Deardra Shuler

Multi-Award winning Latin singer, composer and guitarist, Jose Feliciano, will be back at Lehman Center for the Performing Arts in the Bronx after a four year absence. The singer appeared at Lehman in 2006, 2008 and again in 2010. So, returning to Lehman Center, located at 250 Bedford Park Blvd. West, on Saturday May 10 at 8:00 p.m., the day before Mother's Day, will be like old home week for the musical star.



Musician Jose Feliciano at Madison Square Garden in New York.

AP Photo/Mary Altaffer, file

The Lifetime Achievement Award winner is best known for his chart-topping recording of "Light

Continued on Page 32



Twelve-year-old Young Devyn will be performing at The Whitman Theater at the Brooklyn Center for the Performing Arts at Brooklyn College.

Star-studded artists at BCBC concert

The Mighty Sparrow, internationally recognized as the Calypso King of the World and credited for popularizing the annual Mother's Day Saturday Caribbean Concert in New York City, is performing at this year's spectacular concert. "The Mother We Love You Concert" will be held on Saturday, May 10, 2014, 8:00 p.m., at Brooklyn Center for the Performing Arts at Brooklyn

College.

Joining Sparrow on stage is a stellar cast of Caribbean artistes including Singing Sandra, the dynamic Jamaican Braata Jamaica Singers, Guyana's sensation Tony Ricardo, Antigua's indomitable King Short Shirt, and Chucky Gordon, the 2014 National Calypso Monarch of Trinidad & Tobago.

"It's a pleasure to be back on the

big Mother's Day Saturday Concert stage," says Sparrow. "I want fans to know that The Sparrow appreciates your prayers during my illness and recovery. Moms can expect a dynamic performance from me at Brooklyn Center."

Other icons serenading moms at the gala concert include the Shadow and Calypso Rose.

Continued on Page 32

TOP OF THE **CHARTS TOP 10** SINGLES Pharrell Williams All Of Me John Legend **Dark Horse** Katy Perry Featuring Juicy J .. **Talk Dirty**

Jason Derulo Feat. 2 Chainz

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American Authors

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Team

Continued from page 31

Young artists, in addition to Chucky Gordon, include Lyrikal, a 2014 International Soca Monarch finalists and Young Devyn.

B'klyn Center Concert

The concert is presented by Everybody's "Caribbean" Magazine and co-sponsored by Municipal Credit Union (MCU), Western Union, Grace Foods, Tower Isles and Dennis Shipping.

The Sunshine Orchestra is providing the music for the nine veterans and emerging superstars on the star-studded bill. They are:

The Mighty Sparrow, the Calypso King of the World, is about to be presented with Trinidad & Tobago's highest award, The Order of the Republic of Trinidad & Tobago.

Roderick "Chucky" Gordon: In 2012, Chucky won the Lord Brynner Independence Calypso Monarch commemorating Trinidad & Tobago's 50th Anniversary of Independence and in 2014, the National Calypso Monarch. "Chucky" Gordon continues to display prowess and dynamism in Soca and Calypso. Only 26 years, yet during the last seven years, Chucky appeared four times in the National Calypso Monarch and five times in the International Groovy Soca Monarch.

Braata Jamaica Folk Singers is one of the Caribbean's leading performing arts ensembles. Fans at the Mother's Day Saturday concert and those who are bringing their mom, grandma, wife and sweetheart can expect the group to take them back in time to hear the songs of Lord Kitchener, the Roaring Lion as well as the songs of Bob Marley and Harry Belafonte.

Shadow: There's a photo of Shadow, Sparrow and the late Lord Kitchener holding nine-year old Machel Montano at the Mother's Day Concert. "It is a concert I love very much and love singing to moms. I am looking forward to the May 10, Mother's Day Saturday Spectacular," explains Shadow, a Road March, International Soca and National Calypso Monarch.

Tony Ricardo: Though one of Guyana's most thrilling entertainers many calypso fans associate Tony Ricardo with Trinidad where, for many years, he performed with the famed Trinidad Troubadours. Expect Tony Ricardo to make every mother happy when he sings for them, "Mother, We Love You" and he may even collaborate with Sparrow on one of his classics.

Lyrikal: "What an honor to entertain my mother and other mothers at the concert and what



King Short Shirt, one of the Caribbean's best entertainers will perform at "The Mother We Love You Concert" at Brooklyn College.

a joy to be billed with such Caribbean icons, as Tony Ricardo, Shadow and Sparrow," Lyrical proudly states. Mother's Day Concert of 2014 is very special for Lyrikal. His Mother usually patronizes the annual Mother's Day Saturday Concert at Brooklyn Center for the Performing Arts. This year her son is one of the concert's star attractions. What a thrill for mother and son!

Singing Sandra: "It's always exciting to perform at the tradi-

tional Mother's Day Saturday Concert at Brooklyn College," explains the two-time National Calypso Monarch of Trinidad & Tobago.

King Short Shirt is one of the Caribbean's best entertainers. King Short Shirt whose real name is McLean Emanuel is now Sir McLean Emanuel. This knighthood was bestowed upon him by the nation of Antigua and Barbuda for his vast contributions to the promotion of calypso and his native Antigua.



President of HEROC Lorna Welshman-Neblett (center) with models wearing designs by Sonia Noel. Photo by Tangerine Clarke

Fashions

Continued from page 31

sipped chamomile tea but their main focus was to show their commitment to HEROC's Project Dawn vide necessary services to patients with little or no access to much

Welshman-Neblett, HEROC is an arm of Health Education Relief Organization (HERO) whose "Team Work Makes Dream Work" motivational phrase inspires volunteerism.

The organization's annual

Park, Brooklyn has made tremendous strides in the fight against

HEROC is steadfast in its goal to establish a breast clinic during its mission to Guvana in March 2015. The facility will provide screenings and diagnostic studies to women with breast problems.

President Welshman-Neblett lauded the group for its dedication and thanked patrons and sponsors for their loyalty to what she called a worthy cause. She encouraged all to continue to play their part to benefit underserved victims of the deadly disease that are claiming the lives of citizens in Guyana.

The HEROC team includes Barbara Chase, Harold Lutchman, Cleveland John, Theresa Nadir, Allison Skeete.

Feliciano returns

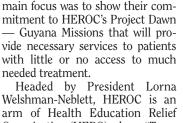
Continued from page 31

My Fire," which catapulted him to pop superstardom in 1968. The famed tenor possesses an unmistakable voice and has been influencing pop, soul and Latin music for over two generation, singing in English, Spanish and Italian. His mega-hits include "Che Sera" and "Feliz Navidad." Feliz Navidad has been among the "25 Greatest Holiday Songs of the Century" noted ASCAP. Jose has recorded 45 gold and platinum records and received nine Grammy Awards. He has garnered countless honors and has a star on the Hollywood Walk of Fame.

"I continue to count my blessings," says Jose. "America has been good to me. My fans are important to me. But I cannot leave God out, because without God, nothing can happen. So I do not take my stardom for granted. I try to remain humble. I think part of being a good entertainer is never forgetting your beginnings so I continue to appreciate everyone who helped me along the way," stated the very humble Jose who was born blind into humble beginnings in Lares, Puerto Rico in 1945.

"My parents were concerned how I was going to make a living but fortunately I took a liking to the guitar and with continued practice, I perfected it. Having been born into meager circumstances, I listened to the blues. I understood the music of Muddy Waters. I tried to combine my Latin roots with my soul roots. Outside of Spanish music, I was influenced by singers like Sam Cooke, Ray Charles and I listened to a lot of Motown and was very impressed by Stevie Wonder who wrote a lot of his own compositions. It took a while, but I finally began to write some of my own music as well," remarked Feliciano.

Feliciano's major break was in the Spanish market when, after an amazing performance at the 1966 Mar del Plata Festival in Argentina, RCA executives in Buenos Aires asked him to stay and record an album of Spanish music. His first single, "Poquita Fe" was a smash hit, and "Usted" was even bigger.



October Cancer Walk in collaboration with Avon Guyana and the Periwinkle Group in Prospect

An entertaining tale of female empowerment

"The M Word"
Excellent (4 stars)
Rated R for profanity
and sexual references
Running time:
111 minutes
Distributor:
Rainbow Releasing

By Kam Williams

Menopause apparently affects women differently, even if they happen to share the same genes, as is the case with Carson (Frances Fisher), Rita (Mary Crosby) and Louise (Eliza Roberts). Each of these sisters is struggling to maintain her dignity while dealing with the fallout from the so-called "Change of Life."

Frustrated Carson describes feeling for months on end "like I don't have any control." By contrast, Rita's body chemistry is so confused by the assortment of medicines and creams she uses that she wants to murder her husband, one minute, and to make love to him, the next. Meanwhile, relatively-macabre Lulu relies on humor to cope with her constant obsession with death.

At an informal gathering with her siblings, Carson announces that she just impulsively left her husband (Gregory Harrison) and moved in with her daughter (Tanna Frederick). But that doesn't necessarily mean she'll be able to avoid Mack entirely, since he's a sport-scaster at the same local television station where Moxie plays a dog on a wacky kiddie series.

The plot thickens when network executive Charlie Moon (Michael Imperioli) arrives in town from New York with plans to implement programming changes to reverse the station's plummeting ratings. However, he is distracted at first sight by foxy Moxie who is not above using her powers of seduction to save her own neck, if not her struggling show. Further



Frances Fisher, Mary Crosby and Eliza Roberts in a scene from "The M Word."

complicating matters is the fact that she not only recently missed her period, but is stuck in an unsatisfying relationship with her producer (Corey Feldman).

That is the incestuouslyintriguing point of departure of "The M Word," a sophisticated ensemble dramedy written and directed by the legendary Henry Jaglom (Can She Bake a Cherry Pie?). The picture's soap operastyle premise basically serves as a launching pad for frank dis-

cussions about the biologicallydetermined plight of women of a certain age.

As humorous as it is sobering, Jaglom proves as masterful as ever at creating fascinating characters designed to make you both laugh and reflect. His raw tale of female empowerment revolves around uncompromisingly-realistic discussions of menopause ranging from night sweats to mood swings to depression to atrophied vaginas to cramps to forgetfulness to a loss of skin elasticity.

After venting their angst interminably, our heroines eventually get around to resolving their crises in entertaining fashion before the curtain comes down on a decidedly upbeat note ("There is nothing like being a girl!"), thus allowing the audience to exit the theater with a big smile on its collective face.

Such a satisfying cinematic treat that "The M Word" might very well be "marvelous!"

Independent & Foreign Films

Altered States of Plaine (Unrated) Sci-fi thriller revolving around a young fugitive (George Gallagher) on the run from the government who is desperate for a cure from a mysterious affliction that has him waking up in a different place whenever he falls asleep. (In English and French with subtitles) With Kether Donohue, Michael P. Mathis and Donald Pritt.

The Bachelor Weekend (Unrated) Buddy comedy, set in Dublin, about a bride-to-be (Amy Huberman) who recruits her ex (Andrew Scott) to plan her fiance's bachelor party, an overnight camping trip to the Irish countryside (Hugh O'Conor) with his friends and her obnoxious brother (Peter McDonald). Featuring Brian Gleeson, Michael Legge and Andrew Bennett.

Bad Johnson (Unrated) Battle-of-the-sexes comedy about a charming womanizer (Cam Gigandet) who finally gets what's coming when his penis leaves his body and takes human form. Cast includes Jamie Chung, Nick Thune and Katherine Cunningham.

Decoding Annie Parker (R

for profanity and sexuality) Samantha Morton handles the title role in this fact-based drama about a woman's fight against the same hereditary form of breast cancer that claimed the life of her mother and sister. With Helen Hunt, Rashida Jones, Marley Shelton, Maggie Grace and Alice

Farmland (Unrated) Generation Next documentary taking a look at the lives of some farmers and ranchers who have assumed the reins of the family business while still in their twenties.

For a Woman (Unrated) Romance drama, exploring the mystery of undying love from the perspective of a daughter (Sylvie Testud) deconstructing her parents' (Benoit Magimel and Melanie Thierry) enduring marriage. Cast includes Nicolas Duvauchelle, Julie Ferrier and Denis Podalydes. (In French with subtitles)

Friended to Death (R for profanity and crude sexual

references) Dark comedy revolving around a social media junkie (Ryan Hansen) who fakes his own death online just to see whether any of his supposed friends come to the funeral. With James Immekus, Zach McGowan, Pancho Moler and Angela Bullock.

Kam's Kapsules

By Kam Williams

Ida (PG-13 for mature themes, sexuality and smoking) Skeleton-out-of-the-closet drama, set in Poland in 1962, about an orphan (Agata Trzebuchowska) raised in a Catholic convent who learns that she was born Jewish just as she's set to take her vows as a nun. Co-starring Jerzy Trela, Halina Skoczynska and Agata Kulesza. In Polish with subtitles)

Jobriath A.D. (Unrated) "It's better to flame out than to fade away" biopic recounting the brief career of Bruce Wayne Campbell (1946-1983), aka Jobriath, the first openlygay rock star, and the first to die of AIDS.



Go to www.Caribbeanlifenews.com for the latest in Caribbean news, entertainment, sports, business, viewpoints and more.

SUN KULCHA COMMUNITY EVENTS

SAT., MAY. 3

HOMEBUYING SEMINAR: A home is probably the biggest investment in your life. It makes sense to be informed. The seminar is hosted by Neighborhood Housing Services from 10:30 a.m. & 1:30 p.m. Topics include closing cost assistance, building your homebuying team, the mortgage process, and much more. Brooklyn College Student Center, Campus Road & East 27th Street (3rd Floor) Brooklyn, NY 11210. To register, please call 718.469.4679 or email infoef_01@nhsnyc.org.

HOUSING RESOURCE FAIR: Experts from the city, not for profit, legal and private organizations will be available to discuss rental issues, first time homebuying, mortgage modifications, home repairs, homeowners insurance, immigration, water bill payments, tenant rights and more from 10:00 a.m. - 3:00 p.m, Brooklyn College Student Center, 2nd fl, Campus Road near the corner of East 27th Street, Brooklyn, 11210. To RSVP, please call 718-469-4679 or email infoef_01@nhsnyc.org. Sponsored by Neighborhood Housing Services of East Flatbush and Flatbush Development Corporation. www. nhsofeastflatbush.org.

SUN., MAY. 4

MUSIC: As part of its Christ Chapel Chamber Series, The Riverside Church will host, the musicians of Journeys with Sound, Darius Kaufmann and Ron Pizzi, for an unforgettable multicultural journey with exotic instruments from around the globe during "Music of the Earth," a concert exploring the music, customs and folklore of world cultures throughout history at 3:00 p.m., Christ Chapel in the Church, 91 Claremont Ave. (bet. 120th & 122nd Sts.), Morningside Heights. Free-will offering for the artists taken at the door.

FRI., MAY. 9

BALLET: New York Theatre Ballet celebrates 35 years with LEGENDS at Florence Gould Hall, 55 East 59th Street, NYC. LEGENDS, the second of two programs in the series Legends And Visionaries, performs at 7:00 p.m. Tickets are \$30 (\$20 for students and seniors) and are available for purchase at www.ticketmaster.com or by calling (800) 982-2787.

ONGOING SAT., MAY. 3 - FRI., MAY. 23

THEATRE: Following the successful, awardwinning 2013 co-production of Detroit '67 written by Dominique Morisseau, Dr. Barbara Ann Teer's National Black Theatre (NBT) and The Classical Theatre of Harlem (CTH) officially announce their second co-production. The famed Harlem arts institutions will produce the 50th Anniversary revival of "Dutchman" by LeRoi Jones (Amiri Baraka). Carl Cofield will direct the revival. This limited engagement production of the classic political allegory of the 1960's Black Arts Movement will pay tribute to the great Amiri Baraka and give a retrospective look at the Black

FLOOD RELIEF

ONGOING: Donations are being accepted at the Friends of Crown Heights Center located at 671 Prospect Place, Brooklyn. Donations will also be accepted by Mirtha Colon, a Garifuna from Honduras. Items needed include medical supplies, non-perishable food, clothes, shoes, candles. Monetary donations can be made in the form of checks or money orders addressed to "SVG Community Inc."



SELF DEVELOPMEN

DRIVE

COMMUNITY CENTER: Are you looking to improve your life? Take a class at Community Learning Center: How to Write a Book or Script, Create a Resume, How to Create Wealth, Get/Keep a Spouse, Start a Business. Classes for everyone. Community Learning Center, 147-12 Archer Ave., Queens. For more information/RSVP, call (718) 201-1094

FARMER'S MARKET

ONGOING: Seeds in the Middle is sponsoring The Crown Heights Farmers Market offering fresh fruits and vegetables, including callaloo and Caribbean favorites and accepting EBT, WIC, Snap, FMNP, Health Bucks, and Fresh Connect. The market will be operating every Thursday from noon to 7:00 p.m. at Hamilton Metz Park at Albany and Lefferts avenues, Brooklyn. For more information, visit www.seedsinthemiddle.org.



Arts Movement as well as relevant current events through Community Engagements that will deepen the theatrical experience of the play. Tickets are on sale now and can be purchased online at www.nationalblacktheatre.org or by calling NBT directly at (212) 722-3800. NBT is located at 2031 Fifth Ave. between 125th and 126th Streets in Harlem.

FRI., APR. 25 - SUN., MAY. 4

THEATRE: General Mischief Dance Theatre presents its spring performance, Rascals with Altitude at The Connelly Theatre, 220 East 4th St., NYC Tickets are \$20 in advance for general admission (\$25 at the door, \$15 for students and seniors, \$10 to children 10 and under) and are available at https://www.artful.ly/store/events/2754 or by calling (212) 714-4694. Performances: Friday, April 25 at 8:00 p.m.; Saturday, April 26 at 8:00 p.m.; Sunday, April 27 at 5:00 p.m.; Friday, May 2 at 8:00 p.m.; Saturday, May 3 at 3:00 p.m. and 8:00 p.m.; Sunday, May 4 at 3:00 p.m. Appropriate for ages 4 and up.

PRESENT - SUN., JUN. 22

ART EXHIBIT: Pelham Art Center is thrilled to announce the continuation of our

Public Art Program, In the Courtyard, with an installation by South Carolina artist Virginia Scotchie on view in our 2,300sq.ft open courtyard from April 26 – June 22, 2014. This colorful and playful installation titled, Spheres of Contemplation will consist of 20 ceramic spheres varying in size from 15-28" in circumference and 30-90 pounds each. These serious yet humorous orbs reference planets, molecules, and atoms on one end of the spectrum and soccer and beach balls on the other. The viewer is invited to move from one sphere to the other in a flowing and tranquil path or to appreciate the work by sitting on a sphere and becoming part of the installation. Admission is free and open to the public. Hours: Tuesday-Friday, 10:00 a.m. – 5:00 p.m.; Saturday, 10:00 a.m. - 4:00 p.m. Pelham Art Center 155 Fifth Avenue Pelham, NY 10803, For more information, contact (914) 738-2525.

FRI., MAY. 2 - SAT., JUN. 28

ART EXHIBIT: Pelham Art Center is pleased to announce Big, Fat & Juicy, a group show of large-scale abstraction that pushes the boundaries of the physicality of paint. Paintings and sculptures by four New York-based artists, Emily Noelle Lambert, Dorothy Robinson, Josette Urso and Deborah Zlotsky.

combine the deliberate spontaneity found in abstract painting and the inventive possibilities of paint itself, which appear here in lush and expressive ways. Big Fat & Juicy will be on view from with an opening reception, and allage hands-on workshop on Friday, May 2 from 6:30 - 8:00 p.m. Make sure to arrive on time to hear the Artist Talk at 7:00 p.m. Admission is free and open to the public. Pelham Art Center 155 Fifth Ave., Pelham, NY 10803. For more information contact (914) 738-2525.

PASSPORT APPLICATION CENTER: Brooklyn Public Library (BPL) launched a second Passport Application Center at the Kings Highway Library providing a convenient facility for Brooklyn residents and new immigrants to apply for passports. Hours are temporarily set for 10:00 a.m. - 3:00 p.m. from Monday through Friday and Sunday by appointment. The Center is currently closed on Saturdays until further notice. The library is located at 2115 Ocean Ave., Brooklyn, NY 11229. To make an appointment, call (718) 230-2292 or (718) 375-3037 ext. 128.

FEATURING HOME REPAIR: Is your boiler, water main or roof in need of fixing? Do you need major repairs done but lack the finances? Now is the best time to fix it. Neighborhood Housing Services of East Flatbush, a not-forprofit housing organization can assist you. For more information on the Home Improvement Programs, call (718)469-4679 or visit www. nhsofeastflatbush.org.

FORECLOSURE: Are you behind in your mortgage or seeking a modification? We will help you as much as possible to keep your home. Referrals for free legal assistance are also available. To schedule an appointment or for more information, call (718) 469-4679. Sponsored by Neighborhood Housing Services of East Flatbush and the Center for New York City Neighborhoods, not-for-profit organizations. www.nhsnyc.org.

HOME HELP FOR DISABLED: If you are a disabled homeowner living in Brooklyn or have someone disabled living in your household, you may qualify for up to \$5,000 in home repair grants. Repairs must be geared toward making the home accessible and convenient for the disabled person. Sponsored by Neighborhood Housing Services of East Flatbush, a not-for-profit housing organization, and the New York State Housing Trust Corporation. For more information, please call (718) 469-4679.

DONATIONS: St. Robert Bellarmine Church is joining efforts with the Diocese of Trenton to bring relief to victims in the hardest hit areas. The church is seeking donations of cardboard shipping boxes for packing or rubber bins for storage for victims. Feel free to contact St. Robert Bellarmine Church at any time Attn: SRB Hurricane Relief Effort, 61 Georgia Rd., Freehold, NJ 07728 or srbwelcome@gmail.com, Pam Stengel (732) 580-0075, Linda Altini (917) 578-4852. Phone: (732) 462-7429 or Fax: (732) 409-3496.

If you have an event you would like to post in Sun Kulcha, please email your submission to Caribbeanlife@cnglocal.com. All submissions are subject to a review by the editor. Compiled by Natalie Y. Henry



LUNCH | DINNER | BRUNCH



Friday, 05/02 - Off The Record - 10 pm Saturday, 05/03 - Head Over Heels - 10 pm Sunday, 05/04 - Tommy Anderson & Mary Ellen - 6 pm Friday, 05/09 - Rock Farm - 10 pm

Saturday, 05/10 - Steppin Back - 10 pm

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From the president, students, faculty and staff of York College/CUNY

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The program will commence promptly at 12:00 until approximately 4 p.m. in the Atrium of the Academic Core Building. 94-20 Guy R. Brewer Blvd. Jamaica, NY 11451



An evening of Caribbean authors

By Tequila Minsky

The Caribbean, particularly Barbados, Jamaica and Trinidad, will definitely be in the house at Greenlight Bookstore, 686 Fulton St., at S. Portland Ave., on May 7 at 7:30 p.m., when three local women authors — Jennifer Davis Carey (Barbados), "Near the Hope"; Esther Figueroa (Jamaica), "Limbo," and Elizabeth Nunez (Trinidad), "Not For Everyday Use," will read from their books.

Cornell professor Carole Boyce Davies (Trinidad & Tobago), author of "Caribbean Spaces: Escapes from Twilight Zones," will provide introductions. Professor Davies' book draws on personal experience and critical theory to illuminate the dynamic complexity of Caribbean culture and tracing its migratory patterns throughout the Americas.

The program is a partnership of local publisher Akashic, known for publishing Caribbean authors, three independent publishers and Fort Greene's Greenlight Bookstore and will also feature a discussion with the authors.

About the books. Brooklyn native Jennifer Davis Carey has roots in Barbados and her "Near the Hope" moves from the lush world of Barbados to the hazy glow of New York at the turn of the 20th century, following a young



Jennifer Davis Carey.

Photo courtesy of www.goodreads.com

emigrant woman who leaves her beloved island to navigate uncharted challenges.

In Esther Figueroa's suspenseful novel "Limbo," the challenges of her native Jamaica are explored through the story of the dynamic leader of an environmental organization set to expose corporate greed and political hypocrisy in the form of a hotel chain polluting the island's shores, despite threats to her life.

The program is a partnership of local publisher Akashic, three independent publishers and Fort Greene's Greenlight Bookstore and will also feature a discussion with the authors.

Award-winning Trinidadian author of eight novels and Hunter College professor Elizabeth Nunez's memoir, "Not for Everyday Use," reflects on her own experience of Diaspora in which she wrestles with her mother's determination to have her leave her Trinidadian homeland for America.

In the Borough home to 400,000 Caribbeans–Brooklyn, Greenlight Books is a perfect hub for this Caribbean literary event, fated to be an enlightening and enjoyable evening. Refreshments from Gloria's restaurant, along with music, will be part of the ambiance, too.

Dip Speak to interview Cindy Breakspeare

Cindy Breakspeare, best known as the mother of Grammy Award-winning Damian Marley, will be a guest on Diplomatically Speaking with host Dr. Brown Metzger, former Jamaican consul general, live on Sunday, May 4 on WVIP 93.5 FM.

"Ask me anything," says Cindy in a briefing by host Brown Metzger, who will be focusing the conversation about Bob from Cindy's perspective on the man she adored, and to whom she "was fiercely attracted."

Bob, the iconic musical genius of the 20th century, dominated the reggae genre famed for its dynamic hypnotic syncopations that denoted as much about love and peace as it did about class struggles in Jamaica, and struggle for political freedom in many parts of the world. Cindy entered Bob's life when he was an emerging

artist just hitting the international stage. She had Damian, Bob's youngest son, while Bob was married to Rita, which further sparked the taboo relationship. By the time Damian came into the world, Bob had fathered seven children with six women and was a step father to two of Rita's children from a previous relationship.

Bob's relationship with Cindy, who came from polite society, sent shock waves throughout the land, testing the very essence of Jamaica's post-independence identity, "Out of many, one people."

The "no holds barred" interview promises to be a *tour de force* and may even include a few revelations.

Go to Caribbeanlifenews.com for the latest in Caribbean news, entertainment, sports, and more.

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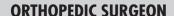
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THEME: WORLD WAR II

ACROSS

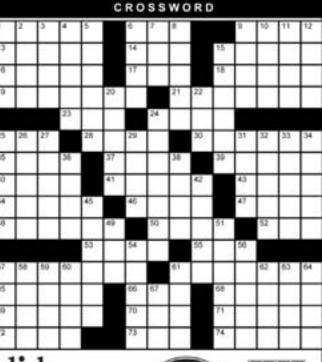
- 1. Low life?
- 6. Hot springs
- 9. Nerd
- 13. ____ International Airport, Kyrgyzstan
- 14. *It ended in 1945
- 15. *Peninsula, location of El Shatt
- WWII refugee camps
- 16. March celebrants
- 17. "Much ___ About Nothing"
- 18. Bond
- 19. *Russian soldiers, en masse
- 21. *Ribbentrop's co-signer
- 23. ___-tzu
- 24. Absorbed
- 25. "Yakety ___ 28. Short skirt
- 30. Geo-spacial positioning sys-
- tem, for short
- 35. Genesis man
- 37. Cell phone button
- 39. Wynonna Judd's mother
- 40. Mischievous Scandinavian god
- 41. Dress up or deck out
- 43. Elegant and stylish
- 44. ___--la
- 46. Russell Crowe's 2014 role
- 47. Comedy Central's "____.0"
- 48. One of the founders of scholasticism

- 50. Box office failure, e.g.
- 52. One of Five Ws
- 53. Bread portion
- 55. Corn spot
- 57. Entertain, as in idea
- 61. *WW II consequence
- 65. Love intensely
- 66. Snake-like fish
- 68. Open-mouthed
- 69. *He defeated Max Schmeling
- before enlisting
- 70. In the past 71. In the buff
- 72. Formerly
- 73. Rin tin tin, e.g
- 74. Done for success

DOWN

- 1. Gulf V.I.P.
- 2. Filly's mother
- 3. Blyton or Bagnold
- 4. Primary
- 5. Hindu retreat
- 6. Go to and fro
- 7. Mouse turf
- 8. Enophile's sensory concern
- 9. Drunkard
- 10. "Get _____!
- 11. *Post WWII military alliance
- 12. *Battle of ____, encirclement
- of Russian troops
- 15. Arabic ruler
- 20. Damp

- 22. Operations, as in military
- 24. Hang up the phone
- 25. *Churchill/Roosevelt/Stalin meeting site
- 26. Bedazzle
- 27. New Zealand parrots
- 29. Type of sign
- 31. Boors lack this
- 32. In no manner
- 33. American Mennonite
- 34. *Like France under PÈtain
- 36. Eight furlongs
- 38. Involving two parts
- 42. Selfie
- 45. *Axis opponents
- 49. "Word" in French
- 51. *Germany's invasion target
- 54. Beforehand
- 56. J. ____ Hoover
- 57. Tall one is a lie
- 58. Carbon monoxide lacks this
- 59. Y'all
- 60. Court order
- 61. Heidi's shoe
- 62. Boat track
- 63. "Planet of the ____'
- 64. Co-written, produced and directed by Warren Beatty
- 67. Bigheadedness



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Climate change influences the decline of an aquatic species

Continued from Page 8

tionally extinct. With the decline of this keystone species, the Caribbean has seen significant decline in its coral reefs and the marine communities they support, including economically important commercial species."

Mussington said the spiny urchin grazes on algae and it is important to control the number of algae on coral reefs.

Habitat degradation, specifically of coral reefs, has been cited by numerous studies as the primary cause of ongoing fish declines of Caribbean fish populations.

Caribbean coral reefs have experienced drastic losses in the past several decades. Fish use the structure of corals for shelter and they also contribute to coastal protection.

Established research has predicted that the communities located in coastal areas, as well as national economies in the general Caribbean region, are likely

to sustain substantial economic losses should the current trends in coral reef degradation and destruction continue.

It has been estimated that fisheries associated with coral reef in the Caribbean region are responsible for generating net annual revenues, which have been valued at or above approximately 837 million Eastern Caribbean dollars, or about 310 million U.S. dollars.

Continued degradation of the region's few remaining coral reefs would diminish these net annual revenues by an estimated 95-140 million U.S. dollars annually by 2015. The subsequent decrease in dive tourism could also profoundly affect annual net tourism revenues

"There has to be some balance and once you have a major species dying off, it's going to have repercussions for the entire system. We must not forget that man is a integral part of this system and the repercussions for us will be serious," Mussington told IPS.

The fisheries sector in the CARICOM Region is an important source of livelihoods and sustenance. The local population is highly dependent on this resource for economic and social development. This resource also contributes significantly to food security, poverty alleviation, employment, foreign exchange earnings, development and stability of rural and coastal communities, culture, recreation and tourism.

The subsector provides direct employment for more than 120,000 fishers and indirect employment opportunities for thousands of others – particularly women – in processing, marketing, boat-building, net-making and other support services.

But the coordinator for the United Nations Environmental Programme's Caribbean Regional Coordinating Unit-Caribbean Environment Programme, Nelson Andrade Colmenares, told IPS the vital sector is being threatened by climate change.

"The Caribbean Sea, home to a vibrant ecosystem benefitting fisherfolk, the tourism industry and the region's people alike is currently threatened," he said, adding that "over harvesting of fisheries, climate change and pollution from sewage, agricultural runoff and industrial effluent has led to 75 percent of coral reefs in the region being labeled as at risk."

Acting permanent secretary in Dominica's fisheries ministry, Harold Guiste agrees, explaining that the future of the Caribbean's conch and lobster fisheries remains under threat despite regional efforts to protect it.

Guiste blames the problem of overfishing squarely on nations outside the Caribbean that trawl the region's seas illegally.

"Globally we have noticed a rush to fish accompanied by a lack of responsible behaviour in the fishing sector," he told IPS. "This type of hooligan behaviour has resulted in severe decline in some major fisheries of the world and collapse in some others."

The Dominican official called for a collaborative approach to safeguard against the depletion of the region's already challenged resources.

The spiny lobster trade brings in about 456 million US dollars to CARICOM nations but demand has led to overfishing of a once healthy stocks.

While admitting that "some factors are out of our control as it relates to mitigating against global warming", Mussington said both developing and developed countries need to do more.

"We need to do things which will discontinue the rise in global temperatures and those things that need to happen have to do with less use of fossil fuels and modification of certain things that countries do," he told IPS.

In fact, the persons who are going to be suffering

most – the people living in these Small Island Developing States – we are not the ones ultimately responsible in large measure for the problems we are having now, the developed countries are."

"So far the developed countries have been very resistant to implementing those policies and changes that need to happen," Mussington added.

In the end, he said the annual Conference of the Parties (COP) negotiations should not be simply about the smaller countries winning.

"It's a fight that the world has to win if it is to survive because if the small states don't win, it means that the globe as a whole does not win, which means that Planet Earth will lose out and the human race on planet earth might very well face total extinction," warned Mussington.

"That's what's facing us. The globe will become unlivable," he added.

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Brooklyn Nets coach Jason Kidd. AP Photo/Frank Franklin II

Nets still optimistic

By Robert Elkin

Injuries to key players can not be prevented in practically any sport.

The New York Knicks lost Tyson Chandler and Iman Shumpert, for several games, and could not only rely on one or two players including Carmelo Anthony. Head Coach Mike Woodson tried his best, but the end result came not too long ago shortly after the regular season ended. Thus the 'second season' better known as Continued on Page 42

JADC dope test flaws

By Azad Ali

The Jamaican Anti-Doping Commission (JADC) has conceded that some procedures carried out while collecting samples for testing last year were not consistent with the World Anti-Doping Agency (WADA).

The statement came after the Court of Arbitration for Sport (CAS) slammed Jamaica over blatant flaws in the dope test collection procedures of Jamaican sprinter Veronica Campbell-Brown, who was banned for two years for a positive test for the diuretic HCT after competing in a national meeting in Kingston Jamaica on May 4,

The Court of Arbitration released its full report explaining the decision to uphold Continued on Page 42

nate the prestigious Penn Relays Carnival in Philadelphia, winning most or placing among the top three teams in track events.

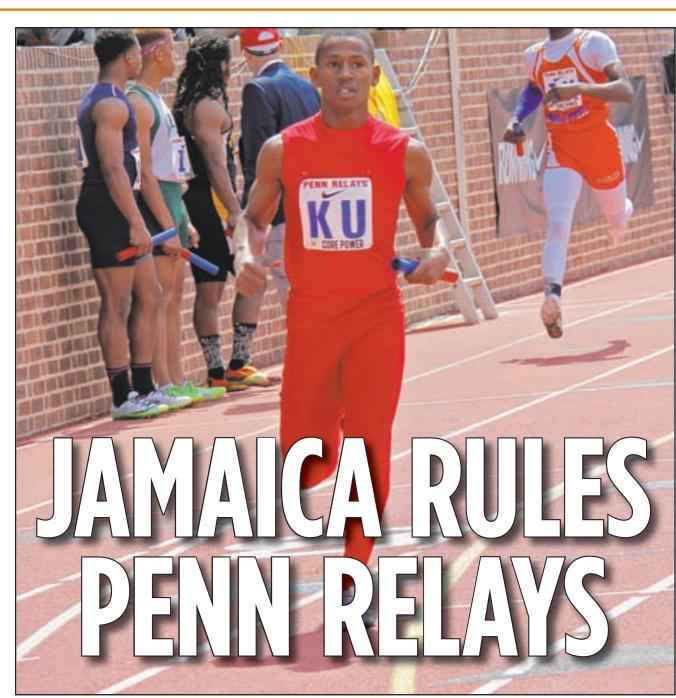
Devaughn Baker, of Jamaica College, Kingston, as the 2014 Penn Relays High School Boys Athlete of the Meet for Relay Events.

Baker anchored his team to a Carnival

team, Wolmer's Boys, in 2010.

Earlier in the meet, Baker clocked a 46.81 split in the heats of the 4x400m.

Jamaica also won the U.S.A. vs. the World Women 4x100m on Saturday, winning in 42.81. The Jamaican team com-



Omar Cummings of St. Vincent and the Grenadines runs 3rd leg in the 4x100m relay at the Penn Relays Carnival in Phila-

Sets new Carnival records in Philadelphia

By Nelson A. King

Jamaican athletes continue to domi-

record time of 39.72, trimming .06 off the

Penn Relays organizers have named mark set by another Jamaican high school Continued on Page 42



TSSS' Kerina Hooper (third from left) just out of the starting blocks in the 4x400m releay.

Photo by Nelson A. King

Stiff competition in the women's races

Continued from page 41

prised Carrie Russell, Kerron Stewart, Anneisha McLaughin and Trisha-Ann Hawthorne.

The United States placed second in 43.15, with the team of Stacey-Ann Smith, Alexandria Anderson, Muna Lee and LaKeisha Lawson.

Trinidad & Tobago was third in 43.53, with Aaliya Telesford, Michelle-Lee Ahye, Reyare Thomas and Kamara Durant

But, in the U.S.A. vs. the World Women Sprint Medley, the U.S. got revenge, winning in 3:37.94, with the team of Alexandria Anderson, Charonda Williams, Moushaumi Robinson and Ajee Wilson.

Jamaica placed second in 3:38.41, with Natasha Morrison, Anastasia Le-Roy, Patricia Hall and Natalya Goule.

In the U.S.A. vs. the World

Men 4x100, the U.S. was victorious in 38.57, with the team of Charles Silmon, Justin Gatlin, Rakieem Salaam and Walter Dix.

Jamaica took the second spot in 38.58, with Jason Livermore, Michael Frater, Rasheed Dwyer and Oshane Bailey.

In the U.S.A. vs. the World Men 4x400, the Bahamas was triumphant in 3:00.78, with the team of Michael Mathieu (45.7), Demetrius Pinder (44.7), Chris Brown (45.09) and Ramon Miller (45.32).

The United States was second in 3:03.31, with Kyle Clemons (45.8), Kind Butler (45.1), David Verburg (44.50) and Manteo Mitchell (47.88).

Brazil was third in 3:03.32, with Pedro De Oliveira, Wagner Cardoso, Anderson Henriques (46.77) and Hugo De Sousa (44.14).



Jamaican sprinter Veronica Campbell-Brown.

AP Photo/Kevork Djansezian

Dope test flaws

Continued from page 41

the three-time Olympic gold medalist's appeal against the two-year doping ban.

The runner was cleared by CAS in late February, but the reasons have not been released until now.

The sports highest appeals body said because of flaws in the test collection procedures and possible "environmental contamination."

The CAS panel outlined "deplorable" mistakes by Jamaican athletes and antidoping officials in the collection of the athlete's first partial sample. CAS said the errors could have led to the

sample being contaminated by water or sweat containing a banned substance.

The athlete, who denied intentionally taking a banned substance, was initially suspended provisionally by the IAAF and unable to defend her 200-metre title at the world championships in Moscow last September. The Jamaican disciplinary panel ruled that she had not committed a doping violation and gave her only a reprimand.

The International Association of Athletes Federations contested the finding and ordered the Jamaican federation to impose a two-year suspension.

Nets' chances

Continued from page 41 the playoffs started with the search for a new head coach and coaching staff began.

With the Knicks disappointing everyone, all the attention has been focused on the Brooklyn Nets.

The Nets' biggest setback came when allstar center Brook Lopez had ankle problems and missed most of the season. They had to fill the hole in the pivot position. And at other times they, too, missed some key players, besides their starting center, to go along with Lopez.

Many fans and even those people connected with the sport in various capacities doubted that a first-year head coach could do the needed job. However, this man, who was a player in the National Basketball Association proved to be the right choice and at press time the Brooklyn Nets and Toronto Raptors are deadlocked at a game each in the first round of the playoffs.

His name is former allstar guard, Jason Kidd, who certainly deserved to be named NBA Coach-ofthe-Year, even though his team played under .500 ball for most of the season and pulled above the .500 mark on March 5. And they put on a good finish during the last month of the season. During the course of the schedule, the Nets put together a 15-game home winning streak.

Their reasons for their success and of landing a playoff position have been their depth, mixing veterans with youngsters and rookies, and playing tremendous basketball.

The signing of Kidd during the last off season and the addition of two new players who possessed playoff experience in forwards Paul Pierce and Kevin Garnett, and the signing of 7-0 center Jason Collins, who, in fact, played with the Nets, to fill a void at center certainly contributed to the emergence of winning basketball team in New

York City.

"Pierce and Garnett have a lot of experience," said Coach Kidd. "They have to share their experience with their

Pierce can really put the ball into the hole, and piled up numerous offensive statistics during the season, his first one in Brooklyn. The 15- year veteran in the NBA is a competitor and is one of five players with 10 or more years with professional hoop experience on the Nets' roster.

"He loves the competition and the game of basketball," Kidd added. "We have two guys (the other is) KG (Kevin Garnett) who are solid. They are unselfish and care about the team."

Kidd hopes that they continue the same way during the playoffs and that there is no let down.

And one can not count out starters Joe Johnson, a 6-7 guard, and Deron Williams, a 6-3 backcourt man as well, either. These two veterans are among the best in the National Basketball Association. They are both excellent players and certainly demonstrated their skill on the court this season. Johnson is a competitor and, is all about team, according to Kidd, who added, "it's nice to have a player like him." He certainly delivered for the Nets all season.

The City of New York certainly wants a winner, management and even the players did say that they want a NBA championship team in Brooklyn this spring and it is still possible at this writing.

"Their experience has been great and we have a great group of (players)," Kidd went on. "And I try to respect them, As a first year rookie coach I couldn't ask for a better group of guys. I'm very excited about the playoffs."

Competing in the playoffs and the chance to be the top team in the league are what any team plays for during the regular 8game schedule. Now the Nets have this opportunity.

South African AB deVilliers tops the Test Cricket charts, while Australian Aaron Finch tops the Twenty20 rankings.

BOWLING

South African Dale Steyn heads the Test Cricket chart. Samuel Badree from Trinidad and Tobago represents the West Indies as the leading Twenty20 bowler and Pakistani Saeed Ajmal tops the One-Day International chart.

SOUTH AFRICA LEADS TEST STANDINGS

South Africa is the leading team in Test Cricket with 127 points.

The teams and points are as follows:

1) South Africa 127

points 2) Australia 115



Eyes on Cricket

By George H. Whyte

- 3) India 112
- 4) England 107
- 5) Pakistan 100
- 6) Sri Lanka 89
- 7) New Zealand 87
- 8) West Indies 87
- 9) Zimbabwe 34 10) Bangladesh 19.

South Africa also has the best batsman and the best bowler in Test Cricket. AB deVilliers is the batsman and Dale Steyn is the bowler.

CHRIS GAYLE TO PLAY HIS 100TH TEST IN JUNE

Former West Indies captain Chris Gayle will play his 100th Test match in June as the West Indies take on New Zealnd in three Test and two Twenty20 matches. Last December, New Zealand defeated the West

AUSTRALIA LEADS ONE-DAY INTERNTAIONAL CHART

standings are as follows: Australia 117, India 113, Sri Lanka 108, Pakistan 101, New Zealand 94, West Indies 90, Bangladesh 79 and Zimbabwe 55.

SRI LANKA TOPS THE TWENTY20 CHART

Sri Lanka 133, India 130, Pakistan 120, South Africa 118, West Indies 114, Australia 110, New Zealand

Indies 20 in a Test Series. Chris Gayle has played 99 Test matches, He has scored 6,933 runs, with 15 centuries and 34 half-centuries, with an average of 42.01.

The teams and point

107, England 101, Ireland 85 and Bangladesh 71.

NEW ZEALAND TOUR OF THE WEST INDIES

The First Test will be

played at Sabina Park, Kingston, Jamaica, June 8-10. The Second Test will be at Queen's Park Oval in Port-of-Spain, Trinidad, June 16-20. The Third Test at Providence Stadium,

Guyana, June 26-30. The First Twenty20 on July 5 will be played at Windsor Park, Roseau, Dominica and the second on July 6 at Windsor Park, Roseau, Dominica.



West Indies' Chris Gayle plays a shot during a One-Day International cricket match against Bangladesh in Khulna, Bangladesh. AP Photo/A.M. Ahad



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While the number of young people in foster care has fallen, those still there face many challenges, including finding mentors to guide their transition into adulthood and getting the support to make that transition a suc-

One third of foster children are teenagers, in danger of aging out of a system that failed to find them a permanent family.

Across our Nation, ordinary Americans are answering the call to open their hearts and homes to foster children. From social workers and teachers to family members and friends, countless individuals are doing their part to help these striving young people realize their full potential.

My administration remains committed to doing its part. This year, the Affordable Care Act will extend Medicaid coverage up to age 26 for children who have aged out of foster care, allowing them to more easily access quality, affordable health coverage. We are working to break down barriers so every qualified caregiver can become an adoptive or foster parent.

Additionally, in the past year, we awarded grants to states, tribes, and local organizations to give communities new strategies to help foster children, including methods for finding permanent families, preventing long-term homelessness of young people aging out of foster care, and supporting their behavioral and mental

This month, and all year long, let us all recognize that each of us has a part to play in ensuring America's foster children achieve their full potential. Together, we can reach the day where every child has a safe, loving, and permanent home.

Now, therefore, I, Barack Obama, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim May 2014 as "National Foster Care Month." I call upon all Americans to observe this month by taking time to help youth in foster care and recognizing the commitment of all who touch their lives

In witness whereof, I have here unto set my hand this thirtieth day of April, in the year of our Lord two thousand fourteen, and of the Independence of the United States of America the two hundred and thirty-eighth.

BARACK OBAMA





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ARIES: Mar 21/Apr 20 No matter how challenging it may be, slow down and give yourself time to reflect, Aries. You're always on the go, but it's important to slow down every now and then.

TAURUS: Apr 21/May 21
Taurus, steer clear of added responsibilities this week, as you already have enough on your plate. Some alone time might be worth its weight in gold.

GEMINI: May 22/Jun 21 You're not easily overwhelmed by intense people or things, Gemini. Use this resilience to sail through a particularly challenging task that gets sent your way this week

CANCER: Jun 22/Jul 22

to each and every decision you must make.

There is no need to figure out all of the answers in the next few days, Cancer. If something is on your mind, then take your time to weigh all of your options.

LEO: Jul 23/Aug 23
It could be challenging to be playful and lighthearted this week, Leo. Take every situation seriously and give ample thought

VIRGO: Aug 24/Sept 22
Make the best of a delicate situation at work, Virgo. Although you may not be ready for more responsibility, your reaction will be noticed by your bosses.

LIBRA: Sept 23/Oct 23 Libra, hold tight to your beliefs this week and don't let

anyone sway your opinion. You will serve as an example to others who bend whichever way the wind blows

YOUR WEEKLY HOROSCOPE FOR MAY 5TH TO MAY 11TH

SCORPIO: Oct 24/Nov 22 Scorpio, you may not have all of the solutions, but rest

assured that you have been moving in the right direction. An interesting conversation illuminates the situation.

SAGITTARIUS: Nov 23/Dec 21 You have gained a new sense of purpose, Sagittarius, and you're ready to put some of your plan into action. Expect a few

raised eyebrows, but most people will be receptive.

Capricorn, you are ready for a well-deserved vacation or retreat. But you cannot run away from your responsibilities this week. Just hold out a little longer.

CAPRICORN: Dec 22/Jan 20

AQUARIUS: Jan 21/Feb 18

Your finances seem to be a constant source of aggravation, Aquarius. This week you are ready to take care of business and hammer out a foolproof budget.

PISCES: Feb 19/Mar 20

Pisces, your energy level will be quite high, making it vital for you to do something productive before your stamina slows down.

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Adelene Altenor Plaintiff, -against-Albertony Altenor Defendant

> Index No.: 51129/14 Date Summons filed: 3/14/14

Plaintiff designates Kings County as the place of _B trial

SUMMONS WITH NOTICE Plaintiff/Defendant sides at: 894 Eastern Pkwy, #2, Brooklyn, NY

ACTION FOR A DIVORCE To the above name Defendant:

YOU ARE HEREBY SUM-MONED to serve a notice of appearance on the Plaintiff with twenty (20) days after the service of this summons, exclusive of the day of service (or within thirty (30) days after the service is complete if this summons is not personally delivered to you within the State of New York); and in case of your failure to appear, judgment will be take a/k/a Mohanllal Singh; et against you by default for al., Defendant(s). Pursu-

≻LEGAL

the relief demanded in the notice set forth be-OW Dated 3/05/2014 A. Altenor Plaintiff Phone No · 347-598-0596 Address: 894 Eastern Pkwy, #2, Brooklyn, NY 11213

Notice: The nature of this action is to dissolve the marriage between the parties, on the grounds: **DRL § 170 suĎd. 2 abandoment.

The relief sought is a judgement of absolute divorce in favor of Plaintiff dissolving marriage between the parties in this action.

The nature of any ancillary or additional relief requested (see p.14 of Instruction) is: NONE - I am not requesting any ancillary relief

≻LEGAL

NOTICE OF SALE SU-PREME COURT COUNTY **OF KINGS** JPMorgan Chase Bank, NA, Plaintiff, against Mohanlall Singh

➤LEGAL

ant to a Judgment of Foreclosure and Sale duly dated December 18. 2013 I. the undersigned Referee will sell at public auction in Room 224 of Kings County Supreme Court, 360 Adams Street, Brooklyn. New York 11201 on June 5, 2014 at 2:30PM. premises known as 93 Williams Avenue, Brooklyn, NY 11207 All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the Borough of Brooklyn, County of Kings, City and State of NY, Block 3683 Lot 3. Approximate amount of judgment \$498,605,98 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index# 27628/2009. Jaime Lathrop, Esq., Referee Shapiro, DiCaro & Barak, LLC Attorney(s) for the Plaintiff 175 Mile Crossing Boulevard, Rochester, ΝŸ 14624 (877) 759-1835 Dated: April 14, 2014 1090424 5/2, 5/9, 5/16

➤LEGAL

SUPREME COURT COUNTY 0F KINGS RESIDENTIAL MORT-GAGE SOLUTIONS. LLC. Plaintiff against DOUG-LAS WILSON, et al Defendant(s). Pursuant to a Judgment of Foreclosure and Sale entered on September 16, 2013. I, the undersigned Referee will sell at public auction in Room 224 of the Kings County Courthouse, 360 Adams Street, Brooklyn, N.Y. on the 15th day of May. 2014 at 2:30 p.m. Said premises known as 795 East 39th Street, Brooklyn, N.Y. 11210. Tax account number: SBI #: 4986-69. Approximate amount of lien \$ 622,448,23 plus interest and costs. Premises will be sold subject to provisions of filed judgment and terms of sale. Index No. 2316-08. Parascandola, Blaise Esq., Referee. McCabe Weisberg & Conway Attorney(s) for Plaintiff 145 Huguenot Street - Suite 210 New Rochelle, New York 10801 (914) 636-8900

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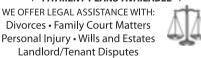
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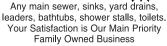
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