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Promoting Haiti's culture

Melanie Charles adds some musical Haitian culture to the rooftop event on arts and development in Haiti. See story on page 9.

Photo by Tequila Minsky

Boro prez calls for mass transit expansion

By Nelson A. King

Brooklyn Borough President Eric L. Adams has called for greater mass transit investment in Brooklyn.

In testifying before New York State Assembly Standing

Committee on Corporations, Authorities and Commissions, on the Metropolitan Transit Authority's (MTA) 2015-2019 Capital Plan, Adams focused on three areas that he felt the MTA and New York City Transit

should address in the coming years.

They are: Disability support, transit infrastructure investment, and bus service expansion and enhancement.

Continued on Page 4

GUYANA REGIME ORDEAL

Opposition files no confidence motion

By Bert Wilkinson

In less than 10 minutes last week, one of Guyana's two parliamentary opposition parties opened the door to the impending collapse of the administration of President Donald Ramotar formally filing a parliamentary no confidence motion while complaining that it was tired of runaway corruption, breaches of local laws and

the constitution and effectively cutting Ramotar's five-year term by more than two years.

A Partnership For National Unity (APNU) and the Alliance For Change (AFC) hold a single seat majority in the 65-member parliament and once every legislator turns out to vote, the governing People's Progressive Party

Continued on Page 4

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THE NEWS FROM BACK HOME

Caribbean

The Caribbean Community (CARICOM) has reiterated its call for a ceasefire between Israel and the Palestinians in Gaza to bring an end to the hostilities and the appalling bloodshed being caused by the bombardments, shelling and ground invasion.

A statement from the CARICOM Secretariat in Guyana said: "With the toll of civilian deaths and wounded mounting incrementally in Gaza, the vast majority being in particular women



and children; with hundreds of homes and civilian buildings such as schools destroyed or severely damaged; with few if any havens for the thousands of displaced Palestinians, the question must be raised as whether the principles of proportionality and the norms of international humanitarian law and of international human rights are being respected in the assault on Gaza".

The Secretariat said the humanitarian situation in Gaza worsens dramatically, the Caribbean Community "joins its collective voice to the calls coming from many quarters in the international community for all the parties involved to cease hostilities and end to the intolerable escalation of death, destruction and violence."

Antigua

An Antigua and Barbuda magistrate has committed newly-appointed Attorney General Steadman "Cut-tie" Benjamin to stand trial on Oct. 1, 2014 on allegations of passport fraud.



Magistrate Nagio Emanuel ordered the prosecution to disclose all evidence to the defense within 21 days.



Constructing resilient houses

As natural disasters become more prevalent, squatter's homes, such as this one in Trinidad, are a cause for concern in Jamaica, where 20 percent of the population is said to inhabit such precarious structures. See story on page 6.

IPS / Jewel Fraser

The prosecution had alleged that in 2008 Benjamin had signed a passport application form and photograph of Jamaican Shane Anthony Allen, who claimed to have been Antiguan Tyrell Brann when he applied for and obtained an Antigua and Barbuda passport. Brann had died earlier.

Allen and Lynda Brann, the mother of the deceased man, had been convicted and sentenced to two years in jail as a result of the fraudulent matter.

They have since been released from prison after serving their sentences.

Benjamin was appointed attorney general in June this year after his party the Antigua and Barbuda

Labor Party (ALP) defeated the Baldwin Spencer United Progressive Party in the June general election.

Bahamas

The Bahamas government signed three agreements with the Haitian government to further develop trade between both countries and a lead to decreases in illegal migration.

Prime Minister Perry Christie said it was an historic day.



The agreements include a framework for bilateral cooperation, an agreement on the promotion and pro-

tection of investments.

Both Christie and Haitian President Michel Martelly said the agreements could represent a shift in the migration issue that The Bahamas has struggled with for decades.

"It's been a great day, a historic day, in terms of signing these agreements", said Christie following talks with the Haitian delegation.

Barbados

A study done in four Caribbean countries has found that 30 percent of children aged 11 to 13 were overweight or obese, a senior official of the Pan American Health Organization (PAHO) said.

Dr. Audrey Morris, the advisor on Food and Nutrition at PAHO, told a workshop to review and refine a draft policy document on Nutrition and Health Foods in Barbadian schools that the number of overweight and obese children in the region has more than doubled over the last decade due primarily to unhealthy diets and inadequate exercise.



Dr. Morris said the consequences overweight and obesity in children were serious, including breathing difficulties, hypertension, early signs of cardiovascular disease, insulin resistance and psychological effects. She noted the easy access to fatty and salty foods in school canteens, revealed that up to 80 percent of the children in the Caribbean study admitted to drinking a carbonated soda every day.

The PAHO official said countries such as the United States had placed limits on sugar, fat and sodium in all foods and beverages sold on school compound. In addition, Brazil has mandated that 30 percent of the input in school meals must come from local agriculture and Panama has banned fried foods and sodas from school premises.

Grenada

The Caribbean Association of Banks Inc. (CAB) will host its 41st Conference in Grenada from Nov. 12-15.

The conference, which attracts over 250 delegates each year from around the world, will be held at the Radisson Grenada Beach Resort. The conference will explore the theme "The Changing Face of Caribbean Banking".



Continued on Page 16

REMOVING IMMIGRATION NIGHTMARES

There are solutions to problems immigrants frequently experience. Among the problems and solutions are the following:

1. GETTING MARRIED TO A US CITIZEN OR GREEN CARD HOLDER AND BEING ABUSED OR ABANDONED BY THE SPOUSE
2. PARENTS OF US CITIZEN WANTING TO WORK AND MAINTAIN THEIR CHILDREN
3. ILLEGAL ENTRY INTO THE US
4. ILLEGAL REENTRY AFTER DEPORTATION
5. WORK PERMIT AND GREEN CARD FOR CHILDREN AND YOUNG PERSONS
6. CRIMINAL RECORDS: WAIVERS AND PARDONS
7. REMOVING 2-YEAR CONDITIONAL GREENCARD
8. ASYLUM PROBLEMS AND DEPORTATION ORDERS
9. APPROVALS AND VISA BULLETIN PROBLEMS
10. NOTICE TO APPEAR (NTA) IN IMMIGRATION COURT AND IMMIGRATION COURT PROCEEDINGS
11. DO YOU NEED A WORK PERMIT, IDENTIFICATION CARD AND FOREIGN TRAVEL PERMIT?
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Jamaicans celebrate nation's anniversary

By Vinette K. Pryce

Jamaicans in the tri-state area flocked to the Wall Street business district on Aug. 6 to mark the milestone independence anniversary of the island. Bullish on the 52-year history, they gathered at Bowling Green to raise the banner that unites those in the Diaspora and those at home. At noon, the black, green and gold colors of the nation slowly rose to the same height as the U.S. flag on an adjacent flagpole. The significant gesture probably raised the hopes of immigrants proud of their culture, legacy and contribution. Hosted by Ewayne McDonald, of the Caribbean Cultural Theater the morning event featured a rendition of the island's national anthem.

Andrew Clarke, founder and artistic director of BRAATA Production received kudos for his stirring performance of the prayer and hymn known as "Eternal Father."

Afterwards an official ceremony led by Consul General Herman G. Lamont united the Caribbean nationals who on that date showed solidarity with enhancing the profile of the nation.

Lamont's keynote address to the gathering – dominated by individuals dressed in national,

traditional red and white bandana outfits as well as a majority whose fashions prominently displaying black, green and gold -- featured a message from Prime Minister Portia Simpson-Miller.

Here is the speech:

"My fellow Jamaicans at home and in the Diaspora, I greet you on this the 52nd Anniversary of our Independence.

Fifty-two years since our flag was first hoisted; 52 years since we assumed full responsibility for our national affairs.

Fifty-two years since that hopeful and expectant generation passed on to us the vibrancy of a dream of a new Jamaica: a Jamaica of equal opportunity for all; a Jamaica where justice would roll down like a river, and a Jamaica for which all of us could be proud.

A Jamaica in which all of us could truly say, "This is Jamaica, my Jamaica."

A true ownership society: a Jamaica in which all of us would have a sense of place and belonging, not just a place of abode.

Founding Father Rt. Excellent Norman Manley put it well in speaking of his vision of this new Jamaica:

"All efforts will be wasted unless the masses are steadily taken along a path

Continued on Page 28



Members of the Byways and Hedges church now use a tent for worshipping after fire destroyed their church.

Photo by Nelson A. King

Pols, clergy decry suspicious church fire in Brooklyn

By Nelson A. King

Several local elected officials, the clergy and community leaders have decry the suspicious arson of the offices of a popular church in Brooklyn.

The Byways and Hedges church is known throughout the community for its efforts in addressing violence prevention, immigration reform, youth empowerment, domestic violence, spiritual care and crisis intervention.

On Aug. 5, sometime between 9:30 p.m. and 10:00 p.m., a fire damaged the building at 846 Utica Ave., Brooklyn that housed the church's youth ministry and other services, such as Community Concerns Network Inc., Immigrants Responding to Crisis and The Real Life Times community newspaper.

As a result, the church's Jamaican-born founder and president, the Rev. Dr. Terry Lee, who has been serving the community for more than 20 years, is now left without an office.

In a strong show of support on Friday, fellow clergy, elected officials and



Rev. Dr. Terry Lee, holds up one of his bibles burnt in the suspicious fire.

Photo by Nelson A. King

community leaders came together at a press conference to condemn what they described as "this suspected act of destruction," urging anyone with information to come forward immediately.

"The Byways and Hedges Church and its founder, Rev. Dr. Terry Lee, have long embodied the spirit of servant leadership in East Flatbush," said Brooklyn Borough President Eric Adams.

"Now, as one Brooklyn, we need to embrace this congregation with the same love and support in their hour of need," he added.

Jamaican-born Assem-

blyman N. Nick Perry (D-58th AD), said the suspected arson is "a tragedy for the entire East Flatbush community.

"Rev. Terry Lee and his congregation worked tirelessly to spread the word of God and improve the quality of life of all who live in the community," he said, adding that the tragedy is "compounded by the fact his fire may have been set intentionally, thus disrupting the good work of the By Ways and Hedges family.

"Given their tremendous faith, resolve and passion, I am confident though that

Rev. Terry Lee and By Ways and Hedges will rebuild and continue on their path of providing an overwhelming spirit of charity and compassion," Perry continued.

Sen. Kevin Parker (D-21st S.D.) said he, too, was "sadened to learn of the fire that burned By-ways and Hedges Church in my district and am equally grateful that no one was injured.

"This is a tragedy for our community and our friend, the church's founding pastor Terry Lee," he said.

"I know his faith and support from the community, including my office, will sustain him through these questionable days," Parker added. "As he has worked tirelessly to provide immigration, housing, domestic violence prevention and other work to Brooklyn residents, our community will galvanize to ensure By-ways is rebuilt stronger to continue its Godly service."

Members of the 67th Precinct Clergy Council said, "it is so sad that a solid community church like Byways and Hedges has been destroyed by what we are calling an act of terrorism."



From left, Andrew Clarke, Vena Baker, Dawn Plummer and Melville Newell at Bowling Green.

Photo by Vinette K. Pryce

Guyana opposition files no confidence motion

Continued from cover (PPP) is on course to lose the House vote and forced to resign and call general elections in 90 days.

Its other option is to preempt the two parties and call general elections on its own but it is widely known to fear such a move as it has been slowly but surely losing support after a withering 22 years in office, compounded by its closeness to the drug trade, the inexplicable wealth of cabinet members and other high officials and its saturation of the governmental system with friends and family of the ruling elite.

The AFC's David Patterson deliberately timed the handing in of the one line motion to Clerk of Parliament Sherlock Isaacs just days before the assembly went on its two-month annual recess giving both sides time to prepare for the vote when sessions resume in early October and to

organize general election campaigns that are certain to have been fully ramped up by the time legislators raise their hands in the affirmative.

Officials say that the administration is so embarrassed by the AFC's move and the decision by APNU to fully back it with its 26 seats that it will likely call early elections and avoid the political and national indignity of becoming the first administration in the country to be kicked out by frustrated and angry opposition parliamentarians.

Officials also say that government has in the past week called in several key advisers to determine whether there were any flaws in the oneline motion but it was made clear to Cabinet Secretary Roger Luncheon that the motion was without blemish and cannot be challenged in court.

PPP insiders had hoped that the AFC would have



President Donald Ramotar. AP / Richard Drew, File

proffered and attached reasons for filing the motion, giving it the excuse to take the matter to court and prolong its life but Patterson said that AFC executives and lawyers spent hundreds of hours researching other precedents in the UK, India and even Trinidad before deciding on the deadly one liner that is on course to bring down the Ramotar administration in the coming weeks.

One serious charge against the administration is the government's stubborn refusal to organize local government elections.

Expanding Brooklyn's mass transit

Continued from cover

"Brooklyn is a borough on the rise, a burgeoning destination for tourists and a hub for hundreds of businesses large and small," Adams said.

"To continue our growth and success, success that helps support the tax base of our great state of New York, our transportation system must be upgraded to reflect a 21st century borough that, if it stood alone, would be the fourth-largest city in America, with a geographic footprint of almost 100 square miles," he added.

On disability support, Adams said only 21 of 170 subway stations in Brooklyn are compliant with the Americans with Disabilities Act (ADA), and that only seven more are planned to be made compliant by 2020.

He noted the high population of senior citizens and disabled residents in the borough, calling for swifter action to address their needs.

"The MTA must make the necessary investments to be

in compliance with the ADA and afford their customers, my constituents, access to the subway system," Adams said.

In this regard, he urged the MTA to expedite its timetable to complete accessibility-related work at the seven remaining stations in the current queue, as well as commit to doubling the number of ADA-compliant stations operating in Brooklyn by 2025.

Adams outlined three potential infrastructure projects that the MTA should invest in to enhance improvements in system capacity.

Firstly, he proposed connecting the Junius Street station on the 3 line with the Livonia Street station on the L line. The lines are only 250 feet from each other.

Secondly, Adams called for linking the East New York station on the Long Island Rail Road with the Broadway Junction subway hub, which has five lines that run through it. These

sites are one block apart. Finally, he suggested the creation of a light rail line along Brooklyn's waterfront.

"A generation ago, no one imagined that Brooklyn's waterfront would be some of the most sought-after real estate in the country, for both residential and commercial purposes," Adams said.

"Yet for all the growth that the waterfront has experienced, from Greenpoint all the way down to Red Hook, this area is poorly served by public transit," he added, stating that "improvements would spur additional economic development and job creation along the waterfront, especially in growth industries, such as manufacturing, technology and the innovation economy."

On bus service expansion and enhancement, Adams called for the restoration of service along several bus lines, including the full length of the B37, B70 and B8.



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Jamaica's first national hero feted on centennial

By Vinette K. Pryce

History has been kind to the legacy Marcus Mosiah Garvey left behind. Although the Rastafarian movement, songs and reggae attributes have consistently lauded the prophetic messages Garvey imparted to his audiences, for a time he remained elusive to mainstream media.

One hundred years after he impacted the world, the history of the Jamaican also known as the father of Pan-Africanism is now a source of national pride in his birth island and perhaps even more regaled throughout the USA.

With his 127th birth date near, a long list of activities are planned for here, there and almost everywhere.

In Harlem, an entire day's celebration spotlights Harlem Week festivities on Aug. 17 with outdoor activities, music, health



In this Aug. 1922 file photo, Marcus Garvey is shown in a military uniform as the "Provisional President of Africa" during a parade on the opening day of the annual Convention of the Negro Peoples of the World at Lenox Avenue in Harlem, New York City.

Associated Press

screenings, exhibitions, vendors, an auto show and myriad of children-friendly activities. The entire swath of streets along the length of 135th with perform-

ance stages at Malcolm X Blvd. Adam Clayton Powell Blvd. and Fifth Ave. will feature a diverse lineup of talent.

Continued on Page 24

Jamaicans design 'smart' buildings

By Jewel Fraser

PORT OF SPAIN, Trinidad, Aug 5, 2014 (IPS) - Buildings are among the largest consumers of earth's natural resources. According to the Sustainable Buildings and Climate Initiative, they use about 40 percent of global energy and 25 percent of global water, while emitting about a third of greenhouse gas emissions.

Anthony Clayton, a professor of sustainable development at the University of the West Indies, Jamaica, says those statistics make buildings vital to developing resilience to climate change and to reducing pockets of entrenched poverty in the Caribbean region.

"At the moment, most of the buildings in Jamaica are very energy inefficient with very expensive electricity that reduces the level of disposable incomes, which is one of the factors acting as a break on the economy."

"If we build to a higher standard of energy efficiency," the country will also be more resilient to cli-

mate change, he added.

Clayton and his colleague, Professor Tara Dasgupta, are currently working on the prototype of a smart building whose key features would be "optimal sustainability and efficiency" with particular attention given to water efficiency, renewable energies, materials and resources, and indoor environmental quality.

The proposed "net zero energy" building, which is the first of its kind in the region, is now in the design phase. The University of the West Indies' Institute for Sustainable Development (ISD), where Clayton holds the Alcan chair, is working in collaboration with the Global Environment Facility and the United Nations Environment Programme (UNEP) on the seven-million-dollar research and building project.

Clayton, who is also a member of several advisory groups serving the Caribbean Regional Negotiating Machinery, the UNEP Division

Continued on Page 27



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Promoting Haiti's culture

By Tequila Minsky

Last month, Pan American Development Foundation (PADF) held an after-work conversation on the intersection of arts and development at the Liaison Capitol Hill Hotel, part of summer series of Hotel - sponsored soirées - sharing space with those taking a dip in the rooftop pool in Washington DC.

Actor and philanthropist Jimmy Jean-Louis, PADF's ambassador for Haitian Children, Ciné Institute founder David Belle, Haitian gallery owner Gael Monnin, whose displayed selection of paintings from Haiti provided authenticity, and Haiti Cultural Exchange's (HCX) Regine Roumain participated in a panel on the role for the Haiti art sector in fostering development in Haiti.

In welcoming remarks, OAS Assistant Secretary General Albert R. Ramdin extolled the



OAS Assistant Secretary General Albert R. Ramdin offers welcoming remarks with panelists, cultural activists, David Belle, Gael Monnin, Jimmy Jean-Louis and Regine Roumain.

Photo by Tequila Minsky

creative efforts in Haiti, advocating that with innovative thinking, culture can help drive economic recovery. He cited the country's renowned art, film and music.

Actor Jimmy Jean-Louis spoke of the need to do more to support artists and allow them to develop their own authentic voices and visions. "We have talent, we don't have theaters," he said. "If the private sectors build some theaters, they'd all be packed." The Triumph and Rex Cinemas,

in operation years prior to the earthquake, and then damaged, are being rebuilt. Their openings are "not far away."

"The image of Haiti in the media is so bad," he painfully reflected. "We've accomplished such extraordinary things and changed the world. That's what we've done. We don't need to imitate what we see on TV."

Jean-Louis founded Hollywood Unites for Haiti, originally to promote sports and cul-

Continued on Page 14

Carnival plans to build port in Haiti

By David McFadden

KINGSTON, Jamaica (AP) — A major Florida-based cruise line has signed a letter of intent to develop a new port on an isolated Haitian barrier island that has long been a major launching spot for smugglers, authorities said Monday.

Carnival Corp., the parent company of Carnival Cruise Lines, said it signed a memorandum of understanding last week with the Haitian government for a cruise port on Ile de la Tortue off Haiti's north coast.

In a statement emailed Monday, Carnival said the development would create a "tremendous economic impact" for Haitians while also carving out a new spot for ship itineraries in the Caribbean, the globe's No. 1 cruise destination.

"The development will create an exciting opportunity for our guests to enjoy a new, secluded and stunning destination," said David Candib, a vice president for

Miami-based Carnival.

In a recent tweet, Haitian Prime Minister Laurent Lamothe said the initial investment on Ile de la Tortue will be \$70 million.

Because of its remoteness, the mountainous island has long been a center for smugglers to organize dangerous sea journeys for poor migrants seeking a better life in the United States and elsewhere in the Caribbean. Ile de la Tortue, also known as Tortuga Island, is 11 miles (19 kilometers) across cobalt waters from hardscrabble Baie des Moustiques.

The cactus-studded area's poverty stands out even in Haiti. Ile de la Tortue, where the shores are lined with wooden boats of smugglers and subsistence fishermen, has some of the poorest people in the hemisphere's most impoverished country.

In February, Lamothe said officials had begun a program to improve opportunities, in part by paving the way for seven restau-

Continued on Page 14

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Improving your end-of-life healthcare

By Brandi Alexander

The day my father died from prostate cancer -- Jan 11, 2011 -- is the day I decided that no family should ever experience the same pain. That day everything changed for me. I had worked for seven years at an organization whose sole focus is end-of-life care, yet I had not had even one conversation with my father about his end-of-life wishes. It was truly a wake-up call, an eye-opening experience I hope I never have to repeat.

Imagine sitting in a hospital room with your unresponsive father, your five siblings on one side of the bed, and his new wife and her five children on the other side. People on both sides thought they were best equipped to speak on my father's behalf. The sad reality is that none of us -- not one of the 12 people in that room -- had a clue about what he wanted. He had no advance directive, had never had a serious conversation about his end-of-life wishes, not even with me, an end-of-life care advocate.

Since that fateful day three-and-a-half years ago, I have learned that horrible situations at the end of life are far too common in this country, especially in the African-American community.

Unlike many of the other disparities that impact the African-American community, this is one we have more control over. It starts with having a conversation. Unfortunately too many of

us are not having that discussion. In fact, 20 percent of African-Americans have not talked to anyone about their end-of-life care wishes, according to research conducted in 2003 by the Duke Divinity School and the National Hospice and Palliative Care Organization (NHPCO).

African Americans underuse palliative and hospice care. They make up only eight percent of patients who participate in hospice care. At the same time, white Americans make up about 83 percent. Far too often, people associate hospice with "giving up" and "the place one goes to die." That is just not the case; hospice actually fosters good end-of-life care, and the earlier the patient accesses these services, the better off he or she is. Palliative and hospice care are one of the best ways to ensure a good death, whatever that may mean to each individual.

African Americans' end-of-life choices are also influenced by the importance of spirituality. As the New Living Translation of the Bible (Proverbs 27:12) says, "A prudent person foresees danger and takes precautions. The simpleton goes blindly on and suffers the consequences." Being prepared is not disrespectful to one's religious faith and personal beliefs.

At the end of life, African Americans are no different than anyone else in this country. We die too. We also want autonomy,

Continued on Page 12

The U.S. government still tries to subvert Cuba

By Sheldon Richman

When I saw the headline about the U.S. government and Cuba in my newspaper the other day, I thought I'd awoken in 1961. It was a Twilight Zone moment for sure: "U.S. program aimed to stir dissent in Cuba." I expected Rod Serling to welcome me to "another dimension."

But it was 2014. The AP news report said President Barack Obama and presumably then-secretary of state Hillary Clinton had plotted to incite a popular uprising — to "gin up opposition" — against the Cuban government by sending in young Latin Americans masquerading as tourists and health workers.

Did Obama, Clinton, and the United States Agency for International Development (USAID), which oversaw the operation, learn nothing from the 1960s, when the Kennedy and Johnson administrations tried repeatedly to overthrow Cuban ruler Fidel Castro and even to assassinate him?

The AP investigation disclosed that the USAID agents had "little training in the dangers of clandestine operations — or how to evade one of the world's most sophisticated counter-intelligence services." Nevertheless, the AP continued, "their assignment was to recruit young Cubans to anti-government activism, which they did under the guise of civic programs, including an HIV prevention workshop." The program, which lasted at least two years, began shortly after Obama's inauguration.

The private firm Creative Associates International ran the operation. The undercover agents "posed as tourists, visited college campuses and used

"There's no evidence that the program advanced the mission to create a pro-democracy movement against the government of Raul Castro."

a ruse that could undermine USAID's credibility in critical health work around the world: an HIV-prevention workshop one called the 'perfect excuse' to recruit political activists."

This is reminiscent of the ruse used in the attempt to find Osama bin Laden in Pakistan, in which American agents posed as health personnel encouraging people to get vaccinated against hepatitis-B. In the wake of that operation, some expressed concern that future vaccination efforts in foreign countries could be met with public skepticism.

Covert American efforts to effect regime change, as occurred in Ukraine in February, also undermine genuine indigenous dissent against repressive governments by enabling rulers plausibly to accuse opposition groups of being foreign agents.

In the Cuban operation USAID agents had close calls with the government:

The AP investigation revealed an operation that often teetered on disaster. Cuban authorities questioned who was bankrolling the travelers. The young workers came dangerously close to blowing their mission to "identify potential social-change actors." And there was no safety net for the inexperienced travelers, who were doing work that was explicitly

illegal in Cuba.

The AP says that an instruction manual tried to assure the agents they were safe. "Although there is never total certainty," the manual states, "trust that the authorities will not try to harm you physically, only frighten you. Remember that the Cuban government prefers to avoid negative media reports abroad, so a beaten foreigner is not convenient for them."

The AP concludes, "There's no evidence that the program advanced the mission to create a pro-democracy movement against the government of Raul Castro."

That makes the U.S. government's 53-year-long campaign for regime change in Cuba a perfect failure. Repeated efforts to spark an anti-Castro revolution or to kill the revolutionary-turned-dictator did nothing but strengthen the government's power. The embargo that the U.S. government imposed on Cuba in 1960, and which remains in force today, has given the Castros an excuse for the chronic hardship that Cubans suffer and has brought the people no closer to freedom.

News of the USAID operation reminds us of some of the U.S. government's most despicable acts during the Cold War. The government made eight attempts on Castro's life and other attempts on the lives of other Cuban leaders. In 1961 the CIA sent 1,500 Cuban exiles to invade Cuba at the Bay of Pigs. That operation, part of the Cuba Project (or Operation Mongoose), failed miserably and embarrassed President John F. Kennedy, who had taken office that year. The U.S.

Continued on Page 12

Caribbean Life

Founded 1990 • Published by Community Newspaper Group
Corporate Headquarters: One Metrotech Center North, Suite 1001, Brooklyn, NY 11201

NEW YORK PRESS ASSOCIATION
NYPA

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LETTERS TO THE EDITOR are welcome from all readers. They should be addressed care of this newspaper to the Editor, Caribbean-Life Publications, 1 MetroTech Center North, Brooklyn, New York 11201, or sent via e-mail to caribbeanlife@cnglocal.com All letters, including those submitted via e-mail, MUST be signed and the individual's verifiable address and telephone number included. Note that the address and telephone number will NOT be published and the name will be published or withheld on request. No unsigned letters can be accepted for publication. The editor reserves the right to edit all submissions.

No light stepping after chokehold outrage

There would be those, certainly, for whom the expression “New York style” doesn’t have about it a ring of specialness. Not so the bulk of us who call the Big Apple home. There is, we know, a certain elan, a certain panache to New York style which is to be in no way construed as being lumped in with the rest of the pack. What most distinguishes true New York style is that it’s cool. Off-color stuff purporting to emanate from a New York source despoils our desired order. Like, upon Obama’s being declared re-elected to the presidency in 2008, we get word that a bozo identified with New York named Donald Trump calls for the citizenry to march on Washington. No less a corruption of true New York style is an African American man meeting his death while being arrested for allegedly selling “loosies” on Staten Island.

Accustomed as we are to gasping, seething with rage, etc over out-of-town instances of foul behavior from law enforcement types that come to our notice, we’re still prone, some of us, to draw an imaginary line between such bizarre occurrences “out there” and what our New York

...There’s a certain point after which the now obligatory line about “...investigation... so that this never happens again” becomes trite and meaningless.

sensibilities hold to be the norm. This, despite knowing that there have been times when the police-civilian interaction in this town haven’t been all that cool.

It wasn’t a great day for New York’s finest last July 17 when officers on Staten Island decided to bust Eric Garner for, they claimed, selling “untaxed cigarettes” on the street. It staggers the imagination that petty crime on that level, if indeed crime was being at all perpetrated, could escalate to where a cop applies a chokehold that ends Garner’s life. A chokehold, the NYPD tells us, is a banned maneuver, so right out of the starting gate we have an officer pushing a lever that prompts us to question how suited was he for the job. Whether triggered by panic or by wanton disregard for the rules

Viewpoint

By Les Slater

of engagement, the officer’s resort to a chokehold is indicative either of his being one of the “bad apples” the department has over the years grudgingly acknowledged to be in the manpower mix. Or inadequate training or whatever else caused him to not measure up when the acid test came.

From the Patrolmen’s Benevolent Association (PBA) came the predictable slant in a response: had Garner not “resisted arrest” the unfortunate outcome would have been avoided. Problem is, a conflicting version of what’s factual in circumstances like this doesn’t inspire today the confidence in outwitting the other guy that it did yesteryear. Not in this time of digital cameras in ubiquitous usage across the land. And damned if there wasn’t someone on spot to record how this altogether unnecessary turn of events went down.

Rev. Al Sharpton’s call for action and response strategy

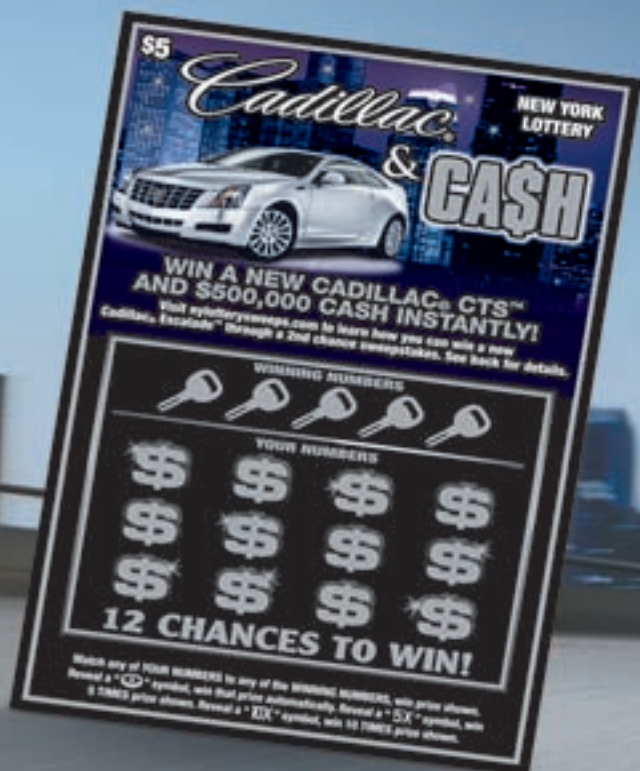
didn’t necessitate, for a change, his jetting off to a location well beyond New York. Garner’s death surely was justification for any and all avenues of protest, including the planned march across the Verrazano Bridge, if concerns over logistics and other public safety issues didn’t force a re-thinking of the bridge piece. Beyond their vigorous objection to the march on the bridge, one read, in the reaction of some Staten Island pols, a sense that they would much rather there was no protest at all, at least none that would further call attention to Staten Island having incubated this episode of egregious police misconduct. They are of course dead wrong, these outer-borough reps, if daring to entertain the notion that an aftermath framed by hushed tones and light stepping is all that’s required here. Not hardly. A person of color lost his life, clearly through the carelessness, or worse, of an arresting officer. It is no time for walking softly.

Mayor de Blasio has to simply let the chips fall where they may on this one. And as matters take their course, he needs be reminded that there’s a certain point after which

the now obligatory line about “... investigation...so that this never happens again” becomes trite and meaningless. To lots of us, looking in from a distance on what unfolded in Staten Island on July 17, it would be difficult to understand any conclusion different from a cop having gone inadvertently or deliberately rogue, bringing about Eric Garner’s death. As for the mayor, to his credit, we have so far seen nothing from him that would lead us to believe he wouldn’t want to be the ultimate facilitator in the process of ensuring that justice prevails.

It’s not possible, of course, for New York to monitor and deflect everything that looks to be potentially compromising to its pace-setter image. We are too large, too disparate a collective to foolhardily go there. We can, however, remain dedicated to having the distinctiveness that is New York style continue in place, undiminished. When and if they do occur, the likes of the appalling Staten Island goings-on summon us to step up. No mimicking of many a travesty we can recall in this or that place far afield. This is New York. We’re better than that.

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Make your end-of-life wishes known

Continued from page 10
choice and peaceful life endings. We must step up as a community and start thinking and talking about end-of-life decisions, because without it we suffer.

Death is inevitable, so whether you want every treatment option available or none at all, it's imperative to make sure it is clear to those who matter. Anyone can start this process

by calling Compassion & Choices' toll-free end-of-life consultation service, 800.247.7421, and visiting our website, www.CompassionAndChoices.org, where one can access state-specific advance directives and the Good-to-Go Tool Kit, all free of charge.

The most loving thing you can do is to make your wishes known to your loved ones, officially in writing as

well as through candid discussions. If I had the foresight to discuss my father's choices with him, we could have spent his last days honoring his life instead of fighting over his death.

Brandi Alexander is the regional campaign & outreach manager for Compassion & Choices, the nation's leading end-of-life choice advocacy organization.

Efforts to subvert Cuba continues

Continued from page 10

Joint Chiefs of Staff even contemplated having terrorists acts committed on U.S. soil in order to blame Castro and whip up war fever among Americans

(Operation Northwoods). Thankfully, Kennedy vetoed that plan.

After all that, you'd think Obama and Clinton would have learned that the best way to liberate Cuba is for the United States to nor-

malize relations, complete with free trade and free travel.

Sheldon Richman is vice president and editor at The Future of Freedom Foundation in Fairfax, Va. (www.fff.org).

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Haiti cruise port

Continued from page 9

rants and by creating 1,000 jobs through a sanitation program. Farmers received free seeds and the national police force was to send some 30 officers to crack down on illegal migration.

Carnival said the company's new port would "directly or indirectly" employ more than 900 people. The development would compete with Royal Caribbean's fenced-in Labadee cruise port and beach attraction, also on Haiti's north coast.

A local government representative on Ile de la Tortue said residents were excited by the prospect of foreign investment.

"A tourist port will bring work to La Tortue," Sagesse Loriston Fils said in a phone interview. "But they need to come and talk to the community, get the community involved."

Not everyone is convinced a new cruise port would be

a good deal for Haiti. Jim Walker, a Miami maritime attorney and author of a blog called www.cruiselaw.com, said in an email that his concern is that Carnival will be "sailing back with all of the profits to Miami."

Trade groups say the cruise ship industry injects about \$2 billion a year into the economies of the Caribbean. But critics complain it actually produces little local revenue because the cruise companies and international chain shops on piers siphon away most of the spending.

Earlier this year, Lamothe announced ambitious plans to transform the southern outlying island of Ile-a-Vache into a high-end resort with condos, spas and its own international airport. The \$260 million project being built with a combination of foreign aid and private investment is scheduled to be completed in two years.

Haiti's culture

Continued from page 9

tural activities for Haitian underprivileged youth. The organization's mission has expanded its scope, post-earthquake, to support more vital rebuilding activities.

David Belle outlined how Ciné Institute in Jacmel, the country's only film training institute, tuition free-of-charge, evolved from the three international film festivals in Jacmel that he co-founded and directed. Each edition of the festival included extremely popular filmmaking workshops with presenting filmmakers. From the great appreciation of and respect for cinema, Belle recognized, "Haitians want to see films about their own culture."

At the panel, Belle spoke about how Nigeria has the third largest world film industry (after Hollywood, and India's Bollywood); its growth owing to new technology, low budgets, local talent and direct sales and how there is a future for Haitian cinema and emerging opportunities in the broadcast market.

Ciné Institute's two-year program graduated its first class in 2011. When classes were interrupted by the earthquake that hit Jacmel hard, students documented its affects.

The Institute has had three graduating classes—100 students, since its inception and graduates have been hired by non-governmental institutions (NGOs), to film and produce music videos, and to make commercials.

Ciné Institute is also partnering with the new Audio Institute, which offers a tuition free, two-year intensive training program to Haitians in all aspects of music production and audio engineering, as well as the business skills needed to flourish in the local and international music industries and skills for radio production, an integral aspect of Haitian life.

Next to speak on the panel, Gael Monnin stressed the importance of infrastructure in Haiti, both in roads, reliable access to electricity and the internet.

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CARIBBEAN ROUNDUP

Continued from page 2

According to Carlton Barclay, chairperson of the Caribbean Association of Banks Inc.; "We are indeed excited to bring the conference to Grenada at a time when Grenada, like the rest of the Caribbean, is grappling with the various challenges facing the financial services sector. Having visited Grenada to assess the proposed conference venue, we are satisfied that all the arrangements."

Local Organization Committee Grenada Chairman Keith Johnson said several international sponsors drawn from the financial services sector as well as delegates from the regional banking fraternity have already registered for the conference and their enthusiasm is catching.

Jamaica

Jamaica Prime Minister Portia Simpson Miller says J\$15 million is to be allocated for drought mitigation efforts in the worst affected parishes.

She made the announcement while speaking at the recent three-day Agriculture and Industrial Show in Clarendon.

She said the money will be used to help truck water for domestic and farm usage.

Simpson Miller said she has instructed the Local Government Minister Noel Arscott to pay special attention to Clarendon, Manchester and St. Elizabeth.



Clarendon is said to be the worst hit parish, while St. Elizabeth has had hundreds of acres of farmlands destroyed by bush fires.

Recently, the government allocated J\$30 million to the Rural Development Authority to increase crop production in areas of the country not severely affected by the current drought.

St. Lucia

St. Lucia's Prime Minister Dr. Kenny Anthony says the island is being pressured into accepting same-sex marriages in a bid to further develop its tourism industry. Addressing the recent 16th biennial convention of the Union of Saint Lucian Overseas Associations, Anthony said there were policies that were being imposed on the island and that St. Lucia was expected to either sign and accept, or face the consequences.



He told the audience there were some "delicate" issues that face St. Lucia and its tourism industry, and that the island needs the help, assistance and guidance of its overseas based nationals.

"What ought to be St. Lucia's position on same sex marriages given the simple fact that all of you reside in the capitals of the world that now champion same sex marriages? What will you tell St. Lucians on the issue?" Anthony asked.

Compiled by Azad Ali

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Golden Krust opens franchise on Church Avenue

By Kevin Bollers

Golden Krust Caribbean Bakery & Grill, the nation's largest Caribbean franchise chain with more than 120 restaurants located in nine states opened its newest franchise restaurant in Brooklyn, New York, located at 2223 Church Ave. on Saturday, Aug. 9, 2014. The franchise owners are Stanley and Noveene Dennis.

Lorraine Hawthorne-Morrison, vice president of Real Estate and Legal of Golden Krust opened the event with a call to order, followed by an opening prayer by Norman Bailey. Marketing and Public Relations Manager, Latalya Morrison greeted and welcomed the attendees and guests, including Brooklyn Borough President, Eric Adams, who praised the Golden Krust family and franchise for their ongoing contribution to the Brooklyn community. The event was also highlighted by an official ribbon cutting ceremony, attendance of President and COO of Golden Krust, Lowell Hawthorne, franchisees and well-wishers. There were also an abundance of free food samples, prizes and surprises for their guests.

Dr. Roy A Hastick, Sr., president and founder of the Caribbean American Chamber of Commerce and Industry, Inc (CACCI) spoke on behalf of the Church Avenue, Brooklyn community saying, "We are blessed to



Ceremonial ribbon cutting marks Golden Krust Grand Opening. From left, Latalya Morrison, marketing and public relations manager, Lorraine Hawthorne, vice president of Legal and Real Estate, Lowell Hawthorne, president, CEO and founder of Golden Krust Caribbean Bakery and Grill, Stanley Dennis, Golden Krust franchise owner, his wife, Noveene Dennis and a Golden Krust employee. Photo by Kevin Bollers

have another Golden Krust franchise in Brooklyn." Hastick noted, "It is only in New York that a person can leave a humble place in the Caribbean and come to Brooklyn or any of the other four boroughs for that matter and make it."

He commended Dennis and his wife, Noveene, on opening their fourth franchise and their choice of location, calling it a "prized spot." He said that in terms of financing, having a financial and business plan, Stanley has done it. Hastick also praised Golden Krust's

president for his vision and master planning in his selection of staff and family that has also made for the ingredients of the Golden Krust franchise being a success.

Dennis spoke about Golden Krust sowing back into the community. According to him, the Golden Krust franchise is about lifting the spirit of the individual and their customers as a whole. He expressed pride in the opportunity to serve the residents of the Church Avenue community; particularly for the Caribbean

residents of which Golden Krust serves to represent home away from home. To that end, according to Dennis, "Golden Krust makes it a top priority that their customers have fresh, healthy and clean food." Their restaurants locations are always clean and much of the franchisee sponsorship money goes into ensuring that this happens. He reiterated his pride in being a part of the Golden Krust family and the opportunity to serve. He also invited the residents of the community who desire to be a part of

the Golden Krust family to come on in and get information. He believes that it is a business that can make one financially independent, but it also comes with the price of hard work.

According to Hawthorne, opening a franchise restaurant on Church Avenue just makes sense because it is the heart and mecca of Caribbean culture. Not to mention, Church Avenue is one of the busiest streets in Brooklyn on any given weekday or weekend. Twenty-five years ago, he met two very important people, Dr. Hastick and Eric Adams who is now the Brooklyn Borough president. Dr. Hastick was at the time practicing out of Eastern Parkway. He sought out Hastick's counsel on how to start the Golden Krust franchise.

According to Hawthorne, Dr. Hastick gave him all of the support he needed then and continues to give him support for the Golden Krust brand in every way, shape and fashion. According to Hawthorne, he and Adams shared similar paths. They both worked for the NYPD and that is where they first met. Since then they have become good friends and are both serving their communities; Adams becoming the Brooklyn Borough resident and Hawthorne serving the community through his Golden Krust brand by taking the taste of the Caribbean to the entire world.

Hawthorne believes that Golden Krust is a God-given gift and he believes that God has bestowed this wonderful gift on the Golden Krust family. Standing next to his sister Lorraine, Hawthorne stated that the story of the Hawthorne family is one of hard work, family, community spirit and giving back. In speaking about his family's success story he said, "We could not have achieved the success that we have enjoyed today without God on our side. We could not have enjoyed the success we are experiencing without franchisees like Mr. Stanley Dennis and his entire family."

Hawthorne noted that over the last 17 years franchisees have invested more than \$30 million in the Golden Krust concept. He believes that the fact that people are willing to invest that amount of money speaks volumes to who they are, what they provide for their people and their community. However, what is most important to the Golden Krust family, according to Hawthorne, is their ability to give back. One way they have done this is by establishing the Mavis and Ephraim Hawthorne Golden Krust Foundation Scholarship in honor of their parents. Since its establishment, Golden Krust has provided more than 200 scholarships to young students to attend college.

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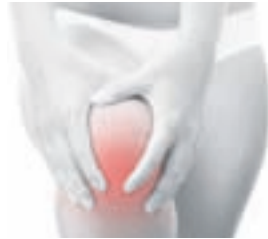
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- How does nutrition play a role

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- Am I going to need surgery

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OCTOBER 1ST • 1 PM

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Tips to make summer slim down simple and fun

(StatePoint) The irony of summer is that for many people, it's the most important time of year to stay fit, but it can actually be the hardest time of year to stick to one's diet.

"Too many weight loss plans are not designed for the reality of everyday living, especially in summer when there can be extra challenges like vacations, family barbecues and a general change of pace," says Dr. Anthony Fabricatore, Ph.D., vice president of Research and Development at Nutrisystem.

But dieters can stay on track no matter where life takes them with these simple tips.

MAKE TIME TO EXERCISE

Daily exercise is important for weight maintenance, weight loss and general health. So don't let your exercise routine take a vacation when you do.

Skip the shuttle bus at the amusement park and walk from

HEALTH

attraction to attraction. At the pool? Take breaks from lounging to swim laps. Whenever there is a choice between the elevator and the stairs, take the stairs. Squeezing in just 10 minutes of physical activity here and there is beneficial.

EAT RIGHT, ALL THE TIME

The best-laid plans of dieters are often scuttled by unexpected temptation. But you can avoid being a victim of your circumstances with technologies that can help you pace your calorie intake throughout the day.

For example, dieters can turn to digital weight loss programs like NuMi by Nutrisystem. Via its "Responsive Dieting" technique, NuMi looks at an individual's food preferences, lifestyle,

metabolism, activity and weight loss goals and then takes real life into account.

NuMi adjusts according to the information you provide it, so if your spouse surprises you with chocolate chip pancakes when you were all set to whip up an egg white omelet, the rest of your day is adjusted on the fly to meet your weight loss goals.

NuMi also customizes its recommendations based on your personal quirks or circumstances, such as what's in your fridge that day or certain dietary limitations you have. Say you want one meal of the day to be bigger than others, or you want Mexican food, Asian, or Italian, NuMi has recommendations for your palette and your weight loss goals ...smart right?

"A focus on lifestyle versus dieting alone is crucial for success," says Fabricatore, who was involved with development and testing of the product.



Get support from friends or family when you are attempting to lose weight. MonkeyBusiness - iStock.com (C)

Start at NuMi.com and then download the app.

GET SUPPORT

Support is invaluable when you're attempting to lose weight. Whether that means a running partner, a dieting buddy or a professional expert like a personal trainer, having someone cheer on your successes can motivate you to work harder.

Since you can't take your traditional support network with

you everywhere you go, consider seeking one-on-one feedback in the palm of your hand from the Numi Squad, a dedicated team of counselors available via live chat to provide real-time, personalized advice and encouragement seven days a week.

This summer, don't let your lifestyle throw a monkey wrench in your long-term health and wellness goals. By making adjustments as you go, you can stay fit, healthy and happy.

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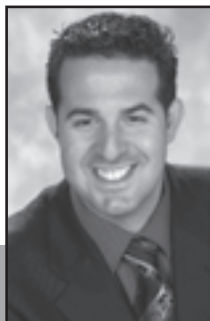
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Description: Miles: 82k, Cylinder: V6, Drive Train: RWD Color: Blue, Navigation, Sunroof, Leather Seats, Heated Seats, Premium Audio, Alloy Rims, Fog Lights, Smoke Free



2007 CHRYSLER ASPEN

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Marcus Garvey celebrations

Continued from Page 6

At Marcus Garvey Park, on his Aug. 17 birth date, Harlem Family Day begins at 4:00 p.m. with performances by Kojo Odu Roney & friends, B-Love's Hip-Hop Jazzy Groove, DJ-KS 360, Shine and the Moonbeams, and Moona Luna. Later at 7:00 p.m. Ballatrix! a Soul Train Tribute to Women in Music features a three-hour celebration.

And on Aug. 19 at the Garvey School, 950 Baychester Ave. in the Bronx at 5:30 p.m. an anniversary birthday celebration for Jamaica's first national hero will be hosted by the Jamaica Progressive League.

Marcus Mosiah Garvey founded the UNIA on July 20, 1914.

He recruited its first member, a young lady named Amy Ashwood.

He held the organization's first meeting at 121 Orange St. in Kingston, Jamaica. One month later, the UNIA began holding weekly public meetings at the Collegiate Hall on

Church St. and by 1920 the UNIA was the largest Pan African organization ever established in history.

Garvey emerged the undisputed Father of Pan-Africanism and Jamaica's first national hero.

It has been 100 years since he conceptualized and launched the historic and global confraternity of the race. The Kingston division in collaboration with the government has recognized the milestone anniversary with a number of events and activities which began on the actual July 20, founding date. A centennial church service was held at the Saint Andrew's Scots Kirk, home of the Collegiate Hall where it all began.

The principal commemoration event was followed by the MYC Festival 2014 Signature Conversations series at the Institute of Jamaica lauded where the national hero was regaled during a panel discussion. "Garvey & the National Agenda" was the topic.

Activities have been on-going throughout the month of August and included the UNIA's presence at the Emancipation Jubilee in his St. Ann birth parish. Also held were the unveiling of several heritage signs dedicated to Garvey and the UNIA in Kingston. The historic organization also participated in the national festival activities on Aug. 3 and 5 where they debuted a film by Ashwood who later married Garvey.

On independence, Aug. 6 a special segment was devoted to the 100-year organization at the Grand Gala celebrations held at the National stadium. Some of the tributes included presentations by the UNIA Juveniles. The August celebrations will culminate with the sixth staging of the annual UNIA Marcus Garvey Awards on the East Lawns of Devon House, the former home of one of Jamaica's first millionaires. That event is slated for Aug. 17.

For further information, please contact the UNIA-ACL in Jamaica at 876.828.4144 or by email at uniajamaica@gmail.com.



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'Smart' building

Continued from Page 6

of Technology, Industry and Economics, and the Inter-governmental Panel on Climate Change, told IPS that a major hazard of the current housing stock in Jamaica, in light of climate change, is its proliferation of informal settlements.

He was referring to unregularised settling of vacant lands by squatters who throw up substandard housing for shelter.

He said 20 percent of the population in Jamaica is said to be living in these settlements. "We have got buildings built on unsuitable terrain and unstable slopes. If you get the kind of torrential rain associated with climate change, there is liable to be flooding or landslips."

Many of these houses built by squatters are not particularly sturdy. "A lot of the houses are just basically built of block, some concrete, tin, timber, just patched together. Some are just wood and a corrugated tin roof," he said.

A lot of work still needs to be done in Jamaica and the rest of the Caribbean with regard to establishing and enforcing building codes that provide some protection against natural disasters.

Hence, the ISD at UWI, Mona, undertook an Inter-American Development Bank-funded project "to assess climate-change related risks and help increase resilience in the building stock of Jamaica."

The first phase of that project was "a risk assessment of the housing stock and areas of urban development in Jamaica and... the draft[ing] of a parliamentary paper on environmental regulation."

Among the findings of

the risk assessment phase, said Dr. Kwame Emmanuel, technical consultant on the project, was that the government of Jamaica was partly to blame for Jamaica's unsafe housing environment.

He told IPS, "The development control regime is encouraging illegal developments by enforcing a cumbersome and time-consuming process for formal developments."

Further, "The government of Jamaica is currently pursuing a housing policy which seeks to increase the number of houses for low-income earners. One possible policy conflict is related to the location of these high-density housing developments.

"They may either be placed in vulnerable or environmentally sensitive areas because of the low cost of land; or the development may enhance the vulnerability of adjoining areas. In addition, climate resilience may not be considered in the design of the housing developments and units," Emmanuel added.

Offering a possible explanation for the scenario, Emmanuel said, "There is a disconnect between political agendas and climate change timelines. Politicians are primarily concerned with current problems faced by the electorate such as poverty, cost of living, unemployment, water lock offs, poor road conditions and so on. Therefore, it is difficult for them to consider issues which have not fully manifested as yet, for example, sea level rise."

He added that, in Jamaica, another major issue "is the autonomy of the Urban Development Corporation (UDC) and the Ministry of Housing, facilitated by their

respective Acts. These Acts have influenced the inconsistency of development standards and the exploitation of loopholes in the regulatory framework."

Subsequent to the risk assessment, proposals were developed for modifying current building codes in the region to ensure energy efficient and climate resilient buildings. These proposals are currently being shared with professionals in the construction industry, said Clayton, and the response has generally been positive.

The multidisciplinary

group MODE is leading the review of the building codes on behalf of the ISD.

Project manager of the MODE-led review, architect Brian Bernal, told IPS the project "examines how building codes can be used as an avenue to promote, encourage, and enforce climate change resilient buildings on a national and regional scale."

In an e-mail interview, he told IPS, "Robust and enforced building codes are highly effective in ensuring a better quality of building and, when employed in conjunction with 'green'

building standards and/or practices, will significantly increase the functional resilience of our buildings."

The group made the following proposals for improving the current building codes:

- Jamaica's current 2009 National Building Code be adopted, enforced and updated;
- the International Green Construction Code be adopted since it "would [be] the least difficult to implement in the local code environment";
- a local green building rating system be implement-

ed, which involves "voluntary tools for rating the environmental performance of buildings that are typically verified by a third party, in order to achieve recognition for exemplary design and levels of conservation";

- and incentives for green building be given.

Bernal said, "The main objective of building codes is to protect the health, safety and welfare of the building's occupants."

*Edited by: Kitty Stapp
The writer can be contacted at jwl_42@yahoo.com*

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Jamaica Independence

Continued from Page 3

in which they will feel more and more that this place is their home, that it is their destiny. They will then do more for it— work more, more effort, more thinking, more sacrifice, more discipline and more honesty...

There is a tremendous difference between living in a place and belonging to it and feeling that your own life and destiny is bound up in the life and destiny of that place."

What profound words! How deeply relevant to the theme of our Independence celebrations this year: "This is Jamaica, my Jamaica".

It is only when we truly internalize the view that "this is Jamaica, my Jamaica" that we can give our all to this rock.

We have to unite for a common purpose.

We must have a sense that we are, indeed, stakeholders.

We have to take responsibility and be accountable for our actions.

This is true sovereignty and independence.

"This is Jamaica, my Jamaica" means that in the face of our most severe drought in recent memory, we must take personal responsibility for conserving water.

We must make the necessary sacrifices. The issues we face are national and broad-based. Because this is our Jamaica each Jamaican must own and contribute to mitigating them.

A sense of personal responsibility and ownership captured by our independence theme, "This is Jamaica, my Jamaica" means that we take responsibility for our communities and help to keep them safe.

Personal responsibility means that we look out for our neighbor and our neighbor's children; that we protect the weak and vulnerable in our communities and take care of the elderly, the disabled, the sick and the lonely.

The work that lies ahead, in staying the course with our economic program that will lead us toward eco-

nomie independence, will require not only personal responsibility but engaging human will.

When I speak of 'human will' I speak of our will as a people to believe we can achieve and exceed the targets we set.

It was the will of the enslaved people to be free that brought Emancipation.

It is human will that caused our heroes and heroines to do that which was necessary to build our nation.

It was the will of the people that ignited the passion for political Independence.

It is human will that drives all movements for excellence, justice, respect, equality and liberty.

It was a common mission and the will of the people that brought people together to strive for political liberty and self-government.

Human will causes our sportsmen and women to excel, our innovators to innovate and our creators to create! I pause to recognize our sportsmen and women and commend those who represented Jamaica at the Commonwealth Games for excellent performances.



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Deep Tissue Laser Therapy does not require the use of drugs or surgery, and there are no known side effects or risks that may occur with other forms of treatment. In addition, it can often achieve results faster than other treatment modalities. During the treatment the patient will feel a deep soothing warmth. This pleasant sensation reassures the patient that the laser is stimulating cellular activity.

Lasers have made a remarkable contribution toward healthcare, allowing practitioners to treat a variety of conditions with the speed of light. As a non-invasive tool, the laser is particularly effective for the efficient treatment of soft tissue injuries, sprains and strains, and a variety of other ailments and pain.

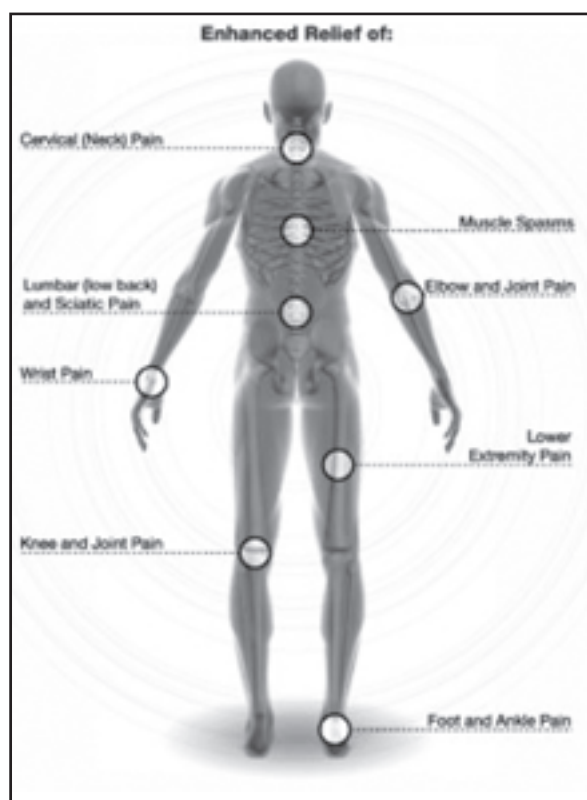
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Because the Class IV laser reaches deep into the tissues, it is ideal for treating sprains and strains, arthritis, calcified muscles and fibrotic adhesions, as well as intra-articular tissues inside of the joints. Its far-reaching capabilities also allow the Class IV to achieve results in less time than most cold lasers currently used today. With treatment times of as little as 5 to 15 minutes, the Class IV laser allows many conditions to vastly improve within a few visits. Oftentimes, patients find immediate, soothing relief that improves with each treatment.



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- Jason B.

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Stitchie performs for MHHC Health Care Festival

By Dave Rodney

Morris Heights Health Center, a group of health care providers located in the Bronx, NY is hosting an exciting free Health Care Festival and Fun Day on Saturday Aug. 16 from 10:00 a.m. to 4:00 p.m. at its newest Bronx facility at 825 East 233 St.

The Saturday daytime Bronx bashment forms part of MHHC's celebration of National Health Center Week, and this special event promises to sizzle with a range of invigorating activities for all ages.

A huge magnet for the day's activity will be a rousing live performance by dancehall pioneer, veteran and hit machine Stitchie. Over the years, Stitchie has enjoyed a dazzling career in both dancehall and gospel. He has produced many #1 hits including "Wear Yu Size," "Natty Dread," "Big Broad Hips," "Night & Day," "Bun It Dung," "Dress To Impress" and many more, and his electrifying showmanship alongside his lyrical genius have brought

him rave reviews all over the world- from the dancehalls and church halls of Jamaica to the mega-size concert stadiums of Europe and Japan. He was the first dancehall artist to be signed by Atlantic Records, and he was recently named "Best Performer" at the recently held Rebel Salute concert in Jamaica. One of Stitchie's singles, "Body Body" promotes a better understanding for the workings of the human body, and it is sure to strike a familiar chord at the MHHC health care event.

But there will be a lot more stewing in the MHHC Festival and Fun Day pot. The facility will be offering free screenings for several health issues including HIV, blood pressure and glucose, and medical professionals will be on hand to offer guidance and information to attendees who have questions and concerns.

There will be loads of fun stuff too that will be simply too good to miss — free hair cuts, face painting, a rising stars competition, a

dance contest, music, food, ice cream for the kids, giveaways, and several New York City radio stations broadcasting live from the event. Residents of the community are urged to come out early to make the most of the day.

MHHC has a heritage of

providing first class health care for Caribbean American, Hispanic and African communities in the Bronx for over thirty years, and the company is continuing that outstanding and impeccable tradition as it expands and grows. For more information, go to www.mhhc.org.



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Stitchie, a dancehall pioneer and a hit machine.

Jamaica currency depreciates; T&T appreciates

Jamaica recorded the seventh highest currency depreciation in the Americas based on its double-digit currency slide, a United Nations (UN) group reported recently.

The report was published by the Economic Commission for Latin America and the Caribbean (ECLAC), which represents the UN on economic and social issues throughout the region. It acknowledged that the currency was impacted by targets set by the International Monetary Fund (IMF) under the Extended Fund Facility (EFF) with the Jamaican government.

“This deterioration of the currency occurred despite the signing of the EFF as there was lingering uncertainty about the economy. While depreciation may enhance competitiveness in some sectors, it placed pressure on the Bank of Jamaica to intervene to prevent too large a deterioration of the currency,” ECLAC stated.



Inside Life

By Vinette K. Pryce

The Jamaica dollar's depreciation now stands closer to 13 per cent over 12 months ending July, which could see it surpass Colombia.

In June, Christine Lagarde, managing director of the IMF, described the Jamaica dollar depreciation as painful but necessary to achieve competitiveness and restore dignity. She indicated on a two-day visit to the island that the currency was overvalued supported by bleeding the reserves.

Most of the region's 35 nations underwent currency depreciation against the U.S. dollar. But the report blamed domestic issues for the higher pace of the slide in Jamaica.

“In Argentina and Jamaica the reasons were domes-

tic, as they were in the Bolivarian Republic of Venezuela,” stated the report entitled Economic Survey of Latin America and the Caribbean 2014.

Eleven other countries recorded depreciation in excess of 5.0 per cent over 12 months to March 2014 led by Argentina at 53.9 per cent, Chile at 19.4 per cent, Uruguay at 19.1 per cent, Brazil at 16.3 per cent, Colombia at 10.2 per cent and Jamaica at 10 per cent.

However, Trinidad and Honduras recorded currency appreciation over the same period.

BELIZEAN CENTURIAN FETED DURING HARLEM WEEK SALUTE

Belize-born Caroline Lightbourne walked into



Belizean Caroline Lightbourne (seated at left) with James R. Rudd. Photo by Vinette K. Pryce

the Adam Clayton Powell Jr. State Office Building recently looking primed for celebration. Joining senior citizens attending the Elders Jubilee Awards Luncheon and marking senior citizens day dur-

ing the 40-year-old Harlem Week celebrations, she was singled out as the oldest senior among the vast group of elders.

At 105-years-old, the Harlem resident could relate more history than

any others marking the occasion. Seated next to 97-year-old James R. Rudd she looked happy and contented when presented with a bouquet, gift bags and platitudes.

Lloyd Williams, of the Uptown Chamber of Commerce showered both elders with compliments and referred to the Panama-hat wearing Rudd as “Macdaddy.”

He said Lightbourne is an honored guest and reputed well-regarded elder in the Harlem community.

Reportedly, she had become accustomed to receiving flowers when her son Ludwig became a boxing champ in the 1950's.

However, during this historic Harlem Week -- which runs from July 27 to Aug. 23 and claims 100 events with more than two million attendees representing the diverse global population -- Lightbourne said the accolades were extra special.

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Freaks Mas wants 'A Taste of Confectionz'

By Nelson A. King

The two-year-old Freaks Mas is only asking for "A Taste of Confectionz" as it seduces masqueraders and onlookers this Labor Day, bringing "a fun experience to Eastern Parkway," according to band leader Ray Bruce.

"Part of the history of the Caribbean that has been partly forgotten is the sugar industry that our ancestors worked tirelessly on", said Bruce in Caribbean Life interview.

"It has been overlooked, and we wanted for this to be brought to light; hence the name 'A Taste of Confectionz', a representation of sugar and sweets," he added.

Bruce said the production, with differing designers, comprises seven sections, with about 60 masqueraders, male and female, in each.

They are: "Bittersweet" by DeGrind Mas; "Candy Couture" by Jason Benn



Nikkole DeCaul, portraying "Cotton and Candy Crush." Photo by Nelson A. King

and Patrice; "Cotton Candy Crush" by Freaks Mas; "Honey Seduction" by Forevera Divas; "Paradise Plum" by K Designs & Freaks Mas; "Raw" by Wideshut Productions; and "Tasty Treats: Sweet & Sour" by Sherzel Productions.

Continued on Page 42

Jamaican comedy

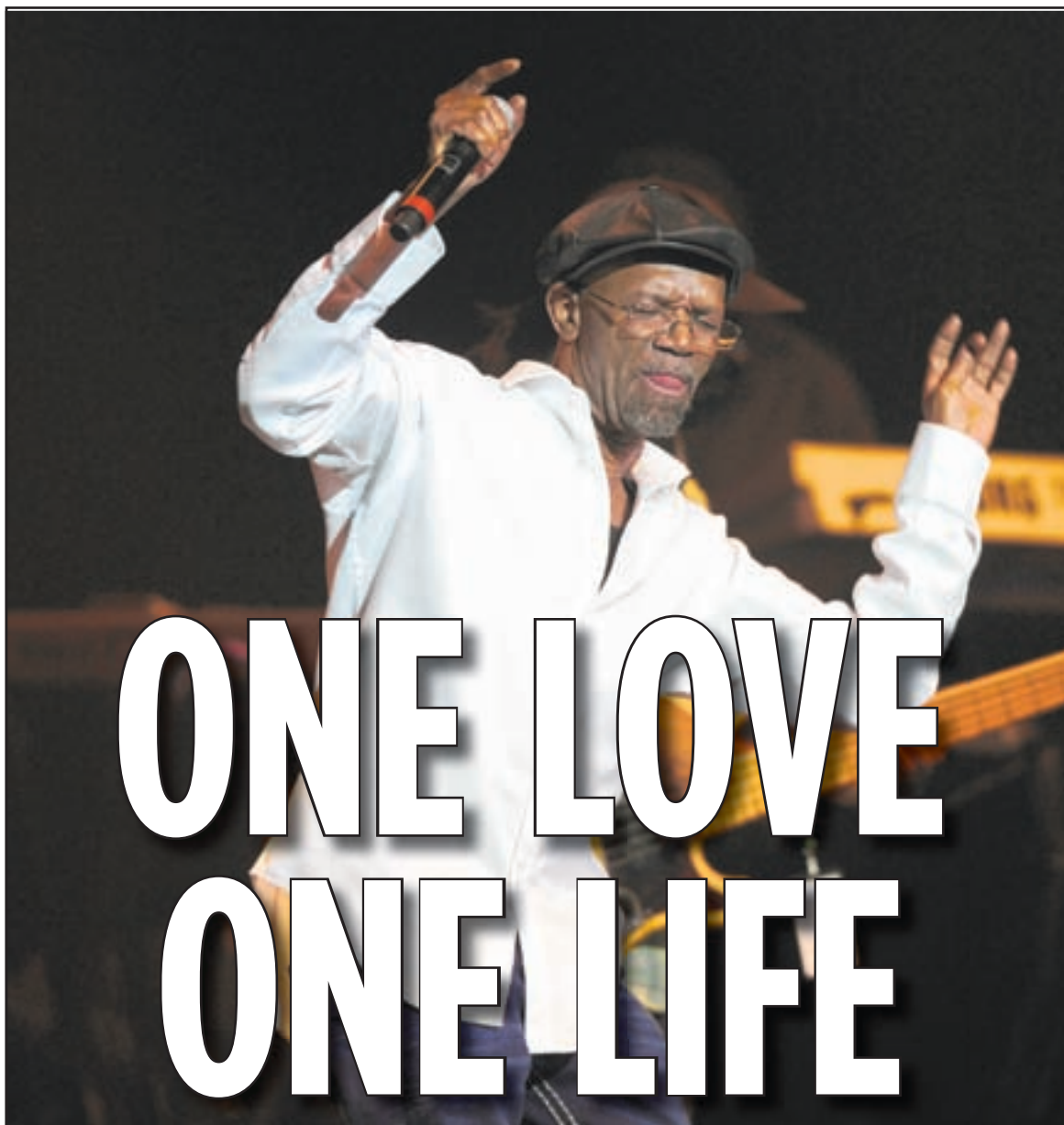
The newly formed American-Caribbean Theatre Alliance, Inc. (ACTA) will present its inaugural production of "Uncle Joe's Patty Shop" at the Springfield Gardens Church of Christ (144-04 Farmers Blvd., Springfield Gardens, NY 11434) on Aug. 21, 22, & 23 at 7:00 p.m., and Aug. 24 at 5:00 p.m. All shows are free and open to the public.

Joe Gladstone is the owner of the famous Uncle Joe's Patty Shop. It's just another day at the patty shop until a foreigner comes and

rattles up everyone! "Uncle Joe's Patty Shop" contains relateable characters: "The get rich quick" scheming father, the young adventurous son, the out spoken wife, the lovable soon to be daughter-in-law and the stranger who turns everyone's world upside down. "Uncle Joe's Patty Shop" is a Jamaican comedy for the whole family.

The ACTA is a new theatre company founded by stage designer Harlan Penn dedicated to presenting the

Continued on Page 42



Beres Hammond performs at the Seminole Hard Rock Hotel & Casinos' Hard Rock Live! on Dec. 14, 2012 in Hollywood, Florida.

Photo by Jeff Daly/Invision/AP, File

Beres Hammond returns to tri-state

World renowned, ever popular and lovers rocker himself, the legendary Beres Hammond alongside

Chaka Demus & Pliers, Harmony House musicians and D.J. Inferno will be performing at two shows on Friday, Aug. 22 in New York City at Bestbuy Theater in Time Square and Saturday, Aug. 23 at NJPAC in New Jersey. Doors open in NYC at 8:00 p.m., show time 9:00 p.m. and

in NJ doors at 7:00 p.m., show time 8:00 p.m.

Jammins Entertainment is organizing the shows in collaboration with NJPAC, Harmony House and Western Union.

Attendees at a Beres Hammond concert will witness a veteran in his element, delivering each musical creation, in pitch-perfect harmony in unison with our life experiences.

Leaving each person in attendance, swaying, singing along intimately connected with the lyrics of each song.

This event promises to be a first-class event with performances that will leave you talking for years to come. Tickets are available online through www.ticketmaster.com or by visiting your local ticket out-

Continued on Page 42

The Trinidad & Tobago United Community Assoc. Inc., Int'l (TATUCA)



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52nd Independence Anniversary Scholarship Award Ball

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Laverne McGee



Laverne McGee is an international Emmy award winning journalist and corporate communications strategist. She has worked for FOX News, CBS News and Extra, as well as the Canadian Television Network. Born in Pointe-a-Pierre, this proud Trinidadian's work has been broadcast around the globe.

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Streep, Bridges co-star in sci-fi adventure

“The Giver”
Very Good (3 stars)
Rated PG-13 for
action, violence and
mature themes
Running time: 94 minutes
Distributor: The
Weinstein Company

By Kam Williams

Despite being born in the same year and enjoying overlapping enduring careers, Oscar-winners Meryl Streep (for Kramer vs. Kramer, Sophie’s Choice and The Iron Lady) and Jeff Bridges (for Crazy Heart) never made a movie together prior to “The Giver.” Such a long overdue collaboration proves well worth the wait in this haunting, sci-fi adventure set in a deceptive dystopia masquerading as heaven on Earth.

The film is based on the Lois Lowry best-seller of the same name which won the Newbery

Award as America’s best children’s book of 1994. This author-approved adaptation was directed by Phillip Noyce (Patriot Games) who tapped fellow Aussie Brenton Thwaites to portray the young hero, Jonas.

The picture’s point of departure is the young protagonist’s graduation day, when he participates in a coming-of-age ritual during which 18 year-olds are assigned a profession by the elders of their idyllic community. Jonas’ BFFs Asher (Cameron Monaghan) and Fiona (Odeya Rush) soon learn that they’ll be trained as a drone pilot and a nurturer, respectively.

Jonas, however, long recognized as special, because of an uncanny ability to see things differently, is designated the “Receiver of Memories,” the protégé of the “Giver” (Bridges). In that capacity, he quickly becomes aware that the whole society is a charade which shields its citizens from the fact that there is



Jeff Bridges (left) and Australian Brenton Thwaites in “The Giver.”

suffering in the world by injecting them once a day with a drug which keeps them naïve, obedient and blissfully content.

Truth be told, evil does exist

in their midst, though invariably veiled, such as how the sick and the old are “Released” in a fashion that gives no hint that they’re actually being euthanized. And

Jonas experiences a crisis of conscience in choosing whether to obediently follow in the Giver’s footsteps or to upset the apple cart by letting the cat out of the bag about how everybody’s mind is being controlled.

Among the factors influencing his critical decision is the unexpected pleasure associated with the “Stirrings,” the formerly-suppressed pangs of sexual awakening he suddenly feels for Fiona. Another involves the impending euthanizing of a baby with a birth defect (Alexander Jillings) he’s already bonded with.

Besides the historic pairing of Streep and Bridges, the film features sterling performances by the trio of emerging thespians playing the leads, as well as by Katie Holmes and Taylor Swift in support roles. A thought-provoking meditation on mind control offering a valuable lesson about the virtue of challenging any totalitarian authority.

Independent & Foreign Films

Abuse of Weakness (Unrated) Catherine Breillat wrote and directed this semi-autobiopic about a filmmaker (Isabelle Huppert) who finds herself manipulated by a cruel con artist (Kool Shen) after suffering a stroke. With Laurence Ursino, Christophe Sermet and Ronald Leclercq. (In French with subtitles)

Coldwater (Unrated) Harrowing nightmare chronicling the mistreatment of juvenile inmates at a privatized prison located in the California wilderness. Starring P.J. Boudousque, James C. Burns, Chris Petrovski and Octavius J. Johnson.

Dinosaur 13 (PG for mature themes, mild epithets and brief smoking) Archeology documentary about a dig in the South Dakota Badlands, led by paleontologist Peter Larson, which unearthed the bones of the biggest Tyrannosaurus Rex ever found.

Fort McCoy (R for violence) Fact-based World War II saga, set in Wisconsin in the summer of ‘44, about a barber (Eric Stoltz) who set up shop nearby a U.S. Army base also serving as a German POW camp. Co-starring Kate Connor, Camryn



Kam’s Kapsules

By Kam Williams

Manheim, Seymour Cassel, Brendan Fehr and Andy Hirsch.

Frank (R for profanity and some sexuality) Musical comedy about an aspiring musician (Domhnall Gleeson) with second thoughts after joining a rock band whose mysterious lead singer (Michael Fassbender) wears a bubble-head mask, 24/7. With Maggie Gyllenhaal, Scoot McNairy and Tess Harper.

Jake Squared (R for profanity) Elias Koteas stars as the title character of this romantic dramedy about a 50-year-old loser at love who decides to make a movie about his life in order to figure out why he’s screwed up every romantic relationship he’s ever had. Cast includes Virginia Madsen, Jennifer Jason Leigh and Kevin Rainsback

Life after Beth (R for violence, sexuality, nudity, brief drug use and pervasive profanity) Horror comedy

about a grief-stricken guy (Dane DeHaan) who gets more than he wished for when his recently-deceased girlfriend (Aubrey Plaza) comes back to life as a man-eating zombie. Supporting cast includes John C. Reilly, Anna Kendrick, Paul Reiser, Molly Shannon and Cheryl Hines.

Moebius (Unrated) Oedipal drama revolving around a housewife (Eun-woo Lee) who becomes so enraged about her philandering husband’s (Jae-hyeon Jo) having an affair that she considers performing a taboo act while crying on her son’s (Young-ju Seo) shoulder for support. (In Korean with subtitles)

Mr. X (Unrated) Cat’s out of the bag biopic about Leos Carax, aka Mr. X, a mysterious French filmmaker who enjoys a cult following despite the fact that he does his best to hide his identity. (In French, English and Japanese with subtitles)



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New Generation looks THROUGH HER EYES

The six sections are: Hello Africa (2006); Welcome to Hawaii (2007); Royal Journey – India (2010); Glitz and Glamour – White Diamonds, designed by Desma Bidjou (2011); Carnival spirit, designed by Cheryl Martin (2012); and Wings of Aunty Kathy (2013).

“This is our first year bringing a band on our own without mom,” Hernandez-Simmons said. “It has been quite the learning experience.

“We hope for the kiddies to have fun and enjoy the Caribbean culture,” she added. “We want people to remember the creativity of Kathy-Ann Hernandez. She is greatly missed.”

Hernandez-Simmons, who was born in Brooklyn, said most of New Generation’s masqueraders are American-born, with Caribbean background.

Hernandez-Simmons herself was introduced in the culture from birth. She said her mom “had us (with an older brother) in the mas camp life early.

“Every summer, we looked forward to costume-making,” she said, adding that she was raised as a “Trini” – short for Trinidadian. “My mom began teaching me all about the Caribbean culture; it’s about love.”

Over the years, New Generation has won several awards, including first for large bands in the 2009 Children’s Carnival, with Fiesta.

“Our expectations for this year are to display beautiful costumes made by the New Generation family, taught by Kathy-Ann Hernandez,” Hernandez-Simmons said.

Masqueraders will sway to three DJs – Exclusive, Ace Da Boss and Kool Kidd.

Hernandez-Simmons’s husband, Dwayne Simmons, is New Generation’s co-producer.

The mas camp is located at 845 Albany Ave., corner of Linden Boulevard, in Brooklyn.

For more information, the band can be reached at newgeneration417@gmail.com, or on instagram: @newgeneration417. Hernandez-Simmons can also be reached at (347) 475-6023.



Above: Jayden Hernandez portrays “Hello Africa.”. Top left: Priya Hunte portrays “Royal Journey India.”

Photos by Nelson A. King



Renee Skeete, Jason Edwards, Daria M, Nathalia Charles and, in back, creator of Tropicalfete, Alton Aimable are ready for the road.

Photo by Tangerine Clarke

Tropicalfete ready for the road

By Tangerine Clarke

Spectators came out last Saturday in the Lincoln Terrace Park, Brooklyn for a sneak-peek of Tropicalfete Incorporated presentation of their adult and kiddie band “Masquerade Ball West Indian Edition.”

Bandleader and costume designer, Alton Aimable said he is optimistic that this time around, Tropicalfete, now in its fifth year of competition, will capture the crown in both categories.

The six colorful sections in the kiddies carnival parade comprises: “Behind the Mas” designed by Gillia & Natalia, “Monarch Butterfly” by Daria M, “Future Gems” by S. Paul, “Mardi Gras Mademoiselles” by D’Gyryz and “Dem Hidden Royalty” by Everything Brooklyn - Becky and “Carnival Phantom” by Kaisokah Moko Jumbies.

The band will provide kids three years old and under with free costumes and an opportunity to win a free backpack of school supplies during the Aug. 30 kiddie mas, which will include a junior queen.

The adult band of red and gold costumes designed with lavish feathers, streamers and glitter is set to compete in the small band competition.

The Family Fun Day hosted stilt dancers, a

steel pan instruction and a puppet show - in keeping with Tropicalfete’s mission to invest in future generations.

St. Lucian-born Aimable, owner of Tropicalfete who calls himself a Caribbean man, brought together artists from the region to design costumes for the various sections.

He explained that the organization is geared towards developing the community in the area of art. It also provides social services with a focus on educating the global community on Caribbean culture throughout the world.

To this end the children’s costume sections will be documented in a children’s books after the carnival. In addition, the ensembles will be showcased in the Brooklyn Children’s Museum.

The mas camp, located at 644 34th St., (between avenues D and Newkirk) in Brooklyn is adorned with costumes designed by St. Vincent’s Daria M whose eight-year-old daughter Gelisha will parade as the junior queen.

Also first time designers, Trinidad & Tobago’s Renee Skeet and St. Lucian Nathalia Charles both agreed that their love of culture led them to the creative aspect in preparation for the 47th annual carnival.

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- 5 **Latch**
Disclosure.....
- 6 **Fancy**
Iggy Azalea Featuring Charli XCX
- 7 **Maps**
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John Legend
- 9 **Summer**
Calvin Harris
- 10 **Boom Clap**
Charli XCX

TOP 10 ALBUMS

- 1 **Guardians Of The Galaxy: ...**
Soundtrack
- 2 **The Shawn Mendes EP**
Shawn Mendes
- 3 **Hypnotic Eye**
Tom Petty And The Heartbreakers
- 4 **The Breeze...**
Eric Clapton & Friends
- 5 **5 Seconds Of Summer**
5 Seconds Of Summer
- 6 **PARTYNEXTDOOR Two**
PARTYNEXTDOOR
- 7 **Savages**
Theory Of A Deadman
- 8 **In The Lonely Hour**
Sam Smith
- 9 **Voyager**
Jenny Lewis
- 10 **Frozen**
Soundtrack

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Lovers rocker returns to New York

Continued from page 37

lets.

Partial proceeds will be donated to The American Foundation for The University of The West Indies (AFUWI) Scholarship Fund.

Hugh Beresford Hammond musical career spans over 40 years and has had a remarkable uphill climb both on the musical charts and in the hearts of reggae lovers around the globe with chart topping hits and noteworthy collaborations. Throughout each era, Beres Hammond's music has been the anthem for the reggae generation starting in the 70's with songs like "One Step Ahead" and continuing in the 80's with tunes like "Groovy Little Thing," "What One Dance Can Do," "Settling Down" and the unforgettable duet with Maxi Priest "How Can We Ease the Pain."

In the 90's Beres topped the charts with songs like "Tempting to Touch," "Is This a Sign" and "Respect to You Baby." Within this decade, Beres Hammond has outdone himself releasing several albums including with hits such as "Putting up Resistance," "No Disturb Sign" and the nostalgic

Hugh Beresford Hammond musical career spans over 40 years and has had a remarkable uphill climb both on the musical charts and in the hearts of reggae lovers around the globe.

melody of "Rockaway." Beres most recent contribution to his musical vault is the "One Love One Life" album released in 2012.

Jamaican-born, John Taylor aka Chaka Demus and Everton Bonner aka Pliers are hailed as the first Jamaican duo to have three consecutive top five singles on the UK Singles Chart. Chaka Demus and Pliers are heralded as having created one of the most sustainable duo's within reggae history with legendary hits such as "Murder She Wrote," "Tease Me," "She Don't Let Nobody," "Twist and Shout," "I Wanna be your Man" and "Gal Wine."

Beres Hammond. Photo by Lee Noel



Freaks

Continued from page 37

Bruce said there's an in-house production staff that assists annually, identified only by aliases and first names: Baby, Elliot, Jane, Nicola and Deniesha. "We have had a consistent count of 500-plus masqueraders every year and one of the biggest following in the Caribbean community," he said, adding that, each year, the band has placed in the top 3 of large bands.

"We hope to bring a better understanding of the West Indian culture, and show people the beauty in mas," he continued, disclosing that masqueraders represent many different countries of the Caribbean.

They also come from Florida, Canada, and even as far as Brazil, Bruce said.

"We are expecting our masqueraders to have a wonderful and safe time with us on the road, but taking band of the year would make it sweeter," he said.

Masqueraders will gyrate to the hypnotic sounds of DJs Natural Freaks Reloaded, Dr. Wax and Elegance Sounds.

Freaks Mas is located at 4515



Samina St. Omar portraying "Paradise Plum."

Photo by Nelson A. King

Avenue D, between 45th & 46th Streets in Brooklyn.

You can visit its website at www.freaksnymas.com; email at freaksnymas@gmail.com; Instagram at [freaksmas](https://www.instagram.com/freaksmas); communicate on Facebook at www.facebook.com/FreaksMas; or call the secretary, Althia McKenna, at (347) 260-6959.

'Uncle Joe's Patty Shop'


Continued from page 37

atre of the Caribbean diaspora. Future productions will include Trevor Rhone's "Two Can Play" (November 2014) and "Sanco: A Guyanese Murder Mystery" by H. Duane (April 2015).

"By having a background in theatrical design, I feel that I can bring the highest quality of professionalism to productions presented by the ACTA. The Caribbean and theatre have a long history together; companies such as the Theater Guild of Guyana,

Trinidad Theatre Workshop, and Kingston, Jamaica's Little Theatre origins can be traced back to the 1950s. In addition, evidence of live theatre being performed in the Caribbean can be traced back to the days of British colonialism," says founder Harlan Penn.

To learn more about the American-Caribbean Theatre Alliance, Inc. visit their website at www.actashows.com. The American-Caribbean Theatre Alliance, Inc. is a nonprofit company.

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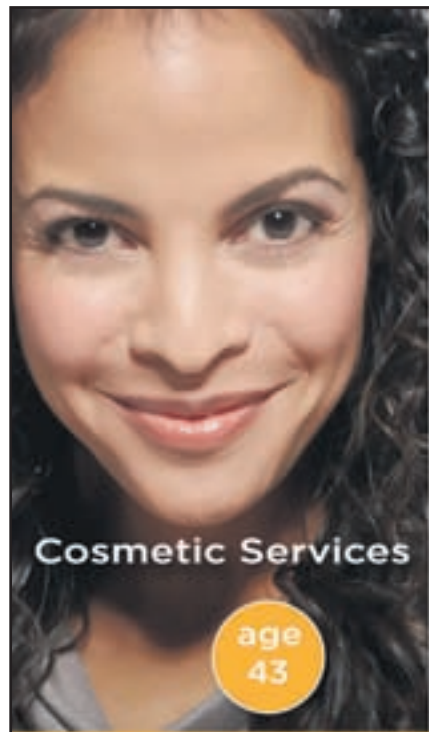
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Offensive tackle looks to season

By Robert Elkin

D'Brickashaw Ferguson is in his ninth season as a member of the New York Jets, which opens their regular National Football League schedule on Sunday, Sept. 7.

An offensive player, but not one at the skill positions, he is the son of Ed Ferguson, a native of the Bahamas. The Jets are once again counting heavily on their starters, especially those returning from last year's team, including Ferguson.

The Fergusons moved to Freeport, Long Island, where D'Brickashaw is a native, Continued on Page 48



D'Brickashaw Ferguson. Photo by Ed Yourdon

England to play at Kensington

By Azad Ali

The historic Kensington Oval in Barbados will be one of the venues for Test cricket during England's tour of the Caribbean next year.

The tour, which runs from April 13 to May 5, will also see Test matches played at the Vivian Richards Cricket Stadium in Antigua and the National Stadium in Grenada.

It was reported last May that the West Indies Cricket Board (WICB) had overlooked Kensington Oval, in deciding on Guyana, Grenada and Jamaica as venues for the three Tests.

In a statement last week, the WICB said it had "embarked on a bidding process to

Continued on Page 48



CARIB CUP SHOWDOWN

Myron Samuel of Team St. Vincent and the Grenadines during the St. Vincent vs. Trinidad game at the Jefferson High School Sports Complex in Flatlands, Brooklyn. Photo by Keith Dawson

St. Vincent, Jamaica on collision course

East Zone winner Team St. Vincent and the Grenadines and defending champion Team Jamaica are on a collision course on the road to the 2014 Caribbean Cup title. Both former Caribbean Cup champions won their quarterfinal games last Sunday at the Jefferson High School

Sports Complex in Flatlands, Brooklyn to move into the semifinal stage and could well meet at the final juncture on Sunday, Aug. 31.

These teams have a history of fierce battles between them over the years when Team St. Vincent and the Gren-

adines dominated the tournament in the early 1990s, and won its last Caribbean Cup title in 2000; the fierce competition continued as Team Jamaica since became the dominant force and last year won its ninth title in the last 12 years. In

Continued on Page 48



St. Lucia's Bradley Nestot (#14) tackles Jamaica's Christopher Banner during a Caribbean Cup match.

Photo by Keith A. Dawson

Caribbean Cup Quarter Finals

Continued from page 47
the quarterfinals, Team St. Vincent and the Grenadines defeated Team Trinidad and Tobago, 3-0, and Team Jamaica overwhelmed Team St. Lucia, 4-0, in a rematch of last year's final.

The St. Vincent and the Grenadines-Trinidad and Tobago game saw a first half that was a goalless stalemate despite Trinidad's slight advantage in possession; the Trinidadians dominated the midfield and Trinidad and Tobago midfielder Kareem Joachim always posed a threat to the Vincentians as his team created several scoring opportunities that could have seen Trinidad take the lead. One such opportunity came at the 24th minute when Joachim dribbled down the right wing and unleashed a 20-yard shot that hit the left upright goalpost and bounced downward, only inches from going over the goal line.

The more technically skilled Vincentians, led by new arrival Myron Samuel, owned the second period and in the 60th minute, Samuel, recruited from the Vincentian national team in the Caribbean, was on the ball and smartly switched

the play from the left side to the overlapping right full back, Kemmy Christopher, who feathered the ball on his instep and in stride, pummeled a low, hard shot that settled in the far corner of the goal for the 1-0 lead. Ten minutes later, Samuel was at it again when he struck a low, hard shot from 24 yards that Team Trinidad and Tobago goal keeper Marcus Maurice failed to hold; Michael Collis put away the loose ball and put the Vincentians ahead, 2-0.

It was only fitting that Samuel be rewarded with a goal after all his work, and in the 80th minute, Samuel received a pass just beyond the midfield line on the left side and dribbled towards the goal, uncontested, he let fly a 20-yard left-footed bullet of shot that zipped past an unexpected Maurice and grazed the inside of the left goalpost for the final tally. Team St. Vincent and the Grenadines, in the midst of a good year, will play the winner of this Sunday's quarterfinal match-up between Team Haiti and Team Grenada.

Team Jamaica feasted on goals by Denzil Watson, Jermaine Christian, Christopher Banner and Daniel

Shaw on the way to trouncing former champion Team St. Lucia. Watson and Christian gave Jamaica a 2-0 lead at half time as the winners dominated the game from the outset, while St. Lucia showed that it is not the team that was on top of its game the past three seasons when it won its first Caribbean Cup title in 2012.

The second half saw more of the same as the winners continued to dominate with former Jamaican international midfielder Jermaine Hue directing proceedings. Banner and Shaw completed the scoring in the second half and Jamaica will now await the winner of the last quarterfinal game between West Zone winner Team Guyana and Team Barbados. The other quarterfinals are scheduled for this Sunday, Aug. 17. Semifinals are on Aug. 24.

SOUTH STARS, HAVOC IN BRONX FINAL

Defending champion South Stars FC and Havoc Soccer Club were semifinal winners last Sunday and will meet for the second straight year in the final of the Bronx New York International Soccer League

(BNYISL) on Sunday, Aug. 24, at Evander Childs High School Stadium on Gun Hill Road near 233rd Street in the Bronx. South Stars, with predominantly Antiguan players, seemed poised to retain its BNYISL title as it defeated veteran club Kandia, 4-1, while Havoc got past Carib United, 1-0.

South Stars led, 3-0, at half time on goals by former MLS player Peter Byers, Anthony Abrahams and Joeski "Gerrard" Williams. In the second half, Tamarly Marley extended South Stars' lead, while Ricardo Geddes pulled one back or Kandia.

The Havoc-Carib United game featured internationals and Jamaica Premier League (JPL) players on both teams and was a close contest as Havoc secured the winner in the 80th minute. Substitute Jamal Dawkins, who recently played with JPL club Cavaliers, combined with Jamaican international full back Xavian Virgo to execute a successful counter attack for the lone goal. The BNYISL will host its prestigious Marcus Garvey Tournament this Saturday and Sunday at Evander Childs Field.

Ferguson

Continued from page 47
grew up and shined on its gridiron team. He really blossomed both in high school and at the University of Virginia where he impressed the coaches of the National Football League.

After a very successful career on the gridiron as a collegian, he is now trying to help the New York Jets.

He thinks that this current National Football League franchise will do very well, and qualify for the playoffs after signing 12 free agents during the off season. This figure includes Michael Vick who could battle out Geno Smith for the starting quarterback job. Ferguson will be the leader on the offensive line at left tackle.

"We have a lot of young guys and a couple of acquisitions (including Vick)," said Brickshaw. "It definitely adds to our team. "There's no secret to the things that he can do. I think he's a great addition to the things that we can get accomplished. I hope that he and Geno are part of this team."

In addition to Vick, Ferguson is also impressed

with the play of running back Chris Ivory before he got hurt in the recent game at Met Life Stadium.

"I don't know exactly what happened with Chris and I hope that everything is okay," Ferguson said. "He's an excellent back for us. I think that he's done some really great things on the ground. He's a very talented runner and I think that he can add to this team."

"We're excited about going into next season and we have a lot of expectations."

"We can do a lot of nice things this year if we can continue to practice hard and work toward our goals," the 31-year-old Ferguson added. "Our goal is to continue to improve and take it game by game and become a team we know that we can be."

Ferguson thinks that this Jet team is just great organization.

"We've come close to be in the AFC (American Football Conference) championship game two times while I've been here," he went on. "I think we're just hungry to get doing."



England and West Indies play during their third T20 International cricket match at the Kensington Oval in Bridgetown, Barbados, Thursday, March 13, 2014.

Associated Press / Ricardo Mazalan

English tour schedule

Continued from page 47
determine the venue for the three Tests. The three venues prevailed following the bidding process."

The England tour is regarded as being lucrative for Caribbean venues because of the overwhelming support from traveling fans. Kensington Oval has long been a popular venue for Eng-

land Tests, with Barbados equally popular destination for British tourists and in particular, English cricket fans.

Next year's tour will start in Antigua with the first Test from April 13-17, while the second Test is scheduled for April 21-25 in Grenada while Barbados will host the final Test from March 1-5.

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Cyclones storm through Mahoning Valley

Cyclones 4 Mahoning Valley 0

Aug. 7 in Mahoning Valley

The towering righty Martires Arias came out throwing on target in his Cyclones debut last Thursday night, helping the Mini-Mets shut out the Scrappers.

No one scored until the fourth inning when Michael Conforto hit a double that started a rally. Jhoan Urena plated Conforto with a single to center field.

Arias allowed just two hits in six innings, throwing six strikeouts, keeping up the solid pitching he showed with the Kingsport Mets, where he had a 0.50 earned-run average.

The score remained 1-0 until the top of the eighth, when the Clones tacked on three more. John Mora opened it up with a bloop single. Amed Rosario followed with a single, Conforto batted a run in, a sacrifice fly by Urena got Rosario across the plate, and Tomas Nido ripped a shot to center field that scored Conforto for the final run of

the game.

Left-handed pitcher Brad Weick and righty Mike Hepple took their turns on the mound to close out the shutout.

Cyclones 4 Mahoning Valley 2

Aug. 7 in Mahoning Valley

Jeffrey Diehl came back from an oblique injury in a big way last Friday night, going two-for-four and bringing in the winning run.

The Cyclones scored first when a line-drive single by Jhoan Urena sent Amed Rosario home.

Corey Oswalt got the ball for the Cyclones and produced another strong outing. In six innings on the mound he gave up two runs on six hits and struck out three batters.

Ohio's Scrappers jumped ahead 2-1 after an error by Michael Conforto and a walk put two men on, then a single and another error, this one by John Mora, brought the runners home.

Brooklyn regained the



BOUNCING BACK: Jeffrey Diehl came back from the injured list in a big way on Aug. 7, going two-for-four and bringing in the winning run.

lead in the fourth after Jeffrey Diehl pulled a single down the left-field line that brought Michael Bernal and Adrien Abreu across the plate. The Cyclones got an insurance run in the seventh when a failed pick-off attempt allowed Dimas Ponce to bring it home.

Cameron Griffin and

Kelly Secret took the mound for the seventh and eighth, respectively, and both went scoreless. Shane Bay closed it out with a perfect ninth inning.

Batavia 4 Cyclones 2

Aug. 10 in Batavia

Cyclones pitchers tied a season high of 15 strikeouts at Saturday night's game, but the bats could not push past the Muckdogs, costing the Clones the first of a three-game series.

Marcos Molina got the start for the Cyclones and the Muckdogs jumped ahead in the first when two doubles gave the team a 1-0 lead. The Dogs continued the damage with a big fourth inning, scoring three more runs off Molina. It was the first time he gave up more than two earned runs in a game.

Molina pitched six innings and struck out a season-high of eleven before exiting.

The Cyclones got on the board in the sixth with the

help of a Muckdog error that allowed John Mora to reach first and a wild pitch with Amed Rosario at bat that allowed Mora to advance to second. Rosario then plated Mora with a double.

The Mini-Mets scored once more the following inning, when the team's newest addition Pedro Perez hit a single that scored Michael Bernal, who reached on a single.

Brandon Welch came in to relieve Molina in the seventh and kept the Muckdogs scoreless through two innings.

Cyclones 5 Batavia 2

Aug. 10 in Batavia

Shortstop Amed Rosario hit the go-ahead double, breaking a tie in the ninth inning of Sunday's matinee against the Muckdogs.

The Cyclones and Muckdogs stayed scoreless until the bottom of the fourth when sloppy Cyclones defense resulted in two consecutive errors. A wild pitch by Alberto Baldonado

scored the first run of the game and a line drive single after that scored the second Muckdog run. Baldonado pitched five innings, giving up two runs on seven hits while striking out seven.

The Cyclones batters responded in the fifth inning and cut the Muckdogs lead in half when Tyler Moore drove in Jeff Diehl from third with a sacrifice fly. Josh Prevost came in to relieve Baldonado and kept the 'Dogs on their leash, as he gave up only three hits in the three innings.

The game was tied in the seventh when Amed Rosario scored Pedro Perez with a single. In the ninth, two consecutive walks put Perez and Moore on first and second before Tucker Tharp's sacrifice bunt advanced the runners to second and third. Rosario then came through with the double that scored both runners, giving the Cyclones the lead. The inning ended after another run was scored by Adrien Abreu with a sacrifice fly.



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Clive Lloyd appointed West Indies chief of selectors

Former West Indies captain Clive Lloyd has been appointed chief of cricket selection panel by the West Indies Cricket Board. Other members on the panel are former West Indies captain and fast bowler Courtney Walsh, former West Indies wicket keeper batsman Courtney Browne, former West Indies fast bowler Eldine Baptiste, head coach Ottis Gibson and the team captain as a non-voting member. Director of Cricket Richard Pybus announced that Clive Lloyd had been contacted for two years to head the panel. The directors of the West Indies Cricket Board removed Clyde Butts and Robert Haynes from the panel at a meeting on July 12 in Antigua.

Lloyd played 110 Test matches and 77 One-day Internationals between 1966 and 1985. He has been a West Indies coach, manager and board director and presently serves on the WICB's debriefing panel, which assesses the team's performance following series and tours.

Barbados Tridents defeat Trinidad & Tobago Redsteel

Trinidad & Tobago Red steel won the toss against the Barbados Tridents and Barbados Tridents took first strike and scored 174 runs for five wickets after their 20 overs. Samuel Badree removed the inform Dwayne Smith and after 5.4 overs, opener William Perkins was caught and bowled by Badree. Shoaib Malik's consolidated knock of 35 runs from 38 balls boosted the Tridents' innings.

Raymond Reifer Slams 65 not of 41 balls

The left-handed Raymond Reifer blasted away at the Red Steel's bowling scoring 65 not out off 41 balls. He shared a partnership of 69 runs with Kieron Pollard who scored 34 runs from 15 balls with four fours and two sixes. Tridents' innings ended at 174 runs for five wickets after



Eyes on Cricket

By George H. Whyte



Pakistan's batsman Shoaib Malik plays a side shot off South Africa's bowler Lonwabo Tsotsobe.

Associated Press / Themba Hadebe, File

20 overs. Trinidad & Tobago Redsteel's Samuel Badree was the most economical with two wickets for 20 runs off four overs. Kevon Cooper was the most expensive bowling four overs for 44 runs without taking any wickets.

Jason Holder wrecks T&T Red steel

As the momentum builds in the Limacool Caribbean Premier League Twenty20 tournament, the Barbados Tridents are showing their qualities as fast bowler Jason Holder ripped through the Red Steel batting as they slumped to 44 for four in the fifth over with Holder taking all four wickets. T&T Red Steel were bowled out for 105 in 16.5 overs.

Jason Holder four for 27 and Rayed Emritt three for 23 did the job for the Tridents. Barbados Tridents won by 69 runs.

WEST INDIES SQUAD FOR THREE ONE-DAY INTERNATIONALS

The West Indies team is schedule to play Bangladesh in three One-day Internationals, two in Grenada and one in St. Kitts. The Grenada games are set for Aug. 20 and 22 and the St. Kitts game for Aug. 25. The West Indies squad comprises: Dwayne Bravo [Captain], Darren Bravo, Jason Holder, Nikita Miller, Sunil Narine, Kieron Pollard, Denesh Ramdin, Ravi Rampaul, Kemar Roach, Darren Sammy and Lendl Simmons.

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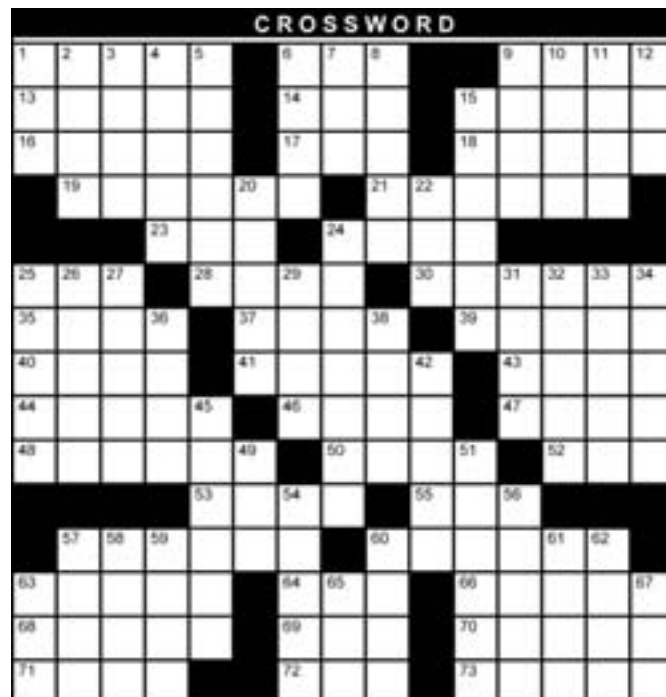
1. TV's Donald Draper, e.g.
6. ___ of Good Feelings
9. Type of ski lift
13. *Yellow cheese eaten in Amsterdam?
14. No amount
15. *Rome's Colosseum
16. *You use it to find your way to world capitals
17. Maltese or Havanese, e.g.
18. European finch
19. Blood infection
21. *Plato's home
23. "The Joy Luck Club" author
24. Sound of bells
25. Maple syrup precursor
28. Computer application command
30. Old material, presented anew
35. Blue pencil mark
37. "___ of Eden"
39. WWII conference site
40. ___-a-daisy
41. Maneuvers
43. Bank claim
44. ___ Heep of "David Copperfield"
46. Church sanctuary
47. *Nobel Peace Prize capital
48. Talk rapidly and angrily

50. Mr. Potato Head?
52. Mai ___
53. Duds
55. Bad-mouth
57. *U2's Bono owns a hotel here
60. *Home to many great composers
63. Conical tent
64. Gone by
66. Chinese weight units
68. Keyboard key
69. Make a seam
70. Clear the blackboard
71. Above
72. "For ___ a jolly..."
73. Move a plant

DOWN

1. ___ Khan
2. Chewy treats
3. Drug smuggler
4. Make fit for
5. *Capital of Bahamas
6. "___ of the earth"
7. Spanish river
8. Pond buildup
9. Genealogist's creation
10. *De facto capital of Switzerland
11. Anisette, for short
12. Campaigned
15. Olsen or Judd, e.g.
20. ___ circle

22. Feather glue
24. Has
25. **"Gangnam Style" capital
26. Love intensely
27. Ubiquitous ground songbird
29. Slap on
31. Sainly glow
32. CrÈme de la crÈme
33. Inscribed pillar
34. *Capital of Vietnam
36. Russian autocrat
38. Not permanent
42. *Riyadh is the capital of _____ Arabia
45. *His bunker was in Berlin
49. Hawaiian dish
51. Dr. Atkins' follower, e.g.
54. Grind teeth
56. Animal catcher
57. Fender blemish
58. As far as
59. Car onomatopoeia
60. Wedding day promises
61. ___ tide
62. Additionally
63. *They drink a lot of it in London
65. Wow!
67. Exercise group



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ARIES: Mar 21/Apr 20
Aries, exercise caution when expressing your needs. It can be difficult to stop when you are drumming up so much excitement. Now is not the time to take a risk.

TAURUS: Apr 21/May 21
Taurus, you may have overextended yourself this week. You didn't realize you had taken on so much until it was too late, but there is still time to backtrack.

GEMINI: May 22/Jun 21
Gemini, committing to a daily routine can have a strong impact on your overall health. Consider tailoring a new routine for yourself, and you'll reap the healthy rewards.

CANCER: Jun 22/Jul 22
Take things slow with a budding relationship this week, Cancer. You don't want to go too fast and find yourself in over your head. Let things develop gradually.

LEO: Jul 23/Aug 23
Leo, carefully consider any offer that seems too good to be true this week. While the person making the offer is not ill-intentioned, you still must exercise caution.

VIRGO: Aug 24/Sept 22
Big ideas sweep in this week and leave you with a lot of inspiration, Virgo. Don't get too lost in fantastical ideas, though. Wait a little bit before finalizing plans.

LIBRA: Sept 23/Oct 23
Err on the side of caution with regard to spending this week, Libra. You have to save up for a bigger purchase that's on the horizon, so try to save as much as you can now.

SCORPIO: Oct 24/Nov 22
Scorpio, only now do you realize how much you have on your plate. Think about postponing a getaway until your schedule is less packed and you can enjoy the trip even more.

SAGITTARIUS: Nov 23/Dec 21
Sagittarius, turn work into play and things will move along that much more quickly. Split up the tasks at hand with a friend or colleague, and the week will fly by.

CAPRICORN: Dec 22/Jan 20
Capricorn, even though you don't have much time for yourself, you feel compelled to spend more time with others. Make some time for yourself as well.

AQUARIUS: Jan 21/Feb 18
Aquarius, you secretly enjoy when others come to you for advice. Think carefully before making any suggestions, and your friends will be more appreciative because of it.

PISCES: Feb 19/Mar 20
Now is the time to further your studies, Pisces. Figure out how to finance a return to school and make the most of the opportunity.

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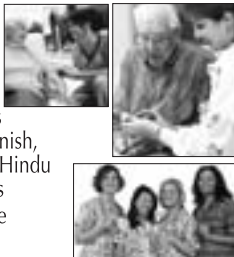
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► HELP WANTED

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Office of the
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Mom, Dad, Sis
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► LEGAL

► LEGAL

NOTICE OF FORMATION of limited liability company (LLC). Name: INFINATE ROOTS TRAVEL, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 06/06/2014. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: JONATHAN GROSS 20 CEDAR ROAD EAST KATONAH, NY 10536. Purpose: any lawful purpose.

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NOTICE OF SALE
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Dr. Alan P. Goldman: Treating And Relieving Arthritis Pain

There are a lot of people suffering with joint pain and arthritis, says **Dr. Alan P. Goldman**, a specialist in rheumatology (130 Brighton Beach Avenue, 718-946-7557), and they often believe that there is little that can be done to alleviate their pain.

They are wrong. There are many options available, Dr. Goldman says; the key is finding a physician who is knowledgeable in those treatment modalities.

As a rheumatologist, Dr. Goldman specializes in the treatment of arthritis; one of only a handful practicing in Brooklyn.

Rheumatoid arthritis is an inflammatory illness that causes joints to swell. Symptoms include morning stiffness and swelling, often in the hands, elbows, or wrists, he says. Perhaps because there are so few rheumatologists in the borough, when people experience these symptoms, they often "see a surgeon first," says Dr. Goldman. But this often doesn't make much sense, he explains.

"When you have stomach pains, you don't go to a surgeon before seeing a gastroenterologist," he explains. "When you have chest pains, you don't see a surgeon before seeing a cardiologist."

A surgeon is the expert to see when surgery is needed, he notes, and of course Dr. Goldman refers patients to surgeons when necessary. Still, Dr. Goldman believes that the majority of people who suffer with arthritis can be

treated without surgery. Even those who suffer enormously may find relief with Remicade IV infusion treatments, he says. "It has worked wonders."

Patients receive these treatments once every few months, and people who previously couldn't move well find that the "benefits are tremendous," he says. Those whose symptoms are less severe may find relief with pills or injections. This method has been used successfully for many years, says Dr. Goldman. And, "It still works."

When patients see Dr. Goldman they are assured of receiving expert evaluations. Dr. Goldman's office offers x-rays, and a number of in-office treatment procedures. Should patients need physical therapy, arrangements can be made for this, as well.

Dr. Goldman also recommends that people age 60 or older come in to be checked for osteoporosis. People who are thin or who smoke are especially at risk, he notes.

Dr. Goldman is a Harvard graduate who has studied at Bellevue Hospital-New York University Medical Center and Gouverneur Hospital in Manhattan. He is on staff at the New York Methodist Hospital, and he is a Fellow of the American College of Rheumatology, as well as a member of the American College of Physicians, Nassau County Medical Society, the New York State Medical Society, American Medical Association, and the New York Academy of Sciences.

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