

## Baptist pastor receives honor

Rev. Dr. Sean Gardner joins his wife Renee Frances Washington Gardner during a presentation by Jim Coleman, executive director of the Westchester County Industrial Development Agency. See story on page 29.

# Preparing for Ebola in the Caribbean

#### By Nelson A. King

The Pan American Health Organization (PAHO) wants healthcare workers throughout the Americas, including the Caribbean, to be trained in the use of personal protective equipment and early identification of suspected cases of the Ebola virus disease (EVD).

PAHO's call on Tuesday comes amid confirmation the day before by the U.S. Centers for Disease Control and Prevention (CDC) of a healthcare worker who became the first case of secondary transmission of Ebola in the United States and the Americas.

PAHO also reminded countries of the importance of maintaining

Continued on Page 4

# DEBATE ONISIS RAGES

## Trinidad to decide on the re-entry of Islamic fighters

#### By Bert Wilkinson

Security officials in Trinidad are to decide on a policy regarding locals who had traveled to the Middle East to fight with the Islamic State being allowed to return to the island, resettle and live a nor-

National Security Minister Gary Griffith said this week that the administration of Prime Minister Kamla Persad-Bissessar will soon

have to make a very tough decision regarding islanders who have opted to fight alongside IS troops in Syria and Iraq after local media and police confirmed that up to 50 Trinidadians might have flown to the Middle East to become fighters there. Some are reportedly earning up to \$1,000 monthly in

"We will have to make very seri-Continued on Page 4

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#### THE NEWS FROM BACK HOME

#### Caribbean

The Pan American Health Organization (PAHO) says ministers of health and other high-level delegates from countries in the Americas, have agreed on a series of actions to advance toward universal health coverage.

PAHAO's Director Dr. Carissa Etienne says the leaders agreed on a roadmap to progressively ensure that all people have access to the health services they need, when they need them, without fear of financial hardship.

She says it will be a gradual process and each

country will follow its own path.



She stressed that achieving universal access

and universal health coverage will promote the well-being of people throughout the region in an important way to the development of the countries.

PAHO says currently, 30 percent of people in the Americas cannot access health care for financial reasons and 21 percent lack access to care because of geographical barriers.

#### **Antigua**

Antigua and Barbuda Prime Minister Gaston Browne recently held talks with senior United States officials in a move aimed at ending their long standing Internet gaming dispute.

The meeting followed Browne's criticism of Washington during his address to the United Nations General Assembly in New York recently.

A statement by the Antigua and Barbuda government stated Prime Minister Browne met US Trade Representative, Michael Froman,

"where both sat down to open dialogue about the stalled trade dispute and dis-



cussed practical ways in which the matter could be brought to a conclusion."

Browne was accompanied by the Minister of Foreign Affairs and International Trade Charles Fernandez and Permanent Secretary in the Ministry of Foreign Affairs Ambassador Colin Murdoch.

"Both sides agreed to put a team together to work out the details of their discussion, and PM Browne undertook to name his



## Threat to Carib fishing

The Caribbean's fishing industry provides direct employment for more than 120,000 people and indirect employment opportunities for thousands of others particularly women in processing, marketing, boat-building, net-making and other support services. See story on page 14.

IPS/Desmond Brown

team within a week," the statement said.

In his meeting PM Browne outlined the economic loss suffered by Antigua and Barbuda as a result of US non-compliance with the World Trade Organization (WTO) ruling, according to the statement. It said both parties are expected to resume discussions in the coming weeks.

#### Grenada

Grenada has joined several countries that have signed a United Nations resolution against terrorism sponsored by the United

Prime Minister Dr. Keith Mitchell told a news conference in St. George's, Grenada he was horrified at the atrocities committed by

members of the Islamic States (ISIS), who have respontaken sibility for the



beheading of at least three Western journalists in Syria.

"You cut off somebody's neck with a knife. I have seen fowls being killed with a knife and I have difficulty watching it, and for a human being to go through that

process it is quite frightening," Mitchell said.

Trinidad and Tobago also cosponsored the U.S. resolution, with Prime Minister Kamla Persad-Bissessar noting her country is a "firm believer in the ability of the United Nations to contribute to the resolution of international problems such as terrorism."

The resolution requires nations to "suppress the recruiting, organizing, transporting equipment" and financing for "foreign terrorist fighters"

U.S. President Barack Obama said it also calls on government to 'help build the capacity of states on the front lines of the fight."

More than 100 countries have already signed the resolution.

#### Haiti

A large group of supporters of former Haitian president Jean-Bertrand Aristide recently marched through the capi-

tal on the anniversary of a 1991 military coup that ousted the country's first



democratically elected leader. Thousands of supporters tried

to march from the church where Aristide led services as a Catholic priest to his house. But police fired water cannons and tear gas to disperse them before they arrived at the home.

The march marked the date that the military ousted Aristide less than a year into his first term as president. It comes amid fears he will be arrested for failing to heed a court summons to testify in a corruption case.

#### St. Kitts

St. Kitts Prime Minister Vance Amory is taking legal action against the state-owned ZIZ Broadcasting Corporation (ZBC) claiming that he had been "falsely and maliciously" accused of using his office to enrich himself and his family.

Armory claimed in court docu-

ments that the allegations were made in a news item broadcast on June 23.

His attorney,

Ted Hobson QC said his client is seeking compensation and we are also calling for an injunction to stop them from repeating the

allegations that they made on that broadcast."

The premier is seeking EC\$200,000 in damages.

The lawsuit does not call for an apology and Hobson said that he has no doubt, the news item and the corporation's response had been politically influenced.

Premier Amory has constantly denied allegations of impropriety over a controversial land sale negotiation with an Iraqi national, calling the allegations outrageous and completely false.

#### St. Lucia

The Caribbean Association of Banks (CAB) is appealing to the Guyana government to pass the Anti-Money Laundering and Combating the Financing of Terrorism (AML/CFT) Amendment Bill.

In an official statement, CAB said while it recognized Guyana's efforts to put in place alternative measures to address technical deficiencies in existing legal and financial legislative framework

for assessment by the Financial Action Task Force (FATF) that is just one small step in actions



required to comply with international standards.

The passage of the AML bill is not only about Guyana, but also about the international financial sector as a whole in order to protect all financial systems within the region from ongoing money laundering and terrorist financing risks," said CAB Chairman Carlton Barclay.

According to CAB, billions of dollars are laundered each year posing significant policy concerns for governments worldwide.

CBA said Guyana's expediency in passing the AML/CFT Bill will not only benefit its own economy and growth but strengthen the regional financial network and its reputation worldwide.

#### St. Vincent

St. Vincent and the Grenadines has assumed the chairmanship of the Permanent Council at the Organization of

American States (OAS).

Perma-The nent Council,

comprised of the Permanent Rep-

Continued on Page 24



as a public health issue."

It was also noted that fre-

quently immigrant women don't report the abuse for fear

of deportation. "This affects

victims and all of society. You

do not have to stay with your

partners for economic rea-

Adams made note that

the structure of "what is a

family" has changed con-

siderably and abuse can

take place inside same sex

families, too. He reminded

those gathered that abusers

come from all occupations-

judges, accountants, police

officers, and bakers. "The

hidden secrets behind four

walls must come out," he

said. "It takes healthy fami-

lies to raise healthy children," he said, emphasizing

the importance of connect-

President

sons," she emphasized.

Borough

By Nelson A. King

The head of the Miamibased United States Southern Military Command, otherwise known as SOUTHCOM, warned that an Ebola outbreak in Central America or the Caribbean could trigger a mass migration to the U.S. of people fleeing the

Marine Gen. John F. Kelly also implied that established Central American illegal trafficking networks could introduce the infected into the U.S., according to the U.S. Naval Institute's online news and analysis portal (USNI News).

"If it comes to the Western Hemisphere, the countries that we're talking about have almost no ability to deal with it particularly in Haiti and Central America," said Kelly during remarks at a panel Tuesday on security issues in the Western Hemisphere at the National Defense University in Washington, D.C.

"It will make the 68,000 unaccompanied minors look like a small problem," he added. "I think you've seen this so many times in the past, when in doubt, take off," he said.

Though an ocean away from Ebola hotspots in West Africa, a growing numbers of West Africans are using the illicit trafficking routes through Central America to enter the U.S. illegally and could introduce the disease in the U.S., USNI News warned.

Kelly also stressed how effective the criminal transportation networks were at moving people and material into the U.S.

"We see a lot of West Africans moving in that network," he said, relating a story from a border checkpoint in Costa



**Mass migration** 

fears if Ebola

U.S. Marine Gen. John F AP Photo/Molly Riley

Rica — told to him by an American embassy official - in which five or six men from Liberia were waiting to cross into Nicaragua.

The group had flown into Trinidad and then traveled to Costa Rica, hoping to travel up the Central American isthmus and into the U.S.

Given the length of the journey, "they could have been in New York City well within the incubation period for Ebola," Kelly said.

The realities of a potential outbreak caused Kelly to ask his staff to start thinking about the affects to the SOUTHCOM area of operations (AO) and pay attention to the response of U.S. Africa Command

The U.S. has sent 4,000 troops to West Africa to assist countries in dealing with the Ebola outbreaks in the region.

"The five services of the U.S. military will get it done and be a large solution to this problem," said Kelly, adding that SOUTH-COM is in regular contact with AFRICOM in the event of the worst-case outcome.

'We're watching what AFRICOM is doing and their plan will be our plan," he said. "The nightmare scenario, I think, is right around the corner."



Brooklyn Borough President Eric Adams and Council Member Cumbo look on while Council Member Vanessa L. Gibson, chair of the Public Safety Issues Committee, speaks outside City Hall on domestic violence and the help

# **October is Domestic Violence Awareness Month**

By Tequila Minsky

Council Members, volunteers, staff of advocacy organizations and survivors wore purple shirts, scarves and ties in solidarity for Domestic Violence Awareness Month, outside of City Hall, Oct. 6. They were drawing attention to the epidemic proportion of domestic violence episodes and their support of initiatives to fight domestic violence and women who suffer from or survive from it.

"Purple means passion," one of the speakers said, and all who were there were fighting with fervor the toll domestic violence takes on women and their children.

Council Members Laurie A. Combo, chair of the Women's Issues Committee and Vanessa L. Gibson, chair of the Public Safety Issues Committee led the press conference, which also announced that City Council was allocating \$6 million, a 40 percent increase in funding, to support DV programs. These initiatives include CONNECT, Inc. (Community Empowerment Program), Domestic Violence and Empowerment (DoVE) Initiative, Immi-



"No more domestic violence," Council Member Andy King chanted. "Men, if you need help, talk to a brother. Women, if you need help, talk to a sister."

Photo by Tequila Minsky

grant Battered Women's Initiative, and HRA Legal Services for Domestic Violence Victims.

It is recognized that domestic violence transcends gender, age, ethnicity, and socioeconomic status. "Its overwhelming impact on the lives of New Yorkers, particularly women and children, is undeniable and will not be tolerated," said Council Member Cumbo. "Domestic Violence Awareness Month is our annual call to action, to stop the violence."

Council Member Vanessa

Gibson repeated a message

Hundreds of thousands of domestic violence complaints are filed with the NYPD each year with a yearly, steady increase reported Public Advocate Letitia James. "In 2013, there was an average of 765 calls per day. This leads to depression, suicidal thoughts, binge drinking, sexual abuse and stroke," she said. "It is important that DV is treated

that was heard more than once during the press conference, "Love should not hurt. We support healthy and loving relationships."

ing victimized loved ones and neighbors with resources to help them. Among the organizations and New York Legal Assistance Group.

present with resources to help victims of domestic violence were Safe Horizon, Metropolitan Council on Jewish Poverty, Safe Homes Project, Dominican Women's Development Center

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# Trinidadians debate barring ISIS fighters

Continued from cover

ous decisions," the Express Newspaper quoted him as saying this week, noting that "some countries have adopted a policy of having such persons debarred from re-entering on the basis that they are a danger to national security. It is a matter which we have to discuss at the level of the national security council."

Dozens of people on the island of 1.3 million just north of the Venezuelan and South American coast have come forward to identify at last two men from southern Trinidadian districts as those appearing on You Tube and other social media sites touting Islamic propaganda, speaking clearly in Trini accents.

"If it is clear that individuals have gone and involved themselves in terrorist activity, obviously we will have to make some very serious decisions because the security of the country is of paramount importance."

The plans come as Islamic officials in neighboring Guyana have warned young Guyanese Muslims not to become radicalized and give in to urges to fight with ISIS despite the horrible track record of military and other involvement of western countries like the U.S. in Middle Eastern affairs, sometimes with very deadly consequences.

Fazal Ferouz, head of the Central Islamic Organization of Guyana (COIG) suggested that information available on social media and other sources can easily influence young Muslims to sign on as fighters as he pleaded with them to stay away from any involvement with IS as its activities have been condemned by Muslims around the world.

"What IS is doing is totally un-Islamic. We have said so and the most respected Islamic scholars around the world have said so too. We have no evidence that any



Prime Minister Kamla Persad-Bissessar.

Photo/Anthony Harris

Guyanese have gone abroad to fight but we hope not."

Guyana's population comprises of nine percent Muslims.

He said that the CIOG has gone to great lengths to persuade young males from any involvement in activities outside of their home base but he said leaders acknowledge that well packaged information on alleged atrocities committed against the Muslim world by western nations, militaries and intelligence agencies could well influence them otherwise.

# **PAHO** issues Ebola guide

Continued from cover

surveillance and updating their procedures for any potential introduction of the virus.

The healthcare worker confirmed as having Ebola worked at Texas Presbyterian Hospital in Dallas, Texas, where she had been involved in the treatment of the first Ebola case diagnosed within the United States, who died on Oct. 8.

The healthcare worker reported a low-grade fever on Oct. 10 and was referred for testing, which came back positive. She has since been in isolation, and contact tracing is underway, according to the CDC.

The deceased Ebola patient had travelled from West Africa, where more than 8,300 cases and 4,000 deaths from Ebola had been reported as of Oct. 10, PAHO said.

"Healthcare workers are at high risk of infection with Ebola unless they take adequate precautions," it said.

PAHO said that, in Africa, healthcare workers have

been one of the most heavily affected groups, with 416 cases and 233 deaths.

It said the virus is not airborne but is transmitted through direct contact with the bodily fluids of infected people.

PAHO said it is working with its member states in the Americas to ensure preparedness for any possible introduction of Ebola virus disease.

The organization issued an epidemiological update on Oct. 10 reminding member countries of the need for measures to ensure early detection of potential cases.

These include heightened awareness among both screening personnel at points of entry and healthcare workers on the clinical features of the disease, especially fever, and screening questions about history of travel to Ebola-affected countries or other means of exposure to the disease.

"Healthcare workers especially should be prepared to report suspected cases immediately to the authorities and to implement the necessary protocols," PAHO urged.

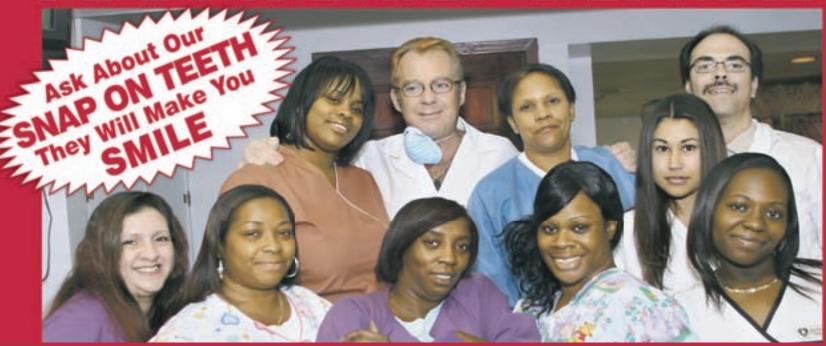
PAHO is also reminding countries of the need to strengthen measures for infection prevention and control in their health services, including through training of healthcare workers in the use of personal protective equipment.

Toward this end, PAHO has disseminated the document, "Infection Prevention and Control Guidance for Care of Patients with Suspected of Confirmed Filovirus Haemorrhagic Fever in Health-care Settings," with focus on Ebola 2014.

PAHO said it has also been supporting the response in West African countries affected by the EVD outbreak with the deployment of staff.

Additionally, the organization said it is assisting its member states with deployments of their nationals and facilitating cooperation among countries.





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# Hundreds attend 'Baby Doc' funeral in Haiti

By Evens Sanon and **Danica Coto** 

PORT-AU-PRINCE, Haiti (AP) \_ Hundreds of people attended the funeral of former dictator Jean-Claude "Baby Doc" Duvalier on Saturday, displaying lingering respect for a man who was widely reviled for repression and corruption during his 15 years

Mourners paused to pay their respects in front of Duvalier's coffin draped with Haiti's red-and-blue flag as they greeted his partner Veronique Roy, his ex-wife Michele Bennett and their two children.

Members of Haiti's elite and former officials of



Friends and family of Haiti's late Dictator Jean-Claude "Baby Doc" Duvalier carry his flag draped coffin back to the funeral home after his funeral ceremony in Port-au-Prince, Haiti, Saturday, Oct. 11, 2014. AP Photo/Dieu Nalio Chery

Duvalier's regime arrived in luxury SUVs, joining more humble citizens in ill-fitting suits, and quickly filled the chapel on the grounds of the Saint-Louis de Gonzague school in the Delmas district of Port-au-Prince.

Former President Boniface Alexandre attended as did some officials of President Michel Martelly's administration, including one of his advisers, the chief of protocol for the National Palace and the delegate of Port-au-Prince. However, Damian Merlo, an adviser to Prime Minister Laurent Lamothe, said no one went in an official capacity for Lamothe or Martelly. Lamothe was out of the country, while Martelly was in Haiti, but did not attend the funeral.

Some officials in Martelly's administration have ties to Duvalier's regime, but Merlo said the government has not given any

special treatment to former members of that regime.

The "Martelly-Lamothe government does not share those values," he said.

After the service ended, former members of the military under Duvalier's regime carried his coffin from the chapel while a crowd chanted "Long live Duvalier! He's not dead!"

Jean Ronald Lerison, 20, said he attended the service at the request of his ailing father.

# **Trinidad monitors** suspect ISIS fighters

By Azad Ali

The Trinidad and Tobago Ministry of National Security is investigating reports that at least 50 Trinidadians have flown to Syria within the past few months to join the terrorist organization Islamic State of Iraq and Syria (ISIS).

Intelligence reports say that the Trinidadians have been obtaining bogus documents to travel to Syria.

National Security Minister Gary Griffith said the government was monitoring the travel patterns of suspect foreign fighters and seeking to verify their involvement with

He said this was being done because of Trinidad's close working relationship with intelligence agencies from the 100-plus countries which signed the United Nations (UN) Resolution to work together so share information and monitor such movement.

'This is not just about ter-

rorist activities but also we are monitoring those who may be financially funding ISIS fighters, who may be assisting in their movement to and from Syria as well as

'This is not just about terrorist activities but also we are monitoring those who may be financially funding ISIS fighters,

those who may want to be involved in the training of terrorists activities," he said.

The minister also pointed out that the United States Central Intelligence Agency assessed there are between 20,000 and 31,000 fighters across Iraq and Syria who are part of ISIS. More than 15,000 foreign fighters including 2,000 westerners have gone to Syria. Fighters come from more than 80 countries.

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# Overstaying your visa can lead to penalities warns Vincentian attorney

By Nelson A. King

A Vincentian-born attorney in the United State is urging Caribbean nationals not to overstay the duration of their visas, warning of penalties for doing so.

"Foreign nationals who overstayed are subject to the three and 10 years' bar," Curlina Edwards told a town hall meeting last week, organized by the incumbent St. Vincent and the Grenadines' Unity Labor Party (ULP), at the Friends of Crown Heights Educational Center in Brook-

"Foreign nationals who are out-of-status may be subject to the three and 10 years' bar," Edwards added.

She said overstay means that a person stayed in the U.S. beyond the date indicated on the I-94 immigration form for the person to leave.

Out-of-Status means that a person has violated the terms of his or her lawful status in some way. Overstay is the most common way to be out-of-status, said Edwards, who is also secretary of the Brooklyn-based Chateaubelair Development Organization (CDO).

She said U.S. immigration authorities impose the three-year bar for someone who overstays his/her lawful presence for greater than 180 days but less than a year, and prior to the institution of removal proceedings.

"The 10-year bar is imposed for someone who overstays his/her lawful presence for greater than a year and leaves the U.S. prior to the institution of removal proceedings," Edwards explained.

She indicated that there are several ways to gain lawful presence in the U.S. and obtain a green card, stating that this can be done through, among others, family, job, the Diversity Immigrant Visa Program ("Green Card Lottery"), Special Immigrant Juvenile Status, widow(er) of a U.S. citizen, Legal Immigration Family Equity (LIFE) Act, investment, self petitions and religious worker.

"Also, as a battered spouse, child or parent, you may file for an immigrant visa under the Immigration and Nationality Act, as amended by the Violence against Women Act (VAMA)," Edwards said.

"When dealing with immigration matters, a key



Immigration Attorney Curlina Edwards.

Photo by Nelson A. King

issue that an applicant has to address is eligibility for admission to the U.S.," she added, stating that an applicant can found to be ineligible for a number of reasons.

Edwards identified these as health-related grounds, criminal and related grounds, security and related grounds, public charge, illegal entrants and immigration violators.

She said "immigration violators" are "probably the biggest challenge for Vincentians because they have overstayed or entered the U.S. without inspection, etc."

"I advise Vincentians to speak with an experienced immigration attorney or someone who is knowledgeable about immigration matters to review their case and go over what actions can be taken," she said.

Edwards said there is an array of waivers available for inadmissibility, stating that the U.S. Attorney General has the sole discretion to waive a finding of inadmissibility.

Additionally, she said there are other options for denial decisions, such as an appeal, a motion to reconsider or a motion to reopen a case.

The immigration attorney said one can apply for a waiver if one is the husband, wife, parent, son or daughter of a U.S. citizen or legal permanent resident "who would suffer extreme hardship if you were kept out or forced to leave the U.S."

She said if one entered the U.S. legally and overstayed the authorized period of stay, one can still get a green card

Continued on Page 26

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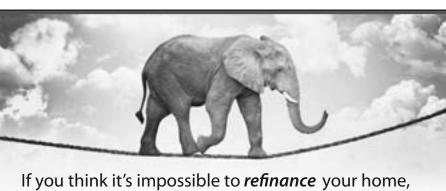
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#### **OP-EDS**

# Forgiveness may hold key to health, youthfulness

By Sr. Janet Lovell

Generally, people believe that as they get older their beauty, health, and vouthfulness diminish with age. For this reason, many lean toward plastic surgery, strenuous exercise, and harsh diet. However, this is not true for this writer, Minister Janet Lovell, 55, looking better today than I did in my thirties. My miraculous transformation was done without medical science or the above mentioned. My life changing health and wellbeing I attribute to the act of forgiveness. Medical research has shown that 80 percent of all health problems derive from negative emotions. Researchers at Stanford University have also confirmed that unforgiveness contributes to cancer and negatively affect the body's Endocrine System—a built in mechanism to keep the body healthy and

I was sick for seven years; doctors were unclear on a diagnosis. Some told me I had Sarcoid, others said I had a nervous breakdown. The doctor who told me I had Sarcoid said it very casually, as if he was talking about a mere headache. Later, I found out that Sarcoid was a life threatening disorder with no cure. In my heart, I knew neither of them had any answers for me, yet I was dying in front of their eyes.

Have you ever walked the streets in the summertime and saw a homeless person wearing a thick wool coat and itching all over? Well years ago, the person with the wool coat and itching was me! I wore coats in the summer time because I had no heat in my body, yet I would sweat under the coat while feeling very cold.

Thank God I am now alive and well.

I am free to live, I am free to prosper, I am free to love, and I am free to forgive.

Unforgiveness chained and froze me in a place of sickness, sadness and premature aging. This negative emotion stole my beauty, peace, health, and prosperity. Once this chain was broken, I was able to regain my beauty and health. Sometimes it seems as if I went back in time and changed my biological make up. After I started to forgive, I noticed the change in the contours of my face. I looked younger as I got older even though I was in my fifties. Prior to forgiveness, I looked like I had a swollen head on a slender body. My skin was wrinkled and thickened beyond exfoliation. Thank God; this is now over!

Forgiveness is really a treasure; take this precious gift and never let it go. It is impossible to live a peaceful, healthy life with-

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# Not the route to take

By Capil Bissoon

When Dr. Wayne Kublalsingh announced his second hunger strike I, like most people, began to wonder whether he would surpass his previous 21-day record. For most Trinidadians the thought of 21 days without food or water is almost unthinkable.

As he entered day 25 on Saturday without changing course, I thought we should put the Guinness Book of World Records on standby as Trinidad may soon have another claim to fame. It turns out that based on the current record of a 94-day hunger strike in Ireland, Dr Kublalsingh has a long way to go. While the Irish like to eat almost as much as we do, those hunger strikers in Ireland may not have gone without water and that might make Dr. Kublalsingh a medical miracle.

The internet states the average person can survive two weeks without water, but a 28-year-old Haitian man survived without food or water for 27 days trapped in rubble after the devastating 2010 earthquake. He lost 14kg and no one knows how he survived that long.

From all appearances Dr. Kublal-singh is faring much better this time around than his last fast in 2012. He attributes this to time spent sitting in his wife's garden. Perhaps if we all learned that technique we would put bottled water companies out of business. Fewer plastic bottles going into landfill would no doubt please Dr. Kublalsingh.

Many prominent citizens including the heads of the Catholic and Anglican faiths and masman Peter Minshall have come forward to encourage a resolution between the government and Dr. Kublalsingh. It is

How can we speak of preserving the soul of a nation while at the same time encouraging Dr. Kublalsingh to blackmail the government with the threat of his own demise?

quite telling, however, that they have focused on applauding the strength of Dr. Kublalsingh's conviction and preserving his life, as opposed to the underlying issue of whether the highway is in the best interest of the country.

With even legal luminaries such as Martin Daly advocating that both parties seek to expedite the appeal at the Privy Council, it comes as a surprise that Dr. Kublalsingh and his movement are yet to file any such appeal. I would have expected that if Dr. Kublalsingh is as convinced as he claims that the highway is not the way to go, he would have moved swiftly to bring the matter before the impartial lords in England.

Perhaps that says something about the objective strength of his case. It seems that he is instead relying on public sympathy for his own health as his only bargaining tool, even in the face of calls from within his own camp to abandon the strike.

Any decent human being would share the concerns of Bishop Berkley and Archbishop Harris to try to find a way to preserve Dr. Kublalsingh's life. In the face of his vow not to relent however, their only solution seems to be the government must be the one to bend.

How can we speak of preserv-

ing the soul of a nation while at the same time encouraging Dr. Kublalsingh to blackmail the government with the threat of his own demise?

I wonder though if they have given any thought to the lives of the tens of thousands of commuters who are stuck in traffic every day from the southern reaches on mornings and late evenings. How many hours of their lives have they sacrificed by leaving home at 5:00 a.m. to get to work for 8:00 a.m. and taking a further three to four hours to get home at night? What is the impact on their children and family life?

I do not envy the prime minister's position. How do you balance the demands of a few who are prepared to physically harm themselves to have their way, against the needs of the many? This may be a case of "damned if you do; damned if you don't."

Last week, she asked the IRO to seek a meeting with Dr. Kublalsingh, to implore him to give up his hunger strike. We all know that Dr Kublalsingh advised the IRO to return to the prime minister and tell her mediation was the only answer to the impasse.

I realise it would be pointless to call the Guinness Book of World Records as they "have never encouraged actively claims for the longest time to voluntarily go without solid food for very clear and obvious reasons."

We would also do well not to encourage such behavior, especially when there are other avenues that are wide open to Dr. Kublalsingh and his movement.

Perhaps this is something that we all need to digest, Dr. Kublalsingh included.

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#### What's Your Opinion?

LETTERS TO THE EDITOR are welcome from all readers. They should be addressed care of this newspaper to Caribbean-Life Publications, 1 Metro-Tech Center North, Brooklyn, New York 11201, or sent via e-mail to caribbeanlife@cnglocal.com All letters, including those submitted via e-mail, MUST be signed and the individual's verifiable address and telephone number included. Note that the address and telephone number will NOT be published and the name will be published or withheld on request. No unsigned letters can be accepted for publication. The editor reserves the right to edit all submissions.

# Fighting again for rights already secured

The disturbing irony we've already noted here, of Barack Obama's elevation to president signaling to a broad swath of this society the need for rolling back, not advancing, certain hard-fought, long denied privileges of democracy to some citizens, has nowhere been more starkly manifested than in what's been done across the country with the voting process. Which, let's be clear, really refers to the voting process as it pertains to people of color and others in the overall demographic of minority voters. The Republican/Tea Party collective came on like gangbusters to "fix" things when the first-term Obama off-year election was approaching in 2010. And, having in the interim secured appropriate tools of mischief, they're ready again this year to make sure that stamp of regression remains ever more firmly affixed.

A visceral hatred (one is hardpressed to call it anything else) of the first Black president by those forces of reaction made for emphatic pushback against the forwardlooking polity that Obama's election suggested. Not only is there a switch in House control from Democratic to Republican in the election of 2010, but perhaps more importantly, state and local government electoral results in many instances are also indicative of palpable right-flank anger. That anger was so deepseated as to urge on the malcontents to "Never again!" action like cutting off at the pass portions of the body politic that made possible the landmark rewriting of presidential history. Ergo, the concerted assault on voting rights.

In a flurry, we were bombarded with Republican-controlled state legislatures passing measures clearly intended to weaken the Voting Rights Act of 1965 which was, so we thought, settled law. In June 2013 the Supreme Court, in a 5-4 decision (what else is new?) gave aid and comfort to the anti-voting rights wave when it sided with Shelby County, Alabama's contention that a couple of key provisions of the Voting Rights Act, regarding mandated Federal preclearance prior to any state attempt to change voting procedures, were no longer necessary. Out of nowhere came the notion that the Voting Rights Act was no longer a revered symbol of

#### **Viewpoint**

By Les Slater

Civil Rights era struggle, but seemingly open now to an altogether different version of "reformer" hacking away at the Voting Rights Act's core principles.

Recent court decisions on various state voting provisions turned the spotlight again on the push to manipulate the system in any way that would likely be favorable to the party or parties agitating for "reform" of voting procedures. Wisconsin's attempt to have a photo ID law for voting operable for the upcoming midterms was blocked by the Supreme Court. This was after the provision was struck down by a federal judge in April and then allowed to stand last month by the Court of Appeals for that circuit.

The victory for those resisting such attacks on voting rights could well be short-lived, however, speculation immediately ensuing, that this high court ruling was driven by a determination to not throw the voting process in Wisconsin into utter chaos come November, but that the court could revert to type and reverse course down the road. Even so, it bears noting that among the three dissenters in the decision was Mr. Justice Clarence Thomas, still the biggest affront and embarrassment in public life in this country to people of color.

Texas took what was thought to be a step back from a photo ID provision when a federal judge, in her ruling striking it down, wrote expansively about the statute's discriminatory intent. But in the "Can You Top This?" litigation game they've been playing there, a Federal Appeals Court has now overridden the earlier judge's ruling. One expects the Supreme Court is being again petitioned to weigh in on this on an emergency basis, in light of the elections being this close.

What's frustrating, in watching staples of this democracy fall victim to the vicissitudes of the courts, is the "pretend" game folks are reduced to playing when something like voting rights comes up

for review. There's no one in the dark about what this tinkering with voting rights is really about. As The New York Times editorial declared last Sunday, after dismissing the claptrap usually offered about increasing voter turnout, preventing voter fraud, etc: "The purpose of these laws is to suppress voting." For persons of color, particularly, the pain of this very poorly disguised move toward a revisionist take on voting rights has to be a lot more acute, well knowing what it took in blood to storm those barricades.

We rely on the judicial branch to be the great leveler as we navigate the labyrinthine glut of issues unavoidable with this democratic model. And so the courts have done ions of times. Sure enough, the courts have also oftentimes reminded us how imperfect the system is - those countless occasions when the courts showed themselves unabashedly in the claws of the politics that bred them. By way of example, we need look no further than that circus of a judicial odyssey to which people's hard-won right to vote is currently being subjected down in



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#### **OP-EDS**

## Release your pain with forgiveness

Continued from page 10

out forgiveness. Life comes along with joy and pain. You cannot have one without the other: therefore, forgiveness is needed to remove one's emotional pain and health problems. Yes, people have or are currently attempting to hurt you, but you are not alone. If there was a "hurt club" looking for membership, I'm sure almost everyone would be eligible. Usually, the most hurtful pain comes from those you have trusted and loved.

When people ask me what they can do to make it much easier to forgive? I respond by noting the dangerous effects of unforgiveness. We need to accept everyone at their level of consciousness to avoid pain because negative people will hurt anyone simply because negativity is embedded in their spirit. A dishonest person in a relationship will continue to be that way until an inner change takes place. Expect the unexpected and never to be too trusting of anyone prematurely.

During my journey, I became very tired of doctors poking me with needles, and running test after test. Being at my wits end, I walked out of the hospital with a needle in my arm. I

realized my condition was beyond medical comprehension and decided since God created my body, He can fix it!

I knew in order to receive healing I had to forgive. Therefore, I needed to begin the process. Encouragement came from my 12-year-old son, who pleaded with me saying, "Mom, just forgive dad and live!" When I saw the look in his eyes, I knew I had to tear down my mental and emotional barriers and embrace the act of forgive-

Many physical and mental ailments left my body once I forgave my loved ones. After I forgave my spouse, many symptoms began to leave my body instantly. Most importantly my breathing problems had ended. I was almost instantly able to breathe and walk outside without need of medical attention. My heart began to function perfectly and my sense of touch and taste came back to me. When I forgave my parents, I was able to hold and drink a cup of tea with my hands. I was also able to walk from my bedroom to my kitchen after not being able to do so for six months. After I forgave my siblings, my memory improved. I didn't have to write down where I put things. My mind was put to ease and the constant itching stopped.

The most important part of forgiveness is making the decision to do so. Forgiveness initially begins with pain; therefore, many avoid the process. For this reason, a lot of people are in hospitals suffering, fearful of bad news concerning their health-not knowing that forgiveness can produce perfect health and put an end to their torment. If aware of the healing affects of forgiveness, a majority of them would walk out of the hospital in perfect health.

My message to all, especially women that have endured pain and hardship, is that nothing is worth your health and peace, forgive! Release your pain and dry your tears; God truly loves you! I encourage you to forgive and let go of negative memories; true happiness awaits you! Many blessings of love and peace to you! Please forgive and live!

Sr. Janet Lovell wears many hats including entrepreneur, author and seminar presenter. Her seminars include Unforgiveness Kills, Stress Release and How to Attract the Right Mate and Live in Peace.



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# Acid oceans could devastate fishingdependent nations

By Desmond Brown

PYEONGCHANG, Republic of Korea, Oct 9, 2014 (IPS) - Scientists here are warning Caribbean countries, where the fisheries sector is an important source of livelihoods and sustenance, that they should pay close attention to a new international report released Wednesday on ocean acidification.

The report, published by the Secretariat of the Convention on Biological Diversity (CBD), coincides with the 12th meeting of the Conference of the Parties to the Convention on Biological Diversity (COP 12) being held here from Oct. 6-17.

"Ocean acidification can have quite specific impacts on certain fisheries, and so actually ocean acidification is especially important for Small Island Developing States (SIDS) and people that rely on specific types of fishery or some type of organism," Dr. S. J. Hen-

nige, the lead editor of the report, told IPS.

"There are variable responses with organisms with regard to ocean acidification, but for the ones which are negatively affected by it, if you are reliant on just that one type of fish then it could have very large impacts and you may have to actually switch to a different organism or something like that."

In the CARICOM region, the local population is highly dependent on fish for economic and social development. This resource also contributes significantly to food security, poverty alleviation, employment, foreign exchange earnings, development and stability of rural and coastal communities, culture, recreation and tourism.

The subsector provides direct employment for more than 120,000 fishers and indirect employment



In this April 22, 2013 file photo, vendors wait for customers at the fish market in the coastal town of Grenville, Grenada.

AP Photo/David McFadden, File

opportunities for thousands of others - particularly women - in processing, marketing, boat-building, net-making and other support services.

In the report, an international team of 30 experts, led by UK scientists, has concluded that ocean acidification is already underway, and it is now nearly inevitable that it will worsen, causing widespread impacts, mostly deleterious, on marine organisms and ecosystems, and on the goods and services they provide.

David Obura, director of Coast-

al Oceans Research and Development in the Indian Ocean, said food security, in the Caribbean and other regions of the world where there is heavy reliance on the fisheries sector, is threatened.

"Ocean acidification changes the chemistry of the sea water which means that how fish grow is affected and usually negatively," Obura told IPS. "So productivity will go down or the certainty of knowing what the output is going to be, how much food is produced, is less certain so it undermines the production system."

# **CARICOM** nationals short-listed for ACP post

Three candidates from Guyana, Trinidad and Tobago and Jamaica have been short-listed for the post of secretary of the African Caribbean and Pacific (ACP) grouping.

Sources say Guyana's Brussels-based ambassador to the ACP, Dr. PI Gomes, Jamaica's Patricia Francis, the former executive director of the International Trade Center (ITC) and Dr. Hamid Ghany, a political scientist and senior lecturer at the St. Augustine Campus of the University of the West Indies (UWI) have shortlisted for the post.

St. Vincent and the Grenadines, Haiti and Suriname had also named candidates for the top ACP post.

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# Hotter Caribbean poses threats to livestock farmers

By Jewel Fraser

PARAMARIBO, Suriname, Oct 8, 2014 (IPS) - Livestock farmers in the Caribbean are finding it increasingly difficult and expensive to rear healthy animals because of climate change, a situation that poses a significant threat to a region that is already too dependent on imports to feed its population.

Norman Gibson, a livestock scientist with the Caribbean Agricultural Research and Development Institute (CARDI), says the effects of climate change mean that farmers must spend more money on feedstock to produce healthy animals, as well as coping with higher mortality rates among their flocks due to heat stress.

Once an animal's core body temperature goes above 45 degrees Celsius, its homeostasis is disrupted, eventually leading to death. So Caribbean farmers are now investing in ventilation systems to keep



These goats in the Caribbean seek out shade in a bid to ward off heat stress that is driving up livestock mortality rates in the region.

FAO/Cedric Lazarus

their livestock cooler.

Gibson was part of a panel discussion at the Technical Centre for Agricultural and Rural Cooperation (CTA)'s Caribbean Week of Agriculture (CWA), being held in Paramaribo, Suriname, Oct. 6 - 12. The annual event hosted by the CTA focused on promoting policies and practices that will help farmers to adapt to climate change.

Gibson pointed out that decreases in livestock production would have a significant impact on the Caribbean region, where meat forms a major part of the diet. The region imports 40 million dollars worth of meat annually from New Zealand and Australia, he told the audience, and "imports are growing faster than [local] production."

Continued on Page 32

# US charity donates 50,000 breadfruit trees

By Nelson A. King

A United States charity says it has donated and planted 50,000 food-bearing trees in Haiti and Jamaica to help combat hunger.

The Northfield, Illinoisbased Trees That Feed Foundation (TIFF) said that the 50,000th tree donated by TTFF is a breadfruit tree planted by students as part of a school garden project in St. Michel de l' Attalaye, Haiti.

"This tree is a great milestone as we work toward a sustainable food supply in Haiti, with breadfruit as a major crop," said Timote Georges, executive director, Smallholder Farmers Alliance, the organization responsible for the school

garden.
"We are grateful to the

Trees That Feed Foundation for their work during the last five years in making breadfruit trees available throughout Haiti," he

Mary McLaughlin, a TTFF founder and current chief executive, said tree crops are an answer to world food concerns.

"Tree crops are a sustainable food source for tropical countries and have similar nutritional qualities to grains," she said. "They require less input of labor, agro chemicals, fertilizers and space.

"They also restore ecological balance to land damaged by slash-and-burn farming methods, commercial logging, or neglect," she added.

McLaughlin said about 80 percent of the world's hungry reside in the tropics, "and government officials in the Caribbean are realizing breadfruit's potential to feed their populations."

Since its founding in 2008, McLaughlin said TTFF has achieved meaningful humanitarian success with ongoing initiatives to plant breadfruit trees in Haiti and Jamaica.

When cooked, she said breadfruit tastes similar to unleavened bread, and can serve as a substitute for flour, rice or potatoes.

McLaughlin said one breadfruit easily satisfies the carbohydrate portion of a meal for a family of four. A mature tree can produce up to a half ton of fruit per year, she said.

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#### THE CARIBBEAN BUSINESS REPORT

# T&T's new IXP is key to its Internet economy growth

By Gerard Best

The recent establishment of an Internet exchange point (IXP) in T&T is a necessary step in strengthening the country's local Internet economy. But it is not enough, says Bevil Wooding, Internet strategist with Packet Clearing House (PCH).

"The launch of the local internet exchange point, TTIX, is definitely a positive step for internet users and in the development of the Trinidad and Tobago internet economy. However, the launch of an IX is not enough to guarantee its success," Wooding said, speaking with the T&T Guardian after taking part in a panel discussion on IXPs as part of the Internet Society's (ISOC) INET TT Forum, hosted by the Telecommunications Authority (TATT) on Oct. 8 and 9.

"Now that the task of getting the local IX up and running is over, focus must shift immediately to the development of local applications and content to take advantage of the availability of a local exchange point."

PCH has been involved the development of more than two-thirds of the world's IXPs, and Wooding has been actively involved in IXP deployments across the region. To be truly success-



From left, Ronald Mohammed, IPTV technologies manager, TSTT, Rehanna Jaleel, legal and regulatory manager, and Kurleigh Prescod, vice president network services, Columbus Communications, at the Internet Society's INET TT Forum, hosted by the Telecommunications Authority, Barataria, Oct. 8 and 9, 2014.

Photo by Gerard Best

ful, he said, exchange points have to have a clear plan for attracting local and international content providers and encouraging local Internet innovation to take advantage of the local exchange.

"Deliberate steps must now be taken to encourage local organisations to build local apps, create local content and deploy local services. A new set of local stakeholders must now be mobilised to steward the process of translating the promise of a local IX into the reality of a local Internet economy."

The four-member INET TT panel discussion high-lighted the urgent need for significant upgrades to critical Internet infrastructure across the region. It included Internet Society (ISOC) representatives Jane Coffin and Christian O'Flaherty, who emphasised the importance of IXPs globally in improving the resilience, efficiency and security of local networks.

Setting up an IXP is not technically difficult and is not necessarily costly, Coffin said, but it does require collaboration and cooperation, at times among parties who are otherwise competing in the same market.

In the audience were several regional and local technology experts gathered at the TATT office in Barataria for the two-day forum, which was also broadcast globally to a live streaming audience online.

Called INET TT, the event brought together private sector representatives, government officials, academic researchers and members of the local and international technical community. Present were delegates from the regional Internet registry for Latin America and the Caribbean (LACNIC), the Caribbean Telecommunications Union (CTU) and the T&T Network Information Centre (TTNIC).

The fourth speaker on the INET TT panel on IXPs was Kurleigh Prescod, vice president of network services at Columbus Communications Trinidad. Prescod, who is the chairman of T&T's recently launched IXP, shared perspectives from his personal experience of working with colleagues from competing ISPs to set up the local exchange point.

Called TTIX, the new IXP brought together seven of the country's Internet service providers (ISPs): Telecommunications Services of Trinidad and Tobago, Digicel, Massy Communications, Open Telecom, Greendot, Lisa Communications and Flow.

"TTIX is a limited liability company formed by all existing Internet service providers in Trinidad and Tobago," said Cris Seecharan, TATT CEO. He described the TTIX launch as "one of TATT's major contributions to the country's Internet land-scape."

The next step, he said,

was to work with TTIX in seeking to establish a root server for the IXP.

Vashty Maharaj, an official from the ministry of science and technology delivering remarks on behalf of the minister, described IXPs as "a vital part of the Internet ecosystem."

"TTIX is intended to make the exchange of local traffic more cost effective and contribute to the development of a robust domestic ICT sector," she said.

The ministry applauded the ISPs for working with TATT to bring better and more affordable broadband Internet connectivity to all local Internet users.

"We want our people to experience all of the social and economic benefits of becoming active participants in the digital society and economy," she said.

The ministry applauded the ISPs for working with TATT to bring better and more affordable broadband Internet connectivity to all local Internet users.

There are over 350 IXPs around the world, of which nine are in the Caribbean. Among the territories in the region actively engaged in setting up IXPs are Barbados, Belize, Jamaica, St Kitts and Nevis, and St. Vincent and the Grenadines.

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### Resources for Businesses in New York City - bfandapc.com

www.bfandapc.com/...businessresource.../resources-for-businesses-i If you operate a business in New York City, you are especially fortunate. The city has pulled together a wealth of resources for small business owners.

#### Small Business Resource Guide - New York - HUD

www.hud.gov/offices/osdbu/resource/guide/local/newyork.cfm 100+ items – to assist the small business community in the State of New York.

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# Protect your hearing with Liberty Hearing Centers



(Above) A patient being fitted for a hearing aid. (Right) Dr. of Audiology Jennifer Campolo shows the different types of hearing aids available. (Bottom Right) Liberty Hearing Centers, with six convenient locations, offers free hearing screening for adults throughout the month of October.



If you can't hear what the person on the cellphone is saying, it may not be the phone company's fault.

When was the last time you had a hearing exam? We routinely have our teeth checked at the dentist, and have our eyeglass prescriptions updated, but too few of us go for hearing check-ups. Perhaps it's time.

Liberty Hearing Centers, with six convenient locations, offers free hearing screening for adults throughout the month of October. Dr. John Weigand, an audiologist and owner of the company, says all adults, regardless of age, should come in to take advantage of this opportunity.

"Hearing is important for memory," says the doctor. "When you hear well, there is a better chance of retaining information and remembering it." When hearing doesn't function properly, "the brain works overtime to gather information," he says.

The test Liberty Hearing Centers is offering will determine if hearing is compromised. If so, the doctors can dis-

cuss appropriate treatment. It can sometimes be something as simple as removing ear wax. If it is more complex, medication, hearing aids, or surgery will be discussed. Some people have no problem hearing sounds, but may have a hard time understanding the words being said. If this is something you have difficulty with, there is a test for this, too. Usually people who do have an issue with word recognition have some type of measurable hearing loss, says Dr. Weigand. In fact, when the doctor speaks at community events, people often come up to him and say, "I am so glad I found you. I had this problem, but didn't know where to go." The reality is that, "More than 34 million Americans have some type of hearing disorder," says the doctor. "Yet, fewer than nine million receive appropriate care."

Since opening its doors in 2006, Liberty Hearing Centers has helped thousands of people to hear well. The staff of five audiologists is proud to have made such a big different in the daily lives of so many patients.

"Our advanced diagnostic examinations are thorough,

precise, and accurate, providing the most comprehensive picture available of what sounds and listening environments are particularly problematic for you," says the doctor. There are so many advances in technology, finding the correct hearing aid is much easier than it used to be. Cumbersome equipment, background noise, and constant adjustments are issues of the past, he says. Devices are more comfortable and they are more discreet. Some are so flexible and light weight they can go deep into the ear, so they are invisible. Wearers are able to insert these aids into their own ears, and remove them via a pull handle.

Today's hearing aids also connect to cellphones, operating like Bluetooth technology, says the doctor.

"Many people struggle on the phone, and this is a good alternative." Liberty Hearing Centers makes a significant investment into training its staff so it is always up-to-date on the latest equipment and new developments in the field.

If you suffer from high blood pressure, kidney problems, dia-





betes, or other medical conditions, you may be more prone to hearing loss, says Dr. Weigand. Sometimes, people aren't even aware that their hearing is compromised, says the doctor. But they can be sure of one thing: "Other people notice," he says.

When you come into Liberty Hearing Centers, you are made to feel comfortable from the onset.

"We treat everyone like family," says the doctor. As a result, the practice continues to grow.

Liberty Hearing Centers [9015 Fifth Ave. between 90th and 91st streets in Bay Ridge; 9036 Seventh Ave. between 90th and 91st streets in Bay Ridge; 2204 Voorhies Ave. between E. 22nd and E. 23rd streets in Sheepshead Bay; at Brookdale University Hospital, 1 Brookdale Plz., at Linden Boulevard, Room 157 in Brownsville; 445 Lenox Rd., Suite J between E. 35th and E. 37th streets in East Flatbush; 800 Lefferts Ave. between Troy and Schenectady Avenues in Wingate. Same phone number for all: (718) 514–6843, www. LibertyHearingCenters.com].

# Three Grenadians to run **New York Marathon for charity**

Grenadians Jerry Bascombe. Dennis Mason and Anderson Simon, will have the experience of a lifetime when they take part in the TCS New York Marathon on Sunday, Nov. 2, 2014. They will navigate the 26.2-mile run, through five boroughs and over five bridges, to raise funds for the charity, reachwithin (formerly known as Reach Grenada), which supports vulnerable Grenadian children and their caregivers.

The race is reputedly a physically gruelling experience for seasoned runners. Jerry, Dennis and Anderson face an additional hurdle in that, as novice marathon runners, they have chosen to tackle one of the hardest races in the world. This will be a test of both the mind and body, as they push themselves to the limit, all to support a cause they feel passionately about.

"We are running for the children of Grenada," says Jerry, a reachwithin Youth Programme Coordinator and former care worker at Father Mallaghan's Home for Boys in St. Marks. "The money we raise will help us to continue to deliver important, and much needed, coping skills training to children in care homes across the Island. What makes us unique is we also deliver training in parenting skills to their caregivers."

"Some people may think we are crazy to take up this challenge, considering none of us have ever run the distance required, but to us it makes absolute sense. We are demonstrating our passion for the well-being of Grenadian children who are, after all, our future. We believe that every child has the right to a safe and nurturing upbringing,

especially those that have and courses and he has suffered adversity in their voung lives. I hope people are moved and inspired by what we are doing and support our cause. Every little helps, no matter how small."

Dennis nods his head in agreement. Raised in Father Mallaghan's Home for Boys, Dennis benefited from some of the life-skills programmes delivered by the U.S. based charity. "reachwithin has had a positive impact on my life and allowed me to shape my life for the better," he says. He left the care home four years ago and and now works for a local supermarket but continues to volunteer as a reachwithin mentor.

"reachwithin introduced me to a range of coping skills and practices that helped to release pent up anger and resentment within me, skills that enabled me to examine and regulate my behaviour. They were that missing cog in my life and so it is my pleasure to give back. Besides raising the much needed funds, I hope my participation will help inspire the kids in the homes. I am the perfect example that if you think positive and live your life in a positive manner, you can go on to achieve great things." Dennis once trained alongside Grenadi-an Olympic Gold Medalist, Kirani James, when they both belonged to the Grenada Speedzone Athletic Team a few years ago. He uses some of the tips picked up in those sessions to prepare himself for the biggest race of his life.

Anderson Simon, director of the Child Protection Agency in Grenada, is an avid supporter of reachwithin training programmes

Go to www.Caribbeanlifenews.com for the latest in Caribbean news. entertainment, sports, business, viewpoints and more.

very kindly agreed to help raise funds for the six-yearold charity. Those eager to show their support can do so through the links below:

Jerry Bascombe Fundraising Page

http://www.reachwithin.

org/fundraiser/54

Dennis Mason Fundraising Page

http://www.reachwithin. org/fundraiser/53

Anderson Simon Fundraising Page

http://www.reachwithin. org/fundraiser/51



Jerry Bascombe (left) and Dennis Mason prepare for the 2014 TCS New York Marathon at the historic Fort Matthew in Richmond Hill, Grenada.

Photo by Christine George



# Tips for getting healthy protein in your diet

(StatePoint) At a time when over a third of American adults are obese and childhood obesity rates are rising exponentially, more Americans are looking for meat alternatives in their dining choices.

In fact, close to 16 million Americans are vegetarian and about a third say they're choosing vegan or vegetarian meals more often, according to a Harris Interactive study commissioned by the Vegetarian Resource Group.

"Part of the reason this is going mainstream is that vegetarian diets are proven to be beneficial to one's health," says Brooke Alpert, a registered dietitian-nutritionist and founder of B Nutritious.

Vegetarians are at lower risk for developing heart disease, colorectal, ovarian and breast cancers, diabetes, obesity and hypertension, according to the American Dietetic Association.

"Even if you aren't interested or ready to go vegan or vegetar-

#### **HEALTH**

ian, seeking an alternative protein source for at least one meal a week can be beneficial," says Alpert.

With that in mind, Alpert is offering tips for doing so without compromising protein intake or flavor.

#### **BE A KEEN CONSUMER**

Take advantage of the fact that many restaurants and food businesses are responding to the trend by offering new menu items specifically balanced to meet the nutritional needs of those who are seeking better protein options. One such company that's helping vegetarians get the nutrients and protein they need is Smoothie King, which has recently rolled out a new line of vegan smoothies comprised of ingredients that pack a nutritional powerhouse,

such as mango, kale, 100 percent cocoa and acai.

"When more and more customers began asking for vegan meal replacement options, we heeded the call," says Wan Kim, Smoothie King CEO.

Additionally, Smoothie King has teamed with Sunwarrior, to incorporate their protein powder into this line of smoothies, a proprietary blend containing protein and a balanced amino acid profile. Protein is not only necessary for cells and tissues to function, it provides a thermogenic fat burning boost while also keeping you full longer and reducing cravings. More information can be found at www.SmoothieKing.com.

#### **MAKE SMART SUBSTITUTIONS**

It will be hard to commit to reducing meat from your diet if you don't make substantive substitutions. Eating a salad? Opt for dark leafy greens, like kale



A glass of green smoothie containing protein.

Photo courtesy of Smoothie King

and spinach. Top your salad with sources of plant-based protein like beans or tofu.

Whether you're making a stir fry or a sandwich, mock meat substitutes can be a tasty and filling alternative. Portobello mushrooms are "meaty" and filling.

#### **DON'T SKIMP ON FLAVOR**

Rather than relying on meat

and cheese for taste, up the garlic, spices and herbs for a boost of zest. The added benefit is that these ingredients are low-calorie, provide numerous health benefits and are entirely vegan.

Thanks to new trends in the marketplace, and age-old highquality ingredients, going vegetarian and vegan all of the time or part of the time can be easier -- and tastier -- than you think.



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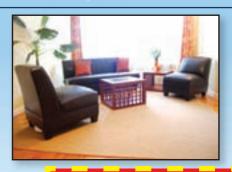
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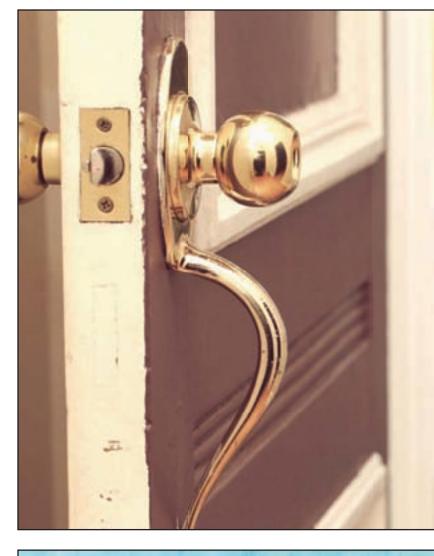
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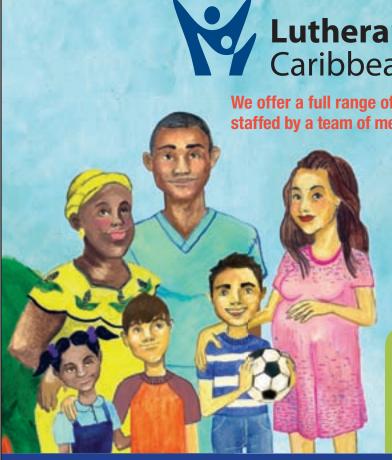
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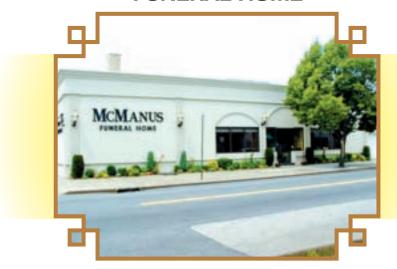




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#### CARIBBEAN ROUNDUP

Continued from page 2

resentatives (Ambassadors) from the 34 member states is one of the two main political bodies of the Organization.

At the handing over ceremony which took place recently at the headquarters in Washington DC, Permanent Representatives of St. Vincent and the Grenadines Ambassador La Celia A Prince received the chairperson's gavel from outgoing chair of the Council, Ambassador Sonia Johnny of St. Lucia.

Ambassador Prince will be at the helm of the Permanent Council for three months, after which the chairmanship will be passed to Suriname. The chairmanship of the Permanent Council rotates every quarter, passing to each country by name in alphabetical order.

The Permanent Council will also be chaired for an unprecedented 12 consecutive months by female envoys, notably from the CARICOM region.

#### **Trinidad**

Trinidad and Tobago Foreign Affairs Minister Winston Dookeran has expressed concern about T&T nationals joining Islamic State militants to fight in Syria and Iraq.

Online videos recently surfaced of two T&T nationals reportedly in the service of ISIS, even as another T&T-born national was stopped by U.S. authorities from

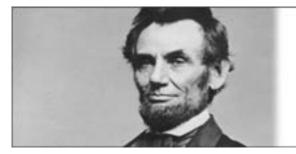
traveling to the Middle East to join the jihadist group.

Dookeran said the Ministry of National Security was monitoring the situation.

He described as "landmark" the recent United Nations Security Council resolution to ban foreign fighters in Iraq and Syria.

Co-sponsored by TT, among others, the resolution had drawn near-consensus worldwide to fight terrorism, he said.

— compiled by Azad Ali



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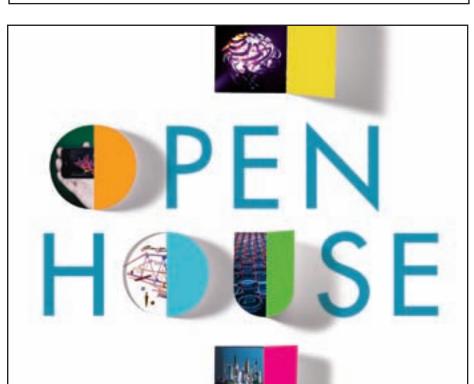
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# **Guyana - Jamaica** group raises funds for Carib schools

#### By Tangerine Clarke

The warm greetings that were exchanged by nationals at the first Fundraising Dinner and Dance of the Guyana Jamaica Friendship Association Inc. (New York), was a clear indication that benefactors were committed to working together with the board for the betterment of students back home.

Entertaining music by popular Guyanese DJ FLEXX and festive Jamaican cuisine dished out at the Bayside Adria Hotel & Conference Center on Oct. 5, helped to raise much needed funds to benefit the Moshabo Primary School on the Esseguibo Coast of Guyana and the Aeolus Valley All-Age School in St. Thomas, Jamaica.

The monies will go directly to a breakfast program at both schools to provide adequate nutrition, in addition to the association's focused educational programs that would supply educational material to the sixth to ninth graders.

The committee, chaired by Guyanese American Internist, Dr. Frank A. Denbow, held its inaugural meeting in January 2014, and adopted a constitution to provide material assistance and guidance to Guyanese and Jamaican students in the U.S.

Partnerships with non-profit organization in the Tri-State area and elsewhere to assist Jamaicans and Guyanese in their respective countries, as well as provide medical assistance to individuals who reside in less affluent areas. The group will encourage travel between the countries in support of cultural and sporting exchanges between Guyanese and Jamaicans.

Dr. Denbow said one organization would be unsuccessful in reaching out to all schools. As such, GJFA adopted two schools and hope that its model would be a



From left, Yvonne J Graham, associate commissioner director, Office of Minority Health and Health Disparities Prevention with President of GJFA Guyanese American Dr. Frank A. Denbow and VP Jamaican American Claudette Powell, MA, RN.

Photo by Tangerine Clarke

template for other organizations to follow. "One of the endearing features about Guyanese and Jamaicans who came from poor areas, is when they succeed abroad, they give back to whence they came,' said Denbow.

"The committee plans a January 2015 visit with the principal of Jamaica's Aeolus Valley All-Age," said Dr. Denbow who is keen on collaborating with authorities in the various countries, such as the Guyana Ministry of Amerindian Affairs and the Ministry of Education that would better understand the needs of the institutions.

With ongoing programs planned and bigger fundraising in the works for the new year, the committee will continue to reach out to the Diaspora in the Tri-State area and beyond to expand its programs including health missions to the partnering coun-

"As our name suggests, we want to foster good relations between Guyanese and Jamaicans," said Dr. Denbow who named Fly Jamaica, as the first privately owned airline owned by a Guyanese and a Jamaican, that provide roundtrip flights between the two countries.

# U.S. visa penalties

if one's spouse who files the petition is a U.S. citizen.

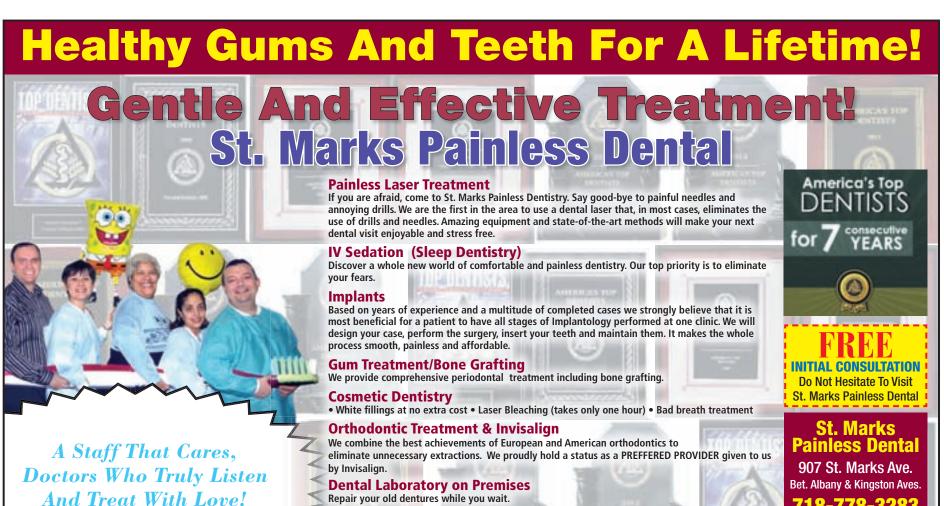
Edwards warned that anyone who has a drug conviction or admitted to violating the U.S. drug laws does not qualify to get lawful residence through a relative's petition.

She said the only exception for a waiver is if one's drug conviction was for a "single conviction of simple possession of 30 grams or less of marijuana."

The immigration lawyer noted that, on June 15, 2012, President Obama made Deferred Action for young immigrants available for immigrant children, requiring each applicant to meet certain criteria, including but not limited to the applicant coming to the U.S. under 16 years of age and continuously residing in the U.S. for at least five years.

"I would like Vincentians to know that The DV-2016 Green Lottery opened Oct. 1," Edwards also said. "The deadline to submit entry is Nov. 3."

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From left, Rev. Dr. Sean Gardner, U.S. Congressman Charles B. Rangel, Rev. Dr. Renee Frances Washington Gardner and Rev. Dr. W. Franklyn Richardson.

hoto by Barry Mason

# Pastor celebrates 10th anniversary

Family, friends and spiritual leaders throughout the tri-state area came together to honor Pastor Renee Francis Washington Gardner who celebrates her 10th Pastoral Anniversary as Senior Pastor of Memorial

Baptist church in Harlem on Saturday, Oct. 11.

Hosted by Rev. Dr. W. Franklyn Richardson, senior pastor of Grace Baptist Church, the festive affair took place at the Surf Club on the Sound in New Rochelle

and included greetings from U.S. Congressman Charles B. Rangel and a special proclamation presentation by Jim Coleman executive director of the Westchester County Industrial Development Agency.

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2000	Honda Civic, 136k	83850	\$2,995	2010	Toyota Camry, 34k	1013	\$8,995	2012	Chevy Traverse, 50k	1260	\$12,888
2003	Honda Accord, 91k	72885	\$3,995	2011	Honda Civic LX, 47k	7569	\$8,995	2009	Honda Pilot, 36k	1032	\$13,995
2004	Lexus IS 300, 84k	40087448	\$4,995	2011	Nissan Altima, 10k	1026	\$9,995	2012	Nissan Murano, 12k	5822	\$16,995
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2011	Nissan Rogue, 32k	4761	\$10,995	2009	Infiniti G37x, 52k	1255	\$14,888
2013	Dodge Grand Caravan, 43k	3793	\$12,995	2012	Dodge Charger, 8k	1030	\$15,995
2012	Honda Accord, 32k	1223	\$12,995	2012	Jeep Grand Cherokee, 19k	1934	\$16,900
2013	Chevy Malibu, 3k	1382	\$13,995	2011	Ford Edge, 51k	1241	\$16,995
2011	Honda Odyssey, 35k	4830	\$13,995	2012	Nissan Maxima, 20k	3788	\$18,995
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# Increasing heat taking toll on livestock

Continued from page 16

At the same time, research has shown that climate change is resulting in higher levels of CO2 in the atmosphere which "leads to changes in the nutritional status of plants," he told IPS. He said that tropical grasses are not the most nutritious, and with increases in CO2 they become even less so.

"So animals would have to eat even more to get an acceptable level of nutri-

tion. Because that is often impossible, if you want your animals to produce at a certain level you have to supplement with concentrated feed, which in the Caribbean is imported," he told IPS, and expensive.

He added that in places like Guyana, that are below sea level and sinking further, salt water intrusion is further compromising the feedstock available for ruminants.

"Once salt water gets

into pastures, most of the grass that we currently grow is not adapted to high levels of salts. Most of these grasses have low salt tolerance and therefore will not thrive or grow under those conditions. So scientists will now have to find new breeds of grass that are more tolerant," he said.

He said a breed of grass from International Centre for Tropical Agriculture in Colombia was showing promise in Trinidad and

Tobago, Jamaica, Barbados and St. Kitts.

"A lot of the dairy production in Trinidad and Tobago is based on that particular grass...In St. Kitts, it is now the major grass of choice for small ruminant farmers."

He also pointed out that temperatures were for a certainty increasing, though there was less certainty about increased precipitation. These higher temperatures lead to heat stress in

animals that reduces their ability to reproduce.

Heat stress is leading to levels of mortality of up to 15 per cent among ruminants, the FAO's Cedric Lazarus told IPS. Lazarus was also at the CWA and spoke of efforts being made around the region to reduce the heat stress being suffered by animals.

He explained that once an animal's core body temperature goes above 45 degrees Celsius, its homeostasis is disrupted, eventually leading to death. So Caribbean farmers are now investing in ventilation systems to keep their livestock cooler, he said.

"It's the only way you can keep those high-producing breeds of cattle and ensure they survive." He said the use of ventilation systems was seen particularly in Barbados.

Planting more trees was also a viable-and simple—way of providing more shade for animals, he added.

He said studies showed

heat stress also led to a precipitous decrease in milk yields, sometimes by as much as 33 percent, thus reducing the animal's profitability.

Gibson added that because of the extreme heat the region has been experiencing and the resulting discomfort felt by animals, there were abnormalities in their sperm and a fall-off in vigour resulting in reduced conception rates.

"A livestock farmer's success depends on how many animals he can get to the market each year, which is a function of how well his animals reproduce," he told IPS.

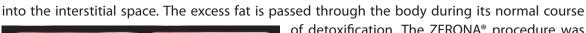
Both Gibson and Lazarus said the impact of climate change meant that farmers would have to rely more on local breeds of ruminants to ensure they have hardy stock that can cope with the region's increasingly intense heat, though there has been a tendency over the past 15 to 20 years to bring in foreign breeds to "improve" local livestock.

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U.N. Sri Lanka peacekeepers patrol the slum of Marttisant in Port-au-Prince, Haiti. AP Photo/Ariana Cubillos, File

# **UN extends Haiti** peace keeping mission

UNITED NATIONS (AP) The United Nations Security Council has extended the U.N. peacekeeping mission in Haiti by a year and approved a plan to more than cut in half the number of military personnel by June 2015.

The unanimous approval Tuesday came amid questions from some troop-contributing countries about the fast pace of the draw-

Argentina's ambassador

said the security situation

in 2004 after the ouster of then-President Jean-Bertrand Aristide, now has a troop strength of 5,021. The resolution approved Tuesday would cut that to 2,370 by June 2015.

in Haiti is still not improved

enough, but Britain's depu-

ty U.N. ambassador pointed

out that peacekeepers have

been called out just twice in

the past 18 months to deal

ing mission, established

The U.N. peacekeep-

with incidents.

³age 33 • **Caribbean Life •** 0ct. 17-23, 201

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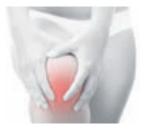
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# Leaders of Tomorrow will 'Do The Right Thing'

Before the name Eric Garner registered associations to chokehold death, protest rallies and New York City Police Departments, Arthur Miller represented the very same troubling controversy. The Brooklyn native was a community activist who suffered the same fate as Garner when NYPD restrained him using the arresting technique.

"We have been fighting the use of the chokehold by the NYPD since 1978, when Arthur Miller, a community activist was killed by an officer using a night stick to apply the technique," former city councilman Charles Barron said.

Response from the community then prompted Police Commissioner Benjamin Ward, the city's first Black police chief to issue an order prohibiting chokeholds as a routine procedure but permitted them if an officer or another individual's life was in danger.

During that same period, filmmaker Spike Lee used



his creative talent to comment by directing a film he titled "Do The Right Thing" in which he dramatized Radio Raheem, a character he said was inspired by the Miller tragedy.

Three and a half decades after that sad era Pastor Lamor Miller Whitehead, founder of Leaders of Tomorrow Brooklyn will present a night of "worship to save the youth and to bring awareness to the vouth about the conditions of the community and making positive change."

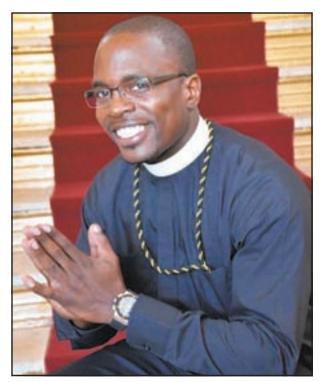
The community activist is the son of Arthur Miller and the founder of the organization aimed at helping bring awareness to youth. His mission to help save the youth and the community at large was inspired by the person-

al real life incident which snatched him from his parent after NYPD allegedly beat and applied a chokehold to his father.

The inner city mentoring and activity program focuses on various aspects negatively impacting the local communities in and surrounding the boroughs of Brooklyn.

In order to raise funds for his program, Whitehead has announced Gospel Fest Extravaganza at the Barclays Center in Brooklyn, on Oct. 25.

Scheduled to begin at 7:00 p.m., performers include Grammy Award winning gospel artists Yolanda Adams, Bishop Hezekiah Walker, and Erica Campbell. Renowned gospel artists Pastor Marvin Sapp, Byron Cage and Rickey Dil-



Pastor Lamor Miller Whitehead.

Photo courtesy of pastor Lamor Miller Whitehead

lard are also billed.

The extravaganza will be hosted by WBLS-FM radio

personality Liz Black. Although NYPD officially banned the use of

chokeholds in 1993, Pastor Whitehead is cognizant that individuals are still dying from the same procedure.

"We are committed to providing educational opportunities, mentoring, athletic  $training \, and \, opportunities \, to \,$ travel abroad to learn about other cultures. We measure our progress against five criteria, which indicate to us that a child's life direction has been changed: connection to faith, connection to a caring adult and a positive peer group, commitment to graduating and a plan for the future.

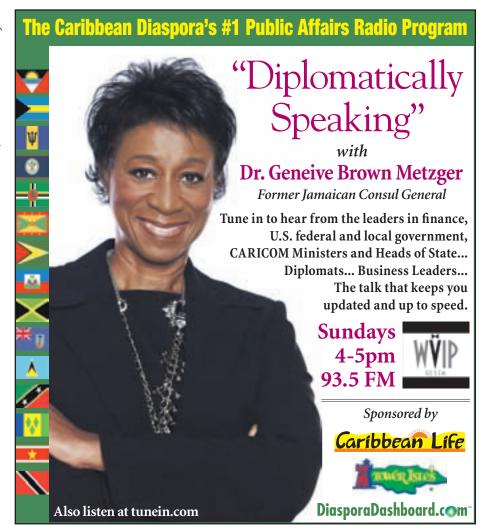
At LOTB, we believe that cultivating our youth's sense of empowerment and connectedness is the key to creating positive change in our communities."

Whitehead promises praise, worship, anointing and healing on Oct. 25.

For more information, log onto www.leadersoftomorrowbrooklyn.org

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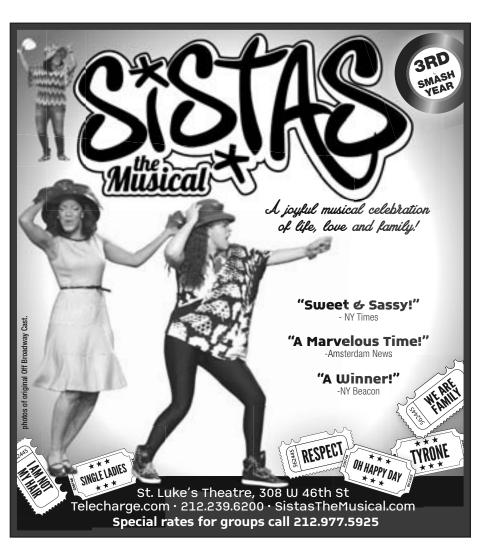
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# Vincy Gospel diva sings for a cause

#### By Nelson A. King

Award-winning, Vincentian-born, Caribbean gospel diva, Evangelist Bridget Blucher, two Saturdays ago brought the House of the Lord down in a major gospel concert drive aimed at installing an air conditioning system at one of the larger United Methodist churches in Brooklyn.

For the second year, Blucher flew from her residence in Port St. Lucie, Florida to render her mellifluous, enthralling voice to a worthy cause, at St. Marks United Methodist Church, in the Flatbush section of Brooklyn.

"It's an honor and a privilege to do something for Rev. (Glyger) Beach (the church's Vincentian-born pastor)," Blucher told Caribbean Life after the four-hour-long event. "It owes us to rally around him until they get the air conditioning because St.



Evangelist Bridget Blucher in concert. Photo by Nelson A. King

Marks is a haven for Vincentians and Caribbean people on a whole.

"To my knowledge, it's a church where everyone reaches out in times of disaster or death," she added. "We want to be able to do this project (fundraisers) until the AC (air conditioning) is up and running."

Blucher, who, clearly, Continued on Page 40

# Sudan's Lost Boys tell 'The Good Lie'

#### By Vinette K. Pryce

Some of the most interesting and engaging films are often ignored by critics and commercial media.

Historical documentaries among the majority overlooked, many focusing on Africa seem to be the most shafted.

"The Good Lie," a recent release about victims of war in South Sudan stands out as one of note that should linger longer in our midst.

The 110-minute, film focuses on The Lost Boys, youths orphaned by a war



Emmanuel Jal as Paul in a scene from "The Good Lie."

that started in 1983. The short of it is that after 15 years or murderous, criminal lootings and killings,

Continued on Page 40



Joe Carroll as Prince Topher and Keke Palmer as Cinderella.

Photo by Carol Rosegg

#### First African-American in title role

#### By Vinette K. Pryce

The first African-American actress to portray "Cinderella" in the fairytale story is now starring with a wicked, step-mother of the same race at the Broadway Theater, 1681 Broadway.

For a limited engagement only, Keke Palmer helms the title role by transforming the pitiful character known to readers as the step-child who labors long and hard to appease the woman her father married.

That character portrayed by actress Sherri Shepherd is Madame, the transforming individual who dominates the rigid routine of a young woman who eventually wins an entire kingdom.

Others to charm patrons include Joe Carroll as Prince Topher; Judy Kaye as the Fairy Godmother, Ann Harada as stepsister Charlotte, Stephanie Gibson as stepsister Gabrielle, Peter Bartlett as Sebastian, Prince Topher's mentor and Lord Chancellor, Todd Buonopane as the rebel Jean-Michel and Phumzile Sojola as Lord Pinkleton.

The new and improved children's favorite is written by Douglas Carter Beane. With music by Richard Rodgers and lyrics by Oscar Hammerstein

Continued on Page 40

# TOP OF THE CHARTS

#### TOP 10 SINGLES

- All About That Bass Meghan Trainor
- 2 Shake It Off Taylor Swift
- Black Widow
  Iggy Azalea Featuring Rita Ora
- 4 Don't Tell 'Em

  Jeremih Featuring YG
- Stay With Me Sam Smith
- Bang Bang
  Jessie J, Ariana Grande & Nicki ...
- 7 Boom Clap Charli XCX
- Break Free
  Ariana Grande Featuring Zedd
- 9 Am I Wrong Nico & Vinz
- Habits (Stay High)
  Tove Lo

#### TOP 10 ALBUMS

- Bringing Back The Sunshine
  Blake Shelton
- 2 747 Lady Antebellum
- ART OFFICIAL AGE
  Prince
- No Sound Without Silence
  The Script
- Queen Of The Clouds Tove Lo
- 6 Maroon 5
- 7 Kauai (EP) Childish Gambino
- 8 Cheek To Cheek Tony Bennett & Lady Gaga
- The Big Revival Kenny Chesney
- Guardians Of The Galaxy: ...
  Soundtrack



## Cinderella

Continued from page 39

II, the musical is directed by Mark Brokaw. Music adaptation, supervision and arrangements are by David Chase.

Palmer is the youngest actress to portray the fairy-tale character. At age 21 her theatrical credits include co-starring alongside Cicely Tyson, Blair Underwood, and Vanessa Williams in "a Trip To Bountiful," an Emmy-nominated Lifetime presentation. In addition to her pioneering role on Broadway, Palmer also claims the title of youngest ever host of a talk show.

"Just Keke" is aired on BET and tackles pop culture, fashion, relationship issues and tackles social and celebrity interviews.

Shepherd is perhaps best-know for regular television appearances on the hit, situation comedy "Everybody Loves Raymond."

However, daytime TV viewers will most likely identify her as one of Barbara Walters' personal choices to co-host with Joy Behar, Whoopi Goldberg on the daily talk fest known as "The View."

The stand-up comedienne has also appeared in numerous movies including "the Oscar-winning film "Precious."

Her appearance ends on Nov.



Keke Palmer and Sherri Shepherd on Broadway.

Photo by Carol Rosegg

23 when Nene Leakes takes over the tyrannical character.

Now in its second year on Broadway, the musical has been playing to large and enthusiastic audiences for two years.

Slated to close next year, the musical production has attracted school-children and elders who seems transfixed with the magical staging which transforms a pumpkin into a horse-drawn carriage and a plain, country girl into a beguiling princess.

That it all happens in the blink of an eye is what seems to be most magical about the production. And that a forest becomes a luxurious ballroom also proves alluring to patrons. The execution from book to

stage is well-worth the ticket. Josh Rhodes is choreographer.

Josh Rhodes is choreographer Catch it before it disappears.

For more information about the Broadway production, visit www.CinderellaOnBroadway.com

### Vincy diva

Continued from page 40

was the highlight of the concert, enwrapped congregants with a several hits from her wide repertoire, including "Be Still," "Burdens are Lifted," "Greatly Blessed," "Tm Saved," "O, How Marvellous," "God's not Dead," and "Send a Light."

"I want to give thanks to the Rev. Dr. Beach," said Blucher before belching out her numbers. "I am hoping that, by next year, this mission (of installing the AC) will be accomplished."

St. Mark's United Methodist Church has been without an AC system since its construction over 125 years ago.

With increasing complaints from parishioners and visitors about the sweltering heat, particularly in summer months, one congregant, Laverne Munro, a registered nurse, decided to spearhead a committee to raise funds for the installation of the unit.

"We really have to get AC in that place," Munro also told Caribbean Life. "I'm not going to stop until this thing finishes (AC is installed). We ain't stopping now."

She disclosed that her committee



A section of the congregation at the House of the Lord fundraiser.

Photo by Nelson A. King

is contemplating planning a major fund-raising dinner banquet next year.

Rev. Beach said it will cost in the region of US\$260,000 for the church's sanctuary to be fully airconditioned.

"It's going to be very expensive for us, because we have to put it (AC unit) on the roof in order to get it (cool air) in the sanctuary," he said. "It'll involve electrical wiring, etc."

Rev. Beach said about US\$60,000 has been raised to date, primarily through gospel concerts headlined by Blucher.

Vincentian Dunn Joseph, Trinidadian Ms. Sanchez.

# Journey to freedom

Continued from page 39

the United States opened their borders to 3600 lost boys and girls from the region. While some were sent to welcoming families in Boston, Massachusetts and Kansas City, Missouri, a great majority found lodgings in Fargo, North Dakota.

Ironically, the brutal winter weather was not an impediment to many of these lost immigrants who are without parents and witnesses to heinous crimes. As a matter of fact, some were recruited as child soldiers to fight the war they did not even understand and much too young to justify.

If not for Oxfam America, a multitude of humanitarians and director Ron Howard who helped to finance "The Good Lie" perhaps Americans might never know about the plight of Africans living in the South Sudan region. Throughout the years, actor George Clooney also tried to inform the public about the devastation that finds children in peril on the continent.

With all the effort, it is Margaret Nagle's screenplay that is

resonating with empathy, sympathy and urgency.

The film features box-office attraction Reese Witherspoon. However, the real stars are Ger Duany (Jeremiah), Emmanuel Jal (Paul), and Kuoth Wiel (Abital) actual refugees who lived the screenplay.

This storyline begins with images of families working together on their land. The loving scenes are interrupted when soldiers torture, rape and murder villagers. From there graphic scenes retell the pain and suffering that motherless children endure. That some walk hundreds of miles in order to seek refuge in bordering Kenva is depicted in scenes that show some drinking their own urine in order to survive the parched, dry surroundings. The details are much too numerous to list however, with a little luck, some make it to camps. Take note, these camps are no picnic grounds. Although they provide safety, camaraderie and food, life in those encampments can be harsh and threatening.

# Classy look at race relations in the lvy League

"Dear White People"
Excellent (4 stars)
Rated R for profanity,
ethnic and sexual
preference slurs, sexuality
and drug use
Running time:
106 minutes
Distributor:
Roadside Attractions

#### **By Kam Williams**

The academics are tough enough at Winchester University, a mythical Ivy League institution. It's too bad that black students there also have to worry about making themselves comfortable socially.

That's precisely the predicament we find a quartet of African-American undergrads facing at the point of departure of "Dear White People," a sophisticated social satire marking the directorial and scriptwriting debut of Justin Simien. Earlier this year, the thought-provoking dramedy won the Jury Award for Breakthrough Talent at the Sundance Film Festival.

The picture's protagonists are as different from each other as night and day. Lionel Higgins (Tyler James Williams) is gay and uncomfortable around his own people because blacks teased him the most about his sexuality back in high school. So, he lives in a predominately-white dorm where he's ended up being bullied anyway.

Then there's Troy Fairbanks (Brandon P. Bell), a legacy admission to Winchester courtesy of his father (Dennis Haysbert), an alumnus and the current Dean of Students. Troy's dating an equally-well connected white girl, Sofia Fletcher (Brittany Curran), the daughter of the school's president (Peter Syvertsen).

Political activist Samantha White (Tessa Thompson) sits at the other extreme, being a militant sister who lives in the all-black dorm ostensibly serving as a refuge for the "hope-



A scene from "Dear White People."

Photo courtesy of www.RottenTomatoes.com

lessly Afro-centric." She also hosts a talk show on the college's radio school's station, "Dear White People" where she indicts Caucasians about everything from their racism to their sense of entitlement.

Finally, we have Coco Conners (Teyonah Parris) who just wants to

assimilate into mainstream American culture. In fact, she's more concerned with whether she might make the cut for the reality-TV show conducting auditions on campus than with challenging the status quo, ala rabble rouser Samantha.

So, the premise is set by estab-

lishing that the four lead characters have little in common besides their skin color. And the plot subsequently thickens when Pastiche, a student-run humor publication, decides to throw a Halloween party with an "unleash your inner-Negro" theme.

Now they share the prospect of being stereotyped by white classmates cavorting around in blackface dressed as pimps and gangstas, and as icons like President Obama and Aunt Jemima. En route to a surprising resolution, director Simien pulls a couple of rabbits out of his hat while lacing his dialogue with pithy lines ("Learn to modulate your blackness up or down depending on the crowd and what you want from them.") and touching on a litany of hot button issues ranging from Affirmative Action to Tyler Perry.

A delightful dissection of the Ivy League that stirs the pot in the way most folks mean when they a call for a national discussion of race.

# **Independent & Foreign Films**

Algorithms (Unrated) Inspirational documentary highlighting exploring India's little-known world of competitive chess for the blind.

America the Beautiful 3 (Unrated) Latest installment in Darryl Roberts's series of incendiary documentaries indicts pop culture's sexualization of today's youth.

Birdman (R for sexuality, brief violence and pervasive profanity) Midlife crisis dramedy about a washed-up matinee idol's (Michael Keaton) attempt to stage a comeback on the Broadway stage. With Emma Stone, Naomi Watts, Edward Norton and Zach Galifianakis.

Camp X-Ray (R for profanity and brief nudity) Unlikely-buddies drama about a prison guard (Kristen Stewart) at Guantanamo Bay who fails to follow protocol by befriending a suspected terrorist (Peyman Moaadi) detained there for eight years. With Cory Michael Smith, Tara Holt, Marco Khan and John Carroll Lynch.

The Culture High (Unrated) Pot doc debating the pros and cons of making marijuana legal. Featur-

ing commentary by Snoop Doggy Dogg, Sir Richard Branson and Presidents

Barack Obama and Bill Clinton.
Felony (Unrated) Aussie crime drama, set in Sydney, revolving around three police detectives (Joel Edgerton, Jai Courtney and Tom Wilkinson) involved in the cover-up of a cop's cul-

Tom Wilkinson) involved in the cover-up of a cop's culpability in a car accident that left a kid riding a bike in a coma. With Melissa George, Sarah Roberts and Rosie Lourde.

A Matter of Faith (PG for mature themes) Christian-oriented drama about the Born Again father (Jay Pickett) of a college freshman (Jordan Trovillion) who decides to intervene when his daughter (Harry Anderson) becomes influenced by a biology professor pushing the theory of evolution as the only explanation for the origins of life. Support cast includes Jay Pickett, Chandler Macocha and Clarence

Gilyard, Jr.

Kam's Kapsules

By Kam Williams

Private Violence (Unrated) Domestic abuse documentary highlighting the case of a female cop from Oklahoma who was abducted by her estranged husband and beaten for four days while being held captive in the cab of his truck.

A Requiem for Syrian Refugees (Unrated) Black & white expose' detailing the day-to-day ordeal of traumatized refugees trying to survive as they flee the violence of the Syrian civil war. (In Kurdish with subtitles)

Rudderless (R for profanity) William H. Macy makes his directorial debut with this bittersweet drama revolving around a grieving advertising executive (Billy Crudup) who forms a rock band in order to play songs written by his recently-deceased son. With Macy, Anton Yelchin, Laurence Fishburne, Selena Gomez, Felicity Huffman and Jamie Chung



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**SUN KULCHA** 

**SAT., OCT. 18** 

FREE SHREDDING: This program makes it easy and convenient for residents to shred their confidential financial documents, an important step in preventing identity theft. The bank will also provide helpful information on other ways to enhance security awareness and avoid becoming a victim of fraud. Documents can be brought to the Jerome Avenue branch from 9:00 a.m. to 1:00 p.m. (reservations not required); there is a two-carton per household limit. USA Shred will shred the documents, compliments of Ridgewood Savings Bank. Ridgewood Savings Bank will be providing a "Protect Privacy" booklet. Jerome Avenue branch, 3445 Jerome Ave., Bronx, N.Y.; (718) 881-3430

MUSIC: New York-based blues favorites Renee & The Derelicts perform classic and original blues, rock and soul tunes featuring, the vocals of the multitalented actress/playwright Renee Flemings, the band - Sal Carolei (blues harp), Paul Bauman (guitar), Trevor Brown (bass) and Bernard Devlin (drums) will kick things off at 9:00 p.m. No cover, great Mediterranean food and drink available. LURA Restaurant NYC on the upper west side (949 Columbus Ave. between 106th & 107th streets).

MASSAGE: Enjoy a 15-minute chair massage compliments of Neighborhood Care and Tender Touch For All from 12:00 noon - 3:00 p.m. We welcome all, including caregivers, seniors, veterans, and people with disabilities and chronic conditions. Tender Touch for All massage therapists are licensed and trained in gentle, therapeutic massage. RSVP: 1-866-539-0999 (Please call for an appointment.) 206-20 Linden Blvd., Cambria Heights, NY 11411.

CAREER DAY: Stop by NYPD's 2014 community career day and meet police officers from various specialized units from 12:00 p.m.- 4:00 p.m. The activities include: demonstrations from specialized units, rock climbing, promotional items, face painting, music and more. (212)-RECRUIT Poe Park (Grand Concourse and E. 192nd St. Bronx, NY 10462.)

#### **SUN., OCT. 19**

**WALK:** The fight to end breast cancer starts with a single step. Join millions of people in more than 300 communities nationwide and take that step with us at the American Cancer Society Making Strides of Brooklyn, NY walk. Just a few hours of your time at our noncompetitive, five-mile event will help bring a lifetime of change for people facing breast cancer and their families. Walk time: 8:00 a.m. For more information on walk locations. visit: http://makingstrides.acsevents.org/site/ PageServer?pagename=MSABC\_CY14\_FindAnEvent. Prospect Park- The Nethermead (Flatbush Ave. and Empire Blvd, Brooklyn,

FRI., OCT.24

**BED AEROBICS:** This powerful workout

(718) 882-2220. routine combines deep stretches and muscletoning calisthenics to improve flexibility, build strength and burn fat — all from bed from 5:00 p.m. - 6:30 p.m., 2 Floor. Also included is an invigorating set of facial/eye muscle exercises, concluding with a brief meditation for total body, mind and spirit rejuvenation. Be sure to let your doctor know that you'll be taking part in an exercise class. Monifa Maat, affectionately known as "The Healthy Motivator," is a certified personal trainer for Equinox, a nutrition advocate and founder of Healthy Roots Fitness & Nutrition Camp. 215 W 125th Street New York, NY 10027 RSVP: 1-866-469-0999 (Space is limited. Must call to reserve.)

**HOMEBUYER'S** 

WORKSHOP

OCT. 21 • Ridgewood Savings Bank

will be hosting a homebuyers' workshop.

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The programs, which are free and open

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COMEDY: "No Name... & A Bag O' Chips" comedy / variety show will feature No Name favorite Nancy Lombardo (Saturday Night Live); Miguel Dalmau (FOX-TV's "Good Day New York"); Fariaz (Comedy Central's "Inside Amy Schumer") and sketch comedy collective Kokomo along with "No Name" house band The Summer Replacements" including Carl (Babyfreak) Fortunato and Fernando (Dr. Sandman) Morales Gonzalez. Showtime: 7:00 p.m. No cover, no minimum. Otto's is located at 538 E 14th St. (Cross Street: Between avenues A and B) "L" subway train to First Avenue. For more information, call (212) 228-2240 or go to: www.ottosshrunkenhead. com/; Performers subject to change, For more "No Name" information, contact (347) 885-3466 /NoNameNYC@hotmail.com.

OCT. 18 • Join EmblemHealth Neigh-

**borhood Care** for a cardio workout that can

enhance your overall health and improve cir-

culation and endurance 2:30 p.m. - 3:30 p.m.

lease let your doctor know you'll be taking

part in an exercise class. RSVP: 1-866-539-

0999 (Please call for an appointment.) 206-20

Linden Blvd., Cambria Heights, NY 11411.

#### **ONGOING**

FLOOD RELIEF: Donations are being accepted at the Friends of Crown Heights Center located at 671 Prospect Place, Brooklyn. Donations will also be accepted by Mirtha Colon, a Garifuna from Honduras, who operates Hondurans Against Aids out of Casa Yurumein in the Bronx. Casa Yurumein is located at 874 Prospect Ave. in the South Bronx, corner of Westchester Avenue. Checks and money orders are welcomed and should be made out to "SVG Community Inc." Anyone in the Long Island area who wishes to make a donation but cannot drive to Brooklyn, please call (347) 488-4395 to arrange a drop off or to arrange for Colon to pick up the donation. Items needed include medi-

cal supplies, non-perishable food, clothes, shoes, candles. Monetary donations can be made in the form of checks or money orders addressed to "SVG Community Inc."

INSURANCE POLICY REVIEW: Are you covered adequately by your homeowner's insurance? Are you paying too much? NHS will review your policy free of cost. We also speak to community groups about how the changing flood maps will impact your policy and flood insurance. For more information, call (718) 469-4679. Sponsored by Neighborhood Housing Services of East Flatbush is a not for profit housing organization. www. nhsnyc.orgSponsored by NeighborWorks of America, Neighborhood Housing Services and Freddie Mac.

#### PASSPORT APPLICATION CENTER:

Brooklyn Public Library (BPL) has launched a second Passport Application Center at the Kings Highway Library providing a convenient facility for Brooklyn residents and new immigrants to apply for passports. Hours are temporarily set for 10:00 a.m. - 3:00 p.m. from Monday through Friday and Sunday by appointment. The Center is closed on Saturdays until further notice. The library is located at 2115 Ocean Ave., Brooklyn, NY 11229. To make an appointment, call (718) 230-2292 or (718) 375-3037 ext. 128.

FEATURING HOME REPAIR: Is your boiler, water main or roof in need of fixing? Do you need major repairs done but lack the finances? Now is the best time to fix it. Neighborhood Housing Services of East Flatbush, a not-for-profit housing organization can assist you. For more information on the Home Improvement Programs, call (718)469-4679 or visit www.nhsofeastflatbush.org.

FORECLOSURE: Are you behind in your mortgage or seeking a modification? Come in for free services and assistance. We will help you as much as possible to keep your home. Referrals for free legal assistance are also available. To schedule an appointment or for more information, call (718) 469-4679. Sponsored by Neighborhood Housing Services of East Flatbush and the Center for New York City Neighborhoods, not-for-profit organizations. www.nhsnyc.org.

HOME HELP FOR DISABLED: If you are a disabled homeowner living in Brooklyn or have someone disabled living in your household, you may qualify for up to \$5,000 in home repair grants. Repairs must be geared toward making the home accessible and convenient for the disabled person. Sponsored y Neighborhood Housing Services of East Flatbush, a not-for-profit housing organization, and the New York State Housing Trust Corporation. For more information, please call (718) 469-4679.

If you have an event that you would like to post in Sun Kulcha, please email your submission to Caribbeanlife@cnglocal.com. All submissions are subject to a review by the editor.

Compiled by Natalie Y. Henry



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Issue Date: Friday, **November 14** 

Due: under

Friday. **November 7** 

> Materials Due: Tuesday, **November 11**

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Full Page:

9.75" x 11"

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**Awards** 



#### Special salutatory publication wraps the November 20th issue of Caribbean Life

For information call Natalie Henry at 718-260-8315 or email nhenry@cnglocal.com

# under AWARDS



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roof, spoiler, Bluetooth. Ttl pymnts: \$16,488

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htd sts., alloys, back up cam. Ttl pymnts: \$21,528

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Stk #1434, 29,971 mi., V6, auto, air, moonroof, alloys, power seats audio control, CD, Bluetooth, spoiler. Ttl pymnts: \$17,928



Stk #1567, 25,770 mi., 4 cyl, auto, air, nav, sunroof, lthr,



Stk #1565, 27,419 mi., 6 cyl, auto, air, 3 rows, Bluetooth, full power, alloys, back up cam. Ttl pymnts: \$25,128

Stk #1587, 7,632 mi., V6, auto, nav, leather, htd sts., Bluetooth, back up cam, panoroof, rear shade, music box. Ttl pymnts: \$27,288

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# **Bed-Stuy** race a great success

#### By Robert Elkin

A 64-year-old athlete wound up among the top 10 finishers in the 33rd annual Bed-Stuy Restoration Corp. run through the streets of Bedford Stuyvesant on a sunny, cool, and delightful Sunday morning to highlight some of the action in the event. Originally from Guyana, Ranville Gravesande turned in a decent performance in winning his 60-64 age group division and finished 10th overall in a time of 39:23.

"We ran on a nice course," said Gravesande, who made his debut in competing in this race. "It was a beautiful venue and the course was fast. I knew that I could compete with the younger guys.'

The weather was just perfect for running and for some of the long distance athletes, they are getting ready for a half marathon or marathon.

After attending high school in Guyana, Gravesande started to compete in road races and always ran the 5K races 'back home.'

In last week's race, he just ran with the Continued on Page 46

# Lloyd stands up for young cricketers

#### By Azad Ali

Former West Indies captain Clive Llovd believes the time has come to fight for West Indies players and ensure their careers are not ended prematurely by the politics of the

Lloyd, the West Indies chairman of selectors, was speaking in the wake of the decision by Champions League Twnety20 organizers to ban West Indies off-spinner Sunil Narine from bowling in the tournament after umpires reported Narine twice last month for a suspect bowling action.

Continued on Page 46



New York Red Bulls midfielder Dax McCarty completed the scoring against Toronto FC.

AP Photo/Ted S. Warren, File

#### Red Bulls in fourth-place spot

#### **By Patrick Horne**

The New York Red Bulls are in the MLS playoffs and occupying the fourth-place spot, after their 3-1 victory over Toronto FC at Red Bull Arena last Saturday night. The home team has two regular season games to play, including its last home

game on Sunday, Oct. 19 at 3:00 p.m. versus the Columbus Crew, which is in fifth and final spot and most likely will make the playoffs. The Crew defeated Philadelphia Union, 3-2, last Saturday, and the Houston Dynamo suffered a 3-1 loss to Eastern Conference leader D.C.

United, also on Saturday. Those losses ensured playoff berths for New York and Columbus.

Meanwhile, league leading scorer, Red Bull Bradley Wright-Phillips, scored his 25th goal and is still two goals shy of the

Continued on Page 46



USA's Jozy Altidore (17) chases down a ball during a World Cup qualifier soccer match between USA and Panama in Seattle.

AP Photo/Ted S. Warren, File

# **USA** men tie with Honduras

#### Continued from page 45

league record 27 goals, set by African American Roy Lassiter in 1996 as a forward with the Tampa Bay Rowdies. Wright-Phillips, who now has only two games to either tie or past the record, scored the first goal last Saturday night to get the ball rolling for the Red Bulls in front of 24,068 fans; the forward latched onto a cross from the left side by the overlapping Kosuke Kimura for the 1-0 lead in the 26th minute.

In a rear starting role, midfielder Ruben Bover scored the second goal, which turned out to be his first MLS goal and the game-winner, in the 35th minute when the ball rebounded off the cross-

bar from a Thierry Henry shot; midfielder Dax McCarty completed the scoring with an assist from Wright-Phillips.

Jonathan Osorio tallied for the visitors at the 55-minute mark with the help of a Michael Bradley assist.

#### MIS

In the rest of the MLS, FC Dallas upset the Los Angeles Galaxy, 2-1, on a late goal by Fabian Castillo, whose header with three minutes to play dimmed the hopes of the Galaxy, which is in a race with Seattle Sounders for the Supporter's Shield, the top honor that goes to the team with the best regular season record. Stefan Ishizaki

gave Los Angeles the 1-0 lead early in the game, but David Texeira tied it for FC Dallas, which is in the playoffs for the first time since 2011.

In DC United's 3-1 win in Houston, Taylor Kemp, Fabian Espindola and Eddie Johnson tallied for DC, while Giles Barnes scored for the home team. In Philadelphia's loss at home in PPL Park, Danny Cruz and Andrew Wenger put Philadelphia ahead, 2-0, but Columbus replied with three goals in five minutes from Ethan Finlay, Justin Meram and Jairo Arrieta.

Real Salt Lake knocked off San Jose Earthquakes, 2-0, and won a playoff berth for the seventh straight time. Ned Grabavoy and Sebastian Velasquez scored for the winners. Montreal Impact and New England Revolution played to a 2-2 draw; Chivas USA beat Colorado Rapids, 2-1, Vancouver Whitecaps upset Seattle Sounders, 1-0, to keep it playoff hopes alive and Sporting Kansas City topped Chicago Fire, 2-0.

#### **USA DRAWS AGAIN**

The USA men's national team drew its second straight game Tuesday night Boca Raton, FL., when it gave up a goal with four minutes to play in regulation to allow Honduras to rally for a 1-1 tie. Jozy Altidore gave the U.S. a 1-0 lead in the 10th minute but the U.S. was unable to extend that lead.

#### Half marathon

Continued from page 45 guys, as he explained after the race.

After he started to compete in long distance races, he took the half marathon and marathon to his liking and ran twice in the New York City Marathon. His best time in this race was 3:29:00. He won his age category of the Philadelphia Marathon in 3:12:00.

For the immediate future he will not be competing in the New York City Marathon.

"I don't like this event," he said. ("We don't gain anything much out of it). Instead I'll be running in the Philadelphia Half Marathon in November."

His best time in a half marathon is 1:27:00 in Staten Island. His best time for a 10K is 40 minutes, and he broke it last week in the Brooklyn race.

A former member of the Shore Athletic Club based in New Jersey, now competing for the Socal Club, based in California, he is residing in Union, New Jersey.

Meanwhile, Abiyat Endale became the overall winner of the 6.2-mile event in 30:55 for the men and for the females it was Elodie Pinot who came first in 40:28. Overall she finished in 13th position.

"The time was a little slower than it was last year," said Endale, who defended his title that he took in 2013 and is a member of the Westchester Track Club, coached by Mike Barnow. He ran 'by himself' for almost the entire distance.

Everybody had a great time competing in the age group run that once again was a marked success as it is almost every year. It drew almost 500 entries from the met area.

"We ran on a flat course for most part with great conditions," said third place finisher Andy Hsueh, who was timed in 34:52,

"This race has been changing but once again it is growingregistered in the race."

one place behind runnerup Julius Mutekanga, who timed in at 34:38.

Everybody had a great time competing in the age group run, including the athletes competing on a bicycle, and the kids in the fun run both of which preceded the main 10K.

"This race has been changing but once again it is growing," said its director Gabriel Jones, whose grand daughter Bre Jones, won the fun run. "We had about 500 runners registered in the race."

Rounding out the top five athletes included David Aim, who covered the course in 36:40, for fourth place, and Abel Perez who ran a 36:57 for fifth spot. Rounding out the top three in the female division were Megan Sullivan, whose 42:29 placed her 29th overall and Ellis O'Neill, who was right behind her in a time of 42:45.

"We had a Brooklyn race (and plenty of awards)," added a spokesman from the race committee, who, along with the runners, expect to return next year.

# **Defending young cricketers**

Continued from page 45

Narine was also pulled from the 14-member squad for the ODI and Test series against India which started this week in Kochi.

Lloyd questioned the motivation behind reporting Narine, stressing that such a decision had the potential to end a player's career.

"I can face that sort of situation to save a young man who has been plying his trade and all of a sudden now (this happens), it's so destroying. It can destroy a team," Lloyd fumed.

"You want to know if this is being orchestrated because if you lose your main bowler

then it puts some pressure on the selectors and the team and so on," he said.

Recalling the case of West Indies fast bowler Jermaine Lawson, Lloyd said there were obvious double standards in world cricket and young Caribbean players needed a voice to argue their cause. Lawson, a Jamaican who played 13 Tests for West Indies, saw a promising career derailed after his action repeatedly came under international scrutiny.

"The point is that I looked at the guy who was called Jermaine Lawson. He got seven wickets and a hat-trick in that seven, and all of a sudden, the Australians said he is throwing," Lloyd contended.

"I am unhappy with the way things have been done about West Indian players and I think it's about time that we stand up for our youngsters," the WICB selector said.

Chairman of the ICC's cricket committee Clive Lloyd speaks during a news conference at Lord's cricket ground in London.

AP Photo/Matt Dunham



# India ties series with an emphatic victory

India and the West Indies are now in a tie following the defeat of the West Indies during the second one-day match of the five-match series by 48 runs.

India scored a modest 263 runs for 7 wickets in their innings off 50 overs. Suresh Raina 62 from 60 balls, Virat Kohli 62 from 78 balls and Captain Mahendra Singh Dhoni 51 not out from 40 balls. For the West Indies, Jerome Taylor picked up 3 wickets for 54 runs from 10 overs. Dwayne Bravo, Darren Sammy, Ravi Rampaul and Sulieman Benn all took one wicket each.

#### BATTING ORDER IS ESSENTIAL

West Indies, after winning the first one-day game by 124 runs, changed its batting order by making two changes. Captain Dwayne Bravo was placed lower in the order after opening the batting in the first match while Kieron Pollard was put to bat in number three position.

#### POLLARD AT NUMBER THREE

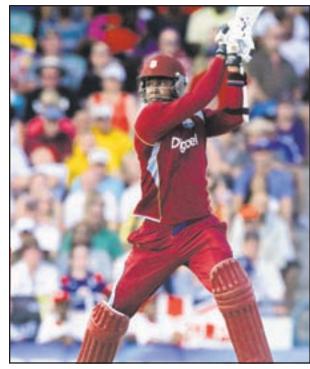
After the West Indies reached a reasonable opening start with Darren Bravo and Dwayne Smith, the next batsman should have been the inform Marlon Samuels. This decision affected the team. Why is Kieran Pollard batting at number three? This is not Twenty20 cricket and too many times bad decisions have caused West Indies to lose games.

At that point in the match, the West Indies team was not in a rush for runs so sending Pollard at that time was unnecessary. The West Indies team was bowled out for 215 runs after 46.3 overs. Opener Smith scored 97 runs from 97 balls. Mohammed Shami bowled very impressively picking up 4 wickets for 36 runs from 9.3 overs. He was named man of the match. Left-arm spinner Ravindra Jadeja picked up 3 for 44 from 9 overs. Note: The third one-day game was called off because of bad



#### **Eyes on Cricket**

By George H. Whyte



West Indies' Marlon Samuels. AP Photo/Ricardo Mazalan, File

weather; the fourth one-day will be played on Oct. 17.

#### MARLON SAMUEL SCORES A BLISTERING TON

West Indies started off their five one-day series against India with a bang winning by 124 runs. Jamaica and West Indies star batsman Marlon Samuel's swash-buckled 126 runs from 116 balls with 11 fours and 4 sixes. Denesh Ramdin scored 61 runs from 59 balls giving excellent support to Samuel's and to the team. West Indies scored 321 runs for six wickets and bowled out team India for 197 runs. For India, opening batsman Shikhar Dhawan scored 68 from 92 balls and middle order batsman Ravindra Jadeja scored 33 not out.

#### WEST INDIES BOWLERS PERFORMED WELL

Ravi Rampaul bowled 8 overs and picked up 2 wickets for 48 runs, captain Dwayne Bravo picked up two all-rounder Marlon Samuel's 2 wickets for 10 runs from 3 overs. West Indies played some excellent cricket and the selection panel chose a good final 11 with all around abilities. Lendl Simmons, the opener, is out sick and on his return, Sulieman Benn will have to sit out. Simmons will strengthen the West Indies batting and fielding because he is an outstanding fielder and catcher.

#### DWAYNE SMITH MUST ADJUST HIS BATTING

Too many times hard-hitting batsman Dwayne Smith has given his wicket away in one-day cricket. Smith is a well-known Twenty20 specialist but he will have to adjust in the one-day games. Smith will play a crucial role for the West Indies in this one-day series.



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#### **ACROSS**

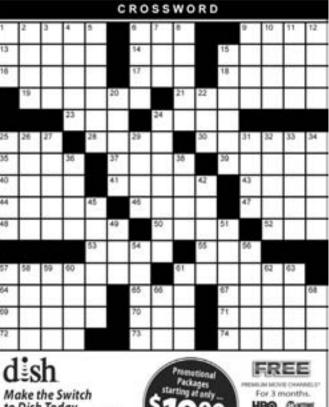
- 1. Excel grid, e.g.
- 6. TV monitor, acr.
- 9. Bonnie one
- 13. Of the Orient
- 14. One from Laos
- 15. Marked ski run
- 16. Unfriendly looks
- 17. Giant Hall-of-Famer Mel
- 18. Wedding singer?
- 19. \*Popular Halloween pumpkin
- 21. \*Predecessor of pumpkin as jack-o-lantern canvas
- Baba 23.
- 24. Owl's hangout
- 25. Blah-blah-blah
- 28. Shade of beige
- 30. Like Scandinavia
- 35. Shaded
- 37. Not easy
- 39. Prince William's mother
- 40. Eye up and down
- 41. Money or Murphy, e.g.
- 43. Genesis garden
- \_\_\_\_ seashells..." 44. "She
- 46. Fly like an eagle
- \_\_ of the Flies"
- 48. "Planes, \_\_\_\_ and Automobiles"
- 50. \*Like Freddy Krueger's glove or

- a bird's foot
- 52. Pig's digs
- 53. Sound on Old MacDonald's
- 55. Mad Hatter's drink
- 57. M in ROM
- 60. \*No hands allowed for this on Halloween
- 64. Drink like a cat
- 65. Filmmaker Spike \_\_\_\_
- 67. Dugout vessel
- 68. \*"The \_\_\_\_\_ville Horror" 69. Bonanza find
- 70. Fancy tie
- 71. Ancient Rome's distance unit
- 72. Siesta
- 73. Stands for

#### **DOWN**

- 1. Barber's supply
- 2. Between ports
- 3. Coffin stand
- 4. Early form of what becomes a butterfly
- 5. Store as fodder
- 6. Beat or lash
- 7. \*A black one is popular as Halloween decoration
- 8. Terra
- 9. Sketch
- 10. American Society for Clinical Investigation
- 11. Big first for a baby

- 12. Get the picture
- 15. Popular anise-flavored liqueur
- 20. Specialty
- 22. Large coffee pot
- 24. Bur-producing plant
- 25. \*White sheeted one?
- 26. Hole-borer
- 27. \_\_\_\_ Swan of the "Twilight" series
- 29. X-ray units
- 31. Cambodian currency
- 32. Carpenter's groove, pl.
- 33. Dead to the world
- 34. \*It flows freely on Halloween
- 36. Supermarket section
- 38. \*"\_\_\_\_ M for Murder"
- 42. Muse of love poetry
- 45. \*Red Baron's Halloween opponent
- 49. Paul McCartney, e.g.
- 51. Skyping device
- 54. Leg cover
- 56. Belittle
- 57. Mommy
- 58. Larger-than-life
- 59. Remote option
- 60. Car onomatopoeia
- 61. Machu Picchu group
- 62. High
- 63. Understands
- 64. Often found under a napkin
- 66. Victorian, e.g.





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**Answers in Classified Section** 









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TAURUS: Apr 21/May 21 Taurus, be mindful of how well others treat you this week. Your friends and family will be there for you when you need them. so show how much you appreciate their support.

GEMINI: May 22/Jun 21
Gemini, you're accustomed to companionship, and this week will be no different. People are impressed with the way you

innovate and explore new possibilities.

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#### CANCER: Jun 22/Jul 22

Cancer, take care of yourself this week if you start to feel a bit under the weather. Nip it in the bud early so it does not impact your long-term plans.

**LEO:** Jul 23/Aug 23 Leo, passion and energy find you moving in new directions this week. Enjoy this exciting time and document it through photos and notes to those sharing your journey.

VIRGO: Aug 24/Sept 22

Virgo, if you feel stuck in a rut, now is the ideal the time to try something new. In another month or two your efforts will begin to bear fruit.

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SCORPIO: Oct 24/Nov 22 Scorpio, maintain a handle on reality this week. Even though you're energized by big plans and dreams, you have to keep your feet on the ground for the time being.

SAGITTARIUS: Nov 23/Dec 21

YOUR WEEKLY HOROSCOPE FOR OCTOBER 20TH TO OCTOBER 26TH

**LIBRA:** *Sept 23/Oct 23* 

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CAPRICORN: Dec 22/Jan 20

CAPRICORN: Dec 22/Jan 20
Capricorn, all you have to do is focus this week and you can accomplish anything you set your mind to. Come up with a can be be betted you in the past. challenge that has bested you in the past.

#### **AQUARIUS:** Jan 21/Feb 18

You may not even realize you need a break and a helping hand until someone steps up and provides just that, Aquarius. Accept any and all help graciously

PISCES: Feb 19/Mar 20
Pisces, your energy levels are off the charts this week. Use & this abundance of energy to tackle a difficult project.

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The School of Education at Lehman College is hosting an accreditation visit by the Council for the Accreditation of Educator Preparation (CAEP formerly NCATE) from April 26 through 28, 2015. Interested parties are invited to submit third-party comments to the visiting team. Please note that comments must address substantive matters related to the quality of professional education programs offered, and should specify the party's relationship to the School of Education at Lehman College (e.g., graduate, employer of graduates, and others).

Please submit written testimony to: **Board of Examiners CAEP/NCATE 1140** 19th Street, NW Suite 400 Washington, DC 20036 Or by e-mail to:

#### callforcomments@ncate.org

Correspondence, which must be received by CAEP/NCATE no later than three months prior to the visit, will be submitted to the School of Education at Lehman College for response via CAEP/NCATE's Accreditation Information Management System (AIMS). CAEP/NCATE will not upload anonymous comments to the BOE team or the School of Education at Lehman Thank you for your support of the educator preparation programs at Lehman College! Sincerely, Niki Fayne, Dean

#### **>J0B** INFORMATION

Leticia James Warns **Consumers About** Classified Ads Toll numbers may be

a direct line to trouble. Classified ads are intended to help people by facilitatcommunication and advertising available serhowever, some of vices: the hotlines & service num bers in classifieds actually hurt the people who rely on them by cheating them of their hard-earned dollars. newspapers print a disclaimer in their classified ad section to warn readers about numbers that are a direct line to trouble. Any number starting with 900, 540, 595 or 871 charges a fee beyond a local call. Ir some instances, ads initial ly advertise calls to a local number, but then callers to a second number starting with one of the paid exchanges. "Consumers must älso question legitimacy of classifieds because too could be a scam. Before responding to an adshould consumers the source of all informa tion & always be wary about sending money

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NOTICE OF FORMATION of limited liability company (LLC). Name: THREE CONSTRUCTION GROUP LLC. Articles of Organization filed with Secretary of State of New (SSNY) 08/05/2014. Office location: Kings County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: Three Star . Construction Group LLC 2970 Pitkin Ave Brooklyn, NY 11208. Purpose:

any lawful purpose.

NOTICE OF FORMATION of limited liability compa-(LLC). Name: PROnv **FESSIONAL GAMBLERS** LLC. Articles of Organization filed with Secretary of State of New York on 05/14/2014. location: Office Kinas County, SSNY designated as agent of LLC upon whom process against it may he served. SSNY shall mail copy of process to: LEISA GIBSON 124 PULASKI STREET BROOKLYN, ONE NY 11206. Purpose: any lawful purpose.

NOTICE OF FORMATION of limited liability company (LLC). Name: THREE SPHERE TECHNOLOGIES

#### **≻LEGAL**

tion filed with Secretary of State of New York (SSNY) on 09/02/2014. Office location: Kinas County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY mail copy of proshall to:MAYLIN PETERcess SON 211 EAST 37TH STREET #2 BROOKLYN, NY 11203, Purpose: any lawful purpose.

#### **≻LEGAL**

#### **NOTICE OF SALE**

SUPREME COURT COUNTY OF KINGS, CAS-TLE PEAK 2012-1 LOAN **TRUST** MORTGAGE BACKED NOTES. SERIES BY U.S. BANK 2012-1. NATIONAL ASSOCIA-AS INDENTURE TION Plaintiff, TRUSTEE. PINEDA. **PACIANO** ET AL., Defendant(s).

Pursuant to a Judament of Foreclosure and Sale duly filed on July 07 2014, I, the undersigned Referee will sell at public auction at the Kings Supreme County Court. Room 224, 360 Adams Brooklyn, NY on Street. November 06, 2014 at 2:30 p.m., premises as 9 known Fanchon Place, Brooklyn, NY. ΑII

#### **≻LEGAL**

parcel of land, with the buildings and improvements thereon erected. situate. Iving and being in the Borough of Brooklyn, County of Kings, City and State of New York, Block 3483 and Lot 17. Apnroximate amount οf iudament is \$704,202.08 plus inter-

est and costs. Premises will be sold subject to provisions of filed Judgment Index # 2030/07. If the sale is set aside for

any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, or the Mortgagee's attornev

Marc J. Held, Esq., Referee Peter T. Roach & Associates. P.C., 125 Michael Drive, Suite 105, Svosset. New York Attorneys 11791. for Plaintiff

#### NOTICE OF SALE

SUPREME COURT: KINGS COUNTY. DEUTS-BANK NATIONAL TRUST COMPANY, AS IN-DENTURE TRUSTEE FOR NEW CENTURY ALTER-NATIVE MORTGAGE I OAN TRUST 2006-ALT1, Pltf. VS. ARA RAH-SHOWKAT

#### **►LEGAL**

#6101/09. Pursuant to judgment of foreclosure and sale dated July 15, 2014, I will sell at public g auction in Room 261 of County Supreme 7-23 Kinas 360 Adams St., Court. Brooklyn, NY on Thurs- 8 day, Nov. 13, 2014 at 2:30 pm prem. k/a 14 Tehama St., Broooklyn, NY 11218 a/k/a Block 5307. Lot 62. amt of judgment is \$591,459.86 plus costs Sold sub- B and interest. ject to terms and conditions of filed judgment and terms of sale. STE-PHEN V. BARBARO, Referee. FRENKEL, LAM-WEISS, WEISMAN BFRT. & GORDON, LLP, Attys. for Pltf., 53 Gibson St., Bay Shore, NY. File No. 01-51148. #84830

#### **➤PUBLIC NOTICE OF INTENT**

Notice is hereby given regarding Cemetery lots abandoned under Section 1513-a of the Not for Profit Corporation Law at Cypress Hills Cemetery, 833 Jamaica Brooklyn, NY 11208, 718-277-2900 4. lots 60. 166, 171, 164 Owners Leonard J. Cole, John Biscoe, Eliza



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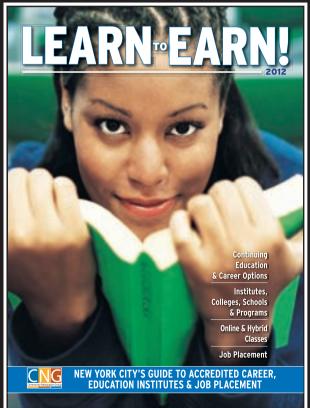
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