

## Caribbean faces online attacks

By Nelson A. King

As the Organization of American States (OAS) and the Inter-American Development (IDB) concluded a regional workshop here on cyber security, the OAS says cyber vulnerabilities continue to affect a "wide range of targets" in the Caribbean.

OAS Assistant Secretary General Albert Ramdin said while member-states are "ever-more familiar with cyber security threats, this awareness hasn't stopped cyber vulnerabilities from continuing to affect a wide range of targets in the region."

Speaking on Friday at the conclusion of the three-day workshop, Ramdin warned that cyber-attacks have "threatened to derail electoral voting processes in several OAS member states, putting into peril democratic institutions that underpin their political systems.

"Cyber-attacks have affected or will affect all countries at some point in time, regardless of size, politics, or economy," he said, underscoring the importance of the event.

"Along with the support of the IDB, we can plot the technical and political course the OAS will need to ensure that member states have at their disposal the best cyber security training assistance available."

The OAS said the "Regional Workshop on Cyber Security Policies" brought together officials from 28 OAS member-states as well as experts from Europe and the Asia Pacific region to discuss

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# DEATH THREAT BOMBHELL

## Guyana AG issues dire warning

By Bert Wilkinson

In a rather stunning and bizarre development, Guyana's usually belligerent attorney general has found himself at the center of one of the worst political storms for the year after he told a local newspaper that gunmen will soon storm the newsroom and kill whomever is there if the paper does not back off from its aggressive anti-corruption coverage.

The daily Kaieteur News Newspaper this week dropped a political bombshell on the administration of President Donald Ramotar and the country by extension, by publishing the verbatim transcript of a 20-minute telephone call from Anil Nandlall to a reporter, warning him to leave the job because gunmen will soon invade the south city premises and use weapons on the staff and anyone there.

"Me ah tell you innocent, me ah tell you honestly, man to man, that will happen soon. So the quicker you get out of deh, the better," he suggested to Senior Writer Leonard Gildarie, urging him to leave the job and work with government because death will soon stalk

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## Independence calypso champ

Dennis Bowman holds his trophy aloft after capturing the inaugural St. Vincent and the Grenadines Independence calypso title in New York. See story on page 37.

Photo by Nelson A. King

## Caribbean

Seven Caribbean countries have signed on to a hemispheric initiative to end child labor in this part of the world ahead of a global deadline of 2020.

Recently Guyana, Bahamas, Dominica Republic, Haiti, Jamaica, Suriname and Trinidad and Tobago endorsed a declaration on the Latin American and Caribbean Free of Child Labor Regional Initiative which follows up from 2013 Brasilia Declaration against Child Labor, signed by 154 countries in Brazil.



Belize, St. Kitts and Nevis and St. Vincent and the Grenadines are said to be considering the matter.

Officials say the intention is to make Latin America and the Caribbean “the first child-labor-free developing region in the world.” The declaration calls on “development partners at the regional and global level “to provide technical and financial assistance to enable us to strengthen our capacities and enhance our responses to the problem.”

The Brasilia Declaration aims at eliminating “the worst form of child labor” by 2016 and all forms by the year 2020.



## Fight to save Belize reef

The humble CREWS buoy hosts several instruments designed to measure conditions above and below the water, and keep track of these developing threats.

IPS/Aaron Humes

## Barbados

Barbados recently hosted the eighth meeting of the board of South Korea-based Green Climate Fund (GFC).

More than 200 delegates from all the United Nations member countries attended the Oct. 14-17 meeting of the GCF, which is the central global investment vehicle for climate finance.

The meeting enabled the 24-member board to examine the final critical issues related to making the Green Climate Fund operational.



The GCF was adopted as a financial mechanism of the United Nations Framework Convention on Climate Change in 2010.

It will play a key role in channeling new and predictable financial resources to developing countries.

The finance flows of the Green Climate Fund will come from developed countries, but also from developing countries and private investments.

## Cayman Islands

Work crews from the Cayman Islands are on standby to travel to Bermuda to aid the recovery effort following Hurricane Gonzalo, which caused extensive damage and power outages recently.

The strong category 2 storm barreled into the tiny Atlantic Island, uprooting trees and downing power lines. Some roofs were ripped off and several buildings were severely damaged, but no

injuries or loss of life was reported.

The Bermuda regiment was assisted by British Navy officers from the HMS Argyll, which traveled to Bermuda following its visit to Cayman earlier this month, to assist with the cleanup exercise.

As many as 6,000 homes were still without power, while thousands more were without Internet access.

Cayman crews from the Caribbean Utilities Company and telecommunications firm Logic, which is headquartered in Bermuda, have been put on standby to assist.



The Bermuda Electric Light Company announced that support crews would also be coming in from across the Caribbean.

The Bermuda government was allowing applications for temporary emergency work permits to assist with repairing and rebuilding following the storm.

## Guyana

The publisher of Guyana's Kaietur News newspaper Glen Lall and his wife Bhena, will re-appear in court on Nov. 24, 2014 on multiple tax evasion charges.

The charges are in connection with importation of two luxury vehicles brought into the country by an elderly couple under the duty-free re-migrant scheme.

The prosecution alleges that between June 1 and Sept. 20 last year, Lall and his wife “made and subscribed to false declarations on two Lexus LX 570 motor vehicles to be US\$44,158 respectively, contrary to Section 117 (1a) of the Customs Act, Chapter 82:01.

They are also facing two counts of aiding and abetting in a conspiracy to defraud the government of the due taxes.

The Lass pleaded not guilty to the charges and were given their own bail by Chief Magistrate, Priya Sewnarine in the Georgetown Magistrate Court.

## Haiti

The United Nations Security Council has extended the UN peacekeeping mission in Haiti by another year and approved a plan to cut more than half the number of military personnel by June 2015.

The unanimous approve came recently amid questions from some troop-contributing countries about the fast pace of the draw-down.

Argentina's ambassador said the security situation in Haiti is still not improved enough, but Britain's deputy UN ambassador pointed out that peacekeepers have called out just that peacekeepers have been called out just twice in the past 18 months to deal with incidents.



The UN peacekeeping mission, established in 2004 after the ouster of then president Jean-Bertrand Aristide, now has a troop strength of 5,021. The resolution approved recently would cut that to 2,230 by June 2015.

## Jamaica

Jamaica says Latin America and the Caribbean will have to take additional steps in securing their borders as the region confronts the risk of a possible outbreak of the deadly Ebola virus.



National Security Minister Peter Bunting addressing a recent Conference of Defense Ministers of the Americans in Peru said that the region needed to treat the virus as an issue threatening national security.

“Many of our countries have been ravaged by the Chikungunya virus... and with the recent an even more deadly disease, the Ebola virus, is now on our doorstep.”

“The devastation caused by the Ebola virus in countries across the West African continent is clear evidence that we must not take these threats lightly,” Bunting said.

The Ebola virus has claimed more than 4,500 lives in West Africa and there have been cases in United States, Spain and Germany. Caribbean countries have been putting measures in

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# Reuniting Haitians

By Nelson A. King

Councilman Jumaane D. Williams has joined other Caribbean politicians in the United States in welcoming the reunification of Haitian families in the U.S.

The U.S. Department of Homeland Security announced recently that it will implement the Haitian Family Reunification Parole (HFRP) program that allows legal immigration of Haitians, who are eligible and have approved family-based immigrant visa petitions, to enter the U.S. up to two years before their visa priority start date.

The program's goal is to expedite the reunification process for those living in Haiti with family members that are based in America, and is expected to be launched in 2015.

Williams, the son of Grenadian immigrants, commended the Department of Homeland Security "for developing the Haitian Family Reunification Parole program, which will help promote legal and safe immigration for Haitian families in the United States.

"There are many constituents in my district and throughout the city that will benefit from this opportunity," said Williams, who represents the 45th Council District in Brooklyn, on Saturday.

"For too long, our country has closed its doors to immigrants who need our protection or who try to reunite with family members," added Williams, who is also Deputy Leader of New York City Council and chair of the Council's Housing and Buildings Committee.

"After the Haitian earthquake (on Jan. 12, 2010), many families were torn apart and have yet to be reunited," he continued. "Though that devastating day happened almost five years ago, there is still so much more our country can do to help Haiti.

"I believe this country owes a lot to Haiti, (which) deserves a lot more than what has actually been given," Williams said. "It's my hope that this initiative is the first step in continued efforts to help Haitians, and will bolster broader immigration reform so that all families, no matter what country they're from, can be reunited without barriers of bureaucracy."

On Thursday, another New York City Council Member, Dr. Mathieu Eugene, hosted a press conference in lower Manhattan to "honor the HFRP program."

Eugene, who represents the 40th Council District in Brooklyn, adjacent Williams', was joined by several elected officials at the federal, state and city levels, as well as community organizations and immigration

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Joanne Legair receives plaque, flanked by COSAGO members Lennox Joslyn, chair of the fundraising committee, President Laverne McDowald-Thompson and attorney Curlina Edwards.

Photo by Nelson A. King

## Ex-baby sitter receives award

By Nelson A. King

Joanne Legair rose from her early baby-sitting job, when she first migrated to the United States in 1991, to become the sole honoree last Sunday at the gala Independence Luncheon and Awards Ceremony in Brooklyn, commemorating St. Vincent and the Grenadines' 35th anniversary of political independence from Great Britain.

Legair, 50, a Richmond Hill, Kingstown native, was honored at Tropical Paradise Ballroom on Utica Avenue. The event was organized by the umbrella Vincentian group in the U.S., Council of St. Vincent and the Grenadines Organizations, U.S.A, Inc. (COSAGO) and the New York Consulate General.

"It's a privilege to be the sole honoree today," said Legair, who worked as a clerk with the government of St. Vincent and the Grenadines before migrating, after receiving the award from COSAGO President Laverne McDowald-Thompson. McDowald-Thompson is also president of the Brooklyn-based Chateaubelair Development Organization (CDO), and Legair is the vice president.

Legair told Caribbean Life that the honor was extra special in light of the fact that she elevated herself from baby-sitting for seven years in Manhattan to obtaining a Master of Business Administration (MBA) degree from Long Island University, downtown Brooklyn.

She said she financed her associate degree in accounting from LaGuardia Community College in Queens, and partially did the same for her bachelor's in business administration from Baruch College, both with the City University of



COSAGO President Laverne McDowald-Thompson addressing gala luncheon.

Photo by Nelson A. King

New York, on her baby-sitting salary.

"You can use baby-sitting as a stepping stone; it does not define who you are," she said. "And if you chose to be a baby-sitter (baby-sitting) as a career, it's ok because you're nurturing and educating children."

The baby-sitting issue was the center of intense public discussion at home and in the Diaspora in recent weeks, with many nationals, primarily in the U.S., expressing outrage over remarks made on local radio by prospective Deputy New York Counsel General Sehon Marshall.

Marshall, who subsequently apologized for what many described as repulsive and condescending comments, also said that many nationals had left prestigious jobs at home to become "dog-

walkers" in the U.S.

As the uproar intensified, Foreign Affairs Minister Camillo Gonsalves appealed to nationals in a town hall meeting in Brooklyn in September to give Marshall "a chance."

Prime Minister Dr. Ralph Gonsalves subsequently said he was standing by the embattled would-be diplomat.

But some nationals in New York predict that the prime minister's stance could have adverse repercussions on his administration should he still insist in appointing Marshall to the position.

In receiving the award, Legair, who has been engaged in community work for the past 17 years, urged nationals to give more of themselves to community service.

She said she brought along her grandson, Julius Legair, to the event so "he can learn a lesson in life – that you give, and you'll be recognized in the end."

She also alluded to what she said was a famous quote: "Everyone has an opinion, but opinion does not change the world; action does."

In introducing Legair, attorney Curlina Edwards, CDO secretary, said: "This might come as a surprise to you because Joanne is not from Chateaubelair; she's from town (Kingstown). And she's worked as hard as anyone from Chateaubelair."

McDowald-Thompson congratulated Legair for her "most justifiable tribute."

Legair attended the Richmond Hill Government School, renamed the Thomas Saunders Secondary School, and

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# Cyber security agenda

Continued from cover

priorities and a regional cyber security agenda for the Americas, including the Caribbean.

The workshop aimed to promote and exchange lessons learned, best practices, challenges, commonalities, and the different approaches countries and sectors have used in the development and implementation of national cyber security policies and strategies, the OAS said.

It said the workshop was geared towards fostering a global dialogue and multi-sectoral partnerships, with attendees from government, the private sector, civil society and academic stakeholders.

On behalf of the government of Canada, the main contributor to the OAS Cyber Security Program, Robert Gordon, the Special Cyber Security Advisor in Public Safety Canada, highlighted the continued financial investments of the Canadian Government on Cyber Security in the hemisphere through the OAS.

Mentioning that the OAS had developed a successful model for regional integration and cyber capacity building, he also lauded the efforts of member state governments to draft and adopt



OAS Assistant Secretary General, Albert Ramdin. AP Photo

national cyber security strategies, like Canada did in 2011.

As part of their cooperation on the issue, the OAS and the IDB have committed to prepare a report titled "The State of Cybersecurity in Latin America and the Caribbean."

During the workshop, the OAS said it sought feedback from member-state officials and other experts in an effort to ensure the study would present a comprehensive analysis of the state of cyber security in Latin America and the Caribbean, and how countries are prepared to protect their critical infrastructure against cyber threats.

The first day and a half of the event consisted of panel discussions and aimed to provide a baseline understanding to all participants, the OAS said.

# Guyana's political storm

Continued from cover  
the newsroom.

The paper has been relentlessly exposing corruption at the highest levels of government including the siphoning off of millions of American dollars from foreign contractors and investors and its now well entrenched habit of ignoring tender board and procurement rules, much to the chagrin of the opposition and civil society.

For this it has earned the anger of authorities and has been rewarded with a string of multi-million dollar libel suits.

Government's discomfort with the paper, publisher and owner Glenn Lall and its staff boiled over in the past week when Nandlall called the paper to express fears about an alleged imminent expose on his wife and to suggest that those in authority had grown tired and become "sensitive" with the paper and its exposes.

"No, hear nah, you know how it gun stop? Somebody gun go into Kaieteur. You see everybody nah gat, as I told Adam (Harris, editor in chief) today. I said Adam, everybody don't just... everybody, wait hold on...everybody doesn't have a newspaper to use as a weapon. I told Adam, I said 'Adam people got weapons, right? Is not newspaper they gonna use as a weapon; they got weapons and when you continue

attack people like that and they have no way of responding, they gun just walk with their weapon into that same f\*\*\*ing Saffron Street office and wha come suh do. Innocent Peter gun gah pay fuh f\*\*\*ing Paul in deh one day."

Nandlall has publicly admitted that the voice on the recording is his and that he might take legal action against a paper he says that has also been attacking his wife. She is an attorney at the state's tax office. Lall was once a close bosom buddy of most top officials until a falling out a few years back.

Once the recording hit the airways and the transcript appeared on social media, government astonishingly rushed a statement saying that "it believes in the integrity and professionalism of the minister and stands by him."

As he struggled to recover from the bombshell, Nandlall took to Facebook uncharacteristically noting that, "I will not succumb to cowardice. I am simply not genetically configured that way. History will absolve me. Good always triumphs over evil."

He has so far survived calls for his resignation but many now think that he has damaged the governing party, which could soon face a no confidence vote in an opposition-controlled parliament that could force its resignation and make it call general elections in 90 days.

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"It's no secret that problems such as obesity & diabetes are increasing dramatically among children," said Edible Arrangements founder & CEO Tariq Farid. "That's why I am so excited to be working with such an important organization to provide children with a healthier—but still delicious and fun—option."

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"Exposing children to the benefits of enjoying fresh fruit on a regular basis can help develop healthier eating habits for life," said Edible Arrangements' President Rob Price. "Our membership with SNEB is a step in providing other ways to get everyone to incorporate healthier eating into their celebrations."

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# Loyalists, uncertainty surround Haiti's ex-leader

By David McFadden

PORT-AU-PRINCE, Haiti (AP) — Former Haitian President Jean-Bertrand Aristide returned home from exile in 2011 to a jubilant welcome, but lately he has seemed more like a prisoner.

Police have been stationed outside the cement-block walls of his compound for several weeks, keeping watch and awaiting orders to carry out an arrest warrant issued by a judge investigating allegations of corruption, drug trafficking and money laundering that date back about a decade. The warrant was issued for failure to appear to testify in a closed evidence-gathering session in August.

As rumors have circulated that an arrest was imminent,



Demonstrators carry a picture of Haiti's former President Jean-Bertrand Aristide to protest the government of President Michel Martelly on Jean-Jacques Dessalines Day in Port-au-Prince, Haiti, Friday, Oct. 17, 2014. Aristide supporters are protesting Martelly as the nation marks the 208th anniversary of the assassination of Dessalines, Haiti's independence hero and founding father. AP Photo/Dieu Nalio Chery

supporters of the twice-elected, twice-deposed president have flocked to the compound

near downtown Port-au-Prince. A few weeks ago, they clashed with police, throwing

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# Suicide a major health problem

By Nelson A. King

A new Pan American Health Organization (PAHO) report says about 65,000 people take their own lives in the Americas, including the Caribbean, each year—more than seven per hour.

The report, "Suicide Mortality in the Americas," is based on data from 48 countries and territories in the Western Hemisphere.

It shows that suicide is a significant health problem and one of the region's leading preventable causes of death.

"Many things about suicide make it especially tragic," said PAHO Dominican-born director Dr. Carissa F. Etienne.

"The severe emotional suffering of the one who takes his life; the feelings of loss, abandonment or guilt of family members and friends left behind; and it is so permanent yet many times for problems which can be solved," she added.

"But, to a large extent,

suicide is preventable," Dr. Etienne continued. "Research has shown that reducing access to the most common means like fire arms pesticides, and certain medicine helps lessen suicides."

Region-wide, PAHO said the Americas has a lower average suicide rate (7.3 per 100,000 inhabitants) than the global average (11.4 per 100,000) and lower than other World Health Organization (WHO) regions.

Within the Americas, however, PAHO said rates vary significantly in different countries, as well as by age and sex.

Among sub-regions, it said North America and the non-Hispanic Caribbean have the highest suicide rates.

PAHO said men have higher rates than women in all the region's countries. And among age groups, people over age 70 have the highest suicide rates.

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# SVG PM lauds nationals in nation-building

# World backs Cuba at UN

Calling the U.S. blockade against Cuba a violation of both the United Nations Charter and International Law and applauding Cuba's human development achievements for its people, the region and the world, 188 of 193 member states of the UN General Assembly voted on Oct. 28, for the 23rd consecutive year, to demand that the U.S. lift its blockade against the Caribbean island-nation. Only the U.S. and Israel voted counter to Cuba's resolution, with three nations abstaining.

Speaking for CARICOM, the representative from Barbados affirmed that organization's unstinting solidarity with Cuba and lauded the Spanish-speaking Caribbean island as a regional partner, citing Cuba's many generous acts of solidarity in the Caribbean, despite the severe economic hardship created by the blockade.

Barbados, Brazil, Colombia and Venezuela were among the countries endorsing the position of the Community of Latin American and Caribbean States (CELAC) presented by the Costa Rican representative, condemning the blockade as inconsistent with the principle of sovereignty of states.

The prime minister said the material and emotional support provided in the aftermath of last year's freak Christmas storm, which he described as "one of the most trying periods in our country's recent history," represents an "incontrovertible testimony of the enduring bonds of love and solidarity between our resident and overseas-based populations."

Vincitians in New York, through the Brooklyn-based St. Vincent and the Grenadines Emergency Relief Committee, recently handed over a US\$20,000 check to Foreign Affairs Minister Camillo Gonsalves for delivery to the National Emergency Management Organization (NEMO).

The money was a significant part of the amount raised by nationals here in wake of the Christmas storm that killed at least seven people and left millions of dollars in damage and destruction of the country's infrastructure and housing stock.

The committee also shipped four 40-ft.-containers of relief supplies for distribution by NEMO to nationals.



St. Vincent and the Grenadines Counsel General Selmon Walters addresses patron at gala luncheon.

Photo by Nelson A. King

that lived experience and reflection can impart."

He noted that the natural disasters of the recent past have "shown yet again that Vincitians in the Diaspora retain a strong sense of nationhood and love for their fellow nationals in distress."

By Nelson A. King

As Vincitians in New York on Sunday climaxed their celebration of the nation's 35th year of political independence, Prime Minister Dr. Ralph Gonsalves has commended them for their efforts in nation-building.

In his independence message, read by New York Counsel General Selmon Walters, at a gala Luncheon and Awards Ceremony in at Tropical Paradise Ballroom on Utica Avenue in Brooklyn, Gonsalves said he felt "a tremendous sense of pride in extending warm greetings and congratulations to all Vincitians.

"I commend all for the work that they are doing to advance their personal well-being and our national development agenda, and urge that we use this opportunity to reflect on our nation's remarkable achievements over the last 35 years," he said.

Conversely, the Vincitian leader urged that a "critical look" be taken at the nation's "failures and shortcomings with the aim of effecting the necessary improvements and learning the lessons

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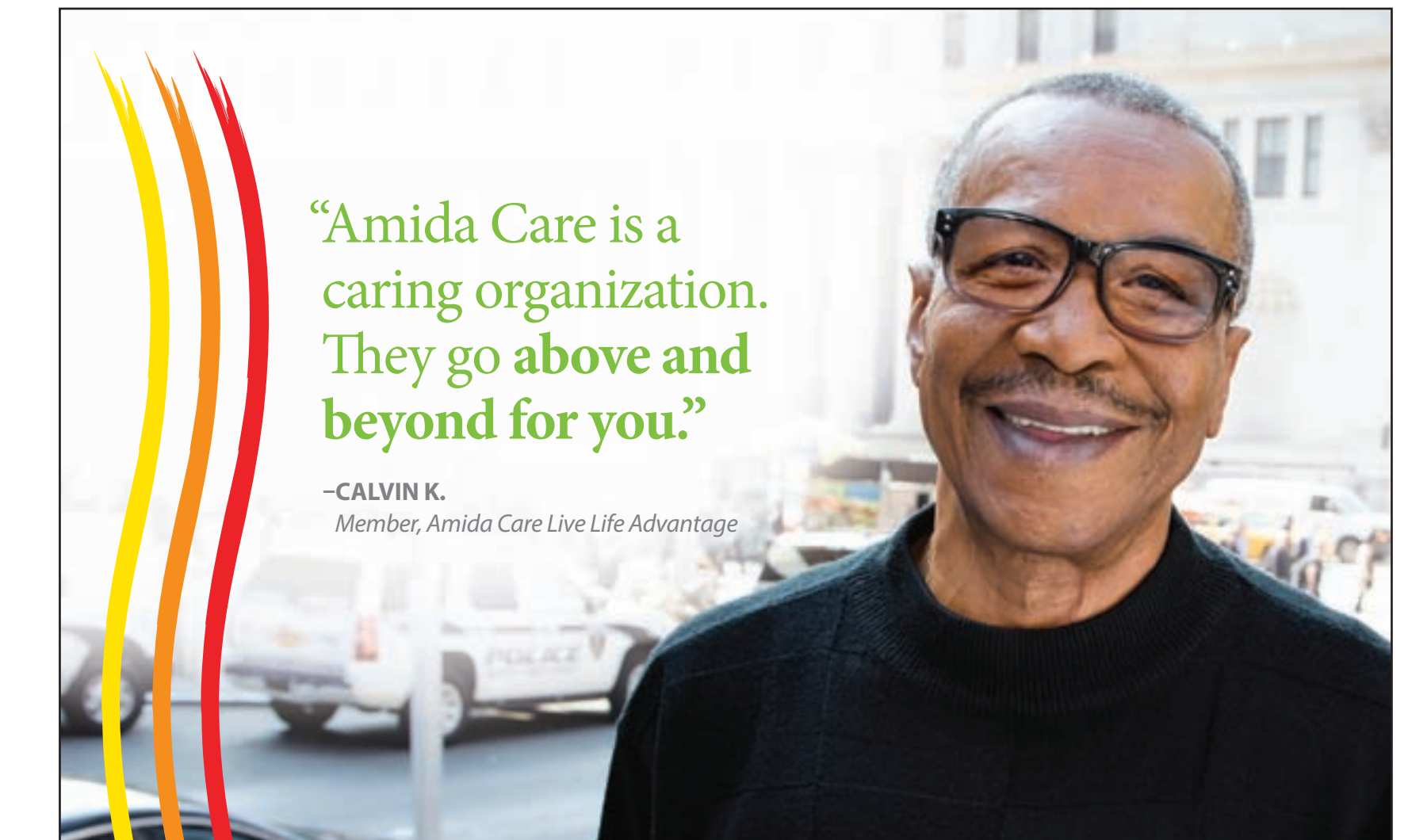
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# Water shutoffs and unintended consequences

By Patricia Jones

CAMBRIDGE, Massachusetts, Oct. 24, 2014 (IPS) - United Nations Special Rapporteur on the Human Right to Safe Drinking Water and Sanitation Catarina de Albuquerque and Special Rapporteur on Adequate Housing Leilani Farha were in Detroit, Michigan Oct. 17-20.

What they saw and heard in a city struggling to emerge from historic bankruptcy were mass water shutoffs and conditions they described as “a perfect storm.” The U.N. experts issued a call for a national affordability standard that would protect the poorest and most vulnerable.

After speaking to hundreds of consumers, local authorities, and City of Detroit water and sewerage utility staff, the U.N. experts reported the scale and impacts of the shutoffs as unprecedented in their experience.

Freedom of information act responses from the City of Detroit showed that in 2014, 27,500 water shutoffs took place. The utility was not able to say how many persons were affected, how many residences were vacant, nor the impacts of the mass water shut off programme.

How could this be? This was the United States. This was Detroit — in previous years, one of the nation’s thriving manufacturing cities. As the

third largest water and sanitation public service provider in the United States, Detroit’s utility serves 40 percent of the state of Michigan’s population, similar to large urban utilities around the world.

The City of Detroit, the state of Michigan and nations worldwide are on the cusp of making decisions that will lock generations to come into trillions of dollars of water and sanitation infrastructure investments requiring staggering increases in water rates to households, small businesses and communities.

Detroit is the tipping point, and the lesson we must learn. Water is the great equaliser. Everyone must have access to survive.

Water availability, quality and affordability are increasingly global issues, in developing and developed countries and particularly within major urban areas like Detroit. More than half the world’s population now lives in a city.

The United States is similar to other countries in terms of urban water and sanitation service challenges, but unique for a few important reasons. First, the U.S. can bring economic resources to bear to solve these issues that are beyond the capacities of most developing countries.

Of equal importance, U.S. technical expertise and policy

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# Ebola, human rights and poverty – Making the links

By Alicia Ely Yamin

CAMBRIDGE, Massachusetts, Oct 27, 2014 (IPS) - The catastrophic Ebola crisis unfolding in West Africa offers many lessons, not least for global anti-poverty efforts. These will culminate in a set of targets, to be agreed by the United Nations in 2015, known as the Sustainable Development Goals (SDGs).

First of all, the crisis should lead to a re-think of the triumphalism that has marked some of the global health debate in recent years, with some projecting a “grand convergence within a generation” between North and South, rich and poor countries, based upon the “end of preventable mortality, including from infectious diseases.”

It is not a coincidence that, in addition to the legacy of colonial exploitation, and pillaging by their own corrupt and unaccountable governments in recent history, Liberia and Sierra Leone are two countries that have been ravaged by brutal civil wars.

Second, neither universal health insurance, without real access to public health as well as effective care, nor cash transfers, without connections to functioning systems, would have thwarted Ebola or the social devastation it is wreaking. Yet both are highly touted solutions to global poverty, and likely to be part of the SDG agenda.

Nor would “pay for performance,” whereby health workers are supposedly incentivised to be more productive by having compensation linked to quotas and outcomes.

**The crisis should lead to a re-think of the triumphalism that has marked some of the global health debate in recent years.**

All of which brings us to a third lesson from the crisis: silver-bullet solutions that focus on short-term outcomes, and often produce so-called ‘vertical’ interventions (that is, those de-linked from the broader context), actually do not work in the long term, or in the face of crises.

Human rights advocates have argued that there is a need to shift power relations to promote greater equity, to invest in strengthening institutions, to open spaces for meaningful participation by the people who are affected by health and development policies, and to construct effective and accessible accountability mechanisms.

Though often dismissed as airy-fairy, unmeasurable and utopian in mainstream public health and development circles, the Ebola catastrophe illustrates exactly why these investments are crucial.

Health systems are not just a means for the technical delivery of goods and services; they are part of the core social fabric of societies. They can either give expression to norms of solidarity and equality, or they can exacerbate social exclusion.

In the three most affected countries in West Africa, the health systems were all

dysfunctional before Ebola hit, and were often a place where people – especially women and children – experienced their poverty and marginalisation.

The inadequate, and now decimated, health systems, and the rippling effects of the crisis on education, housing, and food, all raise issues of access to – and the enjoyment of – fundamental economic and social rights. These are just as important as the violations of civil rights, including unwarranted restrictions on movement, which might stem from the Ebola epidemic.

But it is equally important to realise how massive violations of human rights – civil and political, as well as economic and social – drive epidemics such as Ebola.

The unimaginable suffering we are witnessing is in no way simply an inevitable result of the “natural” pathophysiology or epidemiology of the disease.

It is not a coincidence that, in addition to the legacy of colonial exploitation, and pillaging by their own corrupt and unaccountable governments in recent history, Liberia and Sierra Leone are two countries that have been ravaged by brutal civil wars. These conflicts were fuelled by the rapacious global demand for precious minerals, and destroyed communities, dissolved family units, and disrupted farming, livelihoods and migration patterns.

Nor is it a coincidence that more than half the population in each heavily affected country lives in abject poverty (53 percent

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## Caribbean Life

Founded 1990 • Published by Community News Group  
Corporate Headquarters: One MetroTech Center North, Suite 1001, Brooklyn, NY 11201



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# Is there even worse D.C. dysfunction ahead?

So the 2014 midterm elections are here. Since some bare-faced gerrymandering put control of the House beyond Democrats' reach a few years ago, only the Senate holds any mystery as far as the post-election breakdown of seats, and has thus commanded most of the attention, including the obscene amount of money poured into campaigns across the country. Those single-digit approval ratings for Congress that we've by now gotten used to could well become a major reference point after the dust settles Election Day. One wouldn't think that Capitol Hill's approval numbers could get any more anemic, but who knows? Should Republicans gain a Senate majority, and that chamber looks to join the House in the sort of recklessness that has typified the House Republicans' agenda during these Obama years, we ought not be surprised if Washington hits levels of dysfunction we've not yet seen.

Because of a plurality of Senate seats in red or red-leaning states up for grabs in this cycle,

pundits have given the GOP a better than even shot at erasing the Democrats' current majority. Some races, though, have tightened up, according to the polls, making for a tentativeness in projecting that wasn't there when "experts" earlier weighed in about the outcome. If there is a switch in Senate control, the only saving grace to possibly forestall a flood of legislative action that mollifies only the country's right-of-center element would be the conventional wisdom that the Senate prides itself on being the more august chamber, often shying away from radical or erratic moves hatched in the House.

The non-stop vilification of President Obama, which has been the main driver of what passes for a Republican/Tea Party agenda, while by no means absent from the Senate, has frequently found expression in the House in wanton abuse of the legislative process. Nothing has more disgustingly highlighted this than the House Republicans voting more than 50 times to repeal or emasculate the Affordable Care Act (ACA). We dare not

## Viewpoint

By Les Slater

forget, either, that those unconscionable actions (or lack thereof) resulting in shutdowns of the government were brought to you through the courtesy of the vaunted Republican-controlled House of Representatives.

As for the ACA, it hasn't been quite the whipping boy in this 2014 campaign that Republicans earlier figured it would be because it has turned on its head the opposition's gloom and doom predictions, proving to be an unqualified success on more than one front. Since the fix of the program's troubled online rollout, millions of individuals who did not previously have health insurance now enjoy the peace of mind that comes with access to quality health care.

Supposedly based on a voting patterns history, we're told that the Republican base is more easily turned out in off-year elections than is the Dem-

ocratic base. This time around, as earlier in President Obama's tenure, motivation for GOP voters being more energized than Democrats seems nothing more than a basic "Reject Obama!" battle cry. In a perfect world, certainly within the voter demographic of persons of color, there would be countervailing energy to drive voter turnout. First, as angry push-back against what is generally understood to be unjustified, racially inspired denunciation of Obama. In addition to which, there's the issue of moves made in several states to suppress poor and minority voting -- which also should serve as impetus for augmenting vote tallies on the Democratic side. Some of the folk involved on the front lines in that struggle talk about tapping into the outrage fomented by those voting rights infringements to hopefully give rise to a steely determination to have their voices heard Election Day. We'll see how those efforts fare.

In truth, based on Republicans' undistinguished, obstructionism-minded record during

the Obama administration, it seems surreal that the country would freely express a preference for a Republican-controlled Capitol Hill. What if Obama hadn't presided over and seen impressive results from a creative strategy for addressing, upon assuming office, a looming economic collapse, the likes of which hadn't been seen in 80 years? What if his decision to bail out America's auto industry had backfired? What if he hadn't kept his vow to wind down and end wars in Iraq and Afghanistan? And what if the Affordable Care Act had been the flop the other side had so vehemently predicted?

That the president led with tenacity and innate good judgment on all of that and a lot more earned him not credit but crud from the usual suspects. Come to think of it, it has been the perfect precursor to Capitol Hill under complete GOP domination, if that's where we're headed. Poison darts, more lethal than ever, aimed at Obama, with the people suffering collateral damage, unavoidably.



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# Lessons from Ebola crisis

Continued from page 10

in Sierra Leone, 55 percent in Guinea, and 64 percent in Liberia). And, as noted above, women and children disproportionately suffer from the mass deprivation of economic and social rights that those numbers reflect.

I was in Sierra Leone when the evidence of the horrific atrocities during that civil war were everywhere to be seen: roadblocks which had previously been strung with human intestines, and beggars at street corners missing hands that had been cut off by the insurgents.

I was also there after the end of hostilities, when the humanitarian aid groups had mostly pulled out, leaving among other things a health system incapable of dealing with even the most basic health needs. Government facilities were missing essential supplies and medicines; health care workers often had no sutures or gloves, nor running water nor soap, and were using cell phones to provide light during surgical procedures.

The World Health Organization recommends a minimum of 23 healthcare workers per 10,000 people, but there is still a desperate shortage of health care workers in the affected countries; in Sierra Leone, there were just 0.2 physicians and 1.7 nurse/midwives per 10,000 people at the outset of this crisis.

When I visited in 2009, close to 50 percent of primary health care providers in Sierra Leone were receiving no salary. To survive they charged illicit fees, and for drugs, or sold bed nets on the private market.

We must learn lessons from the Ebola crisis: not just to build temporary structures staffed by foreigners, which

will disappear like sand castles when the crisis is eventually contained, or other horrors on our television screens draw our attention away.

This time, let's make sure we do not accept the status quo ante as 'normal,' and instead make long-term commitments to strengthening health systems, including public health measures. These will create not just more productivity and healthy years of life expectancy, but also promote people's own voice and agency and the possibility of living lives in dignity.

And let's take the time in finalising the SDGs to consider how best to tackle the rules of the global economic order, including the unfair terms for global trade, that drive the structural inequalities between countries. These limit the possibility of people enjoying their human rights even in the best of times, and can help set the stage for these horrific social calamities.

Ebola has shown vividly that we live in an invariably globalised world. We owe it to those with whom we share this planet, and to future generations, to establish a Sustainable Development Agenda that, as the Universal Declaration of Human Rights says, promotes a "social and international order in which the rights and freedoms set forth [in that Declaration] can be fully realized" by everyone.

*Alicia Ely Yamin is lecturer on Global Health and policy director at the Francois-Xavier Bagnoud Center for Health and Human Rights, Harvard University, and Chair of the Center for Economic and Social Rights. This article originally appeared on openGlobalRights.*

*Edited by Kitty Stapp*

# Water shutoff sign of neglect

Continued from page 10

framework are well developed.

That said, the United States is also unique in problematic aspects. There are unintended consequences of a water shutoff in the U.S. Unpaid bills are often converted to liens against properties, and homes are being foreclosed upon as a result of unpaid water and sewerage bills.

In Detroit and other cities, tenants who have no control over upkeep of properties they are renting are burdened with escalating water bills due to unrepaired leaks. Residences can be condemned for unsanitary conditions.

Most disturbing, water shutoff is a de facto sign of neglect: by law, children may be removed from the custodial care of their parents and placed in state care.

In the U.S., due to the legacy of racial discrimination of the past and the legacy of poverty resulting from racial discrimination, the demographics of consumers negatively impacted

by increasing water rates and shutoff programs are single female head of households, children, the disabled, the elderly and people of color.

In terms of urban water issues specifically, the United States shares with other countries significant gaps in understanding the contours of the problem— and in our policy framework to address it.

In the U.S., we do not know the extent of the problem or who is impacted. Neither health officials, utilities, local, state or federal governments are required to collect data. Nor do we have in place sufficient programmes to address the problem of lack of access by the poorest and most vulnerable.

There are few, if any, existing official data sources on the impact of water shutoffs.

*Patricia Jones is Senior Programme Leader for the Human Right to Water, Unitarian Universalist Service Committee*

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# Aristide

Continued from page 6

ing rocks and setting up fiery barricades. Their numbers vary, with just a few at times, but some are there at all times in a tense vigil.

"President Aristide loves us, the Haitian people, so we must protect him from those who want to persecute him," said Juste Wuilson Jean, one of a dozen men stationed outside the compound last week.

Authorities say the standoff may come to an end soon. The investigating magistrate, Lamarre Belizaire, recently summoned the police chief to court to explain why his order has not been carried out more than two months after it was issued. Police spokesman Frantz Lerebours said commanders are simply waiting for the best time to move.

"It's up to us to judge when the opportunity is right," Lerebours told The Associated Press. "We'll take action when we can have the least problems possible."

If Aristide is brought to court for questioning, Belizaire can drop the charges, allow him out on personal recognition while investigations continue, or lock him up in jail.

"Typically in Haiti, if the judge thinks there is reason to pursue the case, the accused is put in jail, usually for months, sometimes for years without trial," said attorney Brian Concanon, director and founder of the Institute for Justice and Democracy in Haiti. That outcome could lead to unrest for a country that has been enjoying a period of relative tranquility following years of tumult.

Although out of power for a decade, Aristide remains divisive in Haiti. He is beloved by many as a champion of the poor who led opposition to the dictator Jean-Claude Duvalier and he is reviled by some elements of the Haitian elite. Aristide became the country's first democratically elected president in 1990, was ousted from power within a year and

then returned to power with the backing of the U.S. government. He was ousted during his second term in 2004 in a violent rebellion amid accusations that he allowed corruption and orchestrated attacks on opponents.

The former priest is still popular enough that rumors of his impending arrest have prompted thousands of supporters to take to the streets of Port-au-Prince, burning tires and throwing stones or clapping their hands and singing, "Our blood is the blood of Aristide!"

Belizaire is investigating allegations of corruption, money laundering and drug trafficking dating from Aristide's second term. But the judge has not discussed details of his investigation publicly and declined interview requests.

Maryse Narcisse, the leader of the Fanmi Lavalas party that Aristide founded, denied that the former president was flouting the law, and argued he was never properly served with the summons to come to court for questioning.

One of Aristide's lawyers, Mario Joseph, asserts the allegations are meant to discredit Aristide, and by extension the Fanmi Lavalas party, before legislative and municipal elections. Voting was supposed to be called by the government of President Michel Martelly in 2011, but remains unscheduled due to a stalemate with six opposition senators. Presidential elections are also due next year.

But Prime Minister Laurent Lamothe dismissed those allegations as absurd, saying the judge is conducting an independent probe into a 2005 draft report from Haiti's financial intelligence unit that first made the corruption allegations against Aristide.

"The judge is an independent judge doing an independent inquiry into a report that was drafted six years before President Martelly was in office," Lamothe told

The Associated Press.

As is typical of Haiti's rumor mill, gossip is churning. One of the latest stories swirling through Port-au-Prince is that a special cell has already been prepared for Aristide at the dismal national penitentiary.

Salim Succar, legal counsel for the prime minister, said the rumors are "absolute gibberish." He said the judge's investigation of Aristide is a

"matter of justice" and Belizaire is "courageously" pursuing the matter against the ex-leader whose cult of personality remains strong, perhaps dangerously so, among Haiti's poor. He said guns have recently been fired menacingly outside the judge's home.

Many speculate there will be bloodshed in slums if Aristide is carted off to court, but others wonder whether Aristide, out of power for a decade, is mostly a faded force.

Alex Dupuy, a Haiti

expert and sociology professor at Wesleyan University in Connecticut, noted that Aristide's political party is divided and not as powerful as it used to be.

"There could be some unrest in Port-au-Prince areas where he still has some significant following. But given the shift in the political balance of power in Haiti, I doubt very much that his arrest would generally cause significant or sustained unrest," said Dupuy, author of a 2006 book

about Aristide titled "The Prophet and Power."

But in Bel Air, a rough warren of shacks on a hill overlooking the area where Haiti's national palace used to be before it pancaked in the 2010 earthquake, residents say they are bracing for more trouble than usual.

"Aristide is one of the big men of Haiti," said shoemaker Paul Francois Bonhomme as he played dominoes. "If he's arrested, there will be people in the streets and many will get hurt."

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# Antigua governor general knighted



Gov. Gen. Dr. Rodney Errey Lawrence Williams.  
Photo courtesy of Antigua & Barbuda government

By Nelson A. King

The government of Antigua and Barbuda says Queen Elizabeth II, on the advice of the government, has conferred orders for the appointment of Gov. Gen. Dr. Rodney Errey Lawrence Williams to the Most Distinguished Order of St. Michael and St. George.

Consequently, an Antigua and Barbuda government statement on Wednesday said the governor general is now “an Ordinary Member First Class or Knight Grand Cross of the said Most Distinguished Order (GCMG).”

The award, which is dated Aug. 30, 2014, was announced in the London Gazette of Oct. 17, 2014.

“As a result of the knighthood, His Excellency will receive the title of ‘Sir,’ the statement said. “His spouse will now be referred to as ‘Lady.’”

# Belize fights to save a crucial barrier reef

By Aaron Humes

BELIZE CITY, Oct 20 2014 (IPS) - Home to the second longest barrier reef in the world and the largest in the Western Hemisphere, which provides jobs in fishing, tourism and other industries which feed the lifeblood of the economy, Belize has long been acutely aware of the need to protect its marine resources from both human and natural activities.

However, there has been a recent decline in the production and export of marine products including conch, lobster, and fish, even as tourism figures continue to increase.

The decline is not helped by overfishing and the harvest of immature conch and lobster outside of the standard fishing season. But the primary reason for less conch and lobster

in Belize’s waters, according to local experts, is excess ocean acidity which is making it difficult for popular crustacean species such as conch and lobster, which depend on their hard, spiny shells to survive, to grow and mature.

According to the executive director of the Caribbean Community Climate Change Center (CCCCC), Dr. Kendrick Leslie, acidification is as important and as detrimental to the sustainability of the Barrier Reef and the ocean generally as warming of the atmosphere and other factors generally associated with climate change.

Carbon dioxide which is emitted in the atmosphere from greenhouse gases is absorbed into the ocean as carbonic acid, which interacts

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# Twenty years of spiritual cleansing, herbal healing

By Tangerine Clarke

Menes de Groit and his wife Mama Nyaah proudly stated that over the last 20 years, Cosmic Enterprise - Healing Village has helped to transform parts of the Bedford Stuyvesant neighborhood from a drug-nest, to what it is today, "Healed, thought cleansing, music, and education."

The 147 Rockaway Ave., Brooklyn location, have successfully treated numerous customers with Alfalfa which is high in protein; Red Clover, a blood thinner to help hypertension; Fennel; Echinacea; Golden Seal and its branded "Bourda Bittah Tonic" a top selling colon cleanser.

The herbal doctors also prescribe a cocktail for diabetes, to cleanse the liver, to rebuild the pancreas and nourish the blood supply. Root tonics, herbal formulas, natural organic products, and a plethora of other herbs have made the proprietors household names.

"Water consumption, and regular colon cleansing helps to alleviate build up in the system that cause the stomach to protrude," said the herbal specialists.

Mama Nyaah, a former international drug distribution professional who began mixing herbs in her kitchen, and de Groit a trained U.S. Navy medic were motivated by their deep-rooted belief in natural healing.

Handed down to them by their grandparents, Mama Nyaah while growing up Trinidad and de Groit in Guyana. The herbalists agree that destiny brought them together during a healing ceremony in Washington DC, many years ago.

"I didn't fully understand the foundation that was being laid for me to do what I am doing today," said de Groit,



Standing in Cosmic Enterprise - Healing Village, is Menes de Groit holding the best selling colon cleansing bitters, and Mama Nyaah holding her award received during the commemoration of Trinidad & Tobago's 50th Independence Anniversary.

Photo by Tangerine Clarke

who was discouraged from opening the store in the local area, where the first customers were drug addicts wanting to be cleansed of their addiction.

De Groit was honored by Senator

John Sampson and the Guyana Cultural Association, while Mama Nyaah was honored during Trinidad & Tobago's 50th Independence anniversary celebration. They were both honored

for their extraordinary contribution in the diverse community. They continue to receive testimonials from clients such as Jennifer Callwood who credits Cosmic Enterprise with healing her illness.

"I am thankful to my grandmother, and the old folks from Bedford Stuyvesant and Guyana's Bourda Market, who saw my potential for healing and taught me about herbs," said de Groit.

Honored on Oct. 28, with the "People of Distinction Humanitarian Award" by CBS Radio host Al Cole at an NYU ceremony, de Groit said, "Both conventional and herbal medicine have their benefits but herbal medicine has been around for as long humans have been on the planet."

The son of former legendary Guyanese Jazz drummer Art Sebastian Broomes, de Groit has followed his bloodline to become a healer and international master drummer. He has trained many youth and created the Shanto Rhythm, which he has performed at the Yankee Stadium and in Times Square for the Eco Fest Celebration.

De Groit is a well-respected Kwe Kwe (Guyanese wedding ceremony) specialist in the community, while he and Mamma Nyaah have been spiritual leaders at Medgar Evers College Sankofa program for 22 years, for which they received awards. He was initiated into the Sangoma tradition during his trip to South Africa to trace his roots, and has shared his knowledge on "Your health is your welcome," a Brooklyn radio show.

He noted that the health food business is growing in America, because people are going back to the traditional way of living.

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# Walt Frazier's 30-year love affair with St. Croix



By Linda Walters

The 2014/2015 NBA season is entering full gear. With an ever expanding fan base and the public's growing interest in the lavish lifestyles of its super-hero athletes, basketball is no stranger to opulence. Once in awhile, there is an individual who stands out as a true testament to style, grace, endurance and yes, even quality of life. If the name Walt Clyde Frazier comes to mind, it just might be due to his on going love affair with basketball, the tranquil island of St. Croix and definitely, his continued dominance in the game of life.

Two years ago, Frazier and ARK Restaurants partnered in the construction and creation of a fabulously appointed eatery on Manhattan's West Side. Clyde Frazier's Wine & Dine which is conveniently located at 485 10th Ave. features bistro style dining, an in-house basketball court, several huge flat screen televisions for your viewing pleasure and a host of

athletes, celebrities and fans of the game who stop in frequently. On Friday, Oct.31, the Halloween festivities begin at 8:00 p.m. with no cover charge and a contest with prizes which include Knicks tickets, \$100 cash give aways and more.

Frazier, known as much for his flamboyant style of dress as for his acumen while playing for the New York Knickerbockers, can still be seen at every Knicks game weighing in with solid sports commentary and well seasoned talking points. He continues to be admired by millions of fans, both old and new.

Television commercials which air frequently touting "Just for Men" cosmetic products as well as the recent re-release of "Rockin Steady:A Guide to Basketball & Cool" published by Triumph Publishing more than 30 years ago, designate this basketball icon as one who still adds new fans daily. Many of them may not have ever seen him play ball but

are ultimately intrigued by his style, his on-air presence and, of course, his longevity. Add his newest gig, Walt Frazier's Wine & Dine, and you have a socially relevant environment, a huge sports draw and a great food oriented hang out.

In 1979, Frazier purchased a single structure property on one and a half acres in St. Croix for a reported sum of \$275,000. That initial purchase has now become a five and a half acre compound consisting of one large main house surrounded by 13 smaller guest houses located within walking distance. Each one and/or two bedroom building has its own descriptive name, including Seaview, The Clubhouse, the Pool House, the Pink House, the Loft and the Island House. Many are outfitted with individual wood decks with hot tubs and/ or an in- ground pool. Strategically placed gazebos dot the landscape throughout the property creating unique relaxation spots which

offer sumptuous views of flowering bushes, trees and tropical plants.

"St. Croix is my sanctuary," Frazier said when asked how he balances New York, St. Croix and basketball throughout the

year. "I love the nuances, the sun, wind and the rain," he added. He often tends to the gardens himself when he is on property. At other times, they are meticulously cared for by a full time gardener.

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<b>North Central Bronx Hospital</b> <b>3424 Kossuth Avenue</b> <b>The Bronx</b> 13 <sup>th</sup> Floor, Room 13A-32 Thursday, November 6 9:00 A.M. – 12:00 P.M.	<b>Jacobi Hospital</b> <b>1400 Pelham Parkway South</b> <b>The Bronx</b> Building 1, 4 <sup>th</sup> Floor Auditorium Friday, November 7 10:00 A.M. – 1:00 P.M.	<b>Parkside Senior Center</b> <b>644 Adee Avenue</b> <b>The Bronx</b> 1 <sup>st</sup> Floor, Lunch Room Friday, November 7 9:00 A.M. – 12:00 P.M.
<b>Segundo Ruiz Belvis D&amp;T Center</b> <b>545 East 142<sup>nd</sup> Street</b> <b>The Bronx</b> 3 <sup>rd</sup> Floor, Medical Library Friday, November 7 11:00 A.M. – 1:00 P.M.	<b>Morrisania D&amp;T Center</b> <b>1225 Gerard Avenue</b> <b>The Bronx</b> 2 <sup>nd</sup> Floor, Room 214 Tuesday, November 18 11:00 A.M. – 1:00 P.M.	<b>Segundo Ruiz Belvis D&amp;T Center</b> <b>545 East 142<sup>nd</sup> Street</b> <b>The Bronx</b> 3 <sup>rd</sup> Floor, Medical Library Wednesday, November 19 11:00 A.M. – 1:00 P.M.

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# Caribbean haunts spotlight in Halloween list



The Rose Hall Great House in Montego Bay, Jamaica.

Photo courtesy of [www.jamaicagatewaytravels.com](http://www.jamaicagatewaytravels.com)

By Vinette K. Pryce

When Bob Marley sang “there’s a natural mystic blowing through the air,” he was not recording a warning about Halloween or making any reference to All Hallows Eve.

However, in the spirit of Halloween, USA Today, one of the most prominent national newspapers in America managed to shine a spotlight on the Caribbean and some of the destinations that harbor myths and mysteries surrounding ghoulish occurrences.

Although none is as musical as the wailing message from the king of reggae, Jamaica tops the list of destinations that creepy tales lurk with local folks.

“The rest of the region hadn’t a ghost of a chance of competing with Jamaica in the publication’s roundup of

“things that go bump in the night,” a report stated.

Beginning with the story of the infamous “White Witch of Rose Hall” – and possibly the Caribbean’s first serial killer – Annie Palmer, who presided over the mansion located in Montego Bay, eerie tales dominate the daily retelling to tourists who pay a fee to tour the restored Great House.

According to the tale, inside the Georgian mansion built in 1770, an English woman ruled. According to the newspaper account, Palmer “was a ruthless mistress, practicing voodoo and torture, murdering her three husbands and then taking up with her slaves, who she would poison when she grew tired of them.

“Even today, there are accounts of mysterious bloodstains appearing on the floors,

whispers, footsteps and the wailings of distressed infants.

“Some claim to have seen a ghostly rider clad in green velvet, galloping across the grounds at night astride a black horse. Local scuttlebutt in Montego Bay claims that in decades no one has dared spend a full night alone in the house.

“Musical legend Johnny Cash was so impressed by the stories of the White Witch of Jamaica that he wrote a song about her, ‘The Ballad of Annie

Palmer.”

Through decades after her death, the mansion remained a source of fear. Local Jamaicans refused to even walk by the ruins that stood as a reminder of the reputed White Witch.

An enterprising American capitalized on the myth by restoring the vast property that is now a major tourist attraction.

On the opposite end of the island, the former pirate haven of Port Royal was once

known as “The Wickedest City in Christendom” and many claimed it was divine retribution when the area was devastated by a massive earthquake in 1692.

“Most ghost stories take place at night, when shadows add an element of confusion and mystery to sightings of apparitions. Not in Port Royal; locals believe ghosts of those killed in the earthquake still roam the earth, appearing on days when the sun is at its brightest.”



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<b>Metropolitan Hospital</b>  <b>1901 First Avenue</b> <b>Manhattan</b> 1 <sup>st</sup> Floor, Room 1B35 Thursday, November 13 9:00 A.M. – 12:00 P.M.	<b>Queens Hospital Center</b>  <b>82-68 164<sup>th</sup> Street</b> <b>Queens</b> N Building, 1 <sup>st</sup> Floor, Auditorium Thursday, November 20 2:00 P.M. – 4:00 P.M.	<b>Elmhurst Hospital</b>  <b>79-01 Broadway</b> <b>Queens</b> 1 <sup>st</sup> Floor, Auditorium A122 Monday, November 24 9:00 A.M. – 11:30 A.M.
<b>Metropolitan Hospital</b>  <b>1901 First Avenue</b> <b>Manhattan</b> 1 <sup>st</sup> Floor, Room 1B35 Monday, November 24 12:00 P.M. – 4:00 P.M.	<b>Queens Hospital Center</b>  <b>82-68 164<sup>th</sup> Street</b> <b>Queens</b> N Building, 1 <sup>st</sup> Floor, Auditorium Friday, November 28 2:00 P.M. – 5:00 P.M.	<b>Elmhurst Hospital</b>  <b>79-01 Broadway</b> <b>Queens</b> 1 <sup>st</sup> Floor, Auditorium A122 Thursday, December 4 9:00 A.M. – 11:30 A.M.

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# Understanding ankle fractures to get the right treatment



**Metro Creative Connection**

Ankle fractures are one of the most common types of broken bone injuries. They also may be one of the most complex, and, therefore, should always be treated by an orthopedic professional to ensure healing.

The ankle is a joint of the body where three bones meet at the foot. The talus is the bone below the ankle joint. The tibia is the larger shin bone, and the fibula is the smaller outside bone of the leg. The ankle is a weight-bearing joint, and the tibia alone is responsible for carrying 90 percent of the weight-bearing pressure while walking.

In an ankle fracture, any number of scenarios may occur as to where the break is located. Fractures can also occur in multiple locations. Because of this complexity, an X-ray must be taken and a doctor must tai-

lor treatment on an individual basis.

**Symptoms of ankle fracture**

There are a number of symptoms that may indicate an ankle fracture. However, these symptoms may also occur in a sprain, or in torn ligaments, which is why X-rays will be needed to rule out other causes. Pain, swelling, bruising, inability to put weight on the ankle, and deformities are all possible symptoms.

**Fracture treatments**

Depending upon the severity of the fracture, some breaks can be healed simply with a cast, while others may require surgery to stabilize the ankle and help prevent arthritis issues down the line. Here are the typical treatments for an ankle fracture.

- Ice and elevation: Swelling will most likely occur with a break. Elevating the foot and applying ice helps reduce swelling and prevent damage to surrounding tissues.

- Reduction: If there is displacement of the ankle joint, a reduction — where they realign the joint and bones — will be performed. This may be done under mild anesthesia.

- Surgery: Surgery is necessary for many types of ankle breaks. Surgery will be discussed on an individual basis and may require the insertion of metal hardware (such as plates, wires, pins, or screws) to further stabilize the bones. Surgery will be done under full anesthesia and there will be one or more incisions to reach the bones. The hardware may be left in unless it poses discomfort, or removed after the stabilization is complete.

- Immobilization: With or without surgery, some type of immobilization of the ankle will occur. This may be achieved with a splint, short-leg cast, removable cast, or whatever the orthopedist recommends. There may be several different immobilization methods used as swelling diminishes. For example, a patient may start out in a splint, progress to a cast, then be given a walking support boot.

- Non-weight bearing: There

will be a portion of time where no weight will be allowed on the injured ankle. Crutches, canes and walkers can be used to support the body and prevent weight from being placed on the foot. Typically, it takes six to eight weeks for a fracture to heal in an adult. However, this doesn't mean the patient will be up on his feet after this point in time. Many doctors prefer little to no weight be placed on a fracture for several months.

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# Eleven tips to help you better care for your foot

## North American Precis Syndicate

If you're like most people, you take 8,000 to 10,000 steps a day. Here are 12 more steps you can take to keep your feet in good shape:

**Find the right sandals.** Sunny days and warm nights may encourage wearing flip-flops, but it's a good idea to get the kind made of high-quality, soft leather to minimize the potential for blisters. Make sure your foot doesn't hang over the edge and beware of irritation where the toe thong fits. It can lead to blisters and infections. Don't wear flip-flops to play sports, do yard work or walk long distances.

**Protect your skin.** Keep your feet healthy with a waterproof, oil-free sunscreen every time you wear sandals outdoors.

**Treat your feet.** Dr. Kathleen Stone, president of the American Podiatric Medical Association, says, "Pampering and grooming your feet promotes good foot hygiene and should be done frequently to contribute not only to your foot health in warmer weather but also to your body's overall health." Try soaking your feet for at least five minutes in a bucket of cool water.

**Keep skin smooth.** Use a foot file or pumice stone to gently smooth the skin around the heel and the balls and sides of your feet.

**Don't cut cuticles.** Gently push back cuticles with a cuticle pusher or manicure stick. Cuticles provide a protective barrier against infection and should never be cut.

**Prevent infection.** To prevent fungal infections, and viruses that cause warts, wash your feet daily with soap and water, drying carefully, especially between the toes.



Podiatrists are uniquely qualified to diagnose and treat conditions of the foot and ankle.

**Change shoes regularly.** Don't wear the same shoes continuously.

**Keep shoes on.** Avoid walking bare-foot, particularly in public showers and locker rooms. Bare feet are exposed to plantar warts and athlete's foot.

**Cooling down.** To prevent hot, sweaty feet and foot odor, rub cornstarch or roll-on antiperspirant directly on the soles of your feet.

**Prevent ingrown nails.** Use a nail clipper to cut toenails straight across. Then, use an emery board to smooth the nail edges by filing in one direction without drastically rounding the edges. When toenail edges are rounded, it increases the chances for painful ingrown toenails.

**See a professional.** Consult a podiatrist if you have any foot pain or other problems affecting your feet. Podiatrists, explains Dr. Stone, are uniquely qualified to diagnose and treat conditions of the foot and ankle.

*For more information about foot care or to find a podiatrist near you, visit [www.apma.org](http://www.apma.org).*

## Popular shoes can damage women's feet

### Metro Creative Connection

For years foot doctors and orthopedists have been chastising women for wearing high heels because of the myriad foot ailments that can result. However, it seems a popular flat shoe can cause a host of foot, back and hip trouble in its own right.

Sheepskin boots that are popular to wear during the year, whether Uggs or the multitude of knock-off brands available, may be unhealthy for your feet, say experts. That's because the boots and similar shoes and slippers provide virtually no support for the arch of the foot. Individuals who have a low arch

to begin with may experience further flattening of the arch and resulting foot trouble.

What's more, these shoes also do not provide much support around the ankle or, for that matter, any other part of the foot. The foot is simply able to slide around in the boot. Eventually, this lack of support can cause foot pain, which may travel up the legs into the hip and back.

Doctors warn that women, regardless of foot arch, should not wear these boots as their primary shoe source or for long durations of time, especially when doing a lot of walking.

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# CARIBBEAN ROUNDUP

Continued from page 2

place to deal with the virus which there is no known cure.

Bunting said Jamaica was using the conference to garner further technical information on the establishment and management of military health systems in emergency situations, including states of emergency that may be declared in the midst of a pandemic.

## Trinidad

Jamaat al Muslimeen leader Yasin Abu Bakr was deported from Jamaica when he and one of his wives and his son, Fuad arrived at the Norman Manley International Airport last week to attend the 19th anniversary of the Louis Farakhan march which took place at the National Arena in Kingston.

He was detained under Jamaican Immigration Laws and also under protocols associated with the UN resolution on terrorism which was recently supported by both Jamaica and Trinidad and Tobago.

Bakr, who led 113 Jamaat al Muslimeen members in a failed coup against the Trinidad and Tobago government in 1990, said he was not a threat to Jamaica's national security and is blaming the Trinidad and Tobago government for his deportation.

Bakr issued a statement about the incident that took place at the Norman Manley International Airport on Wednesday, Oct. 8, 2014 in which he was detained and handcuffed, when he became agitated after immigration officials said that he would not be admitted into Jamaica.

The incident came at a time when

Jamaica has called on T&T National Security Minister Gary Griffith to "refrain from continuing to muddy the integration waters" as it responded to his statement that the influx of thousands of illegal Jamaicans into Trinidad and Tobago is putting a strain on the country's resources.

Recently 13 Jamaican nationals were deported when they arrived from Jamaica after immigration authorities declared them "undesirables."

The Jamaicans told the Jamaica Gleaner they were not only denied entry but treated badly and claimed they were traumatized as a result.

## Jamaica

The Jamaican government has been asked to hold talks with the government of Qatar concerning the imprisonment of a Jamaica pilot in that country.

The opposition Jamaica's Labor Party (JL) spokesman on Foreign Affairs, Edmund Bartlett, wants the Ministry of Foreign Affairs to have "dialogue with the government of Qatar to facilitate the pardoning of Paul Andrew Stephens, a Jamaican pilot now languishing in a Qatar prison for the past three years."

Stephens was charged with raping a co-worker's daughter, but was sentenced for "mistrust of a minor" because the court did not establish a case for rape.

According to Bartlett, the parents and friends of Stephens have written several letters to Foreign Affairs Minister AJ Nicholson and Information Minister Sandra Falconer seeking the government's assistance.

— compiled by Azad Ali

# Barrier reef

Continued from page 14

with the calcium present in the shells of conch and lobster to form calcium carbonate, dissolving those shells and reducing their numbers. Belize also faces continuous difficulties with coral bleaching, which has attacked several key sections of the reef in recent years.

Dr. Leslie told IPS that activities on Belize's terrestrial land mass are also contributing to the problems under Belize's waters. "What happens on the land will eventually reach the sea, via our rivers," he noted.

To fight these new problems, there is need for more research and accurate, up to the minute data.

Last month, the European Union (EU), as part of its Global Climate Change Alliance Caribbean Support Project handed over to the government of Belize and specifically the Ministry of Forestry, Fisheries and Sustainable Development for its continued usage a Coral Reef Early Warning System (CREWS) buoy based at South Water Caye off the Stann Creek District in

southern Belize.

Developed by the U.S. National Oceanic and Atmospheric Administration (NOAA), it has been adopted by the CCCCC as a centerpiece of the effort to obtain reliable data as a basis for strategies for fighting climate change.

Dr. Leslie says the CREWS system represents a leap forward in research technology on climate change. The humble buoy hosts several instruments designed to measure conditions above and below the water, and keep track of these developing threats. The data collected on atmospheric and oceanic conditions such as oceanic turbidity, levels of carbon dioxide and other harmful elements and others are monitored from the Centre's office in Belmopan and the data sent along to international scientists who can more concretely analyse it.

The South Water Caye CREWS station is one of two in Belize; the other is located at the University of Belize's Environmental Research Institute (ERI) on Calabash Caye in the Turneffe Atoll range. Other stations are located in Jamaica, Barbados, Trinidad and Tobago, and the Dominican Republic.



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# Uniting Haitians

Continued from page 3 advocates.

"I am so delighted that an HFRP program will be implemented early next year," Eugene said. "As someone who has been calling for the creation of an HFRP program for several years, I know that this opportunity will save lives and reunite family members who have been separated for far too long."

"I commend President Obama, the Department

of Homeland Security, and the many elected officials, religious leaders and immigration advocates who have played a role in making this momentous day become a reality," he added.

"I am also very proud that so many of my fellow Council Members joined with me in 2012 to overwhelmingly pass a resolution urging the federal government to create the HFRP program," Eugene continued. "Without this

program, many Haitian families have been separated for five, 10, and even sometimes 15 years as they waited for visas to reunite them with loved ones."

Caribbean American Congresswoman Yvette D. Clarke, who attended the press conference, noted that the HFRP program is "modeled on a bill" that she introduced in the U.S. House of Representatives in 2010.

"As we celebrate today, let us remember the work of families and children around the United States,

especially in Brooklyn, to achieve the reunification of these families," said Clarke who represents the 9th Congressional District in Brooklyn.

"You raised your voices and, finally, the federal government listened," added Clarke, is a member of the House of Representatives' Committee on Small Business, Ethics, and Homeland Security, where she is the Ranking Member of the Subcommittee on Cybersecurity, Infrastructure Protection and Security Technologies.

"Finally, the husbands who were separated from their wives, and the parents who were separated from the children, will have the opportunity to enter the United States to start their pursuit of the American Dream," she continued.

In 2011, Clarke and New York junior senator Kirsten Gillibrand wrote a letter to President Obama asking him to implement the program.

"I am hopeful that this program will form the basis for a broader policy that will allow

families from around the world to avoid unnecessary delays in reuniting here in the United States," said Clarke, who represents many neighborhoods in central and southern Brooklyn, including Brownsville, Crown Heights, East Flatbush, Flatbush, Geri-ritsen Beach, Madison, Midwood, parts of Park Slope and Flatlands, Prospect Heights, Prospect-Lefferts Gardens, Sheepshad Bay and Windsor Terrace. "The wait must end."

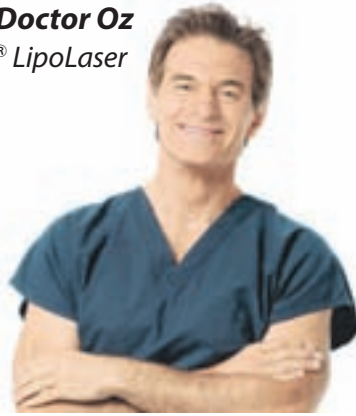
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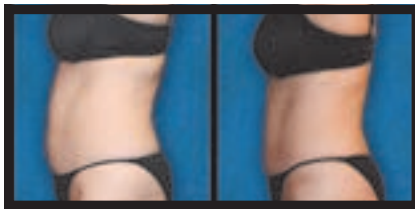
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## Independence award

Continued from page 3

gram. After later the Emmanuel High School in Kingstown, the Vincentian capital.

She developed a love for track and field, and would participate in up to 11 events in one track and field meet, earning the sobriquet "The Horse". She was the captain of Green House and a member of the National Athletics Association training squad.

But Legair's secondary education was cut short; she was forced to drop out after completing the Third Form.

Determined, however, to pursue her education, she attended evening classes and gained G.C.E O' Level certification in accounting and English.

She became the first female to work at the "all men" Vector Control Division in the Ministry of Health and the Environment, as a field inspector, and was very instrumental in the employment of other females in that pro-

gram. After baby-sitting in New York, she worked for several leading business concerns, including Morgan Stanley, Bank of New York Mellon, AIG and GE.

She is currently employed as an accountant and operates a homed-based tax preparation business.

Besides CDO, Legair serves on a number of community organizations in New York.

She is, among other things, chairperson of COSAGO's Culture and Sports Committee; treasurer of the Brooklyn-based St. Vincent and the Grenadines Diaspora Committee of New York and the Caribbean-American Cultural Group, Inc.; one of the founding members and an advisor to the Friends of Sion Hill, Inc.; and a member of the Steering Committee of the newly-formed Vincentian-American Chamber of Commerce.



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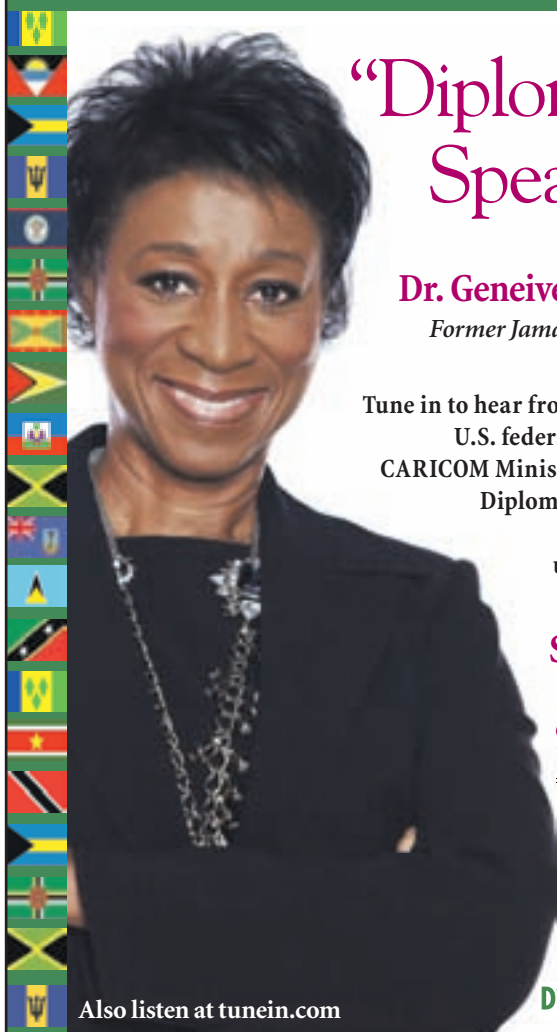
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# Carib Film Festival spotlights '70s



“WAR” in Guyana; “Debt” in Jamaica; and “Revolution” in Grenada & TT.

Revolts in the French and Spanish Caribbean often define protests in the region. Often referenced as the “largest and



## Inside Life

By Vinette K. Pryce

most successful slave rebellion in the Western

Hemisphere,” the Haitian rebellion from 1791 to 1803 ended France’s domination over the Caribbean nation and in the process stopped slavery there.

Although Spain relented to Cuba’s demand for independence during the end of the 19th century -- (formally in 1902) attorney Fidel Castro, his brother Raul and a determined group of freedom fighters successfully established the first communist state in the Western Hemisphere by “leading an overthrow of the military dictatorship” that now celebrate the Jan. 1, 1959 Cuban revolution.

Lesser discussed are uprisings throughout the English-speaking Caribbean.

During a two-day focus on former British colonies, “Wake The Town & Tell The People” spotlighted five films that feature footage retracing explosive events that occurred during the 1970s and more ironically after colonial rule.

“W.A.R. Stories” directed by Clairmont Chung delved into events preceding the 1980 bomb-blast murder of 38-year-old, Guyanese intellectual and leader Walter Anthony Rodney. The heart-wrenching details provided insights into his relentless pursuit of human rights and informed on the leadership of Prime Minister Forbes Burnham under whose leadership Rodney ultimately died. Accounts from Rodney’s brothers, his widow Pat, daughter, educators, UWI professors, classmates and Jamaican intellectual Rex Nettleford compile a treasure trove of historic documents to hail Rodney, revolutionary.

“Until today I knew nothing about a revolution in my country,” a Guyana native explained after the screening. “No one has ever told me about this, not even my mother.”

Montserrat national Dana Mano who resides in Manhattan said she made a special effort to see Chung’s enlightening document. Accompanied by her mother – who lives in Jersey City, New Jersey – the educator and songwriter who teaches at Fashion Institute of Technology (FIT) said she felt compelled to drive to Medgar Evers College in Brooklyn in order to see the telling film presented by the Caribbean Cultural Theatre.

On the previous day, audiences sat through screenings of “Life & Debt,” a documentary focusing on Jamaica; “70 Remembering a Revolution” an eye-opening chronicle of the Black Power uprising in Trinidad & Tobago, and the reflective retelling of Grenada’s worst political upheaval entitled “Forward Ever: The Killing of a Revolution.”

All three documentaries provided poignant perspectives on how the Civil Rights Movement here impacted on the united revolutionary actions that unfortunately resulted in the deaths of nationals in those Caribbean islands.

The revealing, too-short weekend presentation seemed to educate an eclectic audience who agreed the film fest needed a week’s worth time allotted for screenings and discussions than the two days offered.

*Catch You On The Inside!*

E. Wayne McDonald and filmmaker Stephanie Black.  
Photo by Vinette K. Pryce



# ENTERTAINMENT

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George Letrell (l.) as Frankie refuses to share a letter from Chilly with Megan, played by Dianne Dixon.

Photo by Kevin Zimmerman

## Chilly learns the hard way

By Kevin Zimmerman

As clichéd sayings go, you don't always know what you've got till it's gone covers territory from the commonplace to life-changing events.

Rather than spending your time seeking out bigger and better people, objects and desires, focus your energy on making the most out of what you already have.

You may not have much, but at least it is yours.

It's a lesson that a young Jamaican

Continued on Page 38

## Learie Joseph comedy

The comedic prowess of one of the Caribbean's most sought-after talents will be on full display when Learie Joseph, in one of his now infrequent New York appearances, takes center stage for an entire evening of guaranteed riotous laughter, Saturday, Nov. 8 at Tropical Paradise Ballroom, starting at 8:30 p.m.

Joseph, who has come to be seen as being in a league all his own as an entertainer and master of sketch comedy, will be joined by two of his performance sidekicks, Wendell Etienne and Delores Alexander.

Trinidad-born Joseph started his own company, Learie's Comedy Marathon, in 1995 after several years spent with the Trinidad Theatre Workshop. By then proving himself adept at both performing and writing, with a particular flair for comedy, he crafted dozens of skits that have over the years been performed by himself and

Continued on Page 38



# CALYPSO KING

Vincentian Dennis Bowman wins calypso crown in New York.

Photo by Nelson A. King

## Bowman captures Independence title

By Nelson A. King

Dennis Bowman, a finalist in the national calypso competition in Vincy Mas 2014, last Saturday morning captured the inaugural New York calypso crown from a field of 11 challengers amid much controversy.

Some elements of the audience at Café Omar, at the corner of Nostrand Avenue and Clarendon Road in Brooklyn, did not withhold their displeasure by booing when the top three spots were announced, by co-

Master of Ceremony Hailes Castello, shortly after 3:00 a.m.

Franklyn "Supadex" Richards, who rendered "All Ah We Ah Vincy, and Brother Don, who sang "Bring Back Vincy to We," placed second and third, respectively.

But Ainsley Primus – president of the Dynamite Calypso Tent, the lone Vincentian calypso tent in the United States, which organized the event – told Caribbean Life afterwards that the auditor apparently erred in tabulating the results.

Primus said while Bowman was the clear winner, with "Not Giving up," based on the judges' score, Richards and Brother Don should have placed lower down the order. The judges were Monty Constant, Samuel "Kala" Gordon and Cauldric Forbes.

Without disclosing the respective position of John Dougan ("Our Independence") and Exposer ("Fight Back"), Primus said they should have placed higher in the competi-

Continued on Page 38

## TOP OF THE CHARTS

### TOP 10 SINGLES



- 1 **Shake It Off**  
Taylor Swift
- 2 **All About That Bass**  
Meghan Trainor
- 3 **Black Widow**  
Iggy Azalea Feat. Rita Ora
- 4 **Don't Tell 'Em**  
Jeremih Featuring YG
- 5 **Bang Bang**  
Jessie J, Ariana Grande ...
- 6 **Habits (Stay High)**  
Tove Lo
- 7 **Stay With Me**  
Sam Smith
- 8 **Boom Clap**  
Charli XCX
- 9 **Don't**  
Ed Sheeran
- 10 **Am I Wrong**  
Nico & Vinz

### TOP 10 ALBUMS



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- 2 **rose ave.**  
You+Me
- 3 **Old Boots, New Dirt**  
Jason Aldean
- 4 **People Keep Talking**  
Hoodie Allen
- 5 **Blood Moon: Year**  
The Game
- 6 **Sweet Talker**  
Jessie J
- 7 **In The Lonely Hour**  
Sam Smith
- 8 **Sadnecessary**  
Milky Chance
- 9 **Hozier**  
Hozier
- 10 **Ride Out**  
Bob Seger



# Vincentian calypso

Continued from page 37

tion, based on the judges' tabulation. Except for Bowman, Richards and Brother Don, the position of the other artists was not announced.

Primus said he was expected to meet this week with the judges and his executive in finalizing the results, but stated that Bowman will remain

**"There was no doubt in my mind [that] the crown was mine," he added. "The song is itself lyrically rich. When you come to presenting a song, you can count on Dennis Bowman to deliver that."**

the undisputed winner of the inaugural event.

Nonetheless, Bowman, who earlier this year won Dynamic's New Song Competition, said, shortly after competition, he was confident of victory.

"Excellent! Excellent!" he exclaimed when Caribbean Life asked him about his per-

formance. "If you listen to the song lyrically, musically, the song is right up there."

"There was no doubt in my mind [that] the crown was mine," he added. "The song is itself lyrically rich. When you come to presenting a song, you can count on Dennis Bowman to deliver that."

The chorus in "Not Giving Up" goes: "Not me/Am not giving up on my country/Am not giving up on my home/I see foreigners come down here in disrepair/And make it their paradise/Which clearly tells me/That something about SVG have to be nice/So am not giving up on my country/Am not giving up on my home/No matter where I may roam/Not me."

Dougan noted that "SVG Nice" and Exposure wanted to "Fight Back."

Other contenders were: Striker ("We are Vincentian"); Fabulous T ("Happy Independence"); Wise Guy ("Happy Anniversary"); Jose Juan ("I Miss You"); Jakie ("Independence"); Groovy D ("What A World We Live In"); and John Cumbay ("Our Independence").



Franklyn "Supadex" Richards performing at Cafe Omar in Brooklyn.  
Photo by Nelson A. King



Rudy Shaw (l.) as Pursey and Atika Greene as Chilly talk after their Green Card marriage in "A Bowl of Chilly Foreign Mind."  
Photo by Kevin Zimmerman

## Chilly

Continued from page 37

woman, named Chilly, learns in the most difficult way in Kerry Ann Gill's comedy "A Bowl of Chilly Foreign Mind" now at the Black Spectrum Theatre through Sunday.

Gill has created a breezy, adult comedy, akin to a sitcom one might find on a basic cable channel, that follows the story of runaway bride Chilly on her quest for a better life in New York

City.

Well, it is a life that Chilly believes will be better than the one she currently shares with her safe but boring financé Frankie.

So it doesn't take much for Chilly to ditch Frankie — without even a note — and follow the handsome and wealthy American tourist, Courtney, back to Brooklyn.

Once stateside, Chilly quickly learns Courtney may not be the man he claimed to be back on the Caribbean beaches.

Atika Greene beautifully

captures the self-serving Chilly, who does not consider anyone else before she acts. Greene then capably demonstrates the changes Chilly goes through once Courtney morphs from Mr. Right to Mr. Wrong.

Chilly is not a nice person, so you enjoy seeing her come-uppance at first, but then you start to feel sorry for her, which is a real testament to Greene's acting ability.

Dianne Dixon as Chilly's best friend Megan offers plenty of real laughs.

Whether it is watching this buxom young woman shake her booty as she cleans the house or express her true feelings to Frankie after a night of some serious drinking, Dixon lights up the stage each time she steps onto it.

And as Courtney's landlord Pursey, actor Rudy Shaw makes the most of this lecherous and blind middle-aged man.

When Chilly first shows up from Jamaica, Pursey is dismayed she arrived without even a bottle of the island's iconic alcoholic beverage.

"I would pretend to like you just for the rum," Pursey tells Chilly.

## Comedy

Continued from page 37

his troupe regulars. Appearing in concert at venues all over Trinidad and Tobago as well as overseas, Joseph has seen his reputation as a comedy institution explode to out-size proportions, on the strength of the phenomenal crowd appeal that has now become synonymous with his shows. Clearly at the top of his game as a major comedic presence, he has taken his popular show to stages in the U.S., Canada and throughout the Caribbean.

The Nov. 8 audience is in for a treat, when Joseph and his supporting cast get into skit material that routinely elicits end-to-end belly laughs. Veteran samplers of the Joseph-style humor know that his material runs the gamut of topics —unrequited love, running afoul of the law, childhood misadventures, infidelity, etc.

Doors open at 7:00 p.m. for the show's 8:30 p.m. start. Tropical Paradise Ballroom is located at 1367 Utica Ave., Brooklyn (between Farragut & Foster). Tickets can be purchased at the usual neighborhood outlets. The show is a production of Unique Caribbean Promotions.



# Misanthrope rises to role model in character portrait

**“St.Vincent”**  
 Very Good (3 stars)  
 Rated PG-13 for  
 sexuality, profanity,  
 smoking, mature  
 themes and substance  
 abuse  
 Running time: 102  
 minutes  
 Distributor: The  
 Weinstein Company



Bill Murray (left) and Jaeden Lieberher star in “St. Vincent.”

Photo by Atsushi Nishijima

**By Kam Williams**

Almost nothing is right in Vincent MacKenna’s (Bill Murray) life. The aging, Vietnam War vet is still suffering from PTSD. Plus, he’s fighting a losing battle against booze, cigarettes and gambling, which has left him deeply indebted to a vicious loan shark (Terrence Howard).

In fact, Zucko is threatening to break Vincent’s kneecaps if he doesn’t come up with the cash in a couple weeks. Trouble is the miserable misan-

thrope doesn’t have a friend in the world, unless you count Daka (Naomi Watts), the pregnant prostitute he befriended at a neighborhood strip club. Unfortunately, Vincent can come up with no better solu-

tion to his money woes than wagering on long shots at his favorite haunt, Belmont race track.

Meanwhile, he’s also concerned about his wife, Sandy (Donna Mitchell), who’s been

suffering from Alzheimer’s for the past eight years. He still visits her regularly at the elderly care facility, despite the fact that she no longer recognizes him.

The last thing you’d think

Vincent might need would be a new, next-door neighbor who’s more of a burden than a help. But, that’s just what he gets in Maggie (Melissa McCarthy) a single-mom desperate enough for a babysitter that she’s willing to let him babysit her latchkey kid.

Oliver (Jaeden Lieberher) attends Catholic school where the pint-sized 12-year-old is picked on by bullies. This makes the boy a prime candidate for the sort of toughening Vincent has to offer, lessons on everything from boxing to betting.

Written and directed by Theodore Melfi, “St. Vincent” is a bittersweet, unlikely-buddies flick which works more in terms of comedy than drama. There’s something a tad unconvincing about the ambitious adventure’s sentimental side.

The film has one glaring flaw, a rushed feeling resulting from the introduction of more plotlines than it has time to develop fully.

## Independent & Foreign Films

ABCs of Death 2 (Unrated) Horror sequel featuring another 26 short comedies by 26 different directors, each titled for a different letter of the alphabet, from

A is for Amateur to Z is for Zygote. Cast includes Martina Garcia, Tristan Risk, Beatrice Dalle and Andy Nyman. (In English, Hebrew, Japanese, French and Portuguese)

All You Need Is Love (Unrated) Sigourney Weaver narrates this inspirational documentary chronicling the daily lives, dreams and plight of Burmese children attending the Good Morning School in Mae Sot, Thailand in defiance of the dictates of their own country’s repressive regime.

Before I Go to Sleep (R for profanity and graphic violence) Screen adaptation of the S.J. Watson best seller of the same name revolving around an amnesiac (Nicole Kidman) whose husband (Colin Firth) has to remind her every morning that her memory gets erased every time she falls asleep. With Mark Strong, Anne-Marie Duff and Adam Levy.

Bitter Honey (Unrated) Female empowerment documentary exposing the betrayal and violence visited upon abused Balinese women stuck in polygamous marriages. (In Indonesian with subtitles)

Braddock (Unrated) Cinematic tribute to a tiny town in Pennsylvania of historical significance as it tries to reinvent itself in order to remain relevant in the 21st Century.



### Kam’s Kapsules

By Kam Williams

God the Father (R for violence) Mafia documentary in which former Colombo crime family mobster Michael Franzese recounts finding his faith and being born again after learning that his own father had taken out a contract on him.

The Hazda: Last of the First (Unrated) Anthropological examination one of the world’s last remaining tribe of hunter-gatherers, the Hazda, who have lived in Africa’s Rift valley for the past 50,000 years. Narrated by Alfre Woodard, and featuring commentary by primatologist Jane Goodall and geneticist Spencer Wells.

Hit by Lightning (Unrated) Romantic comedy about an aspiring writer (Jon Cryer) who gets more than he bargained for when the passionate lover (Stephanie Szostak) he meets online suddenly announces she’s married and pressures him to murder her rabbi hubby (Jed Rees). With Will Sasso, Alexis Maitland and Sean Tucker.

Horns (R for sexuality, profanity, rape, disturbing violence, drug use and graphic nudity) Daniel “Harry Potter” Radcliffe stars in this horror fantasy as the prime suspect in his girlfriend’s (Juno Temple) murder who wakes up with horns growing out of his head after a night of heavy drinking. Featuring Max Minghella, Joe Anderson and Kelli Garner.

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# SUN KULCHA COMMUNITY EVENTS

**FRI., OCT. 31**

**HALLOWEEN FUN:** Enjoy light refreshments, Frannie the clown, face painting and trick or treating from 3:00 p.m. - 6:00 p.m. Please RSVP by calling (868) 539-0999.

**SAT., NOV. 1**

**MUSEUM:** Target First Saturday celebrates the thriving art community of Brooklyn and our exhibition "Crossing Brooklyn: Art from Bushwick, Bed-Stuy, and Beyond" through artist projects, music, and performances. Highlights include music by PitchBlak Brass Band and Brooklyn Bodega; projects by Crossing Brooklyn artists Bryan Zanisnik, Nobutaka Aozaki, and Project EATS; and a UnionDocs presentation of the Living Los Sures project, a collaborative web documentary about the changing landscape of South Williamsburg. Some Target First Saturday programs have limited space and are ticketed on a first-come, first-served basis. \*Denotes a ticketed event. Museum admission is free from 5:00 p.m. to 11:00 p.m. and includes entrance to galleries and events. Programs are subject to change without notice. For more information, visit [www.brooklynmuseum.org](http://www.brooklynmuseum.org). Museum galleries are open until 11:00 p.m. Parking is a flat rate of \$5 from 5:00 p.m. to 11:00 p.m. 200 Eastern Pkwy., New York 11238.

**MUSIC:** Marilyn Kim Oliver invites you to an evening of classical and spiritual song and music with guest artist Thomas Silkos. The evening of music starts at 4:00 p.m. South Oxford Space, 138 South Oxford St., Brooklyn, NY 11217. Admission: \$20.

**SUN., NOV. 2**

**COMEDY:** Actress/comedian/television personality Sunda Croonquist headlines a talented lineup of female performers at the upcoming "Sisters of Comedy" showcase at Gotham Comedy Club in Manhattan. Showtime: 8:00 p.m., admission is \$20. There is a two-drink minimum with part of the proceeds going to the NYC based non-profit Black Women's Blueprint, which work on behalf of women and community in Brooklyn and nationally. For reservations and additional information, call (212) 367-9000 or go to: [www.GothamComedyClub.com](http://www.GothamComedyClub.com).

**MUSIC:** Brooklyn Center for the Performing Arts at Brooklyn College continues its 60th Anniversary Season with a family concert by Hot Peas 'N Butter at 2:00 p.m. Incorporating five languages and lots of fun audience interaction, this multicultural children's band uses elements of traditional Latin music, Afro-Caribbean rhythms, jazz, folk, and rock to create engaging music that'll have kids dancing in the aisles. Tickets are \$9 and can be purchased at [BrooklynCenter.org](http://BrooklynCenter.org) or by calling the box office at (718) 951-4500

## HALLOWEEN FUN

**OCT. 31:** Enjoy light refreshments, Frannie the clown, face painting and trick or treating from 3:00 p.m. - 6:00 p.m. Please RSVP by calling (868) 539-0999.



## DONATIONS

**ONGOING:** Donations are being accepted at the Friends of Crown Heights Center located at 671 Prospect Place, Brooklyn. Items needed include medical supplies, non-perishable food, clothes, shoes, candles.



## FORECLOSURE ASSISTANCE

**ONGOING:** Are you behind in your mortgage or seeking a modification? Come in for free services and assistance. We will help you as much as possible to keep your home. Referrals for free legal assistance are also available. To schedule an appointment or for more information, call (718) 469-4679.

(Tues-Sat, 1:00 p.m.-6:00 p.m.)

**WED., NOV. 5**

**PLANTING:** Learn tips on preparing your in/outdoor plants and lawn for the coming winter at 6:00 p.m. Tips on transiting outdoor plants to indoor and more. There will be a free plant giveaway. H.E.S., 9502 Seaview Ave. (bet. East 95th & East 96th streets) Brooklyn, NY 11236. To RSVP, call (718) 469.4679, email: [infoef\\_01@nhsnyc.org](mailto:infoef_01@nhsnyc.org) or go to <http://bit.ly/1wsOWMj>. Sponsored by Neighborhood Housing Services of East Flatbush, a not-for-profit housing organization and Canarsie Blooms.

**THURS., NOV. 6-SAT., NOV. 8**

**FILM:** In celebration of The Andy Warhol Museum's 20th anniversary, this multimedia performance event comprises 15 never-before-seen films captured by Andy Warhol between 1963 and 1966 with his original 16mm camera. Five songwriter-composers representing a musical trajectory from the 1970s until today perform scores to these rare Warhol selections—a combination of portraits and actualités

(non-fiction films using footage from real life, but without a documentary's narrative arc). The films feature such superstars and luminaries as Taylor Mead, Mary Woronov, Edie Sedgwick, Mario Montez, John Giorno, Marcel Duchamp, Marisol, Donovan, and Warhol himself. The evening's composers and performers, selected by music curator Dean Wareham (Luna, Dean & Britta), who also performs, include punk icons Tom Verlaine (Television) and Martin Rev (Suicide), Bradford Cox (Deerhunter, Atlas Sound), and Eleanor Friedberger, formerly of The Fiery Furnaces. All songs are original contributions except for a Wareham cover of the song "Where Did Everyone Go To?" by Antoine (real name Pierre Antoine Muraciolo), a subject of the film Nico/Antoine. Showtime: 7:30 p.m. Tickets start at \$25.

**ONGOING**

**FLOOD RELIEF:** Donations are being accepted at the Friends of Crown Heights Center located at 671 Prospect Place, Brooklyn. Donations will also be accepted by Mirtha Colon, a Garifuna from Honduras, who operates Hondurans Against Aids

out of Casa Yurumein in the Bronx. Casa Yurumein is located at 874 Prospect Ave. in the South Bronx, corner of Westchester Avenue. Checks and money orders are welcomed and should be made out to "SVG Community Inc." Anyone in the Long Island area who wishes to make a donation but cannot drive to Brooklyn, please call (347) 488-4395 to arrange a drop off or to arrange for Colon to pick up the donation. Items needed include medical supplies, non-perishable food, clothes, shoes, candles. Monetary donations can be made in the form of checks or money orders addressed to "SVG Community Inc."

**INSURANCE POLICY REVIEW:** Are you covered adequately by your homeowner's insurance? Are you paying too much? NHS will review your policy free of cost. We also speak to community groups about how the changing flood maps will impact your policy and flood insurance. For more information, call (718) 469-4679. Sponsored by Neighborhood Housing Services of East Flatbush is a not-for-profit housing organization. [www.nhsnyc.org](http://www.nhsnyc.org) Sponsored by NeighborWorks of America, Neighborhood Housing Services and Freddie Mac.

**PASSPORT APPLICATION CENTER:** Brooklyn Public Library (BPL) has launched a second Passport Application Center at the Kings Highway Library providing a convenient facility for Brooklyn residents and new immigrants to apply for passports. Hours are temporarily set for 10:00 a.m. - 3:00 p.m. from Monday through Friday and Sunday by appointment. The center is closed on Saturdays until further notice. The library is located at 2115 Ocean Ave., Brooklyn, NY 11229. To make an appointment, call (718) 230-2292 or (718) 375-3037 ext. 128.

**FEATURING HOME REPAIR:** Is your boiler, water main or roof in need of fixing? Do you need major repairs done but lack the finances? Now is the best time to fix it. Neighborhood Housing Services of East Flatbush, a not-for-profit housing organization can assist you. For more information on the Home Improvement Programs, call (718) 469-4679 or visit [www.nhsfoeastflatbush.org](http://www.nhsfoeastflatbush.org).

**FORECLOSURE:** Are you behind in your mortgage or seeking a modification? Come in for free services and assistance. We will help you as much as possible to keep your home. Referrals for free legal assistance are also available. To schedule an appointment or for more information, call (718) 469-4679. Sponsored by Neighborhood Housing Services of East Flatbush and the Center for New York City Neighborhoods, not-for-profit organizations. [www.nhsnyc.org](http://www.nhsnyc.org).

*If you have an event that you would like to post in Sun Kulcha, please email your submission to [CaribbeanLife@cnglocal.com](mailto:CaribbeanLife@cnglocal.com). All submissions are subject to a review by the editor.*

*Compiled by Natalie Y. Henry*



# SPORTS

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Senior forward Jalen Cannon.  
Photo courtesy of St. Francis Brooklyn Athletic Communications

## LIU, Terriers seek to be winners

By Robert Elkin

After doing so well over previous years and then slipping last winter, the Long Island University Blackbirds are hoping to bounce back from an under .500 record to post a winning mark and make the Northeast Conference playoff tournament to gain an automatic bid into the NCAA tournament.

Last year's sensational guard Jason Brickman who averaged about 10 assists a game, had a great eye for the court and

Continued on Page 42

## Cricket board's legal woes

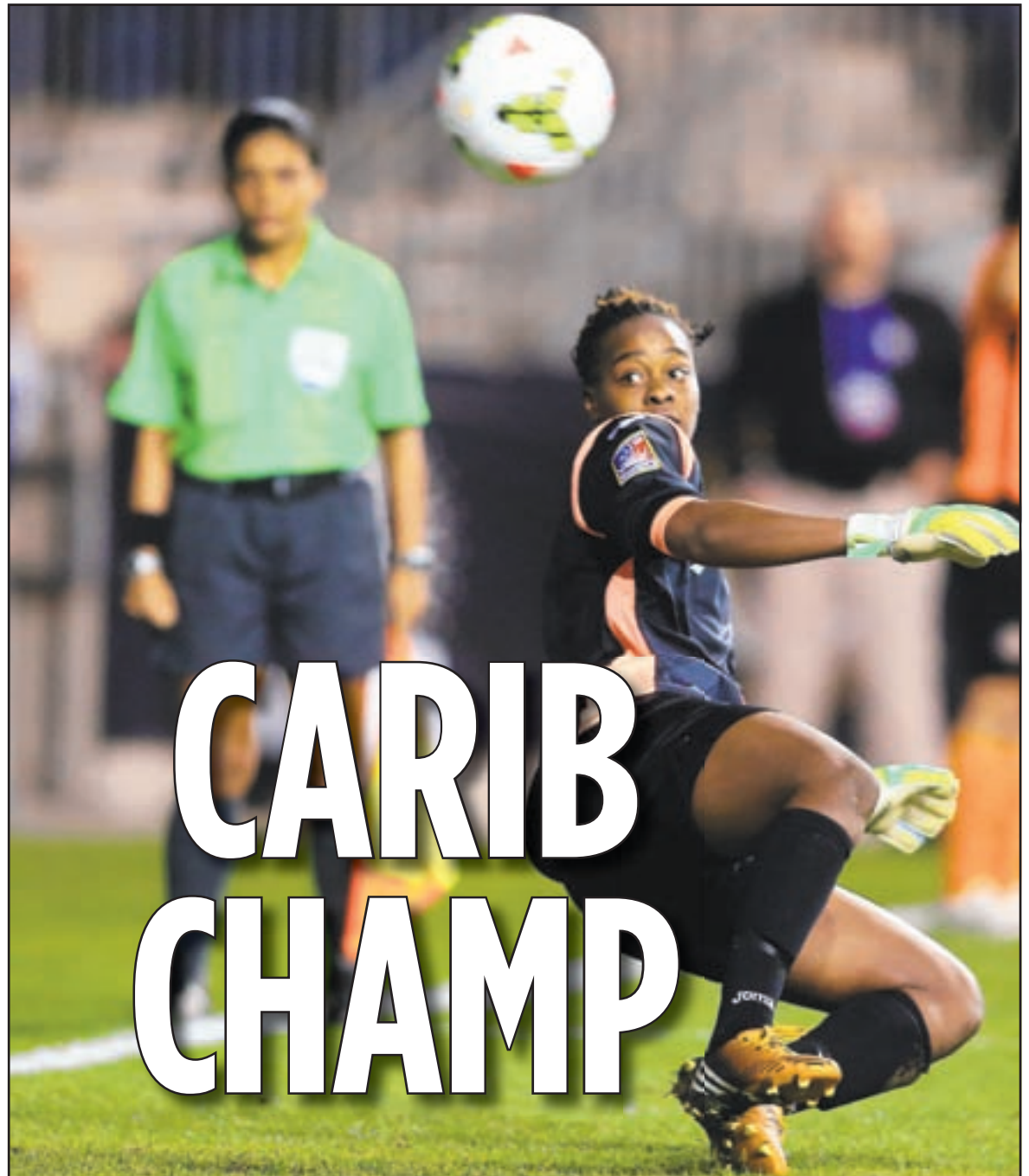
By Azad Ali

The Board of Control in India (BCCI) says it will initiate legal proceedings against the West Indies Cricket Board (WICB) over the decision of the players to suddenly abandon the tour.

The BCCI working committee has also decided to suspend all bilateral tours to the West Indies, in response to the visitors pulling out over a pay dispute with the West Indies Players Association (WIPA).

India was expected to travel to the West Indies four times in the next eight years.

"The BCCI will initiate legal proceedings against West Indies Cricket Board due to the abrupt cancellation of this tour," it said in a statement after a meeting last Tuesday in the southern city of



Kimika Forbes (1) of Trinidad & Tobago is beaten on a penalty kick in overtime during a CONCACAF Women's World Cup semi-final qualifier against Costa Rica at PPL Park, in Chester PA. Costa Rica won on penalty kicks after a 1-1 tie in regulation.

Icon Sportswire via AP Images

## Soca Princesses make gallant effort

By Patrick Horne

The Trinidad and Tobago Women's National Team made a gallant effort to make history as the first Caribbean team to qualify for a FIFA Women's World Cup, in a third-place game against Mexico in the 2014 CONCACAF championship and qual-

ifying tournament last Sunday afternoon at PPL Park in Chester, PA.

The Soca Princesses made a gallant effort because as the underdog to a more experienced Mexican team, they went the distance and more, taking Mexico team into overtime before succumbing to Veronica Cor-

ral's winner in the 103rd minute, during the first of two 15-minute overtime periods. Corral scored a second goal in the 106th minute to complete the 4-2 score line as Mexico secured the third automatic berth to the 2015 FIFA Women's World Cup

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performed as best as he could. He did so the previous three years when the Blackbirds advanced into the NCAA tournament. That is when his teammates also starred on the court and marked some of the greatest days in Blackbird history. He certainly will be missed as the team is re-tooling. He is now playing overseas.

Now the four other holdovers must gell with the eight newcomers in the hope of putting a winning season together. Jack Perri is in his third season as head coach of the Blackbirds.

“We’ll take it day by day and take it one day at a time approach,” said Perri “because there are so many new guys on the roster.”

Heading this year’s roster is one of two returning starting guards in senior Gerrell Martin who suffered from a heart ailment last year.

“Since last March we had to get him back (on the court),” Perri said on Northeast Conference media day at the Barclays Center, also home of the Brooklyn Nets of the National Basketball Association. “He’s been on the shelf for a few months. We just got clearance for him. He’ll be playing the wing position.”

Otherwise, the Blackbirds have a lot of new players, who are young and can handle the ball as compared to last year when Brickman handed the show from the guard spot. Brickman is now doing very well in Russia. The Blackbirds must now make up for his loss.

“Our players can create off the dribble, have versatility (on the court) and are good shooters,” added Perri. “All of the starting positions are up for grabs.”

Newcomers include potential starters in the backcourt in Martin Hermannsson and Omar Ferguson, both freshmen. And Ivan Fleming, a sophomore, also had a good fall. The front court is a little bit banged up. Inexperience as a group is also a weakness.

Defensively, the Blackbirds will play a lot of man-to-man and switch on defense.



Players of Costa Rica celebrate their penalty kick shootout win over Trinidad & Tobago during a CONCACAF Women’s World Cup semi-final qualifier at PPL Park, in Chester PA. Costa Rica won on penalty kicks after a 1-1 tie in regulation. Icon Sportswire via AP Images

## Another chance awaits Trinidad

Continued from page 41

scheduled for several cities in Canada next summer.

The USA and Costa Rica have secured the first two of the three automatic berths for CONCACAF. As the fourth-place team in CONCACAF, Trinidad and Tobago gets another chance to make history when it plays Ecuador in a home-and-away playoff series for a final berth. The first game will be on Nov. 8, in Quito and the return match on Dec. 2, in Trinidad and Tobago.

The Trinidadians revealed their inexperience by allowing Mexico to recover and tie the game at 2-2 within a minute after Maria Shade had given the Soca Princesses a 2-1 lead in the 77th minute. Trinidad didn’t adhere to the principle that a team is most vul-

nerable just after it scores: amidst the euphoria of taking the lead, the Trinidadians lost focus and intensity for a moment and the experienced Mexicans took advantage. Trinidad trailed, 1-0, in the 24th minute when Sandra Stephany put Mexico ahead, but equalized, 1-1, in the 57th through a header by Kenya Cordner. Monica Campo scored Mexico’s crucial equalizer and then the winner at 3-2.

The Soca Princesses need better organization in their attack; the movement off the ball, composure and decision-making in front of the goal has to improve if they are to defeat Ecuador. They also must improve their heading on defense, a weakness that led to two crucial goals for Mexico – the equalizer then the game-winner.

Trinidad is the Caribbean champion

and is the only team to compete in all nine CONCACAF Women’s Championships. The Trinidadians came into the game after an opening 1-0 loss to the USA and wins against Haiti, 1-0, and 2-1 versus Guatemala in the group stage. In the semifinal stage, the Soca Princess lost to Costa Rica on penalties after a 1-1 draw in regulation.

Mexico lost to Costa Rica, 1-0, but bounced back with wins versus Martinique, 10-0, and Jamaica, 3-1, at the group stage. The Tricolors lost to the USA in the semifinals; Mexico made eight appearances in CONCACAF World Cup qualifying tournaments which resulted in two trips to the Big Dance, 1999 and 2011.

The winner of the Trinidad and Tobago-Ecuador series will earn one of the three remaining available berths.

## WICB sends apology

Continued from page 41

Hyderabad.

“All bilateral tours between BCCI and WICB stand suspended,” the statement said.

The BCCI release made no specific mention of any claim for damages, but reports suggest that the BCCI suffered a loss of up to US\$65 million as a result of the pull out.

The West Indies followed through with threats to quit the tour after the fourth One-Day International in Dharamsala recently, with one more ODI, a Twenty20

and three Tests remaining.

The West Indies players pulled out of the tour claiming that WIPA signed a collective bargaining agreement (CBA) and memorandum of understanding without their knowledge and consent, and has called for WIPA President Wavell Hinds to resign.

Hinds has refused, and the WICB said it will honor the CBA and memorandum.

Meanwhile, the WICB has apologized to the BCCI over the unprecedented premature end of the West Indies tour to that country after the third One-Day International.



WIPB President Wavell Hinds.

AP Photo/Lynne Sladky, File

The WICB said it was deeply embarrassed by the premature and unfortunate end to the recent tour of India and apologized to the BCCI and all stakeholders-

especially the cricket loving public of the West Indies and India for the events leading up to the development.

The WICB said in a statement that it will be requesting a meeting with the BCCI as the first step in trying to repair the “longstanding good relationship” between the two boards.

According to the WICB, the board will be establishing a task force to review the premature end of the tour to India. These were the two decisions taken by the board of directors during their meeting in Barbados last week to review the fiasco.

The WICB also said it will use its best endeavors to ensure a successful tour of South Africa as scheduled.



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Stk #1444, 30,457 mi., 4 cyl, auto, air, sunroof, lthr, heated sts., back up cam, Bluetooth. Ttl pymts: \$15,048

**2012 INFINITI G37X AWD**  
  
BUY FOR **\$27,995**  
OR FINANCE FOR **\$335** PER MO. 72 MOS.  
Stk #U4818, 17,094 mi., V6, auto, Bluetooth, nav, leather, moonroof, back up cam. Ttl pymts: \$24,120

**2012 INFINITI G37X AWD**  
  
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# Eyes on Cricket

By George H. Whyte

## BCCI may fine WICB

West Indies cricketers pulled out of the tour of India after the fourth One-day International because of their refusal to accept a new payment structure introduced by the West Indies Cricket Board (WICB). The West Indies had agreed to play five One-day internationals, one Twenty20 and three Tests.

The action by the players is embarrassing to the WICB and can have a damaging effect on West Indies cricket overall. Too many times the WICB and the players have had various disputes and on some occasions it was with the West Indies Players Association. Sometimes the dispute remains unresolved for a long time leading to a crisis.

It is reported that the Board of Control for Cricket in India (BCCI) is considering what action should be taken against the WICB for its team pulling out of the tour to India mid-way, resulting in losses up to \$65 million.

### FUTURE TOURS IN TROUBLE

The pullout of the West Indies team is now causing uncertainty about the team's visit to South Africa in November. There are also fears that the West Indies chances of going to the World

Cup may suffer the same fate. Young and talented players are frustrated with this standoff.

The WICB must take full responsibility for this incomplete tour to India. It is responsible and obligated to complete all contracts to play cricket. The WICB must hurriedly resolve this impasse and place systems and structures in place to avoid such a situation re-occurring. Teams may not feel comfortable visiting the West Indies because of the unstable climate, which surrounds West Indies cricket.

### WEST INDIES CRICKET IN CRISIS

It is evident that the West Indies cricketers are not complying with the players association agreement with the WICB. This deepens the crisis because it seems as if the players have no confidence in the players' association. The players' association must show regard for the players' interest. Financially and otherwise, the president and chief executive officer of the WIPA must take up his responsibilities seriously and in good faith.



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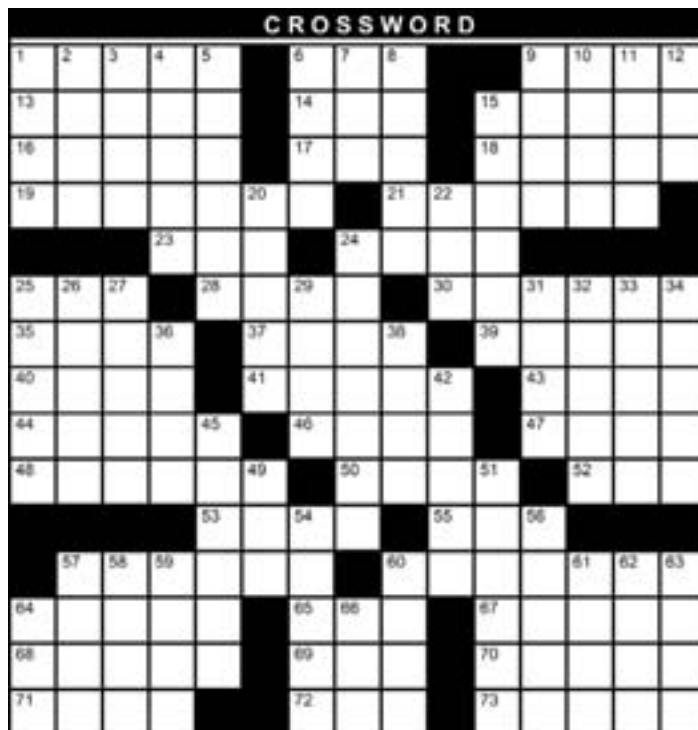
1. \*Hula dancers wear skirts made of this
6. Automated teller
9. Grain in "The House That Jack Built"
13. Send in payment
14. Indochinese language
15. Juan or his wife Evita
16. Administer oil to, often in religious ceremony
17. Make a choice
18. Fancy tie
19. \*Big band music dance
21. \*Distinctly urban dance
23. Do needlework
24. His alter ego was a doctor
25. Ship pronoun
28. "I'm \_\_\_\_ you"
30. Rubber gaskets
35. \*Dance to a ballerina
37. Chows down
39. Motionless
40. Aware of
41. \*Tony Manero's dance
43. Purse to go with evening gown
44. Searched, often used with "around"
46. \*Ballet move
47. Well-deserved reward

48. Matured
50. Lend a hand
52. "The Catcher in the \_\_\_\_"
53. "\_\_\_\_ we forget"
55. Beluga yield
57. \*Montparnasse dance
60. \*May Day dance prop
64. Fair market \_\_\_\_\_
65. \*Meryl Davis' and Charlie White's turf
67. Lowest deck on a ship
68. Real estate broker, e.g.
69. Driving hazard
70. Upholstery choice
71. Nessie's Loch
72. Drug approver
73. \_\_\_\_\_ or a spy

**DOWN**

1. Tennis great Steffi \_\_\_\_\_
2. She is a former U.S. Attorney General
3. Used for charging
4. River clay deposits
5. Three-dimensional sound
6. A bunch
7. \*Soft-shoe
8. Like an eaten blanket?
9. Mosquito net fabric
10. a.k.a. Atlantic Richfield Company
11. \*Ice dancer's jump
12. Dynamite
15. School assignments

20. Had title to
22. Altar avowal
24. Uncomfortable position
25. \*East Coast or West Coast dance
26. Kind of roll
27. Having an irregular edge
29. Peacock's pride
31. Bookkeeping entry
32. Fertilizer ingredient
33. Sticky
34. \*Electric \_\_\_\_\_
36. Was aware of
38. Healing sign
42. Performed at Teatro alla Scala
45. Pleasing to the ear
49. Cause of fairytale princess' downfall
51. "Let's Go Places" vehicle
54. Use nose as detector
56. Erasable programmable read only memory
57. \*Where dancer performed in Whisky a Go Go
58. Guinness and such
59. Women in habits
60. Large, prefix
61. Assortment
62. Take it easy
63. "All for one, one for all" sword
64. \*MGM song-and-dance star, \_\_\_\_ Johnson
66. Atlantic catch



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**ARIES: Mar 21/Apr 20**  
Aries, containing your emotions may be challenging this week. Exciting events begin to unfold, so enjoy them as much as possible. Enlist some friends to join the fun.

**TAURUS: Apr 21/May 21**  
Practice discretion this week, Taurus. You do not know how a particular situation will unfold, so it is better to stay neutral until the entire situation settles. Then you can take action.

**GEMINI: May 22/June 21**  
Some colleagues may want to goof off all week long and get nothing accomplished, Gemini. But you have other goals and know some hard work now means fun later.

**CANCER: Jun 22/Jul 22**  
It is time for you to step up and take the reins, Cancer. Your leadership skills have long been an asset, and it's time to put them to use for the greater good.

**LEO: Jul 23/Aug 23**  
Leo, an upcoming adventure has you brimming with excitement. Some people are drawn to your vigor, while others are a little uncomfortable.

**VIRGO: Aug 24/Sept 22**  
Downplay your authority this week, Virgo. Newcomers to your place of employment will feel more comfortable around you if they don't have to worry about rank.

**LIBRA: Sept 23/Oct 23**  
Libra, it is impossible to postpone a commitment any longer. It may not seem like the right time just yet, but you need to forge ahead anyway and handle things as they come.

**SCORPIO: Oct 24/Nov 22**  
It is easy to feel burnt out before you achieve a goal, Scorpio. You just need to learn how to pace yourself a little better and to ignore distractions that result in delays.

**SAGITTARIUS: Nov 23/Dec 21**  
Express your creativity this week, Sagittarius. You have long felt the desire to display this other side, and now is a great time to do so. Encourage others to do the same.

**CAPRICORN: Dec 22/Jan 20**  
Capricorn, express your emotions this week even if you think your ideas will not garner much support. Exercise diplomacy, as you do not want to engage in any conflicts.

**AQUARIUS: Jan 21/Feb 18**  
You may explore different interests and hobbies this week only to find that nothing seems to be the right fit, Aquarius. Do not let it get you down. You will find the answer.

**PISCES: Feb 19/Mar 20**  
Don't squander money on a lavish purchase this week, Pisces. There are better ways to spend your money in the coming weeks.

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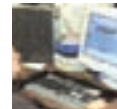
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**Leticia James Warns Consumers About Classified Ads**

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► **LEGAL**

**NOTICE OF FORMATION** of limited liability company (LLC). Name: THREE STAR CONSTRUCTION GROUP LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 08/05/2014. Office location: Kings County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: Three Star Construction Group LLC 2970 Pitkin Ave Brooklyn, NY 11208. Purpose: any lawful purpose.

► **LEGAL**

**NOTICE OF SALE**  
SUPREME COURT - COUNTY OF KINGS  
U.S. BANK, N.A. AS SUCCESSOR TRUSTEE TO BANK OF AMERICA, N.A. AS SUCCESSOR BY MERGER TO LASALLE BANK N.A., AS TRUSTEE FOR MERRILL LYNCH FIRST FRANKLIN MORTGAGE LOAN TRUST, MORTGAGE LOAN ASSET-BACKED CERTIFICATES, SERIES 2007-1, Plaintiff, Against ..... Index No. 14712/2008 OSVALDO

► **LEGAL**

ACOSTA; et al., Defendants. Pursuant to a Judgment of Foreclosure and Sale duly entered 10/02/2013, I, the undersigned Referee will sell at public auction at Room 224 of Kings County Supreme Court, 360 Adams Street, Brooklyn, NY 11201 on 12/4/2014 at 2:30 pm premises known as 74-76 South 2nd Street, Brooklyn, NY 11211, and described as follows: ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough of Brooklyn, County of Kings, City and State of New York, Block 2416 and Lot 8. The approximate amount of the Judgment lien is \$973,828.71 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index # 14712/2008. Lyle F. Silversmith, Esq., Referee. DOONAN, GRAVES & LONGORIA, LLC MA, 100 CUMMINGS CENTER, SUITE 225D, BEVERLY, MA 01915 Dated:

► **LEGAL**

10/15/2014 File Number: 3312.05 PB  
**NOTICE OF SALE**  
SUPREME COURT: KINGS COUNTY. DEUTSCHE BANK NATIONAL TRUST COMPANY, AS INDENTURE TRUSTEE FOR NEW CENTURY ALTERNATIVE MORTGAGE LOAN TRUST 2006-ALT1, Pltf. vs. SHOWKAT ARA RAHMAN, et al, Defts. Index #6101/09. Pursuant to judgment of foreclosure and sale dated July 15, 2014, I will sell at public auction in Room 224 of Kings County Supreme Court, 360 Adams St., Brooklyn, NY on Thursday, Nov. 13, 2014 at 2:30 pm prem. k/a 14 Tehama St., Brooklyn, NY 11218 a/k/a Block 5307, Lot 62. Approx. amt. of judgment is \$591,459.86 plus costs and interest. Sold subject to terms and conditions of filed judgment and terms of sale. STEPHEN V. BARBARO, Referee, FRENKEL, LAMBERT, WEISS, WEISMAN & GORDON, LLP, Attys. for Pltf., 53 Gibson St., Bay Shore, NY. File No. 01-51148. #84830

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**YAMAHA** **\$219** **SAMSON** **\$269**

**BEHRINGER** **\$169**

**PIANO** **\$49** **GUITAR** **\$59**

**YAMAHA** **\$299** **PIANET** **\$189**

**HYBRID CONTROL** **STUDIO MIXER** **GEMINI**

**WIRELESS** **\$139** **\$179**

**MINI CONTROLLER** **NUMARK MIXTRACK** **TURN TABLE**

**\$99** **\$69**

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