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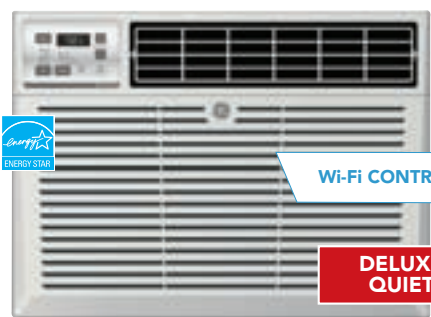
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Healthcare Awards Celebration

RIGHT DIRECTION: Sandy Freeland, operations director at Village Nursing Home, sought a career in health care after watching medical workers try in vain to save her ailing mother. She accepts her award from CNG executive vice president of advertising Amanda Tarley (right). **See story on page 6.** Photos by Louise Wateridge

CARICOM UNDER REVIEW

Jamaica wants to assess its relationship with the group

By Bert Wilkinson

Caribbean Community leaders meeting in Guyana from Monday are to have an extensive discussion on the implications of Britain's impending exit from the European Union but even as they do so, one of their own has made it clear that just like the Brits, the time has come for it to review its own relations with the regional family.

In mid June, Jamaican Prime Minister Andrew Holness, leader of the Jamaica Labor Party (JLP), established a CARICOM Review Commission largely because the island of about three million people is dissatis-

fied with trading arrangements in the group of 15 nations, especially mechanisms to settle trade and immigration disputes.

The moves came in the midst of a simmering and years-old row between Trinidad and Jamaica over what Jamaica says, is the lopsided level of trade between the two countries as well as the 'nasty habit' of Trinidadian immigration officers denying entry of Jamaican nationals to the country, single, young females in particular.

The allegation has much to do with sad tales from victims

Continued on Page 14

Rent Justice Coalition hail rent freeze

By Nelson A. King

The Rent Justice Coalition, a group of legal services, organizing, advocacy and tenants, as well as elected officials, have hailed Monday night's vote by the city's Rent Guidelines Board (RGB) to

freeze rents this year.

"The Rent Guidelines Board's decision to freeze rents this year demonstrates what we can accomplish when we raise our voices and stand up for tenants' rights," said Pilar DeJesus of the Rent Jus-

tice Coalition, which collaborated in pushing the RGB to use data and reason to pass more equitable, pro-tenant rent adjustments.

"Tenants from all over the city voiced their concerns,

Continued on Page 14

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Sir Hilary Beckles, vice chancellor of the University of the West Indies. Photo by George Alleyne

UWI undertakes global movement

By Dawn Plummer

At the hallmark of the Caribbean is the University of the West Indies (UWI). With a strong show of support for this iconic institution to strengthen its base, continue its work and to reposition itself in the 21st century, new steps are being taken by the university to be a standard bearer in this millennium.

The American Foundation for the University of the West Indies (AFUWI) organized an evening of mix and mingle on Thursday, June 23, in Manhattan, on 301 57th St. and 2nd Avenue and invited some graduates and supporters of the institution to participate in the launching of the University's "UWI Global Giving Week," Aug. 1-7, 2016. Past students and associates used an opportune time to build, network and aligned themselves to learn about aspects of the change and how they can contribute.

The "UWI Global Giving Week" will undertake a fund raising drive to help some well needed students at the university. The initiatives also are to strengthen the University's capacity to build its research capacity and innovation, to expand the university's international footprint through partnerships with institutions of higher learning in the United States, Europe and Latin America and to assist the university in continuing to be an instrumental force in regional development. These are some of the plans afoot that the university upholds, and plans to implement further strategic networks for continued growth. The Chairman of AFUWI is Golden Krust's President & CEO, Lowell Hawthorne. For his part, Hawthorne in his welcoming remarks to attendees, acknowledged the need for this change and expressed his support and call for the drive, "this is a worthy cause and it gives me an opportunity to help transform lives," Hawthorne said.

Political club celebrates male community leaders

By Nelson A. King

Seven community leaders will be honored at Tropical Paradise Ballroom on Utica Avenue in Brooklyn by the Progressive Democratic Political Association (PDPA), headed by former New York Council Member Dr. Una S.T. Clarke. The ceremony will be held on July 10 starting promptly at 4 pm.

They are: Richard Buery, a prominent leader in the Panamanian American community; Rickford Burke, a Guyanese-born legal and political consultant who has been involved in several successful political campaigns; George Hulse, of Health-First, an insurer regarded as a leader in service to the Brooklyn community; State Sen. Kevin Parker, of the 21st Senatorial District; Trevor Smith, of Tower Isle Frozen Foods, Ltd., the maker of Jamaican-style patties and sponsors of the Jamaican Bobsled team; Chasen Hollancid, director, Suede Hospitality Group; and Nelson King, Caribbean Life's senior writer.

"You would do well to bring yourself and at least a good friend to the Tropical Paradise Ballroom on Utica, on Sunday, July 10, where a select number of Brooklyn's community leaders will pick up a much-coveted honor from the political club that is the home base for Rep. Yvette D. Clarke of the 9th Congressional District and the matriarch of Central Brooklyn herself, Dr. Una Clarke, who continues to be a looming presence in the political life of the New York," said Veronica Phillips, the PDPA Vincentian-born vice chair.

Phillips added that the July 10 gala "focuses the attention on the men of



From left, Chasen Hollancid, Rickford Burke, Trevor Smith, Richard Buery and Nelson King. Nelson A. King

the area who have made notable contributions over the years to the strength and vibrant life of Brooklyn.

"This event is usually very well attended, including cameo appearances by a literal who's who of local, state and federal politics," she said. "The audience includes the guests of the honorees, who come out as a cheering section for the honorees, and also, we have members and friends of the club — which is a virtual cross-section of what is predominantly the Caribbean American community.

"Since our club has been instrumental in the elections of many public officials, our events have been graced by the presence of members of Congress, Federal senators, members of the State Assembly and State Senate, city councilmembers, judiciary, as well as other top political leaders of the city," Phillips continued.

She said tickets can be reserved by emailing chmonth2016@gmail.com with "Ticket Reservations" in the subject header. One can also call Joyce Henry at (917) 693-5415.

City Council passes resolutions for Haitian Day

By Nelson A. King

New York City Council has unanimously passed resolutions tabled by Haitian-born Council Member Dr. Mathieu Eugene calling on New York State and the United States to recognize the contributions Haitians have made in the U.S. by establishing a Haitian Day.

Resolution 687 establishes Oct. 9 — which signifies the Battle of Savannah, when Haitian soldiers fought for freedom with the United States — annually as New York City Haitian Day, in recognition of the historic contributions of the Haitian Diaspora to the City of New York.

Resolution 664 calls on the United States Congress and the New York State Legislature to pass — and the president of the United States and governor of the State of New York to sign — legislation to establish Oct. 9 annually as Haitian

Day in recognition of the historic contributions of Haitians to the United States.

"We are lucky to live in one of the most diverse places in the world. The character of New York has been shaped by so many different cultures and, since the beginning of American history, Haiti has helped shape this great nation," said Eugene, who represents the largely Caribbean 40th Council District in Brooklyn.

"My resolutions illustrate how the contributions of Haitians have made an impact in New York City, as well as the United States, he added. "Haitians are architects, lawyers, doctors, authors, musicians, and involved in every vocation possible, and together, we have made tremendous contributions to American art, medicine, law, culture, and most importantly, the his-

tory of the nation."

Eugene, the first Haitian to be elected to New York City Council said, notably, Haitian soldiers helped the United States fight for its freedom at the Battle of Savannah in 1779.

He said Chicago was founded by Haitian Jean Baptiste Point du Sable; and the Louisiana Purchase, which nearly doubled the amount of land owned by the United States, was only made possible because of the revolution in Haiti, led by Toussaint L'Ouverture.

In New York, Eugene said Haitian Pierre Toussaint was an early 1800s philanthropist, "who dedicated his life to helping others," stating that Pierre Toussaint was the founder of a Manhattan orphanage and helped pay for children's schooling, and that he also donated money to build Old St. Patrick's Cathedral.

Caribbean

The Caribbean Community (CARICOM) says it is closer to setting up a labor market information system for the Caribbean Single Market and Economy (CSME) after the 15-member grouping signed a memorandum of understanding (MoU) with the International Labor organization (ILO).



The CARICOM Secretariat said in a statement that the MoU allows CARICOM member states to utilize a software tool developed by the ILO for the facilitation of labor markets analysis and other related functions.

The software, called Stat, was first presented by the ILO at a recent global consultation hosted by the CARICOM Secretariat in October 2015.

The Secretariat said that coming out of subsequent meetings with member states, it was decided that the software tool was appropriate for setting up a CARICOM Labor Market Information System (LMIS).

The MoU authorizes CARICOM and its member states to use the software free of charge for the implantation of the LMIS both nationally and regionally.

Antigua

Antigua and Barbuda Prime Minister Gaston Browne said he had assets of EC\$30 million before he came into office and has dismissed allegations that he had accepted more than \$20,000 in bribes since he became leader of the Antigua Labor Party two years ago.



Speaking in parliament during the debate on legislation to abolish personal income tax, Browne said apart from one other politician, there is no other parliamentarian who would have come into government with the wealth he brought in 2014.

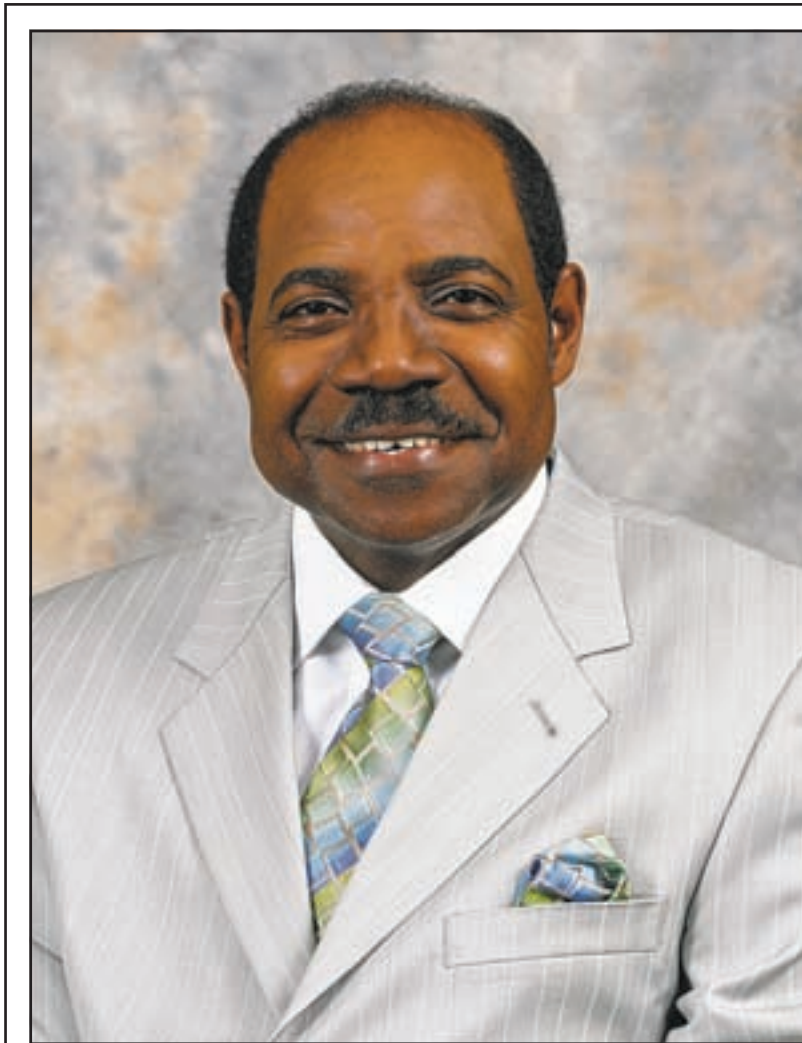
Browne revealed that he had declared more than EC\$30 million in assets to the Integrity Commission when he took up his position as prime minister.

He said a significant portion of his wealth included real estate assets throughout the island, heavy equipment as well as trucks and his involvement in rental cars for many years."

Browne said he was now in process of transferring most of interest to family members and since coming to office he acquired only one property.

Barbados

Barbados has by-passed Trinidad and Tobago and is importing liquefied natural gas (LNG) at double the price from the USA, according to a report by the U.S. Department of Energy's Office of



Tourists flock to Jamaica

Jamaica Minister of Tourism Edmund Bartlett.

Fossil Energy.

The report, which tracks LNG import and export data for the U.S. for the first four months of the year, shows five shipments of US LNG left Florida between Feb. 5 and April 29 bound for Barbados.

The shipments totaled 7.4 million cubic feet of LNG and fetched prices as high as US\$15.78 per million British thermal units (mmbtu), with the lowest price being US\$10 per mmbtu.

The highest price T&T has fetched for LNG exports to the US this year was US\$6.70 mmbtu. According to the report Trinidad and Tobago is now the only country in the world that exports LNG to the US.



Guyana

The Guyana government says it has indisputable evidence that Venezuelan soldiers had fired shots at several officers of the Guyana Geology and Mines

Commission (GGMC) late last month.

The Ministry of Foreign Affairs said in a statement: "The Venezuelan authorities would have done well to check with the troops in question at the observation post, La Boca, on Anoko island, who had furnished Guyana's investigators with an explanation, which the government of Guyana believes and which it has found to involve unacceptable behavior because it assumed it had rights of policing the river."



Caracas, which continues to lay claim to the Essequibo region, has denied the allegation that its soldiers fired upon the GGMC officials during the incident on May 30.

But Georgetown, in its statement recently said; "The statement, which the government of the Bolivarian Republic of Venezuela has chosen to release to the media, flies in the face of direct reports which the authorities of Guyana

received from the victims as well as the explanation which the representatives of Guyana's military received on May 31 from the Venezuelan corporal-in charge of the six troops who were involved in the incident."

The David Granger government said as a result it is rejecting Venezuela's assertion that the reported incident was part of an "international media campaign" and "an international effort to destabilize Venezuela."

Jamaica

Jamaica recorded a total of 1.5 million stopover and cruise ship visitors for the first quarter of this year.

Tourism Minister Edmund Bartlett made this disclosure during his contribution to the 2016/2017 Sectorial Debate in the House of Representatives recently.

He said that for the winter period, January to April 2016, Jamaica recorded a total of 773,458 stopover visitors and 745,220 cruise ship arrivals amounting to 1,518, 678 visitors overall. This, he said, represents a 7.6 per cent increase over the same period for 2015 when Jamaica welcomed 756,463 stopover visitors and 654,564 cruise passengers, totaling 1,411,027.



Bartlett further noted that, this year the ministry has been successful in increase airlift to Jamaica and had secured adequate seats to ensure a good winter and a successful summer.

In 2015 revenues from the stopover and cruise visitors totaled US\$2.5 billion.

St. Kitts

The government of St. Kitts and Nevis and Taiwan recently signed an agreement of bilateral cooperation. The two countries have long-standing diplomatic ties.

Speaking at the signing ceremony, Resident Ambassador of Taiwan, George Gow Wei Chiou, described the occasion as "very important for the relationship between St. Kitts and Nevis and the Republic of Taiwan."

The ambassador explained that according to the agreement, Taiwan will provide monetary grants to the Federation annually for a period of four years, adding that after that period, the agreement may be extended "according to a consensus of both countries."



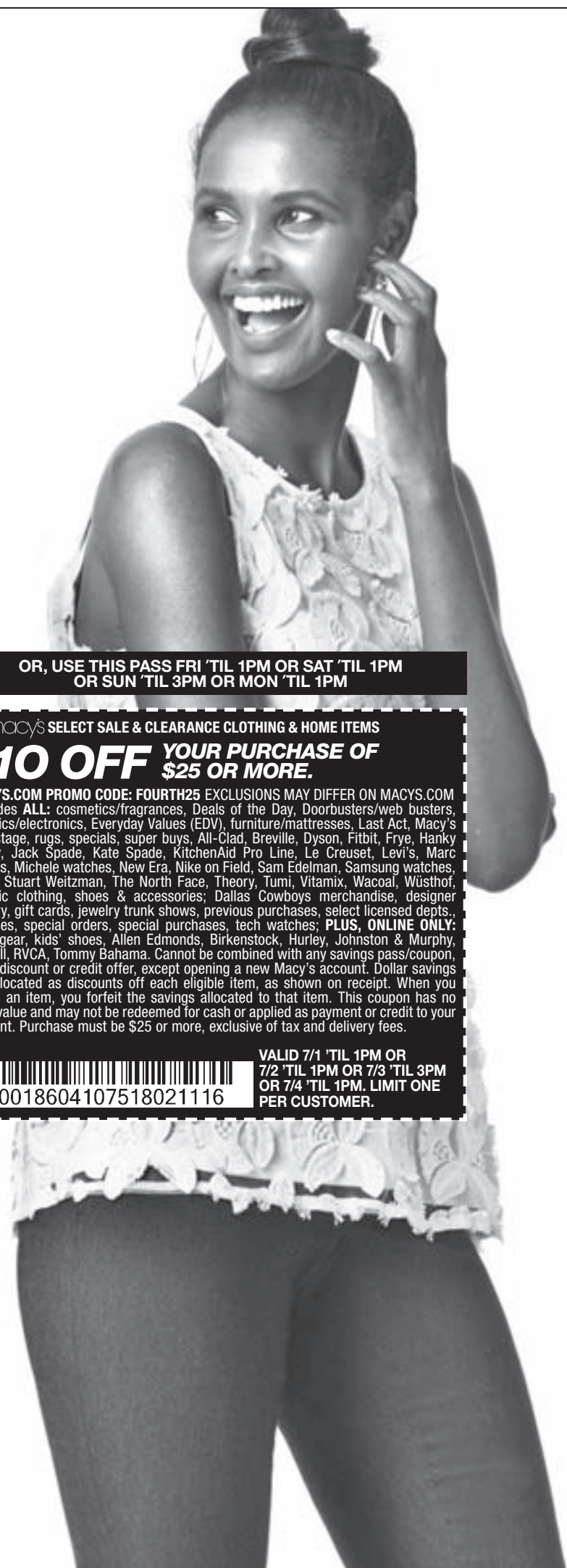
Deputy Prime Minister and Minister of Foreign Affairs, Mark Brantley said St. Kitts and Nevis and the Republic of China on Taiwan have developed a relationship built on a strong foundation.

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Community News Group celebrates

By **Shavana Abruzzo**

They were feelin' good.

Caribbean Life and Community News Group honored 32 of Gotham's greatest Caribbean healthcare workers for their fine work and proud island heritage during a June 23 awards gala at Paradise Caterers in Gravesend — the salute topping our 2016 Caribbean American Healthcare Awards magazine, published last week to commemorate national Caribbean American-Heritage Month.

The honorees, who included doctors, nurses, officer workers, and trade unionists, were exceptional New Yorkers for helping to advance the national healthcare system, said the mistress of ceremonies.

"They are contributing to the shaping of America," said Claudette D. Powell, the Jamaican-born assistant director of nursing at the Health and Hospitals Corporation Home Health Care Regulatory Affairs, and a registered nurse

Continued on Page 8



2016 Caribbean American Healthcare Awards

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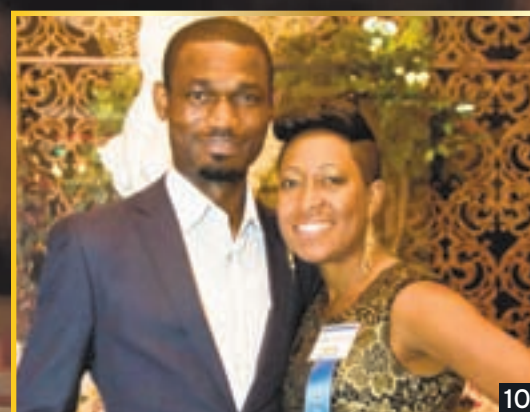
Caribbean Americans in healthcare



8



9



10



11



12



13



14



15



16

1. Caribbean Life Associate Publisher Ralph D'Onofrio presents an award to Dr. Carl Kenel Pierre. 2. Sybilla Daniel-Douglas (left), a registered nurse and asthma educator at Brookdale University Hospital and Medical Center, shares the spotlight with fellow honoree Lorena McEachrane, a private duty nurse with Beverly's Home Care. 3. Kings County Hospital staff nurse Patricia James works in the maternal child department, caring for pregnant women and providing them with prenatal care. 4. Cynthia James-White, director of nursing at the Phoenix Rehabilitation & Nursing Center, is also a former vice president of the Jamaica Nursing Group of New York. 5. Northwell Health registered nurse Yasmine Beausejour began her 21-year career in health care as a teen volunteer at Downstate Hospital. 6. Dr. Maurice E. Wright, chief medical officer of Harlem Hospital and senior associate dean of Columbia University, credits his grandmother, a farmer's wife, as having the most influence on his three-decade-long career. 7. They're our islands in the sun! CNG congratulates our Caribbean American Healthcare Awards honorees with an awards gala at Paradise Caterers in Gravesend. 8. Phyllis Payne-Dublin's (center), former associate director of reimbursement at the Center for Nursing and Rehabilitation, and director of education and assistant director of nursing at River Manor Nursing and Rehabilitation, accepts her award from Caribbean Life associate director Kevin Williams. 9. Registered nurse Eva James (left) is a union contract administrator representing the 1,000 registered nurses at Mount Sinai Beth Israel. 10. Dr. Tanesha Lawrence is a staff physician at the New York Children's Health Project, providing comprehensive medical care to domestic violence victims in homeless shelters, including walk-in medical care services. 11. Kirstie Toussaint's (left) empathetic nature drew her to a career as a registered nurse and director of Patient Care Services for Nursing Administration at Lenox Hill Hospital. 12. Elverine Cadogan-Smartt has received numerous commendations and awards for her work in medical, surgical, psychiatric and emergency units. 13. Motivational speaker Dennis Rahiim Watson stirs up the celebration. 14. Liesl S. Hall-Grant — a clinical nurse manager for pediatrics at New York Presbyterian Hospital Queens — began her career helping her ailing brother as a girl growing up in Guyana. 15. Claudya C. Verdiner (third from left), site director at NYU Lutheran Family Health Centers-Caribbean American, has dedicated nearly 25 years ensuring people have access to quality health care. 16. CNG executive veep of advertising Amanda Tarley (right) presents an award to Angela Edwards (center), chief nurse executive and deputy executive director at Woodhull Hospital.

Photos by Louise Wateridge



CNG publisher and president Jennifer Goodstein gives one and all a warm welcome.

Continued from page 6

for more than 35 years.

The awardees were as diverse as the prism of cultures pulsating through their ancestral lands, representing a healthy cross-section of the Caribbean's more than 700 islands, islets, reefs, and cays, and hailing from Antigua, Barbados, and Cayman Islands, among other island nations.

All of them were following in the footsteps of their pioneering forbears, including Jamaican microbiologist and pathologist Louis Grant [1913–1993] who helped to isolate the deadly dengue virus, and compatriot Mary Seacole [1805–1881] who brought her mother's herbal remedies to the Crimean War's battlefields, self-financing her trip to the Black Sea peninsula to treat wounded soldiers after being passed over by Florence Nightingale.

Their combined efforts were a dose of greatness for New York, according to Community News Group's publisher.

"The Caribbean community is a large and integral part of our city's healthcare system — from nurses to doctors to home healthcare workers to administrators — and it is safe to say our world-class healthcare system would be a far lesser system



Medical marvel: Internationally known HIV specialist Dr. Ricardo Orlando Dunner provided a touching moment when he accepted his award still recovering from the multiple facial fractures, concussions and other serious injuries he suffered during a winter volunteer health mission in Honduras, when his bus careened into a ravine and tragically killed several mission workers.

Photos by Louise Wateridge

without it," said Jennifer Goodstein.

The illustrious ranks included a pastor's daughter inspired to become a nurse by her father's kind service to neighbors, a union vice president who started her career as a volunteer first responder, and a nurse who cared for injured civilians in the Middle East.

Internationally known HIV specialist Dr. Ricardo Orlando Dunner provided a touching moment when he accepted his award still recovering from the multiple facial frac-

tures, concussions, and other serious injuries he suffered during a winter volunteer health mission in Honduras, when his bus careened into a ravine and tragically killed several mission workers.

The medical marvel was a testament to the local medical industry, said Caribbean Life's associate editor.

"Dr. Dunner is living proof that we have the best treatments, services, and healthcare workers in New York," said Kevin Williams.

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Advance directives: A first step — but not enough

By Kim Callinan

My grandmother died feeling betrayed, frightened and utterly powerless in a bleak hospital room. She'd completed an advance directive about her end-of-life goals, preferences and values, including a do not resuscitate order (DNR). But when an emergency landed her in the hospital, the emergency room team ignored her advance directive and resuscitated her back to "life" just long enough for her to realize they had ignored her documented wishes. She died shortly after being resuscitated, but not before she let the healthcare team know she was angry.

Unfortunately, my grandmother is not alone in her life ending so tragically. In conversations with supporters of the end-of-life choice advocacy organization that I work for, Compassion & Choices, I often hear similar tales of an end-of-life healthcare system that has failed to meet their needs. Furthermore, there is increasing evidence that advance directives alone are not enough to ensure that people's end-of-life goals, priorities and values are honored. Below are some of the shortcomings:

Lack of Participation: Only one in four Americans (23%) have an advance directive in place, according to a 2014 study in the American Journal of Preventive Medicine.

Lack of Coordination: The dying person and healthcare proxy often have not discussed the patient's goals, preferences and values. In fact, fewer than 3 in 10 people have actually talked with their loved ones about end-of-life care, according to a survey conducted by the conversation project.

Lack of Relevance: Since advance directives are by definition written in advance — sometimes many years in advance — they often lack relevance to current events and decisions near the person's end of life.

Lack of Access: It is an all-too-common scenario that the advance directive along with the DNR order is locked away in a desk or safe when a life-threatening emergency arises, leaving family members and medical providers unsure whether an advance directive even exists.

Lack of Enforcement: Doctors are not held accountable for following advance directives. Until they are enforced, physicians are unlikely to follow them because they are trained to do everything possible to keep a terminally ill person alive, regardless of whether the treatment only prolongs an agonizing dying process.

Federal policymakers need to address the growing demand for reform by passing legis-

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Brexit — Perceptions and repercussions in the Americas

By Joaquín Roy

In this column Professor Joaquín Roy, director of the European Union Centre at the University of Miami, analyses the repercussions in the United States and other parts of the Americas of Britain's referendum decision to leave the European Union (Brexit). He states that this is the worst calamity to befall Britain in the last half century, and says it has inflicted severe damage not only on the EU but also on all the countries of the North Atlantic rim.

MIAMI, June 27, 2016 (IPS) - The hopes of many of those who confidently expected the British electorate to vote, by a slender margin, for the country to remain in the EU have been dashed. All that is left to do now is to ponder the causes and background of this regrettable event, and consider its likely consequences, especially for relations with the United States.

In the first place one must point out and — and this is a general criticism of the present British political system — that Prime Minister David Cameron was hugely irresponsible to steer his country into this risky adventure. It has resulted in the worst calamity to befall Britain in the last half century and has inflicted severe damage not only on the EU but also on all the countries of the North Atlantic rim.

Cameron went out on a limb, thinking to secure total control over the coun-

Prime Minister David Cameron was hugely irresponsible to steer his country into this risky adventure.

try for his Conservative Party for the next several years. Next he pursued a surrealist referendum campaign agenda, seeking to persuade the public to vote to remain in the EU, against the Brexit proposal that he himself had engineered. He relied on the advantages and special privileges promised to the UK by the EU if the British people voted to remain.

Brussels had already warned that the EU would not grant Britain any further concessions or benefits over and above the conditions that apply in common to all EU members. It pointed out that Britain was in fact already a privileged partner, having opted out of the common currency (the euro) under a special agreement that did not even fix a timescale for its putative future membership of the euro area.

London also retains full control of Britain's borders, having declined to sign the innovative Schengen Agreement which abolished many internal borders and introduced passport-free movement across the 26 Schengen countries.

The EU has indeed done

everything in its power to keep the UK government and people happy and flaunting their prized British exceptionalism.

And now the fateful moment is at hand. The effect on Europe has been devastating. The one possible advantage for the EU — which has discreetly remained unvoiced — is that of ridding itself of an awkward partner, a dinner guest with an unfortunate habit of drawing attention to itself in negative ways. Britain slammed the brakes on progress towards fuller European integration and was a temptation to other recalcitrant EU countries to follow its bad example.

Recently concerns were raised in Washington over the Brexit referendum.

President Barack Obama himself did his best to urge Britons to stick with the EU when he visited London in April.

Cameron, and the people who voted for the UK to leave the EU, have done Obama a disservice. Britain's image in the United States will deteriorate to unprecedented depths. The vaunted special relationship between the U.S. and Britain will no longer be an effective force underpinning one of the strongest alliances in recent history.

The first victim of the debacle may be the approval process for the Transatlantic Trade and Investment Partnership (TTIP) between the United States and the

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Caribbean Life

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LETTERS TO THE EDITOR are welcome from all readers. They should be addressed care of this newspaper to the Editor, Caribbean-Life Publications, 1 MetroTech Center North, Brooklyn, New York 11201, or sent via e-mail to caribbeanlife@cnglocal.com All letters, including those submitted via e-mail, MUST be signed and the individual's verifiable address and telephone number included. Note that the address and telephone number will NOT be published and the name will be published or withheld on request. No unsigned letters can be accepted for publication. The editor reserves the right to edit all submissions.

Stopping the cycle of poverty in the Caribbean

By Jessica Faieta

Jessica Faieta is United Nations Assistant Secretary-General and UN Development Programme (UNDP) Director for Latin America and the Caribbean [@UNDPLAC](http://latinamerica.undp.org)

UNITED NATIONS, June 22, 2016 (IPS) - Latin America and the Caribbean countries have experienced historic economic and social transformation in recent years. This has led to a considerable reduction in poverty and inequality and to advances in closing gender, labor and education gaps. These achievements are the result of a favorable economic environment as well as proactive social inclusion policies.

Despite this, 25 million to 30 million people risk falling back into poverty — a third of all those who left poverty behind during the last decade. The most vulnerable are the newly employed, women and workers in the informal sec-

tors of the economy. Many face social exclusion that cannot be resolved with higher income, such as discrimination due to ethnic or racial group, skin color, sexual identity, migrant status or disability.

This week the UN Development Programme (UNDP) launched its flagship regional publication, the Human Development Report for Latin America and the Caribbean. The report, Multidimensional Progress: Well-being beyond income, proposes new metrics and new ways to act now to protect the social and economic achievements of the past decade and remove barriers that prevent lifting more people from poverty. This includes what we call “hard exclusions”, which go beyond income to factors like gender, race, ethnic group, sexual orientation and disability.

How do we move forward from here?

First, by recognizing that factors that push people away from poverty are different

from those that prevent them from falling back. The former are strongly associated with employment and returns on education — especially in urban areas. But to boost resilience and prevent setbacks four factors are essential: access to social protection (such as pensions), access to care systems (especially for children and older persons, to level out incentives for women’s participation in the labor force), having physical and financial assets (such as owning a bank account, a home, a motorbike or a car that act as ‘cushions’ when crisis hits), and better labor skills.

Second, by addressing hard exclusions that are not related to income. More than closing ‘gaps’ in access to services, these exclusions speak of a citizenship deficit: discrimination due to one’s identity, lifestyle, disability or skin color. Being a woman, of African descent, indigenous, LGBTI, youth, a person with disabilities... all



A mother and daughter at a market in Altamira, Brazil.

Inter Press Service / Mario Osava

of this affects opportunities, the possibility of social and economic mobility and access to services.

Given these deficits, we must advance equal opportunity and affirmative action policies. Quotas to increase the number of women in parliament are a successful example of this approach. Other examples are the innumerable advances in recognition of collective rights, political autonomy and land/territory of indigenous peoples and communities in our hemisphere.

Our report reveals that Latin

America and the Caribbean women work three times more at home (unpaid work) than men. And they earn less in the labor market, despite studying more than their male counterparts.

Demographic trends and the absence of care services (especially for children and older persons), restrict better participation of women in the labor market and families’ income generation. Moreover, a third of all women and girls face sexual violence at least once in their lives.



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OP-EDS

Cries of national sovereignty

Continued from page 10

European Union, which is already looking shaky, at least for the immediate future.

The TTIP was meant to replicate the Trans-Pacific Partnership (TPP), an ambitious deal to cut trade barriers, set labour and environmental standards and protect corporate intellectual property. The TPP was signed in principle by twelve Pacific Rim countries including the United States, and now awaits approval by legislators in each of the countries.

The rise of populism and anti-free trade sentiment is reflected in speeches by both U.S. presidential candidates, and is likely to slow down what is now viewed as "excessive globalisation." There is a return to a style of nationalism that exerts control over economic as well as political initiatives.

The next U.S. president will find it difficult to advance their country's alliance with London on defence issues. The UK will have freed itself from what was already problematic military cooperation with Europe, and only its link with the North Atlantic Treaty Organisation (NATO) will endure. Some European NATO partners will be cautious about developing joint operations with a fellow member they view as uncommitted to agreements within the EU.

In the matter of trade per se, Washington will not take kindly to the new position of the City of London once it has lost its enviable status as a financial hub embedded in the EU. Siren songs from other European capitals solidly

anchored in the soon-to-be expanded European community will be hard to resist, especially if European leaders adopt policies to strengthen the euro zone.

In Latin America, Brexit will be read as a confirmation that supranational practices and thoroughgoing integration are no longer a priority for the UK. The referendum result sends the message that national sovereignty is now paramount. All the time and effort the EU has spent over the years to promote the advantages of the European model of integration, based on the strength of its treaties and the effectiveness of its institutions, will be regretted as a sheer waste of time and energy.

An alternative "model of integration" based on the U.S. agenda, favouring one-off arrangements or treaties limited in scope exclusively to trade issues, will prevail over the already weakened European model.

The Caribbean region has strong historical and cultural ties to Britain. It will suffer from a less secure bond with the UK and will incline more closely to Washington.

The continent of the Americas, which is closest to Britain from the point of view of history and culture as well as in political and economic terms, will thus find itself further apart from Europe than before.

Joaquin Roy is Jean Monnet professor and director of the European Union Centre at the University of Miami. jroy@miami.edu

Patients advance directives

Continued from page 10

lation that advances the delivery of person-centered care. A good first step would be for Congress to pass the bipartisan Care Planning Act (S. 1549), sponsored by Senators Mark Warner (D-VA) and Johnny Isakson (R-GA). The legislation would require providers to include prominently in the patient's medical record the content of an advance directive. In addition, the bill gives patients the option of signing a "portable treatment order" to give providers specific instructions about patient preferences in receiving care. Medicare-certified providers would be obliged to comply with these orders in any care setting, including the home, that could stop unnecessary and unwanted medical treatments.

The bill also would require Medicare-certified healthcare providers to comply with a patient's verbal and nonverbal treatment instructions. When a patient lacks decisional capacity, the provid-

er must adhere to a patient's advance directive. In the absence of a directive issued in the state where care is being provided, the provider must respect an advance directive signed by the patient in another state to facilitate the ease and adherence to advance directives across state lines.

If the Care Planning Act had been in effect when my grandmother was dying, it would have increased the likelihood that her end-of-life wishes were honored. It's too late to help her now, but it is not too late to pass this legislation to ensure that we honor the end-of-life wishes of millions of Americans in the future.

Kimberly Callinan is chief program officer of Compassion & Choices, the nation's largest end-of-life choice advocacy organization with 450,000 members nationwide. She holds a master's degree in public policy from Georgetown University.

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Jamaica to reassess its ties to CARICOM



Jamaican Prime Minister Andrew Holness. Jamaica Information Service

Continued from cover

who are denied landing that they are perceived as intended prostitutes, willing drug mules or women headed to the oil and gas-rich nation seeking Trini husbands and citizenship eventually.

Holness named his mentor and the man who made him head of government and the party, former PM Bruce Golding, to head up the commission even as he went out of his way to assure neighbors and skeptics that Jamaica is not about to undertake a "Jaxit" and leave CARICOM, which it had helped to found back in July of 1973.

"One of the lessons that we have learnt from the recent referendum in the UK is that governments must pay keen attention to what their citizens are saying," he told a launch ceremony of the commission on Tuesday.

"There is clearly in Jamaica, a perception of CARICOM, and the solution which I believe works for us is to investigate that, to create the forum in which those views can be given voice (and) the issues articulated, but that there are persons who can give context, direction, interpretation, lead opinion, analyze and chart a course forward. That's

the approach that I intend to take, to get the expert opinions to interface, interact, exchange the views with the Jamaican people as to where it is we want to go."

The JLP has been perennially lukewarm on things CARICOM, with the party opposing Jamaica ditching the British Privy Council and joining the Trinidad-based Caribbean Court of Justice, the final appeals court for criminal and civil cases in CARICOM. Most nations have not yet joined up. Jamaica was also instrumental in the break up of the colonial era West Indies Federation shortly after formation at the close of the 1950s.

"We cannot pre-empt what the commission will say, but it was never the intention to lay any groundwork, or chart any path out of CARICOM.

Rent Board freezes rent

Continued from cover

and we are grateful to the Rent Guidelines Boards for listening," DeJesus added. "But we will continue the fight to repair years of exorbitant rent increases and to protect New York City's affordable housing."

While the rent freeze on one-year rents last year was historic, data shows that landlords have been over-compensated by high rent increases during the Bloomberg years, the coalition said.

With the high amount of rent burden on New York's most vulnerable tenants and serious wage stagnation, the coalition called for a rent roll-back.

The coalition, along with elected officials and tenants from all over the city, rallied and made their voices heard at each of the RGB's public hearings.

The RGB regulates rents for the more than one million rent-stabilized apartments in New York City.

"On June 29, 2015 the RGB made a historic decision to pass the proposal of a one-year rent freeze for rent-stabilized tenants, and tonight they made the decision to freeze rents again for another year," the coalition said.

Brooklyn Councilmember Jumaane D. Williams, representative for the 45th Council District, said while the

RGB's decision was not the rent roll-back that many working class New Yorkers have sought and needed, tenants should still feel empowered.

"For two historic years, this Board has asked the question of 'whether there should be an increase?' before they asked the question of 'how much?'" he said.

"The answer this year, at least for one type of lease, was thankfully no," Williams added. "I want to encourage everyone to remain vigilant and continue to advocate to make New York City truly affordable for its residents.

"Fortunately, because of the leadership of groups like the Urban Justice Center, this fight will continue," he continued.

Williams's City Council colleague Ben Kallos said the rent freeze will extend relief to tenants throughout the city who have struggled to keep up with rising rents for years.

"The Rent Guidelines Board has shown that last year's rent freeze was more than a symbolic gesture, and tenants have the power to be heard," he said. "We will continue to fight to make up for years of too-high rent increases.

"Thank you to the many tenants who came out to tell their stories and the Rent Justice Coalition for their advocacy," Kallos added.

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DROWSY DRIVING CAN BE AS DANGEROUS AS DRIVING IMPAIRED

The public is well educated about the dangers of driving while impaired by medication, alcohol or illegal drugs. But drivers may not be aware that driving while tired can be just as dangerous.

Driving when tired can be a fatal mistake. Just as alcohol or drugs can slow down reaction time, impair judgment and increase the risk of accident, so, too, can being tired behind the wheel. Drowsy driving is reportedly what caused the fatal crash in June 2014 between a limousine and a Walmart truck that ended the life of comic

James McNair and seriously injured fellow comedian Tracy Morgan. The driver, Kevin Roper, was going 20 miles over the speed limit and was almost at his drive time limit, according to preliminary reports by the National Transportation Safety Board.

According to the U.S. National Highway Traffic Safety Administration, about 100,000 car crashes in the United States each year occur as the result of an overly tired driver. Various studies demonstrate that drivers who have remained awake for 18 hours prior to driving

mimic the driving performance of intoxicated motorists. In fact, drowsy driving can be confused with driving with a high blood alcohol content.

Sleepiness can arise relatively quickly, and according to Thomas Balkin, PhD, director of the behavioral biology program at the Walter Reed Army Institute of Research and a leading expert on sleep and fatigue, it's difficult for drivers to assess just how sleepy they are.

"Sleepiness affects the part of the brain responsible for judgment and self-awareness,"

he says. "When you've reached the stage where you are fighting sleep, the effect of any method of reviving yourself can be very short-lived."

Furthermore, people do not have to be in a deep sleep to actually be asleep behind the wheel. Micro-sleeps occur when certain brain cells temporarily shut down for a few seconds. A person is not completely asleep but in a sort of fog as if they are asleep.

When sleepiness sets in, the best course of action is to pull off the road. Opening the window, turning on the radio

or blasting cold air is, at best, only a temporary solution. If driving with passengers and feelings of sleepiness appear, hand the keys over to a passenger and have them take over driving, if possible. Otherwise, a short nap and a cup of coffee can be used in combination to increase alertness.

It's also a good idea to avoid beginning a long road trip in mid-afternoon around the hours of two or three o'clock. While alertness generally dips in the evening hours, due to the circadian rhythm, alertness also dips in the late after-

noon, prompting drowsiness. A 2010 study by the American Automobile Association Foundation for Traffic Safety found that as many drivers reported falling asleep at the wheel in the afternoon hours as reported falling asleep late at night. Driving in a warm, quiet car also may spur drowsiness, as would driving after a heavy meal.

Driving tired is just as dangerous as other impaired driving. Slow reaction times and unawareness of surroundings can contribute to accidents that are otherwise avoidable.

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Crowds come out for local food festival

By Alexandra Simon

Hundreds of people packed a backyard for the second annual Ground Provisions and Curry Queue Festival in Flatlands on June 25.

The fundraising event organized by the Caribbean American Center of New York were serving buying guests with jerk chicken, ground provision foods, such as potatoes, plantains, and yuca, and even a huge pig roast and seafood that guests there were more than delighted by.

"The jerk roasted pig — and the curry shrimp was a hit, a major hit," said Jean P. Alexander, organizer and founder of the Caribbean American Center of New York.

Non-stop crowds were buying a different array of Caribbean dishes including jerk pig, stewed fish, and plenty of vegetables. Now in its second year, the fundraiser sells food to raise money for important causes such as education.

"It was a fundraiser for our back to school program," said Alexander. "We have to buy school supplies to children whose parents can't afford."



Boar's head: Organizer Sharrondale McIntosh showing off a cooked jerked boar's head. Photo by Stefano Giovannini

The festival raised more money than last year, according to organizers, even having guests continuing to arrive after it was over.

"We stayed up until 9 o'clock and people were still coming," said Alexander. "Some more people wanted to come after 9 pm but were dead tired."

Alexander is looking forward to the third festival next year which will be more inclusive of other Caribbean foods and a name change.

"Next year we are going to call it Caribbean Food Festival," said Alexander. "We are going to have each person from one of those islands make their speciality, so it can be a nice array of Caribbean food."



William Howard, left, president of the West Indian American Carnival Association, and Jean P. Alexander, founder of the Caribbean American Center of New York, at the annual Ground Provisions and Curry Queue fundraiser in Flatlands. Photo by Stefano Giovannini

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Anthony Grigos, Executive Vice President stated "Terrorist or active situations are very frightening because they are beyond



Gene Brody, President Bay Ridge Federal Credit Union



Anthony Grigos, Executive Vice President Bay Ridge Federal Credit Union

our control. However, it is within our control to acknowledge these situations can occur at our credit union and to employees,

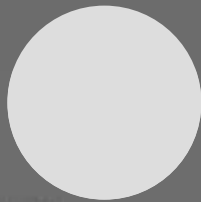
determine how we will respond to these situations; and ensure our employees are trained to respond in a calm, self-assured, and con-

trolled manner, limiting the damage these situations can cause."

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Mixer encourages island pride in Flatbush locals

By Alexandra Simon

Caribbean creatives networked at a mixer event to celebrate their pride and heritage in East Flatbush on June 17.

About 60 people came to mingle, dance, and learn about each other for the first Caribbean Huenity Mixer, held at the CaribBEING House in the Flatbush Caton Market plaza. The most powerful activity of the night for some guests, was a writing exercise where they wrote down their ethnicity and what it meant to them.

“Everyone had a good time writing about their heritage,” said Shaneika Gayle, who also goes by DJ Queen. “Our cultures are rich and strong — it taught me a lot.”

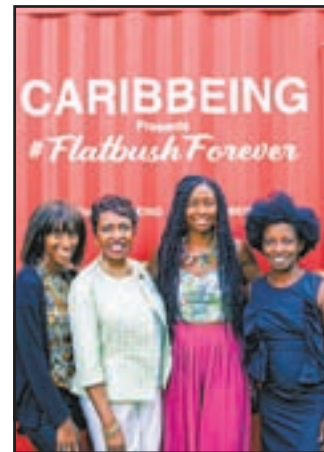
The mixer was a joint idea created by Museum Hue and CaribBEING. The gathering brought everyone in the community together according to one organizer, and an unforgettable moment were the guests and locals joining together.

“It was a very young and artistic crowd, so having them converge at the CaribBEING House, in the middle of Flatbush to celebrate Caribbean culture was the



Locale: The Flatbush Caton Market at Flatbush and Caton Avenues, is home to various vendors and creatives of Caribbean descent.

Photo by Stefano Giovannini



From left: Melissa Noel, journalist, Congresswoman Yvette D. Clarke (D-Flatbush), Stephanie Cunningham, co-founder of Museum Hue, and Shelley Worrell, founder of CaribBEING, at the Caribbean Huenity Mixer in East Flatbush. Julius July

most memorable experience,” said Shelley Worrell, founder of CaribBEING House. “People were literally on Flatbush dancing until 11 o’clock at night.”

Congresswoman Yvette D. Clarke (D—Flatbush) also stopped by to talk about her

connection to Flatbush Caton Market. One planner praised the growing crowds, and attested that the locale of the mixer was a great way to bring in more customers to the market.

“Because it was outdoors and open to the public, people who

were passing by were able to come in and enjoy the music, whether they were Caribbean or not,” said Stephanie Cunningham, co-founder of Museum Hue. “It was surprising to hear folks from Flatbush say they’ve never gone to the market before

today.”

Based on the success of the mixer, Worrell and Cunningham are already making plans for future events.

“We’re in talks right now on how we can do a monthly event,” said Worrell.

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New trauma center for East Flatbush

By Alexandra Simon

Members of the East Flatbush community celebrated the grand opening of the Haitian Community Council's (HCC) new trauma location with a ribbon cutting ceremony on Church Avenue on June 24.

Local politicians came to show support for the opening of the new trauma center, including council members and officials from Borough Hall. The organization, formerly located on Linden Boulevard, re-located to the heart of a neighborhood in dire need, says one councilman.

"Church Avenue is one of the most vibrant commercial areas in the city, but we've had issues here," said Councilman Jumaane Williams (D-East Flatbush).

"We've had issues with shootings all around Church Avenue. Many organizations have stepped up to plate to try to help suppress those shootings, and I know that with HCC, that success is going to continue now that we can have send some people to a place that is culturally competent."

The Haitian Community Coalition center provides space and community to anyone who comes in seeking help. It has been operating since 1982 and has helped the Haitian community adapt, by helping people meet health and cultural needs. Their new center created to help the underserved and vulnerable, wants to expand to everyone, according to organization officials. The mission is to help people through a variety of issues, such as domestic violence, immigration, and also testing for sexually transmitted disease.

The wellbeing and the health of residents are the main concerns for Councilman Williams, who also believes



Ending the stigma: Councilman Jumaane Williams (D-East Flatbush), speaks to press about ending the mental health stigma and the importance of seeking help at a center (such as the Haitian Community Coalition on Church Avenue in East Flatbush).

Community News Group / Alexandra Simon

unchecked experiences will negatively impact their communities.

"If you witness violence and nobody has spoken to you about it, what do you with that trauma as you get older?" said Williams. "We know that hurt people, hurt people — so you have to help that hurt within themselves, so they won't hurt themselves or others and the community can heal."

Williams emphasized that the stigma of mental illnesses in Black communities prevented people from seeking much needed help. Representatives also stressed that HCC be inclusive to everyone, including the lesbian, gay, bisexual, and transgender community

(LGBT).

"What we're trying to do is create a LGBT community in Brooklyn, and let people know that HCC is LGBT-friendly, and that they can come here for services," said Mark Kornegay, project manager at HCC.

Other officials from HCC agreed and said that even though the center had Haitian roots, they hope their new locale attracts all of the East Flatbush community.

"Although we're a Haitian-based organization, our doors are open to everyone," said Fuljens Henry, deputy director of the Haitian Community Coalition. "And we look forward to being a staple here on Church Avenue."



Purchia Spencer (left) with Dr. Susan Law at the NYC Health + Hospitals / Kings County.

Kings County recognized for its stroke care

When Purchia Spencer noticed the left side of her body becoming paralyzed she knew something was seriously wrong. As a licensed practical nurse, Purchia was familiar with the signs of stroke and knew she had a limited window of time to get care. She was rushed to NYC Health + Hospitals / Kings County where she was treated by a dedicated stroke team led by Dr. Susan W. Law, director of the hospital's Stroke Center. Purchia continues to receive outpatient care at the hospital's stroke clinic. She credits the hospital for her "remarkable progress" and for regaining use of the left side of her body.

Kings County was recently one of nine hospitals in the public health system to receive national recognition for improving quality of care and outcomes for stroke patients. The award was presented to the hospital by the American Heart Association (AHA) and the American Stroke Association (ASA) for consistently applying best-practice, research-based standards of care that reduce recovery time, disability and mortality rates for stroke patients, and reduce hospital readmissions for stroke patients.

"This is the fifth year in a row that Kings County has received the Stroke Gold Plus Award," said Ernest J. Baptiste, CEO, NYC Health + Hospitals / Kings County. "I am very proud of the life-saving and life-altering care provided by our stroke team. Their quick response and follow-up care have made it possible for many patients to resume their daily lives."

"I'm glad I came to Kings County when I was having a stroke because the care has been excellent, my progress has been remarkable, and I now have use of the left side of my body," said Purchia. "Dr. Susan Law is outstanding and very compassionate. She has been with me from the beginning. I check in with her for everything, including my travel plans. She is always responsive to my needs."

Omega Chi Nursing Sorority celebrates Nurses' Week

Omega Chi Nursing Sorority celebrated Nurses' Week with the theme "Culture of Safety: It starts with You."

During the week members of the Sorority worshipped at Bethlehem Baptist Church, participated in a symposium at SUNY, Downstate Medical Center and President of the Sorority Phyllis Payne-Dublin along with Judy Lewis and Merle Warren visited the Lenox Academy Junior High and participated in the school's Careers Day.

During the Careers Day event the sorority members encouraged and inspired students from grades 6 to 8 to always follow their dreams and the nurses shared their road to success and the rewarding benefits of being a nurse.

The week came to a climax with the celebration at the Dr. Susan Smith-McKinney Rehabilitation Center. The participants were blessed with a song by Ms. Angela Cooper. Keynote speaker Ms. Leslie Groves spoke on the theme "Culture of Safety: It Starts With You."

Elijah Bernard entertained the audi-



ence with his musical selections and Judith Lewis paid tribute to nurses.

Two members were presented with awards: Judith Lewis received The Member of the Year Award and Gale Garland received The Award for Unsung Hero.

The nurses' week events came to an end with refreshments and Jerry provided guests with music. The Chapter

received a proclamation from Senator Parker. Ms. Phyllis Payne-Dublin, president, gave the closing remarks. The members of the Awards Committees are Merle Warren, chair, Escline Green, co-chair; Alla Mai Clark, co-chair; Karen McNeil, Heather Ingram, Carrie Williams, Enid Sampson and Bernice Simons.



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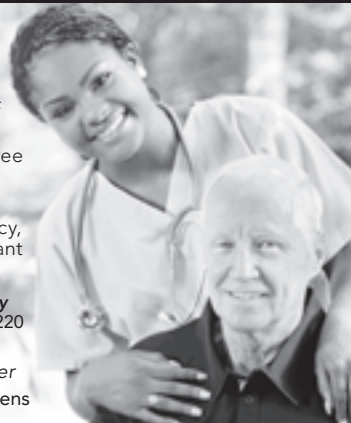
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CARIBBEAN ROUNDUP

Continued from page 4

St. Lucia

Former deputy Prime Minister Philippe Pierre has been chosen to lead the St. Lucia Labor Party (SLP) by the party's elected MPs following its defeat in the recent general election.

Pierre will also serve as opposition leader. He was endorsed as SLP leader at a recent meeting of the party's National Council.

Pierre, a former deputy prime minister is one of only six SLP candidates to win their seats in the general elections. He succeeded former Prime Minister Dr. Kenny Anthony.

Pierre will serve as political leader until the party's next convention which is expected to be held in October or November when a leader will be elected.



St. Vincent

Public officials in St. Vincent and the Grenadines will no longer have to swear allegiance to the Queen when taking oath of office but will instead swear to "be faithful and bear true allegiance to St. Vincent and the Grenadines."

The island's parliament recently passed an amendment bill to remove the practice of officials in St. Vin-



cent and the Grenadines swearing allegiance to the Queen.

Prime Minister Dr. Ralph Gonsalves said it's not any disrespect to Queen Elizabeth II, the country's ceremonial head of state.

Gonsalves noted that countries such as Jamaica that have the Queen as their head of state but do not swear allegiance to her.

He said there was no constitutional requirement for officials to swear allegiance to the Queen.

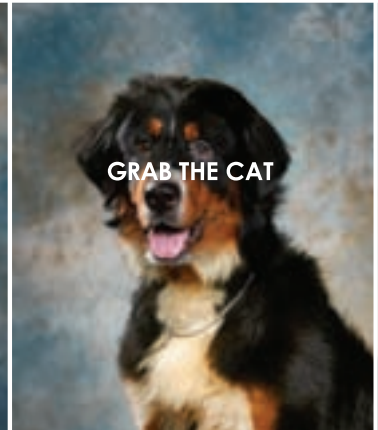
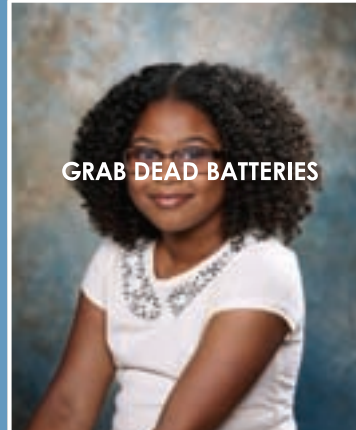
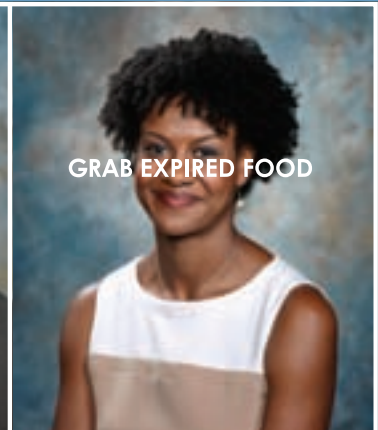
Trinidad

The CARCIOM Marijuana Commission has hit a stumbling block in its bid to host the first national consultation on legalization in Trinidad and Tobago as the government has indicated that it was "not ready", according to the Caribbean Collective for Justice, a lobby group for the decriminalization of marijuana.

Spokesman for the Group Nazma Muller said in a news release that this information was revealed by the commission when asked where the consultations were to take place.

The legislation allows a person to carry up to two ounces of marijuana without a criminal record and to grow up to five plants where permitted.

— compiled by Azad Ali



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5 Signs That Alcohol or Drugs Are Negatively Affecting Your Family

Allison Denny knew from early on that she was destined to help her community, even during her years growing up in her native Guyana. Denny, a licensed social worker, counsels families in Queens who are struggling with the consequences of a loved one's alcohol or drug use. "As a woman from Guyana with many friends from the Caribbean, we are taught from a young age that we do not tell our business to anyone, which makes it very difficult to seek professional help, especially for substance abuse," she explains and adds, "When one is affected, we all are affected and this very ten-

dency to keep 'secrets' and not seek help can be very detrimental to the entire family."

She cites the following as signs to look for to determine if professional help is needed:

1. You or a loved one often struggle to go to work as a result of drinking, either by regularly calling out, showing up late, or being unfit to complete your job tasks.

2. Your children have begun to experiment with marijuana, alcohol, or other substances and their attendance and grades in school are suffering.

3. Money that is supposed to cover household expenses is instead mis-



used to purchase alcohol or drugs.

4. You or a loved one have driven a vehicle while under the influence, and you have placed your driver's license at risk for suspension or revocation.

5. Alcohol or drugs

are necessary for you or a loved one to relax and feel confident, and you find yourself "blacking out" while under the influence.

If you answered "yes" to any of these signs, Denny suggests that it might be time to talk to a counselor. According to Denny, seeking help for yourself or a loved one is a sign of strength and commitment to having a healthy family. Getting help is as simple as making a free, confidential phone call to Outreach, a local counseling center in the heart of Little Guyana in Richmond Hill, Queens. Outreach's multicultural staff has been helping adults

and teens affected by alcohol and drug issues for over 35 years. It also offers a certificate training program for adults interested in pursuing a career as a substance abuse counselor.

"Outreach offers a very supportive and nurturing environment with counselors that are able to identify with many of the struggles of the Caribbean community," Denny assures. If alcohol or drugs are affecting your family, call Outreach at 718.849.6300 (Queens) or 718.383.7200 (Brooklyn). All phone calls are confidential. You can also visit its website at www.opiny.org.

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Guyanese student picks Harvard University

By Tangerine Clarke

Seventeen-year-old Kelly Hyles is a giggly teenager, but her focus and strong determination to attend an Ivy League school, such as Yale, Princeton, Dartmouth, Cornell, Brown and Columbia is an inspirational journey to which other youth should aspire.

Just recently, this brilliant student who attends High School for Math Sci-

ence and Engineering in Harlem, received a Proclamation from Mayor Bill de Blasio for her remarkable achievements after migrating just six short years ago from her small Vryheid's Lust village in Guyana - and accepted to 20 colleges to fulfill her dream of become a neurosurgeon.

"I am honored to be in the spotlight, and to use this attention to motivate

as many other students as possible because it was definitely a team effort that got me to where I am today," Hyles told this reporter at Guyana's 50th Independence Jubilee Awards ceremony at Manhattan's Surrogate's Court, recently.

"It is my obligation to help others to achieve their goals," she said, adding, "I chose Harvard University because I want

to focus on bio-chemistry and neuroscience, and eventually attend medical school to become a neurosurgeon."

The math and science buff, kick-started her career, by working many hours in the research labs at Mt. Sinai Hospital to learn of the effects of a specific genet, associated with type II diabetes on beta cell mass, according to reports.

"I always knew where I wanted to go, and I worked very hard to get there. There will be many ups and downs, but it does not matter how many times you fall, it's how many times you get back up," were the encouraging words of Hyles who impressed upon her peers to never give up, and work towards their goals.

The A-student, whose mother, Anetta Hyles, a certified nursing assistant, works two jobs to support her, and brother, Kevon in their Brooklyn neighborhood, is the co-founder and co-president of the Black Students Union of her Math Science and Engineering High school.

Just one of a handful of black students in her senior class, Hyles said one of the goals of the student union is to encourage and show kids the way to black excellence throughout the Diaspora.

"We must change the narrative of what black kids see," said the student who views the mainstream media "as not being positive enough towards black youth."

For her steadfast determination to help other youth, Hyles collaborated with the DREAM program that prepares students for the Specialized High School Admissions Test. She also spent many hours mentoring students

at her former Brooklyn middle school.

Recently named a Ron Brown Scholar, Hyles, who organizes regular meetings to promote black excellence, said the most rewarding is a "Blackout day" program — time to celebrate black culture — and finding parallels between seemingly different cultures, according to the student.

"I am confident that an aura of self-love will continue to reign in my school," she articulated.

Hyles has become an academic icon, not only in the Guyanese community, but also in her high school and Brooklyn community. Just back from a world-wind tour of her homeland where she made motivational speeches to school around the country, as part of the 50th Independence Jubilee, the teen, still finds the time to enjoy her hobbies.

"I love to dance, and I am cheer leader," said the scholar, who choreographs dance hall and Soca pieces. She also enjoys a good dish of popular Guyanese dishes such as "Pepperpot" and "Chicken Curry."

The Guyanese community is very proud of Kelly Hyles' outstanding accomplishments and wishes her well on her journey towards 'excellence.'



Valedictorian Kelly Hyles.

Kelly Hyles' Facebook page

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UN mourns envoy's death

By Nelson A. King

United Nations General Assembly President Mogens Lykketoft has expressed sincere condolences to the widow, friends and colleagues of former Assembly President and ex-Antigua and Barbuda Ambassador to the UN Dr. John Ashe, who died on Wednesday, June 22. He was 61.

"Despite the many as yet unproven accusations made against him, Mr. Ashe was for many years a hard-working and popular member of the diplomatic corps in New York and at the United Nations," said Lykketoft on Thursday. "I know that his death will come as sad news to the many professional friends and colleagues he made during his time here."

Lykketoft recalled that Ashe served as General Assembly president for its 68th session — from September 2013 until September 2014 — and had since October 2015 been facing criminal charges in the United States courts related to his term as President.

Reports indicate that Ashe died suddenly on Wednesday of a massive heart attack.

The late diplomat was a key figure in the bribery case in which he and others allegedly had received bribes from Chinese billionaire Ng Lap Seng.

Ashe, Seng and another co-defendant were to appear in Manhattan Federal Court in New York on Monday.



In this Sept. 17, 2013, file photo, Ambassador John Ashe, of Antigua and Barbuda, the president of the General Assembly's 68th session, speaks during a news conference at United Nations headquarters.

Associated Press / Richard Drew, File

Seng is currently under house arrest in New York.

"We wish his wife, family and friends well as they come to terms with his sudden death," said Lykketoft, referring to Ashe.

In October last year, top United Nations officials said they were "shocked" and "deeply troubled" to learn about the "very serious allegations" announced United States' federal prosecutors against Ashe.

Prior to his appointment as leader of the 68th session of the General Assembly in September 2013, Ashe had been Antigua and Barbuda's Permanent Representative to the United Nations.

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'83 Minutes' takes you through Jackson's death

"83 Minutes: The Doctor, the Damage, and the Shocking Death of Michael Jackson" by Matt Richards and Mark Langthorne
c.2016, Thomas Dunne Books
\$27.99 / higher in Canada
426 pages

By Terri Schlichenmeyer

It doesn't take very long.

An accident, a murder, a surprise can happen in an instant that can seem like a lifetime. It doesn't take very long – or does it? The odd thing about time is that it's shapeable, as you'll see in the new book "83 Minutes: The Doctor, the Damage, and the Shocking Death of Michael Jackson" by Matt Richards and Mark Langthorne.

On June 25, 2009, when the 911 call came into the Ronald Reagan UCLA Medical Center in Los Angeles, medical staff had no idea they were in the middle of pop culture history. The emergency operator and the paramedics he dispatched didn't know the identity of the man they were asked to help, but they learned soon enough that their patient was Michael Jackson.

For Jackson, it had been a long, rough road to that moment.

Throughout his life, he'd survived loneliness, physical abuse, estrangement from family, accidents, and scandals. Outwardly, he was a survivor, driven, a perfectionist. Behind closed doors, though, there was something more sinister.

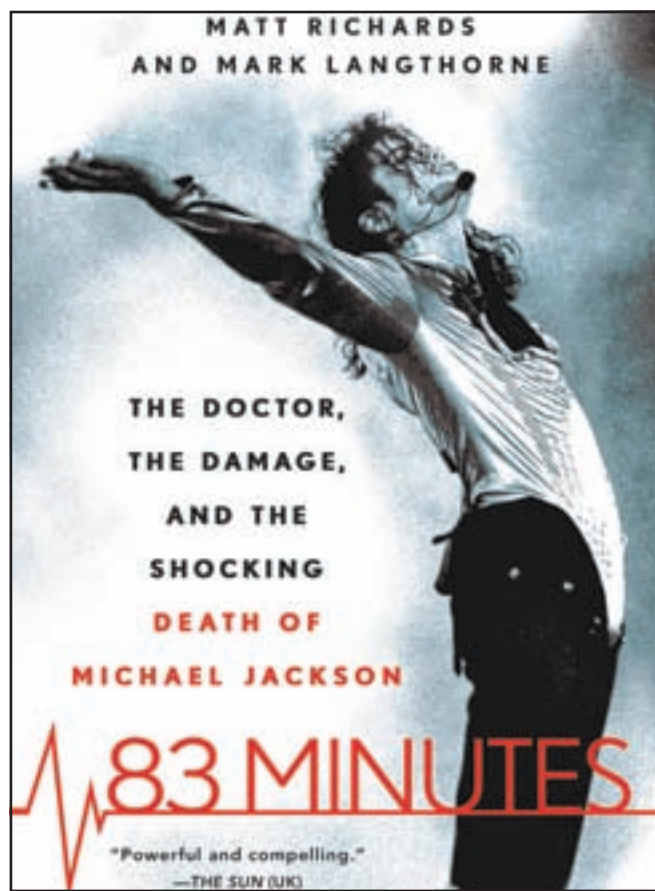
In the days following the making of a commercial in which Jackson so famously received scalp burns, he was understandably in pain. Doctors adminis-

tered narcotics to alleviate his suffering and, consequently, Jackson became increasingly dependent on drugs. Later, he complained of insomnia, and he visited several medical providers for more, different prescriptions. He even asked for help from the doctor his children had been seeing for their allergies.

Dr. Conrad Murray was happy to oblige.

Whether Murray was officially hired to be the personal physician for Jackson's come-back tour is a matter of opinion but the authors say that Murray needed money, and assuming Jackson's care was his chosen method. That included giving the singer drugs which allowed Jackson to sleep but which fueled his addiction. It didn't take long before Jackson needed more powerful drugs, which Murray procured in large quantities.

And on June 25, 2009, one of



Book cover of "83 Minutes: The Doctor, the Damage, and the Shocking Death of Michael Jackson" by Matt Richards and Mark Langthorne.

those drugs shook the world...

It's rare for me to like a book before I even get to the end of

Page One, but that's what happened with "83 Minutes." This is an easy book to dive into.

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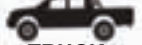
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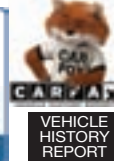
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HOBBIES FOR THE GOLDEN YEARS

Sewing can be a hobby that seniors do after retirement when they have ample free time.

Whether retirement is on the horizon or has already begun, more free time equates to an increased opportunity to fill your days with enjoyable activities.

Those facing busy schedules are often forced to push hobbies to the sidelines, as more pressing things, such as a job, household responsibilities, and parenting tasks, are accomplished. Once retirement arrives, a newfound freedom in your schedule may occur, and there can be plenty of hours to devote to the hobbies and pastimes you find enjoyable.

According to research, hobbies can have many benefits. They may serve as an emotional outlet or a way to relax. Hobbies can keep the mind and hands active. They also allow for quiet time and mind wandering — which can free up creative thinking. Hobbies can also serve as a means to connecting with

people and opening up new groups of friends.

There are many hobbies you can consider, depending on physical health and abilities. These may be hobbies you once enjoyed in the past or new activities to expand your horizons. And hobbies need not be crafty in the traditional sense, just about any activity — even being a mentor — can be a form of a hobby.

Starting a hobby

When deciding on a hobby, you can first take an inventory of your skills and interests. If you have always been handy around wood and construction, perhaps a woodworking hobby will be enjoyable and also may work as a source of income revenue.

Other activities that require the use of the hands and mind include knitting, needlepoint, painting, puzzles,

quilting, scrapbooking, and crocheting. These can keep the mind active and improve dexterity and fine motor skills.

Next, you may want to consider the costs surrounding a hobby. Something like taking photos may have relatively low costs, but collectibles, exotic sports, sports cars, and travel could become expensive. It's important to weigh the costs against your finances to ensure that you will be financially comfortable while engaging in this particular hobby.

Explore what your friends are doing. If you want to get into a new hobby, ask neighbors and friends what they do to keep busy — and try it out. You just may find that you're naturally inclined to do this type of activity and enjoy it.

Visit a local hobby shop or craft store and browse through the aisles.

See where your attention is drawn and give that activity a try. From building model trains to cultivating an herb garden, there are dozens of ideas to try.

Other pastimes

A hobby can take the form of volunteer work, teaching, mentoring, joining a martial arts class, taking classes at a college, and even caring for a pet. If you are the type who likes to interact with other people instead of engaging in a solitary hobby, consider one of these types of activities instead.

Once a hobby is started, it is not set in stone. If you find you do not feel motivated to do this hobby, try something else. Remember, the days are now yours to fill, so maximize time spent with activities you can enjoy.

You deserve a break today

Vacationing when you're a caregiver

As summer kicks into high gear, our attention naturally turns toward vacation. Whether it's time at the beach, a visit to a theme park resort, or a staycation, everyone needs time off, especially caregivers.

Being a caregiver for someone who has Alzheimer's or dementia is draining, exhausting, and demanding. It can cause fatigue, depression, illness, anger, and guilt. As I often tell the caregivers who come to CaringKind for help, you won't be able to take care of anyone unless you take care of yourself first!

So taking a vacation away from caregiving is a very good idea.

You might feel guilty, but don't let that feeling stop you from going. No matter how much you love the person you care for — whether it's your parent, spouse, sibling, or friend — don't be afraid to go on vacation without him or her. If you do, it's important that you make appropriate arrangements for his or her care while you are away.

There are a number of options available to you. Entrust the care of



Care Chronicle

by Lou-Ellen Barkan

your loved one to a reliable family member or a paid caregiver. Make sure your replacement understands the care routine, stays in touch with you, and has all emergency and doctor contact numbers. In New York City, many long-term care facilities actually offer short-term stay options. Call our 24-hour Helpline at (646) 744-2900 for more information.

When you return home, you'll be refreshed with renewed confidence and patience.

If you decide to go on vacation with the person you care for, remember this will be a "working" trip. You'll still have the same responsibilities that you have at home. If you follow some advice, it can be an enjoyable time for everyone.

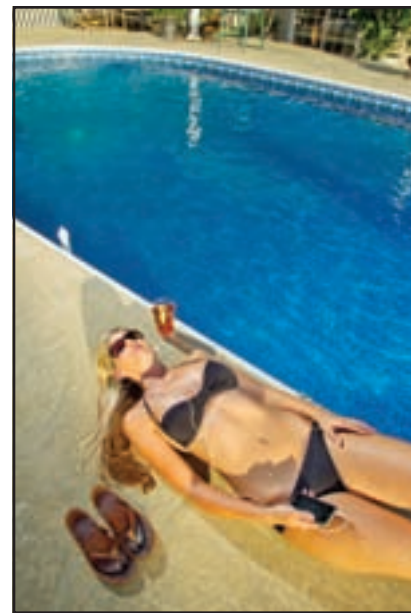
As you create your itinerary, con-

sider what stage of Alzheimer's your family member is in. Think about how this will affect traveling. Avoid busy places like big cities and amusement parks that could cause confusion, anxiety, and over-stimulation. Never leave your family member alone in an unfamiliar environment.

Try to vacation in a way your family member was familiar with before the onset of Alzheimer's. You should maintain daily routines. For instance, make sure meal times are consistent with the schedule at home and make sure to leave time for naps and restroom breaks. Always have a bag of essentials on hand, containing all medications, a change of clothes for the person with dementia, favorite snacks, something to drink, and an iPod and headphones with familiar tunes.

If you're unsure how your family member will react to being away, schedule a short trip with an "opt-out" plan so you can leave early without penalty if you need to go home.


Please, plan some downtime for yourself each day. Bring reading material, music, a deck of cards, or anything you can enjoy on your own for a short time in the morning or evening.



No matter which vacation option you choose, it's critically important to enroll your family member in Medic Alert NYC Wanderer's Safety Program, a nationwide initiative that assists in the safe and timely return of people with dementia who wander and become lost.


Remember, vacation is special time away to rest after the grueling daily grind. Whether you go away with your family member who has Alzheimer's or just by yourself, relax and enjoy the much-needed time away.

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Will I need glasses after cataract surgery?



Millie R. Fell, MD, FACS

Clinical Assistant Professor of Ophthalmology NYU

By the year 2030, there will be 70 million Americans over the age of 65. At least one out of every three Americans will have some sort of eye problem. Cataracts are one of the most common problems facing Americans, but fortunately surgery can usually restore vision. With modern-day cataract surgery many patients can experience improved vision almost immediately. Today, patients don't only want improved vision, but also less dependency on glasses for driving, computer work and reading. There are new implants which for the right patient can lessen the necessity for glasses and can also correct astigmatism.

Every patient planning to undergo cataract surgery should have the following discussion with their ophthalmologist:

- 1) How strongly do they want to not use glasses.
- 2) What are their hobbies?
Patients who need crisp distance glasses for example in order to play tennis are not necessarily good candidates for the new multifocal implants. If the patient is still working, what kind of job do they hold and what vision requirements do they have?
- 3) Do they drive?
- 4) Do they use glasses for reading now?

The new multifocal implants which make patients less dependent on glasses are not necessarily the best option for every patient. A thorough discussion with your ophthalmologist is a must so that patients have realistic expectations about their vision after cataract surgery

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Driving is a sensitive subject for older drivers who see being able to get behind the wheel as an opportunity to maintain their independence. But individuals need to be honest with themselves to remain safe on the road.

Older drivers must reassess their abilities

For many older drivers, driving is more than getting from point A to point B. Getting behind the wheel allows older drivers to remain independent, as well as mobile. But as a person ages, his risk of injury on the road increases, according to the Centers for Disease Control and Prevention. Older adults and their family members need to make plans for handing dwindling skills behind the wheel and the point in time when it is no longer safe for a loved one to continue driving.

In rural and suburban communities, driving is a necessity for independent living. With limited resources available for older individuals to get around, seniors may hold onto the notion of driving longer than is safe and practical. The National Highway Traffic Safety Administration says that in 2009 alone, 5,288 people age 65 and older were killed and 187,000 were injured in traffic accidents. Older people are involved in around 15 percent of all traffic accidents in a typical year.

Getting older doesn't mean it's time for you or a loved one to turn in your license just yet. There are ways people can come together to make the driving experience go smoothly, and it often begins with an honest conversation.

Let a loved one know you are on his side. Make sure the first topic of conversation is that it is not your intention to take away the keys of the car. Indicate that you want to work together to help keep this person behind the wheel as long as possible. Being open and honest about intentions may eliminate arguments or animosity.

Figure out safe ways to keep your loved one driving. This may include identifying a new car with upgraded safety features, such as brighter head-

lights, a back-up camera, and a better safety record. Enroll together in a driving safety course to brush up on driving skills.

Go for a "test drive." Family members can ride along with an older driver to get a better sense of his ability behind the wheel. If drivers have too many close calls, frequently get lost in familiar places, exhibit slower response times, or are easily distracted, this should be a wake-up call and the loved one should intervene.

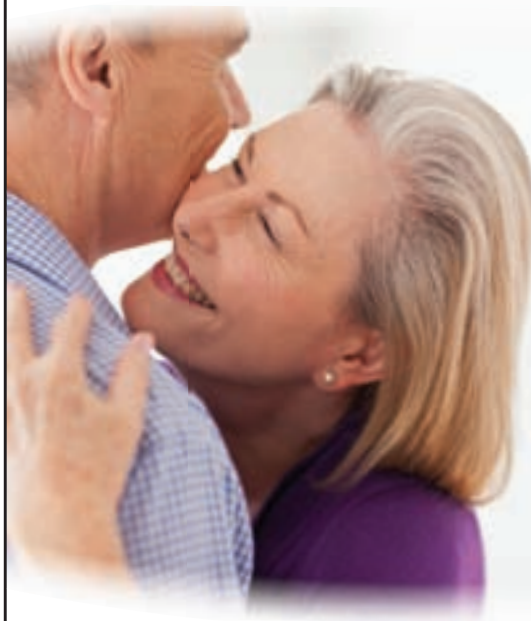
Schedule a vision and hearing exam. Driving abilities can be affected by poor vision and hearing, both common side effects of getting older. Getting a senior a new eyeglass prescription or a better hearing aid may make all the difference in his driving ability.

Review prescriptions and over-the-counter medications. Many seniors take a bevy of different medications, and the side effects to these drugs could impact their driving abilities. If medications cause drowsiness or dizziness, speak with your loved one's physician about a possible alternative treatment that might make driving safer.

Be honest. If an older driver is no longer safe behind the wheel of his automobile, it is important to involve other family members and make a joint decision to remove driving privileges. Have other solutions available, such as senior busing or courtesy vans, so your loved one doesn't feel he will be confined to the house.

Driving is a sensitive subject for older drivers who see being able to get behind the wheel as an opportunity to maintain their independence. But individuals need to be honest with themselves to remain safe on the road.

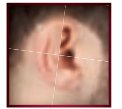
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Dr. Alan P. Goldman: Treating And Relieving Arthritis Pain

There are a lot of people suffering with joint pain and arthritis, says **Dr. Alan P. Goldman**, a specialist in rheumatology (130 Brighton Beach Avenue, 718-946-7557), and they often believe that there is little that can be done to alleviate their pain.

They are wrong. There are many options available, Dr. Goldman says; the key is finding a physician who is knowledgeable in those treatment modalities.

As a rheumatologist, Dr. Goldman specializes in the treatment of arthritis; one of only a handful practicing in Brooklyn.

Rheumatoid arthritis is an inflammatory illness that causes joints to swell. Symptoms include morning stiffness and swelling, often in the hands, elbows, or wrists, he says. Perhaps because there are so few rheumatologists in the borough, when people experience these symptoms, they often "see a surgeon first," says Dr. Goldman. But this often doesn't make much sense, he explains.

"When you have stomach pains, you don't go to a surgeon before seeing a gastroenterologist," he explains. "When you have chest pains, you don't see a surgeon before seeing a cardiologist."

A surgeon is the expert to see when surgery is needed, he notes, and of course Dr. Goldman refers patients to surgeons when necessary. Still, Dr. Goldman believes that the majority of people who suffer with arthritis can be treated without surgery. Even those who suffer

enormously may find relief with Remicade IV infusion treatments, he says. "It has worked wonders."

Patients receive these treatments once every few months, and people who previously couldn't move well find that the "benefits are tremendous," he says. Those whose symptoms are less severe may find relief with pills or injections. This method has been used successfully for many years, says Dr. Goldman. And, "It still works."

When patients see Dr. Goldman they are assured of receiving expert evaluations. Dr. Goldman's office offers x-rays, and a number of in-office treatment procedures. Should patients need physical therapy, arrangements can be made for this, as well.

Dr. Goldman also recommends that people age 60 or older come in to be checked for osteoporosis. People who are thin or who smoke are especially at risk, he notes.

Dr. Goldman is a Harvard graduate who has studied at Bellevue Hospital-New York University Medical Center and Gouverneur Hospital in Manhattan. He is on staff at the New York Methodist Hospital, and he is a Fellow of the American College of Rheumatology, as well as a member of the American College of Physicians, Nassau County Medical Society, the New York State Medical Society, American Medical Association, and the New York Academy of Sciences.

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Politicians must make change in gun laws

Inside Life

By Vinette K. Pryce

Often politicians join community activists in standing up for issues that impact their community. However, not since the Civil Rights era have top elected officials sat down in solidarity with Americans demanding swift change in legislation. Last week, Congressional Democrats actually took to the floor of the House of Representatives for 24 hours in order to be acknowledged and recognized for their stance on adjusting the rules regarding background check for gun buyers and with that change added that individuals banned from boarding and flying on airplanes will also be restricted from walking into a gun show or going online to begin or add to an arsenal of weapons.

Rep. John Lewis (D-GA-5) who led the sit-in demanded that Speaker Paul Ryan (R-Wisc.) keep the House in session through its scheduled

recess for the purposes of talking about gun control.

The Speaker was not impressed.

He described the sit-down demonstration as a "distraction."

Rep. John Lewis, a Democrat who pretty much could write a book about distractions from his experience walking peacefully alongside Dr. Martin Luther King Jr. in Selma, Alabama when southern sheriffs and their henchmen beat him to a pulp and almost ended his life five decades ago.

On a weekend news program the hero and survivor joked saying sitting down in 2016 was easy, "it was getting back up" that gave him a bit of a fight.

That he could even inject levity after sitting to convince Republicans that they should give an ear to reason is something for the history books.

Rep. Lewis had plenty of



From left, Rep. John Lewis, D-Ga., Rep. Joseph Crowley, D-N.Y., House Minority Leader Nancy Pelosi of Calif. and Rep. Charles Rangel, D-N.Y., sing "We Shall Overcome" on Capitol Hill in Washington, Thursday, June 23, 2016, after House Democrats ended their sit-in protest.

Associated Press / Carolyn Kaster

support in this millenia. As a matter of fact, more than 1,000 private citizens showed

solidarity outside, sitting out the 24-hour, overnight protest in Washington D.C.

Sen. Bernie Sanders even walked into the House to show

Continued on Page 40

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Sing it: Soca artist Camille King, performs her single "Dis Ting," at Ronald McNair Park for the annual free music festival, Make Music New York, in Prospect Heights.

Photo by Stefano Giovannini

Soca, artists among acts at music festival

By Alexandra Simon

Do you hear the sounds — that's New York making music.

The Make Music New York festival was back for its annual free music festival on June 21 at Ronald McNair park, for a day-long festival of performances from various different artists from all over the world. Guests got to expose themselves to different sounds, and even some of the performers had some fun on the action.

Continued on Page 42

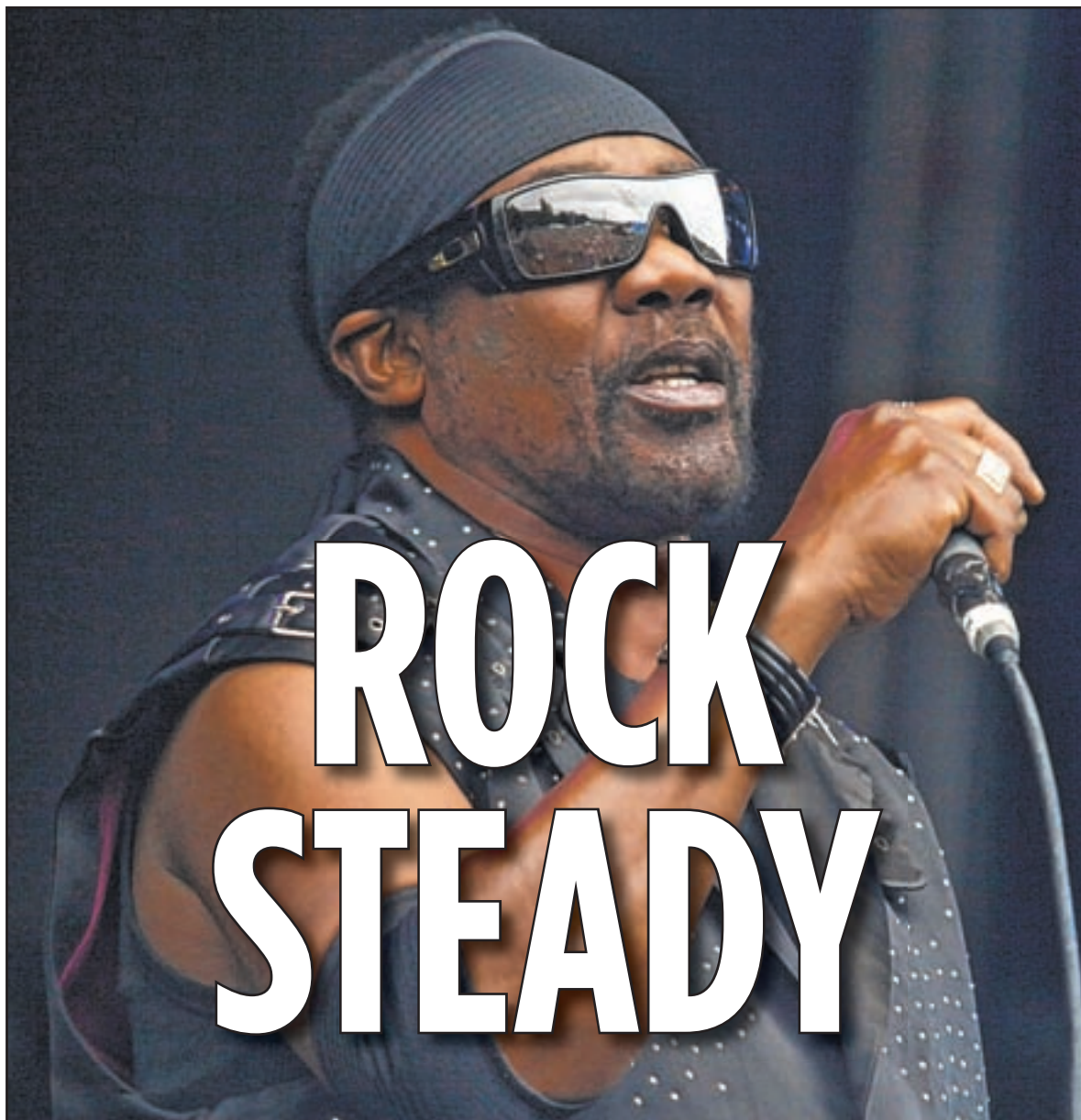
Art and social justice on Broadway

By Tequila Minsky

On a recent Monday when Broadway theaters are "dark," the Ambassador Theatre at Times Square was packed with lovers of the written and spoken word and social justice activists to hear a conversation between Sonia Sanchez and two other renown writers.

Bestselling author Ta-Nehisi Coates and novelist and Nobel prize-winner Toni Morrison sat on the stage, which during the rest of the week features the musical Chicago, and spoke with Sanchez

Continued on Page 42



Jamaican singer Frederick "Toots" Hibbert of Toots and the The Maytals will perform an acoustic set in New York for International Reggae Day. Associated Press / Jim Ross, File

35 cities celebrate Int'l Reggae Day

By Vinette K. Pryce

July 1 marks the 22nd anniversary year of a global celebration of Jamaica's reggae music. Dubbed International Reggae Day by Andrea Davis — its founder and annual orchestrator — in conjunction with Jamaica Arts Holdings (JAH) the date also hails the Caribbean island's early music forms — mento, ska and rock steady while fully focusing on the most popular and most exported genre.

In the beginning years of the celebration, a major concert in King-

ston headlined a 24-hour media appreciation extensive program of education, and reclamation of the music which took the world by storm when Jimmy Cliff, Bob Marley, Burning Spear, Third World, Steel Pulse, Dennis Brown, Black Uhuru, Yellowman, Shabba Ranks, Shinehead and a myriad of recording artists released songs a world audience related to and embraced.

The concert in Kingston showcased established, burgeoning and future stars of the genre.

Since then each year, the date has not only celebrated the music form but with a focus on uniting the world through music has expanded its focus by including interactions with a global audience of like-minded reggae music lovers via the worldwide web.

Media broadened the range to incorporate print, radio, television and the internet and although fans throughout the world were unable to converge on the Caribbean capital

Continued on Page 42



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- Organization's office: 325 Rogers Avenue (Bet. Montgomery & Sullivan). Phone: 718-467-1797
- Online at the following web address www.wiadcacarnival.org

Please note there will be an additional service fee for online registration. Office Email: wiadcainc@gmail.com

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Inside Life

Continued from page 38

that elected representatives of both parties are now in recess until July. 5 and will soon be going off to a seven week vacation.

In order to amplify the protest perhaps, all Americans should either stage a national stand up or sit down campaign.

Already there is a chorus of voices begging that the gun-loving advocates allow every delegate and party member to pack a pistol when they attend the GOP convention in Cleveland, Ohio.

Not that there is any chance of danger or violence as the presumptive presidential party candidate Donald Trump has already assured Americans in speeches that had everyone in the Pulse Club in Orlando carried a weapon there would be far less casualties and only the gunman would be killed.

That kind of logic could best be tested from July 18-21.

While some contend that the sit-down protest was staged to appease the LGBT community, a plethora of disfranchised Americans victimized by gun violence also ponder why the gesture was not applied after a deranged maniac walked into a South Carolina church and cold-bloodedly gunned down members of the congregation after they welcomed him into fellowship. Many of those also question why some or all of those same politicians neither stood nor sat after

a wannabe cop working as a security guard in Florida pumped bullets into a teenager named Trayvon Martin and walked free without punishment.

That individual said he stood his ground and the young victim paid the highest price any American can ever pay, he died.

Sandy Hook, Connecticut, Columbine, Colorado, San Bernadino, California and the unknowing students and teachers at Virginia Tech only skims the surface of the now regular breaking news broadcasts that alerts each and every one of a mentally ill or enraged citizen who resorted to using gun violence against innocent people.

Brooklyn Congresswoman Yvette Clarke spoke to the issue of revision of the gun laws that owners claim as constitutional and permitted by provisions of the second amendment.

To believe that the founding fathers actually endorsed an initiative to permit every American to hoard enough ammunition akin to an arsenal able to outfit a private militia seems an absurd idea for forward-thinking politicians of that era.

Cong. Rangel said the moral stance by his party affiliates did the right thing last Thursday. They sat down for change and some of us pray that the GOP will stand up for something more than resistance.

The anthem of peaceful resistance echoed through the halls of justice following the sit-in and it sounded just as earnest — "We Shall Overcome."

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It's surfer vs. shark in harrowing tale of survival

"The Shallows Movie"

Excellent (4 stars)
 Rated PG-13 for bloody images, intense scenes of peril and brief profanity
 Running time:
 87 minutes
 Distributor:
 Columbia Pictures

By Kam Williams

Nancy Adams (Blake Lively) was so shaken by her mother's (Janelle Bailey) untimely death that she's dropped out of med school. In order to feel closer to her dearly departed mom, she's decided to vacation at the same exotic Mexican retreat where she was reportedly conceived back in 1991. An avid surfer, she also plans to search for the stretch for her mom's favorite beach.

Upon arriving, Nancy is so impatient to find that idyllic, uncharted spot, that she impulsively heads for the ocean with her surfboard, handbag and smartphone, abandoning her bushed traveling companion at the hotel. Instead, she



accepts a ride to the shore from the very obliging Carlos (Oscar Jaenada), an affable local yokel who is more than happy to serve as the bikini-clad hitchhiker's chauffeur and navigator.

He drives away right after depositing her at the secluded cove, yet Nancy has no qualms about being left alone, since she does have cell service. Next thing you know, she's blissfully paddling out to deep water where she's surrounded by a pod of playful dolphins as she

starts riding the mammoth waves.

The plot thickens soon after she spots the bobbing carcass of a humpback whale. What Nancy doesn't recognize until it's too late is that she's inadvertently entered the feeding grounds of a still-hungry shark who'd rather dine on human flesh than cetacean.

She subsequently suffers a nasty gash from the initial attack but is somehow able to swim to a tiny, low-lying island nearby. Her medical training

comes in handy as she quickly fashions a tourniquet from part of her outfit.

Still, with high tide coming in a matter of hours, she knows that she's got to figure out how to survive once this temporary sanctuary sinks below sea level. The shore is 200 yards away, which is way to far to swim with a determined predator steadily circling as her blood drips into the water.

A couple of potential rescuers (Jose Manuel Trujillo

Salas and Angelo Josue Lozano Corzo) show up, but hope fades fast when the dopey duo simply starts swimming without noticing the damsel-in-distress. The next beachgoer (Diego Espejel) does see that Nancy's in need, but he seizes the opportunity to steal her phone and other personal effects left on the sand.

This means spunky Nancy must survive by her wits, a daunting challenge given her dire straits. Thus unfolds *The Shallows*, an engaging, edge-of-the-seat thriller expertly directed by Jaume Collet-Serra (*Non-Stop*) to ratchet up the tension.

The movie borrows elements from "Jaws" (headstrong, maniacal shark), "Castaway" (this stranded heroine bonds with a seagull instead of a volleyball), "Blue Crush" (oodles of gratuitous titillation) and "MacGyver" (a brilliant tinkerer exhibits endless ingenuity).

The good news is that it all has been sewn together quite seamlessly yielding a thoroughly enjoyable screamfest reminding us that it's still not safe to swim in the ocean.

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TOP OF THE CHARTS

TOP 10 SINGLES



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Drake Feat. Wiz Kid...
- 2 **Can't Stop The Feeling!**
Justin Timberlake
- 3 **Don't Let Me Down**
The Chainsmokers Feat. Daya
- 4 **Just Like Fire**
P!nk
- 5 **This is What You Came For**
Calvin Harris feat. Rihanna
- 6 **Dangerous Woman**
Ariana Grande
- 7 **I Took A Pill in Ibiza**
Mike Posner
- 8 **Cheap Thrills**
Sia Feat. Sean Paul
- 9 **Don't Mind**
Kent Jones
- 10 **Let It Go**
James Bay

TOP 10 ALBUMS



- 1 **The Getaway**
Red Hot Chili Peppers
- 2 **Johannesburg**
Mumford & Sons...
- 3 **Views**
Drake
- 4 **Lemonade**
Beyonce
- 5 **Still Brazy**
YG
- 6 **Hamilton: An American...**
Original Broadway Cast
- 7 **California Sunrise**
Jon Pardi
- 8 **Thank You**
Meghan Trainor
- 9 **Ripcord**
Keith Urban
- 10 **Tangled Up**
thomas Rhett



REGGAE MUSIC

Continued from page 39
for a single day's concert, many participated at whatever geographical location they were, participating in a forum for discussions, hosting 24-hour music marathons, fashioning the red, gold and green colors, hosting tree planting ceremonies and in the name of IRD made award presentations to distinguished contributors of the popular hard-driving beat.

This year, 35 cities across the globe have signed on to commemorate IRD.

Beijing, China is the latest addition to last year's roster of partners which totaled 25 participating cities.

In 2014 only three new additions to the IRD partnership marked the occasion.

Therefore from Beijing, China, to three cities in Brazil, celebrants in Sierra Leone, Singapore, Belize, South Africa, Australia, Vietnam, Madagascar, Ibiza as well as numerous cities throughout the USA, the music of Jamaica will dominate radio and internet playlists.

"This year we are celebrating the 50th anniversary of rock steady," Davis said.

Considered lover's rock in some regions of the world due

to its initial romantic focus, rock steady preceded reggae but was definitely birthed in Jamaica.

Along with ska, rock steady is considered Jamaica's most modern dance music forms and the genres from which reggae evolved when it took over the use of the bass as a percussion instrument and changed the tempo to being slower than ska but faster than rock steady.

To many of media supporters IRD also presents an opportunity to hail the island.

Special playlists, programs and interviews will be conducted in territories across the globe and here in New York an acoustic set with Toots Hibbert of Toots & The Maytals, and a deejay session with Rice & Peas will highlight the day at Jimmy's located at 15 Thompson St.

Reggae radio stations will program rock steady music featuring Alton Ellis, Hopeton Lewis, Desmond Dekker, Gregory Isaacs, Johnny Nash, Derrick Morgan, Freddy McGregor, Hortense Ellis, Prince Buster, Dawn Penn, Sugar Minott, Frankie Paul, Sanchez, Wayne Wonder, Leroy Sibbles, Bob Andy and a long list of reggae



David Hinds of Steel Pulse performs at the Lollapalooza music festival in Santiago, Chile, Saturday, April 2, 2011.

Associated Press / Roberto Candia

hit makers.

In addition reggae aficionados will boast their passion wearing red, gold and green, the colors associated with the beat.

In Jamaica, the day will be celebrated by IRIE-FM, reggae's flagship radio station and the world's only 24-hour reggae radio station.

Other local media will also acknowledge the date by programming interviews and music relevant to rock steady.

This year's conference will focus on UNESCO's recent des-

ignation of Kingston as a creative city.

"We are happy to have the World Intellectual Property Organization (WIPO) and the Jamaica Copyright Licensing Agency (Jamcopy) as sponsors of our annual conference which is divided into two parts," Davis explained. "The morning session will focus on the digital content economy. This will focus on how to make money in this new dispensation — moving from downloads to streaming. It's really a guide to navigating the new landscape.

Festival

Continued from page 39

"There was a reggae artist performing, and the kids were doing the dance steps with him," said Steve Frechtman, manager for the young band Control the Sound. "It was so incredible."

The young band made their second appearance at the festival, and performed five songs, including a cover to Prince song, "When You Were mine," to a crowd of about 150 people, according to Frechtman.

The 10-year-old Make Music New York festival gives a stage to a series of local artists at several parks and locations around the city, allowing them to play their music to the locals for free.

A memorable moment for some, was the camaraderie among the artists, and the appreciative crowd. "It was a really, really fun event, cause the guys there were incredibly helpful and helped us set up the drums and set," said Frechtman. "They were great and so supportive. The crowds really enjoyed it and had fun with kids."



Toshi Reagon opened the touching, intimate conversation with an acoustic performance of her song "There and Back Again," with the crowd joining in for the last chorus.

Photo by Tequila Minsky

Art on Broadway

Continued from page 39

about the trajectory of their careers, their motivations and even their writing habits.

Singer Toshi Reagon opened the touching, intimate conversation with an acoustic performance of her song "There

and Back Again," with the crowd joining in for the last chorus.

Sonia Sanchez led a moment of silence for the victims of the Orlando shooting, before opening and moderating the 90-minute discussion, which covered topics including the act

of writing, the idea of editors as curators of culture, boxing legend and activist Muhammad Ali, the death of Freddie Gray, structural inequity and more.

Ta-Nehisi Coates' "Between the World and Me" won the 2015 National Book Award for Nonfiction and he is also a 2015 MacArthur Foundation "genius." Numerous times during his conversation, he referenced Howard University, where he had been a student.

On the purpose and impact of writing he said, "You sit down to write and you have no idea what's going to come of it when it goes out into the world. If anything, you're preparing for it to have no effect at all. But when [my writing] wasn't being published, [now that it is] being published, and one day [if] it's not being published, I'll still be doing it."

Novelist Toni Morrison, a Howard University graduate, (award winning "Beloved") spent a good deal of her literary career as an editor. At Random House she played a vital role in bringing black literature into the mainstream. "The Bluest Eye," her first book, was published while working as an editor.



A scene from the movie "The Legend of Tarzan." www.rottentomatoes.com

Independent & Foreign Films

Buddymoon (Unrated) Road comedy about a just-jilted groom-to-be (David Giuntoli) who honeymoones anyway, but with his incessantly-optimistic best man (Flula Berg). Cast includes Claire Coffee, Brian T. Finney and Jeanne Syquia.

The Innocents (PG-13 for disturbing mature themes, sexual assault, bloody images and brief suggestive content) Post-World War II saga, set in Poland in 1945, about a Red Cross intern (Lou de Laage) who discovers a convent containing a number of liberated Benedictine nuns impregnated while imprisoned in a concentration camp. With Agata Buzek, Jaonna Kulig and Anna Prochniak. (In French, Polish and Russian with subtitles)

Life, Animated (PG for mature themes and a suggestive reference) Heartwarming documentary chronicling how Disney cartoons and supportive parents helped an autistic boy overcome a host of his challenges.

Microbe & Gasoline (R for teen sexuality) Coming-of-age comedy about a couple of high school outcasts (Ange Dargent and Theophile Baquet) who embark on a summer road trip across France in an automobile they built themselves. With Diane Basnier, Audrey Tautou and Vincent Lamoureux. (In French with subtitles)

Our Kind of Traitor (R for violence, sexuality, frontal nudity, brief drug use and pervasive profanity) Adaptation of the John le Carre international thriller of the same name about a naive British couple (Ewan McGregor and Naomi Harris) duped into helping a powerful Russian mobster (Stellan Skarsgard) while vacationing in Morocco. With Damian Lewis, Alicia von Rittberg and Mark Stanley.



Kam's Kapsules

By Kam Williams

Roseanne for President! (Unrated) Prestige biopic recounting comedienne Roseanne Barr's unsuccessful run for president during the 2012 campaign. Featuring Michael Moore, Rosie O'Donnell and Sandra Bernhard.

BIG BUDGET FILMS

The BFG (PG for action, peril, scary images and rude humor) Steven Spielberg directed this adaptation of Roald Dahl's beloved children's novel about the unlikely friendship forged between a little girl (Ruby Barnhill) and the only member of a hostile race of invading giants (Mark Rylance) who won't eat children. With Rebecca Hall, Bill Hader and Rafe Spall.

The Legend of Tarzan (PG-13 for action, violence, sensuality and brief crude dialogue) Alexander Skarsgard handles the title role in this adaptation of the Edgar Rice Burroughs adventure about a British boy born an aristocrat but raised in the Congo by apes. Ensemble includes Margot Robbie, Samuel L. Jackson, Christoph Waltz, Jim Broadbent and Djimon Hounsou. (In English and Bantu wuth subtitles)

The Purge: Election Year (R for profanity and disturbing, graphic violence) Third episode in the horror franchise finds a U.S. presidential candidate (Elizabeth Mitchell) and her bodyguard (Frank Grillo) on the run from government operatives during The Purge because of her campaign promise to discontinue the gruesome annual ritual. Cast includes Edwin Hodge, Kyle Secor and Mykelti Williamson.

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WICB Chief Executive Officer, Michael Murihead
WICB

England to tour Windies

By Azad Ali

West Indies will host England in a three-match One-Day International series early next year.

The West Indies Cricket Board (WICB) announced that the tour will start from Feb. 22 to March 9 and will see two ODIs played at the Vivian Richards Stadium in Antigua and the final game at Kensington Oval, Barbados.

WICB Chief Executive Officer Michael

Continued on Page 48

WICB CEO: Ambrose not fired

By Azad Ali

Chief Executive Officer (CEO) of the West Indies Cricket Board (WICB) Michael Muirhead has denied claims that former fast bowling consultant to the senior men's team, Sir Curtly Ambrose, was fired as previously reported by the media.

Muirhead said the Antiguan legendary fast bowler worked on a tour to tour basis and his contract was simply not renewed following the successful Twenty20 World Cup campaign.

"The coach felt that he wanted a technical coach in the set-up. We have 10 members in the coaching staff

Continued on Page 48



CHILE WINS COPA

Chile goalkeeper Claudio Bravo holds up his trophy after the Copa America Centenario championship soccer match, Sunday, June 26, 2016, in East Rutherford, N.J. Chile defeated Argentina 4-2 in penalty kicks to win the championship.

Associated Press / Julie Jacobson

Messi misses, says he's quitting Argentina

By Ronald Blum

EAST RUTHERFORD, N.J. (AP) — Lionel Messi put his penalty kick over the crossbar, grabbed his shirt, clenched his teeth and covered his face with both hands.

A few minutes later he walked off the field, a dazed, pained look on his

bearded face. The greatest player of his generation, perhaps soccer's best ever, he was still without a title on Argentina's national team — one he says may never come.

"The national team is over for me," he told the Argentine network TyC Sports after Chile beat the Albi-

ceste on Sunday night for the Copa America title. "It's been four finals. It's not meant for me. I tried. It was the thing I wanted the most, but I couldn't get it, so I think it's over."

Chile beat Argentina in the final

Continued on Page 48

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Continued from page 45

Murihead said the series represented a chance for West Indies to continue to improve their quest to improve their ODI rankings.

England will play warm-up matches against the WICB President's XI in St. Kitts in Feb. 25 and again two days later before facing the West Indies in the first ODI on March 3 and again on March 5. The two teams will clash in the final ODI on March 9.

England's Director of Cricket Andre Strauss said the tour would be key to the side's preparation for the ICC Champions Trophy.

England toured the Caribbean last year for a three-Test tour, which finished 1-1 and also toured for three ODIs and three Twenty20 Internationals, two years ago.

Ambrose



Sir Curtly Ambrose. Associated Press

Continued from page 45

now and I think what was an optimal level we were at, and it was either Sir Curtly begins coaching and if the head coach saw it fit for him to do that then that would have been fine," he said.

"The head coach decided that he wanted someone else to deliver the coaching aspect of it, so he was not fired; he was just not re-engaged for the upcoming series," Muirhead added.

In May, the WICB said announced that the Antiguan had been replaced by former West Indies A cricketer Roderick Estwick.

Estwick is also a former bowling coach with the Barbados Pride.

Go to www.Caribbeanlifeneews.com for the latest in Caribbean news.



Argentina's Lionel Messi reacts after missing his shot during penalty kicks in the Copa America Centenario championship soccer match, Sunday, June 26, 2016, in East Rutherford, N.J. Chile defeated Argentina 4-2 in penalty kicks.

Associated Press / Julio Cortez

CHILE CRUSHES ARGENTINA IN FINALS

Continued from page 45

for the second straight year, 4-2 in the shootout following a 0-0 tie that ended an expanded 16-nation Copa in the United States to mark the championship's 100th anniversary.

Messi, five-time FIFA Player of the Year, winner of four Champions League titles and eight Spanish La Liga crowns with Barcelona, was crushed. Much of his nation had counted on him and the top-ranked Albiceleste to bring home the nation's first major championship since 1993.

Playing two days after his 29th birthday, Messi lost a final for the third year in a row and the fourth time overall with Argentina. There was also the 2007 Copa final against Brazil, when he was still a wunderkind, and then an extra-time loss to Germany in the 2014 World Cup.

Considered alongside Brazil's Pele and Argentina's Diego Maradona as the sport's greatest, Messi won the titles at the under-20 and Olympic (under-23) levels for Argentina. But in the minds of many he needs a championship with the senior national team to solidify his place in history.

"Messi's numbers are unparalleled and I think they'll remain that way forever, because it's impossible for a football player to do what Messi has done," said Chile coach Juan Antonio Pizzi, who is from Argentina. "My generation can't compare him to Maradona — that's for my generation, because of what Maradona did for Argentine soccer. But I think the best player ever

played today here in the United States."

A crowd of 82,026 filled MetLife Stadium — the largest to see a soccer game in New Jersey — and many wore Messi's No. 10 jersey in Argentina's blue and white and Barcelona's navy and maroon.

Francisco Silva converted the shootout finale for the fifth-ranked La Roja after goalkeeper Claudio Bravo — Messi's Barcelona teammate — made a diving stop on Lucas Biglia's attempt.

On an ill-tempered evening that included a first-half ejection on each side and eight yellow cards, the game was scoreless through regulation and 30 minutes of extra time, with Argentina's Gonzalo Higuain missing a clear goal-scoring opportunity for the third straight final. Argentina outshot Chile 16-4 and La Roja collapsed three, four and even five defenders around Messi, then chopped down the diminutive attacker when he tried to accelerate toward the goal.

Messi, who scored five goals in the tournament, sent a free kick that Sergio Aguero nearly headed in 10 minutes into extra time, only to have Bravo jump and extend his right hand to tip the ball over the crossbar. Messi's free kick in extra time went off the wall.

Argentina goalkeeper Sergio Romero saved the opening kick by Arturo Vidal, and up stepped Messi, Argentina's captain and career scoring leader with 55 goals. He sent his shot into the stands, stunning himself, both teams and the crowd.

Nicolas Castillo and Charles Aranguiz converted their kicks for Chile, and

Javier Mascherano and Aguero made theirs, leaving the teams tied 2-2 after three rounds.

Jean Beausejour put Chile ahead, and Bravo dived to his right, saving Biglia's shot and bringing up Silva, a 30-year-old midfielder. Messi briefly pulled his jersey over his face, as if not wanting to watch. Romero dived to his left and the shot went in to his right, giving Chile another title.

Messi crouched over, as if in pain, then got up, took off his captain's armband and walked to the bench, where he was consoled by teammate Angel Di Maria. After Messi came back on the field, Aguero put a hand on one of Messi's shoulders. And new FIFA President Gianni Infantino gave Messi a pat on the back when Messi came onto the podium with his teammates for his second-place medal. Messi almost immediately took it off.

"The burden of the consecutive games (lost) has been accumulating these last two years," Argentina coach Gerardo Martino said. "He feels like you would expect a player to feel after playing and losing a final."

The tournament's average crowd of 46,119 was nearly double the 25,223 in Chile last year, and attendance will be used by the U.S. Soccer Federation as justification it deserves to host a World Cup again, likely as part of a bid for the 2026 tournament.

Brazilian referee Heber Lopes became the focus in the first half, ejecting a pair of defenders: Chile's Marcelo Diaz in the 28th minute and Argentina's Marcos Rojo in the 43rd.

Team Australia wins Tri-Nation Series



Eyes on Cricket

By George H. Whyte

Some fine all around performances from Australian cricketers caused them to defeat the West Indies by 58 runs and win the Tri-Nation Series. Australia batted first and scored 270 runs for 9 wickets. Captain Steve Smith scored 46, Matthew Wade 57 (not out) from 52 balls and Mitchell Marsh 32 for the West Indies.

Captain Jason Holder picked up 2 wickets for 51 runs and Shannon Gabriel 2 for 58. Australia scored 119 runs off their last 19 overs with opener Aaron Finch scoring 47.

WEST INDIES BOWLED OUT FOR 212 RUNS

West Indies received a good start of 49 runs from openers Andre Fletcher and Johnson Charles but the batting collapsed drastically to the end. Charles scored 45, Ramdin 40, Jason Holder 34 and Kieron Pollard 20.

Josh Hazlewood took 5 wickets for 50 runs from 10 overs and Mitchell Marsh 3 for 32 from 10 overs. Josh Hazlewood was named "Man of the Series" for his 11 wickets that he took.

Note: The West Indies selectors should consider Test Opener Kraigg Brathwaite to be one of the opening batsmen in the One-Day International games for the West Indies.

NEW CHAIRMAN OF SELECTORS

Former West Indies wicket keeper batsman Courtney Browne will be the new chairman of selectors from Oct. 1, 2016. Browne has been on the senior panel for almost six years.

ICC ODI RANKINGS

1. Abde Villers
2. Virat Kohli
3. Hashim Amla
4. Tillekeratne Dilshan
5. Kane Williamson



Australia's Josh Hazlewood, left, celebrates getting out West Indies' Kraigg Brathwaite during their cricket test match in Hobart, Australia, Friday Dec. 11, 2015. Associated Press / Andy Brownbill, File

ICC TEST BATSMEN RANKINGS

- | | |
|-------------------|--------------------|
| 6. Martin Guptill | 5. Younis Khan |
| 7. Rohit Sharma | 6. Abde Villiers |
| 8. Shikhar Dhawan | 7. Adam Voges |
| 9. Quinton Dekock | 8. David Warner |
| 10. Joe Root | 9. Angelo Matthews |
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ARIES: Mar 21/Apr 20
Aries, there is much you want others to know about you this week, but you're not ready to share all of the details just yet. Continue to bide your time, sharing only when it feels right.

TAURUS: Apr 21/May 21
There's not much you can do to change a current situation, Taurus. Step away for a bit and let the pieces fall where they may. Then you can develop a strategy.

GEMINI: May 22/June 21
You have a new goal this week, Gemini, but others are not as receptive to your ideas as you hoped they would be. You may need to fine tune things. Be persistent.

CANCER: Jun 22/Jul 22
Cancer, resolve to make the most of this week even if it seems difficult to do so. Seek support from friends or family members willing to lend an ear or a helping hand.

LEO: Jul 23/Aug 23
Leo, take a few moments to recharge this week. You have been going at a breakneck pace for too long, and now it's time to slow things down. Use some vacation time if you can.

VIRGO: Aug 24/Sept 22
Virgo, others are routinely drawn to your unique personality. Make the most of others' warm reception and do your best to return the favor whenever you can.

LIBRA: Sept 23/Oct 23
Libra, if you want to get things accomplished this week, you may have to do them yourself. Going it alone may require a lot of work, but you are up to the challenge.

SCORPIO: Oct 24/Nov 22
Scorpio, your magnetism can draw others to you like a moth to a flame, and that has helped you establish lasting friendships and build strong relationships. Cherish your good fortune.

SAGITTARIUS: Nov 23/Dec 21
Sagittarius, your super sense of humor is on full display this week, when you have an opportunity to be the life of a party. Spend as much time in the limelight as you can.

CAPRICORN: Dec 22/Jan 20
Capricorn, so much is going on that the week seems like it may stretch on forever. Just take things one day at a time and enjoy your full schedule while it lasts.

AQUARIUS: Jan 21/Feb 18
Take some time for yourself this week, Aquarius. You have earned a little R&R, and now is the perfect time to prioritize some fun and excitement.

PISCES: Feb 19/Mar 20
Pisces, channel your creative energy into a special project. Invite others to join in the project and let things go where your creativity takes you.

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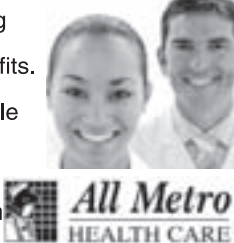
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NOTICE OF SALE SUPREME COURT COUNTY OF KINGS
Deutsche Bank National Trust Company, as Trustee for Morgan Stanley Capital I Inc. Trust 2006-HE2, Plaintiff AGAINST Marie Cesar a/k/a Marie C. Cesar; Wilbert Louis; et al., Defendant(s) Pursuant to a Judgment of Foreclosure and Sale duly dated December 11, 2015 I, the undersigned Referee will sell at public auction at the Kings County Supreme Court, 360 Adams Street, Room 224, Brooklyn, NY 11201 on August 4, 2016 at 2:30PM, premises known as 1735 Albany Avenue, Brooklyn, NY 11210. All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the Borough of Brooklyn, County of Kings, City and State of NY, Block 7745

OBITUARIES

LEGAL

Lot 20. Approximate amount of judgment \$585,204.00 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index# 506326/2013. Ryan Scott Karben, Esq., Referee Shapiro, DiCaro & Barak, LLC Attorney(s) for the Plaintiff 175 Mile Crossing Boulevard Rochester, New York 14624 (877) 759-1835 Dated: June 14, 2016

NOTICE OF SALE SUPREME COURT COUNTY OF KINGS,

CASTLE PEAK 2012-1 LOAN TRUST MORTGAGE BACKED NOTES, SERIES 2012-1, BY U.S. BANK N A T I O N A L ASSOCIATION, AS INDENTURE TRUSTEE, Plaintiff, vs. PACIANO PINEDA, ET AL., Defendant(s).
Pursuant to a Judgment of Foreclosure and Sale duly filed on July 07, 2014 and Order Ratifying Judgment of Foreclosure and Sale filed December 9, 2015, I, the undersigned Referee will sell at public auction at the Kings County Supreme Court, Room 224, 360 Adams Street, Brooklyn, NY on July 14, 2016 at 2:30 p.m., premises known as 9 Fanchon Place, Brooklyn, NY. All that certain plot, piece or parcel of land, with the buildings and improvements thereon

OBITUARIES

LEGAL

erected, situate, lying and being in the Borough of Brooklyn, County of Kings, City and State of New York, Block 3483 and Lot 17. Approximate amount of judgment is \$704,202.08 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index # 2030/07.
If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee, the Mortgagor's attorney, or the Referee.
Marc Held, Esq., Referee Peter T. Roach & Associates, P.C., 6901 Jericho Turnpike, Suite 240, Syosset, New York 11791, Attorneys for Plaintiff

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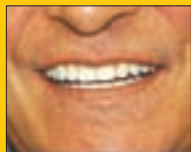
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